STRICTLY IS BACK! MEET THE *REAL* STARS

16–22 SEPTEMBER 2023

Radio Times

STEVE COOGAN
'I DON'T WATCH TV COMEDY'

CHRIS PACKHAM
WHY IT'S OK TO BREAK THE LAW

AMANDA HOLDEN
ON THE HISTORY OF

SEX

EXCLUSIVE INTERVIEW

KYLIE!

The pop princess on family, fame, life Down Under – and why ageism isn't cool

Kylie Minogue is the headline act on Sunday at **Radio 2 Party in the Park** *Saturday, Sunday* ***Radio 2***

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From the Editors

Stars can become prisoners of their own success, as the comedian and actor Steve Coogan acknowledges on page 154. The man who created Alan Partridge reveals that 15 years ago he was stuck in a fallow period in his career, wondering if he would ever escape the "albatross of Alan".

The genius of Kylie Minogue – and the key to her success over four decades – is that she has constantly reinvented herself, from soap star to pop starlet to fashion icon to serious actor to Las Vegas showgirl. The result is there for all to see: 80 million record sales and a string of hits, culminating most recently with a viral Tik Tok video that helped her break America. And throughout that time she's held on to the title of the princess of pop.

Of course, it's only in fairytales that princesses live happily ever after and Kylie's life has been touched by tragedy. But since 2021 she has been living surrounded by her family in her native Melbourne, from where she talked exclusively to *RT* for this issue.

Is there a price to be paid for being pop's eternal princess? Read Kylie's interview on page 12 to find out as she looks back on her 35-year career, while remaining resolutely focused on the future. She is, apparently, as busy now as she was in 1980s when her role as Charlene in *Neighbours* first catapulted her onto our screens. Listen to her on Radio 2 on Sunday night when she's top of the bill at Radio 2 in the Park – then watch her next week in *Kylie at the BBC*, which airs on Saturday 23 September on BBC2.

Next week we celebrate a landmark of our own, as *Radio Times* turns 100. It's not every magazine that reaches such an anniversary and we plan to celebrate in style. Join us for a very special issue, complete with a set of four collectors' covers. On sale – or on your doormat – from Tuesday 19 September.

Tom Loxley & Shem Law
Editors, *Radio Times*

Contact Radio Times by email on
RTeditor@radiotimes.com

COVER IMAGE ERIK MELVIN THIS PAGE GETTY

RadioTimes
16–22 SEPTEMBER 2023

THIS WEEK

The supermodels 6
The queens of the 90s catwalk are back – on the cover of *Vogue* and Apple TV

Mawaan Rizwan and Russell Tovey 8
On playing romantic partners in the new BBC3 sitcom *Juice*

What it's like... 9
to create an all-American high school in the middle of Wales

Viewpoint 11
Melvyn Bragg says we must make space for science on the BBC

FEATURES

Kylie Minogue 12
The pop princess reveals that curiosity is key to her four decades of success – and why it's not cool to be ageist

Strictly is back! 18
Meet the professional dancers who give the annual glitterball quest the wow factor

Sex: a Bonkers History 26
Amanda Holden presents a cheeky guide to sex through the centuries

Tim Peake 28
Humans will be living on Mars by the 2030s, says the astronaut

Chris Packham 33
How do we get people to take the climate emergency more seriously?

Simon Barnes 37
When it comes to one-day cricket, England's Jos Buttler is king

Caroline Frost 39
Neighbours is back! Bring on the sunshine and smiles

Prepare for a scare 118
Tune in to a radio drama by *Quatermass* creator Nigel Kneale

Podcasts 120
From wetlands to ghosts, via Kylie and the CIA

David Hepworth 121
Why do film podcasts assume I'm about to die...

View from my sofa 154
Steve Coogan, right

12
Kylie Minogue

18
Strictly Come Dancing

▲ Your gastro guide to travel. See centre pages

154

YOUR RT

Books 140
Sebastian Faulks on being human

Gardening 142
Brighten up autumn with an aster

Travel 144
As *Neighbours* returns to TV, why not visit Melbourne?

Money 146
What are your rights with PayPal?

Puzzles 147
Your favourite brainteasers

Feedback 150
You have your say – plus the latest news from the *RT* Treasure Hunt

YOUR GUIDE...

NEW Smart TV 39
TV, streaming and podcasts – your week starts here...

Streaming 40
Your guide to on-demand TV

Television 48
The week's programmes

Radio 122
Our unbeatable daily guide

RT SHOP

A brand-new bookazine filled with five-star films from throughout the history of cinema. See page 44 for full details.

More news, features, interviews & previews at **RadioTimes.com**

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1

TV **Strictly Come Dancing: the Launch Show**

Saturday 6.35pm ***BBC1***

Fifteen new celebrities take to the dancefloor – and get to meet their professional partners – as the 2023 edition of the UK's biggest shiny-floor show kicks off. Start dancing!

FEATURE P18 ▶

4

TV **Sex: a Bonkers History**

Monday 9.00pm ***Sky History***

Amanda Holden (left) and historian Dan Jones host this cheeky journey through the history of sex. The humour is broad and bawdy, but among the stunts you will also discover some fascinating facts.

INTERVIEW P26 ▶

5

TV **Secrets of Our Universe with Tim Peake**

Tuesday 9.00pm ***Channel 5***

First in a three-part tour of our solar system and beyond, presented by the affable British astronaut. First up, a guide to the planets.

INTERVIEW P28 ▶

6

TV **Chris Packham: Is It Time to Break the Law?**

Wednesday 9.00pm ***C4***

The presenter wrestles with a big question. Is the climate crisis now so serious that taking part in peaceful protests is pointless and illegal action is needed?

INTERVIEW P33 ▶

THIS WEEK

THE TEN BEST SHOWS TO **WATCH, LISTEN TO & STREAM**

2

RADIO

Radio 2 Party in the Park

From 10.00am Saturday; 11.00am Sunday ***Radio 2***

Cover star Kylie is the main draw at Victoria Park in Leicester – she's on stage on Sunday at 8pm. But the weekend is packed with big names like Tears for Fears, Simply Red, Rick Astley, James Blunt and Beverley Knight.

INTERVIEW P12 ▶

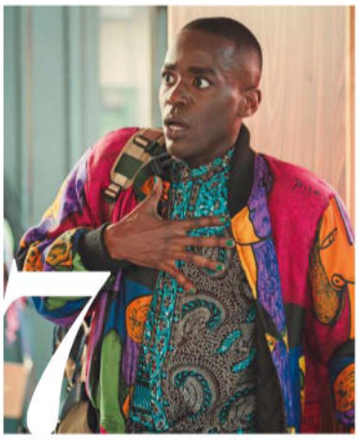
3

STREAMING

Neighbours

Monday–Thursday ***Amazon Freevee***

Say g'day again to the residents of Ramsay Street as the Australian soap makes a comeback – this time with *OC* star Mischa Barton (above centre) joining stalwarts Alan Fletcher and Jackie Woodburne.



7

STREAMING **Sex Education**

Available from Thursday ***Netflix***

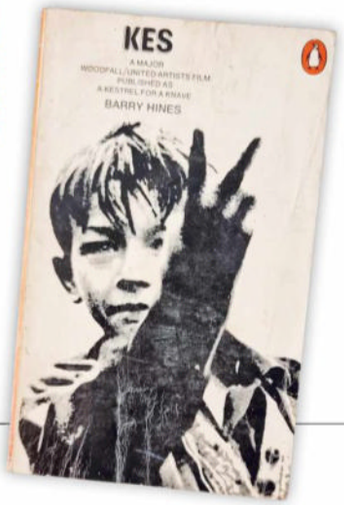
Before he becomes the Doctor, Ncuti Gatwa needs to finish school: it's the fourth and final season of the brilliantly frank teen comedy and, as the kids reach the sixth form, they're not getting any less amorous.

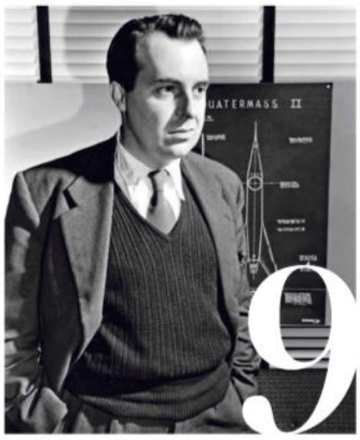
8

TV **A Kestrel for a Knave: The Read**

Sun 8.00pm ***BBC4***

Barry Hines's gritty world of betting slips, Barnsley oaths and falconry jesses is read by Christopher Eccleston. Greg Davies's appreciation of both the book and *Kes*, the film it spawned, follows at 9.05pm.





9

RADIO **You Must Listen**

Wed 2.15pm ***Radio 4***

A chilling, atmospherically scored new adaptation of a lost 1952 radio drama written by Nigel Kneale (above) about a disembodied voice haunting a telephone line. It stars Toby Jones, Caroline Catz and Reece Shearsmith.

FEATURE P118 ▶

10

FILM **P The Farewell ★★★★ PG**

Wednesday 9.00pm ***Film4***

This touching comedy drama stars Awkwafina as a Chinese-American woman who is forced to pretend that her ailing grandmother is all right. Review page 95.

FASHION HISTORY

RETURN OF THE SUPERMODELS

When Larissa Bills was brought in as co-director of Apple TV+'s documentary series *The Super Models*, she was initially apprehensive. She feared it would prove to be a "fluffy" look at the genetically blessed women who rose to fame in the late-80s to mid-90s.

Instead, the four-parter examines Linda Evangelista (dubbed "the chameleon"), Christy Turlington ("the classic beauty"), Cindy Crawford ("the all-American girl") and Naomi Campbell ("a beautiful black woman who rose above fashion"), not just through their image, but also via their immense cultural power and agency.

"Beauty and strength, and beauty and feminism, are not mutually exclusive," Bills tells *RT*. "They can be intertwined, as you see with the *Barbie* movie."

In 1990, these four models (plus Tatjana Patitz, who died this year) appeared together on the cover of *Vogue*, shot by Peter Lindbergh, then in George Michael's music video for his hit *Freedom! '90*. Subsequently, Evangelista, Crawford, Campbell and Turlington walked in Gianni Versace's autumn/winter 91/92 show (pictured above) to that same song.

Together, these women defined the moment, moving beyond the fashion magazine pages in a way that had never been done before. "Culture was changing," says Bills. "We were becoming more celebrity-obsessed. Fashion was more accessible to the masses, not just little old ladies sitting in a Paris showroom."

But as the millennium loomed, the supermodels were knocked from their perch, with TV and film stars taking their places on the covers of the fashion glossies. "Maybe they were taking too much of the spotlight," Bills suggests. "Their name was above the designers'. It took a while for that to re-balance out."

Back on the cover of *Vogue* as the stars of their own TV show, they're still unique in the age of Instagram.

"Everybody's a supermodel – but it's just not the same thing", says Bills. "There was a real admiration and respect for Linda, Christy, Cindy and Naomi in the industry. They weren't just coat hangers." **LAURA RUTKOWSKI**

The Super Models premieres on Wednesday on Apple TV+. Our review is on page 42

IN VOGUE AGAIN Clockwise from top: Naomi Campbell, Cindy Crawford, Linda Evangelista and Christy Turlington for *Vogue* this month. The late Tatjana Patitz (right) was also one of the first supermodels

COVER STORY Thirty-three years after their famous *Vogue* cover with Patitz, the supers re-create the magic for the magazine's September issue

GRAPEVINE

The TV stories that are getting us talking…

DUSTING FOR PRINCE

Richard III's role in the deaths of the Princes in the Tower has perplexed historians for more than 500 years. But if anyone can shed new light on the mystery, it's Philippa Langley, who led the unearthing of the king's remains in a Leicester car park in 2012. She's teamed up with **Rob Rinder** for a Channel 4 special that promises new twists.

THE WITCHING HOUR

Ever since Marvel's slick 50s satire *WandaVision* debuted in 2021, Disney has teased a spin-off series about **Kathryn Hahn's** scene-stealing sorceress Agatha. Having been led to expect it this winter, fans must wait until Halloween 2024 as Disney+ juggles schedules around the actors' and writers' strikes. Retitled twice, can the show hold on for another year under its current name, *Agatha: Darkhold Diaries*?

TRUSSED UP

Having profiled disgraced MPs Jeremy Thorpe (in the book adapted for BBC1's *A Very English Scandal*) and John Stonehouse (ITV's *Stonehouse*), John Preston turns his pen to **Liz Truss's** brief, disastrous tenure as PM. His TV drama *49 Days* will document the backstabbing and economic crash of last autumn – with, presumably, a star turn from a lettuce. No word yet on who'll play the ill-fated leader…

KLASSICAL MUSIC

Stars including Alan Titchmarsh, Simon Callow and Nicky Spence help **Myleene Klass** and composer Errollyn Wallen uncover the secrets of celebrated classical works in a new Sky Arts series. *Musical Masterpieces* looks at Vivaldi's *Four Seasons*, Bizet's *Carmen* and Mendelssohn's *Hebrides Overture* – aiming to shed new light on them with a trio of special performances.

ROBIN PARKER

VOGUE COVER RAFAEL PAVAROTTI; THE SEPTEMBER ISSUE OF BRITISH VOGUE IS AVAILABLE VIA DIGITAL DOWNLOAD AND ON NEWSSTANDS FROM TUESDAY 22 AUGUST. SHUTTERSTOCK; GETTY; CAMERA PRESS/TERENCE DONOVAN

TEN QUESTIONS WITH

MAWAAN RIZWAN & RUSSELL TOVEY

The stars of BBC3's *Juice* on their odd couple sitcom – and paying homage to Morecambe & Wise

'I had to catch toast between his arms. He had to do 67 takes'

MAWAAN RIZWAN

Mawaan Rizwan and Russell Tovey might seem like rather an odd couple. Rizwan, 31, is a stand-up comedian and actor probably best known for trying to inflate an egg with helium on *Taskmaster* (in 2020 he finished third in the tenth series) and for his role in BBC drama *Murdered by My Father*. Meanwhile Tovey, 41, started acting as a child, later coming to prominence in *The History Boys* (the 2004 play and the 2006 film). He has since become a familiar everyman in shows like *Gavin & Stacey* and *Him & Her*.

But as romantic partners Jamma and Guy in Rizwan's surreal new sitcom *Juice*, they make an endearing double act...

As Jamma and Guy, you're a great couple on screen – Russell, who chose who?

RUSSELL TOVEY I saw Mawaan perform in Edinburgh in 2018 and I was blown away. Afterwards, I went backstage and said to him, "I need to know all about this..."

MAWAAN RIZWAN I'd been pitching stuff for TV for years and nothing ever took off. Doing this *Juice* run in Edinburgh I felt quite chuffed because people like Russell bloody Tovey were coming to the show. I thought, "Surely he's here by mistake – why is he in this crummy venue watching me?" When it became a TV show, I messaged Russell and said, "You know that boyfriend character – how about you play him?"

RUSSELL I think the script is brilliant and Mawaan's a genius. I wanted to work with him.

Is *Juice* autobiographical?

MAWAAN The first draft was quite personal, but it's definitely fictional now; it's become its own magical thing. When great actors come on board and make it their own, it would be a shame to hold it back.

Did you have to work at your on-screen chemistry?

RUSSELL We had that quite naturally...

MAWAAN I didn't want it to be a heavy, worthy show – it's playful. I wanted you to see that these are two people who physically relate to each other.

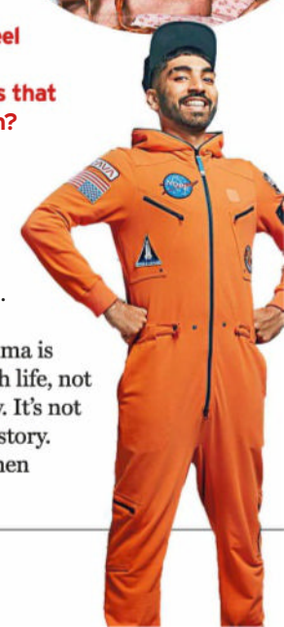
One episode features your own take on the classic 1976 Morecambe and Wise kitchen routine – a tough act to follow?

MAWAAN I felt sorry for Russell at times on set. I asked a lot of him – he sings and dances. It's a visually surreal show and we didn't do any special effects, so the set literally moved sometimes. In that scene, I had to catch toast as it popped up out of the toaster between his arms. I was standing behind him, so I couldn't see it. He had to do about 67 takes – he had the patience of a saint. For someone who's been doing this for so long, he was so up for it. He wasn't jaded at all.

The show explores issues Jamma and Guy face as a couple, but it doesn't necessarily feel like it's about sexuality. Was that your intention?

RUSSELL Even though it's two gay men falling in love, it feels universal. Mawaan's character Jamma is struggling with life, not with being gay. It's not a coming-out story.

MAWAAN When you're from a



LOOKING BACK Right: Tovey with Sarah Solemani in *Him & Her*. Below: Rizwan in *Taskmaster*

DON SMITH/ RADIO TIMES ARCHIVE

YOUR TOAST Fiming *that* breakfast sketch...

COMEDY GOLD ...inspired by Morecambe and Wise (below)

marginalised community or when buzzwords are being thrown around in pitching rooms, it gets a bit box-ticky. I wanted to make a show about the complexities of falling in love – it just happens to be two men.

Russell, you've played gay and straight characters, but recently you've played more gay characters – is that a conscious choice?

RUSSELL I was told ages ago, "If you play gay [characters], you'll get pigeonholed." But there are billions of gays. How can I be pigeonholed when there are so many stories to be told? No one says, "If you play straight, you'll only ever play straight." It's just happened that, at the minute, I'm playing all these amazing, wonderful, moving characters, who are predominantly gay. I'm loving it.

Mawaan, you cast your mum Shahnaz and brother Nabhaan as your on-screen family – was that the plan from the start?

MAWAAN It was always going to be them, but you do feel pressure when you put your own family on screen. I'm impressed by how good they are in it – in a very meta way, the show is about my family stealing my thunder, and now they're in the bloody show and they're stealing my thunder! I've created a monster in the form of a family talent agency.

What was it like when all three of you turned up on set?

MAWAAN It was mad. There were three trailers with our names on them. We all stood there in silence. When we wrapped, I hugged my mum and we cried a bit... but in secret. I didn't want anyone to think I was feeling actual feelings on set!

In the show, you're annoyed by your brother getting attention. In real life, Nabhaan is an actor who has received rave reviews for his roles in series like the BBC dramas *Informer* and *Industry* – are you competitive in real life?

MAWAAN I've got this weird hang-up as the older brother. Even when there isn't a competition, I'll be like, "Well, I'll show you." The show has been a real lesson in stepping back and letting my brother be his own person. Nabhaan is so zen and grounded. For someone who's a very good dramatic actor, he's the least dramatic person I know. Any sort of emotional turmoil comes from me!

Mawaan, this is your first sitcom but you've done *Taskmaster* and *Live at the Apollo*. And Russell, you've starred in shows like *Being Human* and *Years and Years*. Do you often get recognised?

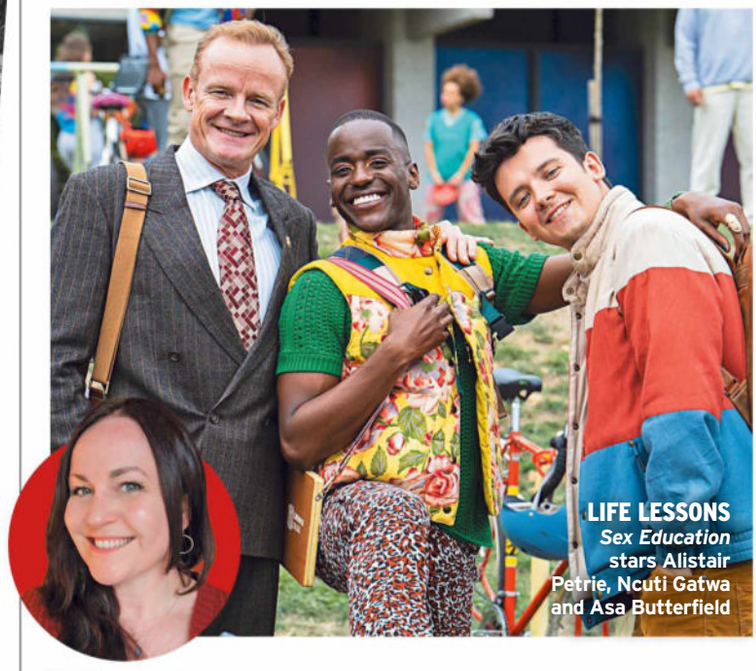
RUSSELL The characters I've played have connected with lots of people, and they respond to them – often George from *Being Human* and Steve in *Him & Her*. People still stop me to talk about *Years and Years* and that scene on the beach. It's wonderful when people really connect to a character.

MAWAAN People sing my *Mango* song at me. When you get a blokey bloke in Sainsbury's singing a song that you've written about messing with gender norms, I put down my pastry and give him a hug. I love those interactions. **ISABELLE ARON**

Juice starts with a double bill on Monday at 10pm on BBC3

WHAT IT'S LIKE TO...

build a school for *Sex Education*



LIFE LESSONS *Sex Education* stars Alistair Petrie, Ncuti Gatwa and Asa Butterfield

As *Sex Education* returns for its fourth and final run, art director Christina Tom (inset) discusses its unique style.

THE BLUEPRINT To get into the industry I did an art degree and then a Welsh traineeship. Today, I work with the production designer, who talks through their mood boards and visualisation. I then have a draughtsman draw up the sets and liaise with the construction team.

SET EDUCATION We made more than 100 sets for each series of *Sex Education* – some take months to build and others are done overnight. The first three series were filmed on the University of Wales's Caerleon campus in Newport but, at the end of series three, it had been sold and was being knocked down around us as we were filming! For series four, we rebuilt the sets in a studio, re-creating bits of the original building by looking at loads of photographs. We also built a condensed version of the caravan park outside. The sets are painted or wallpapered by scenic painters, who do a "dirty down" to make the rooms look lived in, rather than freshly painted.

NEW SERIES, NEW SCHOOL Cavendish Sixth Form was the biggest build this series – it feels very different to Moordale Secondary School. The characters are a bit out of their depth in this new environment. It's mid-century and wheelchair accessible for George Robinson, who plays Isaac.

THE CHALET Jean and Otis Milburn's [Gillian Anderson and Asa Butterfield] house is beautiful – eclectic, stylish and bohemian. The exterior is in Herefordshire, while the interior set is at our studio in Newport. To link the two, we have our own front door, and "flattage" – a bit of wooden wall – to create the hallway behind, so it's a seamless walk-through.

TIMELESS TELLY Props are sourced from car-boot sales, second-hand shops and online. Afterwards, we give stuff to prop houses to be reused or sold on. The series has a soft, muted tone and a vintage vibe, while still being modern. The timeframe confuses people – no one can pinpoint when it's supposed to be set, but that's the joy of it. **LAURA RUTKOWSKI**

Sex Education series 4 is available on Netflix from Thursday

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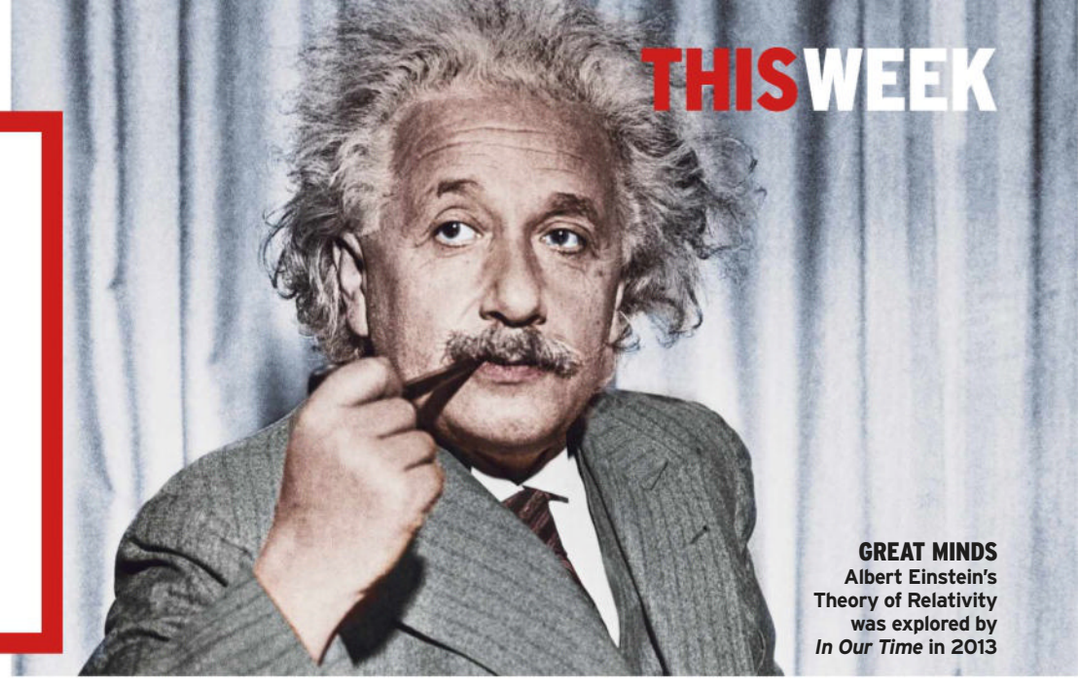
VIEWPOINT

SCIENCE MUST BE ON THE BBC

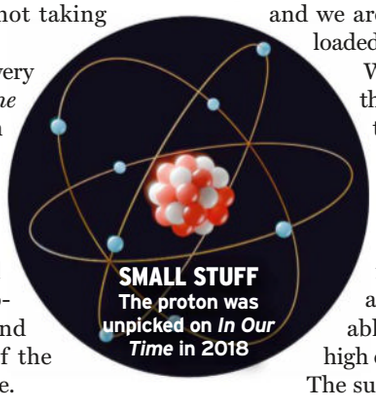
Scientists need space in the schedules to share their knowledge, says **Melvyn Bragg**



GREAT MINDS Albert Einstein's Theory of Relativity was explored by *In Our Time* in 2013

We live in an age of scientific wonders. AI is changing the way we think about the world, medicine is finding treatments for diseases that were thought incurable and humankind has resumed its exploration of space. And yet there is still debate about the place for science on our broadcast schedules, leading some, including physicist and broadcaster Jim Al-Khalili, to criticise the BBC and other broadcasters for not taking science seriously enough.

I have always taken science very seriously. Radio 4's *In Our Time* is about to mark its 1,000th edition and, from our beginning back in 1998, I was determined to increase the number of scientists on air. In that first series we featured evolutionary biologists, astrophysicists, neuroscientists and more. Science is now one of the major pillars of the programme.



SMALL STUFF The proton was unpicked on *In Our Time* in 2018

It's not always easy-going, though. I think my first letter to a scientist, which requested him to be in the studio at 8.15am, brought the reply, "I am in my laboratory at 8.15am" – and that was that. But things have loosened up.

One reason I wanted to do science was that I knew so little about it. As do, it seemed, many of our listeners. I have always based programmes partly on what interests *me* – hoping this will be a commonly held position. And quite quickly on *In Our Time*, the scientists began to pile in. Word got round that the programme was worth doing – ie it gave them time to express their views. It had an excellent reaction among their peer group and, most importantly, the under-30s were strongly represented in the listenership. In 2004 we became the first BBC podcast, and we are now the BBC's most downloaded weekly podcast globally.

What does this tell me? That there is a great hunger for scientific knowledge among the public – but you have to get the format right. On *In Our Time* three people talk about one subject. It is basically an investigation into the subject, and the three people are invariably academic experts of a very high order.

The surprise for many people is how clear and effective these experts are. We try to choose scientists who are also talking about science – after doing the programme they go back to their universities to teach. They talk about numbers so big I can't imagine them, or things so small that I can't imagine them, and have great ease in making the most difficult-sounding subjects accessible to those who, like myself, have very little prior knowledge.

The people on our programme can talk about science and some of the most arcane aspects of the explosion in world knowledge in a way that reaches out to people whose previous interest has often been slight.

It is a joy to watch them at work. Physicist Frank Close, for instance, who recently discussed the electron and the Manhattan Project, has a wonderful skill in grounding ideas that seem impossibly esoteric. The same can be said for the geneticist Steve Jones, one of our most regular contributors, who has the knack of making subjects such as corals or Linnaeus so easy to understand. And it goes on, with the likes of mathematician Colva Roney-Dougal, who's discussed topics including the prolific Hungarian mathematician Paul Erdos and maths in the early Islamic world, and historian of science Simon Schaffer, who covers the field so well, most recently on Alan Turing and longitude.

If there are any television executives, BBC or otherwise, who worry that science might be considered a dry and unpopular option, then *In Our Time* proves this isn't the case. How could it be, in such exciting and wonderful times?

In Our Time is on Thursday at 9.00am on Radio 4

GETTY; RADIO TIMES ARCHIVE

THE RADIO TIMES AT 100

Continuing our countdown to next week's centenary of Radio Times, with a weekly look back at some of the magazine's landmark issues...

THIS WEEK IN RT... 19–25 SEPTEMBER 1970

This heavily decorated cover showing Clive Dunn as Lance Corporal Jack Jones (photo by Gordon Moore) signalled the return to active duty of Walmington-on-Sea Home Guard for series four of *Dad's Army*. The medals were all chosen with a seasoned campaigner like Jones in mind, and demonstrated the lengths the programme went to.

Co-writers Jimmy Perry and David Croft took great care to make the show authentic: all the uniforms were correct – either originals or made up to the right specifications. One exception was the Home Guard arm flash "CP": C for Croft and P for Perry, when it should have indicated where the Guards were based. "For once we have not been absolutely true to life," said costume designer Barbara Kronig. **MARK BRAXTON**

RT TRAVEL

See Madeira's Flower Festival with gardening expert Frances Tophill, 2–9 May 2024, from £1,899pp*

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'It's not cool to be AGEIST'

At 55, **Kylie Minogue** says she's busier than ever – conquering America, uncorking a new career and returning to the BBC. But is there a price to pay for being pop's eternal princess?

THE RT INTERVIEW BY **CAROLINE FROST**

EDWARD COOKE

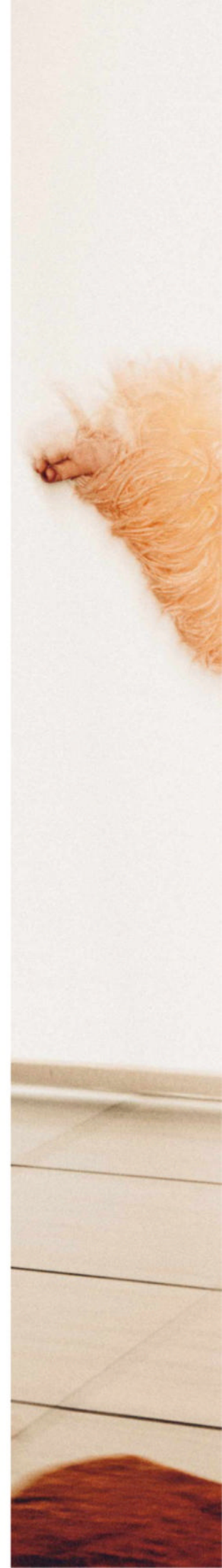
It's official: Kylie has broken America. The woman once described as "a cultural movement embodied in one small Australian person" was already the only female solo artist to have UK top ten hits in each of the last five decades. She has sold more than 80 million records in a 35-year career defying all expectation, not least for the critic who dubbed her "the singing budgie". Only success across the pond has eluded her... until now.

On the very day we speak, she has just bagged another double first, with her song *Padam Padam* finding a whole new fanbase on TikTok and breaking into the US chart (her first American hit in 20 years), and her forthcoming Las Vegas residency (November until January 2024) simultaneously adding ten more dates due to overwhelming demand.

How sweet a moment is this? "It feels great," she purrs down the line from Melbourne, her native city that, since 2021, she once again calls home after living for three decades in London. "It feels like a concerted effort. I've been spending a lot of time, much more than in recent years, being in the States and *Padam* just keeps *Padaming*, really. I'm trying to keep up. It's very exciting. I would say, 'Who would have thought?' but I don't think that's the best attitude. It's more, 'Here we are and why not?' Give it a go."

There are clearly a lot of wheels turning the Minogue machine – no artist has a career this long and successful without a keen strategic brain as much as talent – but she's quick to acknowledge the stroke of good fortune in hitting the US chart right on the eve of her Vegas stint: "There's been almost two years of talking about this – I thought it was the time to explore if it would be something that would work for me. *Padam* wasn't around then, but for the last couple of months, it just seems like something has fallen into place. I've done other shows where we've said, 'This is a Vegas show' – and now I'm actually doing Vegas."

Midwest America could be a place for ▷



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◁ Minogue to enjoy some relative anonymity between gigs, and she seems inspired when I mention that not too long ago Paul McCartney took a driving holiday along Route 66 in an old Ford Bronco truck. "My friend has a little camper van, like a little Polly Pocket [toy]. I can see me going to Lake Tahoe, getting very earthy and real before the next sparkly moment.

"I have always done that in my life anyway, I've always been stilettos and then Birkenstocks." She chuckles. "I'll definitely take inspiration from Paul McCartney."

IN THE SPOTLIGHT Kylie at the London launch of her 1988 single *Got to Be Certain* – a UK number two

Minogue last appeared on the cover of *Radio Times* in 2007, when she featured alongside her *Doctor Who* co-star David Tennant. "I remember that cover, it was amazing," she says straight away. Since then, an awful lot has gone on in Minogue-world, even by her own high-octane standards. "I know, I have my head in my hands just thinking about it," she says. Most dramatic in recent years has been her split in 2017 from fiancé Joshua Sasse, and then the move back to Melbourne. What are the priorities for the singer Down Under?

"Family, family, family," she says emphatically, of life in Melbourne's eastern suburbs, often spent with parents Carol and Ron, along with sister Dannii, who previously moved home in 2011, plus cameraman brother Brendan. "I actually do not do much else. Recently, work has been off the scale, next level, really packed, which is fantastic, I'm so grateful. But when I do arrive back in Melbourne, I arrive in a bit of a heap, so there's a bit of settling, putting myself back together. I often initially don't see anyone, I'm so jet-lagged and I've had people, people, people. My family know more than anyone that's really important for me. I come out of my shell after a few days. But I just love to see my family. I've spent so long living away."

What's a typical day like back in the city where she grew up and first came to fame via her role of Charlene in *Neighbours*? "I have three [teenage] nephews [Dannii's son, Ethan, and Brendan's boys, Charlie and James], so any one of them will come for a sleepover, movie night and takeaway, keeping it very real. I see my parents, literally most days, and Melbourne has an incredible restaurant scene, so I'll try to do that with friends – nothing too crazy. But work doesn't stop, there's always homework and decisions to make."

STEP BACK IN TIME Kylie with fellow *Doctor Who* star David Tennant on a 2007 issue of *RT*

GETTY; RADIO TIMES ARCHIVE

Indeed, work hasn't stopped in 30 years. There may have been times when Minogue's light has shone less luminously or her forays into more experimental styles have tested her adoring fans, but when she returns to floor-stomping pop, she never fails. If swan Kylie – never budgie! – makes it all look easy, how hard is she paddling beneath the water these days?

"There have been moments when I'm travelling from A to B on a day of work or promo and I've thought to myself, 'This is like 1989.' I remember even then, if the drive was 15 minutes, I might lie down and try to close my eyes. It was that hectic and it feels the same now.

"One of the big differences is social media. It's never just making the video, you're trying to capture other content which has been a big first for me with *Padam*. I've had successful songs in this age, but I can confidently say that *Padam* is the first viral moment I've had." She pauses. "The nuts and bolts are still the same. The content has to be as good as it ever was, there just feels like there's more of it."

Ahead of her headlining turn at Radio 2's *Festival in the Park* this Sunday, the station asked listeners to vote for the ultimate Kylie countdown. Before the results are known, Minogue enjoys deliberating what will and what won't get a mention. "I don't know if people will be feeling nostalgic and go for something like *I Should Be so Lucky* or *Especially for You*, or peak noughties with the song that went seemingly everywhere, *Can't Get You Out of My Head*. Oh, and there's *Spinning Around*. It will be interesting."

It transpires Minogue has a pretty good purchase on what works for her fans. Her 2001 pop anthem *Can't Get You Out of My Head* triumphed, followed by *Spinning Around* (2000) and *Better the Devil You Know* (1990). *Padam Padam* came in at a respectable sixth.

It is impossible for even the most world-weary of entertainment journalists not to be charmed by Minogue's combination of good manners, enthusiasm and clear-sightedness about her place in the pop music firmament. But even she is momentarily defeated when I ask her to reveal the secret Kylie recipe for such enduring success...

"Pfft! I don't know how you write that. Gosh... drive, curiosity. I deeply love and keep striving for the connection with people, that's what really makes my heart sing. A journalist told me his father took him to see my *Fever* tour when he was four years old. When I hear real stories like that, it thrills me.

"I love being creative. What I've learnt with this [latest] album is the nuance that I know I didn't have when I started out, but now finding extra layers within what I do. I still love what I do and I still feel like there's so much that I haven't done."

At 55, Kylie is the eternal pop princess, seemingly confounding George Michael's long-ago ▷

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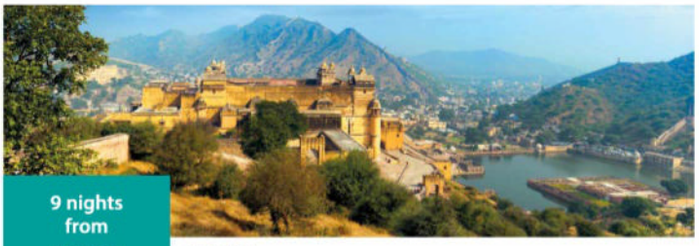

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◁ view of pop music as a young artist's game, and Madonna's complaints in recent years that she is the victim of ageism as she continues to work in the same genre. It feels from here as though Minogue doesn't even get those questions, but does it feel like a battle to her?

"Well, there was some of that with *Padam*, where it surprised people and went on "youth-orientated" radio," she says. "But I think we're in a time where it's not cool to be ageist. People are over it. What's really interesting is that it's the younger people saying, 'We love the song.' The current thinking, which is amazing and a breath of fresh air, is that labels are dropping. You can like what you like, be what you want to be. That's helpful for me right now.

"Another thing is, I've had people say to me, throughout the years, 'You'll always just be you.' They don't really see my age, which is kind of funny, because I started so young, and if there was any detrimental aspect to that it was, 'You're so young, what do you know, how can you be credible?' At different points in my career, whatever age I've been, there's been something to navigate. I spoke about it on my album *Golden*, saying, 'We're not young, we're not old, we're golden, you can only be who you are at that point in time.' I have friends for whom, on their phone, I'm just called Sparkle. I don't quite know how I've managed it, but I don't think I've had to deal with it as much as some other people."

'I've done Vegas shows – now I'm actually doing Vegas'

EVERYTHING'S COMING UP ROSÉ
Top: Kylie with one of her sparkling wines Middle: with sister Dannii at Sydney's 2023 WorldPride event Main: wearing John Galliano for her 2005 *Showgirl* tour

GETTY

One aspect to her constant evolution is her canniness at selecting creative collaborators, from Nick Cave on the still surprising *Where the Wild Roses Grow* (1996) to Robbie Williams for *Kids* (2000) and The Vaccines on *Lazy* (2019). Who remains on the wish list? "Beyoncé, Rihanna, Harry Styles – all of them. I've done some amazing collaborations and they seem to have appeared when the planets are in line, so I'm totally open. It'll probably be something completely unexpected."

With all the record-breaking and enduring success has inevitably come the public scrutiny, with any titbit regarding her love life, her health, her decision to move home, seized upon by fans and the press alike, eager for the next chapter. For such a down-to-earth grafter, Minogue has generated more than her share of headlines – including her breast cancer diagnosis in 2005, the death of her former partner Michael Hutchence in 1997 – and weathered the decades of attention with impressive grace. Does she see it as an inevitable tax on the cost of doing what she loves to do, or is it helpful to have so many strangers invested in her welfare?

"I've lived so much in the public gaze and I actually think I've lived so much out of it as well. Who I'm dating, my cancer diagnosis, there are certain things that cannot… I'm not going to live inside the entire time. Sometimes that's hard to navigate but I try to remind myself it's mostly coming from a good place.

"I do feel like a lot of them care and I probably appreciate all of that, especially as there have been times when it's been not so kind and not so friendly. When it's good and loving, I'm all for it."

Which seems like a good moment to raise a glass to her future. And it's not as though we'd be spoilt for choice with what began as a fun hobby, Kylie Minogue Wines, now an award-winning, bestselling enterprise with nine different varieties on sale across the world.

"It's a really amazing side hustle – not too much on the side!" she says delightedly. "I really wanted a great product that people could depend on and enjoy, but it's opened up my eyes. I go to wineries and I meet people as obsessive in their field as I am, and it's a circuit breaker.

"It's an experience, and once it's released, it's not just mine, it's shared. It becomes an experience for someone else – there's that connection and wanting people to feel good." She almost doesn't need to add: "There are parallels with music." And with that, Kylie Minogue is away to uncork another song.

Kylie is on stage at 8pm on Sunday at Radio 2 in the Park. Kylie at the BBC, a compliation of her TV performances over the years, is on Saturday 23 September on BBC2

MEET 2023'S STRICTLY PROS!
Back row: Johannes Radebe, Karen Hauer, Giovanni Pernice, Nikita Kuzmin, Luba Mushtuk, Jowita Przystal, Vito Coppola, Katya Jones. Middle row: Nancy Xu, Kai Widdrington, Amy Dowden, Michelle Tsiakkas, Nadiya Bychkova, Dianne Buswell, Lauren Oakley, Gorka Marquez. Front row: Carlos Gu, Neil Jones, Graziano Di Prima

On the *Strictly* dancefloor, the professional dancers are going for gold. Or to be more precise, weeks before the competition proper kicks off, going *in* gold – twirling, flipping and throwing each other round the studio in shining outfits. It's an explosion of movement, which is soon followed by a dazzling explosion of golden confetti from the ceiling.

"In true *Strictly* fashion, it's a big, spectacular opening dance," one professional, Kai Widdrington, tells *RT* of the opening number, pre-recorded for this week's launch show. "We do an amazing dance with lots of glitter, and fire the confetti. Welcome to *Strictly* 2023 – in a nutshell."

Strictly Come Dancing: the Launch Show
Saturday 6.35pm ***BBC1***

Strictly's STARS

Forget the celebrity contestants – *RT* heads behind the scenes to meet the pros who, year after year, make our Saturday nights sparkle

PHOTOGRAPHED EXCLUSIVELY FOR *RADIO TIMES* BY
YOSHITAKA KONO

WRITTEN BY
HUW FULLERTON

Almost as soon as it started, it's over – but there's a problem. An army of black-clothed stagehands emerges from the shadows, armed with brushes and hoovers to tidy up the confetti. The pros were step-perfect but, because of a technical issue, they need to do a second take.

"We take a lot of time to create what you see on the television," laughs fellow pro Luba Mushtuk. "It doesn't happen in an hour."

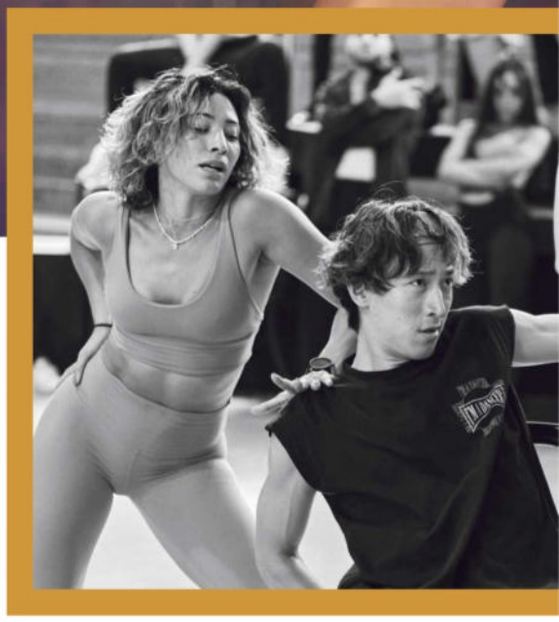
Exactly how much time goes into these routines was apparent two weeks earlier, when *RT* joined the professionals at a rehearsal studio in Camden. Since 2020, around 70 per cent of *Strictly*'s group dances have been pre-recorded before the show begins, which means weeks of rehearsals and early choreography in the summer.

"It does take a big load off of us [later on] when we're in the process of teaching our celebs," Katya Jones says. "But it means that we're working for weeks prior to the start of the series – it's quite intense physically and mentally."

In the rehearsal room, things are a little less polished. The pros have swapped their sequins for stylish sports gear (albeit still looking more ▷

FACING THE MUSIC
This picture: Nikita Kuzmin and Katya Jones rehearse. Below: Karen Hauer, Carlos Gu and Luba Mushtuk. Right: Gorka Marquez

‘It’s quite intense, physically and mentally’
KATYA JONES



◁ glamorous than most of us would, dressed to the nines) and the routine is slower, still being worked out by choreographers and occasionally going wrong. At one point, Nancy Xu accidentally kicks over a chair. “In the rehearsal room, sometimes I find it torture – in a good way,” she laughs. “It’s different when you’re in a room with other professional dancers. You’re working with people that are on your level,” Widdrington says.

“Of course, for the pro numbers, we rehearse a lot. Yes, we really push hard,” adds Vito Coppola, a new dancer added last year, “but we do what we love. When you do what you love with passion, you don’t really work.”

The *Strictly* professionals hold a unique position in the world of reality TV. Contestants on *MasterChef* or *Bake Off* aren’t given a lantern-jawed sous-chef to hold their whisks, and *I’m a Celebrity* campmates don’t get a Ray Mears-type survival sidekick to show them the ropes of bushcraft. But enter *Strictly*, and you’ll be delivered into the hands of a gifted dancing champion, who basically becomes your personal trainer, mentor and therapist for as long as you stay on the show.

“We’re the celebs’ coaches. We’re their friend, we’re their teacher, we’re their agony aunt, we’re everything,” explains Widdrington.

“The dancing is the cherry on the top of the cake. It’s everything around it,” Graziano Di Prima adds. “Maybe they’ve got a problem with their family, or maybe they’re stressed. You need to support your partner. Maybe inside you want to scream, but you’ve got to make it work.”

Given this intensity, it’s no wonder so many romantic relationships spring up under the glitterball – sometimes, infamously, leaning towards the extramarital – but it also creates de facto stars of the 19 professionals who, unlike their partners, come back to be watched by millions year after year. Often, viewers might find them more familiar than the celebrities themselves.

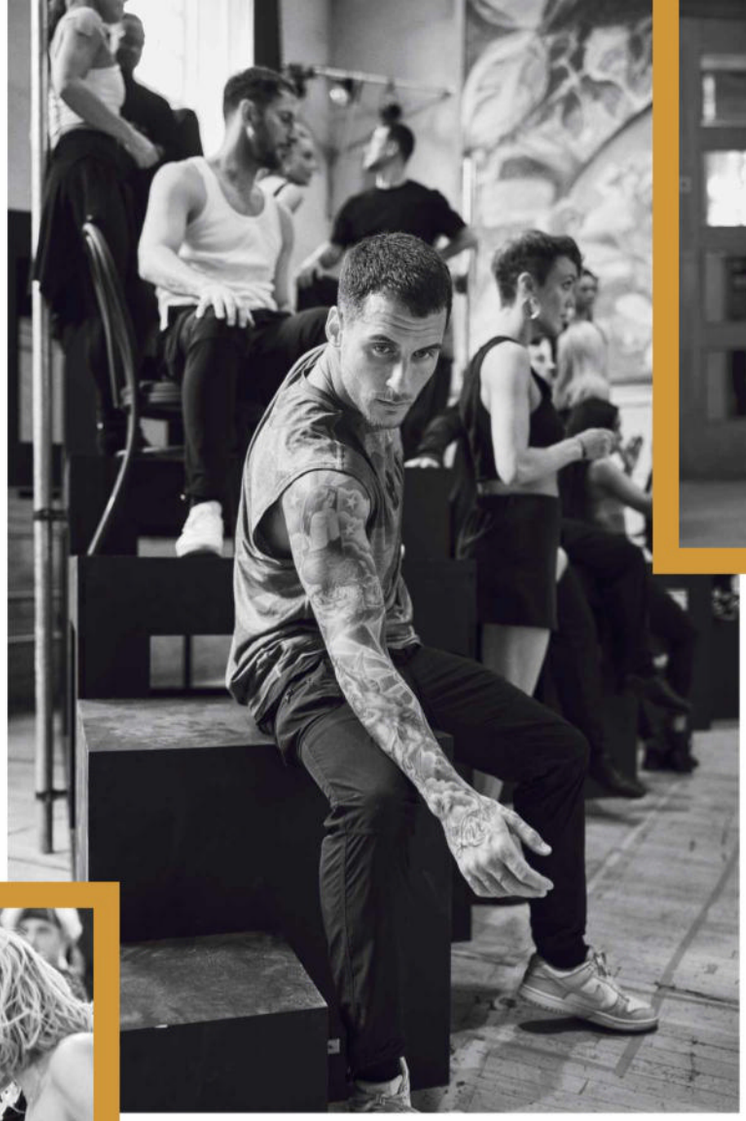
“I feel sorry for the celebrities because they never get to experience this twice,” Johannes Radebe – who was the most popular pro with the audience during our shoot – tells *RT*. “We know we come back. But, when that journey comes to an end, whether it’s in the early stages of the competition or later on, it’s never easy saying goodbye to your *Strictly* partner.”

Where does the BBC find these sculpted hoofers? Well, most of the pros (though not all) are scouted from the world of competitive dance, where they battle it out with other dancers for trophies around the world. Giving that up – like an athlete deciding on their last Olympics – can be a challenge. For example, when Amy Dowden was first offered *Strictly*, she was on the cusp of a major championship, and had to face the prospect of pulling out, losing sponsors’ money and abandoning her dance partner and now husband Ben Jones.

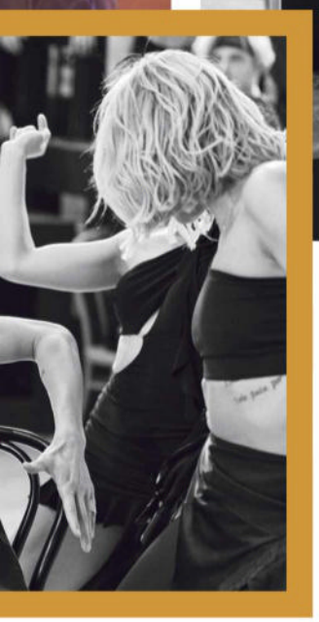
“It was the hardest decision,” she says. “To be selfish and take that away from Ben, or lose that massive dream of *Strictly Come Dancing*? I remember just being in tears with the producers.” In the end, she managed to do both, joining the *Strictly* cast the following year. But not everyone gets a second, or even a first chance.

‘We’re the celebrities’ coach, friend, teacher and agony aunt’
KAI WIDDRINGTON

“A lot of my friends that I was in my dance company with, they’re all so happy for me, but I know they would also love the opportunity to be on a show like this,” Dianne Buswell reveals. “There are a lot of dancers out there, and to be chosen as one of the 19 professionals – it seriously blows my mind every single day.”



ALL THE RIGHT MOVES
Strictly choreographer Jason Gilkison. Below: a pause for Karen Hauer and Nancy Xu



Some dancers jealously regard *Strictly* as a step up. Others, though, apparently see the pros more like Premier League legends who've taken a less taxing place in a foreign team for a bigger payday.

"There are still people who feel very strongly about winning championships and look down on us," laughs Radebe. "They say, 'You guys have given up on the dream' – of course."

But the rewards can be worth it. Reportedly, the pros are paid between £30,000 and £50,000 for their work over the course of the three-month series, not including the official *Strictly* tour. And, even more enticingly, upon joining the cast they're catapulted in front of millions of viewers each Saturday night.

"The best part of this job is that a dancer can have exposure on national television," admits Carlos Gu. "That is not a normal scenario for a dancer to live with. It's only a small industry. Dancers know dancers. But in this job, we get to show ourselves a lot." Buswell agrees: "It's a massive stepping stone in your dance career, if not the biggest stone."

Of course, some dancers get more notoriety and success than others. Former pros like Oti Mabuse and Kevin Clifton have left to forge their own media careers, but others have gone having never even been given a celebrity partner, thus getting little screen time (the show has a surplus of pros in case of accident or injury).

"I think this is going to be my eighth series, and I've had two partners on the main show," Neil Jones tells *RT*. "I would honestly say to you, I love when I have a partner, and I love when I don't have a partner.

"When you don't have a partner, a lot of people think you just sit at home. But you really don't. On *Strictly*, they make sure you've got plenty to do. We're doing group numbers and music acts, we help out other pros."

Some of Jones's colleagues are less sanguine. "Obviously we want a partner," says Di Prima. "We're going to be part of the game. We're going to give it our best shot, no matter who we get."

Assuming a pro is paired up with a celebrity in episode one, it's just the first step in a long, tough journey that requires intense physical effort. Some pros say they're dancing with their celebrity partners for up to ten hours a day and, unlike the celebs, they don't get any days off over *Strictly*'s months-long run.

"You'd be better asking how many hours in a week we're *not* dancing," Nikita Kuzmin says. "If you take out the sleeping time, it's probably like five hours not dancing. And I'm definitely dancing in my dreams."

"I couldn't be there for my daughter's first day of school because of *Strictly*," says Nadiya Bychkova. "They are crazy hours."

"There's never a day that you wake up and you don't have aches and pains," adds Karen Hauer. "I lose toenails like Tic Tacs."

"Also, it's hard to get fake tan out of your bedsheets," laughs Lauren Oakley.

To keep it a positive experience for the contestants, the pros must also put their own competitive natures and egos aside. "There's no time to think about myself. I don't think that I compete. I will always put myself in second place in that world," ▷

THE 2023 PROS LEADERBOARD

LONGEST SERVING
Karen Hauer (12th series this year)

MOST FINALS
Giovanni Pernice (four)

MOST 10s IN A SERIES
Gorka Marquez (32, with Alexandra Burke)

MOST 10s OF ALL TIME
Giovanni Pernice (98)

MOST WINS
Joint – no current pros have won more than once (Katya Jones, Giovanni Pernice and Jowita Przystal: one each)

HIGHEST AVERAGE SCORE
Giovanni Pernice (34.14)

MOST GUINNESS WORLD RECORDS FOR DANCE
Nadiya Bychkova (two) and Giovanni Pernice (two)

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◁ Jowita Przystal – ironically, the winner of last year's final with partner Hamza Yassin – tells us.

"Yes, winning the Glitterball is beautiful," says Giovanni Pernice, who won with Rose Ayling-Ellis in 2021. "I've got one at home. It's next to the Bafta [his "silent dance" with Ayling-Ellis won the Must-See Moment at 2022's TV Baftas], which is even better. But it's not all about that."

"I'm the frame, and my partner is the picture in that moment," agrees Radebe. "I always say: Jo, it's not about you.'"

Unfortunately for the dancers, the British press doesn't always see it that way. As much as they may insist that the celebrities are the real focus of the show, the pros' familiarity to the British public – and their propensity for on-set "showmances" – make them catnip for the tabloids, with many a celebrity contestant accused (rightly or wrongly) of succumbing to the so-called "*Strictly* curse".

'It's never easy saying goodbye to your *Strictly* partner'

JOHANNES RADEBE

"The *Strictly* curse… I don't think you hear any more about that on the show," Gorka Marquez, who recently welcomed his second child with former contestant Gemma Atkinson, tells *RT* slightly unconvincingly. "It's, how would you say… in the mists of the past."

"I can smile at things when I read them, and think, 'Well, that never happened,'" says Neil Jones. "And sometimes I even read things and I go… 'Oh, I didn't know about that. Where was I during that?'"

"At the beginning, [the press interest] is a shock, but you get used to it," adds Pernice, who's been romantically linked to various contestants over the years. "It's part of the job. It's a deal that you make when you work on television."

And a broken marriage or two isn't the only risk you run into on the *Strictly* dancefloor, anyway. The day we head to rehearsals, Pernice isn't present because he's hurt his ankle – "luckily it wasn't a major one, and I'm back in business," he tells us later – but it represents the nagging fear of all the dancers. "We do everything we can to avoid injury," says Michelle Tsiakkas, who began on the show last series. "It's very easy to get injured, and to get tired – but if we do, we can't perform. We can't do our job."

Illness can also strike, sometimes more seriously. Earlier this year, six-time pro Amy Dowden revealed that she'd been diagnosed with breast cancer, with a secondary diagnosis following a few months later. Despite this, she's still keen to be involved in the show, even if she won't be able to hit the dancefloor herself for a while as she undergoes chemotherapy.

"I don't think, actually, I could get through the next few months without *Strictly*," Dowden tells *RT*. "I'll be part of the show in different areas. It's the tonic that I need at the moment.

"There are so many ways to be involved, and they're going to be guided by me. I'm just really grateful for them keeping me involved, and giving me the support and encouragement I need."

We cross paths with Dowden again at our photoshoot on the *Strictly* stage, where she reunites with her fellow pros for the first time since starting her treatment. It's an emotional moment – tears are shed – and when she finally steps back onto the floor, the watching audience of die-hard *Strictly* fans treats her to a spontaneous standing ovation.

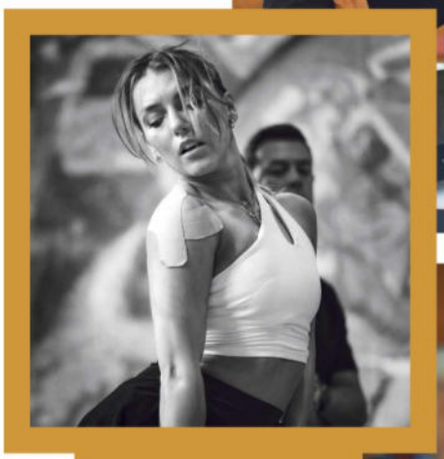
"To be honest with you, we didn't expect that," Di Prima tells me later. "The fact that Amy's come in here – there are no words to describe her strength right now.

"We are a family. You could see people from production, and those who work behind the scenes, and the lighting crew, and the audience – everyone together supporting her." Dowden agrees: "That's something I've really noticed, in the last few months in particular: my *Strictly* family on and off the show."

Alongside the satisfaction of teaching their partners, almost every pro mentions the *Strictly* "family" (which includes the viewers) as a serious upside of the pressure and physical drain of their jobs. It could be a cliché but, surrounded by an audience who travelled and waited for hours to watch 45 seconds of a pre-recorded routine and glimpse the non-celebrity dancers in action, it's hard to deny the strength of feeling people have for the pros.

Perhaps they're right. Who needs those semi-famous contestants, anyway? I suspect that if we're honest with ourselves, when we turn on BBC1 and see them in action, we all know when we're watching the real *Strictly* stars.

WE ARE FAMILY
From top: Graziano Di Prima with Johannes Radebe; Neil Jones, Nadiya Bychkova and Nikita Kuzmin; Jowita Przystal; Lauren Oakley with Vito Coppola



'I'll always put myself in second place in that world'

JOWITA PRZYSTAL

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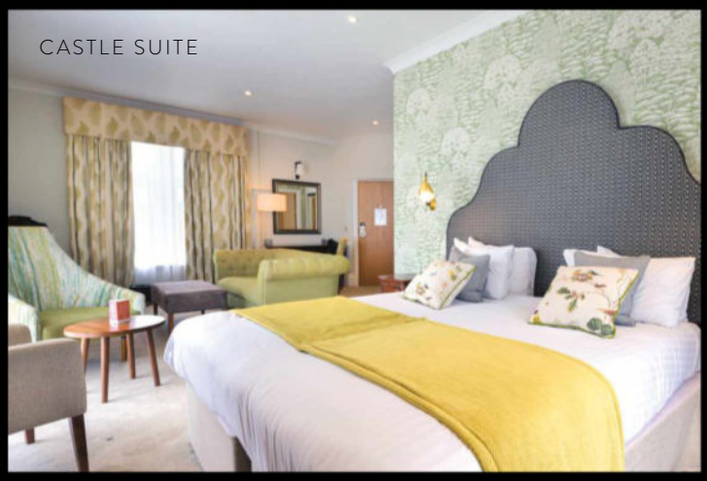
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MILKING IT
Amanda Holden recaptures the spirit of Cleopatra, who seduced Julius Caesar and was said to bathe in asses' milk

Let's talk about SEX

When Amanda Holden was asked if she'd like to co-present *Sex: a Bonkers History* for the Sky History channel, she immediately said yes. She then sat down with her agent to figure out how people might react to the five-part series, in which Holden and historian Dan Jones explore how sexual behaviour through the ages has shaped civilisations. "We wanted it to be tongue-in-cheek and funny and informative, but I imagine there will be some smutty headlines. I'm mindful of the fact that I do family-safe shows like *Britain's Got Talent* and *Heart Breakfast* radio, so I didn't want to be doing anything too outrageous for the audience that normally likes to watch or listen to me."

A Bonkers History isn't remotely outrageous – unless you are appalled by the idea of Holden calmly watching a clothed couple simulating slow sex during a discussion about the *Kama Sutra* being written in India nearly 2,000 years ago – but Holden attracts headlines pretty much every time she steps out of her house. The prurient tabloids can't get enough of this "hot mama" "flaunting" her "incredible figure" on holiday or "flashing her bum" at Wimbledon. There is way more analysis about how a 52-year-old woman can "look like that" than there is about her enduring career, which was kickstarted by an appearance on *Blind Date* when she was 19 (she wasn't picked).

Holden knows better than to complain about being endlessly objectified, or perhaps she is happier to play the game than other women in the public eye. She swooned last year on her radio show when 29-year-old Harry Styles told her that he replaced the title of his hit *Golden* with the words "Amanda Holden" in rehearsal, and claims to be a strong woman rather than a woke one. I ask if women are supposed to live by certain rules, such as becoming invisible at 40. "I don't think there are rules any more," she says lightly. "I certainly haven't lived by any made-up ones that society tries to give us."

How does she deal with the paparazzi always lurking and the tabloids drooling over her outfits? "When all eyes are always on you, you can't fully relax. When I'm working with Alan [Carr] on *Amanda and Alan's Italian Job* [in which the real-life pals do up crumbling properties], no one recognises him the minute he takes his glasses off. He's so lucky! I can't hide very easily, so I just don't. I've got quite thick skin, but I'm not superhuman. I do get affected by negativity. But overall the people who really count are the ones who love me."

Holden famously had an affair with Neil Morrissey while married to Les Dennis; they divorced in 2003 and she married record producer Chris Hughes in 2008. The couple have two daughters, aged 17 and 11, and she often says she is the happiest she's ever been. From afar, it might appear as though Holden glides through life, dropping into her

She's the queen of family-friendly fun, but **Amanda Holden** is now exploring the history of sex. What *will* her fans think?

INTERVIEW BY
AMY RAPHAEL

radio show, judging *BGT* (she's been on the show since its launch in 2007), releasing an album of show tunes (which was the highest-charting British female debut album of 2020 upon its release) and dipping a toe into musical theatre (she played Fiona in *Shrek the Musical*).

But the truth is that she has always been a grafter. The Portsmouth-born Holden's work ethic comes partly from her grandmother and mother, who were both working mums, and partly from a fear of unemployment; she was told at Mountview Academy of Theatre Arts in south London that less than three per cent of actors were employed at any given time. "When I heard that, I trained in absolutely everything to up my chances of being employed. I still work hard because I want to take the opportunities while they're there. I do think age is becoming outdated; I'm really enjoying showing younger women, including my daughters, that women can carry on as they get older."

If a young actor asked for advice, she'd say self-belief is top of the list. "You have to find a positive in being constantly turned down. I've always relished being underestimated. And make sure you've got another way to earn money; I've had a job of some kind since I was 13."

It's 30 years since Holden first appeared in an acting role on TV, in a true crime drama presented by the late Edward Woodward. Since then, she's become a bit of a light-entertainment polymath, but is there a format she prefers? "I'm most at home doing live radio or TV because I like flying by the seat of my pants. I love the live week of *BGT*. The nerves never go away. I always feel terrified before the doors open and we walk out in front of 3,000 people. Having said that, I got butterflies in my tummy before announcing the winner of a bake-off at my daughter's school. It just shows you care."

She also enjoys learning, which is partly why she agreed to do *Sex: a Bonkers History*. "I don't want to sound boring, but I love finding out fun facts. Can you imagine being able to say, 'You'll never guess what the Spartans used to get up to! The women were independent, educated and all looked like Wonder Woman!' as a conversation starter at a dinner party?" She was shocked, she says, to learn that Queen Victoria was "absolutely up for it" and can't quite get her head round the fact that women aren't expected to openly enjoy sex.

"It's still seen as outrageous," she says, sounding affronted. "Society pretends that women can do what they want, but we can't. Women are still berated for being sexual while men quite literally get away with murder. *A Bonkers History* taught me that men and women are essentially the same and we have been for centuries. There's desire and passion in every single person. Sex is the one thing we all have in common and yet it's still spoken about as a naughty, dirty thing."

> 'If there was anything too naughty, I made Dan do it'

Holden had a blast making the series – "if there was anything too naughty, I made Dan do it" – and intends to keep her career packed well into its fourth decade. She says her only regret is not seeing more of her husband and daughters, but she does as much as she can to make it work – she took her youngest daughter with her to film the second series of *Italian Job* – and tries to do every school pick-up. What, then, might the 13-year-old Amanda Holden, working in her first job but with an eye on becoming a star, have made of her 52-year-old self? "She'd probably have given me a huge hug and said, 'Well done for keeping going.' Oh, and, 'You've still got both your hips!'"

THE HISTORIAN'S VIEW

'MY JAW DROPPED'

Dan Jones, a historian who has sold more than a million books as well as being a TV presenter, podcaster and novelist, thought the proposal for *Sex: a Bonkers History* sounded like "enormous fun". You might think the author of books about the Crusades and the Templars would have turned his nose up, but he points out that he always tries to make history accessible. "The lighter side to history has been served very well by *Horrible Histories*, but until now there hasn't been anything comparable for adults."

Like Holden, Jones is always keen to learn. "I'm a medievalist, so I know about attitudes to sex in the Middle Ages. My jaw dropped when we worked on the Georgian and Victorian episodes of the show. In the Victorian era it was the intersection between technology and sexual behaviours that I found totally fascinating. People were creating 'massage devices' that very clearly had a sex toy purpose to them..." AR

NITTY GRITTY Dan Jones and Amanda Holden explore how our ancestors did it...

Secrets of Our Universe with Tim Peake
Tuesday 9.00pm ***C5***

'We will live on, MARS'

How did a "short ginger" schoolboy who flunked his A levels become Britain's first space walking astronaut? Hard work, says **Tim Peake**, as he sets his sights on the Red Planet...

INTERVIEW BY **ROSIE MILLARD**

Major Tim Peake is a reassuringly ordinary astronaut. If extraordinary at the same time. A man in a well-ironed shirt and chinos, who got a mediocre C, D and E in his A-levels. A chap who will tell you what his favourite planet is (Mars), and who "feels bad" for Pluto, downgraded to dwarf planet status.

On the other hand, Major Tim Peake! A man who completed a space walk while carrying equipment as large as a fridge, knowing that a single 5mm rip in one of his space gloves would instantly depressurise his suit, at which point, as he put it, it would be "game over". Out there in space. Far above the world.

His new three-part series for Channel 5, *Tim Peake's Secrets of the Universe*, is well titled, for he is uniquely privileged. He has experienced things shared by just a handful of others on the entire planet, namely what it's like to live on the International Space Station (Peake was the first British astronaut to visit the ISS in 2015). What it's like to float in the air. Eat space food. Use a space toilet. Run the London Marathon while tethered to a treadmill.

Furthermore, he has always been motivated to spread the knowledge gained. During his six months in space, Peake engaged with thousands of schoolchildren in frequent "Cosmic Classrooms", which he conducted via online and radio sessions. (Sample question from Harry, aged five: "What can you see out of the window?" Answer from Peake: "The Atlantic Ocean and the west coast of Africa.") There are other secrets, too, to which one imagines Major Peake might know the answer. Is there life on Mars? Is there a God? Is the multiverse a thing?

The opening programme deals with the planets. It's standard stuff: Peake details the small, rocky four (which include Earth), then the big distant quartet known as the "gas giants". Interwoven with the list is some pretty chunky science: the possibility of water on tiny, frazzled Mercury; the nature of the bands on Jupiter; why Neptune is blue.

THE MAN WHO FELL TO EARTH
Peake with his feet on the ground at Horseshoe Bend, Arizona

GARY MOYES; GETTY

He acknowledges that the show was commissioned in response to the BBC's offerings from Professor Brian Cox (*Universe*, *The Planets*), with Channel 5 bosses suggesting that Peake's shows could be a bit more accessible. Accessible, but from an actual astronaut. "I've loved watching Brian's shows and I'm sure many fans of Brian will enjoy watching my shows," says Peake, "but they are different. I'm telling the story from the point of view of an astronaut with an underlying theme of life in space... and how we might possibly go and one day actually live on other planets." This is the thing about Peake. An ordinary chap in chinos, but one who tells you that one day, we will be living on Mars.

Yes, Mars. The trip that I thought was a one-way ticket. Not so, apparently. "Oh no, none of the companies who are serious about Mars exploration are proposing a one-way trip," says Peake. "We have all the technology we need to get back. We just need to get on and build the spacecraft that will take us, and the habitation modules which will keep us alive there." He even knows what we might eat. "We went to the ▷

SPACE INVADER
In 2015, Tim Peake became the first Briton to visit the International Space Station

'Going to Mars will happen in the 2030s'

TIM PEAKE

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◁ Biosphere in Tucson, Arizona [Biosphere 2 is an American Earth system science research facility]. It's phenomenal to see what they're doing in terms of food production in a simulated Martian environment. There are all kinds of steps that we're taking to make going to Mars a reality, and not something that could happen in 50 years." Meaning what? "This is something that's going to happen in the 2030s."

As I'm getting my head around jetting off to Mars in less than a decade, Major Peake casually suggests that Life in Other Galaxies isn't just a storyline in *Star Trek*. "I firmly believe the universe is teeming with life. Complex, intelligent life is rare. But even if you were mind-blowingly conservative, and said there was only one intelligent life form in every galaxy, there are a couple of hundred billion galaxies out there. So intelligent life is everywhere throughout the universe. The problem is the scale of the universe. That's what this show tries to describe."

How about really, *really* big thoughts, I ask the man for whom the oxymoron "mind-blowingly conservative" is rather apt. When he was falling asleep out in space in his vertical sleeping bag (I know, scary), did he start wondering how the whole thing was created, and why, and when? "I don't have a strong belief in God, but what does God mean anyway?" he says. "That's why I remain open-minded about the creation of the universe. Can a universe pop out of nothing? At the quantum level, we've seen things that do pop out of nothing. We can't explain it. We can't explain dark energy, we can't explain dark matter. So I leave an open mind about it."

How about good, old-fashioned fear? Peake has been a test pilot, flown an Apache helicopter and done all sorts of hair-raising things, but surely sitting in a rocket and blasting out into space must have raised the bar somewhat?

"Being frightened is absolutely fine," he says, reassuringly. "Fear has kept humans safe and alive for many years. But we address the fear. So when you sit on the rocket, you have trained for endless hours in the simulator. We have detailed emergency after emergency until we get to the point that, as a crew, we know we can deal with every situation. If something is going to go wrong, it will be catastrophic, and you make your peace with that risk. There was no fear on that rocket. It was adrenaline. It was Mission Focus."

Yet there remain two things training cannot simulate. "One is weightlessness," says Peake. "And the other is the view of Earth from space. When you first float up out of your seat, the feeling of weightlessness is very… powerful. But even that can't compare to the feeling when you go to the Cupola [a dome-shaped observation module in the ISS], and you are floating there, in a free-fall position, and beneath you is Planet Earth. After the violence of launch, it's very peaceful. You see how dynamic the Earth is, it's constantly changing: the weather systems from day to night, the aurorae, thunderstorms. And the lights from the cities, which are the only indication of human life." Can you see the Great Wall of China? "No."

REACH FOR THE STARS
Peake at the European Space Agency, Cologne

'I firmly believe the universe is teeming with life'

TIM PEAKE

During the space walk, he had a moment of pure contemplation. "We got to our work site early. It was daylight and we were outside, fixing a solar panel, which we could only do during the night cycle. So Houston said, 'You're all set up. You're ready to go, just wait ten minutes until sundown.'

"My colleague and I just put our tethers on, pushed off and floated in space. For those ten minutes, we could watch the sun go down over the Earth, and all the lights came on in cities across Europe." We stop talking for a moment and both think about this, me imagining, Peake remembering.

According to Peake, this a view that many of us will be able to sample. "*Virgin Galactic* [Richard Branson's spaceship] or *Blue Origin* [Jeff Bezos's] are the kinds of technologies which are paving the way for a suborbital transportation system in the future. We might be seeing London to Sydney in 90 minutes, or even less. We might view a two-week holiday to an orbiting space station as an option."

He's pretty cool, our ordinary astronaut. And a heart-warming example of someone who just got on with it. "I didn't do very well academically at school, but if you set your sights on a goal, and work hard, there is always a chance to catch up. I had some experience of being picked on for being short and ginger," he says, "but that meant growing resilience and having confidence in my own abilities. People learn at different times in their lives. As soon as I was a pilot, that gave me the inspiration to go back and revisit my academic qualifications." Later in life, Peake achieved a degree in flight dynamics, and learnt Russian en route.

Of course, it's his achievement of experience in space that marks Tim Peake out, and always will. It's that which gives him his natural authority on screen, and the weight behind what he says. The fact that he's a warm, charismatic and modest communicator is an additional bonus and a boon for Channel 5. He's surely the perfect person to welcome the everyday viewer into the secrets of the universe.

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Chris Packham: Is It Time to Break the Law?
Wednesday 9.00pm ***C4***

Chris Packham is taking on Big Oil. But would he break the law to save the planet?

‘I COULD HAVE SHOUTED LOUDER’

INTERVIEW BY **SHERNA NOAH**

SEA OF FACES Actor Emma Thompson addresses climate change activists at Oxford Circus in London, 2019

GETTY

In his own mind, Chris Packham is a guilty man. He has, he believes, failed to stem the haemorrhaging of Britain's wildlife. There are tangible reminders of his supposed culpability at his New Forest home, where the birdsong is not what it once was and, perhaps most poignantly, when he unboxes his treasured moth trap, bought with one of his first pay cheques 40 years ago.

"Every now and again we trap some moths and identify them," Packham says, speaking on Zoom from his sleek kitchen. "I get my moth ID book out, where I've kept notes over the years, and look back at the figures. I'm catching none of the species that I caught hundreds of in the 1980s. I'm constantly reminded that I'm living in a poorer world."

It may seem odd that the *Springwatch* presenter – whose voice is one of the loudest calling for action to thwart the climate crisis and who has even faced death threats as a result of his various campaigns in support of wildlife – should assume responsibility for the depletion of the natural world. But, according to him, "I could have shouted louder, more vigorously."

It's this guilt that has sparked an existential crisis and a deeply personal, timely Channel 4 documentary. *Chris Packham: Is It Time to Break the Law?* opens with arresting footage of what looks like oil (but is in fact molasses) pouring down Packham's face. Dreamt up by Packham himself, it's a dramatic start to a programme that investigates – amid activist group Just Stop Oil's wave of disrupting and headline-grabbing stunts – whether the threat of climate change is now so serious that it is ethically justified to break the law in an attempt to stop it.

What conclusion did he come to? After much grappling with the issue, he has reached a point where he considers that breaking the law, as long as it is not hurting anyone or causing lasting environmental damage, is the "ethically responsible thing to do". But it's not for everyone. We "all need to be realistic about what we can do as individuals, because there's no point in a young mother doing a climate action which will see her sent to jail, because how can she support her children? That doesn't mean that she can't be an important activist." But "conservation efforts so far have been too timid" by not taking on the "bigger arguments", he ▷

> ‘Conservation efforts so far have been too timid’

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Emma Bridgewater

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VOTING WITH HER FEET
A suffragette is arrested outside Buckingham Palace in 1914

◁ adds. "We're still tinkering around on the edges… saving a few dormice here, a wildflower meadow there, when the rest of our collection of nations has clearly gone to hell in a handcart. Yes, we've been able to recover habitats, we've reintroduced species, but much has disappeared and I, along with my colleagues, have failed to protect them adequately."

Packham has "no doubt" that, were he in his early 20s now, he would be joining Just Stop Oil, who brought traffic to a standstill and disrupted a wave of sporting events this summer. "I was a very angry young man," recalls the presenter, who has Asperger's syndrome and battled depression in his youth.

TODAY, AT 62, his ire is targeted, most vociferously, at fossil fuel lobbyists. Packham says witnessing their influence at Cop26 in Glasgow in 2021, which opened with Sir David Attenborough urging world leaders to turn "tragedy into triumph", was "a line in the sand for me. I have a fantasy that there's a red button on my table, and to stop the lobbying, I press the button. They are the most dangerous, insidious force that we face."

He has praise for the politicians he believes are dedicated public servants doing their best for the electorate. Fossil fuel lobbyists, on the other hand: "I struggle to use the word 'evil', because it has such a biblical context, but I can't honestly think of another word for them." He cites the fact that Sultan Al Jaber, the president of Cop28, which will take place in the UAE in November, is involved with the oil industry. "It would be funny if it weren't so tragic. It's like a nightmare."

A waking nightmare, then. Are his sleeping hours similarly terrifying? "I had a terrible nightmare last night," he says. "My partner Charlotte said I was screaming. I dreamt that I was looking at birds and being attacked by psychotic mange mites that burrowed into my skin. I don't know what I was thinking about." Meaningful, surely? "Yes, but I don't analyse it."

We speak after the wave of forest fires swept through holiday destinations in southern Europe. "You can almost smell the smoke, can't you?" says Packham. "We're getting to a point where people are starting to feel a bit of discomfort, and that's what will probably prick their conscience into thinking, 'Oh God, we've got to do something.'"

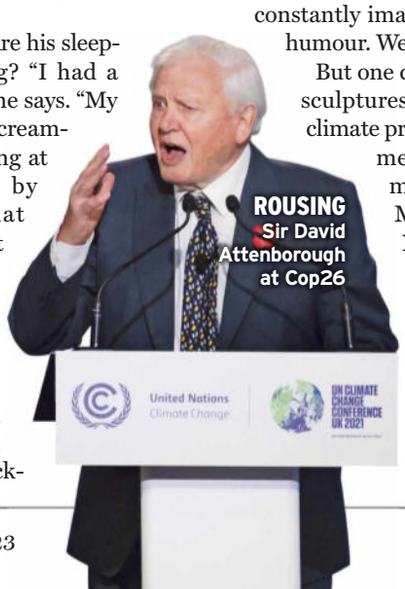
SERVING UP TROUBLE?
A Just Stop Oil demonstrator disrupts a match at the 2023 Wimbledon Championships

'Recent climate protests have infuriated and bored people'

But the *Earth* presenter says the climate movement, which interrupted this year's Wimbledon Championships, has become stuck in a rut since activists blockaded Oxford Circus with a pink boat, with Emma Thompson on board, four years ago. "One of the problems with recent climate protests is that we've been too slow to change our methods. They essentially infuriate and bore people. We've got to be constantly imaginative… We're not using humour. We're not using music."

But one day, he says, we might erect sculptures of radical and disruptive climate protesters in London's Parliament Square, alongside the monuments to suffragette Millicent Fawcett and Nelson Mandela.

"The suffragettes set fire to things, smashed a lot of glass, attacked people on the street. And in apartheid, they were blowing up trains, blowing up factories. What the climate movement is grudgingly having to accept is that maybe that radical flank *will* develop. At the moment, no one is blowing up an oil refinery, but a lot of people think that is very likely to happen."



ROUSING
Sir David Attenborough at Cop26

Our interview is coming to a close and Packham is due to head to his shed to work on the giant sculptures he began while taking a three-month sabbatical from TV work earlier this year. A notification on his phone – part of the security set-up he installed on police advice – alerts him to the fact that a man has arrived to help him with the welding.

In 2021, balaclava-clad men blew up a Land Rover outside his house. What's it like living amid such tight security? "I'm mildly resentful of the fact that, because I'm telling people the truth, a tiny percentage of people lash out," he says. "It's a hate crime. It's on my social media feed on a daily basis, or there's physical violence – dead animals, death threats and burning things down."

"I don't like living in a stockade. I'm just a normal bloke who grew up loving life, and wanting to protect life and now that includes human life. I believe I come from a standpoint of good.

"I'll carry on, and I know that at some point we'll probably have to put barbed wire along the top of the fence. But what's important is the result. I've got to keep going. For me, winning is not giving up."

GETTY

Building the impossible

Sphere at The Venetian Resort in Las Vegas

Discover the engineering wonders of the world in *Building Impossible with Daniel Ashville*, a brand-new series only on National Geographic

Want to watch something that will truly blow your mind? Coming to the National Geographic channel on Thursday 14 September, *Building Impossible with Daniel Ashville* is an engineering series like no other. Over the course of six episodes, construction expert Daniel Ashville will take you on a journey across the globe to explore some of the biggest and most ground-breaking feats of engineering.

He may be new to our TV screens, but Daniel is a familiar face in the building world, having built his own construction empire from scratch. He's also amassed a huge social media following, including 460k YouTube subscribers and 250k TikTok followers. Throughout the series, he takes a hands-on approach by actively collaborating with the teams behind these awe-inspiring, yet often precarious, builds. Plus, his charisma and infectious enthusiasm will have you hooked from the very first episode.

Architectural marvels

Each build in *Building Impossible* defies the imagination, pushing the boundaries of science, technology and human ingenuity to their absolute limit. In one episode, Daniel assists with the construction of ***Icon of the Seas***, the largest cruise ship in the world. Its crown jewel, the AquaDome, is one of the heaviest objects ever lifted onto a cruise ship, so it must be carefully manoeuvred with cranes.

In another episode, he works on the giant **Sphere at The Venetian Resort** in Las Vegas. As the crew lifts and bolts LED mega-panels to the exterior, Daniel must scale horrifying heights to help from inside. Elsewhere in the US, he joins the construction team for the ***Pathfinder 1* airship**, one of the largest aircrafts in the world.

Of course, it's not always smooth sailing when it comes to projects of this magnitude – but somehow Daniel and his teams always find a way to make the impossible, possible.

Pathfinder 1 airship

Mega cruise ship, *Icon of the Seas*

NATIONAL GEOGRAPHIC

***Building Impossible with Daniel Ashville* airs on Thursdays at 8pm from 14 September.**
Tune in on Sky (channel 129) or Virgin Media (channel 266)

CRICKET

NICKS, FLICKS, RAMPS AND SCOOPS

Jos Buttler's batting genius turned England into world champions. Can he do it again, asks **Simon Barnes**

POWERPLAY Jos Buttler picks his shots to suit the conditions

The demeanour of the England team at the Cricket World Cup of 1996 was described by *Wisden* as "like a bad-tempered grandmother attending a teenage rave". Things weren't much better in 2015, when England lost four of their six matches and failed to get out of the group stage.

But now, as England continue their warm-up matches for the 2023 World Cup with an international against Ireland on Wednesday, I can savour the rare privilege of writing the words: "England, the defending champions..." So what the hell happened?

Well, partly, it's because Jos Buttler happened. You'll probably remember the heroics of Ben Stokes in the final of the 2019 tournament. But whose hands were powerful enough to strike the last ball of the super over for four? And whose hands were soft enough to make the final run out on the final ball of the competition?

> 'Buttler's funky shots look as grooved as a Compton cover drive'

Those two vital contributions demonstrate a crucial ability you find in all top performers in sport: rising to an occasion. They are inspired rather than inhibited by the unspeakable stresses of a major final. And if you can add consistency to this skill, you will be numbered among the greats.

In white-ball cricket there's no argument about Buttler's greatness. England's hope of retaining the World Cup are built on his leadership skills – which were honed under the previous culture-busting captain, Eoin Morgan – plus his wicket-keeping and ability to score runs in the most improbable circumstances.

So let's try and be grown-up about the modern style of white-ball batting that Buttler has helped pioneer. There's still a tendency in some quarters to see the shots that have developed in short-form cricket – ramps, scoops, reverse hits, uppercuts – as improvisations, as gimmicks, as novelties. But the genius of Buttler is that from the very first, he made these funky shots look as well-grooved – and as well-coached – as Denis Compton's cover drive. Buttler's scoop over fine leg looks effortless – and it does so because it's the result of many hours of labour in the nets. It's not an improvisation at all: it's well-rehearsed and always 100 per cent premeditated.

Buttler's ability to hit a six from almost any delivery isn't just a miracle of hand and eye coordination. It involves precise calculation of the odds of success relative to the position of the fielders and the likely delivery. Buttler is a thinking cricketer, but above all a calculating one.

At times, when his eye is in and he has the measure of his opponent, it looks as if the bowler is actively cooperating with him. That was true (I'm told) of Compton's cover drive; it was certainly true of David Gower's flick-pull and Kevin Pietersen's straight hit – and it's also true of Buttler's arsenal of one-day strokes.

He is a man of quiet nature, apparently uninterested in confrontation even if it's at the heart of cricket. He seems almost embarrassed at having to point out failings of the bowlers who have the rotten job of bowling to him.

As the bowler gets into his delivery stride, Buttler always gives a little shudder, as if of trepidation. In fact, this is an almost involuntary trick he has brought into his game, one that gets him relaxed at the crucial moment. And then he will charge a fast bowler, or drop deep into his crease to get under the ball and loft it, or skip sideways for one of those scoops.

Buttler's form as batter, leader and keeper is crucial as England advance their preparations for the World Cup that starts next month in India. He is good with new and upcoming players, understanding the need to give them confidence. And, like Morgan before him, Buttler has the priceless ability to keep calm and think straight in the mayhem of the final overs. England may or may not win the tournament but, metaphorically speaking, when the music at the rave begins, they'll be first on the dancefloor.

WINNERS Ben Stokes (left) and Jos Buttler clinch the 2019 World Cup for England

ODI Cricket: England v Ireland is live on Wednesday 12 noon (12.30pm start) Sky Main Event/Cricket, 12.15pm 5 Sports Extra

PICK OF THE WEEK'S SPORT ON TV

RUGBY WORLD CUP
WALES v PORTUGAL *Saturday 4pm (k/o 4.45pm)* ***ITV1/S4C***
IRELAND v TONGA *Sat 7.15pm (k/o 8pm* ***ITV1***
ENGLAND v JAPAN *Sun 7.15pm (k/o 8pm)* ***ITV1***
More pool fixtures.

FOOTBALL
WOMEN'S NATIONS LEAGUE ENGLAND v SCOTLAND
Wembley hosts the Lionesses' first game since the World Cup final. *Friday 7pm (k/o 8pm)* ***ITV4***

FOOTBALL
CHAMPIONSHIP CARDIFF CITY v SWANSEA CITY
A huge game between two teams struggling for form. *Sat 7pm (k/o 7.45pm)* ***Sky Sports Main Event/Football***

GETTY

Press pause

With the tempting Werther's Original caramel range, you can make a night on the sofa feel even more comforting

No session in front of the TV is complete without some quality snacking. And when it comes to sweet treats, it doesn't get much better than Werther's Original. Lovingly crafted using the same recipe since 1909, each of its tempting caramels are sure to bring a little piece of warmth to your day.

For long-lasting enjoyment, there's the classic Butter Candy, while the Creamy Toffee is rich, chewy and endlessly satisfying – better yet, both of these candies are available sugar-free, too. You'll also want to try the irresistible Creamy Filling, with its smooth caramel cream encased inside a crunchy butter candy shell. And remember, each and every one is made with fresh butter, cream and a whole lot of care and attention.

So, why not grab a bag of each for your next movie or box-set marathon and see which is your favourite?

Unlock your most delicious movie night yet

With a little help from Werther's Original, an evening on your sofa can easily rival a trip to the cinema. These delectable caramels are great enjoyed on their own, but they can also work wonders in your bakes and savoury delights.

For the ultimate rocky roads, add roughly chopped Werther's Original Creamy Toffees and salty pretzels to your usual recipe. Or take your sticky toffee pudding to the next level by grinding the Butter Candies to a fine powder and mixing them through your cake and sauce mix. If you'd prefer something less sweet, you could fry the Butter Candy powder with some onions over a low heat to create moreish goat's cheese and caramelised onion toasts instead.

For more warmth inspiration, or to find delicious Werther's Original recipes, visit bit.ly/werthers-rt or scan the QR code

CAROLINE FROST

EVERYBODY NEEDS SUNSHINE & SMILES

Michael Grade was right – Aussie TV helped me escape

If you know, you know... that "Colin from Accounts" is a dog. A border terrier to be precise, and the furry reason for the meet-cute between Ashley and Gordon, the two likeable leads in the gentle but whip-smart Aussie romcom of the same name that was the toast of spring. Yet much as I enjoyed *Colin*, my Antipodean favourite this year has been *Fisk* – ITVX's straight-faced farce following life in a tiny Melbourne law firm. It's the lovechild of *The Office* and *Curb Your Enthusiasm*, and I can't get enough of it.

These, plus *The Newsreader*, Amazon Prime's dark cop comedy *Deadloch* along with the return of the more simply appealing *Neighbours* (I have concerns about the wisdom of this enterprise, but Godspeed), have led to articles toasting the arrival of "quality Aussie TV" on our screens.

These shows follow dramas like *The Cry* and *Mystery Road*, and political thriller *Secret City* on Netflix, and undoubtedly there's some good stuff around, but I take umbrage with the idea this is anything novel. The truth is, we've been enjoying shows from Down Under for the past 40 years or more, and never during that time has "quality" been an issue. Or, to be more precise, we loved them even when – how to put this – quality wasn't an issue.

The great cornerstone of Aussie import TV remains the original *Neighbours*. Ever since BBC1 controller Michael Grade first spotted the appeal of blue Australian skies – "sunshine and smiles" – and brought the residents of Erinsborough to British screens in 1986, the daytime soap's viewing figures have passed into TV legend, including a whopping 20 million Brits tuning in for Scott and Charlene's wedding in 1988. But even before *Neighbours* and its cooler cousin *Home and Away*, there were *The Sullivans* and *A Country Practice*, *The Young Doctors* and the power ballad-themed *Sons and Daughters*.

Never mind the wobbly wallpaper and dancing credits, these soaps had distinct identities, strong characters and plotlines as delightfully ludicrous as anything airing in the UK at the time. When you consider all these memorable shows came from a country with about 30 rotating actors and a handful of producers, it's fair to say they punched above their weight. Michael Grade got it right: that sunshine and those smiles went a long way. And that's before you get to Australia's greatest TV achievement of all: the 1980s mini-series.

WIZARDS OF AUS Clockwise from above, *Colin from Accounts*, *Neighbours* and *The Thorn Birds*

My first, enthralling taste of this cultural offering came with the luscious *Thorn Birds*, where Richard Chamberlain battled with his clerical collar: he loved the Catholic Church, but he also had ardour for Rachel Ward. Then I learnt all about the nation's wartime losses, weeping through 195 minutes of Romeo-and-Juliet tale *My Brother Tom*, courtesy of Channel 4. And I discovered why an England-Australia Test match is so brutally fought by watching *Bodyline*, the tale of how the 1932/3 Ashes series was won – or stolen, depending on who you ask – by the "leg theory" bowling of Harold Larwood.

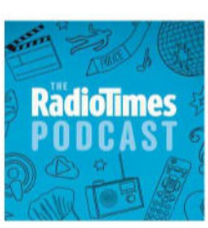
I was so taken with this that I went to gaze at Larwood's boots in the National Museum of Sports when I moved to Melbourne in 2006.

> 'We loved Aussie shows – even when quality wasn't an issue'

Hold on, what?! Yes, one home-grown TV show finally tipped me over. Stuck in bed with flu during a dark London winter, I found myself watching another Aussie series, *The Secret Life of Us*, entranced by the sight of young, carefree people sharing apartments, catching trams home in time to play football in the evening sun, before enjoying a communal barbecue and heading to the roof terrace to look at the ocean and share some beers. That was it for me, and six months later I was living in that city and partying on that very same roof. There is nothing new about Australian TV's power to transport us to a happier place.

Neighbours returns to Amazon Freevee on Monday

ALLSTAR; SHUTTERSTOCK



RADIO TIMES & SMART TV PODCASTS

This week on the main Radio Times podcast, **Kelly-Anne Taylor** talks to *QI* elf **Dan Schreiber**. Available 12 September. *See page 121*

Join **Caroline Frost** and **David Brown** for **Smart TV** – *RT's* bonus podcast previewing the TV week. Available every Friday.

YOUR TV WEEK STARTS HERE

STREAMING The latest TV and film picks from Netflix, Amazon Prime, Disney+ and more **p40**

DAILY CHOICES AND LISTINGS 70 packed pages for the week ahead **p48**

Streaming

Edited by
FRANCES TAYLOR
& DAVID BROWN

BACK TO THE 'HOOD
Original cast member, Stefan Dennis (Paul Robinson, centre front) and new face, Mischa Barton (back, far right) are among those appearing in the return to Ramsay Street

ALLSTAR

Amazon Freevee

SOAP

Neighbours: a New Chapter *New episodes available daily Monday–Thursday*

You'll find plenty of articles out there predicting the death of soaps, but this is proof of what happens when continuing dramas with a loyal fanbase get cancelled. OK, so *Neighbours* might not have pulled in massive numbers, but its viewership was dedicated, moblised and vocal. And hearing them loud and clear was Amazon Freevee who, having realised that there's a ready-made revenue stream on Ramsay Street, has reinstalled cameras on that famous Melbourne cul-de-sac.

Devotees will no doubt be delighted as many familiar faces – including the likes of Karl, Susan, Toadie and Harold – are back where they belong. Even Guy Pearce has made himself available again (albeit in an understandably limited capacity) to continue charting Mike's rekindled romance with Jane.

Joining them all for this latest incarnation is Mischa Barton, one-time star of sudsy Noughties teen drama *The OC*, who's seen here making herself at home as mysterious newcomer Reece. She's ballsy and has high expectations when it comes to her stay at Lassiters Hotel. No wonder business boss Paul Robinson is looking antsy. **DAVID BROWN**

Your RT Travel: page 144; Smart TV: page 39

Netflix

WHO NEEDS THERAPY? Otis Milburn (Asa Butterfield) faces new challenges at sixth form

COMEDY DRAMA

Sex Education *All 8 episodes of series 4 available from Thursday*

In its final season, the heroically frank comedy-drama about teenagers' sex lives – plus the ups and downs of their time at home and at school – is in no mood to stop filling us in on the startling minutiae of what modern young people get up to. But the characters we've been following are in for a shock too, as they arrive at a sixth-form college where sustainability and kindness are what makes a kid cool, not good looks, sporting prowess and a long list of conquests. As Otis (Asa Butterfield) wonders whether his sexual therapy sessions will be wanted, his lost love Maeve (Emma Mackey) is in the US chasing her academic dreams. The episodes are themed around growing up, moving on and trying new things, but will Otis and Maeve ever move on from each other? **JACK SEALE** *What's it like... to be the art director on Sex Education: page 9*

SITCOM

It's Always Sunny in Philadelphia

Series 16 available 15 September

It may not be as consistent as it once was, but Rob McElhenney's (above centre) cult sitcom about five friends/sociopaths remains daring. This latest run features many "I can't believe they just went there" moments (all of which are too adult for a family magazine), as well as guest appearances from the likes of *Breaking Bad* stars Bryan Cranston and Aaron Paul. And while there are some patchy episodes in this batch of eight, one set in a bowling alley – that descends into a battle of the sexes – knocks down all its comedy pins with ease. **DB**

DRAMA

The Card Counter

★★★★ 15

Available now

A troubled US military veteran makes his living at the card tables of humdrum casinos in this characteristic fable of damnation and redemption from Paul Schrader (*First Reformed*). William Tell (Oscar Isaac) is a man who wins at poker thanks to his ability to recall every card played, but while his talent manager (Tiffany Haddish) thinks he's ready for the bigger leagues, he is only just keeping his inner turmoil in check. Isaac's obsessive protagonist is compelling, even when the plot occasionally tests credibility. **TREVOR JOHNSTON**

FANTASY

El Conde ★★★★

Available 15 September

Augusto Pinochet is re-imagined as a vampire in this scathing attack on the late Chilean dictator. Director/co-writer Pablo Larraín (*Jackie*) goes for the jugular by portraying Pinochet (Jaime Vadell) as an aged bloodsucker who has existed for 250 years. Gathered in an isolated mansion with wife Lucia (Gloria Münchmeyer) and his grown-up children, he's left to ponder his legacy. Larraín imbues the story with rakish black comedy, and the film offers a sobering reminder that history has a nasty habit of repeating itself. **JAMES MOTTRAM**

ITVX

DRAMA

Crime

All 6 eps series 2 available Thursday

One of television's stranger detective dramas lurches back onto our screens, with Dougray Scott returning as the often hilariously intense and troubled DI Ray Lennox, and Joanna Vanderham as his superficially more stable sidekick, Amanda Drummond. Their new case revolves around a gruesome incident in a luxury Edinburgh hotel room that, officially, did not take place: as Ray hurls himself furiously against an establishment wall of silence and has to sink into the city's seediest corners, the show has its unsubtle – but well-meant – say on class and gender politics. **JS**

DRAMA

Mrs Wilson

All 3 episodes available now

If you're appreciating the intensity of Ruth Wilson's acting in *The Woman in the Wall* (Sunday 9pm, BBC1), try this 2018 drama, based on real events. Telling her family's story – she's playing her own grandmother – brings an even more powerful and authentic performance than usual out of Wilson, as an incredible tale of an intelligence agent's double (triple, quadruple...) life, and the emotional fall-out of it for all involved, plays out in a moodily realised 1940s and 60s. **JS**

Apple TV+

CATWALK QUEENS Linda Evangelista, Cindy Crawford, Naomi Campbell and Christy Turlington in Versace in 1991

DOCUMENTARY

The Super Models

Ep 1 available Wednesday

From the late 1980s to mid-90s, Linda Evangelista, Christy Turlington, Cindy Crawford and Naomi Campbell ruled the roost as supermodels. They all came of age together in the fashion industry and in this four-part series are candid about their humble beginnings and big breaks. But the series doesn't shy away from the less savoury aspects of the business, also reflecting on events in a post-#MeToo, post-Black Lives Matter landscape.

With contributions from designers Donatella Versace and Michael Kors, photographers Arthur Elgort, Martin Brading and Peter Lindbergh, plus *Vogue* trailblazers Grace Coddington and Edward Enninful, it's an illuminating must-watch for any fashion faithful.

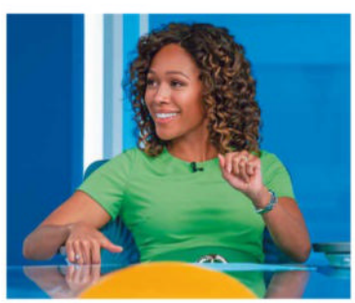
LAURA RUTKOWSKI *See p6*

COMEDY DRAMA

Still Up

Eps 1–3 available Friday

A lightweight romantic-ish comedy stars Antonia Thomas (above) and Craig Roberts as Lisa and Danny, who aren't together but share a special bond: they both suffer from insomnia, which leads them to conduct long video calls at night. As they discuss each others' lives or, in some cases, witness them – in episode one, for instance, Lisa keeps Danny with her on her phone as she visits a late-night pharmacy, to find it mysteriously unattended – they trade jokes and observations and marvel at the unlikely situations each gets into. The writing's a bit forced but the performances flow. **JACK SEALE**

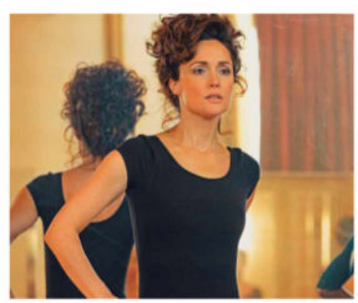


DRAMA

The Morning Show

Season 3 ep 3 available Wednesday

Ever unpredictable, the TV show about a TV show suddenly snaps into focus. If the first two runs were about endemic sexism in the entertainment biz, this one is doing the same for racism. As a cache of leaked emails reveals a deeply unequal culture at UBA, company boss Cory naturally uses the crisis for his own gain. But while comment and recriminations fly, black news anchor Chris has to balance the debate with her own experience. Nicole Beharie (above) gives a sensational performance as the episode builds to one of the show's best ever on-air showdowns. **JS**



COMEDY DRAMA

Physical

Season 3 ep 9 available Wednesday

A sudden left turn: for the penultimate episode of season three, all the business-building is put on hold in favour of a brittle, acid, one-location playlet. Sheila (Rose Byrne) and her ex-husband Danny (Rory Scovel) seem to be having one of their regular stress-fests as they prepare their daughter for a school show, but when they end up stuck at Sheila's house they rake over their failed relationship in a way that's equally funny and sad, turning over the question of whether she ever really let him get to know her. What's often a brash and crude drama is deft and heartfelt, if only for a week. **JS**

DRAMA

The Changeling

Ep 5 available Friday

This drama becomes more impenetrable as it goes on, although this week it doesn't really go on that far. Instead, we circle around what we already know, seeing more of what led new mother Emma (Clark Backo) to break down so terribly – and what led her to be photographed nude in the jungle, an image that seems to have taken on a malevolent power. Talking of malevolence, Apollo (LaKeith Stanfield) seems to be finding some answers on the secret island retreat, until his new friend reveals an inner dark side that pushes the show firmly into horror territory. **JS**

ALLSTAR

Amazon Prime Video

DRAMA

Harlan Coben's Shelter

Ep 8 available Friday

TV continues to mine the vast back catalogue of novelist Harlan Coben – after several adult-oriented thrillers on Netflix, none of them essential viewing, Amazon has fared a little better with this dramatisation of the first of his Mickey Bolitar series, aimed at young adults. Mickey (Jaden Michael), a struggling teen, relocates to his dad's New Jersey home town and is soon embroiled in all sorts of mysteries, mainly concerning vanishing children. The season one finale should provide some answers, but not too many: Mickey deserves to return. **JS**

SCI-FI

The Matrix Resurrections ★★★ 15

Available now

Although the original *Matrix* trilogy concluded in 2003, it was inevitable the sci-fi saga would return. Keanu Reeves reprises his role as Thomas Anderson (aka cyber messiah Neo), now living in a world where he's acclaimed for designing a triptych of games called *The Matrix*. He's beset by bizarre visions until a chance encounter entices him down a familiar rabbit hole. Although no game-changer, this twisty fourth instalment is filled with series in-jokes and electrifying set pieces. **JEREMY ASPINALL**

THRILLER

The Continental: from the World of John Wick *Ep 1 available Friday*

A three-part, 70s-set prequel to the *John Wick* movies tells of how the films' famous hotel for assassins came into being, with Colin Woodell (below) playing the younger Winston Scott (Ian McShane in the films). He's drawn back to New York when his brother gets into trouble: setting up the Continental will mean besting several organised crime gangs, including one run by Mel Gibson's character, Cormac. The fights and shootouts aren't quite *Wick* level, the leads lack charisma and some of the attempts at Tarantino-esque swagger are cringeworthy – this is one for *John Wick* superfans only. **JS**

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Acorn TV

CRIME DRAMA

The Chelsea Detective

Episode 4 available Monday

SERIES FINALE

Romantic jealousies abound in the final episode as the owner of a fruit and veg company (who may have been a bit of a cad when it came to the women in his life) is stabbed to death. Viewers used to seeing Ella Bruccoleri as sweet-natured Sister Frances in *Call the Midwife* will have to adjust their perceptions of her, as here she's among the suspects. Max (Adrian Scarborough), meanwhile, has his own relationship stresses: can his Aunt Olivia (Frances Barber) convince him to upload his profile to a dating app? **DB**

CRIME DRAMA

Hinterland

Series 1–3 available Monday

A few years back there was a flurry of dramas made and set in Wales that clearly bore the influence of Scandinavian cop shows but used the landscape, language and people of Wales to create their own dark vibe. Perhaps the best of those "Welsh noir" series is *Hinterland*, which successfully transplants the doom, gloom and well-worked detective stories of Scandi dramas to the rugged environs of Ceredigion. Richard Harrington is DCI Tom Mathias, whose new job in Aberystwyth sees him investigate cases that tend to stir up secrets long buried. **JACK SEALE**

Channel 4

SITCOM

Frasier *All 11 seasons available now*

Dr Frasier Crane (Kelsey Grammer) will be tossing that salad and scrambling those eggs again in October, this time back in Boston, home of course to a certain bar he used to frequent. So, why not spend quality time revisiting the psychiatrist's stint in Seattle, with classic episodes from the 90s sitcom that incidentally has reached its 30th anniversary? The sight of Frasier and his similarly snobby brother Niles (David Hyde Pierce) having their pomposity pricked by gruff retired cop dad Martin (John Mahoney) never gets old. And some might even argue the standard of the writing in this spin-off is superior to what's on offer in *Cheers* (also on Paramount+), where the Doc made his debut in 1984. **DAVID BROWN**

OVERTHINKING Does down-to-earth Martin have a better approach to life than his psychiatrist sons Niles and Frasier?

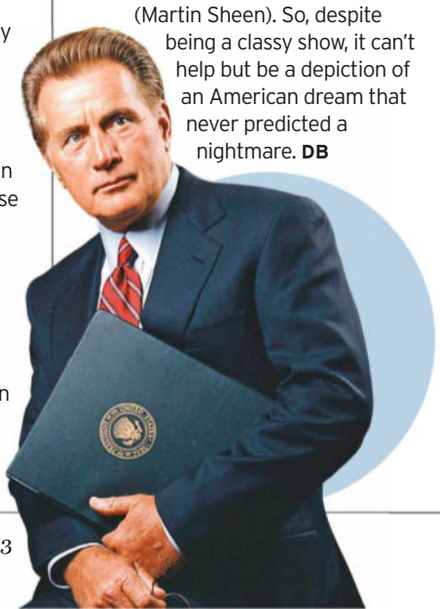
POLITICAL DRAMA

The West Wing

All 7 series available Tuesday

FULL BOX SET

Writer Aaron Sorkin's dialogue remains smart, the acting is first-rate but, politically, this White House drama feels almost like a fairy tale. Back in 1999, it could have been labelled idealistic. Post-Trump, the real-life tone in Washington has been coarsened to such an extent that it's hard to imagine a president with the nuance of a Jed Bartlet (Martin Sheen). So, despite being a classy show, it can't help but be a depiction of an American dream that never predicted a nightmare. **DB**



CRIME THRILLER

The Bank Hacker

Available Friday

From Belgium comes a thriller where plans to manipulate streams of ones and zeroes quickly end up involving bullets, explosions and running for one's life. Alidor (Gene Bervoets), a conman fresh out of prison, hires young hacker Jeremy (Tijmen Govaerts) to intercept some of the billions that flow electronically between banks every day. If they get it right and don't get greedy, they'll be very rich – but Jeremy is also on a personal revenge mission, and nothing in high-stakes dramas like these ever quite turns out the way it's supposed to. **JS**

DRAMA

Manayek

Available Friday

In 2021, this drama swept the board at Israel's equivalent of the Baftas – it's roughly that country's answer to *Line of Duty*, albeit with slightly more of an action-thriller vibe. Izzy (Shalom Assayag) is an idealist, an honest cop in a dishonest world. He's wearily approaching retirement when an assassination, brazenly carried out in public, sparks an investigation that uncovers corruption and secrets at the very top of Israeli society and law enforcement – with Izzy's friend and former partner implicated. A world of complex, believable characters is soon sketched out. **JS**

ALAMY; GETTY

Disney+

DRAMA

Poirot on Disney+

Available now

Kenneth Branagh returns to cinemas on 15 September for his third outing as Hercule Poirot in *A Haunting in Venice*. Based on one of Agatha Christie's dottier later novels, *Hallowe'en Party*, it promises to be the film series' most outré instalment yet, as the Belgian sleuth deals with the supernatural... or so it seems. Get yourself in the mood with Branagh's previous adaptations: the compelling *Murder on the Orient Express* and the far sunnier *Death on the Nile*, each boasting an impressive ensemble cast. **CALUM BAKER**

DRAMA

Only Murders in the Building

Episode 8 available from Tuesday

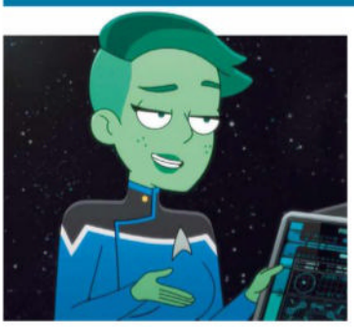
I suspect that Meryl Streep wasn't available for every episode of season three, but when she appears, the writers make the most of her. Here, it's Loretta's backstory that drives events as we discover why she has that scrapbook devoted to Ben Glenroy (Paul Rudd). The latest twists in the mystery also bring the brilliantly caustic Detective Donna Williams (Da'Vine Joy Randolph) to the theatre, where she makes a greater impact than any Broadway diva ever could. **DAVID BROWN**

WHAT I'M STREAMING

RICK EDWARDS

"***Wu-Tang: An American Saga*** (Disney+) is fantastic," says the host of Radio 5 Live's *Fighting Talk* and *5 Live Breakfast*. "The performances are impeccable, the music by the RZA is perfect, the visuals and direction are stunning and innovative. You don't have to be a Wu-Tang Clan fan to enjoy it – although it helps. ***Farm Rebellion*** (also Disney+) is a gentle observational documentary about a German farmer who's trying to do agriculture differently. It's inspiring and fascinating."

Paramount+

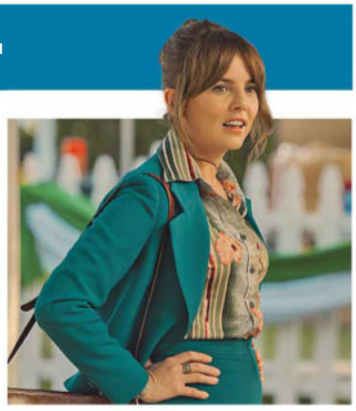


ANIMATION

Star Trek: Lower Decks

Episode 4 available from Thursday

Star Trek is generally regarded as a progressive franchise, but its depiction of the Orions down the decades hasn't exactly been enlightened – they were either pirates or green-skinned, barely clothed slave girls. Thankfully *Lower Decks*, despite being 2D animation, is now giving the species fresh depth, with this episode following Orion Starfleet officer D'Vana Tendi back to her home planet for a family wedding. As is revealed, a career in the sciences wasn't exactly the course plotted for her as a child. **DB**



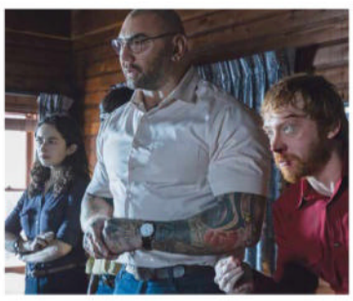
COMEDY DRAMA

Minx

All 8 eps series 2 available Thursday

Recommissioned by its US network, then dumped, then revived by a new streamer and consequently back for a second season, this comedy drama returns in a playful mood. Ophelia Lovibond is Joyce, a feminist journalist who, in 1970s LA, starts publishing an erotic magazine for women. As she rubs shoulders with many of the decade's foremost counter-cultural writers and musicians, the show maintains its sharp view of the sexism of the era, but also celebrates the decade in all its shaggy glory. **JACK SEALE**

Now



THRILLER

Knock at the Cabin

★★★★ 15

Available from 15 September

M Night Shyamalan's supernatural thriller is faithful to the tone of Paul Tremblay's source novel, despite a few narrative tweaks. City couple Andrew (Ben Aldridge) and Eric (Jonathan Groff) and their adopted daughter Wen (Kristen Cui) are on holiday in rural New Jersey when their peace is disturbed by Leonard (Dave Bautista) and his three associates, who are on a dark mission. The film is intimate, intense and emotionally engaging, and the cast is excellent. **MATT GLASBY**

To rent/buy

SUPERHERO ACTION

The Flash ★★★★ 12

Available from Monday

After being introduced in 2017's *Justice League*, DC's superfast superhero headlines his first solo movie – and the result is charmingly bonkers. The Flash, aka geeky forensic scientist Barry Allen (Ezra Miller), discovers he can run so fast that he can travel back in time, so visits the past to prevent his mother's murder. While overlong and overreliant on CGI, the film is hugely entertaining, with several surprising cameos. The anarchic humour helps distinguish it from Marvel's similarly themed offerings. **DAVE GOLDER**

ALLSTAR

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As long as you have a TV licence, you can register for free and enjoy a slew of BBC shows on demand and BBC channels to stream live.

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MY5 *channel5.com*
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ICON FILM CHANNEL
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NETFLIX
netflix.com
Price: £4.99/month (with ads, standard definition) or £10.99/month (for HD) Films and series like *Stranger Things* and *Obsession*.

NOW *nowtv.com*
Price: £9.99/month for Entertainment and £9.99/month for Cinema membership
The place to watch Sky and HBO shows without a Sky box or dish. Streaming service **Peacock** is included with Entertainment membership.

PARAMOUNT+
paramountplus.com
Price: £6.99/month
One of the newer streaming services, this offers films and TV series such as *1923*, *Yellowjackets* and *Rabbit Hole*.

LIONSGATE+
lionsgateplus.com
Price: £5.99/month
For original films and series such as *Gaslit* or *Outlander*. Formerly known as Starzplay.

SKY GO
sky.com/watch/sky-go
Price: included with Sky TV subscription
Sky customers can stream live, on-demand and catch-up TV via an app on their laptop, phone or tablet.

PREMIUM SERVICES

Many recent films are available to digitally rent or buy at a one-off cost. Priced anywhere from around £5 to £16 for new releases, they are available on platforms including Amazon Prime Video, Apple TV+, Chili, Google Play, Microsoft, Rakuten, Sky Store, Virgin and YouTube. Similarly, film platforms BFI Player and Curzon Home Cinema offer a more curated selection of indie, arthouse and world cinema titles.

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BZVG-1

Saturday

ENTERTAINMENT

Strictly Come Dancing Launch Show

6.35pm ***BBC1*** *Catch up via iPlayer*

The kids are back at school and the nights are drawing in – and if you needed any more proof that summer is well and truly over, enter stage left Tess Daly and Claudia Winkleman in sparkly jumpsuits. We'll be panicking over Christmas shopping before we know it.

Yes, *Strictly* season is upon us – though we're not in full-blown sequin mode just yet. In this week's launch, we'll see the 15 celebrity contestants paired up with their partners, with their first couples' dances next week. If that's not usually riveting TV, never fear – there'll be a couple of routines from the professional dancers and the judges, the return of last year's champions Hamza Yassin and Jowita Przystal and a musical performance by Jessie Ware.

To finish? A group number where we'll see the celebrities strut their stuff with the pros for the first time and get our first chance to pick a horse for the final.

From what we hear, the smart money is on soap stars Bobby Brazier, Ellie Leach and Nigel Harman, comedian Eddie Kadi or *Sherlock's* Amanda Abbington...

HUW FULLERTON

See feature: page 18

SPORT

Rugby World Cup

1.30pm ***ITV4,*** *4.00pm* ***ITV1/S4C,*** *7.15pm* ***ITV1*** *Catch up via ITVX*

With the second round of pool games in full flow, favourites can ill afford a slip-up and underdogs need to spring a surprise. And so today's second Saturday begins in Bordeaux, where **Samoa** face World Cup debutants **Chile** (k/o 2pm ITV4), before **Wales** meet **Portugal** in Nice (4.45pm ITV1/S4C). With Portugal the lowest-ranked team in Pool C, Warren Gatland's men in red will likely view the fixture as a must-win.

Then, in the evening, **Ireland** take on **Tonga** in Nantes (k/o 8pm ITV1). As Brian O'Driscoll and Sean Fitzpatrick told *RT* two weeks ago, the Pacific Islanders are even more dangerous due to new rules allowing them to select ex-All Blacks with Tongan heritage. **MAX COPEMAN**

QUIZ

Alan Carr's Picture Slam *5.50pm* ***BBC1***

Catch up via iPlayer

NEW SERIES

Alan Carr has been having a terrific 2023, his *Italian Job* with Amanda Holden having been engaging, his sitcom *Changing Ends* a contender for comedy of the year. But this quiz, with a format that might well have been rejected by CBBC for being too simple, isn't quite so stellar. All the contestants need do is identify images – the more they name, the greater the sum of cash they bank.

One pair of hopefuls do, though, come a cropper early on when they fail to put a name to the face of Liz Truss. Having said that, she wasn't exactly at Number Ten for long (and many voters would argue she's probably best forgotten anyway).

DAVID BROWN

DRAMA

Casualty

8.20pm, 9.10pm ***BBC1***

Catch up via iPlayer

Two episodes tonight that couldn't be any more different. The first is a traditional affair, which finds Donna set to appear in court and Stevie trying to handle Faith's care at the same time as she's treating patients. Things would certainly be easier if Faith would go to rehab, but she's saying no, no, no.

The second, though, focused solely on one story strand, is set far away from the hospital, as we follow an ailing Gethin and Jan to the Switzerland clinic where he intends to end his life. But be braced, as it's an emotionally punishing and unflinching 50 minutes that may prove triggering. It's not exactly a surprise that it's ended up being scheduled after the watershed. **DB**

MUSIC

Alicia Keys at the BBC

8.20pm ***BBC2***

Catch up via iPlayer

Taylor Swift is an avowed fan. She's been a major influence on Adele. Oprah Winfrey is her "mother-sister-friend". With her soaring soulful voice and classical-meets-hip-hop sound, Alicia Keys is the respected reigning queen of R&B. Kicking off a triple bill of pop divas, this compilation from the past two decades finds Keys belting out anthems such as *Fallin'*, *Girl on Fire* and *Empire State of Mind*.

The Alicia Keys hour is followed at 9.20pm by another chance to see Rihanna's 2012 headline set in front of 50,000 fans in east London.

Finally at 10.15pm comes a mix tape of former teen star Britney Spears's TV performances. Revisit her highlights *One More Time*.

MICHAEL HOGAN

CLASS OF 2023 From far left: Angela Rippon, Layton Williams, Nigel Harman, Ellie Leach, Amanda Abbington, Les Dennis, Adam Thomas, Eddie Kadi, Angela Scanlon, Nikita Kanda, Krishnan Guru-Murthy, Annabel Croft, Jody Cundy, Zara McDermott and Bobby Brazier

DOCUMENTARY

The Russell Murders: Who Killed Lin and Megan?

9.00pm ***Sky Documentaries***
Catch up via Now

NEW SERIES

In July 1996, in a sleepy Kentish village, a mother and her two daughters were brutally attacked with a hammer while walking back from school. Lin and Megan died, while nine-year-old Josie suffered life-threatening head injuries that left her unable to speak for months.

In this thoroughly researched and engrossing three-part documentary, a mass of news footage reminds us of the horrific crime while neighbours, police officers, journalists, forensic investigators and doctors share their memories. The big question is why it took the police so long to find a suspect. **JANE RACKHAM**

DRAMA

Bali 2002

10.45pm ***ITV1*** *Catch up via ITVX*

"This is worse than anything you're thinking." So says Graham Ashton (Richard Roxburgh), the (real) police commander sent by the Australian authorities to investigate the October 2002 bombing of two Bali nightclubs. As this hard-hitting, deeply humane drama continues, the Australian medics on the scene are triaging furiously, working out which of the injured should get on the first military plane out of Indonesia.

Back in Oz, Rachel Griffiths joins the cast as burns expert Fiona Wood, tasked with helping those most badly hurt. While the wider implications of the terror attack are analysed, it's the stories of individual pain and loss that resonate the most. **JACK SEALE**

ALSO ON TODAY

27: Gone Too Soon

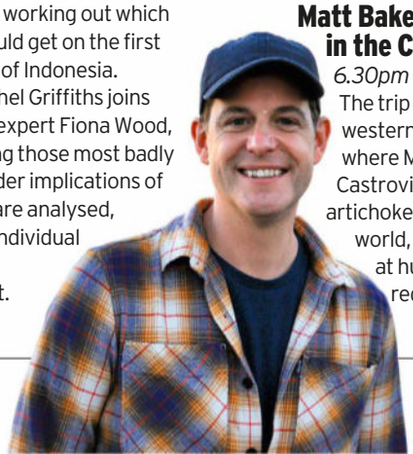
9.00pm ***Sky Arts***

Brian Jones, Jimi Hendrix, Janis Joplin, Jim Morrison, Kurt Cobain and Amy Winehouse all died at the shockingly young age of 27. Simon Napier-Bell's insubstantial documentary (first shown on Netflix) whips through their traumatic lives.

Matt Baker's Travels in the Country: USA

6.30pm ***C4***

The trip ends in western California, where Matt (left) visits Castroville, the artichoke capital of the world, and marvels at huge coastal redwood trees.



LIVE SPORT

Football: Premier League

Wolverhampton Wanderers v Liverpool
11am (k/o 12.30pm) ***TNT 1***

Defender Max Kilman (above) leads out Wolves as they look to stabilise after losing three of their first four league matches.

Newcastle United v Brentford
5pm (k/o 5.30pm) ***Sky Main Event/Premier League***

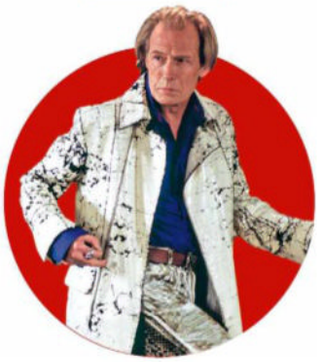
Three straight defeats have put pressure on Newcastle, while Brentford are unbeaten.

Golf: PGA Championship

8.30am ***Sky Main Event/Golf***

Coverage of the featured groups on day three at Wentworth.

FILM OF THE DAY



Love Actually ★★★ 15

9.45pm ***Channel 5***

Richard Curtis's heart-warming romcom follows the interconnected lives of a bunch of charismatic Brits, including Billy Mack (Bill Nighy), the cynical pop star whose desire for a chart hit has come at the expense of friendship and love. (2003)

FILM REVIEWS page 55

GETTY

SATURDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Naga Munchetty, Charlie Stayt. (S) (HD)

ⓘ BBC RED BUTTON 9.50–10.45am, 11.25am–2.15pm Invictus Games Live coverage of the final day from Düsseldorf

10.00 Saturday Kitchen Live Matt Tebbutt is joined by chefs Gemma Ogston and Richard Bainbridge, and guest Sara Pascoe. Olly Smith picks the drinks. (S) (HD)

11.30 The Great Food Guys Nick Nairn makes apple and bramble crumble with liqueur custard. (R) (S) (AD) (HD)

12 noon Football Focus With Alex Scott. (S) (HD)

ⓘ BBC SPORT ONLINE 12.15–2.30pm FA Cup Qualifier Tadcaster Albion v Chester, available at bbc.co.uk/sport

1.00pm BBC News Weather (S) (HD)

1.15 Bargain Hunt From King's Lynn. (R) (S) (AD) (HD)

2.00 Money for Nothing Experts transform and sell three things about to be dumped at a tip. (R) (S) (HD)

ⓘ BBC RED BUTTON 2.30–5.30 Final Score Kelly Somers presents the afternoon's football scores

3.00 Escape to the Country Helping a garlic specialist find a home in Shropshire. (Revised rpt) (S) (AD) (HD)

3.45–4.30 The Bidding Room Items include a wind-up toy monkey and polished samovars. (R) (S) (HD)

BBC2

6.15am Hey Duggee (R) (S) (HD) **6.30 Supertato** (R) (S) (AD) (HD) **6.35 Shaun the Sheep** (R) (S) (HD) **6.45 Dennis & Gnasher Unleashed!** (R) (S) (HD) **6.55 Boy Girl Dog Cat Mouse Cheese** (R) (S) (HD) **7.10 The Deep** (R) (S) (HD) **7.30 Pokémon: Sun and Moon: Ultra Legends** (R) (S) (HD) **7.50 Deadly 60** (R) (S) (HD) **8.20 Blue Peter** (R) (S) (HD) **8.50 Newsround** (S) (HD)

9.00 Gardeners' World Monty Don considers a revamp of his cottage garden. Shown yesterday (S) (HD)

10.00 Britain's Secret Seas Exploring marine life in the waters off Britain's eastern coastline. (R) (S) (AD) (HD)

11.00 Sort Your Life Out with Stacey Solomon A farming family declutter. Shown last Thu BBC1 (S) (AD) (HD)

12 noon Britain's Top Takeaways The fast-food competition takes on an Indian theme. (R) (S) (HD)

1.00pm Funny Face ★★★★ Musical comedy starring Audrey Hepburn and Fred Astaire. On iPlayer for 30 days. Director Stanley Donen (1957, U) (S) (W) (HD)

ⓘ BBC iPLAYER from 1.00pm Radio 2 in the Park Live coverage of the music festival held at Victoria Park in Leicester

2.40–4.30 The Band Wagon ★★★★★ Classic musical starring Fred Astaire. A Hollywood star agrees to take on the lead in a new Broadway show. On iPlayer for 30 days. **Review p55.** Director Vincente Minnelli (1953, U) (S) (HD)

ITV1

6.00am Love Your Garden Transforming two outdoor spaces in Nottingham. (R) (S) (AD) (HD)

6.30 Love Your Weekend with Alan Titchmarsh Alan is joined by singer Katherine Jenkins. (R) (S) (HD)

8.20 ITV News (S) (HD)

8.25 Oti Mabuse's Breakfast Show With guests Katie Melua and Vicky Pattison. Signed rpt Thu 5.05am (S) (HD)

9.25 James Martin's Saturday Morning With England Rugby World Cup winner Phil Vickery and chefs Tom Kerridge and Atul Kochhar. Rptd Sun 7.30am (S) (HD)

11.35 Jason Atherton's Dubai Dishes *7/10.* Recipes flavoured with tea and coffee. Rptd Sun 12.30pm (S) (AD) (HD)

12.40pm Ainsley's Good Mood Food *2/5.* Ainsley Harriott celebrates the world of vegetables. (S) (AD) (HD)

1.10 ITV News Weather; Regional Weather (S) (HD)

1.25–4.00 LIVE Racing For details see right. (S) (HD)

Channel 4

6.15am The King of Queens Triple bill. (R) (S) (AD) (HD)

7.30 Cheers Two episodes of the sitcom. (R) (S) (HD)

8.25 Everybody Loves Raymond (R) (S) (AD) (HD)

9.55 The Simpsons Homer becomes a flower child.
10.25 Grampa is in need of a kidney transplant.
10.55 Homer takes Flanders to Las Vegas. (R) (S) (AD)

11.25 The Call of the Wild ★★★ Adventure starring Harrison Ford. A domestic dog is forced to adapt to the wild. Available to stream for 7 days. **Review p55.** Director Chris Sanders (2020, PG) (S) (AD) (W) (HD)

1.20pm Jamie's £1 Wonders Jamie Oliver cooks a hearty chicken and vegetable pie. (R) (S) (AD) (HD)

2.25–3.25 A Place in the Sun A couple look for a new home in the Valencia countryside. (R) (S) (HD)

BBC1 1

Strictly Come Dancing Launch Show *6.35pm* Claudia and Tess welcome a new batch of celebrities

4.30pm Final Score

Kelly Somers presents the classified results.
Producer Chris Graham; Editor Helen Dapre (S) (HD)

5.30 BBC News Regional News; Weather (S) (HD)

5.50 Alan Carr's Picture Slam

RT ***New series. 1/8.*** The comedian hosts a new fast-paced quiz where three teams battle for the chance to win £10,000 by identifying a series of images against the clock, from famous faces and places to household objects. This week's competitors are friends Lou and Jude from Grimsby, cousins Sibtain and Umar from London and Nottingham, and pals Steph and Jo from Barry. **See page 48.**
Director Dave Skinner; Series producer Adeel Amini
Repeated Monday 11.40pm (S) (HD)

6.35 Strictly Come Dancing Launch Show

RT Tess Daly and Claudia Winkleman return to the ballroom to launch this year's competition, alongside judges Shirley Ballas, Craig Revel Horwood, Motsi Mabuse and Anton Du Beke. As they embark on their quest for glitterball glory, the 15 new celebrities are paired with their partners. The *Strictly* professionals take to the floor with three spectacular routines, including a group number with the class of 2023 as well as a performance featuring all four of the judges. Jessie Ware also sings one of her biggest hits and reigning champion Hamza Yassin dons his dancing shoes once more. **See page 48.**
Director Nikki Parsons; Series producer Nicola Fitzgerald
Signed repeat Thursday 2.15am BBC2 (S) (HD)
See feature: page 18

8.20 Casualty

RT **Too Much Too Young.** Donna must accept a painful realisation. Meanwhile, Stevie tries to help a friend in need. Writer Hilary Frankland (S) (AD) (HD)
9.10 Switzerland. Jan heads to Switzerland with Gethin, but is she making the right decision? **See p48.**

Donna Jackson	**Jaye Jacobs**	Ryan Firth	**Eddie-Joe Robinson**
Stevie Nash	**Elinor Lawless**	Rida Amaan	**Sarah Seggari**
Gethin West	**Robert Pugh**	Mia Barron	**Briana Shann**
Jan Jenning	**Di Botcher**	Tanya Hass	**Amanda Gordon**
Faith Cadogan	**Kirsty Mitchell**	Adina Baciu	**Fenella Norman**
Max Cristie	**Nigel Harman**	Kane Cowdry	**Ian Targett**
Jodie Whyte	**Anna Chell**	Amber Baptiste	**Mia Streeks**
Dylan Keogh	**William Beck**	Ashley Morgan	**Connor Curren**
Theodore "Teddy" Gowan	**Milo Clarke**	Justice Wicklaw	**Olwen Medi**
DS Hassler	**Suzanne Ahmet**	Maggie Baines	**Alex Murdoch**
Dr Marie Dumand	**Kate Duchene**	Stella Lawson	**Kate Williams**
Lina	**Augustina Seymour**	Jessy Grey	**Georgia Conlan**
Rashid Masum	**Neet Mohan**	Taxi driver	**Adrian Metcalfe**
Iain Dean	**Michael Stevenson**	Immigration officer	**Dorian Semencic**
Sah Brockner	**Arin Smethurst**		

Writer Michelle Lipton
Producer Sarah Beardsall; Director Coilin O Scolai (S) (AD) (HD)

10.00 BBC News Weather (S) (HD)

10.20 Match of the Day

Gary Lineker presents Premier League highlights, including Manchester United v Brighton & Hove Albion and West Ham United v Manchester City.
Producer Colm Harty; Editor Rich Hughes
Repeated tomorrow 7.35am (S) (HD)

11.45 The Hurt Locker ★★★★

Oscar-winning thriller. A US Army bomb-disposal team working out the last 38 days of their tour in Iraq are joined by Staff Sgt William James, whose unorthodox methods make him initially unpopular. Available on iPlayer for 30 days. **Review page 55.**

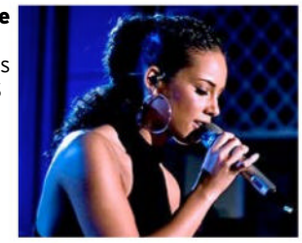
Staff Sgt William James	**Jeremy Renner**	Specialist Owen Eldridge	**Brian Geraghty**
Sgt JT Sanborn	**Anthony Mackie**	Col Reed	**David Morse**
Sgt Matt Thompson	**Guy Pearce**	Connie James	**Evangeline Lilly**
Contractor team leader	**Ralph Fiennes**	Col John Cambridge	**Christian Camargo**

Director Kathryn Bigelow (2008, 15) (S) (AD) (W) (HD)

1.50am Weather for the Week Ahead (S) (HD)
1.55–6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2 2



Alicia Keys at the BBC *8.20pm* This girl is on fire: songs that made the US singer's career a roaring success

4.30pm Our Wild Adventures

Asia. BBC's wildlife presenters and crew share some of their most memorable adventures across Asia, including George McGavin recalling the time he filmed a school classroom full of orphaned orangutans.
Director James Vale; Series producer Becky Pratt (R) (S) (HD)

5.30 Flog It!

Items valued in Aberystwyth include a pair of Wedgwood plates and a gold guinea. (R) (S) (HD)

6.15 Golf

Eilidh Barbour presents highlights of day three of one of the European Tour's most prestigious events – the PGA Championship from Wentworth in Surrey. Adverse weather conditions meant that just three of the scheduled four rounds were played last year, with Ireland's Shane Lowry taking the honours. (S) (HD)

7.20 Celebrity Antiques Road Trip

With £400 each, *Loose Women*'s Kéllé Bryan and Charlene White set out to find the most profitable antiques in Essex, helped respectively by dealer Ochuko Ojiri and auctioneer Catherine Southon.
Series producer Stuart Stanley Harrison
Executive producer John Redshaw (R) (S) (HD)

8.20 Alicia Keys at the BBC

RT From practising on a second-hand piano in New York's Hell's Kitchen aged seven right through to international fame and acclaim, Alicia Keys is one of the music industry's most respected stars. Tonight's selection of tracks by the Grammy-winning US singer/songwriter includes *Fallin'*, *No One*, *Girl on Fire* and *Empire State of Mind*. **See page 48.**
Producer Shelley Talton; Series producer Simon Goretzki (S) (HD)

9.20 Rihanna at Radio 1's Hackney Weekend

Fearne Cotton and Greg James introduce highlights from Rihanna's headlining performance at Radio 1's Hackney Weekend in 2012, where her set included *Only Girl in the World, Disturbia* and *Umbrella*. (R) (S) (HD)

10.15 Britney at the BBC

Recalling some of the most memorable songs performed by the American "Princess of Pop", from *Crazy* and *Overprotected* to *Toxic* and *Oops!... I Did It Again*. One of the most successful performers of the modern era, Spears burst onto the music scene as a teenager with her debut hit ...*Baby One More Time*, which reached number one in the UK in 1999.
Producer Shelley Talton; Series producer Simon Goretzki (R) (S) (HD)

10.50 Desperately Seeking Susan ★★★★

Screwball comedy thriller. Married and bored in New Jersey, Roberta happens upon a series of personal ads in the paper, through which lovers Susan and Jim communicate. When Roberta spies on the couple reuniting in a park in Manhattan, she discovers Susan is in trouble, and soon finds herself catapulted into a world of nightclubs, magic shows and murder. Available on iPlayer for 30 days. **Review page 55.**

Roberta Glass	**Rosanna Arquette**	Leslie Glass	**Laurie Metcalf**
Susan	**Madonna**	Crystal	**Anna Levine**
Dez	**Aidan Quinn**	Wayne Nolan	**Will Patton**
Gary Glass	**Mark Blum**	Ian	**Peter Maloney**
Jim	**Robert Joy**	Larry Stillman	**Steven Wright**

Director Susan Seidelman (1985, 15) (S) (W) (HD)

12.30am Greta ★★★ Thriller starring Chloë Grace Moretz and Isabelle Huppert. New York waitress Frances, still mourning the death of her mother a year ago, happens upon a lost handbag on the subway. When she returns it to its owner, a widow named Greta, the two form a connection. However, Frances soon begins to suspect that there's more to Greta than meets the eye. Available on iPlayer for 30 days. Director Neil Jordan (2018, 15) (S) (AD) (W) (HD)

2.05–3.05am Sign Zone: The Woman in the Wall *4/6* Lorna takes matters into her own hands and heads back to the convent. Shown last Sunday BBC1 (S) (AD) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1 3

Rugby World Cup
7.15pm Ireland's Conor Murray will be aiming to avoid an upset against the Sea Eagles

1.25pm Racing
Ed Chamberlin and Francesca Cumani introduce live coverage of the third day of the St Leger Festival from Doncaster, including the St Leger Stakes at **3.35**, plus other races at **1.50**, **2.25** and **3.00**, and action from the meeting at Chester. With analysis from Jason Weaver and Adele Mulrennan, and commentary by Mark Johnson.
Editor Richard Willoughby (S) (HD)

4.00 Rugby World Cup
RT **Wales v Portugal**
David Flatman hosts coverage of the Pool C match from the Stade de Nice (kick-off **4.45**).
Warren Gatland's Wales will be searching for a confidence-boosting win against the Portuguese ahead of their showdown with Australia, which will surely be a tougher test of their credentials.
With analysis from Sam Warburton, Philippa Tuttiett and Gareth Thomas, and commentary by Nick Mullins and Shane Williams. **See p48.**
Editor Phil Heslop (S) (HD)

7.00 ITV News
Weather; Regional News and Weather (S) (HD)

7.15 Rugby World Cup
RT **Ireland v Tonga**
Live coverage of the Pool B match from Stade de la Beaujoire in Nantes (kick-off **8.00**).
With matches against Scotland and defending world champions South Africa still to come, Andy Farrell's Ireland will be eager to claim victory tonight against a side who have never reached the knockout stage in their history. Their last meeting in this competition was in 1987, when Ireland won with a comfortable 32–9 scoreline.
Mark Pougatch presents, with commentary from Miles Harrison and Gordon D'Arcy. **See p48.**
Editor Guney Gok (S) (HD)

10.25 ITV News
Weather; Regional Weather (S) (HD)

10.45 Bali 2002
RT *2/4.* **From the Ashes.** A team of Australian police officers are sent to Bali to work with their Indonesian counterparts, and it becomes clear that the explosions were an act of terrorism. The whole series is available on ITVX. **See p49.**

Polly	**Claudia Jessie**	Hanabeth Luke	**Saskia Archer**
Fiona Wood	**Rachel Griffiths**	Dr Vij Vijayasekaran	**Arka Das**
Graham Ashton	**Richard Roxburgh**	Jono	**William Lodder**
Jason McCartney	**Sean Keenan**	Dr Harry	**Anthony Brandon Wong**
General Made Pastika	**Srisacd Sacdpraseuth**	Robert Daniels	**Rob Carlton**
		Lydia	**Melissa Bonne**
Ni Luh Erniati	**Sri Ayu Jati Kartika**	Rosemary Miller	**Hannah Waterman**
Nicole McLean	**Elizabeth Cullen**	Putu Badrawan	**Damai O'Sullivan**
Natalie Goold	**Sophia Forrest**	James	**Tom Golding**

First shown on ITVX Repeated 3am (S) (AD) (HD)

11.50 Olivia Attwood: Getting Filthy Rich
1/4 Series 1. The reality star explores the world of selling sex online, beginning with the OnlyFans subscription site. A box set is available on ITVX.
Series producer Demi Doyle; Series director Paula Haydock
First shown on ITV2 (S) (HD)
Olivia Attwood vs the Trolls tomorrow 10pm ITV2

12.50am EFL Highlights The latest action from all three divisions, including Southampton v Leicester City. Shown 11pm ITV4 Repeated tomorrow 12.10am (S) (HD)
2.00 Starstruck *4/8 Series 2.* Soundalike superfans are transformed into their music idols. (R) (S) (HD)
3.00 Bali 2002 *2/4.* The survivors are evacuated. **See choice, page 49.** Shown 10.45pm (S) (SL) (AD) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05–6.00am James Martin's Spanish Adventure In Castilla-La Mancha. Shown last Thursday (S) (SL) (AD) (HD)

ITV1 **Freeview** 3/HD 103 **Freesat** 103 **Sky** 103 **Virgin** 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 303

Channel 4 4 / 7 in Wales

Matt Baker's Travels in the Country: USA
6.30pm Matt visits artichoke farms in western California

3.25pm Four in a Bed
B&B and hotel owners from South Yorkshire, Herefordshire, Gloucestershire and the West Midlands take part in today's competition.
Director/Producer Suneil Sahota (R) (S) (HD)

6.00 Channel 4 News Sport; Weather (S) (HD)

6.30 Matt Baker's Travels in the Country: USA
6/6. Matt's American adventure concludes in western California as he discovers the unique conditions that make the town of Castroville the artichoke capital of the world. Heading north to the Salinas Valley, he stops off at the last family dairy farm on the west coast still producing Monterey Jack cheese. Taking to the water, Matt encounters a pod of grey whales, before he pays a visit to the tallest living things on the planet: coastal redwood trees, which can reach a height of 380 feet.
Producer Hannah Boothman; Series producer Dominic Carveley
First shown on More4 (S) (AD) (HD)
RT travel supplement: centre pages

7.30 Formula One: Singapore Grand Prix Qualifying – Highlights
Action from the battle for pole in the 16th round of the campaign, which came from Marina Bay Street Circuit in Singapore. Charles Leclerc qualified fastest here last year, with Sergio Perez of Red Bull joining him at the front of the grid, and they also finished the race as the top two, albeit in the opposite order. Steve Jones presents, with analysis from David Coulthard, Mark Webber and Lawrence Barretto. Race highlights tomorrow 5.30pm. (S) (HD)

9.00 Dispatches
Investigative series covering issues in British society, politics, international current affairs, health, religion and the environment.
Rptd Sunday 10.50pm and Monday 9pm 4seven (S) (AD) (HD)

10.35 Olympus Has Fallen ★★★
Action thriller. A disgraced former bodyguard to the President of the United States suddenly gets a chance to redeem himself when he becomes trapped inside the White House following a devastating terrorist attack. English, Korean +subtitles. **Review p55.**

Mike Banning	**Gerard Butler**	Forbes	**Dylan McDermott**
President Benjamin Asher	**Aaron Eckhart**	Margaret Asher	**Ashley Judd**
		Kang	**Rick Yune**
Speaker Trumbull	**Morgan Freeman**	General Edward Clegg	**Robert Forster**
Lynn Jacobs	**Angela Bassett**	Roma	**Cole Hauser**
Secretary of Defense Ruth McMillan	**Melissa Leo**	Leah Banning	**Radha Mitchell**
		Connor	**Finley Jacobsen**

Director Antoine Fuqua (2013, 15) (S) (AD) (W) (HD)
Also showing Wednesday 9pm 4seven

12.50am Proxima ★★★ Drama. When astronaut Sarah is chosen to take part in a year-long mission aboard the International Space Station, she struggles to cope with the emotional ordeal of the sacrifices she is forced to make, which include having to be parted from her eight-year-old daughter. Available to stream for 60 days.

Sarah Loreau	**Eva Green**	Thomas Akerman	**Lars Eidinger**
Mike Shannon	**Matt Dillon**	Wendy Hauer	**Sandra Hüller**
Stella Akerman Loreau	**Zélie Boulant**	Anton Ocheivsky	**Aleksey Fateev**

Director Alice Winocour (2019, 12) (S) (W) (HD)
2.35 Jamie's Comfort Food Bites Jamie Oliver demonstrates how to make a marshmallow pavlova.
2.45 Jamie makes a lobster macaroni and cheese.
2.50 Spaghetti vongole with a pink twist. (R) (S) (HD)
3.00 Food Unwrapped Jimmy Doherty determines whether brioche is bread or cake. (R) (S) (AD) (HD)
3.25 Hollyoaks Omnibus. Cast Tue/Fri (S) (SL) (AD) (HD)
5.25–6.15am Undercover Boss USA The chairman of a Native American entertainment empire. (R) (S) (HD)

Channel 4 **Freeview** 4/HD 104 **Freesat** 104 **Sky** 104 **Virgin** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 304

BBC4 9 / 24 in Scotland

Gold Run
9.00pm National treasure: Jon Oigarden and Ida Elise Broch star in the thriller

7.00pm Lost Land of the Volcano
3/3. Steve Backshall leads a team exploring the crater of a giant extinct volcano covered in thick jungle, which could be home to spectacular undiscovered creatures. George McGavin travels east to an erupting volcano and discovers a rare bird that depends on hot ash for its survival. George's survival, however, depends on a rapid retreat, as giant boulders smash into camp.
Director Jonny Keeling; Series producer Steve Greenwood Rptd tomorrow 2.20am (R) (S) (AD) (HD)

8.00 Ray Mears's Northern Wilderness
4/6. **In Arctic Footsteps.** In celebration of one of Earth's last great wildernesses, Ray takes an epic adventure into Canada's unforgiving yet inspiring landscape, following in the footsteps of an unsung British hero who helped put modern Canada on the map. John Rae, from Scotland, was the first great Arctic explorer and came to be regarded as the foremost authority on first nation methods of Arctic survival and travel. Ray charts how Rae found the Northwest Passage.
Series producer Ben Southwell; Executive producer Pete Lawrence Repeated 2.15am (R) (S) (AD) (HD)

9.00 Gold Run ★★★
P Second World War thriller based on a true story, starring Jon Oigarden. April, 1940: with German invasion imminent, mild-mannered Norwegian government minister Fredrik Haslund is given the task of spiriting away his country's gold reserves for safekeeping. He assembles a crack team to get the stash past the Nazis and over to England – but the clock is ticking. Norwegian +subtitles. Available on iPlayer. **Review page 55.**

Fredrik Haslund	**Jon Oigarden**
Oscar Torp	**Thorbjørn Harr**
Major Otto Stoltmann	**Anatole Taubman**
Ingvar Berge	**Axel Bøyum**
Andreas Lund	**Gard B Eidsvold**
Haakon Lie	**Lars Berge**
Nini Hastlund Gleditsch	**Ida Elise Broch**
Odd Henry	**Sven Nordin**

Director Hallvard Braein (2022) (W) (HD)

10.55 Parkinson
In an interview first broadcast in 1999, Paul McCartney talks to Michael about his diverse career, the madness of Beatlemania, his solo successes and life after the death of his wife Linda.
Director Stuart McDonald; Executive producer Beatrice Ballard Repeated Tuesday 12.15am (R) (S)

12 midnight Parkinson: the Les Dawson Interviews Three memorable chats. (R) (S)
12.45am Yes Minister *6/7 Series 1.* **The Right to Know.** Hacker is furious that he has been kept in the dark. Shown last Tue (S)
1.15 The Thick of It *6/8 Series 3.* Malcolm Tucker minds the shop while the Prime Minister is in Spain. Shown last Tue (S) (AD) (HD)
1.45 Some Mothers Do 'Ave 'Em *7/7 Series 1.* **The Employment Exchange.** Frank looks for work. Shown last Tuesday (S)
2.15–3.15am Ray Mears's Northern Wilderness Shown 8pm (S) (AD) (HD)

BBC4 **F'view** 9/HD 106 **F'sat** 108 **Sky** 116 **Virgin** 108

BBC1 SCOTLAND
4.30–5.30pm Sportscene Results **11.45** Sportscene: Premiership Highlights: including St Johnstone v Rangers and Celtic v Dundee **1.15am** Weather for the Week Ahead **1.20–6.00** BBC News

BBC SCOTLAND
7.00pm The Seven **7.15** The Edit **7.30** Sportscene: Premiership Highlights **9.00** This Farming Life: the MacDonalds move their pregnant cattle to the tidal island of Vallay **10.00** Scot Squad: the Chief is keen to make amends for a slip of the tongue **10.30** Rab C Nesbitt: Rab appears on a chat show **11.00** Music Vault **11.45–12 midnight** Short Stuff

STV
3.50–5.05am Night Vision

BBC1 WALES
3.00pm Weatherman Walking: a picturesque circular route in Snowdonia **3.30** Pizza Boys: World Cup Adventure: the boys do some deep-sea fishing in Nice **4.00–4.30** The Lottery Millionaire and the Spirit of Belfast: Our Lives: the bus driver who won more than £10 million on the National Lottery in 1996

BBC2 NORTHERN IRELAND
4.30pm Beechgrove Garden: George Anderson tackles some pruning **5.00** Gardeners' World: Monty Don considers a revamp of his Cottage Garden **6.00–6.15** Gardening Together with Diarmuid Gavin: the horticultural designer sows wildflowers as a gift for his mother

Channel 5 listings are overleaf

SATURDAY Freeview

Channel 5 [5]

Love Actually *9.45pm* Hugh Grant and Martine McCutcheon star

5.35am Milkshake! See page 54
9.55 The Smurfs Vanity wants to design a new outfit for the Smurfs. (R) (S) (HD)
10.05 SpongeBob SquarePants Sandy wants to study SpongeBob and Patrick's behaviour. (R) (S) (HD)
10.20 Entertainment News (S) (HD)
10.30 Friends *Series 6.* Joey and Phoebe endure a cross-country adventure.
11.00 Joey is upset by Chandler's decision to move out and live with Monica.
11.30 Monica and Chandler fall out.
11.55 Ross tries teaching. (R) (S) (AD) (HD)
12.30pm Rise of the Planet of the Apes ★★★★ Sci-fi action adventure with James Franco. Scientist Will Rodman's programme of drug experiments to cure Alzheimer's creates a chimpanzee with remarkable intelligence. **Review page 55.**
Director Rupert Wyatt (2011, 12) (S) (W) (HD)
2.35 Dante's Peak ★★★ Disaster action adventure starring Pierce Brosnan. An expert on volcanos is sent to investigate seismic activity at Dante's Peak. When two bodies are found in a hot spring, local businessmen try to minimise the damage to the tourist industry, whatever the cost.
Director Roger Donaldson (1997, 12) (S) (W) (HD)
4.50 5 News (S) (HD)

4.55pm Pearl Harbor ★★

Second World War romantic drama. Offered the chance to fly with the RAF, Rafe McCawley leaves his home in the USA behind. When news reaches his friend, Danny, and sweetheart, Evelyn, that Rafe is missing presumed dead, the two embark on an affair. But their romance is soon disrupted. **Review p55.**

Rafe McCawley	**Ben Affleck**
Danny Walker	**Josh Hartnett**
Evelyn Johnson	**Kate Beckinsale**
Doris "Dorie" Miller	**Cuba Gooding Jr**
Earl Sistern	**Tom Sizemore**

Director Michael Bay (2001, 12) (S) (W) (HD)

8.20 Osborne House: a Royal Retreat

Behind the scenes of the royal residence on the Isle of Wight, which was where Queen Victoria and Prince Albert went to escape the pressures of royal life – and where Victoria finally passed away.
Director Rebecca Whyte (S) (HD)

9.45 Love Actually ★★★

Ensemble romantic comedy. In London, during the lead-up to Christmas, people from various walks of life – among them the British Prime Minister – suffer the highs and lows of being in love. **Film of the Day page 55.**

Harry	**Alan Rickman**
Billy Mack	**Bill Nighy**
David, the Prime Minister	**Hugh Grant**
Jamie	**Colin Firth**
Karen	**Emma Thompson**
Natalie	**Martine McCutcheon**
Sarah	**Laura Linney**

Director Richard Curtis (2003, 15) (S) (W) (HD)
Also showing Wednesday 11.05pm

12.30am Friends (R) (S) (AD) (HD) **1.35** Casino (S) (HD) **3.35** Get Your Tatts Out: Kavos Ink (R) (S) (SL) (HD) **4.20** Nick's Quest (R) (S) (SL) (HD) **5.10** House Doctor (R) (S) (SL) **5.30–5.35am** Entertainment News (S) (HD)

C5 **Freeview** 5/HD 105 **Freesat** 105 **Sky** 105 **Virgin** 105
+1 **Freeview** 38 **Freesat** 128 **Sky** 205 **Virgin** 305

BBC4 listings are overleaf

BBC3 [23]

Athletics *8.00pm* The USA's Sha'Carri Richardson competes in Oregon

7.00pm EastEnders
Lily struggles with motherhood, and Kat is furious about being kept in the dark.
Shown last Monday BBC1 (S) (AD) (HD)
7.30 Chelsea faces a major life change.
Shown last Tue BBC1 Cast Wed/Thu BBC1 (S) (AD) (HD)

8.00 LIVE Athletics

The Prefontaine Classic, coverage of day one of the 14th and final meeting of the Diamond League season from Eugene, Oregon, held at Hayward Field. More coverage tomorrow from 8pm. (S) (HD)

10.30 Two Pints of Lager and a Packet of Crisps

2/8 Series 4. Jonny finds a new girlfriend, and a book has a profound effect on Louise.
11.00 *3/8.* Jonny ruins his first date with Kate by trying to be too manly.
11.30 *4/8.* Janet and Gaz grow closer than intended and Louise applies for a new job. A box set is on iPlayer (S) (AD) (HD)
12 midnight Starstruck: *1/6.* Years after their break-up, Jessie and Tom come face to face unexpectedly at Kate's wedding. Comedy starring Rose Matafeo and Nikesh Patel.
12.20am *2/6.* Tom's engagement party with new partner Clem puts pressure on Kate.
12.45 *3/6.* Jessie and Tom reconnect.
1.05 *4/6.* Jessie and her friends enjoy a weekend away in the countryside.
1.30 *5/6.* Tom reveals a secret he's been keeping from Clem. Ian tries to make amends.
1.55 *6/6.* Kate goes into labour. A box set is available on iPlayer (S) (AD) (HD)
2.20–3.50am Two Pints of Lager and a Packet of Crisps (S) (AD) (HD)

BBC3 **F'view** 23/**HD** 107 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 115 (117 Wales; 121 Scotland) **Virgin** 107 (157 Scotland/Wales)

ITV2 [6]

5.00am CITV (HD) **9.00** Totally Bonkers Guinness World Records (S) (HD) **9.20** Love Bites (S) (SL) (AD) (HD) **11.15 FILM** Over the Hedge ★★★ Animated comedy adventure with the voice of Bruce Willis (S) (AD) (W) (HD)
12.55pm FILM Dr Seuss' Horton Hears a Who! ★★★★ Animated adventure based on the popular children's book, featuring the voice of Jim Carrey (S) (W) (HD) **2.40 FILM** The Flintstones in Viva Rock Vegas ★★★ Comedy prequel starring Mark Addy (S) (AD) (W) (HD) **4.25 FILM** Matilda ★★★★ Comic fantasy based on the book by Roald Dahl, starring Mara Wilson (S) (AD) (W) (HD)
6.25pm FILM Shazam! ★★★★ Fantasy action adventure starring Zachary Levi, Mark Strong and Asher Angel. Teenager Billy Batson is suddenly granted the ability to transform into a powerful superhero with the body of an adult. Unfortunately, a bitter and obsessive villain seeks to take Billy's abilities for himself… (S) (AD) (W) (HD)
9.00 FILM Bridesmaids ★★★★★ Comedy starring Kristen Wiig and Rose Byrne. After Lillian announces her engagement, she asks her lifelong pal Annie to be her maid of honour. However, Annie's life is in a mess, and she finds herself losing control over the bachelorette party to Lillian's seemingly perfect new friend Helen. (S) (AD) (W) (HD)
11.25 Family Guy *Series 16.* Peter gets fired from the brewery. (S) (AD) (HD)
11.55 *Series 11.* The Griffins move to a farm after they are robbed. (S) (AD) (HD)
12.25am American Dad! (S) (AD) (HD) **1.20** Plebs (S) (AD) (HD) **2.25** The Sex Lives of College Girls (S) (SL) (HD) **2.55–3.00am** Unwind (S) (HD)

ITV2 **Freeview** 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 **Freeview** 29 **Freesat** 114 **Sky** 218 **Virgin** 315

ITV3 [10]

Midsomer Murders *9.00pm* Mitch (Neil Morrissey) becomes a prime suspect

6.00am On the Buses (S) (SL) **6.40** Agatha Christie's Poirot: *Dumb Witness.* A murder ruins Poirot's holiday (S) (SL) (AD) (HD) **8.50** Endeavour *3/4 Series 2 Sway.* Oxford falls under a thick fog as a multiple murderer haunts the city, strangling a series of women; **10.50** *4/4 Series 2 Neverland.* As 1966 draws to a close, a journalist's body found in strange circumstances threatens to expose unspeakable horrors from the past (S) (AD) (HD)
12.55pm Agatha Christie's Poirot: *The Kidnapped Prime Minister.* The Belgian sleuth is called in when the British prime minister and his secretary are kidnapped (S) (AD) (HD)
2.00 LIVE Extreme E: coverage of race one of the Island X-Prix II, which comes from Sardinia (S) (HD) **4.00** Coronation Street: a double bill of the soap's most memorable storylines and weddings (S) (AD) (HD)

5.00pm Midsomer Murders

Series 19. **The Village That Rose from the Dead.** The 2016 Christmas special. A man is murdered ahead of the reopening of a village that has stood abandoned since the Second World War.
7.00 *Series 18.* **Harvest of Souls.** When the owner of an equestrian centre is trampled by his horse, DCI Barnaby and DS Nelson must unravel a feud from the past, where nothing is as it seems.
9.00 *Series 19.* **Crime and Punishment** Angus, a member of the Bleakridge Watch, a group of villagers who walk the streets reporting anyone who falls foul of the law, is found dead in his meat freezer. Frances Barber guest-stars. (S) (AD) (HD)

11.00 Lewis

1/4 Series 2. **And the Moonbeams Kiss the Sea.** When a maintenance engineer is found dead, Lewis and Hathaway investigate a link between the murder and an intruder at a local professor's home earlier in the night. (S) (AD) (HD)
1.00am Scott and Bailey: *6/8 Series 3.* The detectives are sent to investigate the death of a man in a nursing home (S) (SL) (AD) (HD)
2.05–2.30am Unwind (S) (HD)

ITV3 **Freeview** 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 **F'view** 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 317

ITV4 [26]

6.00am Made in Britain (S) (SL) (AD) (HD)
6.30 World Superbike Highlights (S) (HD)
7.30 NFL: America's Game (S) (HD) **8.25** The NFL Show (S) (HD) **9.30** ***New.*** Racing: the Opening Show: a preview of the St Leger (S) (HD) **10.30** The Big Match Revisited (S) (HD)
11.30 The Best of Saint & Greavsie (S) (HD)
12.30pm Unforgettable World Cups (S) (AD) (HD) **1.30 LIVE** Rugby World Cup: Samoa v Chile, the Pool D encounter at Stade de Bordeaux (kick-off **2.00**) **See p48** (S) (HD)
4.00 Dramatic Finishes (S) (HD) **4.10** River Monsters (S) (HD) **4.40** Monster Carp (S) (HD)
5.45pm LIVE Darts Jacqui Oatley presents coverage of day two of the World Series from AFAS Live in Amsterdam, featuring eight second-round matches. (S) (HD)
10.00 River Monsters In Indonesia, several local fishermen have been killed by a sea creature that impales its victims. (S) (HD)
11.00 ***New.*** **EFL Highlights** Including action from Southampton v Leicester City, Watford v Birmingham City and Huddersfield Town v Rotherham United. Repeated 12.50am ITV1 (S) (HD)
12.35am FILM Predators ★★★ Sci-fi action thriller (S) (AD) (W) (HD) **2.40–3.00am** Unwind (S) (HD)

ITV4 **Freeview** 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 **Freesat** 118 **Sky** 220 **Virgin** 318

Drama [20]

Case Histories *9.00pm* Jackson helps a young woman find her parents

7.25am Birds of a Feather: *3/13 Series 3* Sharon starts to feel broody (S) **7.55** Howards' Way: *1/13 Series 3.* The arrival of Sir Edward Frere surprises Sir John; **9.05** *2/13.* Frere rejects Sir Edward's offer **10.15** When the Boat Comes In: *6/13 Series 2.* Tom helps a rich lady find her father; **11.25** *7/13* Sir Horatio Manners calls in a favour from Jack; **12.35pm** *8/13.* Bill sets up shop in Gallowshields **1.45** Jonathan Creek: *3/6 Series 2.* A priceless painting vanishes without trace; **2.55** *4/6.* Adam Klaus's sister Kitty witnesses a murder (S) (AD) **4.00** Sherlock: *3/3 Series 4.* Long-buried secrets finally catch up with Sherlock and John Watson as they face their greatest ever challenge when an old enemy returns from the dead (S) (AD) (HD)

6.00pm The Brokenwood Mysteries

4/4 Series 4. **As If Nothing Had Happened** An ex-finance boss responsible for the loss of many elderly people's life savings is found floating in a swimming pool with a samurai sword in his back. (S) (AD) (HD)

8.00 Father Brown

6/15 Series 3. **The Upcott Fraternity** The apparent suicide of a troubled student leads Father Brown to believe a murderer is at work, and he tries to persuade Sid to go under cover in an attempt to flush out the killer. (S) (AD) (HD)

9.00 Case Histories

1/3 Series 2. **Started Early, Took My Dog** Jackson helps a young woman find her parents, and in doing so unearths a shocking discovery that takes him into the heart of a 35-year-old crime. (HD)

11.00 Whitechapel

1/3 Series 1. Dark thriller starring Rupert Penry-Jones as a detective hunting a modern-day serial killer mirroring the crimes of Jack the Ripper. (S) (AD)
12 midnight *2/3.* As the hunt for the killer intensifies, the police investigation takes a series of wrong turns. (S) (AD)
1.00–4.00am The Brokenwood Mysteries *1/4 Series 2.* A rugby coach's body is found stripped naked and tied to a goal post (HD)

Drama **Freeview** 20 **Freesat** 158 **Sky** 143 **Virgin** 116
+1 **Freeview** 60 **Sky** 243 **Virgin** 316

ITVBe [28]

7.00am The Real Housewives of Atlanta (S) (HD) **8.00** Making It Home with Kortney and Kenny (S) (HD) **9.00** LittleBe (HD)
12 noon Making It Home with Kortney and Kenny (S) (HD) **1.00pm** The Only Way Is Essex (S) (HD) **2.00** The Real Housewives of Cheshire (S) (HD) **5.00** Dinner Date (S) (HD)
6.00pm Dinner Date A man from Wimbledon takes part in the dating show. (S) (HD)
7.00 Celebrity Dinner Date Reality TV star, influencer and model Georgia Steele is given five menus. (S) (AD) (HD)
8.00 TV personality and barber Dale Mehmet chooses three blind dates based on the menus they have prepared. (S) (AD) (HD)
9.00 Botched Dr Dubrow and Dr Nassif look back at patients who left them speechless, including a woman with three breasts. (S) (HD)
10.00 The Weekender: Boat Party Charlotte and Jordan take their relationship to the next level. (S) (HD)
11.00 David is determined to bring a bit of romance to the guests. (S) (HD)
12 midnight–1.00am Million Dollar Matchmaker: Courtney Stodden becomes Patti's youngest client, but her date does not go as planned (S) (HD)

ITVBe **Freeview** 28 **Freesat** 119 **Sky** 131 (132 Scotland) **Virgin** 119 **+1** **Virgin** 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

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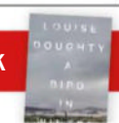
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More4 18

Bettany Hughes's Treasures of the World *7.55pm* Greece's artefacts

8.55am Supermarkets Unwrapped: the Freezer Aisle (AD) **9.30** A Place in the Sun
12.30pm Four in a Bed **3.05** Location, Location, Location **4.15** Come Dine with Me
6.55pm Remarkable Places to Eat *6/6 Series 4.* Fred Sirieix and Thomasina Miers explore south Wales, including a visit to a Cardiff restaurant inspired by Spanish grill houses where everything is cooked over fire. (AD)
7.55 Bettany Hughes's Treasures of the World *1/5.* Bettany explores Athens, the pinnacle of Ancient Greek civilisation, before admiring further riches in Nafplio, Sparta and Olimpia. She also examines fresh archaeological finds at Alexander the Great's birthplace in Aegae and at Epidaurus. (AD)
9.00 24 Hours in A&E An actor receives worrying news while visiting St George's Hospital with a suspected broken shoulder, and two pensioners arrive in A&E after being knocked over by a motorcyclist. (AD)
10.00 Pub landlord Tony has badly burnt legs, while builder Bill was knocked unconscious after falling from his shed. (AD)
11.05 Eight out of Ten Cats Does Countdown Sean Lock and Liza Tarbuck take on Sarah Millican and Romesh Ranganathan.
12.10am Christmas special from 2015 with Johnny Vegas and Sean Lock taking on Jon Richardson and Katherine Ryan.
1.15 24 Hours in A&E: double bill (AD)
3.25–3.50am A Place in the Sun: Tamsin looks for a dream holiday home on the island of Crete

More4 **F'view** 18 **F'sat** 124 **Sky** 136 (137 Scotland) **Virgin** 147 **+1** **Freesat** 125 **Sky** 236 (237 Scot) **Virgin** 347

E4 13

6.00am Don't Tell the Bride **7.55** Lego Masters New Zealand (SL) (AD) **8.55 FILM** Diary of a Wimpy Kid: the Long Haul ★★ Comedy sequel starring Jason Drucker (AD)
10.45 Ramsay's Hotel Hell (AD)
12.50pm Modern Family **3.20** Young Sheldon (AD) **4.20** The Big Bang Theory (AD)
5.50pm The Big Bang Theory *6/24 Series 7.* Penny tries to be more romantic.
6.20 *7/24.* Sheldon is hurt when Professor Proton contacts Leonard for help. (AD)
6.45 FILM Bumblebee ★★★ Sci-fi action adventure starring Hailee Steinfeld and John Cena. A troubled teen discovers that her beaten-up Volkswagen Beetle is really a robot in disguise. Together they must protect the Earth from the evil Decepticons while fleeing government agents. (AD)
9.00 Celebrity Gogglebox *Countdown, Big Brother: Best Shows Ever, Scarface, Us* and *First Dates* are appraised. From June 2020. (AD)
10.00 Gogglebox A compilation of the best moments of series 21, with opinions of *Starstruck, Challenge Anneka* and *The Piano.* (AD)
11.05 Including appraisals of *The Masked Dancer, Nadiya's Everyday Baking, Bad Sisters* and *Married at First Sight UK*. (AD)
12.05am First Dates (SL) (AD) **2.15** Celebrity Gogglebox (SL) (AD) **3.10** Below Deck Sailing Yacht (AD) **4.00–6.00am** Ramsay's Hotel Hell (AD)

E4 **Freeview** 13 **Freesat** 122 **Sky** 135 (136 Scot) **Virgin** 106 **+1** **Freeview** 30 **Freesat** 123 **Sky** 235 (236 Scot) **Virgin** 306 **E4 Extra** **F'view** 31 **F'sat** 181 **Sky** 138 (139 Scot) **Virgin** 287

Really 17

6.00am Fantasy Homes by the Sea (AD) **7.00** Home Shopping **8.00** Antiques Road Trip **10.00** Dr Pimple Popper **1.00pm** A Place in the Sun: Home or Away **3.00** The Yorkshire Auction House **4.00** Helicopter ER **7.00** Say Yes to the Dress with Tan France **8.00** Paramedics on Scene **9.00** ***New.*** The Dead Files **10.00** ***New.*** Death Walker with Nick Groff **11.00** Paranormal: Caught on Camera
12 midnight Celebrity Help! My House Is Haunted **1.00am** Ghost Adventures (AD) **2.00** Shopping **4.00–6.00am** Animal Cops Detroit (AD)

Really **Freeview** 17 **Freesat** 160 **Sky** 142 **Virgin** 128

Sky Arts 11

27: Gone Too Soon *9.00pm* Amy Winehouse is among those featured

6.00am La Wally **8.30** Tales of the Unexpected **11.00** Alfred Hitchcock Presents
1.00pm FILM The Scarlet Claw ★★★★ Mystery starring Basil Rathbone as Sherlock Holmes and Nigel Bruce as Dr Watson, who are called in to investigate a series of murders in a Canadian village (BW) (W)
2.25 I Am Jackie O (AD) **4.00** Classic Movies: the Story of Brighton Rock **5.00** Discovering: Leonardo DiCaprio: a profile
6.00pm The Music of Buddy Holly and the Crickets Paul Gambaccini narrates a documentary celebrating the life of the Texan singer/songwriter, who began his career opening for Elvis Presley. (AD)
8.00 Classic Albums The story behind Nirvana's most famous album *Nevermind*, released in 1991, which catapulted them to fame and was the pinnacle of the grunge movement. Features contributions by Krist Novoselic, Dave Grohl and Butch Vig. (AD)
9.00 ***New.*** **27: Gone Too Soon** A look the circumstances surrounding the deaths at 27 of Jimi Hendrix, Jim Morrison, Brian Jones, Janis Joplin, Kurt Cobain and Amy Winehouse.
10.35 The Doors: When You're Strange Johnny Depp narrates a documentary charting the story of the American rock band. (AD)
12.15am Discovering: Janis Joplin **12.45** Jeff Beck: Live at the Hollywood Bowl **2.45** Isle of Wight Festival 2022 **4.10** Classic Albums: Suede's 1996 *Coming Up* **5.10** Discovering: the Monkees
5.35–6.00am Discovering: Peter Gabriel

Sky Arts **Freeview** 11 **Freesat** 147 **Sky** 130 (131 Scotland) **Virgin** 140/**HD** 123 **BT** 350/**HD** 365

4seven 49

9.00am Four in a Bed **11.30** Come Dine with Me: dinner parties in Essex (AD)
2.00pm Couples Come Dine with Me **4.00** A Place in the Sun: double bill
6.00pm A Place in the Sun Ben Hillman helps a semi-retired NHS worker from Manchester buy a holiday home on Crete.
7.00 Lee Juggurnauth goes house hunting in the town of Pinar de Campoverde in Spain.
8.00 Location, Location, Location Kirstie and Phil revisit two couples who were house-hunting in Birmingham and Derby.
9.00 Grand Designs Kevin McCloud meets Spanish architect Jaime and his wife Mimi, who hope to convert a Grade II-listed folly in Buckinghamshire into a family home. (AD)
10.00 Selling Super Houses *3/6.* PK piles more pressure on the hopefuls when he announces the next task is to produce a video tour and a presentation for two super-prime houses. Shown last Tuesday C4 (AD)
11.05 24 Hours in A&E Bipin, who is 75, is brought to St George's suffering a stroke. Doctors find a blood clot on his brain and urgently treat him with medication. (AD)
12.10am Gogglebox (AD) **2.20** The Secret World of Chocolate (AD) **3.25** Kirstie and Phil's Love It or List It (AD) **4.20–4.50am** Gogglebox (AD)

4seven **F'view** 49 **F'sat** 127 **Sky** 137 (138 Scot) **Virgin** 143

Quest 12

6.00am Massive Engineering Mistakes **7.00** Mega Shippers **8.00** Chasing Classic Cars **9.00** Wheeler Dealers **2.00pm** The Repair Shop **3.00** Love Your Garden **5.00** Salvage Hunters **6.00pm** Wheeler Dealers **7.00** ***New.*** Vuelta a España: highlights of stage 20, from Manzanares el Real to Guadarrama **8.00** Who Do You Think You Are?: actress Lisa Hammond traces her roots **9.00** The Repair Shop: a set of grocer's scales, a leather keepsake bag and an ornamental table **10.00** The Hotel Inspector **11.00 FILM** Payback ★★★ Action crime thriller starring Mel Gibson (W)
1.30am Border Control Sweden **2.30** Supertruckers **3.30–5.00am** How It's Made

Quest **Freeview** 12 **Freesat** 172/**HD** 167 **Sky** 144 **Virgin** 137 **+1** **Freeview** 70 **Freesat** 168 **Sky** 244 **Virgin** 337

Yesterday 27

Great Continental Railway Journeys *4.00pm* Michael Portillo is in Italy

6.10am Sounds of the Sixties **7.15** Warbird Workshop **8.00** Bangers and Cash
1.00pm Inside the Factory: triple bill
4.00 Great Continental Railway Journeys
6.00pm Great Continental Railway Journeys In a quest to find the essence of Germany, Michael Portillo discovers how Hansel and Gretel helped unify a nation.
7.00 Travelling from Barcelona to Majorca, Michael Portillo traces the early roots of the Spanish Civil War, which divided his family and sent his father into exile.
8.00 In Transylvania's vampire country, Michael sinks his teeth into a Victorian gothic bestseller, and also meets up with a fellow fan of his 100-year-old Bradshaw's guidebook.
9.00 In the Swiss Alps, Michael learns how mountaineering became a fashionable sport for the rich and famous in the early 19th century.
10.00 One Foot in the Grave Margaret has a nightmare in which she plans to murder Victor.
10.40 Victor tempts fate by agreeing to look after neighbours Patrick and Pippa's house.
11.20 A quiet drive turns into a nightmare.
12 midnight Bangers and Cash **1.00am** Train Truckers **2.00–3.00am** The Architecture the Railways Built: the Bramhope Tunnel (AD)

Yesterday **Freeview** 27 **Freesat** 159 **Sky** 155 **Virgin** 129 **+1** **Sky** 255 **Virgin** 329

Dave 19

7.10am Scrapyard Supercar **8.00** Rick Stein's Cornwall **9.00** Train Truckers **10.00** Repair Lot (AD) **11.00** Storage Hunters UK
1.00pm Red Dwarf (AD) **2.20** Mortimer & Whitehouse: Gone Fishing (AD) **3.40** Would I Lie to You? **5.00** Soapbox Race: London 2022
7.00pm The Americas with Simon Reeve Simon travels across Central America, from the Caribbean to the Pacific, and discovers how Costa Rica aims to become the first carbon neutral country.
8.00 Not Going Out *1/11 Series 7.* Lee tries to prove his masculinity to Lucy after failing to stop a gang of muggers.
8.40 *2/11.* Lee gets invited to a christening party being thrown by Toby and Anna.
9.20 *3/11.* Lucy decides she wants to have a baby, but is surprised to find the whole family taking a personal interest in the conception.
10.00 Mock the Week With Angela Barnes, Ed Byrne, Sarah Keyworth and Ahir Shah.
10.40 Maisie Adam, Angela Barnes, Jen Brister, Rhys James and Ahir Shah guest.
11.20 QI Sandi Toksvig hosts an especially spooky episode of the quiz show.
12 midnight Have I Got a Bit More News for You **1.00am** Not Going Out **1.35–4.00am** Schitt's Creek

Dave **F'view** 19 **F'sat** 157 **Sky** 111 (112 Wales) **Virgin HD** 127 **Dave Ja Vu** **Freeview** 57 **Sky** 211 (212 Wales) **Virgin** 327

London Live 8

6.00am London's Weekend **7.00** Sara Dane **8.00** Top Tens of Warfare **9.00** All You Need Is Love **10.00** Cat Hospital **10.30** Wild Britain with Ray Mears **11.00 FILM** Odd Man Out ★★★★★ Classic drama starring James Mason (BW) **1.15pm** Five Clues to Fortune (BW) **3.20 FILM** Carrington VC ★★★ Courtroom drama (BW) **5.30 FILM** Terry on the Fence ★★★ Children's drama
7.00 The World's Most Incredible Hotels
8.00 The Lion Queen **9.00 FILM** The Outsiders ★★★★ Drama starring Matt Dillon and Ralph Macchio **10.50 FILM** Tender Mercies ★★★★ Drama starring Robert Duvall
12.40am FILM Brazen Hussies **2.30** Floyd on Britain and Ireland **3.15** London Districts **3.30** News Rewind **5.00–6.00am** Talking Points

London Live **Freeview** 8 **Sky** 117 **Virgin HD** 159
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am Murder, She Wrote: nine editions (AD)
6.00pm Murder, She Wrote *Series 1.* Three episodes. Jessica investigates a hunting accident **7.00** Jessica investigates a death in Seattle **8.00** An eccentric neighbour is accused of murdering his former partner with one of his inventions **9.00** Criminal Minds *Series 4.* Double bill. A boy is abducted in Las Vegas, then Reid continues to explore his past **11.00** Law & Order: Special Victims Unit *Series 23.* Double bill. Benson's loyalty to Garland is tested, then the search for a missing witness leads Fin and Kat into danger
12.55am NCIS: three back-to-back episodes (AD)
3.35–4.00am Criminals: Caught on Camera

5 USA **F'view** 21 **F'sat** 129 **Sky** 141 **Virgin** 120 (162 Scot) **+1** **Freesat** 130 **Sky** 241 **Virgin** 320

5 Star 32

8.00am Shoplifters and Scammers: at War with the Law **12 noon FILM** A Cinderella Story ★★ Romantic comedy starring Hilary Duff and Chad Michael Murray **2.05pm FILM** Gremlins ★★★★ Black comedy horror starring Zach Galligan and Phoebe Cates **4.15 FILM** Gremlins 2: the New Batch ★★★ Comedy horror starring Zach Galligan
6.25pm FILM Godzilla: King of the Monsters ★★ Monster horror starring Kyle Chandler. An eco-terrorist is bent on using giant creatures to cleanse the Earth. (AD)
9.00 FILM The Mechanic ★★ Action thriller, starring Jason Statham and Ben Foster. When a hitman's close friend is murdered, he sets out to get revenge.
10.55 FILM Crank: High Voltage ★★ Action thriller starring Jason Statham. Hitman Chev Chelios faces a race against time to get his heart back when a mobster replaces his with an inferior substitute.
12.45am Casualty 24/7: Every Second Counts
1.40 Million Pound Motorhomes
2.35–3.00am Criminals: Caught on Camera

5 Star **Freeview** 32 **Freesat** 131 **Sky** 128 (129 Scotland) **Virgin** 126 **+1** **Freesat** 141 **Sky** 228 (229 Scot) **Virgin** 326

5 Action 33

9.00am Entertainment News **9.10** Trucking Hell: double bill **11.15** Police Interceptors
12.20pm FILM 55 Days at Peking ★★★★ Historical drama starring Charlton Heston
3.25 FILM Attack on the Iron Coast ★★ Second World War drama with Lloyd Bridges
5.15pm FILM Wyatt Earp ★★★★ Epic western drama starring Kevin Costner and Dennis Quaid. Young Wyatt Earp descends into a life of crime until he is saved by his father and guided towards his destiny as one of the West's toughest lawmen.
9.00 FILM The Specialist ★★★ Thriller starring Sylvester Stallone and Sharon Stone. A woman enlists an explosives expert to help avenge the murder of her parents. But his past is catching up with him, and her allegiances are more complex than they seem.
11.15 FILM Cradle 2 the Grave ★★★ Martial arts crime thriller starring Jet Li and DMX. Atreetwise crook Tony Fait clashes with Taiwanese cop, Su. However the pair become allies when Tony's daughter is kidnapped.
1.20am Car Crash TV **2.20** Criminals: Caught on Camera **2.55–3.00am** Entertainment News

5 Action **Freeview** 33 **Freesat** 132 **Sky** 150 **Virgin** 130

5 Select 46

9.00am Entertainment News **9.15** GPs: behind Closed Doors (AD) **11.15** Air Crash: Disaster Revealed **2.00pm** World War II in Colour: four back-to-back editions
6.00pm World War II in Colour Japan's attack on Pearl Harbor in 1941. (AD)
7.00 The events that followed Mussolini's invasion of Egypt in September 1940. (AD)
8.00 Hitler: Could He Have Been Stopped? Historians consider occasions when the Second World War might have been avoided.
10.00 Buried Secrets of WWII The awful truth behind Hitler's most advanced weapon.
11.00 Drain the Oceans A look at historical discoveries found at the bottom of the Nile, and what they reveal about the origin of the ancient Egyptians' obsession with the afterlife.
12 midnight–3.00am Drain the Oceans

5 Select **F'view** (HD only) 46 **F'sat** 133 **Sky** 153 **Virgin** 138

FREEVIEW TV and film channels continue overleaf

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603 **BT** 313

SATURDAY Freeview & films

W 25

My Family *5.00pm* Ben and Susan's peace is disrupted

6.10am The Bill **11.00** Tipping Point **2.00pm** Gemma and Gorka: Life behind the Lens: triple bill (AD) **5.00** My Family: two episodes (AD)

6.20pm My Family Ben joins a poetry group to appease Susan. **7.00** Janey's baby is due. **7.40** Ben discovers juries can be just as blind as justice.

8.20 Gavin & Stacey The newlyweds return from their honeymoon to a big welcome. **9.00** Gavin sets out to help Smithy accept his responsibilities. **9.40** Smithy and Nessa visit the hospital for an ultrasound scan. **10.20** Tensions between the newlyweds reach fever pitch on a night out at the bowling alley. (AD)

11.00 The Shift: Women on the Force PC Pauline Law tackles shoplifters while waiting to hear if she can serve beyond her 60th. (AD) **12 midnight** Inside the Ambulance (AD) **1.00am** Inside the Ambulance: Coast and Country (AD) **1.50** Nigel Slater's Simple Suppers **2.25–3.00am** Inside the Ambulance

W **F'view** 25 **F'sat** 156 **Sky** 132 (133 Scotland) **Virgin** 125 **+1** **Sky** 232 (233 Scotland) **Virgin** 325

Pick 36

6.00am Nothing to Declare **11.00** Stop, Search, Seize **12 noon** Highway Cops (AD) **1.00pm** Motorway Patrol **2.00** ***New series.*** Africa's Wild Year **3.00** ***New.*** Malawi Wildlife Rescue: Amanda tries to help a snared hyena **4.00** ***New.*** Extreme Africa **5.00** ***New series.*** Africa's Underwater Wonders: searching for the fauna, flora and vital ecosystems undersea **6.00** Road Wars: double bill **8.00** The Force: Manchester **9.00** Caught on Dashcam **10.00** SEAL Team: double bill. The unit tries to rescue an American who married an Isis leader, then Sonny becomes trapped in a submarine torpedo tube (AD) **12 midnight** Killer Siblings: a grudge between a district attorney and a student turns deadly **1.00am** Night Cops **2.00** Border Security: America's Front Line **4.00–6.00am** Highway Patrol

Pick **F'view** 36 **F'sat** 144 **Sky** 151 **Virgin** 135

HGTV 44

7.00am Escape to the Country **11.00** My Lottery Dream Home International **3.00pm** A Place in the Sun **8.00** Escape to the Country: Nicki Chapman and Alistair Appleton recall property searches in the East Midlands **9.00** Good Bones: Risky Business: Mina books her first wedding but the pressure is on when the bride throws her a scheduling curveball **10.00** Escape to the Country: triple bill. Golf enthusiasts search for a home in the Cotswolds **11.00** A couple look for a rural home in Norfolk **12 midnight** Searching for a home in East Sussex **1.00am** Battle on the Beach **2.00** Escape to the Country **3.00–4.00am** A Place in the Sun

HGTV **F'view** 44 **F'sat** 166 **Sky** 158 **Virgin** 191 **+1** **Sky** 258 **Virgin** 391

FREEVIEW channels continued from overleaf

Food Network 43

Tom Kerridge's Sunday Lunch *3.00pm* The main meal

6.00am Diners, Drive-Ins and Dives **8.00** The Pioneer Woman **1.00pm** James Martin's French Adventure (AD) **3.00** Tom Kerridge's Sunday Lunch **7.00** Tom Kerridge's Best Ever Dishes: double bill **8.00** Hairy Bikers' Mississippi Adventure: Dave Myers and Si King visit Graceland (AD) **9.00** Man v Food with Casey Webb: six editions. Casey visits Richmond for a lesson on New Zealand-style savoury pies **9.30** In Virginia Beach, Casey enjoys a street corn fritter-topped burger, a decadent croissant-muffin hybrid and a corned beef omelette challenge **10.00** Casey Webb heads to his home state, New Jersey, where he samples an iconic Italian hot dog **10.30** Casey's quest takes him to Brooklyn for a barbecue and deli feast **11.00** Casey Webb ventures to Roswell, New Mexico, for a UFO-inspired Thanksgiving sandwich **11.30** Sampling an insanely hot pizza with three layers of ghost pepper in Boulder, Colorado **12 midnight** Mystery Diners **2.00–3.00am** Cheap Eats

Food Network **F'view** 43 **F'sat** 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1** **F'sat** 149 **Sky** 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder **1.00pm FILM** All of My Heart ★★ **2.50** Movie News **3.00 FILM** All of My Heart: Inn Love ★★ **4.50** Movie News **5.00 FILM** Love Knots ★★ **6.50** Movie News **7.00 FILM** Love Struck Café ★★ **8.50** Movie News **9.00** Garage Sale Mysteries: Murder by Text **10.50** Garage Sale Mysteries: the Beach Murders **12.40am** Movie News **12.50** Castle **1.50** Movie News **2.00** Castle **2.50** Movie News **3.00** Return of the Saint: two women plan to murder their husbands **3.50** Movie News **4.00** Highway to Heaven **4.50–5.00am** Movie News

Great TV **Freeview** 50 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 170 **+1** **Freesat** 143 **Sky** 257

RealityXtra 68

9.00am Medical Detectives **12 noon** Donal MacIntyre's Murder Files **2.00pm** Medical Detectives: six editions. The death of a baby **2.30** Thallium poisoning **3.00** A serial child murderer **3.30** Computer image enhancement in forensic science **4.00** A housewife's death **4.30** A young E-coli victim **5.00** Judge Judy **12.30am** World's Most Unexplained… **1.00** Psychic Private Eyes **4.00** Donal MacIntyre's Murder Files **5.40–6.00am** Judge Judy

RealityXtra **Freeview** 68 **Freesat** 134 **Sky** 147 **Virgin** 172

BBC Parliament 232

6.00am Westminster Hall **11.00** PMQs **11.35** Scottish First Minister's Questions **12.20pm** Welsh First Minister's Questions **1.20** House of Commons **1.55** House of Lords **2.30** Scottish Parliament **3.30** Senedd Cymru: Welsh Parliament **4.30** House of Lords **6.00** Select Committees **12 midnight** PMQs **12.35am** as 11.35am **1.20** as 12.20pm **2.20** House of Commons **2.55** House of Lords **3.30** as 2.30pm **4.30–6.00am** House of Lords

BBC Parliament **Freeview** 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84

Hitler's Slaves: Forced Labour under the Nazis *7.05pm*

8.00am Beautiful Serengeti **8.30** Hitler's Slaves: Forced Labour under the Nazis **11.50** The Lie Detector **1.00pm** Beautiful Serengeti **1.30** Hitler's Circle of Evil

6.00pm Hitler's Circle of Evil ***10/10.*** Examining how the members of the inner circle looked for an exit strategy as the allies surrounded Berlin.

7.05 Hitler's Slaves: Forced Labour under the Nazis ***1/3*** The story of how Hitler exploited workers, exploring how the Nazis used forced labour to humiliate their political opponents. **8.15** ***2/3.*** How the system of Nazi forced labour became increasingly extreme, with some prisoners categorised as "sub-human". **9.25** ***3/3.*** The final documentary charts the escalation of the system and the fates of the labourers.

10.35 The Lie Detector The story of the polygraph machine. **12 midnight** Becoming Frederick Douglass **1.15–2.00am** Beautiful Serengeti

PBS America **F'view** 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 187

Blaze 64

6.00am Wicked Tuna **8.00** Swamp People: Serpent Invasion **9.00** Pawn Stars **11.00** Book of Secrets with Lance Reddick **2.00pm** Ancient Aliens **8.00** The Proof Is Out There: double bill. Footage of the infamous Dogman creature, then a mysterious creature spotted in a Chinese river **9.00** Mafia Killers: the career of John Gotti **10.00** ***New series.*** Cops Uncensored: double bill. US police officers take on dangerous situations. A woman arrested for shoplifting is able to steal the police car she is detained in, then a stolen pick-up truck ends up on a wild and dangerous chase **11.00** ***New.*** Homicide: Hours to Kill: a man is shot in his bed **12 midnight** Secrets in the Ice **1.00am** Evidence of the Unexplained **2.00–6.00am** Hardcore Pawn

Blaze **F'view** 64 **F'sat** 162 **Sky** 164 **Virgin** 174

Challenge 48

7.00am The Chase: quiz show hosted by Bradley Walsh **9.00** Wheel of Fortune: spin-the-wheel game show (AD) **11.00** Family Fortunes (AD) **1.00pm** All Star Family Fortunes: double bill. *Birds of a Feather* actress Pauline Quirke and broadcaster Jo Whiley team up with their families in a bid to win £30,000 for charity, then DJ and model Lisa Snowdon takes on actor Will Mellor **2.30** Strike It Lucky **4.00** Tenable: five charity volunteers from Cambridgeshire try to score a perfect ten. Quiz hosted by Warwick Davis **5.00** The Chase **9.00** The Chase Celebrity Special **10.00** The Chase **11.00** Bullseye: darts-based quiz **12 midnight** Bullseye **4.00am** The Chase Celebrity Special **5.00–6.00am** The Chase: Ciro, Paiton, Simon and Anne take part in the quiz

Challenge **Freeview** 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.25am Milkshake! Monkey's Amazing Adventures **5.35** Paw Patrol **6.00** Peppa Pig **6.05** Blue's Clues & You **6.25** Sesame Street Mecha Builders **6.40** ***New.*** Pirata & Capitano **6.50** Fireman Sam **7.05** Thomas & Friends **7.15** Paw Patrol **7.25** Pip and Posy **7.40** Peppa Pig **8.00** The Adventures of Paddington **8.15** Ben and Holly's Little Kingdom **8.30** Chip and Potato **8.45** Pop Paper City **9.00** ***New.*** Meet the Experts **9.15** Reu & Harper's Wonder World **9.25** Santiago of the Seas **9.40** Baby Shark's Big Show! **9.50–9.55am** Sunny Bunnies

Full listings for Channel 5 are on p52

CBeebies 202

6.00am Baby Jake **6.10** Twirlywoos **6.20** Bing **6.30** Love Monster **6.35** Chuggington: Tales from the Rails **6.50** Go Jetters **7.00** Postman Pat: SDS **7.15** Bing **7.30** Hey Duggee **7.50** Go Jetters **8.00** Peter Rabbit **8.15** Octonauts: Above and Beyond **8.35** Bitz & Bob **8.45** The Furchester Hotel **9.00** Something Special: We're All Friends **9.20** Bluey **9.35** Hey Duggee **9.55** Supertato **10.00** Spidey and His Amazing Friends **10.25** Pfffirates **10.35** Get Set Galactic **11.00** Pinocchio and Friends **11.10** Love Monster **11.20** Vegesaurs **11.25** Kiri & Lou **11.30** Colourblocks **11.35** Fred & Pete's Treasure Tales **11.50** JoJo & Gran Gran **12 noon** My World Kitchen **12.15pm** Old Jack's Boat **12.30** Hey Duggee **12.45** Messy Goes to OKIDO **1.00** Bitz & Bob **1.10** Love Monster **1.25** Go Jetters **1.50** Dog Loves Books **1.55** Roots and Fruits **2.00** Something Special: We're All Friends **2.25** Get Well Soon **2.35** Hey Duggee **2.50** Alphablocks **2.55** Pfffirates **3.10** What's in Your Bag? **3.15** JoJo & Gran Gran **3.25** Hey Duggee **3.40** Nick Cope's Popcast **3.55** Numberblocks **4.05** Magic Hands **4.15** Treasure Champs **4.30** Supertato **4.40** Bluey **4.45** My Petsaurus **4.50** Shaun the Sheep **5.00** Steve and Aneeshwar Go Wild **5.05** Fred & Pete's Treasure Tales **5.20** Waffle the Wonder Dog **5.30** JoJo & Gran Gran **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05** Tee and Mo **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** CBeebies Bedtime Stories

CBeebies **F'view** 202 **F'sat** 608 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.05** Sketchy Comedy **7.10** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** Newsround **7.55** Ninja Express **8.05** Odd Squad **8.20** Oswaldo **8.30** Ooglies Funsize **8.40** Pokémon: Sun and Moon – Ultra Adventures **9.00** ***New.*** Saturday Mash-Up! Live **11.30** Blue Peter **12 noon** The Next Step **12.20pm** Grizzy and the Lemmings **12.30** Dragons: the Nine Realms **1.15** ***New.*** Total Dramarama **1.35** Still So Awkward **2.30** Malory Towers **2.55** Home Sweet Rome **3.20** Jamie Johnson **3.50** Gym Stars **4.15** Pokémon: Sun and Moon – Ultra Legends **4.55** The Deep **5.15** Dragons: Riders of Berk **5.40** Danger Mouse **5.50** Grizzy and the Lemmings **6.10** Total Drama Island: Reboot **6.35–7.00pm** Summer Camp Island

CBBC **F'view** 201 **F'sat** 607 **Sky** 607 **Virgin** 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 5am–9.00 and on ITVBe 9am to 12 noon

ITV2

5.00am Dodo **5.25** Scooby-Doo! Mystery Incorporated **5.45** Craig of the Creek **6.10** Teen Titans Go! **6.50** DC Super Hero Girls **7.05** Looney Tunes Cartoons **7.45** Be Cool, Scooby-Doo! **8.10** What's New Scooby-Doo? **8.35–9.00am** Scooby-Doo and Guess Who?

ITVBe

9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** The Hive **9.35** Poppy Cat **9.50** Percy's Tiger Tales **10.05** Wildwoods **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** ***New.*** Postman Pat **11.35** Momolu & Friends **11.45–12 noon** Pip Ahoy!

FILMS

Film4 14

11.00am Earth vs the Flying Saucers ★★ Aliens invade in this routine sci-fi. Hugh Marlowe (1956, U) (S)

12.45pm A Dog's Purpose ★★ Schmaltzy family adventure with lots of cuteness but little substance. Britt Robertson, Dennis Quaid (2017, PG) (S)

2.45 Shrek Forever After ★★★ Shrek falls foul of Rumpelstiltskin in this cleverly conceived final episode in the fantasy comedy series. Mike Myers (2010, U) (S) (AD)

4.30 Before We Go ★★★ Dreamy New York fantasy directed by and starring Captain America actor Chris Evans. Alice Eve (2014, 12) (S)

6.20pm A Knight's Tale ★★★★ Hugely entertaining romantic adventure starring Heath Ledger as a commoner who poses as a knight and jousts across 14th-century Europe. (2001, PG) (S) (AD)

9.00 P Snake Eyes ★★ Henry Golding acquits himself well in this action prequel that follows the rise of GI Joe's arch nemesis. **Review p115.** (2020, 12) (S) (AD)

11.20 Bram Stoker's Dracula ★★★★ Romantic, eerie version of the classic horror tale with a typically intense central performance from Gary Oldman. Winona Ryder, Anthony Hopkins (1992, 18) (S)

1.55–4.00am Rhino ★★★ Violent but rewarding Ukrainian crime drama about a young man who is drawn into the criminal underworld. Serhii Filimonov (2021, 18)

Film4 **Freeview** 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1** **F'view** 47 **F'sat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am Tread Softly ★ Cheap musical comedy. Frances Day (1952) (S) **7.30 Scarlet Thread** ★★ Downbeat British crime drama. Kathleen Byron, Laurence Harvey (1951, PG) (S) **9.00 Saturday Morning Pictures** Vintage serials, plus *Old Mother Riley* (1937). (S) **12 noon The Giant Claw** ★ Tawdry monster movie. Jeff Morrow (1957, U) (S) **1.35pm The Driving Force in 1966** Short film focusing on the changeover from steam to diesel and electric traction. **2.00 The Outer Limits** TV sci-fi. (S) **3.00 Thunderbirds** Puppet TV sci-fi. **4.05 The Stranger Left No Card** Short fantasy drama. (S) **4.35 Beach Red** ★★★★ Tough war drama in which a Japanese-held island is attacked by a unit of US marines that includes raw recruits. **Review p85.** Cornel Wilde, Rip Torn (1967, 12) **7.00pm In Suspicious Circumstances** TV drama. (S) **8.00 Maigret** TV detective series. (S) **9.00 The Four Just Men** TV drama starring Richard Conte. (S) **9.30 The Killer Is Loose** ★★★ A seemingly mild-mannered clerk seeks revenge against the cop who accidentally killed his wife in this taut thriller. Joseph Cotten, Rhonda Fleming, Wendell Corey (1956) (S) **11.00 Death Race 2000** ★★★ Action-packed futuristic satire about a deadly, government-sponsored motorsport aimed at quenching the public's bloodlust. David Carradine, Simone Griffeth (1975, 15) **12.35am Confessions of a Window Cleaner** ★ Dire sex comedy. Robin Askwith (1974, 18) **2.25 The Groundstar Conspiracy** ★★ Glossy but often baffling neo-noir thriller. George Peppard (1972) **4.20–6.00am The Broken Melody** ★★★ A man who leaves his wife for another woman becomes a murderer. John Garrick, (1934, U) (S)

Talking Pictures TV **Freeview** 82 **Freesat** 306 **Sky** 328 **Virgin** 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

RadioTimes Five Star Film Guide From **Alien** to **Zulu**, discover the best-rated films in RT's history

Great Movies 34

9.00am Deadly Hope ★★ A doctor becomes a target. Alana De La Garza (2012) **10.45 Secrets That Kill** ★★★ Twisting TV thriller. Jillian Murray (2020) **12.30pm No Surrender** ★★ Who is stalking blogger Mena Suvari? (2011) **2.20 Star Trek IV: the Voyage Home** ★★★★ Entertaining sci-fi romp in which Kirk and his crew go back in time to save the whale. William Shatner (1986, PG) **4.40 Star Trek V: the Final Frontier** ★★★ A messianic figure holds a distant planet hostage. William Shatner, Leonard Nimoy (1989, PG) **6.50pm After Earth** ★★ Plodding sci-fi adventure from M Night Shyamalan. Will Smith (2013, 12) **9.00 The Next Three Days** ★★★ Intriguing thriller in which an academic decides to spring his wife from prison. Russell Crowe (2010, 12) **11.40 The Stepfather** ★★ Lacklustre retread of the cult 1986 horror. Dylan Walsh, Penn Badgley (2009, 15) **2.00am** Aurora Teagarden Mysteries: Heist and Seek **4.00–5.40am Til Ex Do Us Part** ★★ Made-for-TV thriller. Kelly Sullivan, Anna Van Hooft (2018)

Great Movies Freeview 34 Freesat 302 Sky 321 Virgin 425 +1 Freeview 61 (*limited* 10pm-5am) Sky 322

Great Action 42

8.10am Wild West Chronicles: triple bill **9.50 Stage to Tucson** ★★ Watchable Civil War western. Rod Cameron (1950, U) **11.40 Last of the Comanches** ★★ Cavalry survivors are under siege. Broderick Crawford, Barbara Hale (1952) **1.25pm Gunman's Walk** ★★★ Tab Hunter plays the hothead son of former gunslinger Van Heflin. (1958) **3.20 The Nebraskan** ★★ By-the-numbers frontier tale. (1953) **4.45 The Pathfinder** ★★ Colourful period adventure. George Montgomery (1952, U) **6.25pm Silverado** ★★★★ Invigorating western adventure in which a ragtag bunch of misfits faces a corrupt sheriff. Kevin Kline (1985, PG) **9.00 Escape Plan 3** ★★ Sylvester Stallone leads a rescue mission at a prison in this tired thriller. (2019, 15) **10.55 Machete** ★★★ Entertainingly over-the-top mix of deadpan laughs and bloody action. Danny Trejo, Jessica Alba, Michelle Rodriguez (2010, 18) **1.05am 10,000 Days** ★★ Intriguing low-budget sci-fi. John Schneider, Kasey Campbell (2014, 12) **3.00** War in the Jungle **4.00–5.00am** Wild West Chronicles

Great Action Freeview 42 *(limited)* F'sat 305 Sky 323 Virgin 426 +1 Sky 324

Great Movies Christmas 52

8.00am Finding Father Christmas ★★ Searching for the dad she never met. Erin Krakow (2016) **10.00 A Family for the Holidays** ★★ A family secret brings heartache. (2017) **12 noon Santa's Summer House** ★ St Nick has a hideaway. Cynthia Rothrock (2012) **2.00pm Annie Claus Is Coming to Town** ★★ Santa's daughter finds love in LA. Maria Thayer (2011, U) **4.00 Santa's Secret** ★★ A single mum needs a break. Alicia Witt, Gabriel Hogan (2014) **6.00pm My Santa** ★★ Who is the mysterious Santa at the mall? Samaire Armstrong, Matthew Lawrence (2013) **8.00 Family for Christmas** ★★ A woman is given a glimpse of her alternate life. Lacey Chabert (2015) **10.00 Northpole** ★★ Easy-going fantasy about Santa's town, which runs on happiness. Tiffani Thiessen (2014) **12 midnight Northpole 2: Open for Christmas** ★★ Cute fantasy. (2015, U) **2.00am** Highway to Heaven **3.00–5.00am The Christmas Clause** ★★ Fantasy drama. (2008, 12)

Great Movies Christmas Freeview 52 Freesat 303 Sky 319 Virgin 424 +1 F'view 63 (*limited* 10pm-5am) F'sat 304 Sky 320

Sky Premiere

6.00am Sky Cinema Preview **7.00 Breaking Point** ★★ Hit-and-miss sports drama. (2023, 12) **8.55 Agent Game** ★★ Thriller. Dermot Mulroney (2022, 15) **10.40 80 for Brady** ★★★ Amiable comedy in which four elderly friends attend their first Super Bowl game. Lily Tomlin (2023, 12) **12.35pm** As 6.15pm **2.30** As 8.15pm **4.25 Maggie Moore(s)** ★★★ A sheriff and a nosy neighbour team up to solve the murder of two women. Jon Hamm (2023) **6.15pm P All My Puny Sorrows** ★★★ Finely drawn drama following a novelist as she tries to help her suicidal sister. Alison Pill, Sarah Gadon (2021, 15) **8.15 Knock at the Cabin** ★★★★ A family's holiday is interrupted by four strangers in this intense thriller. **Review p46.** Jonathan Groff (2023, 15) **10.15 Scream VI** ★★★ Ghostface takes New York in the roller-coaster sixth entry in the slasher franchise. Melissa Barrera, Jenna Ortega, Courteney Cox (2023, 18) **12.30am** As 10.40am **2.10am** As 8.55am **3.55 Something in the Dirt** ★★★ Trippy sci-fi comedy horror. Aaron Moorhead, Justin Benson (2022, 15)

Sky Premiere Sky 301 Virgin 401 BT 501/HD 515 +1 Sky 312

Legend 41

7.00am World's Most Unexplained… **8.00 Princess of Mars** ★★ Erratic mockbuster take on sci-fi thriller *John Carter*. Antonio Sabato Jr (2009) **10.00** The Six Million Dollar Man: five episodes **3.00pm Capricorn One** ★★★★ Three astronauts go on the run after they are forced to fake their mission to Mars. Elliott Gould, James Brolin (1978, PG) **5.20 The Legend of the Lone Ranger** ★★★ Good-looking western featuring Klinton Spilsbury as the noble masked avenger. (1981, 12) **7.15pm Jesse James the Unstoppable Outlaw** ★ Z-grade western. Paul Clayton (2018, 12) **9.00 Reasonable Doubt** ★★ Samuel L Jackson's innocent man is prosecuted by a corrupt lawyer in this intriguing thriller. (2014, 15) **10.50 Smokey and the Bandit III** ★ Dire addition to the popular comedy series. Jackie Gleason (1983, 18) **12.35am The Young Cannibals** ★★ Gory horror about friends who accidentally summon a vengeful demon. Megan Purvis (2019, 15) **2.35–4.20am The Jurassic Games** ★★ Action thriller. Ryan Merriman (2018, 15)

Legend F'view 41 F'sat 137 Sky 148 Virgin 149

HorrorXtra 69

8.00am Mega Storm: Days of Destruction ★★ A science student's breakthrough may hold the key to calming a storm. David Sutcliffe (2011, 12) **10.00 Fall of Hyperion** ★★ A meteor storm threatens to destroy LA in this mediocre B-movie thriller. Thomas Calabro, Cynthia Gibb (2008) **12 noon Asteroid-a-Geddon** ★ Low-budget, action-light disaster movie that sees the Earth threatened by a giant asteroid. Veronika Issa (2020, 12) **2.00pm Firequake** ★★ Disaster strikes in the Czech Republic when an experimental energy plant explodes. Alexandra Paul, Kirsty Mitchell (2014, 12) **4.00pm Farscape** Five back-to-back episodes of the TV sci-fi. **9.00 The Ascent** ★★ Soldiers are trapped on a never-ending staircase in this imaginative low-budget shoot-'em-up. Shayne Ward, Bentley Kalu, Samantha Schnitzler (2019, 15) **11.05 Discarnate** ★★ Initially intriguing horror in which scientists bring an entity over from another dimension. Thomas Kretschmann (2018, 18) **1.00–3.00am The Ascent** As 9pm

HorrorXtra F'view 69 F'sat 138 Sky 317 Virgin 171 +1 F'sat 139 Sky 318 Virgin 371

FILM REVIEWS

FILM OF THE DAY

Love Actually ★★★ *9.45pm-12.30am* C5 15

ROMCOM A film so drenched in upbeat sentiment that it makes Frank Capra seem emotionally reserved, this ensemble effort from writer/director Richard Curtis is an unashamedly saccharine proposition. Curtis unfurls a collection of stories, headed by Hugh Grant's new prime minister falling for junior staff member Martine McCutcheon, and writer Colin Firth enchanted by his Portuguese housekeeper (Lucia Moniz). But it's Bill Nighy who delivers the big laughs, giving an uproarious turn as an over-the-hill rocker who is promoting a novelty Christmas record. **JASON CARO** (UK/US/Fr 2003, swearing, sex scenes, nudity, HD)

The Call of the Wild ★★★

11.25am-1.20pm **C4** PG

ADVENTURE This seventh movie version of Jack London's 19th-century survival story stars Harrison Ford as John Thornton, who bonds with sled dog Buck as they trek into Alaska's frozen north. It's a Disney film, so it's essentially family friendly, though some darker scenes may prove a problem for more sensitive kids. **DAVE ALDRIDGE** (US 2020, violence, HD)

Rise of the Planet of the Apes ★★★★

12.30-2.35pm **C5** 12

SCI-FI This breathtaking reboot of the 1960s franchise stars James Franco as a scientist working on a cure for Alzheimer's, who imbues a lab chimpanzee with heightened intelligence. The story is sometimes let down by hammy human acting, but Andy Serkis gives a great motion-captured performance as the super-smart chimp, Caesar. **TERRY STAUNTON** (US 2011, edited for violence, HD)

The Band Wagon ★★★★★

2.40-4.30pm **BBC2** U

MUSICAL This witty and clever film sees Fred Astaire playing a Broadway star who's out of step with the very modern production he is headlining. It also features the wonderful Cyd Charisse and boasts brilliant direction from Vincente Minnelli. Showing in an Astaire double bill, preceded by *Funny Face*. **TONY SLOMAN** (US 1953, HD)

Pearl Harbor ★★

4.55-8.20pm **C5** 12

WAR The bombing of the US naval base of Pearl Harbor on 7 December 1941 by Japanese forces gets the blockbuster treatment from director Michael Bay. The attack itself is an amazing spectacle, but its power is undermined by our lack of empathy for the cardboard cut-out characters played by Ben Affleck, Kate Beckinsale and Josh Hartnett. **ANDREW COLLINS** (US 2001, edited for violence, language, sex scenes, HD)

P Gold Run ★★★

9.00-10.55pm **BBC4**

WAR This Scandi adventure is set on the eve of the German invasion of Norway in 1940, and focuses on a group of resistance fighters tasked with hiding the country's gold reserves from the Nazis. Loosely based on real events, Hallvard Braein's film boasts its fair share of edge-of-the-seat thrills, but is mostly a well-observed character study of humble folk doing their best during trying times. **TES** (Nor 2022, HD)

Olympus Has Fallen ★★★

10.35pm-12.50am **C4** 15

ACTION Antoine Fuqua's fast-paced movie sees former presidential bodyguard Gerard Butler come to the rescue when the White House is infiltrated by terrorists. The film's breakneck momentum drops off after the initial, audaciously staged attack, but Butler puts in a solid turn as the hero who's got what it takes to get the job done. **TES** (US 2013, violence, swearing, HD)

Desperately Seeking Susan ★★★★

10.50pm-12.30am **BBC2** 15

COMEDY Madonna enjoys her best screen role here as the free-spirited Susan, who trades messages with her lover in the *New York Times*. Rosanna Arquette plays the bored housewife who follows the ads until a bump on the head leads her to believe she is Susan. The two leads are ably supported by Mark Blum and Aidan Quinn. **JOANNA BERRY** (US 1985, violence, swearing, sex scenes, drug abuse, nudity, HD)

The Hurt Locker ★★★★

11.45pm-1.50am **BBC1** *(not in Scotland)* 15

THRILLER This account of a US bomb-disposal squad's tour of duty in Iraq won six Oscars. The attitudes of a trio of soldiers (played by Jeremy Renner, Brian Geraghty and Anthony Mackie) come under scrutiny, with each man aware that every job may be their last. Director Kathryn Bigelow delivers a film that is as psychologically fascinating as it is exciting. **ADAM SMITH** (US 2008, violence, swearing, HD)

Sky Cinema picks

Fanny and Alexander ★★★★★ *10.30am-1.45pm* ***Sky Cinema Directors***
Ingmar Bergman's rich, humorous period saga. (1982, 15)
Sky 304; Virgin 404; BT 504/518

The Truman Show ★★★★★ *2.15-4.10pm* ***Sky Drama***
Jim Carrey is on air. (1998, PG)
Sky 310; Virgin 410; BT 510/524

The Dark Knight Rises ★★★★ *7.35-10.20pm* ***Sky Batman***
A special pop-up channel to mark Batman Day. (2012, 12)
Sky 306; Virgin 406; BT 506/520

Films to stream from p40
Netflix, Amazon, Disney+ and more

SATURDAY **Television**

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12,15,18 - for viewers of these ages and over.

Over a century of cinema covered in 250 reviews from the RadioTimes film team

Order on page 44

Sky Showcase

The Expendables 2 *10.00pm* The mercenaries are back

6.00am Monkey Life **8.00** The Fresh Prince of Bel-Air **9.30** The F1 Show **10.30** ***New.*** Saturday Social **12 noon** Predators (AD) **1.00pm** Egypt's Unexplained Files **2.00** Evidence of the Unexplained **3.00** ***New.*** Soccer Saturday **5.00** ***New.*** Formula One: the Singapore Grand Prix qualifying session

7.00pm Micro Monsters with David Attenborough *1/6.* The rivalries and weaponry that exist within the world of bugs. (AD) **7.30** *2/6.* A look at how creepy-crawly predators defuse the defences of their prey. (AD)

8.00 Shark with Steve Backshall *2/3.* The naturalist learns about the sharks of the Indian Ocean. (AD)

9.00 ***New series.*** **The Russell Murders: Who Killed Lin and Megan?** *1/3.* Examining the 1996 murders of Lin Russell and her daughter Megan. **See page 49.**

10.00 The Expendables 2 ★★★ Action adventure starring Sylvester Stallone. The crack team of mercenaries take on the job of retrieving an item from a crashed plane in Albania. (W)

12 midnight Never Mind the Buzzcocks (AD) **12.45am** Sex and the City: double bill **1.45** Road Wars **2.10** Stop, Search, Seize (AD) **3.05–6.00am** Nothing to Declare

Sky Showcase **Sky** 106 **Virgin** 109 **BT** 340/**HD** 355 **+1** **Sky** 206

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Stargate SG-1

4.00pm Stargate Atlantis *6/20 Series 3.* Weir is told that Atlantis exists only in her mind. **5.00** *7/20.* Sheppard is forced to form an alliance with a lone Wraith. **6.00** *8/20.* McKay's estranged sister Jeannie agrees to help the team on a top-secret project. **7.00** *9/20.* Sheppard and Ronon face serious danger when they are influenced by a mind-altering device created by the Wraith. **8.00** *10/20.* An attack by Pegasus Replicators threatens to cause the collapse of a city that Ancients have returned to reclaim.

9.00 True Blood *11/12 Series 3* Eric plans to capture Russell by offering him the vampire's ultimate fantasy and Jason struggles with the latest revelation about Crystal. **10.00** *12/12.* Sookie comes to Eric and Russell's rescue and discovers an even darker side to Bill.

11.05 Asteroid-a-Geddon ★ Sci-fi action starring Issa Veronika and Eric Roberts. When Earth is threatened by a mighty celestial object, a global scientists' summit is assembled but fails to devise a defence plan. It's up to one plucky young woman to find a way to save the world.

1.00am FILM Jurassic Attack ★ Action adventure **3.00** Stargate SG-1 **5.00–6.00am** Warehouse 13

Sky Sci-Fi **Sky** 139 (140 Scotland) **Virgin** 122 **BT** 348/**HD** 363 **+1** **Virgin** 229

Sky Atlantic

Game of Thrones *7.55pm* Jaime visits his brother

6.00am The Guest Wing (AD) **9.00** This England (AD) **11.10** Raised by Wolves (AD) **2.25pm** Ray Donovan

6.50pm Ray Donovan *1/12 Series 2.* An FBI agent arrives to investigate the shootout at the dock, and Ray tries to track Mickey down when he needs his help. (AD)

7.55 Game of Thrones *4/10 Series 4.* Jaime finally visits Tyrion in jail after some persuasion from Bronn, and also has a mission for Brienne. Jon asks for volunteers to go to Craster's Keep with him. **9.00** *5/10.* Cersei and Tywin plot their next move after Tommen's coronation, Daenerys hears worrying news about Yunkai and Astapor, and Jon and his men attack the mutineers at Craster's Keep. **10.05** *6/10.* Stannis and Davos arrive in Braavos for their meeting with the Iron Bank, while Tyrion's trial begins in the throne room. **11.10** *7/10.* Tyrion enlists an unlikely ally, Jon's warnings about the Wall's vulnerability fall on deaf ears, and Brienne follows a new lead. **12.15am** *8/10.* Tyrion's fate is decided as Oberyn Martell and Gregor Clegane clash in his trial by combat. Barristan confronts Jorah about a document. (AD)

1.20 Euphoria (AD) **2.25** Angels in America **3.30** In Treatment **4.00–6.00am** The Guest Wing (AD)

Sky Atlantic **Sky** 108 (109 Wales) **BT** 342/**HD** 357 **+1** **Sky** 208 (209 Wales)

Sky Witness

6.00am Motorway Patrol **7.00** Border Patrol **10.00** Stop, Search, Seize **11.00** UK Border Force **1.00pm** Caught Red Handed: double bill **2.30** Caught on Dashcam

3.30pm Nothing to Declare Nine editions following the work of customs officers in Australia. (AD)

8.00 FBI *5/23 Series 5.* As the team work to rescue a kidnapped child, Scola suspects the boy's mother isn't being forthcoming about why her son was targeted.

9.00 FBI: International *5/22 Series 2.* The Fly Team search for a missing Romanian surrogate. Forrester's concern about the safety of his neighbours in Budapest intensifies.

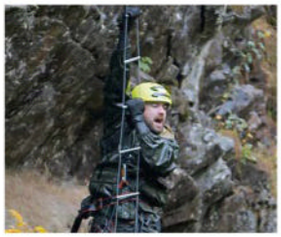
10.00 FBI: Most Wanted *Ep 5 Series 4.* When Hana is kidnapped while trying to help a young girl, Remy and the team pull out all the stops to find her.

11.00 Law & Order: Special Victims Unit *17/22 Series 24.* The search for a suspect who drugs women's drinks leads the SVU to Muncy's brother. Churlish makes a risky move to impress Benson.

12 midnight Law & Order: Organized Crime: Stabler uncovers a human trafficking operation **1.00am** The Good Doctor: a tense operation damages Dr Glassman and Dr Murphy's relationship **2.00** The Rookie (AD) **3.00–6.00am** Nothing to Declare: six editions

Sky Witness **Sky** 107 **Virgin** 110 **BT** 341/**HD** 356 **+1** **Sky** 207 **Virgin** 310

Sky Max



A League of Their Own Road Trip *9.45pm* Jack Whitehall

6.00am Air Ambulance ER (AD) **8.00** The Flash **11.00** Merlin **3.00pm** Hawaii Five-0

6.00pm Hawaii Five-0 *24/25 Series 8.* Steve joins Junior and his SEAL team on a mission. **7.00** *25/25.* A nuclear attack submarine spells trouble for McGarrett and the team.

8.00 A Discovery of Witches *3/7 Series 3.* Diana and Phoebe continue their hunt for the missing pages from the *Book of Life*. (AD)

9.00 Never Mind the Buzzcocks *Ep 4 Series 3.* With Stefflon Don, Jake Shears and Jamie-Lee O'Donnell. (AD)

9.45 A League of Their Own Road Trip: Loch Ness to London *1/6.* Jamie, Freddie and Romesh set out on an adventure from Loch Ness to London. (AD)

10.45 Warrior *3/10 Series 3* Tensions rise between Young Jim and Ah Sahm as the Hop Wei increase bill production.

11.50 An Idiot Abroad *1/8 Series 2.* Karl Pilkington spends a night on a private island in Vanuatu in the South Pacific. (AD)

12.45am Road Wars: two editions **2.00** The Blacklist **3.00** Stop, Search, Seize (AD) **4.00–6.00am** Air Ambulance ER: double bill

Sky Max **Sky** 113 (114 Wales) **Virgin** 111 **BT** 346/**HD** 361

Sky Replay

7.00am Dragons: Rescue Riders **9.05** Celebrity Four Weddings (AD) **10.00** Four Weddings (AD) **11.00** DC's Legends of Tomorrow (AD) **4.00pm** Manifest: five episodes. When Grace and Cal are involved in a hit-and-run, Ben tries to get to the bottom of it **5.00** Ben and Saanvi organise a surprise family reunion for an emotionally shut-off passenger **6.00** Ben is afraid of losing his daughter to the Believers **7.00** Ben tries to connect with Olive following a tragedy **8.00** Olive searches for meaning in a centuries-old text (AD) **9.00** The Blacklist: a congressman questions the Task Force's operations **10.00** Warrior: Strickland takes steps to secure Nellie's land **11.00** A League of Their Own: European Road Trip **3.00am** A League of Their Own **4.00** Four Weddings **5.00-6.00am** Celebrity Four Weddings

Sky Replay **Sky** 152 **Virgin** 156

Sky Crime

6.00am Highway Cops (AD) **7.00** Highway Patrol **11.00** UK Border Force **12 noon** How I Caught the Killer **1.00pm** Forensics: Catching the Killer (AD) **2.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **6.00** Killing Mum and Dad: Brian Blackwell, who killed his parents before a spending spree (AD) **7.00** What the Killer Did Next (AD) **8.00** Britain's Most Evil Killers: a look at John Cooper, a Welsh serial killer known as "the Wildman" **9.00** The Priest and the Paedophile Hunter (AD) **11.00** Britain's Most Evil Killers **12 midnight** How I Caught the Killer **1.00am** World's Most Evil Killers **2.00** Murder in Amish Country (AD) **3.00** Snapped **4.00** Road Wars **5.00–6.00am** Motorway Patrol (AD)

Sky Crime **Sky** 122 (123 Scotland) **Virgin** 121 **BT** 349/**HD** 364 **+1** **Sky** 222 (223 Scot) **Virgin** 321

Gold

Ricky and Ralf's Very Northern Road Trip *9.00pm*

7.10am Desmond's: double bill **8.25** Hi-de-Hi! **9.00** Still Open All Hours **9.40** Citizen Khan (AD) **11.00** Only Fools and Horses (AD)

6.20pm Only Fools and Horses Del falls for an antiques dealer who comes to view an old cabinet. **7.00** Rodney causes a family crisis by bringing home a stranger who claims to be an old friend of Del's. **7.40** Rodney tries to help a drunken woman on the street, but his good deed backfires. **8.20** The Trotters decorate Denzil's flat – but their efforts are undone by a dead canary. (AD)

9.00 Ricky and Ralf's Very Northern Road Trip Ricky and Ralf hit Yorkshire in their quest to find the true North, with chocolate in York and curry in Bradford. (AD)

10.00 Harry Enfield and Chums Featuring the Camp Jockeys and Kevin the teenager. (AD) **10.40** Tim Nice-but-Dim meets Dick Nice-but-Thick. (AD)

11.20 The Real McCoy Comedy sketch show, with guest stars Omar and John Simmit. **12 midnight** Stand-up Angie Le Mar and world heavyweight boxing champion Lennox Lewis guest.

12.40am Upstart Crow (AD) **2.00** The Office (AD) **2.30–4.00am** The Fosters: three episodes

Gold **Sky** 110 (111 Wales) **Virgin** 124 **BT** 344/**HD** 359 **+1** **Sky** 210 (211 Wales) **Virgin** 324

Sky Comedy

8.00am The Fresh Prince of Bel-Air **10.30** Entourage **1.30pm** Will & Grace (AD) **4.00** The Conners **6.30** The Office US: five episodes. Jan decides to sue Dunder Mifflin **7.00** Jim and Pam visit Michael's house for dinner **7.30** Michael becomes obsessed with a chair model in a catalogue **8.00** Dwight and Michael pay a surprise visit to Ryan in New York **8.30** Michael tries to change Stanley's attitude **9.00** Curb Your Enthusiasm: triple bill. Mel Brooks asks Larry to star in his Broadway hit *The Producers* **9.35** Larry upsets Ben Stiller **10.10** Larry sets Michael up on a date **10.45** The Office US **11.45** Veep: double bill. Gary helps Catherine plan a big event, then the fight between Selina and her rivals reaches its climax (AD)

1.10am Wellington Paranormal (AD) **2.35–5.00am** Flatbush Misdemeanors (AD)

Sky Comedy **Sky** 114 (115 Wales) **Virgin** 112 **BT** 347/**HD** 362

Comedy Central

8.00am Friends (AD) **1.50pm FILM** Bowfinger ★★★★ Comedy starring Steve Martin and Eddie Murphy. Struggling film-maker Bowfinger finds his dream script, but he can only make the movie if action star Kit Ramsey agrees to lead **3.50 FILM** Hot Shots! Part Deux ★★ Spoof action sequel starring Charlie Sheen and Valeria Golino **5.25** Friends (AD) **9.00 FILM** American Pie ★★★★ Comedy starring Jason Biggs. Four teenage boys pledge to lose their virginity before their high-school prom **10.50 FILM** jackass number two ★★★ Second feature-length spin-off from the comedy series

12.45am Key and Peele **2.05** South Park **4.15–5.00am** Comedy Game Night

Comedy Central **Sky** 112 (113 Wales) **Virgin** 132 **BT** 345/**HD** 360 **+1** **Sky** 212 (213 Wales) **Virgin** 332

Alibi

Father Brown *9.20pm* The priest encounters a dark spirit

7.10am Murdoch Mysteries **10.00** Hudson & Rex: three episodes (AD) **2.00pm** Death in Paradise (AD)

6.00pm Inspector George Gently *4/4 Series 5.* A vicious career criminal whom Gently sent down years ago has been released on the grounds that evidence was fabricated to frame him by Gently himself and the "victim" is now hellbent on revenge. (AD)

8.00 Death in Paradise *4/9 Series 11.* Neville investigates when Florence's undercover role takes a dangerous turn as she finds herself in the middle of a murder investigation. (AD)

9.20 Father Brown *3/10 Series 7* Poor weather plagues Bunty and Mrs McCarthy's picnic. Meanwhile, Father Brown must intervene when it appears that a dark spirit has murderous intent. (AD)

10.20 The Mallorca Files *8/10 Series 1.* Max and Miranda investigate the brutal murder of the famous British author Nicholas Mountford. (AD)

11.20 Death in Paradise *1/8 Series 9.* New year celebrations are cut short when a woman is stabbed in her own home. (AD)

12.20am Pretty Hard Cases (AD) **1.20** Hudson & Rex (AD) **3.10–4.00am** Murdoch Mysteries

Alibi **Sky** 109 (110 Wales) **Virgin HD** 114 **BT** 343/**HD** 358 **+1** **Sky** 209 (210 Wales) **Virgin** 191

Discovery

6.00am Blowing Up History: six editions (AD) **12 noon** Gold Rush **6.00pm** Gold Rush: Mine Rescue with Freddy and Juan: without Freddy to divide and conquer, Juan takes on his biggest challenge yet **7.00** Deadliest Catch: Sig must outmanoeuvre an unknown captain to hold onto his ground (AD) **8.00** Countdown to Collision: the Troll A gas platform in the North Sea (AD) **9.00** Hoffman Family Gold: with winter closing in on the mine, Todd looks for richer paydirt in the Lost Cut **10.00** Expedition Bigfoot: the team suspects a shapeshifting creature from Alaskan lore may be responsible for the haunting howls heard near a remote lake (AD) **11.00** Expedition X: Phil and Jess investigate an abandoned gold-mining town **12 midnight** Mysteries of the Deep (AD) **4.00–5.00am** How It's Made

Discovery **Sky** 125 (126 Scotland) **Virgin** 177 **BT** 320/**HD** 325 **+1** **Sky** 225 (226 Scot) **Virgin** 377

Discovery History

6.00am How It's Made **9.00** Salvage Hunters: the Restorers (AD) **12 noon** Salvage Hunters **3.00pm** Wings of War **5.00** Combat Dealers: triple bill. Bruce Crompton races to get his Panther tank ready to ship to Australia **6.00** Bruce Crompton and his team look for more Second World War military gear **7.00** Bruce is asked to find items that help tell the story of Ian Fleming **8.00** The Unexplained Files: double bill. Examining what aliens' motives could be following numerous UFO sightings, then a derelict school that appears to be haunted by "shadow people" **10.00** Unsolved History: double bill **12 midnight** Greatest Events of World War II **2.00am** Combat Dealers **3.00–5.00am** Salvage Hunters

Discovery History **Sky** 177 **Virgin** 181 **+1** **Sky** 277 **Virgin** 381

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Sky Documentaries

The Russell Murders: Who Killed Lin and Megan? *9.00pm*

6.00am Discovering: Gary Oldman **7.00** Discovering: Bruce Willis **8.00** The Directors **9.00 FILM** The Fog of War: Eleven Lessons from the Life of Robert S McNamara ★★★★ Oscar-winning documentary (W) **11.00** Dave Not Coming Back **1.00pm FILM** All That Breathes ★★★★ Hindi +subtitles. **Review page 75** (W) **3.00** Jackie Stewart **4.50** My Icon: Pam Cookey (AD) **5.00** The Loneliest Whale: the Search for 52

6.50pm The Bee Gees: How Can You Mend a Broken Heart ★★★★ Barry Gibb recalls the band's history with archival interviews from his brothers Robin and Maurice. (W)

9.00 ***New series.*** **The Russell Murders: Who Killed Lin and Megan?** Examining the 1996 murders of Lin Russell and her six-year-old daughter Megan. **See page 49.**

10.00 ***New.*** **Telemarketers** The murky truth behind a New Jersey call centre.

11.05 The Inventor: Out for Blood in Silicon Valley Investigating the rise and fall of the healthcare company Theranos.

1.15am The Slow Hustle (AD) **3.00** Spring Awakening: Those You've Known (AD) **4.45–6.00am** Stirling: the story of Stirling Moss (AD)

Sky Documentaries Sky 121 (122 Scotland) **Virgin** 188 **BT** 352/**HD** 367

Nat Geographic

8.00am Bid and Destroy **9.00** Drain the Titanic **10.00** Europe from Above **12 noon** Car SOS (AD) **3.00pm** Ultimate Airport Dubai **7.00** Air Crash Investigation: four editions. Why a Boeing 737 Max 8 plunged into the Java Sea **8.00** After losing two engines near enemy territory, US Air Force pilots abort their refuelling mission and attempt to land their damaged plane **9.00** The investigation into why a plane burst into flames on the runway, and how the answer was discovered in the Rocky Mountains **10.00** Experts fail to find a bomb when a Taiwanese plane explodes (AD) **11.00** Airport Security: First Class Rome **12 midnight** Banged Up Abroad: double bill **2.00am** Lords of War **2.55** Made in a Day (AD) **3.45–5.00am** Secrets of the Zoo: Keeper Tales

Nat Geographic Sky 129 (130 Scotland) **Virgin** 183 **+1 Sky** 229 (230 Scot) **Virgin** 383

Sky History

6.00am WW2 Treasure Hunters **7.00** American Pickers **8.00** Forged in Fire **9.00** Pawn Stars **10.00** Storage Wars Canada **11.00** History's Greatest Mysteries **2.00pm** Pawn Stars: six editions **5.00** Egypt's Unexplained Files **6.00** Evidence of the Unexplained **7.00** Battle 360: double bill. The aircraft carrier USS *Enterprise*, then a CGI reconstruction of the battle of Midway **9.00** The Booze, Bets and Sex That Built the World: triple bill. The origins of the alcohol, gambling, sex and tobacco industries **11.00** A tobacco empire is threatened and titans of the alcohol trade fight prohibition **1.00am** How the invention of the luxury resort casino heralded the birth of Sin City **3.00–6.00am** Pawn Stars

Sky History Sky 123 (124 Scotland) **Virgin** 131 **BT** 353/**HD** 368 **+1 Sky** 223 (224 Scot) **Virgin** 331

Sky Nature

Shark with Steve Backshall *8.00pm* The Indian Ocean

6.00am Reef Wrecks **9.00** Kalahari: Land of Secret Alliances **12 noon** Wild Crusades **1.00pm** Wildlife ER **2.00** Macro Worlds (AD) **5.00** Attenborough's Journey (AD)

6.00pm David Attenborough's Wild City The broadcaster examines the wildlife of Singapore, showing the diversity of the urban and hidden environments of animals living in the city-state. (AD) **7.00** A look inside Singapore's forests, home to the tiny-hooved mouse deer and the endangered Raffles' banded langur. (AD)

8.00 Shark with Steve Backshall How the sharks of the Indian Ocean are adapting to climate change and pollution. (AD)

9.00 Battle of the Alphas Animals battling in South America, from guanacos warring over grassland to iguanas head-butting over beachheads. (AD) **9.30** Conflicts in Southeast Asia between duelling dragons and giant sumo-wrestling beetles. (AD)

10.00 Guardians of the Wild Animal rescuers in Zambia save a trio of elephant orphans. **11.00** The rescuers teach orphans the skills to make friends in the wild. **12 midnight** Shark Squad **1.00am** Battle of the Alphas (AD) **2.00–6.00am** New Kids in the Wild (AD)

Sky Nature Sky 124 (125 Scotland) **Virgin** 189 **BT** 354/**HD** 369

Eden

9.00am Abandoned Engineering (AD) **11.00** Secrets of the Railways (AD) **3.00pm** Impossible Railways (AD) **5.00** Secrets of the Railways: four editions. The White Pass and Yukon Railroad over the US-Canada border **6.00** The Nordland Line, the longest in Norway at 453 miles **7.00** The Liverpool and Manchester Railway, which revolutionised rail travel **8.00** A project that changed the face of one of Australia's great states (AD) **9.00** Impossible Railways: double bill. How railways came to the forefront of modern engineering and transport, then a look at how a tunnel was built beneath the English Channel (AD) **11.00** Secrets of the Railways (AD) **3.00am** Impossible Railways (AD) **4.40** Secrets of the Railways (AD) **5.30–6.00am** The Zoo

Eden Sky 166 **Virgin HD** 176 **+1 Sky** 266 **Virgin** 376

Animal Planet

8.00am Tanked **9.00** Pit Bulls and Parolees **10.00** My Cat from Hell (AD) **11.00** Animal Cops Philadelphia (AD) **12 noon** Tanked **1.00pm** Pit Bulls and Parolees **2.00** How Sharks Hunt (AD) **3.00** Sharktacular 2016 **4.00** My Cat from Hell (AD) **5.00** Animal Cops Philadelphia (AD) **6.00** Tanked **7.00** How Do Animals Do That?: double bill. Why moths are attracted to flames, then why spiders don't get stuck in their own webs **8.00** Monster Croc Invasion: human deaths caused by crocodiles in Costa Rica (AD) **9.00** Saba and the Rhino's Secret **10.00** Edge of Alaska **11.00** Legends of the Wild (AD) **1.00am** Edge of Alaska **2.00** My Cat from Hell (AD) **3.00** Animal Cops Philadelphia (AD) **4.00–5.00am** Tanked

Animal Planet Sky 162 (178 NI) **Virgin** 178 **+1 Sky** 262 (278 NI) **Virgin** 378

SPORT

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 420/**HD** 440

6.00am Sky Sports News **8.30 LIVE European Tour Golf** The BMW PGA Championship. **12 noon LIVE Scottish Premiership Football** St Johnstone v Rangers (kick-off **12.30pm**). **3.00pm LIVE European Tour Golf** The BMW PGA Championship. **5.00 LIVE Premier League Football** Newcastle Utd v Brentford at St James' Park (kick-off **5.30**). **7.45 LIVE Championship Football** Cardiff City v Swansea City (k-o **7.45**). **10.30** Sky Sports News **11.00 LIVE PGA Tour Golf** The Fortinet Championship in California. **2.00am** Sky Sports News **4.00** Super League Gold (AD) **4.05–6.05am LIVE NRLW** Parramatta Eels v Cronulla-Sutherland Sharks in Canberra (kick-off **4.05**).

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am Championship Highlights **6.15** Classic League Cup Final **9.00** EFL Highlights **9.45** Scottish Premiership Highlights **10.15** Championship Highlights **10.30** Saturday Social **12 noon LIVE Scottish Premiership Football** St Johnstone v Rangers (kick-off **12.30pm**). **3.00pm** Soccer Saturday **5.00** Championship Highlights **5.15** German Football Legends **5.20 LIVE German Football** VfL Bochum v Eintracht Frankfurt. **7.30 LIVE Championship Football** Cardiff City v Swansea City (k-o **7.45**). **10.30** Championship Highlights **11.00** Scottish Premiership Football **11.15** EFL Greatest Games (AD) **1.00am** Classic League Cup Final (AD) **1.30** Best Goals (AD) **2.00** Classic Play-Offs **3.00–6.00am** Championship Highlights

Sky Golf

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am Challenge Tour **6.30** Countdown to the Ryder Cup **7.00** Luke Donald: Cool Hand Luke (AD) **7.30** European Tour **8.30 LIVE European Tour Golf** BMW PGA Championship in Surrey. **6.00pm** Ladies European Tour **9.00** European Tour **10.00** Challenge Tour **10.30** My Ryder Cup **11.00 LIVE PGA Tour** Day three of the Fortinet Championship in Napa. **2.00am** European Tour Golf **5.00–6.00am** Ryder Cup Memories

Sky Mix

Sky 416 **Virgin** 510 **BT** 429/**HD** 449

8.00–10.00am LIVE NPC Rugby Union Otago v Taranaki (k-o **8.05**).

Eurosport 1

Sky 413 **Virgin** 521 **BT HD** 412

6.00am Cycling **8.30** E-Mountain Biking **10.30 LIVE Vuelta a España** Stage 20, a 207.8km route. **5.00pm** Climbing **6.00** Cycling **9.00** British Superbikes **10.00 LIVE Sydney Marathon** Coverage of the 26.2-mile race. **12.45am** Cycling **2.00** World Rally **2.30** British Superbikes **3.30** Showjumping **5.00–7.00am** Snooker

Eurosport 2

Sky 414 **Virgin** 522 **BT HD** 413

7.00am LIVE Snooker The Shanghai Masters semi-finals. **10.00** Motor Racing **11.00** British Superbikes: from Cadwell Park **1.00pm LIVE British Superbikes** The ninth round, from Oulton Park. **5.55 LIVE Speedway** In Vojens. **9.15 LIVE Motorcycling** Bol d'Or. **11.00** Snooker **1.00am** Superbikes **2.00–5.00am** Cycling

Super League *4.45pm*
Sky Arena Tom Davies will be fired up for Catalans Dragons

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Greatest Games **7.00** Years **9.00** The Big Interview **9.30** Preview **10.00** Soccer Saturday **10.30** Saturday Social **12 noon** Soccer Saturday **5.00pm LIVE Premier League Football** Newcastle Utd v Brentford. **8.30** Game of the Day **10.30** Highlights **3.00am** Greatest Games **4.00** Best Goals **5.30–6.00am** 100 Club

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am Classic World Cup Cricket (AD) **7.00** Talking Cricket (AD) **7.30** International One-Day Cricket **10.30 LIVE One-Day Cup Cricket** Leicestershire Foxes v Hampshire. **7.00pm** Classic World Cup Cricket **7.50** My Icon (AD) **8.00** International One-Day Cricket **9.00** One-Day Cup Cricket **10.00** International One-Day Cricket **11.00** One-Day Cup Cricket **12 midnight** International One-Day Cricket **1.00am** One-Day Cup Cricket **2.00** International One-Day Cricket **3.00** Classic World Cup Cricket **3.50** My Icon (AD) **4.00–6.00am** Classic World Cup Cricket: vintage action

Sky NFL

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am Highlights **7.00** Bitesize **8.00** Highlights **9.00** NFL Gameday **9.30** Jaguars Weekly UK **10.00** NFL: America's Game (AD) **11.00** Highlights **12 noon** 49 Hours **12.15pm** One Jets Drive **1.00** Vikings: the Voyage Links **3.00** Highlights **4.00** Pro-Football Talk **6.00** 49 Hours **6.15** Bitesize **7.30 LIVE American Football** Notre Dame Fighting Irish v Central Michigan Chippewas (kick-off **7.30**). **11.00** Highlights **12 midnight** Bitesize **1.00am** Vikings: the Voyage Links **2.00** Highlights: last season's action **5.00–6.00am** NFL: America's Game

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Super League Gold (AD) **6.15 LIVE NRLW** St George Illawarra Dragons v Brisbane Broncos. **8.15** Super League **9.00** Boxing **10.00** Super League **10.50 LIVE NRL** A semi-final. **12.45pm** Basketball **3.00** Modern Pentathlon **4.00** Super League **4.45 LIVE Super League** Catalans Dragons v Leeds Rhinos (k-o **5.00**); **7.00** Hull Kingston Rovers v Salford Red Devils (kick-off **7.30**). **9.45** Boxing **2.45am** Super League **4.05–6.05am LIVE NRLW** Parramatta Eels v Cronulla-Sutherland Sharks (kick-off **4.05**).

Sky F1

Sky 406 **Virgin** 516/**HD** 506 **BT** 425/**HD** 445

10.15–11.40am LIVE Singapore Grand Prix Final practice session. **1.00–4.00pm LIVE Singapore Grand Prix** Qualifying (start **2.00**).

TNT Sports 1

Sky 410 **Virgin** 527 **BT** 408/**HD** 430

6.00am LIVE AFLW Melbourne v Western Bulldogs (bounce-up **6.05**). **8.00** Premier League Preview **8.30** The Fantasy Show **9.00** Wrestling **10.30** Premier League Preview **11.00 LIVE Premier League Football** Wolves v Liverpool at Molineux (kick-off **12.30pm**). **3.00pm** Xtra Time **3.15** SHEENE (AD) **4.30** Amplified (AD) **5.00 LIVE National League Football** Kidderminster Harriers v Solihull Moors (kick-off **5.30**). **7.45 LIVE Italian Football** Genoa v SC Napoli (kick-off **7.45**). **9.45** Italian Football **11.45** Deaf Away Days **12 midnight** French Football **1.00–6.30am LIVE UFC** Fight Night 227 in Las Vegas, Nevada.

TNT Sports 2

Sky 411 **Virgin** 528 **BT** 409/**HD** 431

6.00am Cricket **7.00** Premier League Preview **7.30** The Fantasy Show **8.00** Inside Serie A **8.30** French Football **9.30** Boxing **11.30** Cricket **12.30pm LIVE Rugby Union** Bath Rugby v Jersey Reds. **3.15** Boxing: Usyk v Dubois **5.15 LIVE Italian Football** Inter Milan v AC Milan at San Siro. **7.00** Champions League Magazine (AD) **7.30** Around the Block (AD) **7.45 LIVE French Football** Lens v Metz (kick-off **8.00**). **10.00** Europa League Football and Conference League Magazine (AD) **11.00** Champions League Magazine **11.30 LIVE T20 Cricket** Guyana Amazon Warriors v Trinbago Knight Riders at Providence Stadium. **3.45am** Cricket (AD) **4.15** MotoGP Rewind **4.30** TNT Sports Reload (AD) **4.45–6.00am LIVE Motor Racing** The Sandown 500 in Melbourne. Coverage continues until 9am.

TNT Sports 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am Cricket Classics (AD) **8.30** Australian Rules Football **10.30 LIVE Australian Rules Football** AFL finals series match. **1.30pm** T20 Cricket **2.30 LIVE T20 Cricket** Jamaica Tallawahs v St Kitts and Nevis Patriots. **6.45** Packer: the Man Who Changed Cricket (AD) **8.15** Badminton Weekly (AD) **8.30** MLB: off the Bat (AD) **9.00 LIVE Major League Baseball** Miami Marlins v Atlanta Braves. **12.30am** Australian Rules Football **2.30** TNT Sports Reload (AD) **2.45** Europa League Football and Conference League Magazine (AD) **3.45** Champions League Classics **4.45–6.00am** Packer: the Man Who Changed Cricket (AD)

TNT Sports 4

Sky 421 **Virgin** 530 **BT** 411/**HD** 434

8.30am Badminton Weekly (AD) **8.45** MotoGP Rewind **9.00** T20 Cricket **10.00 LIVE Badminton** Coverage of the Hong Kong Open semi-finals. **3.30pm** MLB: off the Bat (AD) **4.00 LIVE Squash** Coverage of the Qatar Classic men's finals. **6.00** Surfing **7.00** TNT Sports Reload **7.30** MotoGP **9.00** Wrestling **10.30** Rugby Union **12 midnight** TNT Sports Reload **12.30am** MLB: off the Bat **1.00 LIVE Major League Baseball** Arizona Diamondbacks v Chicago Cubs at Chase Field. **4.30** My Most Memorable Game **5.00–6.00am** Atlanta Rules: 1990s Braves

Viaplay Sports

5.25–11.00pm LIVE Spanish Football Celta Vigo v Mallorca; **7.30** Barcelona v Real Betis.

Sunday

YOU GOTTA HAVE FAITH
George Michael in 1987, the year of his debut solo album

DOCUMENTARY

George Michael: Portrait of an Artist

*9.00pm **C4** Catch up via C4 streaming*

There's not been a shortage of docs since George Michael's death at just 53 in 2016. But this profile, chaptered and balanced, comes from former Wham! manager Simon Napier-Bell and benefits from wise input from the likes of Stevie Wonder, Stephen Fry and Jo Whiley, *RT's* own Caroline Frost, industry experts and ex-boyfriend Kenny Goss.

It takes us from the days of "young guns having some fun" with his friend Andrew Ridgeley to solo superstardom and beyond. What strikes you is George's articulacy in both interview and song, as well as his astonishing writing process. It's scarcely credible, for instance, that while recording 1990's *Praying for Time* – still achingly relevant – "he sang the lyrics as they came into his head".

There were repeated struggles in his life – with his parents, with drugs, the law, and over his privacy – and yet he was driven by a philanthropy whose secrecy he insisted on.

And he was under no illusion about the fleeting nature of fame. Perhaps the pithiest take on George Michael comes from George Michael: "I don't believe that I will leave a great mark as an entity. I want to leave something as a writer..." You'll hope he knew just how much he did. **MARK BRAXTON**

FACTUAL

Countryfile

*7.00pm **BBC1** Catch up via iPlayer*

I have mixed feelings about these editions that are devoted solely to the *One Man and His Dog* contest. Obviously, it's a comfort to fans of the long-running format that it still exists in this form, but its merger with *Countryfile* means we're denied the much-needed Sunday-night exhalation that comes from seeing presenters in insulated North Face jackets exploring the great outdoors on our behalf.

Let's try not to be churlish, though, as there's currently everything to play for on the Goodwood Estate in West Sussex, where four of our top sheepdog handlers are going head to head, including Northern Ireland's Shannon Conn who, at just 21, is the youngest in this year's competition. **DAVID BROWN**

FACTUAL

Antiques Roadshow

*8.00pm **BBC1** Catch up via iPlayer*

Whenever the *Roadshow* experts visit Scotland, they always hope to see items specifically related to the area. They're not disappointed at Pollok Country Park near Glasgow. While there's nothing connected to Robert Burns this time, there is a wealth of valuable treasures. Among them is a beautiful brass mirror from the Glasgow School of Art and a painting by one of the Glasgow Boys circle of artists. There are oddities, too, including what the owner thinks is a Tibetan monk's costume.

However, the big emotional moment involves a collection of Second World War medals that includes the Victoria Cross. "To see one for real and not behind armoured glass in a museum is amazing," says Mark Smith. **JANE RACKHAM**

TRAVEL

Amazing Hotels: Life beyond the Lobby

*8.00pm **BBC2** Catch up via iPlayer*

Borgo Egnazia in Puglia is unique in many ways. It looks like a traditional Italian village with its cobbled streets, bougainvillea, old stone walls and charmingly shabby air. Yet as Monica Galetti and Rob Rinder learn when they arrive to help out, it was only built a few years ago on a family's farm estate and has been deliberately distressed and dressed with props like a film set to create an authentic look.

Rooms are very expensive so the hotel attracts the super-rich, who are each allocated a local adviser available to them 24/7 to cater for their every whim, but who also treat them like friends. The hotel is a testament to Puglian hospitality. **JR**

FOOD

Jamie Cooks the Mediterranean

*8.00pm **C4***
Catch up via C4 streaming

This is very different from Jamie's usual shows because he's mainly learning new recipes rather than demonstrating his own. He's in Tunisia, whose food he describes as "a heady mix of Mediterranean and African influences", with lots of complex, intense and spicy flavours.

He starts by trying to make *bomboloni* (a light doughnut) and couscous. Let's just say the locals laugh at him a lot – but he takes the teasing in good humour. He does do some cooking: anglicised versions of *brik*, a traditional fried pastry parcel; *ojja*, which is a bit like shakshuka; and a chicken and merguez sausage stew. **JR**

ALSO ON TODAY

Repair Lot
6.00pm ***Dave***
A 1950s Ford Thunderbird needs a total electrical upgrade, and a Morris Minor is showing signs of severe engine wear.

Inheritance Wars: Who Gets the Money?
9.00pm ***Channel 5***
A new series featuring stories of families who have been torn apart over a loved one's will.

Boot Dreams: Now or Never
11.00pm ***BBC3***
Jordan (left) gets a high-stakes trial with Bradford City. Gifton opens up about the pressure to succeed.

DRAMA

The Woman in the Wall

9.00pm ***BBC1*** *Catch up via iPlayer*

Colman (Daryl McCormack) and Lorna (Ruth Wilson) have come far in this often-distressing series – not in terms of their obvious PTSD, but in their relationship with each other. They've gone from police officer and prime suspect to partners in crime-solving, their new-found aim being to find out why so many children at the mother and baby home were issued with death certificates despite being very much alive.

Aware that this could be a real scandal in the making, the pair track down a woman whose life journey began in the so-called care of the nuns at the institution. But a surprise development in Lorna's neighbourhood results in her racing back home. **DB**

ENTERTAINMENT

Mortimer & Whitehouse: Gone Fishing

9.00pm ***BBC2***
Catch up via iPlayer

Ted the dog returns this week, still looking for his briefcase but also for canine love, while Paul Whitehouse arrives driving a Porsche and looking like Lord Toffingham. He and Bob Mortimer are fishing on the River Avon, the "spiritual home of roach", but they're not having much luck.

It doesn't dampen their spirits, though, and the pals happily muse on fashion, self-raising flour, the contents of Bob's pockets and, of course, their many ailments. Their chats have probably done more to highlight men's health issues than any TV doctor... but whenever you hear green tea mentioned now, you'll want to shout, "Bunny!" **JR**

DOCUMENTARY

Katie Price: What Harvey Did Next

9.00pm ***W*** *Catch up via UKTV Play*

It's a big deal for any teenager to leave home for college. For Katie Price's 19-year-old son Harvey, it's even more of a wrench because he has complex medical and behavioural conditions and the cognitive understanding of a primary-school child. You'll soon put aside any preconceptions you have about Price because this film, first shown on BBC2 in 2022, is about her role as a loving mum and the challenge of caring for Harvey.

The staff at his new school are impressively patient and constantly vigilant because he can't help lashing out, while Katie simply hopes that he settles in and learns life skills such as shopping and simple conversation. **JR**

TAKING FLIGHT Christopher Eccleston reads *A Kestrel for a Knave*, filmed as *Kes*, which is celebrated at 9.05pm

LITERATURE

A Kestrel for a Knave: The Read

8.00pm ***BBC4*** *Catch up via iPlayer*

Many were introduced to this book at a young age: I can remember the tadpoles-and-wellies passage being read at my primary school. However, Barry Hines's short but potent 1968 novel was not warm and squidgy, but bleak and punchy, a tale of soaring dreams and clipped wings. So when the book fell into slightly older hands, its unravelling for those readers – like Ken Loach's screen adaptation – would prove memorably haunting.

This abridged reading by Christopher Eccleston deftly captures the heartbreak and humour (if not the tadpoles) as it charts the tantalising escape on offer for bullied schoolboy Billy Casper when he discovers a fledgeling kestrel on the outskirts of his Yorkshire mining village.

"A lot of people have a love of books squashed out of them," Hines himself once told *Radio Times*. Conversely, for me and for countless others, his most famous work unlocked a thrilling world of literature for ever. **MB**

LIVE SPORT

Rugby Union: World Cup
England v Japan
7.15pm (k/o 8pm) ***ITV1***
At 36, England scrum-half Danny Care (above) still dreams of World Cup glory.

Football: Premier League
Everton v Arsenal
4pm (k/o 4.30pm) ***Sky Sports Main Event/Premier League***
With three defeats and a draw in their first four matches, Everton have failed to shake off the poor form of last season.

Golf: PGA Championship
8.30am ***Sky Sports Golf***
The fourth and final round at Wentworth in Surrey.

FILM OF THE DAY

Dirty Dancing ★★★★ 12
6.05pm ***Channel 5***
Patrick Swayze sadly passed away 14 years ago this week, and this film features one of his most memorable roles. He plays the dance coach who shows teenager Jennifer Grey the time of her life at a holiday camp during the early 1960s. (1987)

FILM REVIEWS page 65

GETTY

SUNDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Sarah Campbell, Roger Johnson. (S) (HD)
7.35 Match of the Day Shown yesterday 10.20pm (S) (HD)
9.00 Sunday with Laura Kuenssberg Interviews with key politicians and public figures. (S) (HD)
10.00 Politics England Regional issues. (S) (HD)
10.30 Animal Park Kate Humble helps put the European grey wolves' stamina to the test. (R) (S) (HD)
11.15 Homes under the Hammer In Wolverhampton, Great Yarmouth and Cheshire. (R) (S) (AD) (HD)
12.15pm Bargain Hunt In Nottinghamshire. (R) (S) (AD) (HD)
1.00 BBC News Weather for the Week Ahead (S) (HD)
1.15 Songs of Praise The Rev Kate Bottley celebrates the 50th anniversary of the Greenbelt Festival. (S) (HD)
1.50 Points of View Viewers' comments. (S) (HD)
CONTACT pov@bbc.co.uk; telephone 0370 908 3199; or write to *Points of View*, 40 Pacific Quay, Glasgow G51 1DA
2.05 Lifeline On behalf of the Brain Tumour Charity. For donation details see Tuesday 8.50am BBC2 (S) (HD)
2.15 Money for Nothing A set of garden chairs. (R) (S) (HD)
2.45–3.45 Escape to the Country Helping an artist look for a home in West Yorkshire. (R) (S) (HD)

BBC2

6.40am Countryfile Catching up with shepherd Katie. Signed repeat Mon 1.15am Shown last Sun BBC1 (R) (S) (HD)
7.35 Breakfast News, sport and entertainment. (S) (HD)
9.00 Beechgrove Garden George Anderson tackles some important pruning. Shown last Friday (S) (HD)
9.30 Life in a Cottage Garden with Carol Klein The horticulturist prepares for winter. (R) (S) (AD) (HD)
10.00 Saturday Kitchen Best Bites Highlights. (S) (HD)
11.30 Mary Berry's Quick Cooking Mary helps out in the kitchen of HMS *Defender*. (R) (S) (AD) (HD)
12 noon Rick Stein's Seafood Odyssey Reproducing local dishes in Goa. (R) (S) (HD)
12.30pm Judgment at Nuremberg ★★★★
Courtroom drama starring Spencer Tracy and Burt Lancaster. On iPlayer for 30 days. **Review p105.**
Director Stanley Kramer (1961, PG) (BW) (S) (W) (HD)
Also showing Thursday 9pm BBC4
RED BUTTON 12.30–9.15pm Radio 2 in the Park Live coverage of the music festival held at Victoria Park in Leicester
BBC SPORT ONLINE 1.00–7.30pm Tennis The Davis Cup Group B match, Great Britain v France, at bbc.co.uk/sport
3.25 This Farming Life *3/12 Series 6.* Jenni wants to add three pygmy goats to her business. Shown last Tue (S) (HD)
4.25–5.00 Flog It! From the RAF Museum in Hendon, north London. (R) (S) (HD)

ITV1

6.00am Ainsley's Food We Love Ainsley Harriott prepares warming winter dishes. (R) (S) (AD) (HD)
6.30 James Martin's French Adventure A visit to the Château Cheval Blanc in Saint-Emilion. (R) (S) (HD)
7.30 James Martin's Saturday Morning With former rugby star Phil Vickery. Shown Sat 9.25am (S) (HD)
9.25 ITV News (S) (HD)
9.30 Love Your Weekend with Alan Titchmarsh Alan is joined by guests Samuel West, Bryn Terfel, and Kelvin and Liz Fletcher. (R) (S) (HD)
11.25 Love Your Garden *Ep 5 Series 13.* Surprising a Second World War veteran. Shown last Tue (S) (AD) (HD)
12.20pm ITV News Weather; Regional Weather (S) (HD)
12.30–1.30 Jason Atherton's Dubai Dishes *7/10* Recipes using tea and coffee. Shown Sat 11.35am (S) (AD) (HD)

Channel 4

6.15am Cheers Three episodes of the sitcom. (R) (S) (HD)
7.35 The King of Queens Double bill (R) (S) (AD) (HD)
8.30 The Simpsons Grampa falls in love. (R) (S) (AD)
9.00 Three tales of terror. (R) (S) (AD)
9.30 Sunday Brunch Tim Lovejoy and Simon Rimmer welcome Denise Van Outen, Duncan James, Mike Birbiglia, Roisin Gallagher and Geoff Norcott. (S) (HD)
12.30pm The Simpsons Lisa assists a magician.
1.00 Homer accidentally averts nuclear disaster.
1.30 Homer buys Lisa a pony.
2.00 Lisa and Bart help Krusty to find his father.
2.30 Homer invents a new drink. (R) (S) (AD)
3.00–4.00 Devon and Cornwall: Farming Lives A potato farm branching out into gin. (R) (S) (AD) (HD)

BBC1 1

The Woman in the Wall *9.00pm*
Detective work: Colman teams up with Lorna in a bid to find the truth

3.45pm The BFG ★★★
Fantasy adventure directed by Steven Spielberg, starring Mark Rylance and Ruby Barnhill. London, 1983: ten-year-old Sophie spots a giant from the window of her orphanage home and is taken to Giant Country. Available on iPlayer for 30 days. **Review p65.**
(2016, PG) (S) (AD) (W) (HD)

5.35 The Mating Game
2/5. **Oceans: Out of the Blue.** How marine creatures including humpback whales and sea slugs meet the challenge of finding a partner with ingenious breeding strategies. The whole series is available on iPlayer.
Director Simon Nash; Series producer Jeff Wilson (R) (S) (AD) (HD)

6.35 BBC News Regional News; Weather (S) (HD)

7.00 Countryfile
RT Coverage of One Man and His Dog from the Goodwood Estate in West Sussex, as Jane Drinkwater judges the efforts of four of the UK's top sheepdog handlers to navigate a challenging course. Includes **Weather for the Week Ahead**. **See p58.**
Series producer Gavin Ahern; Series editor Mark Beech (S) (HD)

8.00 Antiques Roadshow
RT Fiona Bruce presents from Pollok Country Park near Glasgow, where Ronnie Archer Morgan inspects three wooden sculptures found outside a charity shop and Gordon Foster admires a bag of golf clubs that once belonged to Seve Ballesteros. Joanna Hardy hears the story behind a diamond necklace, while Mark Smith meets the family of a Sikh soldier who was awarded the Victoria Cross for his actions during the Second World War. **See page 58.**
Series producer Rae Gilder Cooke; Series editor Robert Murphy (S) (HD)

9.00 The Woman in the Wall
RT *5/6.* **Ex Gratia.** Lorna and Colman become allies in their pursuit of the truth, while the survivors receive life-changing news. **See page 59.**

Lorna	**Ruth Wilson**	Breda	**Aoife McAtamney**
Colman	**Daryl McCormack**	Peggy	**Helen Roche**
Massey	**Simon Delaney**	Deirdre	**Anne Kent**
Niamh	**Philippa Dunne**	Carmel	**Deirdre Donnelly**
Michael	**Mark Huberman**	Sister Burke	**Esther Ayo James**
Amy	**Hilda Fay**	Lola	**Chizzy Akudolu**
Sister Eileen	**Frances Tomelty**	Thomas	**Brian Doherty**
Coyle	**Dermot Crowley**	Aoife	**Fiona Bell**
Anna	**Lynn Rafferty**	Lazarus Nun	**Joanne Brennan**
Conor Skelly	**Cillian Lenaghan**	Cruelty Man	**Dominic Anglim**
Young Clemence	**Ciara Stell**		

Writers Miriam Battye and Jamie Hannigan; Producer Susan Breen
Director Harry Wootliff (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.30 Match of the Day 2
Mark Chapman introduces extended highlights of the day's Premier League matches, featuring Bournemouth v Chelsea and Everton v Arsenal.
Producer Colm Harty; Editor Jamie Gavin (S) (HD)

11.30 Sorry to Bother You ★★★
Satirical fantasy. Struggling to pay rent, Cassius "Cash" Green takes a job as a telemarketer, and excels when he adopts an affluent-sounding "white voice" on the phone. As Cash and his girlfriend become involved with local union activities, a series of strange events lead to the uncovering of astonishing secrets. Available on iPlayer for 30 days. **Review page 65.**

Cassius Green	**Lakeith Stanfield**	Diana DeBauchery	**Kate Berlant**
Detroit	**Tessa Thompson**	Johnny	**Michael X Sommers**
Salvador	**Jermaine Fowler**	Langston	**Danny Glover**
Mr Blank	**Omari Hardwick**	Squeeze	**Steven Yeun**
Sergio	**Terry Crews**	Steve Lift	**Armie Hammer**

Director Boots Riley (2018, 15) (S) (W) (HD)
Also showing Friday 10pm BBC3

1.15am Weather for the Week Ahead (S) (HD)
1.20–6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2 2

Mortimer & Whitehouse: Gone Fishing *9.00pm*
Paul and Bob try their luck on the Hampshire Avon

5.00pm Celebrity Race across the World
1/6. Harry Judd, Billy Monger, Melanie Blatt and Alex Beresford embark on a race from Africa to the Arctic.
Shown last Wednesday BBC1 (S) (AD) (HD)

6.00 Golf
Highlights from the fourth and final day of the PGA Championship at Wentworth in Surrey. (S) (HD)

7.00 Living Next Door to Putin
1/2. The war in Ukraine has had a huge impact on the Eastern European countries that share a border with Russia. On a road trip from Poland, Katya Adler explores the consequences of Putin's war on the West.
Signed repeat Thursday 12.15am Shown last Tuesday BBC1 (S) (AD) (HD)

8.00 Amazing Hotels: Life beyond the Lobby
RT *6/8 Series 5.* Monica Galetti and Rob Rinder go behind the scenes of Borgo Egnazia, a hotel modelled on Puglia's historic villages, working with the local staff to find out how to deliver a genuine version of Italy within a carefully designed replica. Later, Monica makes focaccia for the cherry festival with chef Rocco while Rob meets the decoration team, who work hard to deliver an experience that blends reality with theatre. **See page 58.**
Director Gaetan Mourgue; Producer Ekta Walia
Repeated Friday 11.05pm (S) (AD) (HD)
RT TRAVEL A choice of two seven-night holidays in Italy: Pompeii, Capri and the Bay of Naples; and Sicily: page 145
RT travel supplement: centre pages

9.00 Mortimer & Whitehouse: Gone Fishing
RT *3/6 Series 6.* Bob and Paul make their way to the Hampshire Avon, on the Longford Estate, which has one of the UK's most diverse fish populations. Targeting roach, dace and river carp, the duo drink green tea and discuss what might make them feel young again. After a full day, they drive to the Perigord Treehouse, which has been built among trees overlooking a vineyard. During breakfast they plan their second day's fishing and give terrier Ted a pep talk about a forthcoming "date" with a female patterdale. All three have mixed fortunes. Will the lads net any of the fish they're after and will romance bloom for Ted? Series 1–5 are on iPlayer. **See p59.**
Director Rob Gill; Producers Lisa Clark and Stephanie Fyfe
Repeated Thursday 10pm (S) (AD) (HD)

9.30 The Fast Show
Series 1. Featuring, among others, Ron Manager, Ed Winchester and Roy and Renee, the train passengers from hell. With Paul Whitehouse, Charlie Higson, Mark Williams, John Thomson, Caroline Aherne, Simon Day and Arabella Weir. A box set is on iPlayer.
Producers Paul Whitehouse and Charlie Higson (R) (S) (AD) (HD)

10.00 I Saw the Light ★★
Music biography starring Tom Hiddleston. Hard-drinking country singer/songwriter Hank Williams works his way to the top, both with and despite the help of his wife Audrey. But for Hank, success comes at a price and his behaviour quickly spirals. Available on iPlayer for 30 days. **Review page 65.**

Hank Williams	**Tom Hiddleston**	Billie Jean Jones	**Maddie Hasson**
Audrey Williams	**Elizabeth Olsen**	Bobbie Jett	**Wrenn Schmidt**
Lillie Williams	**Cherry Jones**	James Dolan	**David Krumholtz**
Fred Rose	**Bradley Whitford**		

Director Marc Abraham (2015, 15) (S) (W) (HD)
Also showing Friday 9pm BBC4

11.55–2.55am Sign Zone 11.55 DIY SOS Strictly Special Stars of *Strictly Come Dancing* join Nick Knowles and the team in Wallsend, Newcastle upon Tyne. (R) (S) (AD) (HD)
12.55 Ambulance *1/6. Series 11.* Staff contend with strike days affecting ambulance services. (R) (S) (HD)
1.55 The Following Events Are Based on a Pack of Lies *3/5.* Alice discovers new evidence in her case against Rob.
Shown last Tuesday BBC1 (S) (AD) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1 3

Rugby World Cup *7.15pm* George Ford will be hoping his England team can move up a gear against Japan

1.30pm Rugby World Cup
South Africa v Romania
David Flatman presents coverage of the Pool B match at Stade de Bordeaux (kick-off **2.00**).
South Africa are the reigning champions, and will hope facing the Romanians is an omen as the only previous meeting between the teams was in 1995 when the Springboks claimed a 21–8 victory en route to lifting the trophy. Commentary by Martin Gillingham and Scott Hastings. (S) (HD)

4.15 Australia v Fiji
Live coverage of the Pool C match from Stade Geoffroy-Guichard, Saint-Etienne (kick-off **4.45**).
This is Australia's second match in this year's tournament and they will be looking to improve on their showing in 2019, when they qualified for the knockout stage after finishing second below Wales. Fiji are also playing their second game and will be aiming for a better scoreline against the Wallabies after losing 39–21 four years ago.
Commentary by Johnnie Hammond and Nolli Waterman, with analysis from Bryan Habana, George Gregan and John Barclay.
Editor Guney Gok (S) (HD)

7.00 ITV News
Weather; Regional News and Weather (S) (HD)

7.15 Rugby World Cup
England v Japan
Mark Pougatch presents coverage of the Pool D match from the Stade de Nice (kick-off **8.00**).
Steve Borthwick was part of the Japanese coaching team at the 2015 World Cup when the Brave Blossoms pulled off the greatest shock in the tournament's history by beating South Africa. Eight years on, Borthwick will be hoping his beleaguered England team can find some form in the south of France this evening. With skipper Owen Farrell serving the last of his four-game ban, England will need their experienced players to be on top form against the 2019 quarter-finalists.
Commentary provided by Nick Mullins and Ben Kay, with expert analysis by Jonny Wilkinson, Clive Woodward and Lawrence Dallaglio.
Editor Phil Heslop (S) (HD)
Italy v Uruguay Wednesday 4pm ITV4

10.25 ITV News
Weather; Regional Weather (S) (HD)

10.40 The Savoy
Ep 1 Series 2. Documentary series offering a glimpse behind the scenes of London's Savoy Hotel. Having been forced to close during the Covid-19 pandemic, the hotel is buzzing with activity once more. A box set is available on ITVX.
Director Martha Delap
Producers Susie Wright and Rhia Douty (R) (S) (AD) (HD)

11.40 Paul O'Grady: for the Love of Dogs
6/8 *Series 11.* Paul returns to Battersea Dogs Home, where he encounters some residents who are struggling to acquire new homes.
Shown last Thursday (S) (AD) (HD)

12.10am EFL Highlights A look at the weekend's action. Shown yesterday 11pm ITV4 and 12.50am ITV1 (S) (HD)
1.25 Sorry, I Didn't Know *2/5* *Series 2.* Guests include Eddie Kadi, Stephen K Amos and Kojo Anim. (R) (S) (HD)
1.50 Starstruck *5/8* *Series 2.* Four more teams of superfans perform for the judging panel. (R) (S) (HD)
2.50 Motorsport UK Richard John Neil presents action from Croft. Shown last Monday ITV4 (S) (HD)
3.40 Unwind A sequence to calm the mind. (S) (HD)
5.05–6.00am James Martin's Spanish Adventure James visits Extremadura. Shown last Fri (S) (SL) (AD) (HD)

ITV1 **Freeview** 3/HD 103 **Freesat** 103 **Sky** 103 **Virgin** 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 303

Channel 4 4 (7 in Wales)

George Michael: Portrait of an Artist *9.00pm* The definitive documentary on the music icon

4.00pm A Lake District Farm Shop
1/6 *Series 2.* The cameras return to Tebay Service Station, where farmer James Hadwin is hoping his innovative sheep's milk brie will find a place on the cheese counter. Tracey, the head of lifestyle, travels to the woodlands of Winster Valley to see timber craft producer Jonty Hampson's designs for oak risotto spoons and toaster tongs.
Series producer Zoe Thorman; Executive producers Pam Cavannagh and Dympna Jackson (R) (S) (AD) (HD)

5.00 Channel 4 News Sport; Weather (S) (HD)

5.30 Formula One: Singapore Grand Prix – Highlights
Action from the 16th round of the campaign, which came from Marina Bay Street Circuit in Singapore. Sergio Perez of Red Bull was victorious here last year, with the Ferrari duo of Charles Leclerc and Carlos Sainz Jr finishing second and third respectively. Steve Jones presents, with analysis from David Coulthard, Mark Webber and Lawrence Barretto. (S) (HD)

8.00 Jamie Cooks the Mediterranean
RT ***2/4.*** The culinary tour continues in Tunisia, as Jamie Oliver delves into the sights, sounds and smells of a country that stimulates the senses. He meets traditional couscous makers, samples delicious street food and is invited to cook with local chefs on a remote beach. Inspired by everything he has seen, Jamie rustles up crispy prawn parcels drizzled with harissa and a flavour-packed stew of chicken and merguez sausage. The whole series is available to stream. **See page 58.**
Series director Jamie Hammick; Series producer Katie Millard
Repeated 2.15am 4seven, Wednesday 8pm 4seven (S) (AD) (HD)
RT travel supplement: centre pages

9.00 George Michael: Portrait of an Artist
RT In a music career that spanned more than 30 years, George Michael sold over 120 million records on his way to becoming a global superstar. This documentary charts his rise to stardom as one of the world's top singer/songwriters, explores his artistry and examines the price of fame. Includes candid interviews with those who knew the real man behind the headlines, including Stevie Wonder, Stephen Fry, and George's long-term partner Kenny Goss. **See page 58.**
Director Simon Napier-Bell Repeated Tuesday 9pm 4seven, Thursday 12.55am Channel 4 (S) (AD) (HD)

10.50 Dispatches
Investigative series covering issues in British society, politics, international current affairs, health, religion and the environment.
Shown yesterday 9pm (S) (AD) (HD)

12.25am Blade of the Immortal ★★★★ Period martial arts adventure. Samurai Manji, who has been cursed with eternal life, is approached by a girl who requests his help in avenging the murder of her parents. Japanese +subtitles. Available to stream for 30 days. **Review p65.**
Manji **Takuya Kimura** Shira **Hayato Ichihara**
Rin Asano/Machi, Manji's sister **Hana Sugisaki** Makie Otono-Tachibana **Erika Toda**
Hyakurin **Chiaki Kuriyama**
Anotsu Kagehisa **Sota Fukushi** Yaobikuni **Yoko Yamoto**
Director Takashi Miike (2017, 18) (W) (HD)
2.45 Ramsay's 24 Hours to Hell and Back Gordon revamps a restaurant in New Orleans. (R) (S) (SL) (AD) (HD)
3.30 Jamie's One-Pan Wonders Jamie Oliver showcases a one-pan salmon pie. (R) (S) (HD)
3.40 Jamie Oliver prepares traybaked salmon. (R) (S) (HD)
3.50 Food Unwrapped Matt Tebbutt makes an attempt to run across a pond of custard. (R) (S) (AD) (HD)
3.55–6.05am Come Dine with Me An Italian-themed menu and restaurant favourites feature in Devon. (R) (S) (HD)

Channel 4 **Freeview** 4/HD 104 **Freesat** 104 **Sky** 104 **Virgin** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 304

BBC4 9 (24 in Scotland)

A Kestrel for a Knave: The Read *8.00pm* Christopher Eccleston dips into the novel

7.00pm Pierre Boulez at the BBC: Master and Maverick
Archive BBC footage featuring the French composer, conductor and musical icon, who transformed the way musicians and audiences around the world think about contemporary music.
Director/Producer Andy King-Dabbs
Repeated 1.20am (R) (S) (HD)

8.00 A Kestrel for a Knave: The Read
RT An episode in the occasional series that features readings of celebrated British novels. Christopher Eccleston reads an abridged version of Barry Hines's coming-of-age tale *A Kestrel for a Knave*. Set in the 1960s, the story follows Billy Casper, a bullied schoolboy who finds solace from his troubles when he discovers a young kestrel. **See page 59.**
Director Kieran Stringfellow
Producer Tasha Williams (S) (HD)

9.05 Greg Davies: Looking for Kes
The comedian and ex-English teacher makes a poignant tribute to Barry Hines's modern classic novel *A Kestrel for a Knave*. In search of the book's enduring appeal, Greg visits South Yorkshire, where the book was set and where Ken Loach's famous adaptation *Kes* was filmed. He meets Dai Bradley, who played Billy in the film, speaks to members of the Hines family and hears from Ken Loach about the making of the film.
Executive producer Richard Bright (R) (S) (HD)

10.05 Ken Dodd: How Tickled We Were
Unmistakable thanks to his unruly hair, golden larynx, tickling sticks and inexhaustible supply of gags, Ken Dodd entertained the nation for six decades with his television series, pantomimes, Shakespeare roles, pop singing, summer seasons – and his epic five-hour live performances. The comedian died in March 2018 at the age of 90 and this film portrait, first shown later that year, traces his life from his 1930s childhood in Knotty Ash to his final performance in Liverpool in December 2017. Narrated by Craig Charles.
Director Ian Denyer
Producer Tony Nicholson (R) (S) (HD)

11.20 The Shock of the New
3/8. **The Landscape of Pleasure**
Robert Hughes examines art's relationship with the pleasures of nature and humans' understanding of them. First broadcast in 1980. (R) (S)
12.20am *4/8.* Trouble in Utopia
Examining the utopian visions of architects Le Corbusier, Mies van der Rohe and Walter Gropius.
Producer Lorna Pegram; Editor Martin Crump (R) (S)

1.20 Pierre Boulez at the BBC: Master and Maverick Shown 7pm (S) (HD)
2.20–3.20am Lost Land of the Volcano *3/3.* Steve Backshall leads a team exploring the crater of a giant extinct volcano covered in thick jungle. Shown yesterday 7pm (S) (AD) (HD)

BBC4 **F'view** 9/HD 106 **F'sat** 108 **Sky** 116 **Virgin** 108

BBC1 SCOTLAND
10.00–10.30am The Sunday Show: hosted by Martin Geissler

BBC SCOTLAND
7.00pm The Seven **7.15** Rewind 1980s: the music, news and TV of 1980 **7.30** Sink or Skim: the future of the World Stone Skimming Championships **8.00** Grand Tours of Scotland's Rivers: the River Annan in Dumfries and Galloway **9.00** Scotland: the New Wild: new series. Showcasing the nation's wildlife **10.00** Still Game: a TV crew visits the Clansman **10.30** Two Doors Down **11.00–12 midnight** Seven Days

STV
3.40–5.05am Night Vision

BBC1 WALES
10.00–10.30am Politics Wales **12.15pm** Planet Earth: a Tale of Three Bears **12.30–1.00** Scrum V Rugby World Cup Podcast **3.45** Truckers: Life on the Road: Ian tests his nerve with an important speech **4.15 FILM:** The BFG **6.05–6.35** Garden Rescue: creating a tranquil garden

BBC2 WALES
4.25pm Coast **4.30** Celebrity Race across the World **5.30–6.00** A Special School: Ysgol y Deri stages its big summer show

BBC1 NORTHERN IRELAND
10.00–10.30am Sunday Politics Northern Ireland

BBC2 NORTHERN IRELAND
11.55pm Sunday Politics Northern Ireland **12.25–12.55am** BBC News

Channel 5 listings are overleaf

SUNDAY Freeview

Channel 5 [5]

Dirty Dancing *6.05pm* Johnny and "Baby" have the time of their lives

5.35am Milkshake! See page 64
9.55 The Smurfs (R) (S) (HD)
10.10 SpongeBob SquarePants Mr Krabs decides to get married to money. (R) (S) (HD)
10.20 Entertainment News (S) (HD)
10.30 NFL End Zone Action from the latest matches in the NFL. (S) (HD)
11.00 Friends *Series 6.* Rachel discovers her marriage has not been annulled.
11.30 Joey pretends to own a sports car.
12 noon Chandler prepares to move into Monica's apartment. (R) (S) (AD) (HD)
12.30pm Norfolk and Suffolk: Country and Coast Poppy and Joe check on lambs born on their Suffolk farm. (R) (S) (HD)
1.25 You've Got Mail ★★★
Romantic comedy starring Meg Ryan and Tom Hanks as rival New York bookshop owners. **Review page 65.**
Director Nora Ephron (1998, PG) (S) (W) (HD)

3.50pm Miss Congeniality 2: Armed & Fabulous ★★
Comedy sequel with Sandra Bullock. After saving the day at the Miss United States contest, FBI Agent Gracie Hart is a media sensation and gives up her police work in favour of a PR role. **Review page 65.**
Director John Pasquin (2005, 12) (S) (W) (HD)
5.55 5 News (S) (HD)

6.05 Dirty Dancing ★★★★
Romantic drama starring Jennifer Grey and Patrick Swayze. Teenager Frances "Baby" Houseman arrives at a resort hotel with her family in the summer of 1963. Here, she meets dance instructor Johnny Castle. **Film of the Day p65.**

Frances "Baby" Houseman	**Jennifer Grey**
Johnny Castle	**Patrick Swayze**
Dr Jake Houseman	**Jerry Orbach**
Penny Johnson	**Cynthia Rhodes**
Max Kellerman	**Jack Weston**

Director Emile Ardolino (1987, 12) (S) (AD) (W) (HD)

8.00 Hotel Benidorm: Fun Loving Brits in the Sun
2/6 Series 2. The Spanish resort is hit by a rare rainstorm, resulting in the Hotel Benidorm Plaza springing leaks and causing the electricity to cut out.
Directors Caroline Tout and Danny Spencer (S) (HD)

9.00 *New series.* Inheritance Wars: Who Gets the Money?
1/4. Stories of families fighting over what has been left in a loved one's will. The opening episode looks back at the first inheritance battle ever to hit the High Courts and also reveals how the millionaire Bernard Matthews's will caused uproar.
Directors Makon Bessala and Simon Newton (S) (HD)

10.00 When Films Go Horribly Wrong
Sean Pertwee narrates tales of movies making waves for all the wrong reasons, including a look at the uproar upon the release of *Monty Python's Life of Brian*.
Executive producers Elaine Hackett, Jason Wells and Simon Withington (R) (S) (HD)

1.00am Casino (S) (HD) **3.00** Puppy School for Guide Dogs (R) (S) (HD) **3.45** Get Your Tatts Out: Kavos Ink (R) (S) (SL) (HD) **4.35** Nick's Quest (R) (S) (SL) **5.00** House Doctor (R) (S) (SL) **5.25–5.30am** Entertainment News (S) (HD)

C5 **Freeview** 5/**HD** 105 **Freesat** 105 **Sky** 105 **Virgin** 105
+1 **Freeview** 38 **Freesat** 128 **Sky** 205 **Virgin** 305

BBC4 listings are overleaf

BBC3 [23]

Boot Dreams: Now or Never *11.00pm* Can Jordan make the most of his trial?

7.00pm EastEnders
Chelsea and Ravi's party doesn't go as they'd hoped. Jay fears that he's letting Lola down, and Alfie's plans upset Kat.
Shown last Wednesday BBC1 (S) (AD) (HD)
7.30 Sharon is intrigued after hearing about the work opportunities in Abu Dhabi. Meanwhile, Stacey continues to pick holes in Lily's parenting skills, and Kat makes an announcement.
Shown last Thu BBC1 Cast Wed/Thu BBC (S) (AD) (HD)

8.00 LIVE Athletics
The Prefontaine Classic, coverage of day two of the 14th and final meeting of the Diamond League season from Eugene, Oregon, held at Hayward Field. In 2022, the series concluded in Zurich, with Noah Lyles, Kirani James, Jakob Ingebrigtsen, Shelly-Ann Fraser-Pryce, Shericka Jackson and Femke Bol among the star names to win finals. (S) (HD)

11.00 *New.* Boot Dreams: Now or Never
5/6. Jordan is offered a high-stakes trial with Bradford City, but the coaches are worried about his self-control. In an emotional heart-to-heart, Gifton opens up to Roman about the pressure to succeed and why he is so keen for the boys to make the most of their big chance. The whole series is available to watch on iPlayer.
Repeated Tuesday BBC1 (S) (AD) (HD)
12 midnight People Just Do Nothing: two episodes (S) (AD) (HD) **1.00am** Dubai Hustle: double bill (S) (HD) **2.00** Boot Dreams: Now or Never (S) (AD) (HD) **3.00–4.00am** People Just Do Nothing (S) (SL) (AD) (HD)

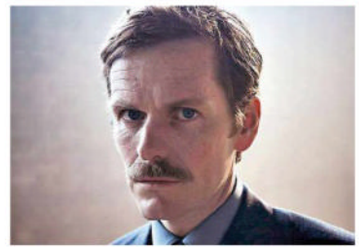
BBC3 **F'view** 23/**HD** 107 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 115 (117 Wales; 121 Scotland) **Virgin** 107 (157 Scotland/Wales)

ITV2 [6]

5.00am CITV (HD) **9.00** Totally Bonkers Guinness World Records (S) (SL) **9.35** Love Bites (S) (SL) (AD) (HD) **11.35** Next Level Chef (USA): taking burgers to the next level (S) (HD)
12.30pm Supermarket Sweep (S) (HD) **1.30** Celebrity Catchphrase (S) (AD) (HD) **2.30** Family Fortunes: Gino's Best Bits (S) (HD) **3.05** In for a Penny (S) (AD) (HD) **3.35 FILM** Step Up: All In ★★ Romantic drama (S) (AD) (W) (HD)
5.50pm FILM Coyote Ugly ★★ Romantic comedy drama starring Piper Perabo and Adam Garcia. An aspiring songwriter travels to Manhattan to make her fortune. But when things don't go according to plan, she takes a job at a notorious bar. (S) (AD) (W) (HD)
7.50 FILM Pitch Perfect ★★★ Musical comedy starring Anna Kendrick. New girl Beca doesn't care about being popular on campus, but her singing voice makes her the centre of attention when she signs up to become part of the college's all-female *a cappella* group. **Review p115.** (S) (AD) (W) (HD)
10.00 *New.* Olivia Attwood vs the Trolls Following Olivia as she goes on a journey into the world of online trolling, and hears the stories of women who have received online abuse. Repeated Wednesday 10pm (S) (HD)
11.00 Family Guy *Series 21.* Peter decides to make a hologram based on the best version of himself to get out of menial tasks.
11.30 *Series 16.* Brian posts an offensive tweet and the Griffins tell him he has to move out.
12 midnight *Series 11.* Stewie tries out his new teleportation machine. (S) (AD) (HD)
12.30am American Dad!: three episodes (S) (AD) (HD) **1.55** The Sex Lives of College Girls (S) (HD) **2.55–3.00am** Unwind (S) (HD)

ITV2 **Freeview** 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 **Freeview** 29 **Freesat** 114 **Sky** 218 **Virgin** 315

ITV3 [10]



Endeavour *10.00pm* DS Morse investigates a librarian's murder

6.00am On the Buses (S) (SL) **6.35** Agatha Christie's Poirot: *Murder in Mesopotamia.* An archaeologist's wife is murdered during an excavation (SL); **8.45** *Dumb Witness.* A murder ruins Poirot's holiday (S) (AD) (HD) **10.55 FILM** Carry On Jack ★★ Comedy. The crew of the good ship *Venus* set off for Spanish waters in search of glory (S) (AD) (W) (HD)
12.55pm Agatha Christie's Poirot: *The Adventure of the Western Star.* A Belgian actress receives threatening letters (S) (AD) (HD) **2.00 LIVE** Extreme E: race two of the Island X-Prix II, from Sardinia (S) (HD) **4.00** Coronation Street: looking back at villains, like Richard Hillman, and classic pairings such as Stan and Hilda (S) (AD) (HD)

5.00pm Agatha Christie's Poirot The Plymouth Express. The sleuth finds himself investigating a jewel theft when he's asked to vet potential suitors vying for the hand of an heiress. (S) (AD) (HD)

6.00 Lewis
2/4 Series 2. **Music to Die For.** The death of an Oxford don leads to the shady world of unlicensed boxing bouts, and further investigations reveal connections to former East Germany. (S) (AD) (HD)

8.00 Vera
4/4 Series 8. **Darkwater.** A teenage boy is found dead in a reservoir near a remote rural town. Vera takes on the case and uncovers a web of fractured relationships within the community. (S) (AD) (HD)

10.00 Endeavour
4/4 Series 6. **Deguello.** The detective investigates the murder of a librarian and finds a web of professional and personal rivalries with a grim connection. (S) (AD) (HD)
12 midnight Blue Murder: *Fragile Relations* A popular mullah is murdered (S) (SL) (AD) **1.30am** Vera *2/4 Series 8 Black Ice.* The detective investigates a death in a coastal community (S) (AD) (HD) **3.35** Agatha Christie's Marple: *At Bertram's Hotel* The reading of a will leads to murder (S) (SL) (AD) (HD) **5.10** On the Buses (S) (SL) **5.40–6.00am** Unwind (S) (HD)

ITV3 **Freeview** 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 **F'view** 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 317

ITV4 [26]

6.00am *New.* Motorsport Mundial (S) (HD) **6.30 *New.*** Auto Mundial (S) (HD) **7.00** Motorsport UK (S) (HD) **8.00** EFL Highlights: the latest fixtures (S) (HD) **9.25** MotoGP Highlights (S) (HD) **10.30** SailGP Highlights (S) (HD) **11.30** Made in Britain (S) (AD) (HD)
12 noon LIVE Darts: the quarter-finals of the World Series from Amsterdam (S) (HD) **4.00pm** Monster Carp (S) (HD)
6.00pm LIVE Darts Jacqui Oatley presents coverage of the concluding session of the World Series from Amsterdam, featuring the semi-finals and final. (S) (HD)
10.00 FILM Rambo ★★ Action drama starring Sylvester Stallone. Vietnam War veteran John Rambo is hired to rescue a group of Christian missionaries from a brutal local infantry unit in war-torn Burma. (S) (W) (HD)
11.40 FILM Mad Max beyond Thunderdome ★★★ Futuristic action thriller, the third in the series, starring Mel Gibson and Tina Turner. Lone wanderer Max is forced to find a new destiny after coming to the attention of a flamboyant dictator. (S) (AD) (W) (HD)
1.55am Motorsport UK: British F4 action from Croft (S) (HD) **2.55–3.00am** Unwind (S) (HD)

ITV4 **Freeview** 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 **Freesat** 118 **Sky** 220 **Virgin** 318

Drama [20]

Call the Midwife *6.40pm* Will Sister Frances go against a patient's orders?

7.25am The Bill: five episodes. Brandon comes face to face with Cathy; **8.15** The hostage crisis reaches a dramatic climax; **9.20** Jim appears in court; **10.25** Sheelagh spots a familiar face outside the station; **11.25** Sheelagh's baby goes missing
12.30pm FILM Operation Amsterdam ★★★ Second World War drama starring Peter Finch and Eva Bartok (BW) **2.40** Last of the Summer Wine: *Series 1. Hail Smiling Morn, or Thereabouts.* The trio take up photography (S) **3.20** Catherine Cookson's The Wingless Bird: melodrama, starring Claire Skinner and Edward Atterton, about the budding romance between two people from very different backgrounds in 1913 (S)

6.40pm Call the Midwife
6/8 Series 10. Dr Turner and Sister Frances help a mother-to-be who refuses medical care during her final weeks of pregnancy. (AD) (HD)

8.00 Inspector George Gently
3/4 Series 2. **Gently in the Blood** When a woman is raped and murdered, Gently and Bacchus are thrown into a world of racial intolerance, sexual jealousy and turf warfare. (S) (AD) (HD)

10.00 Jonathan Creek
5/6 Series 2. **The Problem at Gallows Gate 2/2.** As the detective duo try to convince the police of their innocence, Jonathan suspects that Kitty may not have witnessed a murder after all. (S) (AD)
11.05 *6/6 Series 2.* **Mother Redcap** Chinese gangsters threaten to murder a High Court judge, and he is mysteriously killed despite having police protection. (AD)
12.15am Rebus: *2/2 Series 2.* The detective investigates the murder of an asylum seeker on a notorious Edinburgh housing estate – and soon discovers the case is more than a hate crime (S) **1.50 *New.*** The Brokenwood Mysteries *2/4 Series 2.* During a performance of *Hamlet*, a young cast member collapses and dies (HD) **3.30–4.00am** The Upper Hand: *3/13 Series 2.* Caroline's former husband plans to marry again in France

Drama **Freeview** 20 **Freesat** 158 **Sky** 143 **Virgin** 116
+1 **Freeview** 60 **Sky** 243 **Virgin** 316

ITVBe [28]

7.00am The Real Housewives of Atlanta (S) (HD) **8.00** Making It Home with Kortney and Kenny (S) (HD) **9.00** LittleBe (HD)
12 noon Be Beautiful (S) (AD) (HD) **12.15pm** Making It Home with Kortney and Kenny: renovating a bungalow (S) (HD) **1.15** The Real Housewives of Potomac: five editions (S) (HD)
6.00pm The Only Way Is Essex Junaid fears he could now lose Dani. (S) (HD)
7.00 Gino's Italian Coastal Escape Gino D'Acampo embarks on a culinary journey along Italy's east coast. (S) (AD) (HD)
7.30 Gino visits the world heritage sites of Ravenna and San Marino. (S) (AD) (HD)
8.00 Emergency Nurses: A&E Stories Emergency nurses Kat and Becca help student nurse Meredith. (S) (HD)
9.00 *New.* The Only Way Is Essex Amber and Dan come face to face at the party in an emotional meeting. (S) (HD)
10.00 *New.* The Real Housewives of Miami Alexia revisits all of her traumatising trials and tribulations. Last in the series. (S) (HD)
11.00 Million Dollar Matchmaker Courtney Stodden becomes Patti's youngest client. (S) (HD)
12 midnight–1.00am Totally Unbelievable (S) (HD)

ITVBe **Freeview** 28 **Freesat** 119 **Sky** 131 (132 Scotland) **Virgin** 119 **+1** **Virgin** 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

READER OFFER An exclusive collaboration with Emma Bridgewater for the RadioTimes centenary

More4 18

The Emergency Ward *10.00pm*
Dr Sarah Whitelaw gets to work

8.55am George Clarke's Amazing Spaces (AD) **9.55** Ugly House to Lovely House with George Clarke (AD) **11.00** George Clarke's Old House, New Home: a Cheshire townhouse (AD)
12 noon Come Dine with Me: in Newcastle
2.40pm Four in a Bed: five editions
5.20pm Come Dine with Me A week of dinner parties in Swindon and Marlborough, including a largely vegetarian meal that's served up with a side of steak tartare. (AD)
8.00 999: on the Front Line Paramedics respond to a patient in cardiac arrest. Concerned that an elderly relative may be attempting CPR, they are forced to break down two sets of doors to gain entry.
9.00 24 Hours in A&E Zaki, 63, recently had a tonsillectomy after being diagnosed with throat cancer, but is back in A&E after suffering a bad bleed at home. (AD)
10.00 ***New.*** **The Emergency Ward** *Ep 7* Security tackle a violent man trying to smear blood onto hospital staff. Dr Jonathan's car crash patient, who wasn't wearing a seatbelt, is worried about what her dad will say. (AD)
11.00 Emergency Helicopter Medics: Mountain Emergencies Air ambulance crews race to mountain emergencies around the Lake District, as a walker goes into cardiac arrest on the banks of Ullswater and a biker is injured on a remote road. (AD)
12.05am The Good Doctor 2 7/18 (AD) **1.00** The Emergency Ward (AD) **2.00** 24 Hours in A&E (AD) **3.05–4.00am** 999: on the Front Line

More4 **F'view** 18 **F'sat** 124 **Sky** 136 (137 Scotland) **Virgin** 147 **+1** **Freesat** 125 **Sky** 236 (237 Scot) **Virgin** 347

E4 13

6.00am Hollyoaks: omnibus (AD) **8.30** Rude(ish) Tube Shorts **8.35** Ramsay's Hotel Hell: double bill (AD) **10.35** Modern Family **11.05** Young Sheldon: five episodes (AD)
1.30pm The Big Bang Theory (AD) **3.00** Junior Bake Off (AD) **4.40 FILM** How to Lose a Guy in 10 Days ★★ Comedy starring Kate Hudson and Matthew McConaughey (AD)
7.00pm The Big Bang Theory *11/24 Series 7.* The gang reflect on their lives. (AD)
7.30 *12/24.* Raj and Stuart practice talking to strangers at a shopping centre. (AD)
8.00 ***New.*** **Young Sheldon** *19/22 Series 6.* Mandy gets an exciting job opportunity. (AD)
8.30 ***New.*** *20/22.* Sheldon wants to study abroad and Missy makes a new friend. (AD)
9.00 FILM Jumanji: Welcome to the Jungle ★★★★ Fantasy adventure starring Dwayne Johnson, Karen Gillan, Kevin Hart and Jack Black. Four high-school students discover a dusty 1990s video game and are sucked into its world. They soon discover that to survive they must complete the game and break its curse. Repeated Friday 9pm (AD)
11.20 Gogglebox Thoughts on shows including *Ratched* and *Family Fortunes*. (AD)
12.25am Gogglebox (SL) (AD) **1.30** Naked Attraction (AD) **2.30** Below Deck Sailing Yacht (AD) **3.20** Modern Family: Gloria falls for a sob story **3.45–6.00am** Hollyoaks: omnibus (SL) (AD)

E4 **Freeview** 13 **Freesat** 122 **Sky** 135 (136 Scot) **Virgin** 106 **+1** **Freeview** 30 **Freesat** 123 **Sky** 235 (236 Scot) **Virgin** 306 **E4 Extra** **F'view** 31 **F'sat** 181 **Sky** 138 (139 Scot) **Virgin** 287

Really 17

6.00am Fantasy Homes by the Sea (AD) **7.00** Shopping **8.00** Fantasy Homes by the Sea (AD) **10.00** Say Yes to the Dress with Tan France **11.00** A Place in the Sun **3.00pm** The Hotel Inspector (AD) **4.00** Antiques Road Trip (AD) **7.00** The Yorkshire Auction House **8.00** Say Yes to the Dress with Tan France **9.00** The Bad Skin Clinic **10.00** Body Bizarre **11.00** The Dead Files
12 midnight Death Walker with Nick Groff
1.00am Ghost Adventures (AD) **2.00** Shopping
4.00–6.00am Animal Cops Houston (AD)

Really **Freeview** 17 **Freesat** 160 **Sky** 142 **Virgin** 128

Sky Arts 11

The Scarlet Claw *8.00pm* Holmes and Watson head to a Canadian village

6.00am Tchaikovsky, Swan Lake **8.30** Tales of the Unexpected **11.00** The Joy of Painting
12 noon Discovering: Leonardo DiCaprio
1.00pm André Rieu: Welcome to My World
2.00 Stories from the National Portrait Gallery **3.00** Paul Simon: Live in Central Park 1991 **5.30** Simon and Garfunkel: the Harmony Game: music documentary
7.00pm The Joy of Painting Artist Bob Ross paints a cool blue waterway.
7.30 Bob paints an old weathered dwelling.
8.00 FILM The Scarlet Claw ★★★★ Mystery starring Basil Rathbone as Sir Arthur Conan Doyle's famous detective and Nigel Bruce as Dr Watson, who are called in to investigate a series of murders in a Canadian village. The superstitious locals believe the killings are the work of a monster that lurks in nearby marshes. (BW) (W)
9.25 Classic Movies: the Story of Brighton Rock A look at John Boulting's 1944 film noir, which was adapted from Graham Greene's novel and starred Richard Attenborough as gangster Pinkie Brown.
10.25 David Hockney: 50 Years on Film The life and career of the artist.
11.25 Discovering: Leonardo DiCaprio A profile of the Oscar-winning American actor.
12.25am Peter O'Toole: Along the Sky Road to Aqaba **2.25** Isle of Wight Festival 2022 **3.40** Brian Johnson's A Life on the Road **4.40** The Police: Music Icons **5.05** Discovering: the Mamas & the Papas **5.30–6.00am** Discovering: James Brown

Sky Arts **Freeview** 11 **Freesat** 147 **Sky** 130 (131 Scotland) **Virgin** 140/**HD** 123 **BT** 350/**HD** 365

4seven 49

9.00am Four in a Bed: ten editions
2.00pm A Place in the Sun: six editions
8.00 A Cotswold Farmshop *6/6 Series 1* Buyer Jane, who looks after the farm shop's selection of beer, discovers the secrets of the locally produced malt. Alex checks in with Nick, son of cheese supplier Lady Angus, to see how he plans to continue his late mother's cheese legacy. Plus, when lifestyle buyer Diana discovers that employee Nadiyaa is now making her own range of silk scarves, she's keen to see them. (AD)
9.00 Gogglebox The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions. (AD)
10.00 The nation's sharpest armchair critics return to offer their candid opinions. (AD)
11.05 That's the Way, A-Ha, A-Ha, Joe Lycett A performance from the comedian's award-winning live show, recorded in 2016 at the Duchess Theatre in London's West End. Joe tackles topics including celebrities on Twitter and the tyranny of jobsworths.
12.10am Eight out of Ten Cats Does Countdown **1.15** Top Guns: Inside the RAF (AD) **2.15** Jamie Cooks the Mediterranean (AD) **3.20** Jamie's £1 Wonders (AD) **4.15–4.45am** Four in a Bed

4seven **F'view** 49 **F'sat** 127 **Sky** 137 (138 Scot) **Virgin** 143

Quest 12

6.00am Blowing Up History: Seven Wonders
8.00 The Woodland Workshop **9.00** Salvage Hunters: the Restorers **10.00** Who Do You Think You Are? **11.00** Celebrity Yorkshire Auction House
12 noon The Yorkshire Auction House **1.00pm LIVE** Live British Superbikes: the second day of racing from Oulton Park **6.00** Find It, Fix It, Flog It: an item that looks like a fish tank but turns out to have an entirely different use **7.00** Salvage Hunters
9.00 The Repair Shop **10.00** Aussie Gold Hunters
11.00 Vuelta a España: the final stage **12 midnight** Ancient Unexplained Files **1.00am** Aircrash Confidential **2.00** Planes That Changed the World
3.00 Airplane Repo **4.00–5.00am** How It's Made

Quest **Freeview** 12 **Freesat** 172/**HD** 167 **Sky** 144 **Virgin** 137 **+1** **Freeview** 70 **Freesat** 168 **Sky** 244 **Virgin** 337

Yesterday 27

Travel Man: 48 Hours in Athens
3.00pm Dawn French joins Richard

6.10am Sounds of the Seventies: double bill
7.15 Warbird Workshop **8.00** Narrow Escapes of World War II: four editions (AD)
12 noon Travel Man: 48 Hours in Madeira (AD) **12.30pm** Travel Man: 48 Hours on the Côte d'Azur (AD) **1.00** Travel Man: 48 Hours in Zurich (AD) **1.30** Travel Man: 48 Hours in Ibiza (AD) **2.00** Travel Man: 48 Hours in Slovenia (AD) **2.30** Travel Man: 48 Hours in Milan (AD) **3.00** Travel Man: 48 Hours in Athens (AD) **3.30** Travel Man: 48 Hours in Porto (AD) **4.00** Bangers and Cash
6.00pm Bangers and Cash A man reluctantly sends his dream car to auction.
7.00 A widow parts with her husband's collection of Rolls-Royces and Bentleys.
8.00 'Allo 'Allo! Gruber rescues René.
8.35 René and his staff devise a plan whereby Leclerc can enter Gruber's room.
9.05 René cracks open the safe.
9.40 René is reunited with an old flame.
10.10 Bangers and Cash Derek brings in a small army of military hardware. (AD)
11.10 Retro Electro Workshop Shamil hunts down a battered 1940s Marconi Radiogram. (AD)
12.05am Bangers and Cash **1.05** Train Truckers
2.05–3.00am Sounds of the Seventies

Yesterday **Freeview** 27 **Freesat** 159 **Sky** 155 **Virgin** 129 **+1** **Sky** 255 **Virgin** 329

Dave 19

7.10am Yianni: Supercar Customiser (AD)
8.00 Rick Stein's Cornwall **9.00** Abandoned Engineering (AD) **11.00** Top Gear (AD)
2.00pm Repair Lot (AD) **3.00** Gino's Italian Escape **4.00** Cannonball: double bill
6.00pm ***New.*** **Repair Lot** A Ford Thunderbird and a Morris Minor are restored. (AD)
7.00 Mortimer & Whitehouse: Gone Fishing Bob and Paul accept an invitation to fish in the estate lake of Burghley House. (AD)
7.40 Cornwall with Simon Reeve The explorer travels through the county.
8.40 QI Sandi Toksvig hosts an especially spooky episode of the quiz.
9.20 A Christmas special with Joe Lycett, Bonnie Langford, Sally Phillips and Alan Davies.
10.00 Live at the Apollo Stand-up comedy with Suzi Ruffell, Alfie Brown and Sikisa.
11.00 QI With Cally Beaton, Jamali Maddix and Josh Widdicombe.
11.40 Mock the Week Guests include Ed Byrne, Laura Lexx, Jonny Pelham and Ahir Shah.
12.20am With Maisie Adam, Rhys James, Milton Jones, Emily Lloyd-Saini and Glenn Moore.
1.00 Red Dwarf: two episodes of the sci-fi comedy (AD) **2.25** Mortimer & Whitehouse: Gone Fishing (AD) **2.55–4.00am** Just Jokes

Dave **F'view** 19 **F'sat** 157 **Sky** 111 (112 Wales) **Virgin** **HD** 127 **Dave Ja Vu** **Freeview** 57 **Sky** 211 (212 Wales) **Virgin** 327

London Live 8

6.00am London's Weekend **7.00** Sara Dane
8.00 Europe's Wilderness **9.00** The World's Most Incredible Hotels **10.00** My Greek Odyssey **11.00 FILM** Fury at Smugglers Bay ★★★ **12.45pm FILM** Scott of the Antarctic ★★★★ **2.50 FILM** Penny Paradise ★★ (BW)
4.30 FILM Lady Godiva Rides Again ★★
6.20pm London Districts **6.30** Tabernacle Choir: Music and Words **7.00** My Greek Odyssey **8.00** The Avengers: enemy agents recruit a double of Steed (BW) **9.15** When Missing Turns to Murder **10.15** Brazen Hussies: a landlady breathes new life into her ailing pub by staging male strip shows
12.05am FILM Wilt ★★ Comedy **1.55** An Englishman in New York **3.30** News Rewind
5.00–6.00am Talking Points

London Live **Freeview** 8 **Sky** 117 **Virgin** **HD** 159
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am Entertainment News **9.05** Columbo: six back-to-back episodes (AD)
7.25pm Columbo *Series 7.* The sleuth looks for clues to prove the guilt of a crime writer who committed murder and used her knowledge to cover her tracks **9.00** NCIS *Series 11.* At a meeting with his father, DiNozzo notices a man impersonating a naval officer (AD) **10.00** Law & Order: Special Victims Unit *Series 23.* Double bill. A mobster is accused of rape, then the SVU hunts for a serial rapist targeting mothers with young children **11.55** NCIS *Series 2.* Double bill (AD)
3.35–4.00am Criminals: Caught on Camera: the use of helicopter cams to catch criminals

5 USA **F'view** 21 **F'sat** 129 **Sky** 141 **Virgin** 120 (162 Scot) **+1** **Freesat** 130 **Sky** 241 **Virgin** 320

5 Star 32

8.00am Nightmare Tenants, Slum Landlords **1.00pm** Traffic Cops
5.00pm Police Interceptors: five editions. A failure to stop turns into a kidnapping.
6.00 Jacko and the team box in a van carrying large quantities of cannabis.
7.00 Faulko is rammed off the road.
8.00 Steve is forced to use his pepper spray when a suspect refuses to come quietly.
9.00 A banned driver causes carnage.
10.00 FILM Inglourious Basterds ★★★ Second World War action adventure directed by Quentin Tarantino and starring Brad Pitt. After a Jewish woman's family are slaughtered by the Nazis, she changes her identity and flees to Paris – only to come face to face with the man responsible for the massacre. English, German, French, Italian +subtitles.
1.10am FILM The Warriors ★★★★ Action drama starring Michael Beck. At a supposedly weapon-free conference of New York gangs, the leader of the "Riffs" is shot dead – a murder that is wrongly blamed on the "Warriors"
2.55–3.00am Entertainment News

5 Star **Freeview** 32 **Freesat** 131 **Sky** 128 (129 Scotland) **Virgin** 126 **+1** **Freesat** 141 **Sky** 228 (229 Scot) **Virgin** 326

5 Action 33

9.00am Trucking Hell **10.00** ***New.*** Wrestling
12 noon Criminals: Caught on Camera
12.30pm World's Deadliest Weather: Caught on Camera **1.30 FILM** Cimarron ★★ Epic western starring Glenn Ford, Maria Schell and Anne Baxter **4.35 FILM** Ride the High Country ★★★★ Western starring Randolph Scott and Joel McCrea
6.30pm FILM Rio Lobo ★★★ Western starring John Wayne and Jennifer O'Neill. Following a bullion robbery by Confederate soldiers, Colonel Cord McNally vows to find the two Yankee traitors who were responsible for the death of his best friend.
9.00 FILM Unforgiven ★★★★★ Western directed by and starring Clint Eastwood. Following the death of his wife from smallpox and the failure of his farm, former gunfighter William Munny is tempted back to his old ways by the bounty offered for killing the cowboys who badly scarred a prostitute.
11.40 FILM End of a Gun ★★ Action crime thriller starring Steven Seagal.
1.25am Car Crash TV **2.30–3.00am** 999: Criminals Caught on Camera

5 Action **Freeview** 33 **Freesat** 132 **Sky** 150 **Virgin** 130

5 Select 46

9.00am GPs: behind Closed Doors (AD)
12 noon Secret Life of the Forest
3.00pm Ben Fogle: New Lives in the Wild
6.00pm Ben Fogle: New Lives in the Wild Ben meets a scientist working to reduce the impact of climate change in Siberia.
7.00 Ben shares a yurt on New Zealand's North Island with British emigrant Lucy.
8.00 Ken Dodd: 60 Years of Laughter A tribute to the Liverpool-born comedian, featuring some of his most memorable routines, interviews and one-liners.
10.00 Diana Dors: the Blonde Bombshell The life and times of the actress.
11.35 Beatrice and Eugenie: Surviving Controversy A profile of the princesses.
1.00–3.00am Paris to Rome with Bettany Hughes: double bill. The presenter travels through France and Italy in search for the good things in life (AD)

5 Select **F'view** (HD only) 46 **F'sat** 133 **Sky** 153 **Virgin** 138

FREEVIEW TV and film channels continue overleaf

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603 **BT** 313

Celebrate 100 years of RadioTimes with our exclusive Emma Bridgewater mug Order yours on p149

SUNDAY Freeview & films

W 25

Katie Price: What Harvey Did Next *9.00pm* The duo

6.10am Tipping Point **12 noon** The Undateables: triple bill (AD) **3.00pm** My Family (AD) **5.00** Miranda (AD)

6.20pm Miranda Miranda makes a big decision to go travelling. (AD)

7.00 Nurses on the Ward Renee, Caitlin and James struggle with their work-life balance. (AD)

8.00 Inside the Operating Theatre A woman has an operation to repair the hernia she suffered while giving birth. (AD)

9.00 Katie Price: What Harvey Did Next Following Katie's son as he pursues a more independent life. **See page 59.** (AD)

10.20 Killer Women with Piers Morgan Meeting a Florida woman convicted of her husband's murder.

11.20 Fashion's Dirty Secrets: Stacey Dooley Investigates The environmental impact of the trade in cheap clothing. (AD)

12.20am The Shift: Women on the Force (AD) **1.15** Life and Birth **2.30–3.00am** Inside the Ambulance

W **F'view** 25 **F'sat** 156 **Sky** 132 (133 Scotland) **Virgin** 125 **+1** **Sky** 232 (233 Scotland) **Virgin** 325

Pick 36

6.00am Border Patrol **8.00** Highway Patrol **11.00** Neighbourhood Blues **12 noon** The Chase Celebrity Special **2.00pm** Border Security: America's Front Line **4.00** Highway Cops (AD) **5.00** Motorway Patrol **6.00pm** Caught Red Handed **8.00** Brit Cops: Law & Disorder **9.00** The Real Manhunter: the Murder of Chris Donovan: Colin Sutton looks back at the murder of an 18-year-old and how the young killers were caught **10.00** World's Most Evil Killers: the story of Paul Stephani, aka the Weepy Voiced Killer, who would whimper confessions over the phone after each of his murders **11.00** Forensics: Catching the Killer (AD) **12 midnight** Brit Cops: Law & Disorder: focusing on the work of the City of London Police (AD) **1.00am** Night Cops (AD) **2.00** Motorway Patrol (AD) **4.00–6.00am** Border Patrol

Pick **F'view** 36 **F'sat** 144 **Sky** 151 **Virgin** 135

HGTV 44

7.00am My Lottery Dream Home International **10.00** Love Your Garden **3.00pm** A Place in the Sun **4.00** A Place in the Sun: Home or Away **8.00** Fixer Upper: Welcome Home: a California woman wants to update her 1930s house in Waco, Texas. Chip and Jo transform the home into a stunning cottage **9.00** A Place in the Sun: four episodes. A couple look for a home in Charente, France **10.00** A couple search for their dream home in France **11.00** Looking for a holiday home on the island of Malta **12 midnight** A couple seek a Cyprus home for £135,000 or less **1.00am** Inn the Works: double bill **2.00–4.00am** Love Your Garden

HGTV **F'view** 44 **F'sat** 166 **Sky** 158 **Virgin** 191 **+1** **Sky** 258 **Virgin** 391

FREEVIEW channels continued from overleaf

Food Network 43

Jamie's Quick and Easy Food *9.00pm* Stress-free recipes

6.00am Diners, Drive-Ins and Dives **8.00** ***New.*** Kids Baking Championship **12 noon** La Pitchoune: Cooking in France **1.00pm** James Martin's French Adventure (AD) **3.00** Bake Off: the Professionals **4.00** Bake Off: the Professionals – the Final: the best three teams are challenged to produce edible hats to be worn in a catwalk show **5.00** The Great British Bake Off: triple bill **8.00** Bobby's Triple Threat: chef Kevin Tien pushes Bobby Flay's Titans to the limit **9.00** Jamie's Quick and Easy Food: double bill. Jamie Oliver makes high-speed ginger shakin' beef and pak choi, then easy rustic gnocchi for an elegant vegetarian supper **10.00** Mystery Diners: four episodes. A Las Vegas restaurant seeks help **10.30** Help for the owner of a pizzeria and bakery **11.00** The co-owners of a restaurant notice depleting chicken and beef supplies **11.30** A rivalry between staff may be the cause of missing alcohol **12 midnight** Mystery Diners: two episodes **1.00am** Diners, Drive-Ins and Dives **2.00–3.00am** Cheap Eats

Food Network **F'view** 43 **F'sat** 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1** **F'sat** 149 **Sky** 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder **11.00** Murder, She Wrote: eight episodes **7.00pm** Murder, She Wrote: double bill. A past killing and current pressure take their toll on a teenage tennis player, then a salon owner is suspected of murder **9.00** Garage Sale Mysteries: Murder Most Medieval **10.50** Garage Sale Mysteries: the Art of Murder **12.40am** Movie News **12.50** Castle **1.50** Movie News **2.00** Castle **2.50** Movie News **3.00** Return of the Saint: a bomber attacks London **3.50** Movie News **4.00** Highway to Heaven **4.50–5.00am** Movie News

Great TV **Freeview** 50 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 170 **+1** **Freesat** 143 **Sky** 257

RealityXtra 68

9.00am Medical Detectives **12 noon** Donal MacIntyre's Murder Files **2.00pm** Medical Detectives: six episodes. Tracking an elusive killer **2.30** A bathtub drowning **3.00** Using geographical profiling **3.30** Fibres lead investigators to a killer **4.00** Insects help to track down a killer **4.30** A body is found 30 years after the murder **5.00** Judge Judy **12.05am** World's Most Unexplained… **1.00** Psychic Private Eyes **4.00** as 12 noon/1pm **5.40–6.00am** Judge Judy

RealityXtra **Freeview** 68 **Freesat** 134 **Sky** 147 **Virgin** 172

BBC Parliament 232

6.00am Westminster Hall **11.00** Lords **12.30pm** Scottish Parliament **1.30** Senedd Cymru: Welsh Parliament **2.30** Commons **3.05** Lords **3.40** PMQs **4.15** Scottish First Minister's Questions **5.00** Welsh First Minister's Questions **6.00** Select Committees **12 midnight** Commons **12.35am** Lords **1.10** Scottish Parliament **2.10** Lords **3.40** PMQs **4.15** Scottish First Minister's Questions **5.00–6.00am** Welsh FM's Questions

BBC Parliament **Freeview** 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84

Augusto Pinochet *8.35pm* The dictator's regime

8.00am Beautiful Serengeti **8.55** Crypto Decoded **10.05** Augusto Pinochet: the Coup, the Torture and the West **11.10** Kokoda: the Spirit Lives **1.00pm** Beautiful Serengeti **1.30** Augusto Pinochet: the Coup, the Torture and the West **2.35** Vikings: the Rise and Fall

6.30pm Vikings: the Rise and Fall *5/6 Series 1.* Political turmoil in Norway leads the Vikings west. **7.30** *6/6.* How the Viking Empire came to an end in 1066.

8.35 Augusto Pinochet: the Coup, the Torture and the West Examining the brutal regime of General Augusto Pinochet.

9.35 Kokoda: the Spirit Lives Patrick Lindsay delves into the Kokoda Campaign.

11.25 Beautiful Serengeti *4/12 Series 1.* How animals use all sorts of strategies to protect their families and food from marauders.

12 midnight Augusto Pinochet: the Coup, the Torture and the West **1.05–2.00am** Beautiful Serengeti

PBS America **F'view** 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 187

Blaze 64

6.00am WW2 Treasure Hunters **7.00** Strange Evidence **8.00** Alien Files: Unsealed **9.00** UFOs Declassified **10.00** UFO Hunters **11.00** Ancient Aliens **12 noon** Weird or What? With William Shatner **4.00pm** UFOs: the White House Files **5.00** Aliens at the Pentagon **6.30** Alien Chronicles: Top UFO Encounters **8.00** River Hunters **9.00** ***New series.*** Al Murray: Why Does Everyone Hate the English?: England's greatest feuds with neighbouring France **10.00** The UnXplained with William Shatner: a look at serial killer creatures **11.00** Strange Evidence **12 midnight** Strangest Things **1.00am** What on Earth? **2.00** UFOs: The White House Files **3.00** Alien Chronicles: Top UFO Encounters **4.30** Alien Files: Unsealed **5.00–6.00am** Hardcore Pawn: double bill

Blaze **F'view** 64 **F'sat** 162 **Sky** 164 **Virgin** 174

Challenge 48

7.00am Scrapheap Challenge **10.00** Bullseye **12 noon** Family Fortunes (AD) **1.00pm** Dickinson's Real Deal: a vendor tries to sell a pair of earrings **2.00** Play Your Cards Right (AD) **3.00** Lily Savage's Blankety Blank **5.00** Tenable: double bill. Five friends from Hertfordshire compete, then Warwick Davis meets a team from East Sussex who attempt to win a big cash prize **7.00** The Chase: double bill of the quiz show hosted by Bradley Walsh **9.00** The Chase Celebrity Special: four celebrity contestants answer general knowledge questions and work as a team to take on one of the ruthless Chasers and secure a charity prize **10.00** The Chase: double bill **12 midnight** The Chase: four editions **4.00am** The Chase Celebrity Special **5.00–6.00am** The Chase

Challenge **Freeview** 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.35am Peppa Pig **6.05** Blue's Clues & You **6.25** Sesame Street Mecha Builders **6.40** ***New.*** Pirata & Capitano **6.50** Fireman Sam **7.05** Thomas & Friends **7.15** Paw Patrol **7.25** Pip and Posy **7.40** Peppa Pig **8.00** The Adventures of Paddington **8.15** Ben and Holly's Little Kingdom **8.30** Chip and Potato **8.50** Pop Paper City **9.00** ***New.*** Meet the Experts **9.15** Reu & Harper's Wonder World **9.25** Santiago of the Seas **9.40** Baby Shark's Big Show! **9.50–9.55am** Sunny Bunnies

Full listings for Channel 5 are on p62

CBeebies 202

6.00am Baby Jake **6.10** Twirlywoos **6.20** Bing **6.30** Love Monster **6.35** Chuggington **6.50** Go Jetters **7.00** Postman Pat: SDS **7.15** Bing **7.30** Hey Duggee **7.50** Go Jetters **8.00** Peter Rabbit **8.15** Octonauts: Above and Beyond **8.25** Chuggington **8.35** Bitz & Bob **8.45** The Furchester Hotel **9.00** Something Special: We're All Friends **9.20** Bluey **9.35** Hey Duggee **9.55** Supertato **10.00** Spidey and His Amazing Friends **10.25** Pfffirates **10.35** Get Set Galactic **11.00** Pinocchio and Friends **11.10** Love Monster **11.20** Vegesaurs **11.25** Kiri & Lou **11.30** Colourblocks **11.35** Fred & Pete's Treasure Tales **11.50** JoJo & Gran Gran **12 noon** My World Kitchen **12.15pm** Old Jack's Boat **12.30** Hey Duggee **12.45** Messy Goes to OKIDO **1.00** Bitz & Bob **1.10** Love Monster **1.25** Go Jetters **1.50** Dog Loves Books **1.55** Roots and Fruits **2.00** Something Special: We're All Friends **2.25** Get Well Soon **2.35** Hey Duggee **2.50** Alphablocks **2.55** Pfffirates **3.10** What's in Your Bag? **3.15** JoJo & Gran Gran **3.25** Hey Duggee **3.40** Nick Cope's Popcast **3.55** Numberblocks **4.05** Magic Hands **4.15** Treasure Champs **4.30** Supertato **4.40** Bluey **4.45** My Petsaurus **4.50** Shaun the Sheep **5.00** Steve and Aneeshwar Go Wild **5.05** Fred & Pete's Treasure Tales **5.20** Waffle the Wonder Dog **5.30** JoJo & Gran Gran **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05** Tee and Mo **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** CBeebies Bedtime Stories

CBeebies **F'view** 202 **F'sat** 608 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep, Sketchy Comedy **7.10** Danger Mouse **7.25** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** Newsround **7.55** Ninja Express **8.05** Odd Squad **8.15** Oswaldo **8.25** Ooglies Funsize **8.35** The Deep **9.00** Blue Peter **9.30** Monster Loving Maniacs **10.15** Boy Girl Dog Cat Mouse Cheese **10.50** Oswaldo **11.25** Grizzy and the Lemmings **11.40** Gym Stars **12 noon** New: Deadly Mission Shark **12.30pm** Operation Ouch! **1.00** Horrible Histories: Exceptional Explorers **1.30** Danger Mouse **2.15** Dennis & Gnasher Unleashed! **2.50** Shaun the Sheep **3.05** Grizzy and the Lemmings **3.20** My Life: Danny the Bravest Boy in the World **3.50** Operation Ouch! **4.20** The Blue Planet **5.15** New: Deadly Mission Shark **5.45** Malory Towers **6.10** The Next Step **6.35–7.00pm** Dragons: the Nine Realms

CBBC **F'view** 201 **F'sat** 607 **Sky** 607 **Virgin** 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 5am-9.00 and on ITVBe 9am to 12 noon

ITV2

5.00am Dodo **5.25** Scooby-Doo! Mystery Incorporated **5.45** Craig of the Creek **6.00** ***New.*** Craig of the Creek **6.10** Teen Titans Go! **6.50** DC Super Hero Girls **7.05** Looney Tunes Cartoons **7.45** Be Cool, Scooby-Doo! **8.10** What's New Scooby-Doo? **8.35–9.00am** Scooby-Doo and Guess Who?

ITVBe

9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** The Hive **9.35** Poppy Cat **9.50** Percy's Tiger Tales **10.05** Wildwoods **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** ***New.*** Postman Pat **11.35** Momolu & Friends **11.45–12 noon** Pip Ahoy!

FILMS

Film4 14

11.00am Tad the Lost Explorer and the Secret of King Midas ★★★ Fast-paced and fun *Indiana Jones*-style animation. (2017, U) (S)

12.40pm Tooth Fairy ★★★ A washed-up ice hockey star has to spend a week as a tooth fairy in this energetic fantasy comedy. Dwayne Johnson, Ashley Judd (2009, PG) (S) (AD)

2.45 Mr Popper's Penguins ★★★ Lively comedy in which real-estate developer Jim Carrey's strange inheritance helps him to rediscover what's important in life. (2011, PG) (S) (AD)

4.35 Turner & Hooch ★★★ Tom Hanks stars as a dapper detective who teams up with a slobby dog in this enjoyable comedy. (1989, PG) (S) (AD)

6.40pm The Personal History of David Copperfield ★★★★★ Joyous period comedy drama from Armando Iannucci starring Dev Patel as Charles Dickens's hero. **Review, right.** (2019, PG) (S) (AD)

9.00 Lion ★★★★ Gripping drama about a man searching for his family while remembering how he arrived alone in Calcutta when he was five. Dev Patel (2016, PG) (S)

11.20 Eagle Eye ★★★★ Fast and furious conspiracy thriller in which two complete strangers are caught up in a terrorist plot. Shia LaBeouf, Michelle Monaghan (2008, 12) (S) (AD)

1.35–4.00am Mary Magdalene ★★★ Well-played religious drama that takes a revisionist look at the Gospels. Rooney Mara (2017, 12) (S)

Film4 **Freeview** 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1** **F'view** 47 **F'sat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am The Hoosier Schoolmaster ★★★ Likeable drama with Norman Foster (1935, U) **7.20 Variety Jubilee** ★★★ Nostalgic music hall-set yarn that showcases a series of bygone acts. Reginald Purdell (1942, U) (S) **9.15 Of Human Bondage** ★★★★ A fantastic cast makes this the definitive film version of Somerset Maugham's novel about an ill-advised love affair. Leslie Howard (1934, PG) (S) **10.55 The Saint's Return** ★★★ Suspenseful Simon Templar caper starring Louis Hayward as the debonair vigilante. Naomi Chance (1953, PG) (S) **12.20pm Sierra Baron** ★★ Neatly made, beautifully shot western. Brian Keith, Rick Jason (1958, U) (S) **2.00 The Adventures of Robin Hood** TV drama. (S) **2.30 The Larkins** TV sitcom. (S) **3.10 My Man Godfrey** ★★★★ A down-and-out becomes butler to a wealthy New York family in this near-faultless comedy. William Powell, Carole Lombard, Alice Brady (1936, U) (S) **5.00 The Footage Detectives** A look at Patricia Dainton's career. (S) **6.00pm Tell Me Another** Stars tell stories about working overseas. (S) **6.30 The Assassination Bureau** ★★★★ Deft period black comedy starring Diana Rigg as a journalist infiltrating a gang of professional killers. Oliver Reed, Telly Savalas (1969) (S) **8.40 Look at Life** Documentary. **9.00 Van der Valk** TV drama. (S) **11.10 Town on Trial** ★★ John Mills is a detective hunting a murderer in this modest whodunnit. (1956, 12) (S) **1.10am And Soon the Darkness** ★★★ Atmospheric British chiller in which a nurse disappears without trace. Pamela Franklin (1970, 15) (S) **3.10 The Heritage Chart Show with Mike Read** Music show. **4.15–5.50am Target Earth** ★ A robot invasion from Venus! Richard Denning (1954) (S)

Talking Pictures TV **Freeview** 82 **Freesat** 306 **Sky** 328 **Virgin** 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

The Radio Times PODCAST **DON'T MISS** Our brand new series of **The Radio Times Podcast** – available now! **SCAN TO LISTEN**

Great Movies 34

9.00am The Gourmet Detective: a Healthy Place to Die **10.40** A Fixer Upper Mystery: Concrete Evidence **12.25pm** Martha's Vineyard: Riddled With Deceit **2.10 Star Trek VI: the Undiscovered Country** ★★★★ Outstanding sci-fi adventure featuring the original *Enterprise* crew. William Shatner, Leonard Nimoy (1991, PG) **4.20 Star Trek: Generations** ★★★★ Fun, multilayered sci-fi adventure. Patrick Stewart (1994, PG) **6.40pm 47 Ronin** ★★★ Keanu Reeves rallies a band of warriors to avenge his master's death in this Samurai drama. **Review p95.** (2012, 12) **9.00 P The Whole Truth** ★★★ A lawyer is caught in a web of deceit when he defends a teen accused of murder. **Review, right.** Keanu Reeves (2016, 15) **10.55 The Operative** ★★ Complex spy thriller in which rookie agent Diane Kruger goes under cover for Mossad. Martin Freeman (2019, 15) **1.15am** Murder 101: If Wishes Were Horses **3.00** Wild West Chronicles **4.00–5.40am Eve of Abduction** ★★ Neatly plotted thriller. Sarah Lind (2018)

Great Movies **Freeview** 34 **Freesat** 302 **Sky** 321 **Virgin** 425 **+1** **Freeview** 61 (*limited* 10pm-5am) **Sky** 322

Great Action 42

8.00am Battle for the Bulge **9.00 King Rat** ★★★★ Gripping PoW drama with George Segal as a mercenary wheeler-dealer. (1965, PG) **11.45 Dragonfly Squadron** ★★ War drama that's overtaken by mawkish romance. (1954, U) **1.35pm The Rats of Tobruk** ★★ Clumsily executed action tale. Grant Taylor (1944) **3.40 Submarine Raider** ★★ Rousing but unconvincing Pearl Harbor propaganda piece. John Howard (1942, U) **5.05 Tank Force** ★★ Far-fetched war drama. Victor Mature (1958, U) **6.55pm Bitter Victory** ★★★ Richard Burton and Curt Jurgens cross swords in this taut and fraught war drama. (1957, PG) **9.00 Extraction** ★★ Hastily assembled action yarn. Kellan Lutz (2015, 15) **10.50 Into the Ashes** ★★ Bloody revenge drama starring Luke Grimes as a reformed criminal. (2019, 15) **12.45am Half Past Dead 2** ★★ Predictably violent crime drama. Bill Goldberg, Kurupt (2007, 15) **2.30** Wild West Chronicles **3.00** War in the Pacific **4.00–5.00am** Wild West Chronicles

Great Action **Freeview** 42 *(limited)* **F'sat** 305 **Sky** 323 **Virgin** 426 **+1** **Sky** 324

Great Movies Christmas 52

8.00am Will You Merry Me ★★ Yuletide *Meet the Parents*-style romcom. Tommy Lioutas (2008, PG) **10.00 An Unexpected Christmas** ★★ Newlyweds keep their news secret. Susie Abromeit (2016) **12 noon A Christmas Wedding Date** ★★ Christmas Eve has a case of *Groundhog Day*. (2012, PG) **2.00pm Runaway Christmas Bride** ★★ Schmaltzy comedy. Cindy Busby (2017) **4.00 Marry Me at Christmas** ★★ Fluffy romcom. Rachel Skarsten (2017) **6.00pm Married by Christmas** ★★ Sisters compete to find a husband. April Bowlby, Jes Macallan (2016) **8.00 A Husband for Christmas** ★★ Co-workers marry to help a company merger. Vivica A Fox (2016) **10.00 A Bride for Christmas** ★★ She can't find Mr Right. Arielle Kebbel (2012) **12 midnight Welcome to Christmas** ★★ Does the town want a ski resort? Jennifer Finnigan (2018) **2.00am** Highway to Heaven **3.00–5.00am The Mistletoe Promise** ★★ Of course, they both hate Christmas! (2016)

Great Movies Christmas **Freeview** 52 **Freesat** 303 **Sky** 319 **Virgin** 424 **+1** **F'view** 63 (*limited* 10pm-5am) **F'sat** 304 **Sky** 320

Sky Premiere

6.00am Sky Cinema Preview **6.35 Agent Game** ★★ Slick but muddled thriller. (2022, 15) **8.20** As 4.05pm **10.20** As 6.05pm **12.15pm** As 8pm **2.10 M3GAN** ★★★★ Slick, smart comedy horror. (2023, 15) **4.05 All My Puny Sorrows** ★★★ Drama following a novelist as she tries to help her suicidal sister. Alison Pill (2021, 15) **6.05pm 80 for Brady** ★★★ Amiable sports comedy in which four elderly friends attend their first Super Bowl. Lily Tomlin (2023, 12) **8.00 Knock at the Cabin** ★★★★ A family's holiday is interrupted by four strangers in this intense thriller. **Review p46.** Jonathan Groff (2023, 15) **9.45 The Cinema List: Unmissable Sky Originals** **10.00 Scream VI** ★★★ Sixth entry in the slasher franchise. Melissa Barrera, Jenna Ortega, Courteney Cox (2023, 18) **12.15am P Spin Me Round** ★★★ Alison Brie's Italian corporate retreat grows increasingly bizarre in this comedy thriller. (2022,18) **2.05am** As 2.10pm **4.00 Something in the Dirt** ★★★ Trippy, horror-inflected sci-fi. Aaron Moorhead (2022, 15)

Sky Premiere **Sky** 301 **Virgin** 401 **BT** 501/HD 515 **+1** **Sky** 312

Legend 41

7.00am World's Most Unexplained… **8.00 The Day the Earth Stopped** ★ Giant robots land on Earth. C Thomas Howell (2009, 15) **10.00** Star Trek: Deep Space Nine: five episodes **3.00pm It Came from Outer Space II** ★ Lacklustre update of the 1953 sci-fi classic. Brian Kerwin (1996, PG) **4.45 Martian Land** ★★ The red planet is a harsh home. Alan Pietruszewsk (2015, PG) **6.30pm Lost City Raiders** ★★ Two brothers must protect an ancient relic. James Brolin (2008) **8.30 The Twilight Zone** TV sci-fi. **9.00 The Plague of the Zombies** ★★★★ Superior Hammer horror set in a village where a sinister local is practising voodoo. André Morell (1965, 12) **10.50 Island of Terror** ★★ Chiller cheapie about a small Irish island attacked by bizarre beasts. Peter Cushing, Edward Judd (1966, PG) **12.35am Itsy Bitsy** ★★★ Effective, menacing horror that's not for arachnophobes. Elizabeth Roberts (2019, 15) **2.30–4.30am Last Passenger** ★★★ Low-budget but high-speed thriller starring Dougray Scott. (2013, 15)

Legend **F'view** 41 **F'sat** 137 **Sky** 148 **Virgin** 149

HorrorXtra 69

8.00am The Philadelphia Experiment ★★ Scientists revive a secret wartime project in this enjoyable sci-fi action yarn. Nicholas Lea (2012, 12) **10.00 Icetastrophe** ★★ Gimmicky disaster movie about a meteor that makes temperatures plummet. Victor Webster (2014) **12 noon Hydra** ★★ Four criminals are chased by wealthy hunters and a multi-headed monster in this bizarre horror. George Stults (2009) **2.00pm Lord of the Elves** ★★ *Lord of the Rings*-style mockbuster about an enslaved tribe that turns to humans for help. Christopher Judge, Bai Ling (2012, 12) **4.00pm UFO** Five episodes of the TV sci-fi series starring Ed Bishop. **9.00 Jack's Back** ★★ Madcap suspense film about present-day twins who are drawn into a Jack the Ripper copycat case. James Spader (1988, 18) **10.55 Hellraiser III: Hell on Earth** ★★★ Surprisingly good horror sequel in which a TV journalist is targeted by demons after witnessing a man's death. Terry Farrell (1992, 18) **1.00–3.00am Jack's Back** As 9pm

HorrorXtra **F'view** 69 **F'sat** 138 **Sky** 317 **Virgin** 171 **+1** **F'sat** 139 **Sky** 318 **Virgin** 371

FILM REVIEWS

FILM OF THE DAY

Dirty Dancing ★★★★ *6.05-8.00pm* ***C5*** 12

ROMANCE This feel-good dance movie works a curious, charismatic magic. Despite its modest budget, this tale of sexual awakening at a Jewish holiday resort in 1963 became a huge hit, kick-starting major careers for its production team, and catapulting the then-unknown Patrick Swayze to stardom. The casting is perfect, with Swayze as a sexy bad boy dancing coach and Jennifer Grey as a strong-willed middle-class teen, and their relationship never strikes a false note. But what really makes the film unmissable is the fabulous dancing – despite being highly erotic, it's never tacky. **SUE HEAL** (US 1987, edited for language, sex scenes, HD)

Judgment at Nuremberg ★★★★

12.30-3.25pm ***BBC2*** PG

See review, page 105.
(US 1961, disturbing content, BW, HD)

You've Got Mail ★★★

1.25-3.50pm ***C5*** PG

ROMCOM Reworking Ernst Lubitsch's *The Shop around the Corner*, this winsome movie reunited Tom Hanks with his *Sleepless in Seattle* co-star Meg Ryan and director Nora Ephron. While not as amusing as it could be, it still exudes a pleasant feeling of cosiness. **DAVID PARKINSON** (US 1998, edited for language, HD)

The BFG ★★★

3.45-5.35pm ***BBC1*** PG
(starts 4.15pm in Wales)

FANTASY Orphan Sophie (Ruby Barnhill) is kidnapped by a big friendly giant in Steven Spielberg's visually dazzling adaptation of Roald Dahl's children's classic. It's probably more a kid-friendly movie than an adult one, but it's impossible not be charmed by Mark Rylance's twinkly eyed take on the BFG. **ALAN JONES** (US 2016, HD)

Miss Congeniality 2: Armed & Fabulous ★★

3.50-5.55pm ***C5*** 12

COMEDY Sandra Bullock returns as FBI agent Gracie Hart in this uneven sequel. The story sees Hart taking a PR role as "the face of the FBI" after her fame prevents her from operating under cover. Soon, she's enjoying her life as the Bureau's poster girl – much to the distaste of her tough new bodyguard (Regina King). **SLOAN FREER** (US/Aus 2005, edited for violence, HD)

The Personal History of David Copperfield ★★★★★

6.40-9.00pm ***Film4*** PG

COMEDY DRAMA *The Thick of It* creator Armando Iannucci trades satire for sincerity as he takes on one of Charles Dickens's crowning works. Dev Patel makes for a lovable protagonist and the supporting ensemble – which includes Tilda Swinton and Hugh Laurie – could hardly be bettered. Showing in a Patel double bill with *Lion*. **EMMA SIMMONDS** (UK 2019, violence, HD)

P The Whole Truth ★★★

9.00-10.55pm
Great Movies 15

DRAMA Keanu Reeves stars here as a lawyer hired by an old friend (Renée Zellweger) to represent her son after he is accused of murdering his abusive father. Director Courtney Hunt (*Frozen River*) cleverly intercuts the courtroom scenes with often contradictory flashbacks, but seasoned legal eagles won't have too much trouble spotting the final twist in the tale. **JOHN FERGUSON** (US 2016, sexual violence, swearing)

I Saw the Light ★★

10.00-11.55pm ***BBC2*** 15

BIOPIC Tom Hiddleston is the shining light in this otherwise drab portrait of country singing legend Hank Williams, who died in 1953 aged just 29. Unfortunately, writer/director Marc Abraham's focus on the marriage between Hank and his first wife Audrey (Elizabeth Olsen) drags the whole film down. **STELLA PAPAMICHAEL** (US 2015, swearing, drug abuse, nudity, col/BW, HD)

Sorry to Bother You ★★★

11.30pm-1.15am ***BBC1*** 15

COMEDY Set in a parallel reality, Boots Riley's absurdist gag-fest stars Lakeith Stanfield as a black man who adopts a "white" voice while working at a call centre, and soon finds himself leading a radical group against the evils of big business. The story escalates into outlandish fantasy, but remains highly original. **TERRY STAUNTON** (US 2018, swearing, sex scenes, drug abuse, HD)

Blade of the Immortal ★★★★

12.25-2.45am ***C4*** 18

ACTION Japan's Takashi Miike notched up 100 films as director with this gloriously gory samurai epic. Following the slaying of her parents, young Rin (Hana Sugisaki) hires an immortal warrior (Takuya Kimura) to help her wreak revenge. Adapted from the acclaimed *manga*, the film shows Miike to be a master storyteller. **JAMIE HEALY** (Jpn/UK/SKor 2017, violence, col/BW, HD)

Sky Cinema picks

The Young Victoria ★★★
1.50-3.40pm ***Sky Drama***
Emily Blunt rules. (2008, PG)
Sky 310; Virgin 410; BT 510/524

King Kong ★★★★
6.00-9.05pm ***Sky Directors***
Peter Jackson's superior take on the great ape saga. (2005, 12)
Sky 304; Virgin 404; BT 504/518

Paranormal Activity ★★★★ *8.00-9.40pm*
Sky Paranormal
Is their home haunted? (2007, 15)
Sky 311; Virgin 411; BT 511/525

Films to stream from p40
Netflix, Amazon, Disney+ and more

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12,15,18 - for viewers of these ages and over.

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Sky Showcase

The Blacklist *10.00pm*
Has Siya made a mistake?

6.00am Where's Wally **6.25** Croods Family Tree **7.15** The Slow Mo Guys' Big Adventures **8.05** Monkey Life **8.30** Sunday Morning with Trevor Phillips **10.00** Formula One **12 noon** Gangs of Baboon Falls **3.00pm** The Simpsons **4.30** ***New.*** Formula One: highlights of the Singapore Grand Prix

5.30pm The Simpsons Marge starts her own sandwich shop. **6.00** Mr Burns launches a controversial fracking operation. **6.30** *Futurama's Planet Express* crew turns up in Springfield. **7.00** Homer bankrupts Moe. **7.30** Homer acts as a chaperone to a visiting Nigerian princess.

8.00 The Bee Gees: How Can You Mend a Broken Heart ★★★★ Documentary exploring the history of the group with surviving member Barry Gibb.

10.00 The Blacklist *13/22* *Series 10.* Congressman Hudson tries to persuade a powerful friend to join his crusade against the Task Force.

11.00 An Idiot Abroad *1/8* *Series 2.* Karl Pilkington visits an island in the South Pacific. (AD)

12 midnight Road Wars **1.00am** The Force: Manchester **2.00** Stop, Search, Seize (AD) **3.00** Nothing to Declare **5.00–6.00am** The Early Rundown: two editions

Sky Showcase Sky 106 Virgin 109 BT 340/HD 355 +1 Sky 206

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Merlin: five back-to-back episodes

4.00pm Star Trek: Voyager *23/26* *Series 6.* Kes travels through time and uses her psychokinetic powers to try to destroy Janeway and *Voyager*. **5.00** *24/26.* The Doctor transmits his holographic program back to the Alpha Quadrant in an attempt to save his mentor. **6.00** *25/26.* When travelling through a nebula, the power aboard *Voyager* is turned off, so Neelix takes the opportunity to tell the Borg children a ghost story. **7.00** *26/26.* The Borg Queen discovers members of the collective have found a way of becoming more independent. **8.00** *1/26* *Series 7.* Janeway and her team endeavour to set the Borg drones free.

9.00 Ape vs Monster ★ Sci-fi adventure starring Rudy Bentz. An ape lost in space crash-lands back on Earth and finds itself expanding to monster proportions.

11.00 Meteor Moon ★ Sci-fi adventure starring Dominique Swain. When the Moon is put on a collision course with Earth, a group of scientists must race to save the world.

1.00am Chucky: double bill **3.00–6.00am** Stargate SG-1

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122 BT 348/HD 363 +1 Virgin 229

Sky Atlantic

Ray Donovan *3.35pm* Ray has more problems with his father

6.00am The Guest Wing (AD) **7.55** Fish Town **9.55** This England (AD) **12.25** Raised by Wolves (AD)

3.35pm Ray Donovan *2/12* *Series 2.* A reporter becomes interested in Sully's murder. **4.40** *3/12.* Kate's investigation takes her to the Fite Club. **5.45** *4/12.* A former member of Sully's gang creates trouble. **6.50** *5/12* Ray receives solid information about the FBI chief. **7.55** *6/12.* Ray plans to take down Cochran with Volcheck's help. (AD)

9.00 Winning Time: the Rise of the Lakers Dynasty *6/7* *Series 2* Drama starring John C Reilly, Jason Clarke and Quincy Isaiah, chronicling the professional and personal lives of the 1980s Los Angeles Lakers team.

10.05 Domina *1/8* *Series 2* Livia and Gaius return to Rome to discover that misrule and famine have taken over the city. **11.15** *2/8.* Livia is resolved that the marriage alliance between Drusus and Antonina will go ahead, but she faces a battle with Octavia.

12.20am Dreamland (AD) **12.50** Tin Star (AD) **2.00** ***New.*** Winning Time: the Rise of the Lakers Dynasty *7/7* *Series 2* Repeated tomorrow 9pm **3.15** Das Boot **4.15–6.00am** Fish Town

Sky Atlantic Sky 108 (109 Wales) BT 342/HD 357 +1 Sky 208 (209 Wales)

Sky Witness

6.00am Sun, Sea and A&E **7.00** Border Security: America's Front Line **8.00** Border Patrol **11.00** The Real A&E: double bill (AD) **12 noon** Sun, Sea and A&E: double bill (AD)

2.00pm Nothing to Declare Twelve back-to-back editions following the work of immigration and customs officers in Australia.

8.00 Caught on Dashcam *Ep 5* *Series 3.* A selection of road disasters captured on video by drivers' cameras.

9.00 The Good Doctor *21/22* *Series 6.* Dr Glassman and Dr Murphy's relationship could be irreparably damaged following a tense operation. Dr Park may be the one Dr Reznick needs.

10.00 FBI *5/23* *Series 5.* As the team work to rescue a kidnapped child, Scola suspects the boy's mother isn't being forthcoming about why her son was targeted.

11.00 FBI: International *5/22* *Series 2.* The Fly Team search for a missing surrogate, and Forrester's concern about the safety of his neighbours in Budapest intensifies.

12 midnight FBI: Most Wanted **1.00am** Departure (AD) **2.00** ***New.*** Law & Order: Special Victims Unit *18/22* *Series 24.* Carisi struggles to get an indictment when the complainant backs down. Rptd Saturday 9pm Sky Witness **3.00–6.00am** Nothing to Declare

Sky Witness Sky 107 Virgin 110 BT 341/HD 356 +1 Sky 207 Virgin 310

Sky Max

Merlin *7.00pm* King Uther clashes with his son Arthur

6.00am Highway Patrol (AD) **7.00** Supergirl **12 noon** NCIS: Los Angeles

5.00pm Merlin *9/13* *Series 1* Arthur's uncle returns from the grave in the form of a black knight. **6.00pm** *10/13.* Bandits attack the village where Merlin's mother lives. **7.00** *11/13.* A curse descends on Camelot after Arthur kills a unicorn. **8.00** *12/13.* Gwen's father is caught practising magic and faces trial. (AD)

9.00 Rob and Romesh vs Golf *2/7* *Series 3.* Rob Beckett shares his newfound love of the sport with Romesh Ranganathan. (AD)

10.00 The Blacklist *13/22* *Series 10.* Congressman Hudson attempts to persuade a powerful friend to join his crusade against the Task Force.

11.00 The Big Boss ★★★ Martial arts drama starring Bruce Lee. Promising his mother he will stay out of trouble, Cheng Chao-An travels to Bangkok to work in the local ice factory. But when the disappearance of two colleagues leads to an attack on his cousins, Cheng cannot remain uninvolved. Cantonese dubbed. (W)

12.50am Never Mind the Buzzcocks: with Stefflon Don (AD) **1.35** Road Wars **2.00** Fantasy Island **4.00** Air Ambulance ER **5.00–6.00am** Send in the Dogs

Sky Max Sky 113 (114 Wales) Virgin 111 BT 346/HD 361

Sky Replay

7.00am Four Weddings **8.00** Celebrity Four Weddings **9.00** Four Weddings **10.00** DC's Legends of Tomorrow: five back-to-back episodes (AD) **3.00pm** Manifest: three episodes (AD) **6.00pm** Manifest: double bill. Ben helps a passenger deal with his guilt, while Saanvi asks for assistance to protect herself from the Major, then Michaela and Ben risk everything in a brave rescue attempt (AD) **8.00** Vet Adventures: double bill. **10.00** Never Mind the Buzzcocks: Stefflon Don, Jake Shears and Jamie-Lee O'Donnell join captains Noel Fielding, Daisy May Cooper and regular panellist Jamali Maddix for the comedy music quiz, hosted by Greg Davies **10.45** Highway Patrol: nine episodes (AD) **3.00am** Four Weddings **4.00** Celebrity Four Weddings (AD) **5.00–6.00am** Four Weddings (AD)

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Motorway Patrol **7.30** Road Wars **8.30** Caught Red Handed **10.00** Caught on Dashcam **11.00** Britain's Most Evil Killers **1.00pm** Murdered at First Sight (AD) **2.00** World's Most Evil Killers **3.00** Killer in My Village **4.00** Murders That Shocked the Nation (AD) **5.00** World's Most Evil Killers: double bill **7.00** Forensics: Catching the Killer: when 13-year-old Lucy is reported missing by her mother, police and forensic investigators begin the painstaking search for the truth (AD) **8.00** Britain's Most Evil Killers: double bill **10.00** The Cheshire Murders (AD) **12.30am** Mark of a Serial Killer **2.00** How I Caught the Killer **3.00** Murdered at First Sight (AD) **4.00** Road Wars **5.00–6.00am** Motorway Patrol (AD)

Sky Crime Sky 122 (123 Scotland) Virgin 121 BT 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

Gold

The Royle Family: Down the Back of the Sofa *9.00pm*

7.05am Desmond's **7.45** Citizen Khan: two episodes (AD) **9.00** Only Fools and Horses (AD)

6.20pm Only Fools and Horses The Trotters agree to dog-sit while Boycie and Marlene go on holiday, little suspecting what lies ahead. **7.00** Del pays a stripper to attend a party at the Nag's Head with Rodney, who has been bet by Mickey Pearce that he cannot find a date for the occasion. **7.40** Del snatches a chance to make a quick profit. (AD)

8.20 Dad's Army Private Walker takes delivery of some Trafalgar Square pigeons and needs somewhere to hide them.

9.00 The Royle Family: Down the Back of the Sofa A refreshed version of the 2010 documentary featuring the core cast of the cult British sitcom. (AD)

11.00 The Office David Brent shares his management philosophy with a trade magazine. (AD)

11.40 Upstart Crow Will senses that literary immortality might be just around the corner (AD) **12.20am** Plague leads Will and his friends to escape to the family home in Stratford. (AD)

1.00 The Real McCoy: double bill **2.20** The Fosters **2.45** Desmond's **3.25–4.00am** The Fosters

Gold Sky 110 (111 Wales) Virgin 124 BT 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am The Fresh Prince of Bel-Air **10.30** Sort Of (AD) **10.55** Entourage **1.30pm** Will & Grace (AD) **4.00** The Conners: five episodes of the sitcom **6.30pm** The Office US: five episodes. Michael sets up a stall at a job fair **7.00** Phyllis puts on a huge bash for Toby's goodbye party **7.30** Andy publicly asks Angela to marry him **8.00** A Dunder Mifflin weight-loss initiative causes staff to diet **8.30** Andy plans his wedding to Angela **9.00** Miracle Workers: End Times: double bill. Sid goes on a weekend trip, then Sid and Freya visit Freya's parents **10.00** Divorce: double bill. Robert begins a new future with Jackie, then Robert prepares for a new marriage (AD) **11.20** Hung: double bill **12.30am** The Brink: Walter arrives in New Delhi (AD) **1.50** House of Lies **2.30–5.00am** Flatbush Misdemeanors

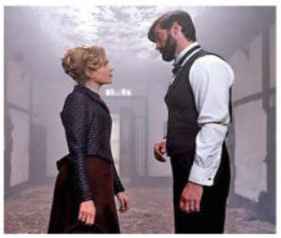
Sky Comedy Sky 114 (115 Wales) Virgin 112 BT 347/HD 362

Comedy Central

8.00am Most Ridiculous: Tattoos **8.35** Most Ridiculous: Jobs **9.00** Friends (AD) **5.50pm** Friends: double bill. Phoebe's hen party features a big surprise, then Phoebe and Mike's big day dawns (AD) **7.00 FILM** Drillbit Taylor ★★★ Comedy starring Owen Wilson. On the first day of high school, Ryan, Emmit and Wade decide to hire a bodyguard to protect them from the resident bully **9.00 FILM** Police Academy 2: Their First Assignment ★ Comedy sequel starring Steve Guttenberg **10.45** Rhod Gilbert's Growing Pains: with Jack Dee, Sophie Ellis-Bextor and KG Tha Comedian **11.45** Jimmy Carr: Live **1.15am** Kevin Bridges Live in Glasgow **2.15** South Park **4.10–5.00am** Comedy Game Night

Comedy Central Sky 112 (113 Wales) Virgin 132 BT 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

Alibi



Miss Scarlet and the Duke *7.00pm* Visiting a former jail

7.10am Murdoch Mysteries **10.00** Death in Paradise (AD) **2.00pm** Inspector George Gently (AD) **4.00** Frankie Drake Mysteries (AD)

6.00pm The Mallorca Files *8/10* *Series 1.* Max and Miranda investigate the brutal murder of a famous British author. (AD)

7.00 Miss Scarlet and the Duke *5/6* *Series 1.* The final entry in Henry Scarlet's casebook takes Eliza and Duke to a seemingly abandoned prison near London. (AD) **8.00** *6/6.* Eliza pieces the puzzle together to find out what really happened to her father. (AD)

9.00 Death in Paradise *2/8* *Series 5.* The team must deal with island politics when the outgoing governor of Saint Marie is poisoned at her leaving party. (AD)

10.00 So Help Me Todd *3/21* When Todd reunites with a childhood friend with a chequered past, he convinces Margaret to represent him in a minor legal case.

11.00 Evil *8/10* *Series 3.* The team heads to a toy shop to investigate reports of possessed toys and electronics. Meanwhile, David is tasked with retrieving a hidden message. (AD)

12.05am Hudson & Rex (AD) **1.00** Annika (AD) **2.15–4.00am** Miss Scarlet and the Duke (AD)

Alibi Sky 109 (110 Wales) Virgin HD 114 BT 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

Discovery

6.00am Bitchin' Rides **8.00** Kindig Customs **9.00** Bitchin' Rides **12 noon** Alaska: Homestead Rescue: triple bill **6.00pm** Gold Divers: Shawn and Kris attempt to settle their feud for good **7.00** ***New.*** Moonshiners: Master Distiller: three infamous still hands put their moonshining skills to the test **8.00** Richard Hammond's Big: Richard explores the Kölnbrein Dam in Austria **9.00** Walking the Nile: Levison Wood reaches his final destination of Egypt, where his journey takes him through strongholds for the Muslim Brotherhood opposition group **10.00** Goblin Works Garage: when Ant arrives unexpectedly with a '58 Apache, the Goblin team wants to give the whole body a huge lift **11.00** Ant Anstead Master Mechanic: double bill **12 midnight** Naked and Afraid **4.00–5.00am** How It's Made

Discovery Sky 125 (126 Scotland) Virgin 177 BT 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

Discovery History

6.00am Shed and Buried **9.00** Greatest Events of World War II **10.00** Devonport: inside the Royal Navy **12 noon** Combat Dealers **3.00pm** Egypt's New Tomb Revealed **4.00** Expedition Unknown **5.00** Blowing Up History **8.00** Shed and Buried: four episodes. Sheds full of classic bikes, vintage cars and extraordinary limousines in the West Country **8.30** A fanatical biker with a huge collection in Yorkshire **9.00** In the New Forest, Hampshire, Henry Cole and Sam Lovegrove visit a collector of Americana **9.30** A Midlands bike builder with a collection of rare items **10.00** Salvage Hunters: the Restorers (AD) **12 midnight** How It's Made **3.00–5.00am** Salvage Hunters

Discovery History Sky 177 Virgin 181 +1 Sky 277 Virgin 381

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RadioTimes Five Star Film Guide From Alien to Zulu, discover the best-rated films in RT's history

Sky Documentaries

Telemarketers *9.00pm* Pat Pespas at work in New Jersey

6.00am Discovering: Michelle Pfeiffer **7.00** Discovering: Mel Gibson **8.00** The Directors: double bill **10.00** Kingdom of Dreams (AD) **2.00pm** Spielberg (AD) (AD)

4.45pm Mr Dynamite: the Rise of James Brown The career of the singer and producer, charting his journey from his hit *Please, Please, Please* in 1956 through his pioneering funk phase and on to his later chart success. (AD)

7.00 The Wimbledon Kidnapping A look back at the disappearance of Muriel McKay in Wimbledon in 1969, and the 50th anniversary of the trial of the first-ever kidnap and ransom case in Britain. (AD)

9.00 Telemarketers Following the 20-year journey of two unlikely employees who stumbled upon the murky truth behind a New Jersey call centre.

10.05 Nothing Compares Documentary telling the story of Sinéad O'Connor's rise to fame, and how her iconoclastic personality resulted in her exile from the pop mainstream. (AD)

12 midnight Look Away (AD) **1.50am** 15 Minutes of Shame **3.30** Premier League Legends (AD) **4.00–6.00am FILM** Project Nim ★★★★ Drama documentary about a chimp raised as a human child (W)

Sky Documentaries **Sky** 121 (122 Scotland) **Virgin** 188 **BT** 352/**HD** 367

Nat Geographic

8.00am Made in a Day (AD) **9.00** Drain the Oceans (AD) **10.00** Europe from Above **12 noon** The Truth behind… (AD) **1.00pm** Lost Tomb of Genghis Khan **2.00** World's Greatest Train Journeys from Above (AD) **5.00** Building Impossible with Daniel Ashville (AD) **6.00pm** ***New.*** Running Wild with Bear Grylls: the Challenge: wilderness survivor Bear Grylls challenges Russell Brand to face his fears **7.00** Car SOS: restoring a Jeep Grand Cherokee (AD) **8.00** Ghost Ships of the Great Lakes: a mysterious group of ships that haven't been seen since 1914 **9.00** Air Crash Investigation (AD) **10.00** Drug Lords: the Takedown (AD) **11.00** World's Most Dangerous Drug: Super Meth **12 midnight** Banged Up Abroad **2.00am** Lords of War **2.55** Made in a Day (AD) **3.45–5.00am** Secrets of the Zoo: Keeper Tales

Nat Geographic **Sky** 129 (130 Scotland) **Virgin** 183 **+1** **Sky** 229 (230 Scot) **Virgin** 383

Sky History

6.00am Evidence of the Unexplained **7.00** Battle 360: double bill. The aircraft carrier USS *Enterprise*, then a CGI reconstruction of the battle of Midway **9.00** Pawn Stars **12 noon** Storage Wars **3.00pm** Digging for Britain **7.00** Ancient Impossible: double bill. A look at the technology behind the ancient Greeks' Trireme war vessels, then examining how oil was obtained from the ground without modern drills **9.00** The Rise and Fall of Pablo Escobar: the search for Pablo Escobar as told by US Drug Enforcement Administration agents **11.00** The UnXplained with William Shatner **12 midnight** Alone: Predator Lake **1.00am** Storage Wars: six episodes **4.00–6.00am** Digging for Britain

Sky History **Sky** 123 (124 Scotland) **Virgin** 131 **BT** 353/**HD** 368 **+1** **Sky** 223 (224 Scot) **Virgin** 331

Sky Nature

Wild Crusades *7.00pm* Help for an abandoned elephant calf

6.00am Undiscovered Vistas **11.00** Guardians of the Wild **2.00pm** New Kids in the Wild (AD)

6.00pm New Kids in the Wild A giant river otter pup and his siblings begin to test the waters in Brazil's Pantanal wetland. (AD)

7.00 ***New.*** **Wild Crusades** A sick elephant calf found abandoned appears to be another victim of the battle for space between humans and elephants.

8.00 David Attenborough's Dragons and Damsels Documentary exploring the complex behavioural patterns and flight dynamics of dragonflies and damselflies. (AD)

9.00 Attenborough's Journey Following David Attenborough as he travels around the world to explore the origins of life on Earth. (AD)

10.00 The Ocean's Greatest Feast Following the migration of sardines along the east coast of South Africa as they attempt to escape hungry predators.

11.00 How Animals Talk to Each Other Discovering how animals communicate danger. (AD)

12 midnight Wild Crusades **1.00am** Macro Worlds (AD) **3.00–6.00am** Kalahari: Land of Secret Alliances: triple bill

Sky Nature **Sky** 124 (125 Scotland) **Virgin** 189 **BT** 354/**HD** 369

Eden

9.00am Abandoned Engineering (AD) **6.00pm** Abandoned Engineering: six episodes. A marooned ironclad structure off the coast of England that hides a dramatic story of war and resilience **7.00** Forgotten relics from the defence of America's homeland, concealed by the banks of the Mississippi, and a concrete behemoth on the French coast that proved invulnerable to attacks **8.00** An American prison for the violent and deranged, with links to a cult leader **9.00** The underground base with the power to destroy a nation **10.00** Claustrophobic prison cells and a vast mountainside complex **11.00** A secret underground base that concealed the power to destroy nations (AD) **12 midnight** Abandoned Engineering (AD) **5.30–6.00am** The Zoo

Eden **Sky** 166 **Virgin** **HD** 176 **+1** **Sky** 266 **Virgin** 376

Animal Planet

8.00am Tanked **9.00** How Do Animals Do That? **10.00** My Cat from Hell (AD) **11.00** Animal Cops Philadelphia (AD) **12 noon** Tanked **1.00pm** Pit Bulls and Parolees **2.00** Meet the Orangutans **3.00** Meet the Penguins **4.00** My Cat from Hell (AD) **5.00** Animal Cops Philadelphia (AD) **6.00** Tanked: Brett and Wayde build rapper Ludacris a tank for exotic fish **7.00** Pit Bulls and Parolees: Tia feels overwhelmed, so she hires three new parolees **8.00** Celebrity Animal Encounters **9.00** The Crocodile Hunter: Best of Steve Irwin **10.00** Edge of Alaska **11.00** Monster Croc Invasion (AD) **12 midnight** Saba and the Rhino's Secret **1.00am** Edge of Alaska **2.00** My Cat from Hell (AD) **3.00** Animal Cops Philadelphia (AD) **4.00–5.00am** Tanked

Animal Planet **Sky** 162 (178 NI) **Virgin** 178 **+1** **Sky** 262 (278 NI) **Virgin** 378

SPORT

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 420/**HD** 440

6.05am Super League Gold (AD) **6.15 LIVE NRLW** Canberra Raiders v Gold Coast Titans (kick-off **6.15**). **8.15** Super League **8.30 LIVE International One-Day Cricket** South Africa v Australia. **11.30 LIVE Championship Football** Millwall v Leeds Utd (kick-off **12.00**). **2.00pm LIVE Premier League Football** Bournemouth v Chelsea; **4.00** Everton v Arsenal (k-o **4.30**). **7.00 LIVE NFL** Jacksonville Jaguars v Kansas City Chiefs (kick-off **6.00**); **9.15** Dallas Cowboys v New York Jets at AT&T Stadium (kick-off **9.25**); **1.20am** New England Patriots v Miami Dolphins (kick-off **1.20**). **4.30–6.00am** Sky Sports News

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am League One and Two Goals **6.30** Championship Highlights **8.00** League One and Two Goals **8.30** Scottish Premiership Football **8.45** Championship Highlights **10.00** League One and Two Goals **10.30** Scottish Premiership Football **10.45** Championship Highlights **11.30 LIVE Championship Football** Millwall v Leeds United (k-o **12.00**). **2.30pm LIVE German Football** FC Heidenheim 1846 v Werder Bremen in the Bundesliga (k-o **2.30**); **4.30** Darmstadt 98 v Borussia Moenchengladbach (kick-off **4.30**). **6.30** Championship Highlights **6.45** Scottish Premiership Highlights **7.00** League One and Two Goals **7.30** Championship Football **9.30** Championship Highlights **10.30** League One and Two Goals **11.00** Championship Highlights **11.30** Scottish Premiership Highlights **11.45** EFL Greatest Games (AD) **1.00am** Classic League Cup (AD) **2.00** Classic Play-Offs **5.00–6.00am** Championship Season Review

Sky Golf

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am Luke Donald: Cool Hand Luke (AD) **6.30** Challenge Tour Golf: English Trophy action **7.00** Countdown to the Ryder Cup **7.30** European Tour Golf **8.30 LIVE European Tour Golf** BMW PGA Championship, day four. **5.30pm** Nick Dougherty's Tee Time Tips **6.00** Ladies European Tour Golf **9.00** European Tour Golf **10.00** Suzann Pettersen: Her Final Putt **10.45** Solheim Cup Golf **11.00 LIVE PGA Tour Golf** The Fortinet Championship, day four. **2.00am** European Tour Golf **5.00** Luke Donald: Cool Hand Luke (AD) **5.30–6.00am** Portrait of a Captain: Catriona

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.05am Super League Gold (AD) **6.15 LIVE NRLW** Canberra Raiders v Gold Coast Titans (kick-off **6.15**). **8.15** Super League **9.30** Boxing (AD) **11.30** Modern Pentathlon **12.30pm** US Open Tennis **3.00** Super League **4.00** WNBA **6.00** Boxing **7.00** Super League **8.00 LIVE WNBA** The play-offs. **10.00** Kobe Bryant: the Interview **11.00** Super League **12 midnight** Boxing **1.00am** US Open Tennis **3.30** British Basketball League **5.45–6.00am** NBA (AD)

Sky Mix

Sky 416 **Virgin** 510 **BT** 429/**HD** 449

6.00pm–1.00am LIVE NFL Redzone Score updates.

Viaplay Sports

12 noon–11.30pm LIVE Spanish Football Getafe v Osasuna; **3.00pm** Villarreal v Almeria; **5.15** Sevilla v Las Palmas (k-o **5.30**); **7.30** Real Madrid v Real Sociedad.

F1: Singapore Grand Prix *11.30am* ***Sky F1*** Sergio Pérez clinched the win here last year

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Highlights: yesterday's action **10.00** Matchday **12 noon** Sports Sunday **1.00pm LIVE Premier League Football** Bournemouth v Chelsea at the Vitality Stadium (kick-off **2.00**); **4.00** Everton v Arsenal (k-o **4.30**). **7.30** Highlights **3.00am** Premier League Greatest Games **4.00** Best Goals **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am Classic World Cup Cricket: from 1999 (AD) **7.00** Talking Cricket (AD) **7.30** International One-Day Cricket **8.30 LIVE International One-Day Cricket** South Africa v Australia, the fifth and final match of the series, held in Johannesburg. **5.00pm** Pushing Boundaries (AD) **6.15** Classic World Cup Cricket **7.00** International One-Day Cricket **8.00** One-Day Cup Cricket **9.00** International One-Day Cricket **10.00** One-Day Cup Cricket **11.00** International One-Day Cricket: South Africa v Australia **12 midnight** How the 2003 World Cup Was Won (AD) **3.00–6.00am** Classic World Cup Cricket

Sky NFL

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am NFL Highlights **11.00** One Jets Drive **11.45** 49 Hours **12 noon** NFL Bitesize **1.00pm** NFL Highlights **2.00** NFL Gameday **5.00 LIVE NFL** Jacksonville Jaguars v Kansas City Chiefs; **9.15** Dallas Cowboys v New York Jets at AT&T Stadium (k-o **9.25**); **1.20am** New England Patriots v Miami Dolphins (kick-off **1.20**). **4.30–6.00am** NFL Bitesize

Sky F1

Sky 406 **Virgin** 516/**HD** 506 **BT** 425/**HD** 445

11.30am–4.30pm LIVE Singapore Grand Prix At Marina Bay Street Circuit (start **1.00**).

Eurosport 1

Sky 413 **Virgin** 521 **BT** **HD** 412

7.00am LIVE Snooker Coverage of the Shanghai Masters final at Shanghai Grand Stage in China. **10.00** Showjumping **10.30** Cycling **1.10pm LIVE Cycling** Coverage of the Tour of Romandie, the third and final stage of the women's event. **2.30** Vuelta a España **4.00 LIVE Vuelta a España** The 21st and final stage, which follows a route of 101.5km from Hipódromo de la Zarzuela to Madrid. **8.00** Cycling **9.00** Climbing **10.00** Vuelta a España: action from the final stage **11.30** Cycling **12 midnight** British Superbikes **1.00am** Cycling **2.00** British Superbikes **3.00** Motor Racing **4.00** Vuelta a España **5.30–7.00am** Showjumping: Global Champions Tour

TNT Sports 1

Sky 410 **Virgin** 527 **BT** 408/**HD** 430

6.30am French Football **7.30** Premier League Highlights **9.00** Deaf Away Days **9.15** International One-Day Cricket **10.15 LIVE International One-Day Cricket** Asia Cup final. **7.00pm** Premier League Stories (AD) **7.30 LIVE Italian Football** AS Roma v Empoli (kick-off **7.45**). **9.45** Brothers in Football (AD) **11.15** Champions League Magazine (AD) **11.45** Champions League: Stories of the Finals (AD) **12 midnight LIVE Major League Baseball** Arizona Diamondbacks v Chicago Cubs (start **12.10am**). **3.30am** MLB Plays of the Week (AD) **4.00** MotoGP **5.00–6.00am** Surfing

TNT Sports 2

Sky 411 **Virgin** 528 **BT** 409/**HD** 431

6.00am LIVE Motor Racing The Sandown 500, continued coverage. **9.00** Wrestling: WWE action (AD) **11.00** National League Football (AD) **11.30 LIVE Italian Football** Cagliari v Udinese (kick-off **11.30**). **1.30pm** Champions League Magazine: news and updates (AD) **2.00 LIVE Italian Football** Frosinone v Sassuolo (kick-off **2.00**). **4.00** Italian Football **5.00 LIVE Italian Football** Fiorentina v Atalanta (kick-off **5.00**). **7.00** National League Football (AD) **7.30 LIVE French Football** Lyon v Le Havre (kick-off **7.45**). **9.45** Premier League: the Big Interview **10.15** Europa League Football and Conference League Magazine (AD) **11.15** Reload (AD) **11.30 LIVE T20 Cricket** Guyana Amazon Warriors v Barbados Royals in the Caribbean Premier League. **3.45am** Reload (AD) **4.00** National League Football (AD) **4.30** Joe Cole Cast **5.00–6.00am** World Rally (AD)

TNT Sports 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am LIVE Australian Rules Football West Coast Eagles v Carlton in the AFLW (bounce-up **6.05**). **8.00** Italian Football **11.00** French Football: action from Lens v Metz **12 noon LIVE French Football** Lorient v Monaco (kick-off **12.00**); **2.00pm** Strasbourg v Montpellier; **4.00** Marseille v Toulouse (k-o **4.05**). **6.00** Champions League Football **6.30 LIVE Major League Baseball** Atlanta Braves v Miami Marlins. **10.00** Wrestling (AD) **11.45** What I Wish I Wore **12 midnight** French Football **4.30–6.00am** Classic French Football

TNT Sports 4

Sky 421 **Virgin** 530 **BT** 411/**HD** 434

6.00am International One-Day Cricket **7.00 LIVE Badminton** Coverage of the finals at the Hong Kong Open. **12.30pm** T20 Cricket **2.30 LIVE T20 Cricket** Jamaica Tallawahs v St Lucia Kings. **6.45** What I Wish I Wore **7.00** Squash **8.00** Europa League and Conference League Football **9.00** Wrestling **10.00** UFC **1.00am** UFC Fight Flashback (AD) **2.30** Poker (AD) **4.30** Fishing (AD) **5.30–6.00am** Reload (AD)

Eurosport 2

Sky 414 **Virgin** 522 **BT** **HD** 413

5.00am LIVE Motorcycling The Bol d'Or, round four of the Endurance Moto Racing World Championship. **2.30pm LIVE British Superbikes** The second day from Oulton Park. **6.00** Snooker **8.00** British Superbikes **9.00** Speedway **10.00** Motor Racing **11.00** Snooker **1.00am** British Superbikes **2.00** Triathlon **3.00** Cycling **4.00–6.00am** Snooker

Over a century of cinema covered in 250 reviews from the RadioTimes film team

Order on page 44

Monday

MATCHING PAIR
Jamma (Mawaan Rizwan) and Guy (Russell Tovey)

SITCOM

Juice

10.00pm, 10.30pm ***BBC3***
Catch up via iPlayer

NEW SERIES

From the outside, Jamma (Mawaan Rizwan) has it all. He's just landed a big promotion, he's killing it with his co-workers and boyfriend Guy (Russell Tovey) wants him to move in. But internally, he's spiralling out of control.

On screen, this is inventively staged with real physical effects – when Jamma feels boxed in, the walls draw closer. When someone points out his gaudy coat, it doubles in size, and shrinks again when he's complimented.

Juice is a sweet show, and best when it's focusing on Jamma and Guy's relationship. One scene, where the pair do an updated take on Morecambe and Wise's classic kitchen sketch, is a highlight.

But anyone expecting laugh-a-minute comedy might be better looking elsewhere. Rizwan is capable of some sharp gags, as anyone who saw him on *Taskmaster* will recall, but here he seems happier leaning on the weirder side of witty. **HUW FULLERTON**

Ten Questions with Mawaan Rizwan and Russell Tovey: page 8

PROPERTY

A Place in the Sun

4.00pm ***Channel 4***
Catch up via C4 streaming

Hurtling towards its 500th episode, *A Place In The Sun* has a formula and it isn't going to deviate from it. The 13th series begins with a trip to the verdant Lecrin Valley, inland from the Costa Granadina and just a 35-minute drive from Granada Airport. The sun shines for 300 days a year, but the ski resorts of the Sierra Nevada mountain range are less than an hour away.

Understandably, Brighton's Helyn and Kamil want to buy a holiday home there, which they intend to make permanent. Newly coiffured, chirpy and helpful, Laura Hamilton takes the couple with a £200,000 budget through five options of varying desirability.

JOHN AIZLEWOOD

DOCUMENTARY

Secret Nazi Bases

5.00pm ***Yesterday***
Catch up via UKTV Play

NEW SERIES

The juxtaposition of "Secret" and "Nazi" is no coincidence – no one would suggest channel executives at Yesterday don't know their audience, and for some history-loving viewers these words will be enough to comprise ideal teatime watching every day this week.

This self-explanatory series sends experts, including engineer Brooke Guzar, historian Robert Watson and Yesterday stalwart Rob Bell to examine tunnels, towers, boltholes and communication hubs around the world where gold and valuables were squirrelled away. It begins today with the discovery of bunkers in the French countryside – but built for what purpose? **GABRIEL TATE**

TRAVEL

Jimmy Doherty's New Zealand Escape

8.00pm ***Channel 4***
Catch up via C4 streaming

NEW SERIES

Jimmy Doherty's beaming bonhomie carries us through a foodie trip across New Zealand. As a farmer himself, he's at home meeting the locals making a living from the landscape.

There's a vast highland farm with a side-line distilling whisky and a low-intensity salmon farm in glacial mountain waters producing sashimi, plus a fisherman in the "deep south" who dives for pãua, a sea snail delicacy – Jimmy tries and loves it all.

But we need spectacle too, so he also races motorbikes and flies up a glacier. He's a good host but the landscape is the real star.

DAVID BUTCHER

REALITY

Married at First Sight UK

9.00pm ***E4***
Catch up via C4 streaming

It's hard to believe that *Married at First Sight UK* used to consist of just four episodes per series. During lockdown, series six of the more dramatic, longer Australian version was so popular that the British edition soon followed suit and adopted a new format. This eighth series is the largest to date, with 36 episodes.

The eight couples who meet for the first time at the altar include a bride who fears being rejected for her disability, the first trans woman on the show, a familiar face from *Geordie Shore: Hot Single Summer* and a Polish-born tennis instructor. This is peak reality TV that it's hard to imagine divorcing ourselves from. More tomorrow. **LAURA RUTKOWSKI**

ALSO ON TODAY

Big Boys
10.35pm, 11.05pm ***E4***
A timely repeat of C4's 2022 sitcom about two mismatched young men who become friends when thrown together at university.

My Mum, Your Dad
9.00pm ***ITV1***
The mid-life singletons looking for love take part in a group exercise likely to embarrass their offspring. Davina McCall (right) hosts.

The Bold Type
10.55pm ***BBC3***
The second series featuring three spirited young women navigating life in New York and work in the magazine industry.

DRAMA

The Inheritance
9.00pm ***Channel 5***
Catch up via My 5

It's a wonder that the Watson siblings are still able to function as a family, what with the number of secrets they're keeping. We have Sian's relationship with the estate agent, the demands that local gangster Glen is making on Daniel, plus the fact that Chloe obviously knew more about her dad's love life than she's let on. There are so many conversation landmines that need to be avoided.

Amid all this, we still have the police investigation and, in week three, my own finger of suspicion is pointing in the direction of someone I haven't previously considered to be a wrong'un: Chloe's husband Pete (Adil Ray), who's now looking rather furtive. **DAVID BROWN**

HISTORY

Sex: a Bonkers History
9.00pm ***Sky History***
Catch up via Now

NEW SERIES

Imagine entertainment stalwart Amanda Holden fronting a mash-up of *Blue Peter* and *Eurotrash* and you'd get somewhere close to this slightly exhausting but informative new five-part series about sex and attitudes towards it through the ages.

Presenting alongside historian Dan Jones, Holden begins her odyssey in the ancient world. Amid occasional nudity, *Carry On* humour and fun stunts lurks some enlightening history. But perhaps with a show this self-consciously big, someone should have realised that size isn't everything. **GABRIEL TATE**

See feature: page 26

BIOGRAPHY

The Red Queen: a Film Portrait of Barbara Castle
10.10pm ***BBC4***
Catch up via iPlayer

People sometimes grumble that today's leading Labour politicians lack fire and conviction. No one ever accused Barbara Castle of that. Michael Cockerell calls her "the Labour Party's own Iron Lady" in his engaging 1995 profile and it's wonderful to watch the crackle and pop of her early political speeches.

She was 85 when the documentary was made but she is as fiery and frank as ever recalling her political rise, love affairs and the divisions in the party that stymied her career. Just before, at 10pm, Cockerell offers his personal memories of a Labour trailblazer. **DBu**

PEAK VIEWING Caroline Quentin enjoying the wonders of our national parks

DOCUMENTARY

The UK's National Parks with Caroline Quentin
9.00pm ***More 4***
Catch up via C4 streaming

NEW SERIES

A love letter to our 15 national parks but with a slightly different emphasis because although Caroline Quentin marvels at the beautiful landscapes and enjoys the wildlife, she mainly concentrates on talking to people who feel a connection to these locations. That might be a Peak District ranger or the founder of Black Girls Hike, who encourages women from ethnic minorities to see these places.

Tonight she visits the Cairngorms, the Yorkshire Dales, Pembrokeshire, the Peak District and Dartmoor. Inevitably, there are comic moments. Off the coast of Wales, she's told to look over the side of the boat to see the bottom. "If I look over the side, you'll see my bottom!" she exclaims. **JANE RACKHAM**

LIVE SPORT

Football: Premier League
Nottingham Forest v Burnley
6.30pm (k/o 7.45pm)
Sky Sports Main Event
Forest forward Anthony Elanga (above) will be looking to build on the winning goal he scored at Chelsea last time out.

Football: Serie A
Salernitana v Torino
k/o 5.30pm ***TNT Sports 1***
The Campania-based home team are still looking for their first win of the season.

Verona v Bologna
7.30pm (k/o 7.45pm) ***TNT Sports 1***
Verona have had the better start to the season – two wins to Bologna's one.

FILM OF THE DAY

Out of the Furnace
★★★ 15
9.00pm ***Great Movies***
In this gritty Pennsylvania-set thriller, Christian Bale (above) shines as steelworker Russell Baze, whose war veteran brother Rodney (Casey Affleck) is in too deep with a loan shark (Willem Dafoe). (2013)

FILM REVIEWS page 75

SHUTTERSTOCK; GETTY; ALLSTAR

DAYTIME

BBC1

6.00am Breakfast Jon Kay, Sally Nugent. (S) (HD)
9.15 Morning Live Gethin Jones, Helen Skelton. (S) (HD)
10.00 *New series.* Fraud Squad A removals boss films himself smuggling two million cigarettes. (S) (AD) (HD)
10.45 Claimed and Shamed The tables are turned on a burglary victim who goes rogue in an attempt to secure a bigger payout. (Revised rpt) (S) (HD)
11.15 Homes under the Hammer Properties in south London, Aylesbury and Macclesfield. (R) (S) (AD) (HD)
12.15pm Bargain Hunt Christina Trevanion presents the show from Exeter. Rptd tomorrow 6.20am BBC2 (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors Everyone at the Mill is on tenterhooks, while Joe spills the beans to Zara. (S) (AD) (HD)
2.15 Money for Nothing A white kitchen dining set, an old bookcase and a rocking horse are salvaged. Repeated Wednesday 6.30am BBC2 (S) (HD)
3.00 Escape to the Country Sonali Shah is in the East Midlands. Repeated Thursday 6.30am BBC2 (S) (HD)
3.45 Garden Rescue Creating a chilled out, festival-inspired garden in Exeter. Rptd tomorrow 7.05am BBC2 (S) (HD)
4.30–5.15 The Finish Line Quiz show. (S) (HD)

BBC2

6.30am Bargain Hunt Danny Sebastian presents from Naseby in Northamptonshire. Shown last Fri BBC1 (S) (AD) (HD)
7.15 Garden Rescue Creating a South East Asian-inspired garden in Bolton. Shown last Friday BBC1 (S) (HD)
8.00–9.00 Sign Zone This Farming Life *2/12 Series 6* The Barclays find their feet with their new business, which involves buying lambs to fatten up for the butcher. (R) (S) (HD)
9.00 Nicky Campbell Calls on the day's talking points. Simulcast with Radio 5 Live. (S) (HD)
10.00 BBC News (S) (HD)
12.15pm Politics Live News from Westminster. (S) (HD)
1.00 Impossible Quiz with Rick Edwards. (R) (S) (HD)
1.45 Eggheads Jeremy Vine hosts the quiz. (R) (S) (HD)
2.15 Murder, Mystery and My Family The barristers investigate the poisoning of a wealthy woman who was killed by her landlord in 1911. (R) (S) (AD) (HD)
3.00 Kelvin's Big Farming Adventure Following Kelvin Fletcher as he sets up his own farm. (R) (S) (AD) (HD)
3.30 Great Canadian Railway Journeys Michael explores Canada's maritime provinces. (R) (S) (AD) (HD)
4.00–5.00 Serengeti A lioness is forced into exile after she has cubs with an outsider. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Fashion and showbiz news. (S) (HD)
10.00 This Morning Lifestyle features, cookery and celebrity interviews. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Daily discussion. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S) (HD)
2.00 James Martin's Spanish Adventure The chef visits a local food market in Seville, before meeting a rising culinary star. Signed repeat 5.05am (S) (AD) (HD)
3.00–4.00 *New series.* Tenable The Eyes Have It answer questions about top ten lists as the quiz show returns. Warwick Davis hosts. Signed repeat 3.05am (S) (HD) Followed by **Regional Weather**

Channel 4

6.05am Countdown Justin Moorhouse guests. (R) (S) (HD)
6.45 Cheers Two episodes of the comedy. (R) (S) (HD)
7.35 Everybody Loves Raymond (R) (S) (AD) (HD)
8.25 Frasier Three editions of the sitcom. (R) (S) (AD)
9.55 Château DIY At Château de Montvason, layers of Second World War history are uncovered. (R) (S) (AD) (HD)
10.55 George Clarke's Amazing Spaces The architect reflects on some of the best off-grid projects featured in the series. (R) (S) (AD) (HD) **11.55 News** (S) (HD)
12 noon Steph's Packed Lunch Weekday magazine show presented by Steph McGovern. (S) (HD)
2.10pm Countdown Chris McCausland guests. (S) (HD)
3.00–5.00 A Place in the Sun Scarlette Douglas lines up five stunning properties in Málaga. (R) (S) (HD)
4.00 Laura Hamilton looks for a holiday home around the Lecrín Valley in Granada Province for a couple from Brighton. **See p68.** Repeated 7pm 4seven (S) (HD)

BBC1 1

EastEnders *7.30pm* Desperate measures: Suki comes up with a plan that's fraught with danger

5.15pm Pointless
Quiz in which contestants endeavour to score the fewest points possible by giving the least obvious correct answers to questions. Presented by Alexander Armstrong, with Richard Osman.
Executive producers Tamara Gilder and Richard Hague (R) (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S) (HD)

7.00 The One Show
Jermaine Jenas and Alex Jones present the usual mix of topical stories and celebrity chat. (S) (HD)

7.30 EastEnders
Suki hatches a dangerous plan and Phil lies in a desperate attempt to conceal a truth. Meanwhile, Jack offers Stacey a shoulder to cry on.
Writer Katie Douglas Cast Wednesday/Thursday (S) (AD) (HD)

8.00 When Bridges Collapse: the Genoa Disaster
On 14 August 2018, the Polcevera Viaduct in Italy collapsed, sending 27 vehicles plummeting into the valley below. A total of 43 people died, making it Italy's worst ever road-bridge disaster. This film tells the story of some of the people on the bridge that day and asks what caused it to fail. An icon of 1960s engineering, the Polcevera formed a vital link in the main motorway between the south of France and Rome. The tragedy has raised several questions about the maintenance of ageing infrastructure. In particular, are Europe's bridges safe?
Director Martin Gorst (R) (S) (AD) (HD)

9.00 Who Do You Think You Are?
Series 16. **Katherine Ryan.** Canadian comedian Katherine Ryan, who lives in England, investigates her family history. Her quest leads her to a Methodist minister and his family in colonial Nova Scotia, cod traders in Newfoundland, and eventually to an unexpected discovery. Narrated by Phil Davis. A box set of previous episodes is available on iPlayer.
Director Ben Southwell; Series producer Sarah Feltes (R) (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 *MIDLANDS/LONDON/SOUTH/SOUTH EAST/EAST/WEST/SOUTH WEST:* **The Repair Shop** A former professional goalkeeper brings in a 1970s football programme signed by Pelé. The experts also set to work on a broken guitar that helped a teenager through lockdown, a much-loved teddy bear with hardly any fur and an Army veteran's military medal.
Shown last Wednesday (S) (AD) (HD)

10.40 *NORTH EAST/CUMBRIA/NORTH WEST/YORKSHIRE/LINCOLNSHIRE:* **The Super League Show** Action from the penultimate round of regular-season fixtures, including Wigan Warriors v Castleford Tigers, Catalans Dragons v Leeds Rhinos and Warrington Wolves v St Helens.
Producer John Harrison; Executive producers Craig South and Stephanie Marshall Repeated tomorrow 1pm BBC2 (S) (HD)

11.40 Alan Carr's Picture Slam
1/8. The comedian hosts a new fast-paced quiz where three teams battle for the chance to win £10,000 by identifying a series of images against the clock, from famous faces and places to household objects. This week's competitors are friends Lou and Jude from Grimsby, cousins Sibtain and Umar from London and Nottingham, and pals Steph and Jo from Barry. **See choice, page 48.**
Shown Saturday 5.50pm (S) (HD)

12.25am Weather for the Week Ahead (S) (HD)
12.30–6.00am BBC News (S) (HD)

BBC1 **Freeview** 1/HD 101 **Freesat** 101 **Sky** 101 **Virgin** 101

BBC2 2

Laura Kuenssberg: State of Chaos *9.00pm* Reassessing Boris Johnson's time as prime minister

5.00pm Flog It!
People are invited to try to make money out of their antiques by taking them to auction. (R) (S) (HD)

6.00 Richard Osman's House of Games
Milton Jones, Ria Lina, Martin Roberts and Briony May Williams aim to be the first winner of the week. (R) (S) (HD)

6.30 Marcus Wareing's Tales from a Kitchen Garden
Series 2. The chef continues his plans for developing his smallholding, taking a masterclass in hedge laying and trying his hand at ploughing. He also pickles carrots for a local food bank. (S) (HD)

7.00 Chris and Meg's Wild Summer
4/6. Chris Packham and Megan McCubbin explore the coast of the North East and Scottish Borders, visiting a kittiwake colony and exploring Lindisfarne island.
Producer Joe Myerscough; Series producer Joanne Stevens (R) (S) (HD)

7.30 Mastermind
Specialist subjects tonight are Chelsea FC in the Premier League, novelist Franz Kafka, Anglo-Saxon England and singer Harry Styles. Clive Myrie hosts.
Producer Paul Christian; Executive producers Chris Jones, Kate Middleditch, David Young and Jimmy Mulville (S) (HD)

8.00 Only Connect
Victoria Coren Mitchell presents as two teams, Drop of Red and the Suncatchers, must establish the connection between apparently random items.
Director Siân G Lloyd; Series producer Nick Martin (S) (HD)

8.30 University Challenge
Amol Rajan asks the questions in another first-round match, which sees students from the University of Sheffield face a team from Loughborough University.
Director Simon Stafurth; Producer Clare Parody (S) (HD)

9.00 Laura Kuenssberg: State of Chaos
***2/3.* Boris Johnson.** The journalist continues her investigation into UK politics in the wake of the EU vote in 2016. Talking to ministers, advisers and officials, she looks at how Boris Johnson's period as prime minister began with a landslide election victory on his promise to "get Brexit done", but soon after, the government struggled to deal with the Covid-19 crisis, while Johnson's working relationship with his chief adviser Dominic Cummings impacted his leadership.
Directors Sarah Macfarlane, Max Stern; Producer Rosy Milner (S) (AD) (HD)

10.00 The Royle Family
6/6 *Series 1.* **Wedding Day.** The morning of the wedding arrives and it is not just Denise's nerves that are on edge. A box set is on iPlayer.
Writers Caroline Aherne, Craig Cash and Henry Normal
Director Mark Mylod (R) (S) (AD) (HD)

10.30 Newsnight With Kirsty Wark. (S) (HD)

11.10 Weather (S) (HD)

11.15 Dark Waters ★★★★
Drama based on a true story. Corporate defence lawyer Robert Bilott is approached with evidence that seems to connect the DuPont chemical corporation to a spate of farm animal infections, disabilities and deaths. Available on iPlayer for 30 days. **Review p75.**

Robert Bilott	**Mark Ruffalo**	Harry Dietzler	**Bill Pullman**
Sarah Barlage Bilott	**Anne Hathaway**	Wilbur Tennant	**Bill Camp**
Tom Terp	**Tim Robbins**	Phil Donnelly	**Victor Garber**

Director Todd Haynes (2019, 12) (S) (W)

1.15–3.10am Sign Zone 1.15 Countryfile Sammi Kinghorn returns to Cumbria to find out how young shepherd Katie is getting on. Shown yesterday 6.40am (S) (HD)
2.10 Henpocalypse! *5/6.* As her wedding approaches, Zara has doubts about Gary. Shown last Tuesday (S) (AD) (HD)
2.40 Mrs Brown's Boys Agnes volunteers at the salon and decides to try out speed dating. Shown last Fri BBC1 (S) (AD) (HD)

BBC2 **Freeview** 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV1 3

My Mum, Your Dad *9.00pm* As the dating show continues, will host Davina McCall see romance blossom?

4.00pm Tipping Point
Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of chutes in the hope of winning a £10,000 jackpot.
Repeated 2.15am (S) (HD)

5.00 The Chase
Bradley Walsh presents as contestants Ian, Casey, Nicola and Wayne pit their wits against one of the Chasers in the hope of winning a potential prize pot worth thousands of pounds. (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Emmerdale
Jacob has an allergic reaction. Amelia is stunned. Sam feels that Lydia is pushing him away.
Writer Joanna Ebuwa Cast Thursday/Friday (S) (AD) (HD)

8.00 Coronation Street
The police haul Bernie in for questioning about her fraudulent scheme. At Dev's request, Aadi asks Courtney to contribute to the household bills. Troy instructs Todd to undertake an unpleasant task.

Bernie Winter	**Jane Hazlegrove**	Nina Lucas	**Mollie Gallagher**
Aadi Alahan	**Adam Hussain**	George Shuttleworth	**Tony Maudsley**
Courtney Vance	**Stephanie Davis**	Billy Mayhew	**Daniel Brocklebank**
Troy Soyer	**Nigel Lister**	Jim	**Jamie Cymbal**
Todd Grimshaw	**Gareth Pierce**	Glenda Shuttleworth	**Jodie Prenger**
Michael Bailey	**Ryan Russell**	Paul Foreman	**Peter Ash**
Neil	**Jamie Smelt**	Summer Spellman	**Harriet Bibby**
Gemma Winter-Brown	**Dolly-Rose Campbell**	Asha Alahan	**Tanisha Gorey**
		Jess Heywood	**Donnaleigh Bailey**
Chesney Winter-Brown	**Sam Aston**	Dev Alahan	**Jimmi Harkishin**
Carla Barlow	**Alison King**	Shona Platt	**Julia Goulding**
Mary Taylor	**Patti Clare**		

Writers Nessah Muthy and Julie Jones
More cast Wednesday (S) (AD) (HD)

9.00 My Mum, Your Dad
6/10. The parents take part in a task which proves to be uncomfortable for their offspring as they watch their parents getting closer. Back at the Bunker, the grown-up children are given a new task by presenter Davina McCall. With a tough choice to make, which parents are in for a new surprise? Continues tomorrow 9pm.
Series director Ben Archard; Series producers Paul Hepplewhite and Doran Azouelos Repeated 11.40pm (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 Long Lost Family
Singer-songwriter KT Tunstall always knew she was adopted and in 1998 was reunited with her birth mother, who told her that her father never wanted to give her up – a message that has inspired her to find out what happened to him. Brother and sister Simon Munro and Carole Killick grew up apart after their mother left when they were young in the 1960s, but the siblings were reunited more than 20 years ago and are now searching for their mother. Hosted by Davina McCall and Nicky Campbell. A box set of previous episodes is available on ITVX.
Director/Producer Claire Lewis (R) (S) (AD) (HD)

11.40 My Mum, Your Dad
6/10. The parents take part in a group task.
Shown 9pm (S) (AD) (HD)

12.30am All Elite Wrestling: Dynamite Grappling action from the AEW. Shown last Friday ITV4 (S) (HD)
2.15 Tipping Point Game show. Shown 4pm (S) (HD)
3.05 Tenable Quiz show. Shown 3pm (S) (SL) (HD)
3.55 Unwind A sequence to calm the mind. (S) (HD)
5.05–6.00am James Martin's Spanish Adventure A food market in Seville. Shown 2pm (S) (SL) (AD) (HD)

ITV1 **Freeview** 3/**HD** 103 **Freesat** 103 **Sky** 103 **Virgin** 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 303

Channel 4 4 7 in Wales

Jimmy Doherty's New Zealand Escape *8.00pm* The fearless farmer goes on a Pacific adventure

5.00pm A New Life in the Sun
In France, a Manchester couple snaps up a complex of holiday lets, and two Yorkshire restaurateurs bring a taste of the north to rural Portugal.
Director Julie Beanland; Producer Adrian Sinclair (R) (S) (HD)

6.00 The Simpsons
The Great Phatsby 2/2. After being conned, Mr Burns seeks revenge on Jay G. (R) (S) (AD) (HD)

6.30 Hollyoaks
Goldie lands herself a surprising new job.
Writer Heather Robson Cast Tue/Fri Shown last Friday E4 Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 Jimmy Doherty's New Zealand Escape
RT ***New series. 1/4.*** The farmer visits New Zealand to sample some of the world's finest and most surprising foods and meet the people behind the produce. Jimmy's adventure begins on tiny Stewart Island, New Zealand's southernmost island, where he learns the secrets of gravity fishing. After taking a beach motorcycle to a women-only farm specialising in sheep and deer, he heads inland to the country's oldest distillery, which still makes excellent whisky. The whole series will be available to stream after this broadcast. **See p68.**
Series director Peter Young; Executive producers Brendan Dahill, David Alrich and Richard Fletcher Repeated Tuesday 8pm 4seven and Wednesday 2.40am Channel 4 (S) (HD)
RT travel supplement: centre pages

9.00 Top Guns: Inside the RAF
5/6. Station Commander Jim Lee wants to regain his Typhoon wings. Elsewhere, retiring Warrant Officer Dave Barr is getting ready to finally sign off after 33 years of service by spearheading the Battle of Britain dinner – but the preparations come to a stop as the death of Her Majesty the Queen is announced.
Series director Greg Lander Williams; Exec producer Mark Tattersall Rptd 1.35am 4seven, Tuesday 12.05am 4seven, Wednesday 11.05pm C4, Thursday 11.05pm 4seven, Friday 9pm 4seven (S) (AD) (HD)

10.00 Gogglebox
Ep 2. The armchair critics share their views on what they have been watching during the week, with cameras capturing their instant reactions and the lively discussions that are prompted by the week's biggest and best shows.
Shown last Friday (S) (AD) (HD)
11.05 Opinions on *Strictly Come Dancing*, *Vigil*, *Serengeti II*, *Come Dine with Me*, *Ambulance*, *Hotel Paranormal*, Andrew Marr's interview with Keir Starmer, and ITV News coverage of the petrol crisis. From October 2021. (R) (S) (AD) (HD)
12.10am The Queens that Changed the World The series concludes with Boudica, who united rival tribes into an army that razed the Roman cities of Colchester, London and St Albans to the ground. (S) (AD) (HD)
1.00 The Duchess and Her Magical Kingdom *4/6* Jane Percy visits Copenhagen to see her play structure being built. Shown last Wednesday More4 (S) (AD) (HD)
1.50 Screw *5/6 Series 2.* In an attempt to get what she needs from Louis, Rose decides it's time to change tactics. Shown last Wednesday (S) (SL) (AD) (HD)
2.40 Bone Detectives: Britain's Buried Secrets Beneath a shopping arcade in Leeds, archaeologists discover the remains of children. (R) (S) (AD) (HD)
3.30 Grand Designs A couple decide to build a house inspired by American modernist properties. (R) (S) (AD) (HD)
4.25 Location, Location, Location Phil Spencer catches up with house hunters in London. (R) (S) (HD)
5.20 Beat the Chef Amateurs compete with Mark Sargeant to create a strawberry dessert. (R) (S) (HD)
5.45–6.05am Kirstie's House of Craft Mexican tin art, soap recycling and a tin can dog. (R) (S) (HD)

Channel 4 **Freeview** 4/**HD** 104 **Freesat** 104 **Sky** 104 **Virgin** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 304

BBC4 9 24 in Scotland

The Red Queen: a Film Portrait of Barbara Castle *10.10pm* The life of the Labour MP

7.00pm Great Coastal Railway Journeys
Series 1. **Barry Island to Pyle.** Michael Portillo heads for the busy Barry Island docks, where he joins a pilot on his way to help guide a feeder container ship into port. More tomorrow 7pm.
Repeated 1.10am (R) (S) (AD) (HD)

7.30 Climbing Great Buildings
Clifton Suspension Bridge. Jonathan Foyle is joined by climber Lucy Creamer in Bristol to scale the Clifton Suspension Bridge and learn about Isambard Kingdom Brunel's design. Next episode Wednesday 7.30pm.
Director Emma Gray; Series producer Adam Barry Repeated 1.40am (R) (S) (AD) (HD)

8.00 Art on the BBC: the Great Salvador Dalí
Art historian David Dibosa examines six decades of BBC archive to create a televisual history of the Spanish surrealist artist Salvador Dalí. Often called art's greatest showman and the world's first celebrity artist, Dalí used TV to promote his art and himself.
Director David Starkey; Exec producers Ed Stobart and Emma Parkins Signed rpt 3am (R) (S) (HD)

9.00 Maggi Hambling: Making Love with the Paint
In this film, which marked her 75th birthday, artist Maggi Hambling allowed cameras access to her studio in Suffolk, where she talked to film-maker Randall Wright while working on a black canvas.
Director Randall Wright; Producers Randall Wright and Melanie Fall (R) (S) (AD) (HD)

10.00 Barbara Castle Remembered by Michael Cockerell
RT The acclaimed political broadcaster recalls the time he met the formidable Labour MP Barbara Castle in 1995. **See p69.**
Producer Simon Catt
Series producer Simon Goretzki

10.10 The Red Queen: a Film Portrait of Barbara Castle
RT Michael Cockerell's 1995 profile of the former MP, a key member of Harold Wilson's cabinet and whose passionate socialist beliefs endured until her death at the age of 91 in 2002. **See page 69.**
Producer Matthew Barrett; Editor Anne Tyerman
Repeated 2.10am First shown on BBC2 (S) (HD)

11.05 Bridget Riley: Painting the Line
A profile of the artist, combining a 2021 interview with Kirsty Wark and archive footage to tell the story of a true visionary of British art.
Director/Producer Sophie Deveson
First shown on BBC2 (S) (HD)

12 midnight Imagine... Faith Ringgold: Tell It like It Is The work of the artist, author and activist. Rptd tomorrow 2.50am (R) (S) (HD)
1.10am Great Coastal Railway Journeys Shown 7pm (S) (AD) (HD)
1.40 Climbing Great Buildings Shown 7.30pm (S) (AD) (HD)
2.10 The Red Queen: a Film Portrait of Barbara Castle Shown 9pm (S) (HD)
3.00–4.00am Art on the BBC: the Great Salvador Dalí Shown 8pm (S) (SL) (HD)

BBC4 **F'view** 9/**HD** 106 **F'sat** 108 **Sky** 116 **Virgin** 108

MONDAY **Television**

BBC1 SCOTLAND
10.40pm The Repair Shop **11.40** Sportscene: SWPL Highlights: including Glasgow City v Dundee United **12.25am** Alan Carr's Picture Slam **1.10** Weather for the Week Ahead **1.15–6.00** BBC News

BBC SCOTLAND
2.00pm Beechgrove Garden: signed **2.30** Eat the Town: signed **3.00–4.00** Island Crossings: signed **7.00** Sportscene: SWPL Highlights **7.45** Sportscene Goals+ **8.00** This Farming Life: Fraser and Carianne head to the mainland to buy new tups for mating season **9.00** The Nine **10.00** Ballers: Ball or Nothing: new series. Double bill **11.00** Shinty: Camanachd Cup Highlights **11.30–12 midnight** Limmy's Show

STV
10.40pm Scotland Tonight **11.05** Long Lost Family **12.05am** My Mum, Your Dad **1.00–2.15am** All Elite Wrestling: Dynamite **3.55–5.05** Night Vision

BBC1 WALES
8.00pm Pizza Boys: World Cup Adventure: the duo arrive in Lyon **8.30–9.00** Weatherman Walking: Derek Brockway visits Monmouthshire **10.40–11.40** The Repair Shop

BBC2 WALES
7.00–7.30pm Wynne's Welsh 70s: archive highlights from 1971

ITV1 WALES
10.45–11.40pm Sharp End: political discussion

BBC1 NORTHERN IRELAND
10.40pm Jailed: inside Maghaberry Prison: Stephen Nolan meets a prisoner he last saw in a young offenders' centre **11.10** The Repair Shop: a former goalkeeper brings in a football programme signed by Pele **12.10am** Alan Carr's Picture Slam: Game show in which contestants have to identify a board full of images **12.55–6.00** BBC News

BBC2 NORTHERN IRELAND
10.00–10.30pm Peataí: Paula has her hands full with two excitable cockapoos

UTV
10.45–11.40pm View from Stormont

Channel 5 listings are overleaf

RT RT Choice Family Red button (R) Repeat (S) Subtitles (SL) Signing (AD) Audio description (HD) High def **FILMS** P Premiere (W) Widescreen (BW) Black/white ★★★★★ Outstanding ★★★★ Very good ★★★ Worth watching ★★ Could be worse ★ Poor

MONDAY Freeview

Channel 5 [5]

The Inheritance *9.00pm* The drama intensifies for Sian and Chloe

5.30am Milkshake! See page 74
9.15 Jeremy Vine (S) (HD)
11.15 Storm Huntley (S) (HD)
12.40pm Alexis Conran (S) (HD)
1.40 5 News (S) (HD)
1.45 Home and Away John is concerned for Alf. Shown last Friday 5 Star (S) (AD) (HD)
2.15 Seven Deadly Sins ★★ Thriller starring Monique Coleman and Nathan Witte. A woman is tempted by the advances of a wealthy man – will she blow up her life as a result? Director Troy Scott (2022) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun Essex boy Colin is determined to live a healthier life on the Costa Blanca. (S) (HD)
5.00pm 5 News (S) (HD)
6.00 Susan Calman's Grand Day Out *2/5 Series 3.* Susan takes her camper van to the North Yorkshire Moors and the Yorkshire Dales, a part of the world known as Herriot Country. Director/Producer Katie Greaves (R) (S) (HD)
6.55 5 News Update (S) (HD)
7.00 Motorway Cops: Catching Britain's Speeders When Inspector Anton Sullivan pulls over a white van, the driver refuses to cooperate and the situation quickly escalates, forcing Anton to call for back-up. Director/Producer Jo Conchie (S) (HD)
7.55 5 News Update (S) (HD)
8.00 Police Interceptors Several officers join in the pursuit of two men in a van who are racing through four counties and ramming the police. Series producer John Everett (S) (HD)
Followed by **5 News Update** (S) (HD)
9.00 The Inheritance RT *3/4.* The siblings' lives become more complex after the family home is burgled. Meanwhile, a battle of wills leaves Chloe confused and Daniel is desperate to pay back his loan. **See page 69.**

Dennis	Larry Lamb
Daniel	Robert James-Collier
Michael	Kevin Whately
Nathan	Rory Fleck Byrne
Chloe	Jemima Rooper
Susan	Samantha Bond
Sian	Gaynor Faye
Glen	Kevin Harvey

Writer Aschlin Ditta; Director Aku Louhimies (S) (HD)

10.00 Casualty 24/7: Every Second Counts *7/9 Series 4.* With no children's beds available across the whole of Yorkshire, Barnsley Hospital is under immense pressure once again. (S) (HD)
11.05 Ambulance: Code Red Paramedics are called out when a boy is run over on the way to school. Directors Tina Curley and Matt Bridger (R) (S) (HD)
12.05am Police Interceptors (R) (S) (HD) **1.00 LIVE** NFL: Pittsburgh Steelers v Cleveland Browns (kick-off **1.15**) (S) (HD) **4.30** Entertainment News (S) (HD) **4.40** Nick's Quest (R) (S) (SL) **5.05** House Doctor (R) (S) (SL) **5.30–5.35am** Entertainment News (S) (HD)

C5 **Freeview** 5/HD 105 **Freesat** 105 **Sky** 105 **Virgin** 105
+1 **Freeview** 38 **Freesat** 128 **Sky** 205 **Virgin** 305

BBC4 listings are overleaf

BBC3 [23]

Juice *10.00pm* A new comedy written by and starring Mawaan Rizwan

7.00pm Frozen Planet *3/7 Series 1.* **Summer.** How animals in the polar regions adapt. More tomorrow 7pm. The whole series is on iPlayer. (S) (AD) (HD)
8.00 *New.* Top Gear America *9/10 Series 2.* The team is in Las Vegas. More Tuesday 8pm. A box set is on iPlayer. (S) (HD)
8.35 *New.* Ghosts US *21/22 Series 2.* Trevor, Flower and Pete have an adventure. More tomorrow 8.35pm. A box set is on iPlayer. (S) (HD)
8.55 *New.* The Catch Up (S) (HD)
9.00 *New.* Bad Behaviour *3/4.* Family strains add to Jo's persecution. The whole series is on iPlayer. (S) (HD)
9.55 Ryan Tricks on the Streets *2/6.* A gift for a group of students. (S) (HD)
10.00 *New series.* Juice RT *1/6.* Comedy starring Mawaan Rizwan, following the misadventures of an attention-seeking young man. (S) (HD) **10.30** *2/6.* Jamma has to play therapist. The whole series will be available on iPlayer from today. **See page 68.** Both episodes rptd Tue BBC1 For cast see p80 (S) (HD)
10.55 *New series.* The Bold Type *1/10 Series 2.* Jane, Kat and Sutton are reunited. More tomorrow 11.45pm. (S) (HD)
11.35 Stranger in My Family A man's search for his biological father. Shown last Tuesday (S) (AD) (HD)
12.35am Boot Dreams: Now or Never: Jordan gets a trial (S) (AD) (HD) **1.35** Juice (S) (HD) **2.30–4.00am** Dubai Hustle (S) (HD)

BBC3 **F'view** 23/**HD** 107 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 115 (117 Wales; 121 Scotland) **Virgin** 107 (157 Scotland/Wales)

ITV2 [6]

5.00am CITV: children's programmes (HD) **9.00** One Tree Hill (S) (HD) **10.00** Dawson's Creek (S) (HD) **11.00** Love Bites (S) (SL) (AD) (HD)
12 noon Dinner Date (S) (AD) (HD) **1.00pm** Family Fortunes (S) (HD) **2.00** Chuck (S) (HD) **3.05** One Tree Hill (S) (HD) **4.00** Dawson's Creek (S) (HD) **5.00** Dinner Date (S) (AD) (HD)
6.00pm Celebrity Catchphrase Matt Dawson, Antony Cotton and Stacey Dooley take part in the game show. (S) (AD) (HD)
7.00 Family Fortunes The Phillips take on the Buckleys. Gino D'Acampo hosts. (S) (HD)
8.00 Superstore *3/21 Series 5.* Jonah is forced to become friends with Marcus as he tries to unionise the staff. (S) (AD) (HD)
8.30 *4/21.* The closure of the local shopping centre brings in new customers. (S) (AD) (HD)
9.00 *New.* Family Guy *Series 21.* Stewie is introduced to hide-and-seek during a fundraiser at his daycare and becomes addicted to the game. (S) (AD) (HD)
9.30 *New.* American Dad! *Series 18* A friendship with a frog brings excitement to the whole Smith household. (S) (AD) (HD)
10.00 Steve goes on a class trip to Philadelphia in a bid to fall in love. (S) (AD) (HD)
10.30 Family Guy *Series 16.* Brian begins spying on his neighbours and suspects Principal Shepherd of a crime. (S) (AD) (HD)
11.00 *Series 11.* Chris wangles an invitation for the clan to join a country club. (S) (AD) (HD)
11.30 American Dad! *Series 12.* Stan is enlisted to organise the CIA calendar, but Hayley sets out to destroy it. (S) (AD) (HD)
12 midnight Superstore (S) (AD) (HD) **1.00am** Plebs (S) (AD) (HD) **1.55** Celebrity Karaoke Club (S) (HD) **2.50–3.00am** Unwind (S) (HD)

ITV2 **Freeview** 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 **Freeview** 29 **Freesat** 114 **Sky** 218 **Virgin** 315

ITV3 [10]

Professor T *10.00pm* Ben Miller stars as the Cambridge criminologist

6.00am Classic Emmerdale (S) **7.35** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) **9.15** Where the Heart Is: ***16/16*** *Series 4 The Field.* The Skelthwaite Scorpions play a match in France Repeated 12.10am; **10.25** ***1/16*** *Series 5 Happiness.* David plans a surprise party for Karen Repeated 1.25am (S) (AD) **11.35** Heartbeat: ***12/24.*** Blaketon attempts to trace a missing person; **12.40pm** ***13/24*** A face from the dead returns (S) (AD)
1.40pm Classic Emmerdale: double bill. Jack's life hangs in the balance, then Dawn learns about Terry's kiss with Louise (S) **2.45** Classic Coronation Street: double bill. Sarah tells Gail she is moving in with Todd, then Curly comes up with a plan to rid himself of Les (S) (AD) **3.55** Endeavour (S) (AD) (HD)
5.55pm Heartbeat *14/24 Series 16.* Intervention is difficult when Walker and Carol fear that a landowner's wife is the victim of domestic abuse. (S) (AD) **6.55** *15/24.* Harold Beecham (Richard Todd) angrily accuses his neighbour when his dog dies from poisoning. (S) (AD)
8.00 Endeavour *1/3 Series 7.* **Oracle.** As Morse sees in 1970 at a Venetian opera, Thursday and the team are faced with a murder on a towpath. Back in Oxford, Morse meets a kindred spirit, while a college project becomes a battle of the sexes. (S) (AD) (HD)
10.00 Professor T *1/6 Series 1.* **Anatomy of a Memory** Crime drama starring Ben Miller, Emma Naomi and Frances de la Tour. Cambridge criminologist Professor T is persuaded by a former student who now works as a police detective to help her investigate a serial rapist. More tomorrow 10pm. (S) (AD) (HD)
11.05 Agatha Christie's Poirot **Wasps' Nest.** Hastings's new photography hobby provides Poirot with the clue he needs to get to the bottom of a murder committed at a garden fête. (S) (AD) (HD)
12.10–2.30am Where the Heart Is Shown 9.15/10.25am (S) (SL) (AD)

ITV3 **Freeview** 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 **F'view** 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 317

ITV4 [26]

6.00am Minder (S) (SL) (AD) **7.00** The Professionals (S) (SL) (AD) **8.05** The Saint (S) **9.15** The Adventures of Sherlock Holmes (S) (AD) (HD) **10.25** Magnum, PI (S) (HD) **11.25** The Motorbike Show (S) (HD) **12.30pm** The Saint (S) **1.35** The Adventures of Sherlock Holmes (S) (AD) (HD) **2.45** Magnum, PI (S) (HD) **3.50** The Professionals (S) (AD) **4.55** Minder (S) (AD)
6.00pm The Motorbike Show Henry Cole rides an Africa Twin through Oxfordshire. (S) (HD)
7.00 Goodwood Revival Highlights Classic cars take to Goodwood Motor Circuit. (S) (HD)
8.00 Silverstone Festival Highlights from this summer's Silverstone Festival. (S) (HD)
9.00 FILM Mad Max 2 ★★★★ Futuristic action adventure starring Mel Gibson. In the aftermath of a Third World War, rival gangs battle for possession of petrol, and caught in the conflict is Max Rockatansky, an embittered road warrior. **Review p75** (S) (AD) (W) (HD)
11.05 FILM Death Wish ★★★ Crime thriller starring Charles Bronson. When Paul Kersey's wife and daughter are left for dead by thugs, he decides to take revenge. (S) (AD) (W) (HD)
1.00am *New.* Motorsport UK: Richard John Neil presents action from Croft (S) (HD) **1.55** Minder (S) (SL) (AD) **2.50–3.00am** Unwind (S) (HD)

ITV4 **Freeview** 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 **Freesat** 118 **Sky** 220 **Virgin** 318

Drama [20]

Miss Marple *8.00pm* A newspaper announcement perplexes the sleuth

7.10am All Creatures Great and Small Repeated 4.10pm (S) **8.00** Doctors: double bill. An American woman makes an emergency appointment, then Helen's skills are tested to the limit (S) **9.20** Classic Holby City: Jac makes an enemy of Imelda Rptd 2.50am (S) (HD) **10.40** Casualty: Julian and Charlie face a dilemma over the treatment of a disabled patient **11.45** The Bill: Sheelagh suffers a tragic loss
12.50pm Classic EastEnders: double bill. The Slaters urge Charlie to plead not guilty to attacking Graham, then Billy decides to prove himself a Mitchell **2.05** Pie in the Sky: ***5/10*** *Series 2.* Crabbe helps a beleaguered medium (S) **3.05** Lovejoy: ***9/10*** *Series 6.* The dealer makes a shrewd investment Repeated 1.45am (S) **4.10** All Creatures Great and Small: ***6/13*** *Series 1. Nothing like Experience.* James arranges a date with Helen Shown 7.10am **5.25** The Upper Hand: ***4/13*** *Series 2* Caroline's former husband remarries
6.00pm 'Allo 'Allo! *2/6 Series 4.* **Camp Dance.** Aided by Gruber, René and company dance their way out of the PoW camp. (S)
6.40 Last of the Summer Wine *Series 10.* **Downhill Racer.** Seymour sets about proving that skiing does not have to be an expensive sport. (S)
7.20 The Day of the Welsh Ferret Compo has an interesting experience when he loses his ferret as the trio make their way to a friend's funeral. (S)
8.00 Miss Marple *3/4 Series 1.* **A Murder Is Announced** When a macabre prediction advertised in Chipping Cleghorn's local gazette proves shockingly accurate, Miss Marple is enlisted to help solve the crime. (S) (AD)
11.25 Silent Witness *1/5 Series 22.* **Two Spirits.** Nikki and the Lyell unit are called in to investigate an attack against a transgender man. Two further assaults are reported, one leaving a potential witness. (S) (HD)
1.45am Lovejoy Shown 3.05pm (S) **2.50–4.00am** Classic Holby City Shown 9.20am (SL)

Drama **Freeview** 20 **Freesat** 158 **Sky** 143 **Virgin** 116
+1 **Freeview** 60 **Sky** 243 **Virgin** 316

ITVBe [28]

7.00am Billie and Greg: the Family Diaries (S) (AD) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe: children's programmes (HD)
12 noon Sugar Showdown (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20** Billie and Greg: the Family Diaries (S) (AD) (HD) **2.20** The Only Way Is Essex (S) (HD) **3.05** Million Dollar Listing: LA (S) (HD) **4.05** The Real Housewives of Atlanta (S) (HD) **5.00** The Real Housewives of Potomac (S) (HD)
6.00pm Making It Home with Kortney and Kenny The duo help to transform an old historic craftsman home full of charm. (S) (HD)
7.00 Buying and Selling A couple whose property has decreased in value. (S) (HD)
8.00 *New.* Jane the Virgin The aftermath of the accident is fully revealed. (S) (HD)
9.00 Botched A man plagued by his flat nose needs it fixed so he can propose. (S) (AD) (HD)
10.00 *New.* Love Island USA The remaining four couples go on their dates before the winners are revealed. Last in series. (S) (HD)
11.55 The Real Housewives of Miami Lisa comes to terms with her marriage, and Adriana and Larsa go head to head. (S) (HD)
12.55–1.00am Unwind (S) (HD)

ITVBe **Freeview** 28 **Freesat** 119 **Sky** 131 (132 Scotland) **Virgin** 119 **+1** **Virgin** 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

RadioTimes The Sixties From the Beatles to the Moon landing to winning the World Cup – *RT* saw it all

More4 18

The UK's National Parks with Caroline Quentin *9.00pm*

8.55am Kirstie's Vintage Gems **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: two editions
1.10pm Heir Hunters **2.10** Four in a Bed **4.50** Kirstie and Phil's Love It or List It (AD) **5.50** The Secret Life of the Zoo (AD)
6.55pm The Dog House Venessa and son Jacob try to assess whether there is a bond between them and beagle Zoe. (AD)
7.55 Grand Designs Kevin McCloud follows a project near Newbury to construct a modern farmhouse that combines an open-plan party pad with functional spaces below. (AD)
9.00 RT **CHOICE** ***New series.*** **The UK's National Parks with Caroline Quentin** *1/4* A guide to the landscapes and activities found within the UK's National Parks. In the first episode, Caroline visits Kinder Scout in the Peak District. **See page 69.** (AD)
10.00 999: What's Your Emergency? Paramedics deal with people with mental health problems, attempting to talk a man from the edge of a multi-storey car park roof and helping a father with suicidal thoughts. (AD)
11.05 24 Hours in A&E An 84-year-old woman is referred to St George's for urgent treatment for dangerously high potassium levels, while a 74-year-old man is brought in after suffering a suspected stroke. (AD)
12.10am The UK's National Parks with Caroline Quentin: Kinder Scout Shown 9.00pm (AD) **1.15** 999: on the Front Line **2.15** 24 Hours in A&E (AD) **3.20–3.50am** A Place in the Sun

More4 **F'view** 18 **F'sat** 124 **Sky** 136 (137 Scotland) **Virgin** 147 **+1** **Freesat** 125 **Sky** 236 (237 Scot) **Virgin** 347

E4 13

6.00am Hollyoaks Shown last Thurs/Fri C4 (AD) **7.00** Ramsay's Kitchen Nightmares USA (SL) **9.00** Brooklyn Nine-Nine (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family
12 noon The Big Bang Theory (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family **4.00** Teen First Dates (AD) **5.00** The Big Bang Theory: two episodes of the sitcom (AD)
6.00pm The Big Bang Theory *9/17 Series 1* A conference invitation causes conflict. (AD) **6.30** *10/17.* Penny appears in a musical. (AD) **7.00** ***New.*** **Hollyoaks** Hunter confides in Carter. Cast pp81/111 Repeated tomorrow 6.30pm C4 (AD)
7.30 Young Sheldon *9/22 Series 2.* The prodigy studies his family for a project. (AD) **8.00** ***New.*** **First Dates Ireland** Phil from Tipperary goes out with musician Rebecca.
9.00 RT **CHOICE** ***New series.*** **Married at First Sight UK** The return of the dating experiment. **See p68.** Rptd Friday 10pm C4
10.35 Big Boys *1/6 Series 1.* Comedy about two men finding their way at university. (AD) **11.05** *2/6.* Jack and Danny enjoy an eventful night out with fashion student Yemi. (AD)
11.40 First Dates Two friends from Bournemouth arrive for their dates. (AD)
12.45am Gogglebox (SL) (AD) **1.50** Married at First Sight **3.05** Brooklyn Nine-Nine (AD) **3.55** The Goldbergs (AD) **4.45** Black-ish: double bill (AD) **5.35–6.00am** Modern Family

E4 **Freeview** 13 **Freesat** 122 **Sky** 135 (136 Scot) **Virgin** 106 **+1** **Freeview** 30 **Freesat** 123 **Sky** 235 (236 Scot) **Virgin** 306 **E4 Extra** **F'view** 31 **F'sat** 181 **Sky** 138 (139 Scot) **Virgin** 287

Really 17

6.00am Fantasy Homes by the Sea (AD) **7.00** Shopping **8.00** Salvage Hunters **10.00** Yorkshire Auction House **11.00** Antiques Road Trip (AD) **12 noon** Money for Nothing **1.00pm** A Place in the Sun **2.00** My 600lb Life **4.00** Animal Cops Houston (AD) **5.00** Ambulance **6.00** Yorkshire Auction House **7.00** Antiques Road Trip **9.00** ***New series.*** The Great Antiques Challenge **10.00** The Repair Shop **11.00** Ghost Adventures (AD) **12 midnight** The Osbournes Want to Believe **1.00am** Ghost Adventures (AD) **2.00** Shopping **4.00** as 4pm **5.00–6.00am** as 12 noon

Really **Freeview** 17 **Freesat** 160 **Sky** 142 **Virgin** 128

Sky Arts 11

Alfred Hitchcock Presents *6.00pm* No one listens to Herbert Johnson

6.00am Glyndebourne: No Ordinary Summer **7.00** Andrea Bocelli: the Journey **8.00** The Joy of Painting **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Basil Rathbone
12 noon The Joy of Painting **1.00pm** Tales of the Unexpected **2.00** DH Lawrence: Sex, Exile and Greatness **3.00** Wordsworth and Coleridge Road Trip with Frank Skinner and Denise Mina **4.00** Discovering: Jon Voight **5.00** Tales of the Unexpected
6.00pm Alfred Hitchcock Presents Not a soul will listen to a mild-mannered man's wild theory about a string of murders.
6.30 A woman refuses to let her husband squander a $133,000 sweepstakes ticket.
7.00 The Joy of Painting Bob paints a majestic stand of evergreen trees.
7.30 Bob creates a stunning riverside scene.
8.00 André Rieu: Songs from My Heart The Dutch violinist blends the contemporary with the classic in a midsummer night's concert in Vrijthof Square, Maastricht.
10.30 Classic FM Live: a Film Music Spectacular The Bournemouth Symphony Orchestra and the Ukrainian conductor Kirill Karabits perform popular film themes from the Royal Albert Hall, including *Star Wars*.
12.30am The Barry White Story: Let the Music Play: a profile of the singer **1.40** Sam Cooke: a Legend in Concert **3.05** Eric Idle: off Camera **4.20** National Trust: National Treasures (AD) **5.35–6.00am** Inside Art: Barbara Hepworth

Sky Arts **Freeview** 11 **Freesat** 147 **Sky** 130 (131 Scotland) **Virgin** 140/**HD** 123 **BT** 350/**HD** 365

4seven 49

9.00am Come Dine with Me: from in and around Essex (AD) **11.30** A Place in the Sun
1.35pm George Clarke's Amazing Spaces (AD) **2.35** Château DIY (AD) **3.35** Come Dine with Me Paralympics Special: five editions
6.00pm A Place in the Sun Scarlette lines up five stunning properties in Málaga.
7.00 RT **CHOICE** Laura Hamilton helps a couple look for a home around the Lecrín Valley in Granada. **See p68.** Shown 4pm C4
8.00 Geordie Hospital *Ep 2 Series 2.* Heart surgeon Asif performs valve replacement surgery on 13-year-old Seb, while Katie trains up a new staff welfare dog called Fern. (AD)
9.00 Dispatches Investigative series covering issues in British society, politics and international current affairs. Shown Saturday 9pm C4 (AD)
10.50 FILM X-Men: Apocalypse ★★★ Fantasy adventure starring James McAvoy, Michael Fassbender, Jennifer Lawrence and Oscar Isaac. The X-Men are forced to defend the planet when Apocalypse, a long-lived and immensely powerful mutant, threatens to show he's every bit as destructive as his name. (AD)
1.35am Top Guns: Inside the RAF: the death of the Queen is announced (AD) **2.40** Ramsay's 24 Hours to Hell and Back **3.35–4.35am** Matt Baker's Travels in the Country: USA (AD)

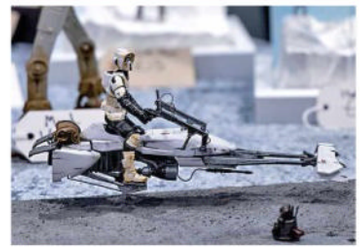
4seven **F'view** 49 **F'sat** 127 **Sky** 137 (138 Scot) **Virgin** 143

Quest 12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers (AD) **10.00** Chasing Classic Cars **11.00** Fantomworks (AD) **12 noon** Love Your Garden (AD) **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers **7.00** Outback Opal Hunters **8.00** Salvage Hunters **9.00** ***New.*** Aussie Gold Hunters **10.00** Jade Fever **11.00** How Do They Do It? **12 midnight** ***New.*** Speedway: the ninth round of the season in Vojens, Denmark **1.00am** Border Control: Spain **2.00** Fantomworks (AD) **3.00** Wheeler Dealers (AD) **4.00–5.00am** How It's Made: double bill

Quest **Freeview** 12 **Freesat** 172/**HD** 167 **Sky** 144 **Virgin** 137 **+1** **Freeview** 70 **Freesat** 168 **Sky** 244 **Virgin** 337

Yesterday 27



Scouting for Toys *9.00pm* A huge collection of *Star Wars* memorabilia

6.10am Sounds of the Seventies **7.15** Warbird Workshop **8.00** Abandoned Engineering (AD) **10.00** Secret Nazi Bases **11.00** Narrow Escapes of World War II (AD)
12 noon Great Continental Railway Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash: Restoring Classics (AD) **4.00** Narrow Escapes of World War II (AD) **5.00** RT **CHOICE** ***New.*** Secret Nazi Bases: Allied forces stumble across a sprawling complex in the French countryside. **See page 68**
6.00pm Great British Railway Journeys Travelling from Middlesbrough to Hexham.
6.30 Michael visits Holy Island, a beacon of Christianity in the 7th century.
7.00 Antiques Roadshow A special episode celebrating the history of film, music and TV.
8.00 Hornby: a Model World Pete Waterman is commissioned by Chester Cathedral to construct a monster layout. (AD)
9.00 Scouting for Toys A vast collection of Star Wars memorabilia goes up for sale. (AD)
10.00 Bangers and Cash: Restoring Classics Restoring a 1988 Golf GTI Convertible. (AD)
11.00 Abandoned Engineering (AD)
12 midnight Great British Railway Journeys **1.00am** Train Truckers **2.00–3.00am** Sounds of the Seventies

Yesterday **Freeview** 27 **Freesat** 159 **Sky** 155 **Virgin** 129 **+1** **Sky** 255 **Virgin** 329

Dave 19

7.10am Yianni: Supercar Customiser: double bill (AD) **8.00** Top Gear (AD) **9.00** DIY SOS: the Big Build: from Hull **10.00** Railroad Australia **11.00** Rick Stein's Road to Mexico
12 noon Celebrity Storage Hunters **1.00pm** Sin City Motors **2.00** Top Gear (AD) **4.00** Australian Ninja Warrior **5.30** Gino's Italian Escape: Gino D'Acampo heads to Altamura
6.00pm Rick Stein's Long Weekends The chef visits Bologna in northern Italy. (AD)
7.00 Richard Osman's House of Games Kemah Bob, JJ Chalmers, Kevin Clifton and Victoria Derbyshire play trivia-based games.
7.40 With Beattie Edmondson, Amol Rajan, Gaby Roslin and Hugh Dennis.
8.20 Would I Lie to You? With Rhod Gilbert, Sally Phillips, Des O'Connor and Tess Daly.
9.00 QI XL Extended edition with Jeremy Clarkson, Sandi Toksvig and Danny Baker.
10.00 With guest panellists Noel Fielding, Rhod Gilbert and Cariad Lloyd.
10.40 Aisling Bea and Susan Calman guest.
11.20 With Bill Bailey and Greg Davies.
12 midnight Mock the Week **12.40am** Would I Lie to You? **1.15** Alan Davies: As Yet Untitled **2.25** Richard Osman's House of Games: double bill **3.25–4.00am** This Country (AD)

Dave **F'view** 19 **F'sat** 157 **Sky** 111 (112 Wales) **Virgin HD** 127 **Dave Ja Vu** **Freeview** 57 **Sky** 211 (212 Wales) **Virgin** 327

London Live 8

6.00am Shine On Harvey Moon **7.00** Monkey **8.00** The Baron **9.00** All You Need Is Love **10.00** Waterloo's Warriors **11.00** Dear John **11.45** Secrets of London with Mark Monroe **12 noon** Monkey **1.00pm** **FILM** Penny Paradise ★★ (BW) **2.35** Five Clues to Fortune (BW) **4.45** London Districts **5.00** World War II: the Price of Empire
6.00pm London Live News **7.00** The World's Most Extraordinary Families **8.00** The Fall and Rise of Reginald Perrin **8.45** Secrets of London with Mark Monroe **9.00** Raiders of the Lost Art **10.00** **FILM** Indulgence ★★ **11.45** **FILM** Detachment ★★★ Drama
1.45am Hands of a Murderer: detective drama **3.35** Big City Life **3.50** London Districts **4.00** Sex Drugs and HIV **5.00–6.00am** The Baron

London Live **Freeview** 8 **Sky** 117 **Virgin HD** 159
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am NCIS (AD) **12 noon** Law & Order
6.00pm ***New.*** NCIS *Series 6.* Triple bill. A petty officer involved in a fight club is murdered **7.00** As Christmas approaches, the team work overtime to solve a robbery **8.00** McGee tries to quell a crisis in a women's prison (AD) **9.00** ***New.*** The Blacklist *Series 3.* Liz's fate hangs in the balance as the Cabal closes in First shown on Sky Witness **10.00** Law & Order: Special Victims Unit *Series 23.* Double bill. The agents arrest two influencers, then Amaro asks the SVU for help in clearing a convicted man's name
12 midnight NCIS: four back-to-back episodes (AD) **3.35–4.00am** Criminals: Caught on Camera

5 USA **F'view** 21 **F'sat** 129 **Sky** 141 **Virgin** 120 (162 Scot) **+1** **Freesat** 130 **Sky** 241 **Virgin** 320

5 Star 32

8.00am Rich Kids Go Skint **9.00** Bargain-Loving Brits in the Sun **10.00** Motorway Cops: Catching Britain's Speeders **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops **2.00pm** Police Interceptors **5.00** Call the Bailiffs: Time to Pay Up
6.00pm Home and Away John is still concerned for Alf. Shown 1.45pm C5 (AD)
6.30 ***New.*** Justin tries to reassure Theo after his stumble. Rptd tomorrow 1.45pm C5 (AD)
7.00 GPs: behind Closed Doors A patient may have taken a drugs overdose. (AD)
8.00 Casualty 24/7: Every Second Counts The staff deal with chainsaw wounds.
9.00 ***New.*** **Killer at the Crime Scene** A mother is attacked during the evening rush.
10.00 ***New.*** **Sleeping with My Murderer** Lakhvir Singh and "Lucky" Cheema have a love affair which turns into a nightmare. (AD)
11.00 ***New.*** **My Lover, My Killer** Living on a farm became a nightmare for a mother. (AD)
12 midnight 999: Emergency Call Out **1.00am** Skin A&E (AD) **2.00** Killer at the Crime Scene **2.50–3.00am** Entertainment News

5 Star **Freeview** 32 **Freesat** 131 **Sky** 128 (129 Scotland) **Virgin** 126 **+1** **Freesat** 141 **Sky** 228 (229 Scot) **Virgin** 326

5 Action 33

9.00am Entertainment News **9.05** Trucking Hell **10.05** Traffic Cops **11.05** Police Interceptors
12.05pm **FILM** Young Guns of Texas ★★ Western **1.50** **FILM** White Feather ★★ Western **4.00** Trucking Hell **5.00** Traffic Cops
6.00pm Police Interceptors Two known offenders end up in trouble after a high-speed chase through Sheffield.
7.00 Tim is almost mown down by a driver, while Adam is tested by a drunken road hog.
8.00 The chopper sets off in pursuit of an armed robber, and Zippy the sniffer dog makes an interesting discovery.
9.00 **FILM** **The Glimmer Man** ★★ Action thriller starring Steven Seagal. Jack Cole is a former US government undercover agent known as "The Glimmer Man". He's now working as a detective in LA, where his skills are put to the test in the hunt for a serial killer.
10.55 **FILM** **Rise of the Footsoldier: Extreme and Extended** ★ Crime thriller based on a true story, starring Ricci Harnett, with 20 minutes of extra footage.
1.35am Trucking Hell: experts struggle with a truck **2.35–3.00am** Criminals: Caught on Camera

5 Action **Freeview** 33 **Freesat** 132 **Sky** 150 **Virgin** 130

5 Select 46

9.00am Cash in the Attic (AD) **10.00** GPs: behind Closed Doors (AD) **11.00** The Yorkshire Vet **1.00pm** World's Most Scenic Railway Journeys **2.00** The Yorkshire Vet: double bill (AD) **4.00** The Highland Vet **5.00** Ben Fogle: New Lives in the Wild: in Western Australia
6.00pm Cornwall's Most Scenic Railway Journeys A trip from Devon to Cornwall.
7.00 Isle of Wight: Jewel of the South
8.00 Alexander Armstrong in South Korea The presenter explores Seoul. (AD)
9.00 Susan Calman's Grand Day Out The comedian travels to the Isle of Man.
10.00 Drain the Oceans The Mediterranean.
11.00 Titanic: Draining the Wreck The creation of a 3D map of the ship's remains.
12 midnight Forged in Fire: four bladesmiths must create signature slasher blades **1.00–3.00am** World War II in Colour: two editions (AD)

5 Select **F'view** (HD only) 46 **F'sat** 133 **Sky** 153 **Virgin** 138

FREEVIEW TV and film channels continue overleaf

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603 **BT** 313

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W 25

DIY SOS: the Big Build *8.00pm* The team in Torquay

6.10am Bang on Budget **8.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** My Dream Home

6.00pm Property Brothers: Forever Homes Drew and Jonathan try to create a fresh, beautiful family home for a retired Air Force nurse. (AD)

7.00 *New.* MasterChef Australia The cooks attempt to create a dish with an element of surprise.

8.00 DIY SOS: the Big Build The experts adapt the Torquay home of a man with multiple sclerosis. **9.00** Nick Knowles and the team head to Barnstaple to create a home dialysis centre for a family.

10.00 999 Rescue Squad Staff are scrambled to a block of flats after an explosion.

11.00 Louis Theroux's LA Stories Louis spends time with sex offenders who are on parole. (AD)

12.20am Inside the Ambulance (AD) **1.15** Life and Birth **2.35–3.00am** Inside the Ambulance

W **F'view** 25 **F'sat** 156 **Sky** 132 (133 Scotland) **Virgin** 125 **+1** **Sky** 232 (233 Scotland) **Virgin** 325

Pick 36

7.00am Border Security: Canada's Front Line (AD) **8.00** Nothing to Declare **9.00** Motorway Patrol (AD) **10.00** Highway Cops **11.00** Highway Patrol **12 noon** Motorway Patrol **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line (AD) **3.00** Nothing to Declare **4.00** Warehouse 13 **5.00** Stargate SG-1 **6.00pm** Merlin (AD) **7.00** Star Trek: Voyager **8.00** Magnum P.I. (AD) **9.00 *New series.*** Murder in Amish Country: stories of homicide investigations within the Amish community (AD) **10.00** The Killer Within **11.00 *New.*** Snapped: investigators uncover the truth behind the death of a teacher in Texas **12 midnight** How I Caught the Killer **1.00am** Caribbean Cops (AD) **2.00** Road Wars **3.00** Highway Patrol: double bill **4.00** Motorway Patrol **5.00–6.00am** Highway Cops (AD)

Pick **F'view** 36 **F'sat** 144 **Sky** 151 **Virgin** 135

HGTV 44

7.00am Renovation Island **8.00** Love Your Garden (AD) **9.00** A Place in the Sun: Home or Away **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Good Bones (AD) **2.00** Flip or Flop **3.00** Love Your Garden (AD) **4.00** Escape to the Country **5.00** Renovation Island **6.00** A Place in the Sun: Home or Away **7.00** Escape to the Country **8.00** Your Home Made Perfect **9.00 *New.*** Inn the Works **10.00 *New.*** Celebrity IOU: a stunning upgrade to a backyard **11.00** Good Bones (AD) **12 midnight** Escape to the Country **1.00am** Renovation Island **2.00** Love Your Garden (AD) **3.00–4.00am** My Lottery Dream Home: double bill

HGTV **F'view** 44 **F'sat** 166 **Sky** 158 **Virgin** 191 **+1** **Sky** 258 **Virgin** 391

FREEVIEW channels continued from overleaf

Food Network 43

La Pitchoune: Cooking in France *10.00pm* Provence

6.00am Trisha's Southern Kitchen **7.00** The Pioneer Woman **8.00** Be My Guest with Ina Garten **9.00 *New.*** The Kitchen **10.00** John Torode's Middle East **11.00** Michel Roux's French Country Cooking **12 noon** Bake Off: the Professionals **2.00pm** James Martin's Brittany **3.00** The Hairy Bikers' Food Tour of Britain **4.00** Be My Guest with Ina Garten **5.00** The Pioneer Woman **6.00** James Martin's Brittany **7.00** The Great British Bake Off **8.00** Michel Roux's French Country Cooking: Michel Roux Jr showcases the unique cuisine of Southern France **9.00** Paul Hollywood's Bread: double bill **10.00 *New.*** La Pitchoune: Cooking in France: Makenna highlights Provence and welcomes students with vastly different skill levels **11.00 *New.*** Diners, Drive-Ins and Dives: double bill. Guy Fieri dives into righteous ribs in San Diego, then cruises California for some West Coast wonders **12 midnight** Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00–3.00am** Cheap Eats

Food Network **F'view** 43 **F'sat** 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1** **F'sat** 149 **Sky** 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder **9.00** Sue Thomas: F.B.Eye **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H **9.00** Randall and Hopkirk (Deceased): Marty's aunt needs protection in Monte Carlo **10.00** The Persuaders!: Danny unwittingly becomes a communist paymaster **11.00** Return of the Saint **12 midnight** M*A*S*H **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50–5.00am** Movie News

Great TV **Freeview** 50 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 170 **+1** **Freesat** 143 **Sky** 257

RealityXtra 68

9.00am Medical Detectives **11.00** A Stranger in My Home: double bill **1.00pm** Facing Evil: four episodes **3.00** Medical Detectives: four episodes **5.00** A Stranger in My Home: double bill. A trailer-park couple's neighbour grows a little too close for comfort, then a man suddenly disappears after winning the lottery **7.00** Judge Judy **1.00am** A Stranger in My Home **3.00** Facing Evil: four editions **5.00–6.00am** Medical Detectives

RealityXtra **Freeview** 68 **Freesat** 134 **Sky** 147 **Virgin** 172

BBC Parliament 232

6.00am Westminster Hall **9.00** Prime Minister's Questions **9.35** Scottish First Minister's Questions **10.20** Welsh First Minister's Questions **11.20** House of Lords **12.50pm** Scottish Parliament **1.50** Lords Questions **2.30** Live Home Office Questions **3.30** Live House of Commons: coverage of the day's proceedings **11.00** Lords Questions **11.40–7.00am** House of Lords: today's business in the House

BBC Parliament **Freeview** 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84

Spitfire Paddy *9.40pm* Brendan "Paddy" Finucane

8.00am Beautiful Serengeti **8.30** The War **9.35** WWII in Color: Road to Victory **10.45** Heroes on Deck: World War II on Lake Michigan **11.55** Spitfire Paddy **1.00pm** Beautiful Serengeti **1.30** The War **2.40** WWII in Color: Road to Victory **3.50** Heroes on Deck: World War II on Lake Michigan **5.00** Spitfire Paddy

6.10pm The War *5/14.* Recalling how US Marines took the Pacific atoll of Tarawa in 1943.

7.20 WWII in Color: Road to Victory *1/10.* The German army prepares to capture the entire British army at Dunkirk.

8.30 Heroes on Deck: World War II on Lake Michigan How the US Navy trained more than 15,000 carrier pilots on passenger steamers.

9.40 Spitfire Paddy The story of an Irish pilot who was an ace fighter pilot with the RAF.

10.50 WWII in Color: Road to Victory As 7.20pm.

12 midnight as 8.30pm **1.15–2.00am** Beautiful Serengeti

PBS America **F'view** 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 187

Blaze 64

6.00am Hardcore Pawn **6.50** Weird or What? With William Shatner **7.45** Ancient Aliens **9.40** Book of Secrets with Lance Reddick **10.40** The Curse of Oak Island **11.40** WW2 Treasure Hunters **12.40pm** Storage Wars **1.05** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00** Weird or What? With William Shatner **7.00** Storage Wars: double bill **8.00** Dickinson's Real Deal: from Blackburn **9.00 *New.*** The Lost Pirate Kingdom: Benjamin Hornigold's crew deposes him for his refusal to attack English ships **10.10** Curse of the Lost Amazon Gold **11.10** WW2 Treasure Hunters **12.10am** The Curse of Oak Island **1.10** Weird or What? With William Shatner **2.00** The Liquidator **3.00** Dickinson's Real Deal **3.45** Storage Wars **4.10** Counting Cars **5.00–6.00am** Pawn Stars

Blaze **F'view** 64 **F'sat** 162 **Sky** 164 **Virgin** 174

Challenge 48

7.00am The Chase **10.00** Catchphrase **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Family Fortunes **2.00** Who Wants to Be a Millionaire? **3.00** Strike It Lucky **4.00** Catchphrase (AD) **5.00** Bullseye (AD) **6.00pm** Who Wants to Be a Millionaire? **7.00** Pointless Celebrities: Alexander Armstrong and Richard Osman host a celebrity version of the quiz show seeking the most obscure answers to general knowledge questions **8.00** The Chase: double bill **10.00** Who Wants to Be a Millionaire?: Chris tarrant hosts the quiz in which a million pounds is up for grabs **11.00** Bullseye: double bill **12 midnight** The Chase: four editions presented by Bradley Walsh **4.00am** Who Wants to Be a Millionaire? **5.00–6.00am** Bullseye: double bill (AD)

Challenge **Freeview** 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.30am Thomas & Friends **5.45** Paw Patrol **6.00** Sunny Bunnies **6.05** Daisy & Ollie **6.10** Milkshake! Monkey **6.15** Peppa Pig **6.25** Oggy Oggy **6.35** Odo **6.45** Peppa Pig **6.50** Fireman Sam **7.00 *New.*** Thomas & Friends **7.10** Peppa Pig **7.20** Paw Patrol **7.35 *New.*** Pip and Posy **7.50** Paddington **8.05** Chip and Potato **8.20** Milo **8.30** Paw Patrol **8.45** Ben and Holly **8.55** Peppa Pig **9.05–9.15am** World of Dance

Full listings for Channel 5 are on p72

CBeebies 202

6.00am Love Monster **6.08** Small Potatoes **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05 *New.*** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05 *New.*** Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Steve and Aneeshwar Go Wild **8.30** My Petsaurus **8.35** Justin's House **8.55** Small Potatoes **9.00** Bing **9.10 *New series.*** Yakka Dee! **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.35** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Baby Club **10.35** Tiny Wonders **10.40** Hey Duggee **10.45** Vegesaurs **10.50** Gecko's Garage **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** School of Roars **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** My World Kitchen **12.10pm** Maddie, the Home and You **12.30** Waffle the Wonder Dog **12.40** Andy's Prehistoric Adventures **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Dipdap **2.25** Supertato **2.30** Go Jetters **2.45** Time for School **2.55** Small Potatoes **3.00** Aquatic Adventures **3.15** Get Set Galactic **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Treasure Tales **4.10** Octonauts **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** Molly and Mack **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** Bedtime Stories

CBeebies **F'view** 202 **F'sat** 608 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.30** Boy Girl Dog Cat Mouse Cheese **7.45** Newsround **7.55** Grizzy and the Lemmings **8.10** Odd Squad **8.25** Hey You What If? **8.30** Horrible Histories **9.00** The Zoo **9.10** Operation Ouch! **9.40** Princess Mirror-Belle **10.00** Lifebabble **10.05** Class Dismissed **10.20** Danny & Mick **10.30** Deadly Mission Shark **11.00** Bitesize Daily **11.20** Craft Party **11.35** Celebrity Supply Teacher **11.45** Out of This World **12 noon** Danger Mouse **12.45pm** Boy Girl Dog Cat Mouse Cheese **1.30** Dennis & Gnasher **2.05** Sketchy Comedy **2.10** So Awkward **2.40** Gym Stars **3.00** OOglies **3.05** The Deep **3.30** Danger Mouse **3.40** Ninja Express **3.55 *New.*** Taffy **4.00** Grizzy and the Lemmings **4.20** Boy Girl Dog Cat Mouse Cheese **4.30** Monster Loving Maniacs **4.45** Odd Squad **5.00** Pokémon **5.20** Summer Camp Island **5.35 *New.*** Transformers **6.00pm *New.*** Deadly Mission Shark **6.25** Blue Peter: Top Challenges **6.35–7.00pm** The Next Step

CBBC **F'view** 201 **F'sat** 607 **Sky** 607 **Virgin** 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 5am-9.00 and on ITVBe 9am to 12 noon

ITV2

5.00am Captain Underpants **5.45** Scooby-Doo **5.45** Craig of the Creek **6.10** Teen Titans Go! **6.50** DC Super Hero Girls **7.05** Looney Tunes **7.20** Jurassic World Camp Cretaceous **7.45–9.00am** Scooby-Doo

ITVBe

9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** The Hive **9.35** Poppy Cat **9.50** Percy's Tiger Tales **10.05** Wildwoods **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20 *New.*** Postman Pat **11.35** Momolu & Friends **11.45–12 noon** Pip Ahoy!

FILMS

Film4 14

11.00am Went the Day Well? ★★★★★ A quiet English village is seized by disguised Nazi soldiers in a chilling Home Front drama that doesn't pull its punches. **Review, right.** Leslie Banks, Elizabeth Allan (1942, PG) (S)

12.50pm The Yellow Balloon ★★ Dour child-in-peril drama in which a boy is blackmailed by a crook. Andrew Ray, Kathleen Ryan, Kenneth More (1952, PG) (S)

2.30 True Grit ★★★★ A boozy, one-eyed marshal helps a girl find her father's killer in Henry Hathaway's memorable, Oscar-winning western. John Wayne (1969, PG) (S) (AD)

5.05 The Red Pony ★★ Awkward blend of children's adventure and social realist drama based on John Steinbeck's tale. Robert Mitchum (1949, PG) (S)

6.55pm The Day the Earth Stood Still ★★ Spaceman Keanu Reeves arrives with a warning for humanity in this passable sci-fi drama. (2008, 12) (S) (AD)

9.00 Conan the Barbarian ★★ This more bloody, less humorous update of the 1982 sword-and-sorcery tale sees hero Jason Momoa on a quest to avenge the death of his father. (2011, 15) (S) (AD)

11.15 Salt ★★ Angelina Jolie is on fighting form as a discredited CIA agent in this pacey but lacklustre thriller. (2010, 12) (S) (AD)

1.15–3.10am Chained for Life ★★★ Thought-provoking and witty film-within-a-film drama. Jess Weixler, Adam Pearson, Charlie Korsmo (2018, 15) (S)

Film4 **Freeview** 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1** **F'view** 47 **F'sat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am Private Elvis Footage of Elvis Presley's years on active service. **7.30 Thunder in the City** ★★★ Edward G Robinson shows off his comedic chops as a brash US salesman looking for business funding in England. (1937) (S) **9.10 The Riverside Murder** ★★ Alastair Sim plays a bumbling cop helping a detective solve a murder. Basil Sydney (1935) (S) **10.25 The Outlaw** ★★★ This laid-back western about Billy the Kid and his compadres boasts some memorably salty dialogue. Jack Buetel (1943, U) (S) **12.40pm Brighton Rock** ★★★★ One of the most sinister crime films ever made in Britain, with Richard Attenborough as a teenage tearaway desperate to cover up a murder. **Review, right.** Hermione Baddeley (1947, PG) (S) **2.30 Crown Court** TV drama. (S) **3.00 The Saint** TV adventure series. (S) **4.00 My Man Godfrey** ★★★★ A down-and-out becomes butler to a wealthy New York family in this lovely, near-faultless comedy. William Powell (1936, U) (S)

6.00pm The Footage Detectives Clips of how air travel has changed over the years. (S)

7.00 Walk East on Beacon ★ Inept and nakedly propagandist "red scare" thriller. George Murphy (1952, U) (S)

9.00 The Gold Robbers TV drama starring Peter Vaughan. (S)

10.05 Mademoiselle ★★★ Psychological drama with Jeanne Moreau as a sexually frustrated schoolmarm in a French farming community. **Review, right.** (1966, 15) (S)

12.10am Afraid of the Dark ★★★ Eerily effective thriller. James Fox, Fanny Ardant (1991, 18) (S) **1.55 A Song for Europe** ★★★ Impassioned docudrama. David Suchet (1985) (S) **4.00–5.50am A Doll's House** ★★★ Well-played if rather earnest drama. Claire Bloom (1973) (S)

Talking Pictures TV **Freeview** 82 **Freesat** 306 **Sky** 328 **Virgin** 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

READER OFFER An exclusive collaboration with Emma Bridgewater for the RadioTimes centenary

Great Movies 34

9.00am A Life of Deception ★★ By-the-numbers mystery drama. Emmanuelle Vaugier (2017) **11.00** Signed, Sealed, Delivered: One in a Million **1.00pm Evil Nanny ★★** A couple try to dismiss their live-in nanny in this intriguing thriller. Lindsay Elston (2016) **3.00** An Aurora Teagarden Mystery: Last Scene Alive **5.00 And So It Goes ★★** Mix of crinkly comedy, romantic weepie and family drama. **Review, right.** Michael Douglas, Diane Keaton (2014, 12)
6.55pm The Way Way Back ★★★★ An awkward teen meets a maverick water-park manager while on holiday. Steve Carell, Toni Collette (2013, 12)
9.00 Out of the Furnace ★★★ Christian Bale must act when his brother gets in too deep with a loan shark. **Film of the Day, right.** (2013, 15)
11.20 Bronson ★★★ Tom Hardy gives a stunning performance in this stylised biopic of Britain's most violent and feared prisoner. (2008, 18)
1.10am Murder 101: Locked Room Mystery **3.00** Wild West Chronicles **4.00–5.40am Deadly Hope ★★** Predictable thriller. Alana De La Garza (2012)

Great Movies Freeview 34 **Freesat** 302 **Sky** 321 **Virgin** 425
+1 Freeview 61 (*limited* 10pm-5am) **Sky** 322

Great Action 42

8.00am Wild West Chronicles **9.00 Oceans Rising ★★** Don't ignore the warnings! Jason Tobias, Summer Spiro (2017, 12) **10.50** The War in the Air **12 noon** Wild West Chronicles **1.00pm Last of the Comanches ★★** Cavalry survivors are under siege. Broderick Crawford (1952) **2.45 Meek's Cutoff ★★★★** Atmospheric western about a group of frontier settlers led by an arrogant guide. Michelle Williams, Bruce Greenwood (2010, PG) **5.05 Saints and Soldiers: Airborne Creed ★★** Behind enemy lines with the French Resistance. Corbin Allred (2012, 12)
7.00pm Mother Lode ★★ Kim Basinger and Charlton Heston lend some star power to this mediocre but scenic adventure. (1982, PG)
9.00 The Art of War II: Betrayal ★ Lumbering sequel to the 2000 action thriller. Wesley Snipes (2008, 15)
11.05 Blunt Force Trauma ★★ Slow-burn thriller. Ryan Kwanten (2015, 15)
12.50am Machete ★★★ Entertaining crime thriller. Danny Trejo (2010, 18) **3.00** War in the Atlantic **4.00–5.00am** Wild West Chronicles

Great Action Freeview 42 *(limited)* **F'sat** 305 **Sky** 323 **Virgin** 426 **+1 Sky** 324

Great Movies Christmas 52

8.00am Love Strikes Twice ★★ A second chance at love for a workaholic wife. (2017) **10.00 Annie Claus Is Coming to Town ★★** Santa's daughter finds love in LA. Maria Thayer (2011, U) **12 noon Santa's Secret ★★** A single mum needs a break. Alicia Witt (2014) **2.00pm His and Her Christmas ★★** Publishing rivals find common ground. Dina Meyer (2005)
4.00 The Christmas Cabin ★★ Two strangers share lodgings. (2019)
6.00pm Christmas Song ★★ Music teachers compete for a job. Natasha Henstridge, Gabriel Hogan (2012)
8.00 Christmas on Holly Lane ★★ Childhood friends rally around one of their number. Sarah Lancaster (2018)
10.00 On the Twelfth Day of Christmas ★★ Can she bring back his holiday spirit? Brooke Nevin (2015)
12 midnight A Gift to Remember ★★ An amnesiac's love story. (2017)
2.00am Highway to Heaven **3.00–5.00am Christmas in the Smokies ★★** Save the farm! Sarah Lancaster (2015)

Great Movies Christmas Freeview 52 **Freesat** 303 **Sky** 319 **Virgin** 424
+1 F'view 63 (*limited* 10pm-5am) **F'sat** 304 **Sky** 320

Sky Premiere

6.10am Maggie Moore(s) ★★★ A sheriff and a nosy neighbour team up to solve the murder of two women. Jon Hamm, Tina Fey (2023) **7.55** As 6pm **9.55** As 9.45pm **11.50** As 8pm **1.35pm TÁR ★★★★** Cate Blanchett plays a famous conductor who suffers a painful downfall in this ingenious drama. (2022, 15) **4.15 Wifelike ★★** Lightly satirical sci-fi thriller. (2022, 15)
6.00pm Something in the Dirt ★★★ A couple of friends investigate strange phenomena in their apartment block. Aaron Moorhead (2022, 15)
8.00 Knock at the Cabin ★★★★ A family's holiday is interrupted by four strangers in this intense thriller. **Review p46.** Jonathan Groff (2023, 15)
9.45 All My Puny Sorrows ★★★ Finely drawn drama following a novelist as she tries to help her suicidal sister. Alison Pill, Sarah Gadon (2021, 15)
11.45 Sharp Stick ★★★ Scattershot but often bitingly funny satire about an innocent woman's sexual awakening. Kristine Froseth (2022, 18)
1.30am Spin Me Round ★★★ Chaotic but compelling comedy thriller. Alison Brie (2022, 18) **3.25** As 1.35pm

Sky Premiere Sky 301 **Virgin** 401 **BT** 501/**HD** 515 **+1 Sky** 312

Legend 41

8.00am Walker, Texas Ranger **9.00** The Six Million Dollar Man **10.00** Star Trek: Deep Space Nine **11.00 Lost City Raiders ★★** Cheesy sci-fi adventure. James Brolin (2008) **1.00pm Taggart ★★** Incident-packed land-feud western. Dan Duryea (1964, PG)
2.55 The Shepherd of the Hills ★★★ John Wayne plays a brooding moonshiner in this solid adventure. **Review, right.** (1941, PG) **5.00** Star Trek
6.00pm Star Trek: Deep Space Nine TV sci-fi series.
7.00 The Six Million Dollar Man TV sci-fi starring Lee Majors.
8.00 Walker, Texas Ranger TV action drama with Chuck Norris.
9.00 Paydirt ★★ Luke Goss's jailbird searches for buried cash in this crime thriller. Val Kilmer (2020, 15)
10.45 The Thing ★★★★ Scientists uncover a frozen alien organism in Antarctica in this terrific sci-fi chiller. Kurt Russell (1982, 18)
12.50am Thir13en Ghosts ★★ Fright-free horror thriller. Tony Shalhoub (2001, 15) **2.40–4.20am Hostile ★★★** Well-acted post-apocalypse chiller. Brittany Ashworth (2017, 15)

Legend F'view 41 **F'sat** 137 **Sky** 148 **Virgin** 149

HorrorXtra 69

8.00am Crystal Skulls ★★ Cheap *Indiana Jones*-style hokum in which a team must find an ancient artefact. Richard Burgi, Wendy Glenn, Sam Redford (2014, 12)
10.00 Farscape **11.00 Meteor Moon ★** A large chunk of the Moon hurtles towards Earth in this plodding sci-fi mockbuster. Dominique Swain, Michael Broderick (2020) **1.00pm Independence Day-saster ★★** Cut-price pick-and-mix sci-fi action. Ryan Merriman, Tom Everett Scott, Emily Holmes (2013) **3.00** Farscape **4.00** UFO **5.00 Moby Dick ★★** Watchable low-budget update of the whaling classic, starring Barry Bostwick as submariner Captain Ahab. (2010, 12)
7.00pm Farscape TV sci-fi.
8.00 UFO TV sci-fi series.
9.00 Alive ★★★ Gory mystery set in a creepy facility where two people wake up with no memory of how they got there. Thomas Cocquerel (2018, 15)
10.50 The Titan ★★ Sci-fi thriller starring Sam Worthington as a soldier training for a mission on one of Saturn's moons. (2018, 15)
1.00–3.00am Alive As 9pm

HorrorXtra F'view 69 **F'sat** 138 **Sky** 317 **Virgin** 171 **+1 F'sat** 139 **Sky** 318 **Virgin** 371

FILM REVIEWS

FILM OF THE DAY

Out of the Furnace ★★★
9.00-11.20pm ***Great Movies*** 15

THRILLER Family loyalty counts for everything in this film set in a fading Pennsylvania steel town, where dire economic straits send two brothers down dangerous paths. Christian Bale is mesmerising as a decent man running out of options when his volatile, war-veteran sibling (Casey Affleck) gets in too deep with local loan shark Willem Dafoe and psycho Woody Harrelson. A strong sense of place and full-on performances keep this watchable throughout. See it for Bale, though, who doesn't just play his part, he seems to live it. **TREVOR JOHNSTON** (US/UK 2013, violence, swearing, drug abuse)

Went the Day Well? ★★★★★
11.00am-12.50pm ***Film4*** PG

THRILLER Perhaps the finest Home Front picture made during the Second World War, this drama depicts the seizure of an English village by Nazi soldiers. Director Alberto Cavalcanti spins his tale with brilliant restraint and benefits from the naturalistic playing of Leslie Banks, Elizabeth Allan and Thora Hird. **DAVID PARKINSON** (UK 1942, BW, HD)

Brighton Rock ★★★★
12.40-2.30pm
Talking Pictures TV PG

CRIME Adapted by Graham Greene from his own novel, this is one of the most sinister gangster films ever made in Britain. Richard Attenborough turns in his best performance as teenage thug Pinkie, and he is well supported by Carol Marsh as the waitress who falls for him and Hermione Baddeley as the woman who brings about his downfall. **DP** (UK 1947, some violence, BW)

The Shepherd of the Hills ★★★
2.55-4.50pm ***Legend*** PG

ADVENTURE Director Henry Hathaway marshals a great cast with efficiency in this adaptation of the Missouri-set novel by Harold Bell Wright. In the first of his six movies with Hathaway, John Wayne is the young Ozark Mountains moonshiner plotting revenge against the estranged father he blames for his mother's death. **JEREMY ASPINALL** (US 1941)

And So It Goes ★★ *5.00-6.45pm* ***Great Movies*** 12

DRAMA This film seems to be unsure whether it's a crinkly comedy, a romantic weepie or a family drama. That said, Michael Douglas and Diane Keaton spark off each other well as a pair who start at each other's throats, but grow closer after Douglas is left in charge of the young granddaughter he never knew existed. **JOHN FERGUSON** (US 2014, edited for content)

Mad Max 2 ★★★★
9.00-11.05pm ***ITV4*** 18

ACTION After the low-budget nihilism of the original *Mad Max*, director George Miller moved up a gear for this violent sequel. This time, Mel Gibson's road warrior comes to the aid of a peace-loving group being threatened by highway gangs. Miller doesn't take his foot off the pedal for a second. Part three, *Mad Max beyond Thunderdome*, is on Thursday. **JF** (Aus 1981, violence, swearing, a sex scene, nudity, HD)

Mademoiselle ★★★
10.05pm-12.10am
Talking Pictures TV 15

DRAMA New to Talking Pictures TV today, this has Jeanne Moreau in the title role as a sexually frustrated schoolmarm in a French farming community. Her secret acts of terrorism lead the hatred of the village to be directed at the object of her desires, an Italian woodcutter (Ettore Manni). It's weirdly compelling, but director Tony Richardson's approach is too ponderous. **TOM HUTCHINSON** (Fr/UK 1966, sex scenes, BW)

All That Breathes ★★★★
11.00pm-1.00am
Sky Documentaries 12

DOCUMENTARY Inner-city New Delhi provides the setting for this gentle Oscar- and Bafta-nominated wildlife film. Against a backdrop of civil unrest, Shaunak Sen's camera lingers over an ever-changing eco-system, as two brothers dedicate their lives to rescuing injured birds. The film is neither hysterical nor didactic as it conveys our abuse of the planet. **JAMES MOTTRAM** (UK/Ind/US 2022, swearing, HD)

Dark Waters ★★★★
11.15pm-1.15am ***BBC2*** 12

DRAMA Mark Ruffalo plays a corporate defence lawyer in this slow-burning thriller based on a true story. While investigating a link between bovine deaths on a farm and pollution caused by a chemical company, Ruffalo discovers that the situation is far graver than anyone imagined. The course of events has a certain predictability, but this remains riveting viewing. **STEPHEN CARTY** (US 2019, swearing, HD)

Sky Cinema picks

After Yang ★★★★
4.40-6.20pm ***Sky Dystopia***
Mourning a robot. (2021, PG)
Sky 311; Virgin 411; BT 511/525

The Huntsman: Winter's War ★★★
8.00-10.00pm ***Sky Hits***
Snow White spin-off. (2016, 12)
Sky 303, Virgin 403, BT 503/517

In the Line of Fire ★★★★ *10.00pm-12.15am*
Sky Thriller
Eastwood v Malkovich. (1993, 15)
Sky 309; Virgin 409; BT 509/523

Films to stream from p40
Netflix, Amazon, Disney+ and more

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12, 15, 18 - for viewers of these ages and over.

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Sky Showcase

The Expendables 3 *9.00pm* Max Drummer takes control

6.00am The Early Rundown **7.00** Kay Burley **8.00** Caught on Dashcam **9.00** Nothing to Declare **10.00** WW2 Treasure Hunters **11.00** Islands (AD) **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T. **5.00** The Simpsons **5.30** The Fresh Prince of Bel-Air: double bill

6.30pm The Simpsons Chief Wiggum gets his hands on a jet pack. **7.00** Homer becomes the new Duff beer mascot Duffman. **7.30** Marge tries to get Bart to confess his part in a bulldozer crash.

8.00 Rob and Romesh vs Golf ***2/7*** *Series 3.* Rob Beckett shares his newfound love of the sport with Romesh Ranganathan. (AD)

9.00 The Expendables 3 ★★★ Action adventure starring Sylvester Stallone. Mercenary Barney Ross decides to retire his ageing band of cohorts and replace them with younger models for a mission to capture a ruthless adversary from his past. (W)

11.15 Never Mind the Buzzcocks ***Ep 4*** *Series 3.* With Jake Shears and Jamie-Lee O'Donnell. (AD)

12 midnight The Force: Manchester **1.00am** Road Wars **2.00** Stop, Search, Seize (AD) **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00–6.00am** The Early Rundown

Sky Showcase Sky 106 **Virgin** 109 **BT** 340/HD 355 **+1** Sky 206

Sky Sci-Fi

6.00am Merlin **7.00** Warehouse 13 **8.00** Home Shopping **11.00** Fringe **12 noon** Star Trek: the Next Generation: double bill **2.00pm** Merlin **3.00** Fringe **4.00** Stargate SG-1 **5.00** Stargate Atlantis

6.00pm Star Trek: the Next Generation ***14/26*** *Series 5* The crew members suffer from a mysterious case of amnesia. **7.00** ***15/26.*** Data and Troi seize the bridge of the *Enterprise* when they are possessed by alien spirits.

8.00 Star Trek: Voyager ***2/26*** *Series 7.* The crew battles to find a key Borg component in an attempt to save Seven of Nine's life.

9.00 Discovering Sci-Fi on Film Critics Ian Nathan, Neil Norman and Stephen Armstrong count down and discuss their top 25 sci-fi films from the past 100 years.

10.30 True Blood ***11/12*** *Series 3* Eric plans to capture Russell by offering him the vampire's ultimate fantasy and Jason struggles with the latest revelation about Crystal. **11.30** ***12/12.*** Sookie discovers an even darker side to Bill when she comes to the rescue of Eric and Russell's rescue. Tara is shocked when Sam tells her he is a shifter, while Jesus helps Lafayette.

12.30am Warehouse 13 **1.25** Star Trek: Voyager **2.20** Stargate Atlantis **3.15** Star Trek: the Next Generation **5.05–6.00am** Most Haunted

Sky Sci-Fi Sky 139 (140 Scotland) **Virgin** 122 **BT** 348/HD 363 **+1** Virgin 229

Sky Atlantic

Euphoria *10.50pm* Lexi is worried about the backlash

6.00am Richard E Grant's Hotel Secrets (AD) **7.55** The Leftovers (AD) **10.05** Ray Donovan (AD) **12.15pm** Game of Thrones (AD) **1.20** Raised by Wolves (AD) **3.20** The Leftovers (AD)

5.50pm Ray Donovan ***7/12*** *Series 2.* Tensions run high at a party to celebrate Conor's birthday. **6.55** ***8/12.*** Lee reneges on Ray's deal with Cookie. (AD)

7.55 Game of Thrones ***9/10*** *Series 4.* Jon and the Night's Watch prepare to defend the Wall against an attack by Mance Rayder's wildling army. (AD)

9.00 Winning Time: the Rise of the Lakers Dynasty ***7/7*** *Series 2.* Drama chronicling the lives of the 1980s Los Angeles Lakers basketball team.

10.15 The Lovers ***1/6.*** Belfast supermarket worker Janet begins an unexpected relationship with political broadcaster Seamus. (AD)

10.50 Euphoria ***6/8*** *Series 2* Lexi considers the possible backlash from her play. (AD)

11.55 True Detective ***3/8*** *Series 2.* Ray and Ani have a close call with Caspar's killer. (AD)

1.05am Angels in America **2.10** Das Boot **3.10** Game of Thrones (AD) **4.10–6.00am** Richard E Grant's Hotel Secrets: double bill (AD)

Sky Atlantic Sky 108 (109 Wales) **BT** 342/HD 357 **+1** Sky 208 (209 Wales)

Sky Witness

6.00am The Real A&E (AD) **7.00** Border Security USA (AD) **8.00** Border Patrol **10.00** Border Security: America's Front Line: double bill **11.00** The Rookie (AD) **12 noon** FBI: Most Wanted (AD) **1.00pm** Bull **2.00** Blue Bloods (AD) **3.00** Caught Red Handed

4.30pm Nothing to Declare Seven editions following the work of customs officers in Australia.

8.00 Blue Bloods ***19/20*** *Series 12* Erin is stalked by a man who was recently released from prison. Meanwhile, Jamie works to save his badge when he is caught driving under the influence. (AD)

9.00 Law & Order: Special Victims Unit ***18/22*** *Series 24* A tycoon interferes with an investigation into her family. Meanwhile, Carisi struggles to get an indictment when the complainant backs down.

10.00 Departure ***2/6*** *Series 1* The hunt for wreckage continues as the TSIB team learns more about Donovan. Kendra wonders if the plane's lone survivor is hiding something. (AD)

11.00 The Rookie ***3/20*** *Series 1* Lucy worries that Tim is enabling his wife's destructive behaviour. (AD)

12 midnight Madam Secretary **1.00am** The Good Doctor **3.00** ***New.*** Law & Order: Organized Crime **4.00** Border Security: America's Front Line **5.00–6.00am** The Real A&E (AD)

Sky Witness Sky 107 **Virgin** 110 **BT** 341/HD 356 **+1** Sky 207 **Virgin** 310

Sky Max

Fantasy Island *9.00pm* Tara and Jessica plan a reunion

6.00am Supergirl **7.00** DC's Legends of Tomorrow (AD) **8.00** The Flash **9.00** Stargate Atlantis **11.00** Supergirl **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

6.00pm Stargate Atlantis ***19/20*** *Series 5.* Sheppard becomes a detective in an alternate reality. **7.00** ***20/20.*** A new Wraith superhive does significant damage to the *Daedalus*, jumps into hyperspace and heads to Earth.

8.00 There's Something about Movies Comedy panel show presented by Alan Carr. (AD)

9.00 ***New series.*** **Fantasy Island** ***1/13*** *Series 2.* The return of the drama. Tara and Jessica want to rule their 30th high-school reunion. **10.00** ***2/13.*** Helene visits the island in search of her father.

11.00 Never Mind the Buzzcocks ***Ep 4*** *Series 3.* With Stefflon Don and Jake Shears. (AD)

11.45 Brassic ***5/8*** *Series 4* A woman turns up in Hawley and announces she is Erin's sister. (AD) **12.45am** ***5/8.*** The gang attend a murder-mystery evening. (AD)

1.45 Cobra: Cyberwar (AD) **2.45** Road Wars **3.10** Hawaii Five-0 **4.05** S.W.A.T. (AD) **5.00–6.00am** Highway Patrol: double bill

Sky Max Sky 113 (114 Wales) **Virgin** 111 **BT** 346/HD 361

Sky Replay

7.00am 6ixth Sense with Colin Fry **8.00** Four Weddings (AD) **10.00** Brit Cops: Frontline Crime UK **11.00** UK Border Force **12 noon** Highway Patrol (AD) **1.00pm** Send in the Dogs **2.00** Most Haunted **4.00** Manifest (AD) **6.00pm** DC's Legends of Tomorrow: double bill (AD) **8.00** Highway Patrol: double bill (AD) **9.00** The Blacklist: Congressman Hudson attempts to persuade a powerful friend to join his crusade **10.00** The Russell Howard Hour **11.00** FBI: Most Wanted: when Hana is kidnapped, Remy and the team pull out all the stops to find her **12 midnight** Fantasy Island: Andi wants to know how much her cat loves her, then Helene searches for her biological father **2.00** A League of Their Own (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings **5.00–6.00am** 6ixth Sense with Colin Fry

Sky Replay Sky 152 **Virgin** 156

Sky Crime

6.00am Highway Patrol **7.00** Motorway Patrol **8.00** Border Security: Canada's Front Line **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Border Patrol **12 noon** Killer in My Village **1.00pm** Murdered at First Sight (AD) **2.00** The Killer Within **3.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **5.00** Murdered at First Sight (AD) **6.00** Forensics: Catching the Killer (AD) **7.00** World's Most Evil Killers **8.00** Britain's Most Evil Killers **9.00** Murder Next Door (AD) **10.00** Murders That Shocked the Nation **11.00** World's Most Evil Killers **12 midnight** Killer in My Village **1.00am** Forensics: Catching the Killer (AD) **2.00** Killer Siblings **3.00** Brit Cops: War on Crime **4.00** Road Wars (AD) **5.00–6.00am** Motorway Patrol

Sky Crime Sky 122 (123 Scotland) **Virgin** 121 **BT** 349/HD 364 **+1** Sky 222 (223 Scot) **Virgin** 321

Gold

Live at the Apollo *10.40pm* Aisling, Frankie and Simon

7.10am Desmond's **7.45** Keeping Up Appearances **8.25** 2 Point 4 Children **9.00** Hi-de-Hi! **9.40** Still Open All Hours **10.20** Last of the Summer Wine **11.40** Keeping Up Appearances **12.20pm** 2 Point 4 Children **1.00** Dad's Army **1.40** The Thin Blue Line **2.20** Still Open All Hours **3.00** Hi-de-Hi! **3.40** Last of the Summer Wine **5.00** Keeping Up Appearances **5.40** Still Open All Hours

6.20pm The Thin Blue Line A plumbing crisis hits the station. **7.00** Football fever causes tension.

7.40 Dad's Army Jones buys black-market pigeons. **8.20** The platoon camps in the middle of a firing range.

9.00 The Royle Family Nana is staying with the family. (AD)

9.40 Ricky and Ralf's Very Northern Road Trip The Royle camper van hits the northeast to visit the Angel of the North. (AD)

10.40 Live at the Apollo Comedy sets by Frankie Boyle, Simon Evans and Aisling Bea.

11.40 The Royle Family As 9pm. **12.20am** Ricky and Ralf's Very Northern Road Trip (AD) **1.20** Live at the Apollo **2.30** The Thin Blue Line **3.00** Desmond's **3.25–4.00am** The Fosters

Gold Sky 110 (111 Wales) **Virgin** 124 **BT** 344/HD 359 **+1** Sky 210 (211 Wales) **Virgin** 324

Sky Comedy

8.00am Wellington Paranormal (AD) **9.00** Entourage **10.05** The Conners **11.00** Mr Mayor (AD) **11.30** Flatbush Misdemeanors (AD) **12.50pm** House of Lies **1.30** The Fresh Prince of Bel-Air **2.30** Entourage **3.30** The Conners **4.30** Wellington Paranormal (AD) **5.30** The Fresh Prince of Bel-Air: double bill **6.30pm** Will & Grace: double bill (AD) **7.30** Mr Mayor: Arpi and Jayden get to know each other during a road trip (AD) **8.00** The Office US: double bill **9.00** ***New.*** Miracle Workers: End Times: double bill. Sid and Freya visit Freya's parents, then Freya finds out she is pregnant and Morris throws her a baby shower **10.00** The Fresh Prince of Bel-Air Reunion (AD) **11.25** Sex and the City **12.45am** The Brink (AD) **1.50** Enlightened **3.05** House of Lies **3.40–5.00am** Flatbush Misdemeanors (AD)

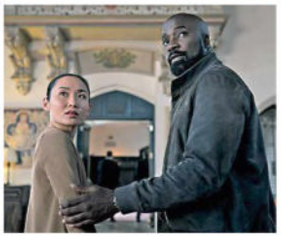
Sky Comedy Sky 114 (115 Wales) **Virgin** 112 **BT** 347/HD 362

Comedy Central

8.00am Most Ridiculous Teenage Kicks **8.35** Most Ridiculous: on Ice **9.00** The Middle (AD) **11.00** Home Improvement **12.55pm** Bob's Burgers **2.45** Friends (AD) **9.00** ***New.*** Rhod Gilbert's Growing Pains: Rhod is joined by guests Olga Koch, Michael Odewale and Dermot O'Leary to roll back the clock **10.00** Most Ridiculous: double bill. Clips featuring hoverboards and unicycles, then cats and dogs finally go head to head **11.00** Kevin Bridges Live: the Story Continues: the comedian performs in Glasgow **12 midnight** Roast Battle **12.30am** South Park: four episodes **2.30** Mike Judge's Beavis and Butt-Head **3.00** Key and Peele **3.25** Criminally Funny **4.10–5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales) **Virgin** 132 **BT** 345/HD 360 **+1** Sky 212 (213 Wales) **Virgin** 332

Alibi



Evil *10.00pm* Grace receives some help from David

7.10am Murdoch Mysteries **9.00** Miss Fisher's Murder Mysteries **10.00** Hudson & Rex (AD) **11.00** Without a Trace **12 noon** Frankie Drake Mysteries (AD) **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries **4.00** Miss Fisher's Murder Mysteries **5.00** Hudson & Rex (AD)

6.00pm Without a Trace ***18/24*** *Series 2.* A man disappears while depositing the day's takings from his wife's hair-dressing salon.

7.00 Elementary ***6/24*** *Series 1* Investigating a plane crash, Holmes shocks his colleagues when his sharp eye discerns that one of the victims died before the aircraft hit the ground.

8.00 Death in Paradise ***2/8*** *Series 5.* The island is rocked when Saint Marie's governor drops dead at her leaving party. (AD) **9.00** ***3/8.*** A promising young model is strangled in the middle of a catwalk show. (AD)

10.00 ***New.*** **Evil** ***9/10*** *Series 3.* The team are called in to investigate when a figure begins stalking people who have invested in a stock tip. (AD)

11.05 Person of Interest ***10/22*** *Series 4.* Samaritan takes control of New York for 48 hours.

12.05am Elementary **1.05** My Life Is Murder **2.15–4.00am** Murdoch Mysteries: two episodes

Alibi Sky 109 (110 Wales) **Virgin** HD 114 **BT** 343/HD 358 **+1** Sky 209 (210 Wales) **Virgin** 191

Discovery

6.00am Bitchin' Rides **7.00** Deadliest Catch **8.00** Treehouse Masters **9.00** Alaska: the Last Frontier **10.00** How Do They Do It? **11.00** Wheeler Dealers: Dream Car **12 noon** Diesel Brothers **1.00pm** Deadliest Catch **3.00** Blowing Up History: Seven Wonders **5.00** Kindig Customs **6.00** Salvage Hunters **7.00** Wheeler Dealers: Mike Brewer and Ant Anstead restore a 1970 Volkswagen Fastback (AD) **8.00** Outback Truckers: house mover Robbie must navigate bumpy terrain to reach his destination **9.00** Wheeler Dealers: Mike tracks down one of the most iconic estate cars of all time **10.00** Ant Anstead Master Mechanic **11.00** Expedition X **12 midnight** How the Universe Works **1.00am** Wheeler Dealers **2.00** Ant Anstead Master Mechanic **3.00–5.00am** Alaska: Homestead Rescue

Discovery Sky 125 (126 Scotland) **Virgin** 177 **BT** 320/HD 325 **+1** Sky 225 (226 Scot) **Virgin** 377

Discovery History

6.00am Expedition Unknown **7.00** Aircrash Unsolved: the Mystery of Helios 522 **8.00** Devonport: inside the Royal Navy **9.00** Combat Dealers (AD) **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** How It's Made **1.00pm** Combat Dealers (AD) **2.00** Unsolved History **3.00** Blowing Up History **4.00** Mysteries at the Museum **5.00** Devonport: inside the Royal Navy **6.00** Nasa's Unexplained Files **7.00** Expedition Unknown **8.00** Combat Dealers (AD) **9.00** Blowing Up History **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 midnight** How It's Made **1.00am** Combat Dealers (AD) **2.00** Salvage Hunters **3.00** Combat Dealers (AD) **4.00–5.00am** Blowing Up History

Discovery History Sky 177 **Virgin** 181 **+1** Sky 277 **Virgin** 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

Sky Documentaries

Chernobyl: the Lost Tapes
9.00pm Archive footage

6.00am The 2000s **7.00** Discovering: Richard Attenborough **8.00** The Directors **9.00** One Shot: the Football Factory (AD) **10.00** Spector (AD) **11.00** 100 Foot Wave (AD) **12 noon** Dave Not Coming Back **2.00pm** The Slow Hustle **3.45** My Icon: John Amaechi (AD) **4.00** The Directors **5.00** Discovering: Richard Attenborough

6.00pm One Shot: the Football Factory Following a group of footballers who dream of playing in the Premier League. (AD)

7.00 Spector The story of music producer Phil Spector, looking at his life and the events preceding his murder of Lana Clarkson. (AD)

8.00 100 Foot Wave The turbulent waters in Nazaré prove devastating for Cotty and C.J. (AD)

9.00 Chernobyl: the Lost Tapes Newly discovered archive footage and witness accounts of the 1986 nuclear disaster. (AD)

11.00 All That Breathes ★★★★ The story of brothers Saud and Nadeem, who devote their lives to caring for and healing injured wild birds. Hindi +subtitles. **Review page 75.** (W)

1.00am Assassins **3.00** The Art of Political Murder **4.45** My Icon: Henni Goya (AD) **5.00–6.00am** Discovering: Richard Attenborough

Sky Documentaries **Sky** 121 (122 Scotland) **Virgin** 188 **BT** 352/**HD** 367

Nat Geographic

8.00am Food Factory **9.00** Air Crash Investigation (AD) **10.00** Ocean Wreck Investigation **11.00** Lost Treasures of Egypt **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Nazi Megastructures (AD) **4.00** Ice Road Rescue **5.00** Car SOS (AD) **6.00** Wicked Tuna (AD) **7.00** Air Crash Investigation (AD) **8.00** ***New series.*** World War II: Secrets from Above (AD) **9.00** ***New.*** Drug Lords: the Takedown (AD) **10.00** Dutch Caribbean Coastguards **11.00** Air Crash Investigation (AD) **12 midnight** Banged Up Abroad **1.00am** To Catch a Smuggler **2.00** Lords of War **2.30** Bid and Destroy **2.55** Made in a Day (AD) **3.20** Food Factory: double bill **4.10** Exotic Animal ER: Double Dose **4.35–5.00am** Secrets of the Zoo: Keeper Tales

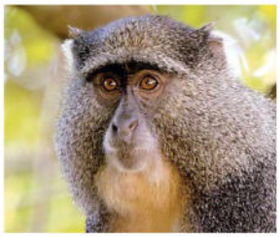
Nat Geographic **Sky** 129 (130 Scotland) **Virgin** 183 **+1** **Sky** 229 (230 Scot) **Virgin** 383

Sky History

6.00am American Pickers **7.00** Forged in Fire **8.00** Storage Wars Canada **9.00** Pawn Stars **10.00** WW2 Treasure Hunters **11.00** Great Escapes with Morgan Freeman **1.00pm** Storage Wars Canada **2.00** Secret Societies: in the Shadows **4.00** Britain's Most Historic Towns **5.00** Pawn Stars **6.00** American Pickers **7.00** Forged in Fire **8.00** ***New.*** American Pickers **9.00** RT **CHOICE** ***New series.*** Sex: a Bonkers History **See page 69; Feature: page 26** **10.00** ***New.*** Dark Marvels: Killing Machines **11.00** Evidence of the Unexplained **12 midnight** Pawn Stars **1.00am** Storage Wars Canada **2.00** History's Greatest Mysteries **3.00** American Pickers **4.00** Forged in Fire **5.00–6.00am** Britain's Most Historic Towns

Sky History **Sky** 123 (124 Scotland) **Virgin** 131 **BT** 353/**HD** 368 **+1** **Sky** 223 (224 Scot) **Virgin** 331

Sky Nature



Africa's Wild Year *8.00pm*
The blue monkeys' instincts

6.00am Reef Wrecks **7.00** Monkey Life **8.00** Untamed Valley **9.00** Wild Israel **10.00** Undiscovered Vistas **11.00** Islands (AD) **12 noon** Great Parks of Africa **1.00pm** Monkey Life **2.00** Untamed Valley **3.00** Wild Israel **4.00** Undiscovered Vistas **5.00** Islands (AD)

6.00pm Great Parks of Africa The oldest game reserve in Africa – the Hluhluwe-Imfolozi.

7.00 Monkey Life An orangutan leaves for Germany. **7.30** The boisterous Bachelor chimps have a party.

8.00 Africa's Wild Year Summer brings challenges and opportunities on the African plains as many animals are able to feast.

9.00 Predators Tom Hardy presents a journey to the Okavango Delta as the Matata Pride do battle with wildfires and flooding in a fight to keep their cubs alive. (AD)

10.00 Great Parks of Africa As 6pm.

11.00 Islands A look at the ecosystems of six islands, beginning with Vancouver. (AD)

12 midnight Shark Squad **1.00am** Battle of the Alphas (AD) **2.00** Africa's Wild Year **3.00** Predators (AD) **4.00** Untamed Valley **5.00–6.00am** Wild Israel

Sky Nature **Sky** 124 (125 Scotland) **Virgin** 189 **BT** 354/**HD** 369

Eden

9.00am Impossible Engineering (AD) **6.00pm** Impossible Engineering: six editions. The construction of the Ford-class aircraft carriers, the largest warships ever built **7.00** The InterContinental Shanghai Wonderland, which burrows 16 stories below ground level **8.00** How the Abrams tank, the US Army's biggest land-combat vehicle, is constructed, using access to the factory where they are built, as well as their testing grounds **9.00** Efforts to create a permanent fix around the damaged reactor at Chernobyl **10.00** How one of the largest offshore wind farms on the planet is maintained **11.00** The creation of Hudson Yards on the west side of Manhattan Island, New York (AD) **12 midnight** Impossible Engineering (AD) **5.30–6.00am** The Zoo

Eden **Sky** 166 **Virgin** **HD** 176 **+1** **Sky** 266 **Virgin** 376

Animal Planet

8.00am Tanked **9.00** Pit Bulls and Parolees **10.00** My Cat from Hell (AD) **11.00** Animal Cops Philadelphia (AD) **12 noon** Tanked **1.00pm** Pit Bulls and Parolees **2.00** Legends of the Wild (AD) **4.00** My Cat from Hell (AD) **5.00** Animal Cops Philadelphia (AD) **6.00** Tanked: Wayde and Brett build a 24ft-long tank with individual sleeping pods **7.00** Pit Bulls and Parolees **8.00** India's Monkey Man Monster: Expedition Mungo **9.00** Deadly Dragon of Borneo: Expedition Mungo **10.00** Edge of Alaska **11.00** Celebrity Animal Encounters **12 midnight** The Crocodile Hunter: Best of Steve Irwin **1.00am** Edge of Alaska **2.00** My Cat from Hell (AD) **3.00** Animal Cops Philadelphia (AD) **4.00–5.00am** Tanked

Animal Planet **Sky** 162 (178 NI) **Virgin** 178 **+1** **Sky** 262 (278 NI) **Virgin** 378

SPORT

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 420/**HD** 440

6.00am Sky Sports News **7.00** Good Morning Sports Fans **10.00** The Football Show **11.30** Ref Watch **12 noon** The Football Show **1.00pm** Lunchtime Live **2.00** Sports Desk **5.00** Sky Sports News

6.30 LIVE Premier League Football Tonight's match between Nottingham Forest and Burnley at the City Ground (kick-off **7.45**).

11.00 Sky Sports News

1.00am LIVE NFL Pittsburgh Steelers v Cleveland Browns at Acrisure Stadium (kick-off **1.15**).

4.30–6.00 Sky Sports News

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am Classic Play-Offs **8.45** EFL Greatest Games **9.00** Scottish Premiership Round-Up **9.15** Scottish Premiership Highlights **9.30** EFL Greatest Games (AD) **10.00** Classic Play-Offs **12 noon** Championship Football **2.00pm** Championship Highlights **3.00** League One and Two Goals **3.30** Scottish Premiership Round-Up **3.45** Scottish Premiership Highlights **4.00** Championship Highlights **5.30** Old Firm Derby Best Goals (AD) **6.00** League One and Two Goals **6.30** German Football: the weekend's Bundesliga games **7.30** EFL Greatest Games: Derby County v QPR in 2014

7.40 LIVE Irish Football Crusaders v Cliftonville, the NIFL Premiership match from Seaview in Belfast (kick-off **7.45**).

9.45 Championship Highlights **10.30** Scottish Premiership Round-Up **10.45** Scottish Premiership Football **11.00** German Football: Bundesliga highlights **12 midnight** EFL Greatest Games (AD) **1.00am** Classic League Cup Final (AD) **2.00** Classic Play-Offs **5.00–6.00am** Championship Season Review

Sky Golf

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am PGA Tour Golf: the Fortinet Championship **9.00** European Tour Golf **2.30pm** British Par 3 Championship Golf **4.30** Luke Donald: Cool Hand Luke (AD) **5.00** Countdown to the Ryder Cup **5.30** Nick Dougherty's Tee Time Tips **6.00** European Tour Golf: action from the fourth and final day of the BMW PGA Championship **7.00** PGA Tour Golf: highlights from the Fortinet Championship **8.00** My Ryder Cup **8.30** Countdown to the Ryder Cup **9.00** The Greatest Solheim Cup (AD) **11.00** Suzann Pettersen: Her Final Putt **11.45** Solheim Cup Golf: action from 2015 **12 midnight** PGA Tour Golf **1.00am** European Tour Golf **2.00** Suzann Pettersen: Her Final Putt **2.45** Solheim Cup Golf **3.00** Countdown to the Ryder Cup **3.30** My Ryder Cup **3.45** My Ryder Cup **4.00** PGA Tour Golf **5.00–6.00am** European Tour Golf

Sky NFL

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am Kansas City Chiefs: the Franchise **6.30** Jaguars Weekly UK **7.00** NFL Highlights **9.00** One Jets Drive **9.45** 1920 Football Drive **10.00** NFL Highlights **12 noon** Pro-Football Talk **2.00pm** NFL Highlights **3.00** NFL Bitesize **4.00** NFL Highlights **5.00** Good Morning Football **8.00** NFL Bitesize **9.00** NFL Review Show: highlights and analysis **10.00** NFL Fantasy **11.00** NFL Highlights **12 midnight** NFL Review Show

1.00am LIVE NFL Pittsburgh Steelers v Cleveland Browns at Acrisure Stadium (kick-off **1.15**).

4.30 NFL Bitesize **5.00–6.00am** NFL Highlights: Dallas Cowboys v New York Jets

Sky Mix

Sky 416 **Virgin** 510 **BT** 429/**HD** 449

12 midnight–3.30am LIVE NFL Carolina Panthers v New Orleans Saints, held at the Bank of America Stadium (kick-off **12.15am**).

Premier League Football
6.30pm ***Sky PL*** Forest's Taiwo Awoniyi eyes more goals tonight

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Greatest Games (AD) **7.00** Highlights **10.00** The Football Show **11.30** Ref Watch **12 noon** The Football Show **1.00pm** Years (AD) **3.00** Greatest Games (AD) **4.00** Highlights

6.30 LIVE Premier League Football Nottingham Forest v Burnley (kick-off **7.45**).

11.00 City: PL Champions Again **12 midnight** Highlights **12.30am** Icons (AD) **1.00** Years (AD) **3.00** Greatest Games (AD) **4.00** Best Goals (AD) **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am How the 2003 World Cup Was Won: from South Africa (AD) **9.00** International One-Day Cricket **10.00pm** One-Day Cup: action from Leicestershire Foxes v Hampshire in the One-Day Cup final **11.00** Classic World Cup Cricket: Ireland v Zimbabwe, 2015 **12 midnight** How the 2007 World Cup Was Won (AD) **3.00–6.00am** Classic World Cup Cricket

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Super League (AD) **8.00** Boxing **9.00** Darts: the World Grand Prix **2.00pm** Super League **3.00** WNBA: a play-off match **5.00** Boxing **6.00** British Basketball League **8.15** Super League **9.00** WNBA **11.00** Boxing

12 midnight LIVE NFL Coverage of Carolina Panthers v New Orleans Saints from the Bank of America Stadium (kick-off **12.15am**).

3.30am NBA: Dallas Mavericks v Boston Celtics (AD) **4.00** Super League **5.30–6.00am** Women's Super League (AD)

Eurosport 1

Sky 413 **Virgin** 521 **BT** **HD** 412

7.00am Australian Open Tennis **8.00** British Superbikes **9.00** Snooker **11.00** Cycling **12 noon** Tennis **1.00pm** Sydney Marathon **2.00** Cycling **3.30** Vuelta a España **4.30** Climbing **5.30** Archery **6.30** Snooker **8.30** Cycling **10.00** British Superbikes: from Oulton Park **12 midnight** Sydney Marathon **1.00am** Vuelta a España **2.00** British Superbikes **4.00** Vuelta a España **5.00–6.00am** Archery: in Mexico

Eurosport 2

Sky 414 **Virgin** 522 **BT** **HD** 413

6.00am British Superbikes **7.00** Cycling **8.00** Tennis **9.00** Vuelta a España **10.30** Superbikes **11.30** Motocross **3.30pm** Speedway **4.30** British Superbikes: highlights from Oulton Park **6.30** Premiership Speedway

7.30 LIVE Premiership Speedway Coverage of the first leg of a play-off semi-final.

10.00 Vuelta a España: a review of the race **11.00** Sydney Marathon **12 midnight** Speedway **1.00am** British Superbikes **2.00** Cycling **4.00–6.00am** Snooker: European Masters highlights

TNT Sports 1

Sky 410 **Virgin** 527 **BT** 408/**HD** 430

6.00am International One-Day Cricket **6.30** National League Football (AD) **7.00** Wrestling (AD) **8.00** Premier League Highlights: Wolves v Liverpool **9.30** National League Football (AD) **11.30** Premier League: the Big Interview **12 noon** Europa League Magazine (AD) **1.00pm** International One-Day Cricket: the Asia Cup final **1.30** T20 Cricket **3.00** French Football: Ligue 1 action **4.00** Europa League Magazine (AD) **5.00** Champions League Magazine (AD)

5.30 LIVE Italian Football Salernitana v Torino, the Serie A match at Arechi Stadium (k-o **5.30**); **7.30** Hellas Verona v Bologna, from the Stadio Marcantonio Bentegodi (kick-off **7.45**).

9.45 TNT Sports Goals Reload **10.15** Champions League Magazine (AD) **10.45** What I Wore: Gary Lineker **11.00** Wrestling (AD)

1.00am LIVE Wrestling WWE Monday Night Raw, featuring the likes of Drew McIntyre, Rhea Ripley, Finn Bálor and Seth Rollins.

4.15 Ariel Helwani Meets: Rey Mysterio **5.15** What I Wore: Rio Ferdinand **5.30–6.00am** Behind the Game (AD)

TNT Sports 2

Sky 411 **Virgin** 528 **BT** 409/**HD** 431

6.00am The Football Archives: Champions League Football (AD) **7.30** Champions League Magazine (AD) **8.00** Europa League Magazine (AD) **9.00** Squash **10.00** Badminton **12 noon** Premiership Rugby Cup **1.30pm** Australian Rules Football **5.30** MotoGP Highlights: from San Marino **6.30** International One-Day Cricket: action from the Asia Cup final

7.00 LIVE Major League Baseball Coverage of Kansas City Royals v Cleveland Guardians, the American League Central match, held at Kauffman Stadium (start **7.10**).

10.30 French Football: Ligue 1

11.30 LIVE Major League Baseball A regular-season match.

3.00am MLB Plays of the Week (AD) **3.30** TNT Sports Goals Reload **4.00–6.00am** Premier League Legends (AD)

TNT Sports 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am Italian Football: action from eight Serie A matches **2.00pm** Champions League Magazine (AD) **2.30** The Football Archives: Champions League **4.00** National League Football (AD) **6.00** French Football **7.00** T20 Cricket: action from Jamaica Tallawahs v St Kitts and Nevis Patriots, Guyana Amazon Warriors v Trinbago Knight Riders, Jamaica Tallawahs v St Lucia Kings and Guyana Amazon Warriors v Barbados Royals in the Caribbean Premier League **9.00** Fishing (AD) **10.00** MotoE Highlights: the Grand Prix of San Marino **10.30** International One-Day Cricket: the Asia Cup final **11.00** Premiership Rugby Cup **12.30am** National League Football (AD) **2.30** T20 Cricket **4.30** French Football: action from Ligue 1 **5.30–6.00am** Classic French Football

TNT Sports 4

Sky 421 **Virgin** 530 **BT** 411/**HD** 434

6.00am Cricket Classics: West Indies v England from 1998 (AD) **11.00** MLB Classic: Finding Babe Ruth **12 noon** MLB Timeline **1.00pm** Major League Baseball **3.30** Badminton: the finals of the Hong Kong Open **5.30** Premiership Rugby Cup: Bath Rugby v Jersey Reds **7.00** Boxing **9.00** UFC: Alexa Grasso v Valentina Shevchenko **12 midnight** Meatball Molly: a profile of Molly McCann (AD) **1.15am** What I Wore: Héctor Bellerín **1.30** Poker (AD) **5.30–6.00am** Joe Cole Cast

Viaplay Sports

7.30–10.30pm LIVE Spanish Football Granada v Girona.

Tuesday

GROUNDED Tim Peake visits Horseshoe Bend, Arizona

DOCUMENTARY

Secrets of Our Universe with Team Peake

9.00pm ***Channel 5***
Catch up via My5

NEW SERIES

It's good to see Channel 5 blasting out of their comfort zone with this ambitious three-parter about outer space. And who better to present it than an actual, home-grown astronaut? The good news is, Tim Peake's affable presence makes him a natural presenter. And he has the kind of glinting eyes you'd hope to find on a person who's viewed the planet from the outside.

The opening episode starts in the solar system and brings us some useful astronomy basics, such as how to spot one of our closest neighbours, Venus, in the night sky. And, on a trip to Arizona, Tim compares the region's rust-coloured dustscapes with those of Mars.

It's a big ask to cram all of the planets into a 42-minute slot (plus adverts), so don't expect much fine detail. But it all looks slick and Tim conjures up some humdinging questions such as: "If Jupiter is made of the same stuff as the Sun, how come it's not on fire?"

GARY ROSE

See feature: page 28

DOCUMENTARY

Living Next Door to Putin

8.00pm ***BBC1*** *Catch up via iPlayer*

Either Katya Adler or her producers felt the need to adrenalise her tour around Russia's European neighbours and add some visual oomph. Last week we had a high-speed spin at a racetrack and this week's leg of the journey opens with Adler in a Nato helicopter, watching target practice in the Baltic.

It's dramatic, but the best stories here are the small, unlikely ones, like a project in Estonia called Saunas for Ukraine. Yes, it disguises saunas in shipping containers and sends them to the front line for troops to unwind in – and the Ukrainians love them. Also filed under "strange but true", we meet the Russian spy whale who defected (though disappointingly, not to Finland). **DAVID BUTCHER**

DRAMA

The Following Events Are Based on a Pack of Lies

9.00pm ***BBC1*** *Full series: iPlayer*

The spun-out yarns told by Rob might seem far-fetched, but they're no less outlandish than the scams featured in true-crime documentaries.

He needs a solid memory to pull off such audacious cons, but he's slipping up on the small details – the concert venue he was at, the number of "hostages" taken. And he's made a glaring error. Reporting ex-wife Alice to the police for assault, he didn't count on there being CCTV footage to the contrary. As they all fall further down the rabbit hole (there are several nods to *Alice in Wonderland*), will hard evidence finally wake Cheryl up from his tale of fantasy?

FRANCES TAYLOR TV PREVIEWS EDITOR

DOCUMENTARY

Rise of the Nazis: The Manhunt

9.00pm ***BBC2*** *Catch up via iPlayer*

While the names of Victor Cross (a former salesman from Northampton) and Gustave Gilbert (an American psychologist and interpreter) may not be familiar, they were among those who, at the end of the war, tracked down high-ranking Nazis who hadn't been captured and brought them to justice.

Cross had a list of 70,000 names – including that of Rudolf Hoess – while Gilbert's job was to ensure those awaiting trial at Nuremberg didn't kill themselves before appearing in court. This fourth series tells their stories and examines the strategy of defendants such as Albert Speer, who was deeply involved in the Holocaust yet managed to escape the death penalty. **JANE RACKHAM**

DOCUMENTARY

Ballers: Ball or Nothing

9.00pm, 9.30pm ***BBC3***
Catch up via iPlayer

NEW SERIES

Fly-on-the-dressing-room-wall sports series are all the rage right now. This new offering (which began yesterday on BBC Scotland) follows the fortunes of Glasgow Rocks, Scotland's only professional basketball team, as they bid to break a 20-year trophy drought while home-grown players hold down "normal" jobs. They're joined by imported US rookies who have never been abroad before, let alone Glasgow. As pre-season friendlies begin, coach Gareth Murray fears for the team's form. However, MD Sean Skelly has bigger worries when he's told the club has been sold. Will they have jobs tomorrow? An engaging underdog story. **MICHAEL HOGAN**

ALSO ON TODAY

Fireball XL-5
*5.25pm **Talking Pictures TV***
Join Steve Zodiac (right) and the crew for more Super-marionation adventures.

Henpocalypse!
*10.00pm (Wed 11.45pm in N Ireland) **BBC2***
The last episode of the series is packed with emotional reunions, explosive revelations and heartbreak.

Selling Super Houses
*10.00pm **C4***
Tensions rise as the teams visit two multi-million-pound properties to see how staging should be done.

DRAMA

So Help Me Todd

*9.00pm **Alibi** Catch up via Now*

It's hard to tell what's annoying Margaret the most: the sneaky move her opposing counsel is making in court or the fact that he's a sloven in corduroy trousers. Either way, she's irritated and now doubly determined to get justice for her client, an Olympic athlete who lost his leg in a plane crash resulting from a defective aircraft.

Todd is, of course, sent out onto the streets to follow the clues, but he's in need of a ride. Hence him borrowing his sister's pristine car, which he promises to return without a mark on it. But after encounters with a pooping bird and a heavy with a baseball bat, that pledge ends up looking as broken as the vehicle.

DAVID BROWN

DOCUMENTARY

Winning Hearts and Minds: Storyville

*10.00pm **BBC4** Catch up: iPlayer*

The postwar strategy of appealing emotionally or intellectually to the local population – as well as funding aid projects – to stabilise a country has been used for decades, although not always successfully.

In this film, for which there was no preview, war correspondent Nagieb Khaja joins army veteran Martin Tamm Andersen when he returns to Helmand province, where troops were deployed to work with the new Afghan authorities to this end. However, disturbing reports that the Afghan police were abusing boys and men suggest that there's a long way to go before the hearts and minds of the Afghans are even close to being won over. **JR**

SITCOM

Abbott Elementary

*10.10pm, 10.40pm **E4***
Catch up via C4 streaming

The school timetable has changed with these season one double bills now switching from Sundays to Tuesdays. But try not to be late for class, as these are A-grade episodes. Those invested in the "will-they-won't-they?" romance between Janine and Gregory will be given a couple of fresh reasons as to why she should dump free-loading Tariq in favour of her caring colleague.

And principal Ava once again brings the zingers to every staffroom encounter. Remember how she gave Gregory the nickname of "Young Idris"? She follows that up here by labelling nerdy Janine as "Carlton". Any *Fresh Prince* fans out there will know what she's talking about. **DBr**

TOO GOOD TO BE TRUE? Anna Richardson investigates the latest weight-loss treatments

DOCUMENTARY

The Truth about the "Skinny" Jab

*8.00pm **C4** Catch up: C4 streaming*

Since losing weight without eating less and exercising more is such a seductive proposition, there will always be a willing market ready to have wallets as well as bodies trimmed. Hence the existence of so-called miracle cures for obesity.

Originally developed to treat type 2 diabetes, Semaglutide and Liraglutide are the latest products that appear to work wonders. Delivered in jab form, both are said to have achieved remarkable results – up to 20lbs a month weight loss with Semaglutide – in clinical trials.

Naturally, if something looks too good to be true, it often is, so Anna Richardson investigates, talking to both experts and users. The ultimate question is whether the potential benefits of injecting these powerful substances outweigh the risks. If the answer is "Yes", that would truly be a miracle. **JOHN AIZLEWOOD**

LIVE SPORT

Football: Championship
Sheffield Wednesday v Middlesbrough
*7.30pm (k/o 8pm) **Sky Sports Main Event/Football***
The pressure is on Wednesday's boss Xisco Muñoz (above).

FILM OF THE DAY

P Minari ★★★★ 12
*11.10pm **Film4***
Written and directed by Lee Isaac Chung, this drolly human Oscar-winner stars Steven Yeun as a Korean immigrant who tries to start a farm in Arkansas – much to the trepidation of his wife and young children. (2020)

FILM REVIEWS page 85

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TUESDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Jon Kay, Sally Nugent. (S) (HD)
9.15 Morning Live Gethin Jones, Helen Skelton. (S) (HD)
10.00 Fraud Squad A fraudster invents 188 children to claim nearly £2 million in tax credits. (S) (AD) (HD)
10.45 Claimed and Shamed A woman tries to claim £100,000 after a fast-food brawl. (Revised rpt) (S) (HD)
11.15 Homes under the Hammer Properties in East Sussex, Merseyside and north-west London. (S) (AD) (HD)
12.15pm Bargain Hunt Charlie Ross presents the antiques challenge from Hele, near Exeter. (R) (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors Bear surprises Claudia. (S) (AD) (HD)
2.15 Money for Nothing Jacqui Joseph scours boots full of rubbish at Altrincham Recycling Centre. (R) (S) (HD)
3.00 Escape to the Country Helping a young family search for a new home in Caithness. (S) (HD)
3.45 Garden Rescue A couple from Keynsham need help creating a zen garden. Rptd tomorrow 7.15am BBC2 (S) (HD)
4.30–5.15 The Finish Line Quiz show. (S) (HD)

BBC2

6.20am Bargain Hunt Shown yesterday 12.15pm BBC1 (S) (AD) (HD)
7.05 Garden Rescue Shown yesterday 3.45pm BBC1 (S) (HD)
7.50–8.50 Sign Zone 7.50 Expert Witness CCTV is used to identify the suspect in an acid attack. (R) (S) (HD)
8.20 Robson Green's Weekend Escapes Lee Ridley joins Robson on a trip to Weardale and County Durham. (R) (S) (AD) (HD)
8.50 Lifeline Nicki Chapman presents an appeal for the Brain Tumour Charity. Shown Sun 2.05pm BBC1 (S) (HD)
DONATIONS: call 0800 011 011, visit bbc.co.uk/lifeline or post to Freepost, BBC Lifeline Appeal, with Brain Tumour Charity on the envelope
9.00 Nicky Campbell Calls on the day's talking points. Simulcast with Radio 5 Live. (S) (HD)
10.00 BBC News (S) (HD)
12.15pm Politics Live News from Westminster. (S) (HD)
1.00 The Super League Show Including Catalans Dragons v Leeds Rhinos. Shown Mon 10.40pm BBC1 North (S) (HD)
2.00 Impossible Quiz with Rick Edwards. (R) (S) (HD)
2.45 Beechgrove Repotted George Anderson finds out how productive a small space can be. (R) (S) (HD)
3.00 Kelvin's Big Farming Adventure TV star Kelvin Fletcher and his wife Liz buy livestock. (R) (S) (AD) (HD)
3.30 Great Canadian Railway Journeys Michael travels from Pictou to Prince Edward Island. (R) (S) (AD) (HD)
4.00–5.00 Serengeti Lioness Kali and her sister feel threatened by a male stalker. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Guests, gossip and more. (S) (HD)
10.00 This Morning Celebrity interviews, fashion and lifestyle advice. Including **Regional Weather** (S) (HD)
12.30pm Loose Women More celebrity interviews and topical debates. Repeated 2.40am (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S) (HD)
2.00 James Martin's Spanish Adventure The chef explores Cádiz with José Pizarro, and the pair take in the sights of the food market and its Sherry Triangle before eating by the sea. Signed repeat 5.05am (S) (AD) (HD)
3.00–4.00 Tenable A team of five vicars, named Vicars in a Twist, answer questions about top ten lists in the quiz show hosted by Warwick Davis.
Repeated 3.30am (S) (HD) Followed by **Regional Weather**

Channel 4

6.05am Countdown With Justin Moorhouse. (R) (S) (HD)
6.45 Cheers Double bill of the comedy. (R) (S) (HD)
7.35 Everybody Loves Raymond (R) (S) (AD) (HD)
8.25 Frasier Triple bill of the US sitcom. (R) (S) (AD)
9.55 Château DIY Jayne and Steve host a residential landscape-painting course. (R) (S) (AD) (HD)
10.55 George Clarke's Amazing Spaces The architect recalls some of the best projects from the series. (R) (S) (AD) (HD) **11.55 News** (S) (HD)
12 noon Steph's Packed Lunch Magazine show. (S) (HD)
2.10pm Countdown With Chris McCausland. (S) (HD)
3.00–5.00 A Place in the Sun Greg and Tina search for a holiday home in western Cyprus. (R) (S) (HD)
4.00 Danni Menzies helps Sarah from Manchester look for a home on Corfu. Repeated 7pm 4seven (S) (HD)

BBC1 1

Living Next Door to Putin *8.00pm* Katya Adler learns about Scandinavian attitudes to the conflict in Ukraine

5.15pm Pointless
Quiz hosted by Alexander Armstrong. (R) (S) (HD)

BBC RED BUTTON 5.30–10.30 5 Live Final Score
The latest scores from tonight's Champions League matches

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S) (HD)

7.00 The One Show
Lauren Laverne and Jermaine Jenas present. (S) (HD)

7.30 EastEnders
Kat's hen party fails to unfold without a hitch.
Writer Katie Douglas Cast Wednesday/Thursday (S) (AD) (HD)

8.00 Living Next Door to Putin
RT ***2/2.*** Katya Adler continues her journey north along the border of Russia, travelling from Estonia to Scandinavia. In Finland, she learns about their extensive preparations as she ventures deep into the bunkers beneath Helsinki. Attitudes appear to be more relaxed in Norway, but relationships between reindeer herders, families and nuclear scientists have become strained. During the course of her travels, Katya discovers how saunas are being used by a project in Estonia. **See page 78.**
Series director/producer Olly Bootle (S) (AD) (HD)

9.00 The Following Events Are Based on a Pack of Lies
RT ***4/5.*** Alice hopes she's found a way to achieve justice, but the system seems to be rigged against her. Meanwhile, Cheryl's scholarship suffers a loss that she struggles to put right. The whole series is available to watch on iPlayer. **See page 78.**

Cheryl Harker	**Marianne Jean-Baptiste**	Claudia Rose	**Sian Reeves**
Rob Chance	**Alistair Petrie**	Joyce Ransome	**Liz Crowther**
Alice Newman	**Rebekah Staton**	Norm Niedecker	**Donald Sage Mackay**
Benjy Dhillon	**Julian Barratt**	Hilary the gardener	**Margaret Jackman**
Sir Ralph Unwin	**Derek Jacobi**	JD	**John Cummins**
Bill Newman	**Karl Johnson**	Kelly	**Natasha Culzac**
Danni Harker	**Sacharissa Claxton**	Josh Dhillon	**Alfie Harrison**
Lola Dartmouth	**Maya Sondhi**	PC Bell	**Dana Haqjoo**
Priana Fisher	**Chandrika Chevli**	Zoe Rose	**Albertine Kotting McMillan**
Diane	**Ellie Haddington**	Magistrate	**Robert Irons**

Writers Penelope Skinner and Ginny Skinner; Producer Georgie Fallon; Director Nicole Charles (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 Juice
RT ***1/6.*** **Cake.** Comedy starring Mawaan Rizwan as Jamma, who is keen to be the centre of attention but whose family invariably steals his thunder.
Shown yesterday 10pm BBC3 (S) (HD)
11.10 ***2/6.*** **Helluva View.** Instead of focusing on his own issues, Jamma ends up playing therapist to his parents. The series is on iPlayer. **See page 68.**

Jamma	**Mawaan Rizwan**	Farida	**Shahnaz Rizwan**
Guy	**Russell Tovey**	Isaac	**Nabhaan Rizwan**
The Boss	**Nathalie Armin**	Saif	**Jeff Mirza**
Winnie	**Emily Lloyd-Saini**	Marcus	**Vincent Lai**
Pat	**Hugh Coles**	Raheem	**Raheem Payne**
Ella	**Ade Ajibade**	Halima	**Nusaybah Patterson**
Daisy	**Genvieve Toussaint**	CJ	**Yaw Nimako-Asamoah**
Mustafa	**Arlie Medford**	Maryam	**Prisha Sapkota**
Anna	**Sienna Culm**	Jozef	**Janek Sielski**
Dan	**Marc Elliott**	Maggie	**Catherine Bohart**
Basil	**Oliver Wellington**	Hannah	**Emma Ernest**

Writer Mawaan Rizwan; Directors Gideon Beresford, Behnam Taheri
Producer Hannah Moulder Shown yesterday 10.30pm BBC3 (S) (HD)

Ten Questions with Russell Tovey and Mawaan Rizwan: page 8

11.30 Boot Dreams: Now or Never
5/6. Midfielder Jordan is offered a high-stakes trial. The whole series is available to watch on iPlayer.
Series director Max Shapira; Series producer Fay Gibson
Shown Sunday 11pm BBC3 (S) (AD) (HD)

12.30am Weather for the Week Ahead (S) (HD)
12.35–6.00am BBC News (S) (HD)

BBC1 **Freeview** 1/HD 101 **Freesat** 101 **Sky** 101 **Virgin** 101

BBC2 2

Rise of the Nazis: The Manhunt *9.00pm* How Victor Cross played a role in tracking down war criminals

5.00pm Flog It!
Paul Martin presents from Bristol Cathedral. (R) (S) (HD)

6.00 Richard Osman's House of Games
Milton Jones, Ria Lina, Martin Roberts and Briony May Williams test their general knowledge skills. (R) (S) (HD)

6.30 Marcus Wareing's Tales from a Kitchen Garden
Series 2. The chef decides to use the surplus apples from the orchard to make his own cider. Marcus also visits an edible food forest, which inspires him to establish his own back at the smallholding. (S) (HD)

7.00 Coastal Defenders
4/4 *Series 1.* Disaster strikes while the dive team are clearing abandoned boats in a picturesque part of the river, leaving them stranded into the night.
Executive producers Kate Maddigan, Max Welch and Tim Withers (Revised rpt) (S) (AD) (HD)

8.00 This Farming Life
4/12 *Series 6.* In North Uist, Fraser and Carianne head to the mainland to sell their tups and buy new ones ready for the mating season. Meanwhile, in South Ayrshire, the Barclays are readying their most impressive sheep for the Lanark Winter Show.
Series producer Gareth Fielding; Executive producer Jo Roe
Shown yesterday 8pm BBC Scotland (S) (HD)

9.00 Rise of the Nazis: The Manhunt
RT ***New series. 1/4*** *Series 4.* The little-known people who hunted Nazi war criminals are brought to life as the documentary drama returns. Preparations begin for a trial at Nuremberg in late 1945, where 22 of the highest-ranking Nazis, including Hermann Goering, face charges of crimes against humanity. But not every Nazi official has been captured, and the job of tracking them down falls to Allied soldiers, one of whom is Victor Cross, a Northampton salesman. His target is Rudolf Hoess, the commandant of Auschwitz. Meanwhile, in court, Goering takes the stand. Narrated by Kate Fleetwood. **See page 78.**
Director/Producer Izzy Charman Rptd tomorrow 12.15am (S) (AD) (HD)
The film *Judgment at Nuremberg* is on Thursday 9pm BBC4

10.00 Henpocalypse!
6/6. **The Big Day.** The women get an ultimatum from their enemy as Zara's wedding day dawns, and they are forced to decide what they will sacrifice in the name of love. The whole series is on iPlayer.

Bernadette	**Elizabeth Berrington**	Nesbit	**Mariam Haque**
Shelly	**Callie Cooke**	Danny Dyer	**Himself**
Jen	**Kate O'Flynn**	Gary	**George Somner**
Veena	**Lauren O'Rourke**	Leonie	**Catherine Ayers**
Zara	**Lucie Shorthouse**	Kelly	**Roya Amini**
Drew	**Ben McGregor**		

Writer Caroline Moran; Director Jack Clough
Produce Helen Williams (S) (AD) (HD)

10.30 Newsnight With Victoria Derbyshire. (S) (HD)

11.10 Weather (S) (HD)

11.15 An Education ★★★★★
Coming-of-age drama with Carey Mulligan. The early 1960s: schoolgirl Jenny is bored with her suburban London life. However, an encounter with a charming older man leads to an involvement with his racy set. Available on iPlayer for 30 days. **Review p85.**

Jenny	**Carey Mulligan**	Danny	**Dominic Cooper**
David	**Peter Sarsgaard**	Helen	**Rosamund Pike**
Jack	**Alfred Molina**	Miss Stubbs	**Olivia Williams**

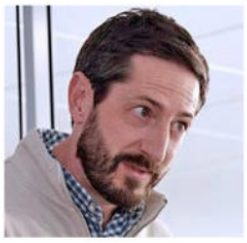
Director Lone Scherfig (2008, 12) (S) (AD) (W) (HD)

12.50–3.05am Sign Zone 12.50 Money for Nothing
Jacqui Joseph rescues a pulley, a nursing chair and a table with cast-iron legs from Altrincham recycling centre. (R) (S) (HD)
1.35 Garden Rescue Lee Burkhill and Chris Hull create a stylish wildlife haven from a bland back garden. (R) (S) (HD)
2.20 Claimed and Shamed: Most Shocking The con man who crashed his own car to get a pay-out. (R) (S) (AD) (HD)

BBC2 **Freeview** 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV1 3

Emmerdale
7.30pm Craig does whatever he can to increase the tension in the Dingle household



4.00pm Tipping Point
Contestants answer general knowledge questions and take turns on the huge arcade machine in an attempt to walk away with a potential jackpot of £10,000. Presented by Ben Shephard. (S) (HD)

5.00 The Chase
Bradley Walsh presents as contestants Dave, Katie, Meera and Gavin work as a team to tackle one of the Chasers in the hope of winning a potential prize pot worth thousands of pounds.
Repeated 1.50am (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Emmerdale
Leyla is furious with Victoria. Craig continues to use Samson. Bob reconnects with Wendy.
Writer Julie Parsons Cast Thursday/Friday (S) (AD) (HD)

8.00 Love Your Garden
Ep 4 *Series 13.* Alan Titchmarsh and the team visit Bicester in Oxfordshire to transform the garden of community heroes Alice and Adam. He comes up with a luxurious design inspired by a getaway in Vietnam, with exotic planting, new rockery and modern water features. Meanwhile, Katie Rushworth is in Derbyshire at Cascades Gardens where the owners have created an exotic, retreat-like space with a clever design.
Exec producer Matt Young; Series editor Ruth Binsley (S) (AD) (HD)
RT GARDENING Save money on bulb kits, plus offers on a black copper planter and twin pack of compost: page 153

9.00 My Mum, Your Dad
7/10. The grown-up children are thrilled when sparks fly between two parents they choose to go on a date, but one dad's refusal to commit leaves him in danger of losing two potential connections. At the Bunker, the children are tasked with making another difficult decision. Davina McCall hosts. Continues tomorrow 9pm.
Repeated 1am (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 The Rock ★★★★
Action thriller starring Sean Connery, Nicolas Cage and Ed Harris. When a disaffected war hero takes hold of the island of Alcatraz and threatens to use chemical warfare to destroy San Francisco, a mild-mannered FBI biochemist and an ex-British spy – notorious for escaping from the maximum-security facility – are called in to tackle the threat. **Review p85.**

John Patrick Mason	**Sean Connery**	Captain Frye	**Greg Sporleder**
Stanley Goodspeed	**Nicolas Cage**	Private McCoy	**Steve Harris**
General Francis X Hummel	**Ed Harris**	Lieutenant Shepherd	**Danny Nucci**
FBI Director Womack	**John Spencer**	Jade Angelou	**Claire Forlani**
Major Tom Baxter	**David Morse**	General Al Kramer	**Stuart Wilson**
Ernest Paxton	**William Forsythe**	Chief Justice	**Philip Baker Hall**
Commander Anderson	**Michael Biehn**	Rear F-18 pilot	**James Caviezel**
Carla Pestalozzi	**Vanessa Marcil**	Lonner	**Xander Berkeley**
Marine Captain Hendrix	**John C McGinley**	Sergeant Rojas	**Raymond Cruz**
Captain Darrow	**Tony Todd**	Sergeant Crisp	**Bokeem Woodbine**

Director Michael Bay (1996, 15) (S) (AD) (W) (HD)

1.00am My Mum, Your Dad ***7/10.*** The children must make another difficult decision. Shown 9pm (S) (AD) (HD)
1.50 The Chase Quiz show. Shown 5pm (S) (HD)
2.40 Loose Women Shown 12.30pm (S) (HD)
3.30 Tenable Game show. Shown 3pm (S) (SL) (HD)
4.20 Unwind A sequence to calm the mind. (S) (HD)
5.05–6.00am James Martin's Spanish Adventure The chef explores Cadiz with Jose Pizarro, taking in the sights of the local food market. Shown 2pm (S) (SL) (AD) (HD)

ITV1 **Freeview** 3/**HD** 103 **Freesat** 103 **Sky** 103 **Virgin** 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 303

Channel 4 4 / 7 in Wales

The Truth about the "Skinny" Jab
8.00pm Anna Richardson looks at the dangers of weight-loss drugs

5.00pm A New Life in the Sun
Plumbing problems hit a pair of holiday hosts in France, a Lancashire family launch their new cocktail bar in Spain, and a staffing shortage hits two Portugal restaurateurs. (R) (S) (HD)

6.00 The Simpsons
Fatzcarraldo. When all the fast-food restaurants start serving healthy meals, Homer turns to the last bastion of greasy food for comfort. (R) (S) (AD) (HD)

6.30 Hollyoaks
Hunter confides in Carter about his concerns.

Hunter McQueen	**Theo Graham**	Ethan Williams	**Matthew James-Bailey**
Carter Shepherd	**David Ames**	Freya Calder	**Ellie Henry**
Beau Ramsey	**Jon-Paul Bell**	Gareth	**Peter McPherson**
Billy	**Micky Dartford**	Jack Osborne	**James McKenna**
Charlie Dean	**Charlie Behan**	James Nightingale	**Gregory Finnegan**
Cindy Cunningham	**Stephanie Waring**	Joel Dexter	**Rory Douglas-Speed**
Darren Osborne	**Ashley Taylor Dawson**	Leah Barnes	**Ela-May Demircan**
Dave Chen-Williams	**Dominic Power**	Leela Lomax	**Kirsty-Leigh Porter**
Diane Hutchinson	**Alex Fletcher**	Maxine Minniver	**Nikki Sanderson**
Dilly Harcourt	**Emma Johnsey-Smith**	Mercedes McQueen	**Jennifer Metcalfe**

Writer Karissa Hamilton-Bannis More cast Friday Shown Mon 7pm E4 Rptd Wed 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 The Truth about the "Skinny" Jab
RT Anna Richardson looks at the new generation of weight-loss drugs, revealing what makes them so effective and exploring common side effects as she meets medical experts and those who use the so-called "skinny jab". When a national shortage of the medication is announced, she investigates off-label misuse of the jabs and uncovers a burgeoning black market where people are putting their health at risk by purchasing counterfeit versions of the drug. **See page 79.**
Director/Producer Natasha Jarvis (S) (AD) (HD)

9.00 999: on the Front Line
8/10 *Series 9.* Paramedics are called to a man with chest pains, who is in so much discomfort that he can hardly speak, while a woman with liver disease has fallen over and ripped her ear.
Series producer Graeme Thomson; Exec producer Anna Kelvie Repeated Thursday 9pm 4seven First shown on More4 (S) (HD)

10.00 Selling Super Houses
4/6. The teams visit two multi-million-pound properties to see how staging should be done, and are then given free rein in the Burbeck Interiors warehouse to source furniture and props for their own apartments. Tensions are soon on the rise between teammates as two very different approaches go head to head.
Series Director Eddie Lewis; Series producer Katja Bojic-Macintosh Repeated tomorrow 3.35am (S) (AD) (HD)

11.05 Gogglebox
Ep 2. The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions.
Shown last Friday (S) (SL) (AD) (HD)

12.10am Ramsay's 24 Hours to Hell and Back Gordon helps a restaurant in Pennsylvania. (R) (S) (SL) (AD) (HD)
12.55 Couples Come Dine with Me In Kent. (R) (S) (HD)
1.50 Alone ***6/6.*** The ultimate test of survival skills comes to a conclusion. Show last Sunday. (S) (AD) (HD)
2.45 Screw ***6/6*** *Series 2.* The future of C Wing hangs in the balance. Shown last Thursday (S) (SL) (AD) (HD)
3.40 Undercover Boss USA The CEO of travel retailer Hudson Group goes under cover. (R) (S) (HD)
4.30 Location, Location, Location Phil Spencer revisits two contrasting sets of first-time buyers. (R) (S) (HD)
5.25 Beat the Chef French amateur cook Aude enters the kitchen to take on Frederick Forster. (R) (S) (HD)
5.50–6.05am Jamie's Comfort Food The chef puts his own spin on a classic chicken dish. (R) (S) (HD)

Channel 4 **Freeview** 4/**HD** 104 **Freesat** 104 **Sky** 104 **Virgin** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 304

BBC4 9 / 24 in Scotland

Wonders of the Great Barrier Reef with Iolo Williams *7.30pm* A deep dive for the naturalist

7.00pm Great Coastal Railway Journeys
Series 1. **Port Talbot to Pembrey Burry Port.** Michael arrives in Port Talbot and discovers how the local steel industry is planning to decarbonise. Across the bay in the Mumbles, the site of the world's first passenger railway, he learns about the latest research into sea walls. More tomorrow 7pm.
Director Dave Minchin; Executive producer John Comerford Repeated 1.20am (R) (S) (AD) (HD)

7.30 Wonders of the Great Barrier Reef with Iolo Williams
The naturalist travels with a specialist diving team searching for signs of hope that the Great Barrier Reef can survive the threat of global warming.
Director/Producer Steffan Morgan
Repeated 1.50am (R) (S) (HD)

8.30 Some Mothers Do 'Ave 'Em
1/6 *Series 2.* **Cliffhanger.** Frank and Betty go for a spin in his new car and end up having a clifftop picnic. From 1973. A box set is available on iPlayer.
Writer Raymond Allen; Producer Michael Mills (R) (S)

9.00 Yes Minister
7/7 *Series 1.* **Jobs for the Boys.** A departmental construction project gets under way, but Sir Humphrey is being evasive. First shown in 1980.
Writers Antony Jay and Jonathan Lynn
Director Sydney Lotterby (R) (S)

9.30 The Thick of It
7/8 *Series 3.* In a bid to find a major sports personality to be the face of the department's new Healthy Choices campaign, Nicola takes advice from the PM's new fixer. First shown in 2009. A box set is available on iPlayer.
Writers Armando Iannucci, Tony Roche, Jesse Armstrong, Simon Blackwell, Will Smith, Sean Gray and Ian Martin; Director Armando Iannucci
Producer Adam Tandy (R) (S) (AD) (HD)

10.00 Winning Hearts and Minds: Storyville
RT A Danish ex-soldier who is now a film-maker returns to Musa Qala in Helmand province to investigate allegations that Afghan police abused boys and men when Danish and British troops were deployed there. **See p79.**
Directors Nagieb Khaja and Martin Tamm Andersen
Exec producers Mette Heide and Lucie Kon (S) (HD)

11.15 Invasion! with Sam Willis
3/3. The historian explores the ingenious French plans to invade Britain by hot-air balloon, and discovers the subterranean fortress built in the 19th century, when invasion paranoia reached fever pitch.
Director David Coward
Executive producer Debbie Christie (R) (S) (HD)

12.15am Parkinson Meets Paul McCartney In an interview first broadcast in 1999, Sir Paul McCartney talks about his diverse career. Shown Saturday 10.55pm (S)
1.20 Great Coastal Railway Journeys Shown 7pm (S) (AD) (HD)
1.50 Wonders of the Great Barrier Reef with Iolo Williams Shown 7.30pm (S) (HD)
2.50–3.55am Faith Ringgold: Tell It Like It Is – Imagine Following the work of the New York City-born artist, author and activist. Shown yesterday 12 midnight (S) (SL) (HD)

BBC4 **F'view** 9/**HD** 106 **F'sat** 108 **Sky** 116 **Virgin** 108

TUESDAY Television

BBC1 SCOTLAND
11.35pm Junior Doctors: Life on the Wards: first-year junior doctors in Aberdeen **12.05am** Boot Dreams: Now or Never **1.05–6.00** BBC News

BBC SCOTLAND
7.00pm Grand Tours of Scotland's Rivers **8.00** Scotland: the New Wild **9.00** The Nine **10.00** Rise of the Clans **11.00** Gary: Tank Commander **11.30–12 midnight** Sink or Skim

STV
10.40pm Scotland Tonight **11.45–1.00am** **FILM:** Identity Thief **4.20–5.05** Night Vision

ITV1 BORDER SCOTLAND
10.45pm Representing Border **11.15** Secrets of the Krays **12.05am** Border Life **12.35–1.00** The Way We Were

BBC1 WALES
10.40pm Legends of Welsh Sport: Alan "the Arrow" Evans **11.10** Juice **12.05am** Boot Dreams: Now or Never **1.05–6.00** BBC News

BBC2 WALES
1.00pm Kelvin's Big Farming Adventure **1.30** Beechgrove Repotted **1.45** First Minister's Questions **2.45** Super League Show **3.45** Impossible **4.30** Serengeti **5.30–6.00** Chris and Meg's Wild Summer

ITV1 WALES
8.00pm Welsh Lives: following the pigeon racing communities of Wales **8.30–9.00** Vanished Wales: a remarkable Victorian structure **10.45** Face to Face **11.15** Love Your Garden **12.05–1.00am** Secrets of the Krays

BBC1 NORTHERN IRELAND
10.40pm Spotlight: Mandy McAuley investigates a new wave of drugs hitting the streets **11.10** Juice: double bill **12.05am** Boot Dreams: Now or Never: Jordan gets a high stakes trial **1.05–6.00** BBC News

BBC2 NORTHERN IRELAND
10.00–10.30pm Jailed: inside Maghaberry Prison: Stephen Nolan meets a prisoner he last saw in a young offenders' centre

UTV
8.00pm Mahon's Way **8.30–9.00** Lough Foyle: a final trip to all corners of the Foyle catchment area

Channel 5 listings are overleaf

TUESDAY Freeview

Channel 5 [5]

Secrets of Our Universe with Tim Peake *9.00pm* The Solar System

5.35am Milkshake! See page 84
9.15 Jeremy Vine (S) (HD)
11.15 Storm Huntley (S) (HD)
12.40pm Alexis Conran (S) (HD)
1.40 5 News (S) (HD)
1.45 Home and Away Elandra tries to broker peace between Mali and his mum. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)
2.15 Fatal Mind Games ★★ Thriller starring April Hale and Laura Ault. A single mum with a job as an overnight security guard believes she has witnessed a murder. But there's more to the incident than meets the eye. Director Svs (2022) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun A woman who longs to relocate to Benidorm has a taste of that it would be like to live and work there. (S) (HD)
5.00pm 5 News (S) (HD)
6.00 Susan Calman's Grand Day Out *4/5 Series 3.* The presenter visits the Peak District in the heart of England, famed for its striking landscapes and rolling hills. There Susan negotiates Segway tracks, and rides a tram. (R) (S) (HD)
6.55 5 News Update (S) (HD)
7.00 GPs: behind Closed Doors Irene arrives with a nasty foot infection, which could be shingles. Farhan is struggling with a tight chest and feelings of suffocation, and Dr David Ward helps Zahraa who put off seeing a doctor about her gallstones while pregnant. Series director Richard Pepe (S) (HD)
7.55 5 News Update (S) (HD)
8.00 The Yorkshire Vet *Ep 7 Series 17.* Peter battles to save a ewe and her unborn triplets, David visits a calf with an infected navel that requires potentially life-saving surgery, and Julian helps some university students with their scheme to provide free veterinary services for people who can't afford them. Directors David Terry, Ross Blair, Adam Caldow (S) (HD) Followed by **5 News Update** (S) (HD)
9.00 *New series.* Secrets of Our Universe with Tim Peake RT *1/3.* The astronaut introduces an action-packed exploration of our universe, starting with a journey across the Solar System. He finds out how our closest neighbour, Venus, was once like Earth, and visits the Grand Canyon to see how this natural wonder resembles Mars. **See page 78.** Producer/Director Martin Johnson (S) (HD) **See feature: page 28**
10.00 Soham: Evil in a Small Town Examining the deaths of ten-year-old girls Holly Wells and Jessica Chapman in the Cambridgeshire town in August 2002, a crime that shocked the nation. (Revised rpt) (S) (HD)
1.15am Casino (S) (HD) **3.15** Stalked: Murder in Slow Motion (R) (S) (HD) **4.05** OMG: Make Me a Famous Face (R) (S) (SL) (HD) **4.50** Nick's Quest (R) (S) (SL) **5.15** House Doctor (R) (S) (SL) **5.40–5.45am** Entertainment News (S) (HD)

C5 **Freeview** 5/**HD** 105 **Freesat** 105 **Sky** 105 **Virgin** 105
+1 **Freeview** 38 **Freesat** 128 **Sky** 205 **Virgin** 305

BBC4 listings are overleaf

BBC3 [23]

Ballers: Ball or Nothing *9.00pm* New signing David arrives in Glasgow

7.00pm Frozen Planet *4/7 Series 1.* **Autumn.** Polar bears gather as they await the return of the Arctic ice. More tomorrow 7pm. (S) (AD) (HD)
8.00 *New.* Top Gear America *10/10 Series 2.* The gang show their appreciation for the minivan. (S) (HD)
8.35 *New.* Ghosts US *22/22 Series 2.* A woman shows up claiming to be the rightful heir to Woodstone Mansion. (S) (HD) Followed by ***New.* The Catch Up** (S) (HD)
9.00 Ballers: Ball or Nothing RT *1/8.* Documentary following Scotland's only professional basketball team Glasgow Rocks as they try to break a 20-year trophy drought. (S) (HD) **9.30** *2/8.* The owners announce that the team has a new name. **See page 78.** Shown Mon 10pm/10.30pm BBC Scotland (S) (HD)
10.00 A Million Little Pieces ★★ Drama starring Aaron Taylor-Johnson. After falling off a balcony while intoxicated, cocaine addict James Frey is sent to rehab. But when tragedy occurs, James struggles to remain in the programme. Available on iPlayer for 30 days. Director Sam Taylor-Johnson (2018, 15) (S) (W) (HD)
11.45 *New.* The Bold Type *2/10 Series 2.* Jane defends herself after an article doesn't go to plan. More Wed 12.05am. A box set is on iPlayer. (S) (HD)
12.25am Ballers: Ball or Nothing (S) (HD) **1.25** Boot Dreams: Now or Never (S) (AD) (HD) **2.30** Dubai Hustle (S) (HD) **2.55–3.50am** Juice (S) (HD)

BBC3 **F'view** 23/**HD** 107 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 115 (117 Wales; 121 Scotland) **Virgin** 107 (157 Scotland/Wales)

ITV2 [6]

5.00am CITV: children's programmes (HD)
9.00 One Tree Hill (S) (HD) **10.00** Dawson's Creek (S) (HD) **11.00** Love Bites (S) (SL) (AD) (HD)
12 noon Dinner Date (S) (AD) (HD) **1.00pm** Family Fortunes (S) (HD) **2.00** Chuck (S) (HD) **3.05** One Tree Hill (S) (HD) **4.00** Dawson's Creek (S) (HD) **5.00** Dinner Date (S) (AD) (HD)
6.00pm Celebrity Catchphrase Stephen Mulhern hosts as Alex Brooker, Vicky Pattison and Max Whitlock take part. (S) (AD) (HD)
7.00 Family Fortunes The Burgess family from South Shields take on the Kharod family from London. Gino D'Acampo hosts. (S) (HD)
8.00 Superstore *5/21 Series 5.* Dina takes control of Glenn's diet, while Mateo holds interviews for a new position. (S) (AD) (HD)
8.30 *6/21.* Cheyenne and Mateo wonder if any of the employees are capable of murder. Amy sets up a haunted house in the shop. (S) (AD) (HD)
9.00 Gordon, Gino and Fred: American Road Trip Fred and Gino are excited to arrive in San Francisco for their very own summer of love, but Gordon is more interested in the city's haul of 61 Michelin stars. (S) (AD) (HD)
10.00 Plebs: Soldiers of Rome Feature-length conclusion to the sitcom, starring Tom Rosenthal. Marcus, Grumio, Jason and Aurelius join the army in peacetime in the hope of winning respect, but when war is declared, they are sent to fight on the front line. (S) (AD) (HD)
11.55 Family Guy *Series 16.* Peter goes out of his way to win an Emmy. (S) (AD) (HD)
12.20am Peter's new friendship with a paramedic boosts his self-esteem. (S) (AD) (HD)
12.45 American Dad!: double bill (S) (AD) (HD) **1.40** Superstore (S) (AD) (HD) **2.30–3.00am** Totally Bonkers Guinness World Records (S) (SL)

ITV2 **Freeview** 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 **Freeview** 29 **Freesat** 114 **Sky** 218 **Virgin** 315

ITV3 [10]

Heartbeat *5.55pm* Geoff's need for speed gets the better of him

6.00am Classic Emmerdale (S) **7.05** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) **9.15** Where the Heart Is: *2/16 Series 5 Runaways.* A patient takes drastic measures Rptd 12.15am; **10.25** *3/16. Sanctuary.* Stephen faces a tough decision Rptd 1.15am (S) (AD) **11.35** Heartbeat: *14/24.* Rosie gets a shock while walking her aunt's dog; **12.40pm** *15/24.* A man angrily accuses his neighbour when his dog dies from poisoning (S) (AD)
1.40pm Classic Emmerdale: double bill. Diane questions Robert and Andy about Jack's shooting, then Jack shows signs of recovery and demands some answers (S) **2.45** Classic Coronation Street: double bill. Gail tries to persuade Sarah to come home, then Tracy returns from London (S) (AD) **3.55** Endeavour: *4/4 Series 3. Coda.* The detective considers his future while protecting the wife of his former mentor (S) (AD) (HD)
5.55pm Heartbeat *16/24 Series 16.* Suspicion falls on Gina's new cellarman when a pendant is stolen from a guest at the Aidensfield Arms. (S) (AD) **6.55** *17/24.* Lord Ashfordly's new estate manager raises hackles by using tough methods he learnt in South Africa. (S) (AD)
8.00 Midsomer Murders *Series 19.* **Last Man Out.** A new type of cricket is threatening a century of tradition in the village of Lower Pampling, causing considerable tension. When a star player dies during a tournament, Barnaby and Winter are drawn into a world of sporting rivalry and intrigue. (S) (AD) (HD)
10.00 Professor T *2/6 Series 1.* When a librarian is poisoned at a drinks reception at the museum, Professor T is called upon to help narrow down the list of suspects. Continues tomorrow 10pm. (S) (AD) (HD)
11.05 Agatha Christie's Poirot **The Tragedy at Marsdon Manor.** Poirot investigates the supernatural when a ghostly murderer strikes. (S) (AD) (HD)
12.15am Where the Heart Is Shown 9.15am/10.25am (S) (AD) **2.20–2.30am** Unwind (S) (HD)

ITV3 **Freeview** 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 **F'view** 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 317

ITV4 [26]

6.00am Minder (S) (SL) (AD) **7.00** The Professionals (S) (SL) (AD) **8.10** The Saint (S) **9.15** The Adventures of Sherlock Holmes (S) (AD) (HD) **10.25** Magnum, PI (S) (HD) **11.25** The Motorbike Show (S) (HD)
12.25pm The Saint (S) **1.30** The Return of Sherlock Holmes (S) (AD) (HD) **2.40** Magnum, PI (S) (HD) **3.45** The Professionals (S) (AD) **4.50** Minder (S) (AD) **5.55** The Motorbike Show: Henry brings his Chopper rebuild to a climax (S) (HD)
7.00pm *New.* BattleBots Copperhead and Black Dragon battle for the high ground. (S) (HD)
8.00 *New.* Silverstone Festival Part two of highlights, as Sir Chris Hoy teams up with Alex Brundle behind the wheel of a Mustang. (S) (HD)
9.00 FILM Hellboy ★★★ Horror action adventure starring Ron Perlman. Half-man/half-devil Hellboy is rescued by kindly Professor Broom and raised in the Bureau for Paranormal Research and Defense to combat the forces of supernatural evil. (S) (AD) (W) (HD)
11.25 *New.* All Elite Wrestling: Rampage Hard-hitting action from the USA. (S) (HD)
12.35am Auto Mundial (S) (HD) **1.05** Motorsport Mundial (S) (HD) **1.35** The Professionals (S) (SL) (AD) **2.30–3.00am** The Protectors (S) (SL) (HD)

ITV4 **Freeview** 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 **Freesat** 118 **Sky** 220 **Virgin** 318

Drama [20]

Last of the Summer Wine *6.40pm* Clegg, Compo and Seymour need a lift

7.10am All Creatures Great and Small Repeated 4.10pm (S) **8.00** Doctors: double bill. An elderly woman proves age is no barrier, then Caroline fights to prove a mother's innocence (S) **9.20** Classic Holby City: Michael falls for Ramona Repeated 2.50am (S) (HD) **10.40** Casualty: dramatic action by saboteurs causes chaos at a local hunt **11.50** The Bill: Sheelagh gets the post mortem results
12.50pm Classic EastEnders: double bill. Billy risks his life to rescue a trapped Vicki, then the police suspect Sharon of torching her own club **2.05** Pie in the Sky: *6/10 Series 2* Crabbe has an unwelcome visitor (S) **3.05** Lovejoy: *10/10 Series 6.* Lovejoy decides it's time to settle down (S) **4.10** All Creatures Great and Small: *7/13 Series 1. Golden Lads and Girls.* James's luck takes a sudden turn for the better in his romance with Helen Shown 7.10am **5.25** The Upper Hand: *5/13 Series 2.* Tom sets his mother up on a date
6.00pm 'Allo 'Allo! *3/6 Series 4.* **Good Staff Are Hard to Find** The Resistance provides a waitress to fill the vacancy at Café René. (S)
6.40 Last of the Summer Wine *Series 11.* **Come Back Jack Harry Teesdale** Mrs Teesdale feels unnerved by the trio. (S) **7.20 The Kiss and Mavis Poskit** Clegg makes himself scarce. (S)
8.01 New Tricks *8/10 Series 8.* **Only the Brave.** The veteran coppers reinvestigate the murder of a notorious motorcycle gang leader. (S) (AD)
9.00 Dalziel & Pascoe *3/5 Series 11.* **Demons on Our Shoulders** The duo are drawn into the world of the paranormal. Richard E Grant guests. (S) (AD)
11.15 Silent Witness *2/5 Series 22.* **Lift Up Your Hearts** A head teacher confronts the dealers preying on his community. (S) (HD)
1.30am Banished: *1/7.* Jimmy McGovern's drama set in New South Wales in 1788 about life in a camp containing British convicts transported to Australia (S) (AD) (HD) **2.50–4.00am** Classic Holby City Shown 9.20am (SL)

Drama **Freeview** 20 **Freesat** 158 **Sky** 143 **Virgin** 116
+1 **Freeview** 60 **Sky** 243 **Virgin** 316

ITVBe [28]

7.00am Billie and Greg: the Family Diaries (S) (AD) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe: children's programmes (HD)
12 noon Sugar Showdown (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20** Billie and Greg: the Family Diaries (S) (AD) (HD) **2.20** The Only Way Is Essex (S) (HD) **3.05** Million Dollar Listing: LA (S) (HD) **4.05** The Real Housewives of Atlanta (S) (HD) **5.00** ***New.*** The Real Housewives of Potomac (S) (HD)
6.00pm Making It Home with Kortney and Kenny Carla gets things moving with the renovation of her outdated house. (S) (HD)
7.00 Buying and Selling Dan and nurse Olivia want to overhaul their home. (S) (HD)
8.00 *New.* Jane the Virgin Rafael takes a test to prove that he is Mateo's dad. (S) (HD)
9.00 *New.* Emergency Nurses: A&E Stories The emergency nurses face severed arteries, dislocations and more. (S) (HD)
10.00 Botched The doctors meet a man who wants to look like a superhero. (S) (AD) (HD)
11.00 Totally Unbelievable A countdown of the most inspiring celebrity bodies. (S) (HD)
12 midnight–1.00am The Only Way Is Essex: the gang returns for the Christmas special (S) (HD)

ITVBe **Freeview** 28 **Freesat** 119 **Sky** 131 (132 Scotland) **Virgin** 119 **+1** **Virgin** 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

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More4 18

Rescue: Extreme Medics *10.00pm*
A helicopter is scrambled in Glasgow

8.55am Kirstie's Handmade Treasures **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It (AD)
1.10pm Heir Hunters **2.10** Four in a Bed **4.50** Kirstie and Phil's Love It or List It (AD) **5.50** The Secret Life of the Zoo (AD)
6.55pm The Dog House Londoners Roshni and Jay meet two dogs – Bella the confident, playful staffordshire, and shy but cuddly terrier Cech. Funeral workers Amy and Alex want to rescue a dog in need. (AD)
7.55 Grand Designs A project to convert a derelict water tower in Kennington, south London into a luxury home, complete with a room at the top offering spectacular 360-degree views across the capital. (AD)
9.00 24 Hours in A&E A man is rushed in after a motorbike accident left him with leg and lung injuries. A 69-year-old, who has locked-in syndrome, has trouble breathing. (AD)
10.00 Rescue: Extreme Medics A motorcyclist suffers multiple leg injuries after crashing on a country road, and a deep-sea diver develops decompression sickness whilst diving for scallops. (AD)
11.05 The Emergency Ward Security tackle a violent man trying to smear blood onto hospital staff. Dr Jonathan's car crash patient, who wasn't wearing a seatbelt, is worried about what her dad will say. (AD)
12.05am 24 Hours in A&E (AD) **1.05** 999: on the Front Line **2.10** 24 Hours in A&E (AD) **3.15–3.45am** A Place in the Sun

More4 **F'view** 18 **F'sat** 124 **Sky** 136 (137 Scotland) **Virgin** 147 **+1** **Freesat** 125 **Sky** 236 (237 Scot) **Virgin** 347

E4 13

6.00am Hollyoaks Shown last Fri/yesterday 6.30pm C4 (AD) **7.00** Ramsay's Kitchen Nightmares USA (SL) **9.00** Brooklyn Nine-Nine (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family
12 noon The Big Bang Theory (AD) **2.00pm** The Goldbergs: double bill (AD) **3.00** Modern Family: double bill **4.00** Married at First Sight **5.30** The Big Bang Theory (AD)
6.00pm The Big Bang Theory *11/17 Series 1* Penny volunteers to nurse Sheldon. (AD)
6.30 *12/17.* Sheldon feels threatened. (AD)
7.00 ***New.*** **Hollyoaks** A hurt Ethan turns to Dilly. Cast pp81/111 Rptd Wed 6.30pm C4 (AD)
7.30 Young Sheldon *10/22 Series 2* Meemaw teaches Dr Sturgis how to drive. (AD)
8.00 ***New.*** **First Dates Ireland** Garden designer Anthony is set up with chef Mandy.
9.00 ***New.*** **Married at First Sight UK** Four more singles enter the experiment.
10.10 RT **CHOICE** ***New.*** **Abbott Elementary** Janine is thrilled when her best friend from college is hired as the art teacher. (AD)
10.40 ***New.*** Gregory's teaching style is making his class underperform. **See p79.** (AD)
11.10 Naked Attraction Leon, a musician and rapper from Burnley, takes part. (AD)
12.10am Gogglebox (SL) (AD) **1.15** Married at First Sight **2.20** Abbott Elementary (SL) (AD) **3.15** The Big Bang Theory (AD) **3.40** Brooklyn Nine-Nine (AD) **4.25** The Goldbergs (AD) **5.10–6.00am** Black-ish (AD)

E4 **Freeview** 13 **Freesat** 122 **Sky** 135 (136 Scot) **Virgin** 106 **+1** **Freeview** 30 **Freesat** 123 **Sky** 235 (236 Scot) **Virgin** 306 **E4 Extra** **F'view** 31 **F'sat** 181 **Sky** 138 (139 Scot) **Virgin** 287

Really 17

6.00am Fantasy Homes by the Sea (AD) **7.00** Shopping **8.00** Salvage Hunters **9.00** The Repair Shop **10.00** The Yorkshire Auction House **11.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** A Place in the Sun **2.00** My 600lb Life **4.00** Animal Cops Houston (AD) **5.00** Ambulance **6.00** The Yorkshire Auction House **7.00** Antiques Road Trip **9.00** Say Yes to the Dress with Tan France **10.00** ***New.*** 90 Day Fiancé **12 midnight** The Osbournes Want to Believe **1.00am** Ghost Adventures (AD) **2.00** Home Shopping **4.00** as 4pm **5.00–6.00am** as 12 noon

Really **Freeview** 17 **Freesat** 160 **Sky** 142 **Virgin** 128

Sky Arts 11

Comedy Legends *9.30pm* A profile of *Up Pompeii* star Frankie Howerd

6.00am Giselle **8.00** The Joy of Painting **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Jon Voight
12 noon The Joy of Painting **1.00pm** Tales of the Unexpected **2.00** The Danish Collector: Delacroix to Gauguin **3.00** The Art of Architecture Special: Qatar (AD) **4.00** Discovering: Dustin Hoffman **5.00** Tales of the Unexpected: double bill (AD)
6.00pm Alfred Hitchcock Presents Jack kills Phyllis's husband and marries the widow.
6.30 A gambler convinces himself he has figured out a way to win a bet.
7.00 The Joy of Painting Bob paints an immense, ice-topped mountain.
7.30 A comforting winter scene, complete with a homely barn and fluffy bushes.
8.00 The Story of British Cinema: the Pioneer Years Documentary about the boom in British cinema as new, pioneering techniques saw productivity sky-rocket and creativity flourish within the industry.
9.30 Comedy Legends Barry Cryer looks at the life and career of Frankie Howerd.
10.30 Diana Ross and the Supremes: Music Icons The life and work of the soul group.
11.00 Discovering: Leonardo DiCaprio A profile of the Oscar-winning American actor.
12 midnight Soundtracks: Songs That Defined History **1.00am** Cartoon Carnival **2.45** Hopper: An American Love Story: a look at Edward Hopper **4.00** Renoir – Revered and Reviled **5.00–6.00am** Inside Art Special: Coventry City of Culture

Sky Arts **Freeview** 11 **Freesat** 147 **Sky** 130 (131 Scotland) **Virgin** 140/**HD** 123 **BT** 350/**HD** 365

4seven 49

9.00am Come Dine with Me: in Inverness **11.30** A Place in the Sun: double bill
1.30pm George Clarke's Amazing Spaces (AD) **2.30** Château DIY (AD) **3.30** Come Dine with Me: five editions in Brighton (AD)
6.00pm A Place in the Sun Greg and Tina search for a holiday home in western Cyprus.
7.00 Danni Menzies heads to the Greek island of Corfu to help Sarah from Manchester find her dream holiday home. Shown 4pm C4
8.00 Jimmy Doherty's New Zealand Escape *1/4.* Jimmy takes a trip to New Zealand to meet and work alongside the farmers and produce makers who are turning a passion for great food into an enviable lifestyle. **See choice, page 68.** Shown Monday 8pm C4
9.00 George Michael: Portrait of an Artist A documentary portrait of the star, charting his phenomenal rise to stardom as one of the world's top singer/songwriters. **See choice, p58.** Shown Sunday 9pm C4 (AD)
11.00 Eight out of Ten Cats Does Countdown Jimmy Carr hosts as Jon Richardson and Lucy Beaumont take on Richard Ayoade and Joe Wilkinson.
12.05am Top Guns: Inside the RAF (AD) **1.05** Gogglebox: double bill (AD) **3.15** 999: on the Front Line **4.15–4.45am** Four in a Bed

4seven **F'view** 49 **F'sat** 127 **Sky** 137 (138 Scot) **Virgin** 143

Quest 12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers (AD) **10.00** Chasing Classic Cars **11.00** Fantomworks (AD) **12 noon** Love Your Garden (AD) **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers **7.00** Outback Opal Hunters **8.00** Salvage Hunters **9.00** The Yorkshire Auction House **10.00** Find It, Fix It, Flog It **11.00** ***New.*** British Superbikes: from Oulton Park **12 midnight** ***New.*** Premiership Speedway **1.00am** Ambulance (AD) **2.00** Fantomworks (AD) **3.00** Wheeler Dealers (AD) **4.00–5.00am** How It's Made

Quest **Freeview** 12 **Freesat** 172/**HD** 167 **Sky** 144 **Virgin** 137 **+1** **Freeview** 70 **Freesat** 168 **Sky** 244 **Virgin** 337

Yesterday 27

Retro Electro Workshop *9.00pm*
Shamil acquires a record deck

6.10am Sounds of the Seventies **7.10** Warbird Workshop **8.00** Abandoned Engineering (AD) **10.00** Secret Nazi Bases **11.00** Narrow Escapes of World War II (AD)
12 noon Great Continental Railway Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash: Restoring Classics (AD) **4.00** Narrow Escapes of World War II (AD) **5.00** ***New.*** Secret Nazi Bases: a chilling discovery in the furthest reaches of Eastern Canada
6.00pm Great British Railway Journeys Michael Portillo visits an inn in Carmarthen where Horatio Nelson met Emma Hamilton.
6.30 Michael visits a cider house in Hereford.
7.00 Antiques Roadshow The team visits the Black Country Living Museum in Dudley.
8.00 Joanna Lumley's Japan The actress flies over Tokyo in a helicopter.
9.00 ***New.*** **Retro Electro Workshop** *10/6* Shamil buys an 80s Technics record deck. (AD)
10.00 Bangers and Cash: Restoring Classics The team snaps up a 1970s Saab 96. (AD)
11.00 Abandoned Engineering The remains of a correctional facility in Atlanta, USA. (AD)
12 midnight Great British Railway Journeys: double bill **1.00am** Railway Murders **2.00–3.00am** Sounds of the Seventies: double bill

Yesterday **Freeview** 27 **Freesat** 159 **Sky** 155 **Virgin** 129 **+1** **Sky** 255 **Virgin** 329

Dave 19

7.10am Yianni: Supercar Customiser: double bill (AD) **8.00** Top Gear (AD) **9.00** DIY SOS: the Big Build **10.00** Railroad Australia **11.00** Rick Stein's Road to Mexico
12 noon Celebrity Storage Hunters **1.00pm** Sin City Motors **2.00** Top Gear (AD) **4.00** Australian Ninja Warrior **5.30** Gino's Italian Escape: Gino D'Acampo visits Florence
6.00pm Rick Stein's Long Weekends The chef takes a culinary break in Lisbon. (AD)
7.00 Richard Osman's House of Games Kemah Bob, JJ Chalmers, Kevin Clifton and Victoria Derbyshire play trivia-based games.
7.40 With Beattie Edmondson, Amol Rajan, Gaby Roslin and Hugh Dennis.
8.20 Would I Lie to You? With Gabby Logan, Christian Jessen and Diane Parish.
9.00 QI XL With Lucy Porter and Phill Jupitus.
10.00 Have I Got a Bit More Old News for You Hosted by David Tennant, with guests Reginald D Hunter and Lucy Prebble.
11.00 David Mitchell hosts, with Andy Hamilton and Deborah Frances-White.
12 midnight Mock the Week: Election Special **12.40am** Would I Lie to You? **1.20** Alan Davies: As Yet Untitled **2.25** Richard Osman's House of Games **3.30–4.00am** This Country (AD)

Dave **F'view** 19 **F'sat** 157 **Sky** 111 (112 Wales) **Virgin** **HD** 127 **Dave Ja Vu** **Freeview** 57 **Sky** 211 (212 Wales) **Virgin** 327

London Live 8

6.00am Shine On Harvey Moon **7.00** Monkey **8.00** The Baron **9.00** All You Need Is Love **10.00** The Avengers (BW) **11.15** Dear John **12 noon** The Fall and Rise of Reginald Perrin **12.45pm** Big City Life **1.00 FILM** Holiday's with Pay ★★ **2.55 FILM** Oh… Rosalinda!! ★★★★ **5.00** The Lion Queen
6.00pm London Live News **7.00** Auschwitz in 33 Objects **7.30** Wild Britain with Ray Mears **8.00** Top Tens of Warfare: the greatest military secrets **9.00** When Missing Turns to Murder **10.00** Murder Most Horrid
10.45 FILM The Outsiders ★★★★ Drama starring Matt Dillon and Ralph Macchio
12.35am An Englishman in New York **2.10 FILM** Perrier's Bounty ★★★ Crime caper **4.00** Sex Drugs and HIV **5.00–6.00am** The Baron

London Live **Freeview** 8 **Sky** 117 **Virgin** **HD** 159
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am NCIS (AD) **12 noon** Law & Order
6.00pm NCIS *Series 6.* Triple bill. Ducky is stabbed by a Muslim woman **7.00** McGee thinks he might have met his perfect woman **8.00** Gibbs is forced to delve into his past duty (AD) **9.00** Law & Order: Criminal Intent *Series 10.* A programmer working for a cyberwarfare business is killed **10.00** Law & Order: Special Victims Unit *Series 23.* Double bill. Rollins and Velasco discover a key clue while searching for a missing teenage sex worker, then Carisi asks the SVU for help when a murder witness shows signs of abuse
12 midnight NCIS: four episodes (AD) **3.35–4.00am** 999: Criminals Caught on Camera

5 USA **F'view** 21 **F'sat** 129 **Sky** 141 **Virgin** 120 (162 Scot) **+1** **Freesat** 130 **Sky** 241 **Virgin** 320

5 Star 32

8.00am Bargain-Loving Brits in the Sun **10.00** Motorway Cops: Catching Britain's Speeders **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops: double bill **2.00pm** Police Interceptors: triple bill **5.00** Call the Bailiffs: Time to Pay Up
6.00pm Home and Away Justin tries to reassure Theo. Shown 1.45pm C5 (AD)
6.30 ***New.*** Marilyn cannot get in touch with Alf. Repeated tomorrow 1.45pm C5 (AD)
7.00 Babies 24/7: the Maternity Ward A dance teacher wants to have a water birth.
8.00 GPs: behind Closed Doors The doctors are faced with depression. (AD)
9.00 ***New.*** **999: Emergency Call Out** Cases include extremely dangerous driving, and a fire raging in a block of flats.
10.00 A&E after Dark Security are called after a violent argument between two patients.
11.05 999: Critical Condition A woman is rushed in when her heart stops.
12.05am Evil Up Close: Kids Who Kill (AD) **1.00** Killer at the Crime Scene **2.00** GPs: behind Closed Doors **2.50–3.00am** Entertainment News

5 Star **Freeview** 32 **Freesat** 131 **Sky** 128 (129 Scotland) **Virgin** 126 **+1** **Freesat** 141 **Sky** 228 (229 Scot) **Virgin** 326

5 Action 33

9.00am Entertainment News **9.05** Trucking Hell **10.05** Traffic Cops **11.05** Police Interceptors: a high-speed chase in Sheffield
12.05pm FILM Tribute to a Bad Man ★★★★ **2.05 FILM** The Naked Spur ★★★★ Western **4.00** Trucking Hell **5.00** Traffic Cops
6.00pm Police Interceptors The team closes in on a suspected petrol thief.
7.00 Officers chase a dangerous driver through the streets of Ripley in Derbyshire.
8.00 A van loses control during a high-speed pursuit, and a vehicle is crushed like a tin.
9.00 ***New series.*** **Ice Cold Catch** Greg and yacht stewardess Caitlin leave their lives behind to pursue highly-paid fishing jobs.
10.00 World's Deadliest Weather: Caught on Camera Houses collapse and lives are devastated as 150mph winds from Hurricane Ida rage through Louisiana.
11.00 Police: Night Shift 999 Public disorder erupts in Cheltenham's club district, with fights breaking out and the police under attack.
12 midnight Police Interceptors: Jacko captures a man armed with an axe **1.00am** Criminals Caught on Camera **2.00–3.00am** Trucking Hell

5 Action **Freeview** 33 **Freesat** 132 **Sky** 150 **Virgin** 130

5 Select 46

9.00am Cash in the Attic **10.00** GPs: behind Closed Doors **11.00** The Yorkshire Vet **1.00pm** Cornwall's Most Scenic Railway Journeys **2.00** The Yorkshire Vet (AD) **4.00** The Highland Vet **5.00** Ben Fogle: New Lives in the Wild
6.00pm Scotland's Most Scenic Railway Journeys The West Highland Line.
7.00 Tony Robinson's History of Britain The actor explores people's lives in the 1950s.
8.00 Jay Blades's East End through Time The East End in the 19th century.
9.00 The Flying Scotsman Rob Bell charts the history of the steam locomotive.
10.00 How Alan Pegler saved the locomotive.
11.00 Sunken Treasures Revealed: Drain the Ocean Exploring the wreckage of ships.
12.05am Forged in Fire: double bill (AD) **2.00–3.00am** World War II in Colour: how German forces controlled Denmark, Norway and more

5 Select **F'view** (HD only) 46 **F'sat** 133 **Sky** 153 **Virgin** 138

FREEVIEW TV and film channels continue overleaf

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603 **BT** 313

TUESDAY Freeview & films

W 25

Louis Theroux's Altered States *11.00pm* Marriage

6.10am Bang on Budget **8.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** My Dream Home

6.00pm Property Brothers: Forever Homes Lisa and Jay need Drew and Jonathan to create a hosting epicentre. (AD)

7.00 *New.* MasterChef Australia Today's pressure test is set by Nelly Robinson of Nel in Surrey Hills.

8.00 Ambulance Australia Paramedics help a man who is anxious after taking drugs.

9.00 24 Hours in A&E A nine-year-old boy has fallen on his head.

10.00 999 Rescue Squad The team joins a search for a missing aeroplane pilot and passenger.

11.00 Louis Theroux's Altered States A movement dedicated to proving that marriage does not require monogamy. (AD)

12.20am One Born Every Minute **1.15** This Is MY House **2.35–3.00am** Inside the Ambulance

W F'view 25 **F'sat** 156 **Sky** 132 (133 Scotland) **Virgin** 125 **+1 Sky** 232 (233 Scotland) **Virgin** 325

Pick 36

7.00am Border Security: Canada's Front Line (AD) **8.00** Nothing to Declare **9.00** Motorway Patrol **10.00** Highway Cops (AD) **11.00** Highway Patrol **12 noon** Motorway Patrol (AD) **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line (AD) **3.00** Nothing to Declare **4.00** Warehouse 13 **5.00** Stargate SG-1: Samantha fights for equality **6.00pm** Merlin (AD) **7.00** Star Trek: Voyager **8.00** Magnum P.I. (AD) **9.00 *New.*** The Rookie: the cops analyse a recent case featuring a former child actor (AD) **10.00** The Killer Within **11.00 *New.*** Snapped: a terrifying harassment campaign that ended in murder **12 midnight** How I Caught the Killer **1.00am** Caribbean Cops (AD) **2.00** Road Wars **3.00** Highway Patrol **4.00** Motorway Patrol **5.00–6.00am** Highway Cops: double bill (AD)

Pick F'view 36 **F'sat** 144 **Sky** 151 **Virgin** 135

HGTV 44

7.00am Renovation Island **8.00** Love Your Garden (AD) **9.00** A Place in the Sun: Home or Away **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Good Bones (AD) **2.00** Flip or Flop **3.00** Love Your Garden (AD) **4.00** Escape to the Country **5.00** Renovation Island **6.00pm** A Place in the Sun: Home or Away **7.00** Escape to the Country **8.00** The Hotel Inspector: the Walkout **9.00 *New.*** Down Home Fab **10.00 *New series.*** Luxe For Less **11.00** Good Bones (AD) **12 midnight** Escape to the Country **1.00am** Renovation Island **2.00** Love Your Garden (AD) **3.00–4.00am** My Lottery Dream Home

HGTV F'view 44 **F'sat** 166 **Sky** 158 **Virgin** 191 **+1 Sky** 258 **Virgin** 391

FREEVIEW channels continued from overleaf

Food Network 43

The Hairy Bikers' Food Tour of Britain *10.00pm* Cornwall

6.00am Trisha's Southern Kitchen **7.00** The Pioneer Woman **8.00** Be My Guest with Ina Garten **9.00 *New.*** The Kitchen **10.00** Paul Hollywood's Bread **11.00** Michel Roux's French Country Cooking **12 noon** Bake Off: the Professionals **1.00pm** Bake Off: the Professionals – the Final **2.00** James Martin's Brittany **3.00** The Hairy Bikers' Food Tour of Britain **4.00** Be My Guest with Ina Garten **5.00** The Pioneer Woman **6.00** James Martin's Brittany: double bill **7.00** The Great British Bake Off: the remaining contestants face three tasks involving pastry **8.00** Michel Roux's French Country Cooking **9.00** Gok Wan's Easy Asian: double bill **10.00** The Hairy Bikers' Food Tour of Britain: the traditional cuisine of Cornwall **11.00 *New.*** Diners, Drive-Ins and Dives: double bill. Guy Fieri checks out all kinds of cuisine, including mega sandwiches and a primo pot pie, then digs into a range of Italian temptations **12 midnight** Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00–3.00am** Cheap Eats

Food Network F'view 43 **F'sat** 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1 F'sat** 149 **Sky** 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder **9.00** Sue Thomas: F.B.Eye **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H **9.00** Randall and Hopkirk (Deceased): Jeff and Marty embark on a ghost hunt at a haunted castle **10.00** The Persuaders!: Danny's life is endangered **11.00** Return of the Saint **12 midnight** M*A*S*H **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50–5.00am** Movie News

Great TV Freeview 50 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 170 **+1 Freesat** 143 **Sky** 257

RealityXtra 68

9.00am Medical Detectives **11.00** A Stranger in My Home **1.00pm** Facing Evil **3.00** Medical Detectives **5.00** A Stranger in My Home: double bill. A woman ends up fighting for her life with an unexpected foe, then a mother and daughter hire a man to take care of their home – unaware of his evil intentions **7.00** Judge Judy **1.00am** A Stranger in My Home **3.00** Facing Evil: four episodes **4.55–6.00am** Medical Detectives

RealityXtra Freeview 68 **Freesat** 134 **Sky** 147 **Virgin** 172

BBC Parliament 232

7.00am Home Office Questions **8.00** House of Commons **9.30** Live Select Committees **11.30** Live Energy Security and Net Zero Questions: questions to the Energy Security and Net Zero Secretary Claire Coutinho and her team of ministers **12.30pm** Live House of Commons **7.30** Live House of Lords **10.00** Welsh First Minister's Questions **11.00** Lords Questions **11.40–7.00am** House of Lords

BBC Parliament Freeview 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84

Sabotage in Auschwitz *9.40pm* Plotting an uprising

8.00am Beautiful Serengeti **8.30** The War **9.40** WWII in Color: Road to Victory **10.45** Louis Armstrong's Little Satchmo **11.55** Sabotage in Auschwitz **1.00pm** Beautiful Serengeti **1.45** The War **2.50** WWII in Color: Road to Victory **3.55** Louis Armstrong's Little Satchmo **5.05** Sabotage in Auschwitz

6.10pm The War *6/14.* The Allied campaign in Italy during early 1944.

7.20 WWII in Color: Road to Victory *2/10.* In September 1939 a German U-boat fires its first torpedo, setting in motion the longest continuous battle of the war.

8.30 Louis Armstrong's Little Satchmo A look into the life of the influential jazz musician.

9.40 Sabotage in Auschwitz Four young women who plotted an uprising in Auschwitz-Birkenau.

10.50 WWII in Color: Road to Victory As 7.20pm.

12 midnight Louis Armstrong's Little Satchmo **1.15–2.00am** Beautiful Serengeti

PBS America F'view 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 187

Blaze 64

6.00am Hardcore Pawn **6.50** Weird or What? With William Shatner **7.45** Ancient Aliens **9.40** Book of Secrets with Lance Reddick **10.40** The Curse of Oak Island **11.40** WW2 Treasure Hunters **12.40pm** Storage Wars **1.05** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00** Weird or What? With William Shatner **7.00** Storage Wars **8.00** Dickinson's Real Deal **9.00 *New.*** Monsterquest: a swamp beast said to stalk the residents of a small town in Arkansas **10.00 *New.*** Swamp People: Serpent Invasion **11.00** The Proof Is Out There **12 midnight** The Curse of Oak Island **1.00am** Weird or What? With William Shatner **2.00** The Liquidator **3.00** Dickinson's Real Deal **3.45** Storage Wars **4.10** Counting Cars **5.00–6.00am** Pawn Stars

Blaze F'view 64 **F'sat** 162 **Sky** 164 **Virgin** 174

Challenge 48

7.00am The Chase **10.00** Catchphrase (AD) **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Family Fortunes **2.00** Who Wants to Be a Millionaire?: quiz show presented by Chris Tarrant **3.00** Strike It Lucky **4.00** Catchphrase (AD) **5.00** Bullseye (AD) **6.00pm** Who Wants to Be a Millionaire?: presented by Chris Tarrant **7.00** Pointless Celebrities: Alexander Armstrong and Richard Osman host a celebrity version of the quiz show seeking the most obscure answers to general knowledge questions **8.00** The Chase: double bill of the quiz show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire? **11.00** Bullseye: double bill **12 midnight** The Chase: four editions **4.00am** Who Wants to Be a Millionaire? **5.00–6.00am** Bullseye: double bill (AD)

Challenge Freeview 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.35am Paw Patrol **6.00** Sunny Bunnies **6.05** Daisy & Ollie **6.10** Milkshake! Monkey **6.15** Peppa Pig **6.25** Oggy Oggy **6.35** Odo **6.45** Peppa Pig **6.50** Fireman Sam **7.00 *New.*** Thomas & Friends **7.10** Peppa Pig **7.20** Paw Patrol **7.35 *New.*** Pip and Posy **7.50** Paddington **8.05** Chip and Potato **8.20** Milo **8.30** Paw Patrol **8.45** Ben and Holly **8.55** Peppa Pig **9.05–9.15am** World of Dance

Full listings for Channel 5 are on p82

CBeebies 202

6.00am Love Monster; Small Potatoes **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05 *New.*** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05 *New.*** Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Steve and Aneeshwar Go Wild **8.30** My Petsaurus **8.35** Justin's House **8.55** Small Potatoes **9.00** Bing **9.10 *New.*** Yakka Dee! **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.35** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Baby Club **10.35** Tiny Wonders **10.40** Hey Duggee **10.45** Vegesaurs **10.50** Gecko's Garage **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** School of Roars **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** My World Kitchen **12.10pm** Maddie, the Home and You **12.30** Waffle **12.40** Andy's Prehistoric Adventures **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Dipdap **2.25** Supertato **2.30** Go Jetters **2.45** Time for School **2.55** Small Potatoes **3.00** Andy's Global Adventures **3.15** Get Set Galactic **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Fred & Pete's Treasure Tales **4.10** Octonauts **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** Topsy and Tim **5.15** Waffle **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** Bedtime Stories

CBeebies F'view 202 **F'sat** 608 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.30** Boy Girl Dog Cat Mouse Cheese **7.45** Newsround **7.55** Grizzy and the Lemmings **8.10** Odd Squad **8.25** Hey You What If? **8.30** Horrible Histories **9.00** The Zoo **9.10** Operation Ouch! **9.40** Princess Mirror-Belle **10.05** Class Dismissed **10.20** Danny & Mick **10.30** New: Deadly Mission Shark **11.00** Bitesize Daily **11.20** Craft Party **11.35** Celebrity Supply Teacher **11.45** Out of This World **12 noon** Danger Mouse **12.45pm** Boy Girl Dog Cat Mouse Cheese **1.30** Dennis & Gnasher **2.05** Shaun the Sheep **2.15** Blue Peter **2.45** Gym Stars **3.05** Odd Tubes **3.10** The Deep **3.30** Danger Mouse **3.40** Ninja Express **3.55 *New.*** Taffy **4.00** Grizzy and the Lemmings **4.20** Boy Girl Dog Cat Mouse Cheese **4.30** Monster Loving Maniacs **4.45** Odd Squad **5.00** Pokémon **5.20** Summer Camp Island **5.35 *New.*** Transformers EarthSpark **6.00 *New.*** Deadly Mission Shark **6.25** Blue Peter: Top Challenges **6.35–7.00pm** The Next Step

CBBC F'view 201 **F'sat** 607 **Sky** 607 **Virgin** 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 5am–9.00 and on ITVBe 9am to 12 noon

ITV2

5.00am Captain Underpants **5.25** Scooby-Doo **5.45** Craig of the Creek **6.00 *New.*** Craig of the Creek **6.10** Teen Titans Go! **6.50** DC Super Hero Girls **7.05** Looney Tunes Cartoons **7.20** Jurassic World Camp Cretaceous **7.45–9.00am** Scooby-Doo

ITVBe

9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** The Hive **9.35** Poppy Cat **9.50** Percy's Tiger Tales **10.05** Wildwoods **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20 *New.*** Postman Pat **11.35** Momolu & Friends **11.45–12 noon** Pip Ahoy!

FILMS

Film4 14

11.00am Red Mountain ★★ Alan Ladd plays a Confederate captain in this watchable western. (1951) (S)

12.45pm The Tall T ★★★★ Tense small-scale western about a kidnapped cowboy who turns the tables on his captors. Randolph Scott, Richard Boone, Maureen O'Sullivan (1957, PG) (S)

2.25 The Duel at Silver Creek ★★ Audie Murphy fights for his reputation in this minor western. Faith Domergue, Stephen McNally (1952, U) (S)

4.00 Tobruk ★★★ Rock Hudson aims to blow up enemy fuel lines in this occasionally stodgy, often entertaining, Second World War adventure. George Peppard (1966, 12) (S) (AD)

6.15pm K-19: the Widowmaker ★★ Workmanlike thriller in which Harrison Ford and Liam Neeson clash on board a Soviet nuclear submarine. Peter Sarsgaard (2002, 12) (S)

9.00 The Predator ★★★ The alien hunter returns to Earth in search of human DNA in a brash reboot of the sci-fi action franchise. Boyd Holbrook (2018, 15) (S) (AD)

11.10 P Minari ★★★★ A Korean-American family moves to rural Arkansas in a gentle character piece that is rich in empathy and unforced charm. **Film of the Day, right.** Steven Yeun (2020, 12) (S)

1.25–3.15am Wild Nights with Emily ★★★★ Playful comedy about poet Emily Dickinson (Molly Shannon) and her tentative romance with a fellow writer. (2018) (S)

Film4 Freeview 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1 F'view** 47 **F'sat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am Dalekmania A nostalgic look at the 1960s Dalek films. (S) **7.15 Sherlock Holmes** TV mystery. (S) **7.50 No Way Back** ★★ Moody but lacklustre postwar crime drama. Terence de Marney (1949) (S) **9.20 Lena Rivers** ★★★ Spirited drama about a girl born out of wedlock who goes to live with disapproving relatives. Charlotte Henry (1932) (S) **10.45 The Bank Raiders** ★ Cheap British B-movie. Peter Reynolds (1958, U) (S) **12.10pm Mystery Junction** ★★ Sturdy British B-noir. Sydney Tafler (1951, PG) (S) **1.25 Tonight's the Night** ★★ Amiable comedy with David Niven as a strict landlord whose tenants plot to bump him off. (1954, U) (S) **3.15 Beach Red** ★★★★ A Japanese-held island is attacked by a unit of US marines that includes raw recruits in this tough war drama. **Review, right.** Cornel Wilde (1967, 12) (S) **5.25 Fireball XL-5** TV sci-fi. **6.00pm Colonel March of Scotland Yard** TV drama. (S) **6.30 Scotland Yard** Docudrama. **7.05 The Four Just Men** TV drama with Dan Dailey. (S) **8.05 The Human Jungle** TV drama starring Herbert Lom. (S) **9.05 Maigret** TV detective series. **11.00 The Changeling** ★★★ Satisfyingly scary ghost story with George C Scott as a widower who moves into a lonely house that is haunted by the spirit of a murdered child. Trish Van Devere, Melvyn Douglas (1980, 15) (S) **1.20am Cat Girl** ★★★ Atmospheric horror about a woman who is convinced she carries an ancient curse. Barbara Shelley (1957, 12) (S) **3.00 Hands of a Stranger** ★★ Bonkers horror about a pianist whose hands are replaced with those of a criminal. James Stapleton (1962) (S) **5.00–6.00am Stagecoach West** TV western. (S)

Talking Pictures TV Freeview 82 **Freesat** 306 **Sky** 328 **Virgin** 445

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Great Movies 34

9.00am Reflections ★★ Serial-killer thriller. Timothy Hutton, Miguel Angel Silvestre (2008) **11.00** Lost Letter Mysteries: Lost without You **1.00pm Killer Student** ★★ A teacher is in danger. Alicia Leigh Willis, Blake Michael, Trevor St John (2017) **3.00** An Aurora Teagarden Mystery: Reap What You Sew **4.50 Evening** ★★ Shallow romantic drama with a terrific cast. **Review, right.** Claire Danes, Toni Collette, Vanessa Redgrave (2007, 12) **7.10pm The Heist** ★★★ Breezy "one-first-job" caper. Christopher Walken, Morgan Freeman, William H Macy (2009, 12) **9.00 Stand Up Guys** ★★★★ Very likeable comedy drama about two former partners in crime. **Review, right.** Al Pacino, Christopher Walken (2012, 15) **10.50 Reasonable Doubt** ★★ Samuel L Jackson's innocent man is prosecuted by Dominic Cooper's corrupt Chicago lawyer. (2014, 15) **12.35am The Work Life** ★★ Hokey "psycho colleague" thriller. Cerina Vincent (2018) **2.20 Deadly Paradise** ★★ An idyllic trip turns sour. Boti Bliss (2016) **4.00–5.40am Stalked by My Mother** ★★ Mystery. Jennifer Taylor (2016)

Great Movies Freeview 34 Freesat 302 Sky 321 Virgin 425 +1 Freeview 61 (*limited* 10pm-5am) Sky 322

Great Action 42

8.10am Wild West Chronicles **9.10 Last of the Comanches** ★★ Minor but good-looking western. Broderick Crawford (1952) **10.50** Snipers **12 noon** Wild West Chronicles **1.00pm Buck and the Preacher** ★★★ Lively western starring and directed by Sidney Poitier. **Review, right.** (1972, PG) **3.05 Gunman's Walk** ★★★ Van Heflin plays a former gunslinger in this intense western. (1958) **5.10 Saints and Soldiers: Battle of the Tanks** ★★ Watchable war drama. Danor Gerald (2014, 12) **7.10pm Ape vs Monster** ★ Low-budget *Godzilla vs Kong* mockbuster. Rudy Bentz, Arianna Scott, Katie Sereika (2021, 12) **9.00 The Marksman** ★★ Wesley Snipes tries to thwart a bunch of Chechen rebels in this gung-ho action adventure. (2005, 15) **10.55 10 Minutes Gone** ★★ By-the-numbers Bruce Willis thriller about a botched bank heist. (2019, 15) **12.50am Polar Opposites** ★★ Low-budget disaster movie. Charles Shaughnessy (2008) **2.30** Wild West Chronicles **3.00** War in the Pacific **4.00–5.00am** Wild West Chronicles

Great Action Freeview 42 *(limited)* F'sat 305 Sky 323 Virgin 426 +1 Sky 324

Great Movies Christmas 52

8.00am Family for Christmas ★★ Fun fantasy. Lacey Chabert (2015) **10.00 Runaway Christmas Bride** ★★ Does he only want her for her money? Cindy Busby (2017) **12 noon Christmas Confessions** ★★ Warm-hearted romance. Sarah Lancaster (2015) **2.00pm The Magic Stocking** ★★★ Uplifting fantasy. Bridget Regan (2015) **4.00 The Perfect Christmas Village** ★★ Festive fantasy with a *Groundhog Day* theme. Caitlin Thompson (2018) **6.00pm Charming Christmas** ★★ A workaholic shop owner finds love. Julie Benz, David Sutcliffe (2015) **8.00 Home by Christmas** ★★ A woman faces hardship after her husband walks out. Linda Hamilton (2006) **10.00 The Christmas Candle** ★★ The new vicar doesn't believe in the local miracle. Hans Matheson (2013, U) **12.05am My Christmas Love** ★★★ Who keeps sending her gifts? Meredith Hagner (2016) **2.00** Highway to Heaven **3.00–5.00am Angels in the Snow** ★★ Wholesome drama. (2015)

Great Movies Christmas Freeview 52 Freesat 303 Sky 319 Virgin 424 +1 F'view 63 (*limited* 10pm-5am) F'sat 304 Sky 320

Sky Premiere

6.10am Maggie Moore(s) ★★★ Wry crime comedy thriller. Jon Hamm, Tina Fey (2023) **7.55** As 6.10pm **9.50** As 8pm **11.45 TÁR** ★★★★ Cate Blanchett plays a classical conductor who suffers a painful downfall in this ingenious drama. (2022, 15) **2.30pm All My Puny Sorrows** ★★★ A novelist tries to help her suicidal sister. Alison Pill, Sarah Gadon (2021, 15) **4.20 Wifelike** ★★ Lightly satirical sci-fi thriller. (2022, 15) **6.10pm 80 for Brady** ★★★ Amiable sports comedy with a terrific cast. Lily Tomlin, Jane Fonda (2023, 12) **8.00 Knock at the Cabin** ★★★★ A family's holiday is interrupted by four strangers on a dark mission. **Review p46.** Jonathan Groff (2023, 15) **9.45 The Cinema List: Unmissable Sky Originals** **10.00 Spin Me Round** ★★★ Compelling comedy thriller in which an Italian corporate retreat grows increasingly bizarre. Alison Brie (2022, 18) **11.55 Sharp Stick** ★★★ Scattershot but often bitingly funny satire about an innocent woman's sexual awakening. Kristine Froseth (2022, 18) **1.40am** As 2.30pm **3.30** As 11.45am

Sky Premiere Sky 301 Virgin 401 BT 501/HD 515 +1 Sky 312

Legend 41

8.00am Walker, Texas Ranger **9.00** The Six Million Dollar Man **10.00** Star Trek: Deep Space Nine **11.00 Dragonquest** ★★ Derivative fantasy. Marc Singer (2009) **1.00pm King Arthur's Sword** ★ Bonkers mockbuster. (2017, 15) **3.00 30,000 Leagues under the Sea** ★★ Bargain-basement update of Jules Verne's adventure. Lorenzo Lamas, Sean Lawlor (2007) **5.00** Star Trek **6.00pm Star Trek: Deep Space Nine** TV sci-fi adventure series. **7.00 The Six Million Dollar Man** TV sci-fi adventure series. **8.00 Walker, Texas Ranger** TV action drama with Chuck Norris. **9.00 Red** ★★★ Simmering revenge thriller with Brian Cox as a shopkeeper whose dog is killed by hoodlums. Tom Sizemore (2008, 15) **10.50 Dr Jekyll & Sister Hyde** ★★★ Bizarre bisexual take on the split personality classic. **Review, right.** Ralph Bates, Martine Beswick, (1971, 15) **12.45am The Void** ★★ Daft horror about a hospital under siege. Aaron Poole (2016, 18) **2.35–4.20am Office Uprising** ★★★ Tongue-in-cheek action horror. Brenton Thwaites (2018, 15)

Legend F'view 41 F'sat 137 Sky 148 Virgin 149

HorrorXtra 69

8.00am Independence Day-saster ★★ Cut-price pick-and-mix sci-fi action. Ryan Merriman, Tom Everett Scott, Emily Holmes (2013) **10.00** Farscape **11.00 Moby Dick** ★★ Watchable low-budget update of the whaling classic, starring Barry Bostwick as submariner Captain Ahab. (2010, 12) **1.00pm Termination Point** ★★ Routine sci-fi thriller about a scientist who steals some experimental time-travel technology. Jason Priestley (2007) **3.00** Farscape **4.00** UFO **5.00 Eye of the Beast** ★★ The people of a small town battle a giant squid in this over-the-top horror thriller. James Van Der Beek (2007) **7.00pm Farscape** TV sci-fi. **8.00 UFO** TV sci-fi series. **9.00 The Toybox** ★★ Grim but unconvincing horror in which a possessed RV holds terrifying secrets for a family. Denise Richards (2017, 15) **10.55 Habit** ★★ Manchester, massage parlours and man-eaters collide in this slow-burning, sexually explicit horror. Elliot James Langridge (2017, 18) **1.00–3.00am The Toybox** As 9pm

HorrorXtra F'view 69 F'sat 138 Sky 317 Virgin 171 +1 F'sat 139 Sky 318 Virgin 371

FILM REVIEWS

FILM OF THE DAY

P Minari ★★★★ *11.10pm-1.25am* ***Film4*** 12

DRAMA Named after a Korean herb that keeps its character wherever it grows, director Lee Isaac Chung's acclaimed film offers a deeply personal take on the immigrant struggle. The story unfolds through the eyes of a seven-year-old Korean-American boy (Alan S Kim), newly relocated from California to Arkansas, who spends much of his time slowly connecting with his grandma (Oscar-winning Youn Yuh-jung). Though the set-up seems primed for tragedy, Chung's approach finds vivid life in microscopic details, resulting in a gentle character piece that's rich in empathy and charm. **KEVIN HARLEY** (US 2020, swearing, HD)

Buck and the Preacher ★★★

1.00-3.05pm ***Great Action*** PG

WESTERN This lively wagon-train picture marked Sidney Poitier's first film as director. He also stars as the leader of a group of freed slaves making their way through the wilderness. Also among the cast is Poitier's great friend Harry Belafonte, who gives real edge to the role of a conman preacher. **TOM HUTCHINSON** (US 1972, violence, racist themes)

Beach Red ★★★★

3.35-5.25pm ***Talking Pictures TV*** 12

WAR Former beefcake star Cornel Wilde (*The Greatest Show on Earth*) became a director to reckon with in later life, and this ferocious Pacific war opus is one of his better efforts. The film's depiction of war's savagery is remarkable – the shot of the wounded soldier leaving his own arm behind on the beach says it all. **TONY SLOMAN** (US 1967, edited for content)

Evening ★★

4.50-7.10pm ***Great Movies*** 12

DRAMA This adaptation of Susan Minot's novel focuses on a dying woman (Vanessa Redgrave), her remembrance of the past, and how it affects her bickering daughters (Toni Collette and Natasha Richardson). Claire Danes plays the young Redgrave in the 1950s flashbacks, and Glenn Close, Eileen Atkins and Meryl Streep offer stellar support. **ALAN JONES** (Ger/US 2007, edited for content)

Stand Up Guys ★★★★

9.00-10.50pm ***Great Movies*** 15

CRIME New tonight on Great Movies, this comedy drama stars Christopher Walken and Al Pacino as best buddies and former partners in crime. Fresh from a long prison stretch, Pacino spends his first night of freedom trawling old haunts with Walken. But there's a hidden agenda: one of them has been pressured into killing the other to settle a gangland grudge. **DAVE ALDRIDGE** (US 2012, violence, swearing, drug abuse)

Saw ★★★★ *10.00pm-12 midnight* ***Sky Max*** 18

HORROR Asking chilling questions about how far an individual will go to stay alive, this well-acted film spawned a hit franchise. Leigh Whannell and Cary Elwes awake to find that they're chained up in a bathroom, where they become the latest playthings of a game-obsessed psychopath. What then unfolds is more disturbing than terrifying, and there are some audacious twists along the way. **SLOAN FREER** (US 2004, violence, swearing, HD)

The Rock ★★★★

10.45pm-1.00am ***ITV1*** *(not showing in STV, Border Scotland and Wales)* 15

ACTION When rogue general Ed Harris takes over Alcatraz and trains poison-gas rockets on San Francisco, it's left to chemical weapons expert Nicolas Cage and ex-inmate Sean Connery to bring him down. Director Michael Bay's enthusiasm for outlandish stunts and destruction is utterly infectious. **JOHN FERGUSON** (US 1996, violence, swearing, a sex scene, HD)

Dr Jekyll & Sister Hyde ★★★

10.50pm-12.45am ***Legend*** 15

HORROR This bizarre bisexual take on the split-personality classic features Ralph Bates and Martine Beswick as the good and evil flip sides. While not quite living up to its initial sensationalist hype – "the transformation of a man into a woman will take place before your very eyes," said the ads – it's still good value Hammer horror. **AJ** (UK 1971, some violence, brief nudity)

An Education ★★★★★

11.15pm-12.50am ***BBC2*** 12

DRAMA Set in a perfectly evoked pre-Swinging Sixties suburban London, this adaptation of Lynn Barber's memoir gave Carey Mulligan her big breakthrough role. She also won a Bafta for playing the schoolgirl who jeopardises a place at Oxford for the "University of Life" offered by a man twice her age (Peter Sarsgaard). **AJ** (UK/US 2008, sex references, HD)

Sky Cinema picks

Bean ★★★★ *1.35-3.10pm* ***Sky Cinema Comedy***
Mr Bean visits America. (1997, PG)
Sky 308; Virgin 408; BT 508/522

Eddie the Eagle ★★★★★ *4.00-5.50pm* ***Sky Drama***
Taron Egerton stars. (2016, PG)
Sky 310; Virgin 410; BT 510/524

The Purge ★★★ *10.00-11.30pm* ***Sky Dystopia***
A legal crime spree. (2013, 15)
Sky 311; Virgin 411; BT 511/525

Films to stream from p40
Netflix, Amazon, Disney+ and more

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12,15,18 - for viewers of these ages and over.

Sky Showcase

Bruno v Tyson *9.00pm* The boxers' rivalry in the 1980s

6.00am The Early Rundown **7.00** Kay Burley **8.00** Caught on Dashcam **9.00** Nothing to Declare **10.00** WW2 Treasure Hunters **11.00** Islands (AD) **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** The Simpsons **5.30** The Fresh Prince of Bel-Air: double bill

6.30pm The Simpsons Flashback episode telling the story of Bart and Lisa's first fight. **7.00** The family hears about Grampa's time in the Air Force. **7.30** Bart is picked on at the school dance. Johnny Mathis guest stars.

8.00 Predators *4/5.* In the mountains of Patagonia, a female puma has just six months to teach its cubs how to survive in an increasingly competitive world. (AD)

9.00 Bruno v Tyson The story of the boxing rivalry between Frank Bruno and Mike Tyson, spanning two epic fights marred by politics and volatile race relations, with the old foes coming together for a reunion. (AD)

10.45 Ricky Gervais: Science The comedian's stand-up show from the Hammersmith Apollo.

12.30am The Blacklist **1.30** Road Wars **2.00** Stop, Search, Seize (AD) **3.00** Hawaii Five-0 **4.00** S.W.A.T. **5.00–6.00am** The Early Rundown

Sky Showcase Sky 106 Virgin 109 BT 340/HD 355 +1 Sky 206

Sky Sci-Fi

6.00am Merlin **7.00** Warehouse 13 **8.00** Home Shopping **11.00** Fringe **12 noon** Star Trek: the Next Generation: double bill **2.00pm** Merlin **3.00** Fringe **4.00** Stargate SG-1 **5.00** Stargate Atlantis

6.00pm Star Trek: the Next Generation *16/26 Series 5.* Worf is paralysed in a freak accident and needs an operation on his spine – but the experimental technique could cost him his life. **7.00** *17/26.* Riker embarks on a dangerous romance with the mysterious Soren, a member of an androgynous race.

8.00 Star Trek: Voyager *3/26 Series 7.* Tom Paris and Harry Kim enter the *Delta Flyer* in a spaceship race, unaware of the dangers involved.

9.00 Chucky *3/8 Series 1.* Bullies push Jake over the edge and Chucky reminisces about his first murder. **10.00** *4/8.* Someone stalks the hospital where the survivors of Chucky's latest attack are recovering, while Jake's bond with Devon intensifies.

11.00 Westworld *5/10 Series 2* Maeve and her allies discover a new world, while Dolores makes a tough decision about Teddy. **12.45am** *6/10.* Elsie gets closer to uncovering the truth about Delos.

2.00 Star Trek: Voyager **3.00** Stargate Atlantis **4.00–6.00am** Star Trek: the Next Generation

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122 BT 348/HD 363 +1 Virgin 229

Sky Atlantic

Six Feet Under *3.25pm* The Fishers bury one of their own

6.00am Richard E Grant's Hotel Secrets (AD) **7.55** The Leftovers (AD) **10.20** Ray Donovan (AD) **12.25pm** Game of Thrones (AD) **1.25** Raised by Wolves (AD) **3.25** Six Feet Under: double bill (AD)

5.40pm Ray Donovan *9/12 Series 2.* Ray and Abby put Bridget in a difficult position. (AD) **6.45pm** *10/12.* Ray steps in when Ashley's stalker returns. (AD)

7.50 Game of Thrones *10/10 Series 4.* Jon tries to negotiate peace with Mance Rayder. (AD)

9.00 The Lovers *2/6.* Seamus and Janet meet in Belfast, and Janet suggests they should have an affair.

9.40 Billions *6/12 Series 7* Axe turns to Chuck for a favour involving a common adversary.

10.45 Tin Star *2/9 Series 2* Jim tries to mend the damage Jack has caused. (AD)

11.50 Billions *4/12 Series 5* Axe's latest move puts him right in Mike Prince's line of fire. (AD)

1.00am Das Boot **2.00** ***New.*** Domina: *3/8 Series 2.* Livia finally learns the truth about Gemina *4/8.* Livia is drawn back into the politics of Rome. **See page 88.** Repeated tomorrow 9pm/10.05pm **4.15–6.00am** Richard E Grant's Hotel Secrets: double bill (AD)

Sky Atlantic Sky 108 (109 Wales) BT 342/HD 357 +1 Sky 208 (209 Wales)

Sky Witness

6.00am The Real A&E **7.00** Border Security USA (AD) **8.00** Border Patrol **10.00** Border Security: America's Front Line **11.00** The Rookie **12 noon** FBI: Most Wanted (AD) **1.00pm** Bull **2.00** Blue Bloods (AD) **3.00** Caught Red Handed

4.30pm Nothing to Declare Seven editions following the lives of customs and immigration officers at Australia's biggest airports.

8.00 Blue Bloods *20/20 Series 12.* Jamie and Joe search for an undocumented teenage girl who has been sex-trafficked. Frank calls out the district attorney's office for instituting a new rule. (AD)

9.00 The Good Doctor *22/22 Series 6.* Shaun and Lea head to the delivery room and find everyone there, with one exception.

10.00 Law & Order: Organized Crime *18/22 Series 3.* When a drug bust goes sideways, the task force uncovers a sinister robbery scheme. Bell vows to help a fellow officer when he falls victim.

11.00 The Rookie *4/20 Series 1* Nolan and Lopez track down an escaped criminal and discover a little kindness goes a long way. Meanwhile, Jackson faces his fears, and Chen faces a hard truth. (AD)

12 midnight Coroner **1.00am** Private Eyes **2.00** Madam Secretary **3.00** Chicago Fire **4.00** Border Security: America's Front Line **5.00–6.00am** The Real A&E

Sky Witness Sky 107 Virgin 110 BT 341/HD 356 +1 Sky 207 Virgin 310

Sky Max

Saw *10.00pm* Dr Lawrence Gordon (Cary Elwes) is trapped

6.00am Supergirl **7.00** DC's Legends of Tomorrow (AD) **8.00** The Flash **9.00** Stargate Atlantis **11.00** Supergirl **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

6.00pm Stargate SG-1 *1/22 Series 1.* Jack O'Neill and Daniel Jackson venture through the dimensional portal. **7.00** *2/22.* Colonel Jack O'Neill and the team continue to search for Jackson's wife Sha're.

8.00 A League of Their Own Road Trip: Loch Ness to London *1/6 Series 1.* Jamie, Freddie and Romesh set off on another adventure. (AD)

9.00 A Discovery of Witches *3/7 Series 3.* Marcus struggles to reconnect with his children. (AD)

10.00 Saw ★★★★ Horror thriller starring Cary Elwes and Leigh Whannell. Two apparently unconnected men wake up to find themselves mysteriously chained to the wall in a crumbling, subterranean bathroom. **Review page 85.** (W)

12 midnight The Blacklist **1.00am** Road Wars **2.00** Never Mind the Buzzcocks **2.45** Road Wars **3.10** Hawaii Five-0 **4.05** S.W.A.T. (AD) **5.00–6.00am** Highway Patrol

Sky Max Sky 113 (114 Wales) Virgin 111 BT 346/HD 361

Sky Replay

7.00am 6ixth Sense with Colin Fry **8.00** Four Weddings (AD) **10.00** UK Border Force **11.00** Brit Cops: Frontline Crime UK **12 noon** Highway Patrol (AD) **1.00pm** Send in the Dogs **2.00** Most Haunted **4.00** Manifest (AD)

6.00pm DC's Legends of Tomorrow: double bill. The team learns that Vandal Savage is in France in 1944, then heads to 1942 to protect Albert Einstein (AD) **8.00** Highway Patrol: double bill (AD) **9.00** The Force: Manchester: documentary about Greater Manchester Police **10.00** The Russell Howard Hour: topical comedy and entertainment show **11.00** Warrior: Strickland takes menacing steps to secure Nellie's land **12 midnight** The Good Doctor **1.00am** UK Border Force **2.00** A League of Their Own (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00–6.00am** 6ixth Sense with Colin Fry

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Patrol **7.00** Motorway Patrol **8.00** Border Security: Canada's Front Line **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Border Patrol **12 noon** Killer in My Village **1.00pm** Murdered at First Sight (AD) **2.00** The Killer Within **3.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **5.00** Murdered at First Sight (AD) **6.00** Forensics: Catching the Killer (AD) **7.00** World's Most Evil Killers **8.00** Britain's Most Evil Killers **9.00** The Murderer and Me: Home Counties killer Joanna Dennehy **10.30** World's Most Evil Killers **11.30** Killer in My Village **12.30am** Forensics: Catching the Killer (AD) **1.30** Killer Siblings **2.30** Brit Cops: War on Crime **3.30** Road Wars **5.00–6.00am** Motorway Patrol (AD)

Sky Crime Sky 122 (123 Scotland) Virgin 121 BT 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

Gold

Not Going Out *9.40pm* Lucy attempts to cover her tracks

7.10am Desmond's **7.45** Keeping Up Appearances **8.25** 2 Point 4 Children **9.00** Hi-de-Hi! **9.40** Porridge **10.20** Last of the Summer Wine **11.40** Keeping Up Appearances **12.20pm** 2 Point 4 Children **1.00** Dad's Army **1.40** The Thin Blue Line **2.20** Porridge **3.00** Hi-de-Hi! **3.40** Last of the Summer Wine **5.00** Keeping Up Appearances **5.40** Porridge

6.20pm The Thin Blue Line Football fever takes over the station. **7.00** Patricia protests against the proposed Gasforth bypass.

7.40 Dad's Army The platoon camps on a firing range. **8.20** Tired of Frazer's moaning, Mainwaring puts him in charge.

9.00 The Royle Family Jim causes so much friction in the Royle household that Barbara decides to walk out. (AD)

9.40 Not Going Out Lucy runs over a pet rabbit belonging to the daughter of an important client. **10.20** Lee, Lucy and Daisy become stuck in a cable car.

11.00 Live at the Apollo With Hal Cruttenden, Justin Moorhouse and Tom Stade.

12 midnight The Royle Family (AD) **12.40am** Not Going Out **2.00** Live at the Apollo **2.50** Desmond's **3.25–4.00am** The Fosters

Gold Sky 110 (111 Wales) Virgin 124 BT 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am Wellington Paranormal (AD) **9.00** Entourage **10.00** The Conners **11.00** Mr Mayor (AD) **11.30** Looking **12.50pm** House of Lies **1.30** The Fresh Prince of Bel-Air **2.30** Entourage **3.30** The Conners **4.30** Wellington Paranormal (AD) **5.30** The Fresh Prince of Bel-Air

6.30pm Will & Grace: double bill (AD) **7.30** Mr Mayor: Neil is asked to throw the opening pitch at a Dodgers game (AD) **8.00** The Office US: double bill **9.00** Curb Your Enthusiasm: triple bill. Mel Brooks asks Larry to star in his Broadway hit *The Producers* **9.35** Larry offends Ben Stiller **10.10** Larry sets Michael up on a date **10.45** Ricky Gervais: Science: the comedian's stand-up show from the Hammersmith Apollo

12.30am The Office US **1.00** Enlightened **2.10** Will & Grace (AD) **2.40** House of Lies **3.45–5.00am** Looking

Sky Comedy Sky 114 (115 Wales) Virgin 112 BT 347/HD 362

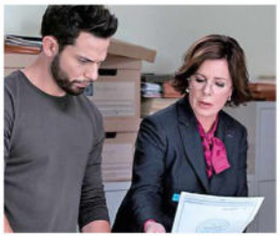
Comedy Central

8.00am Most Ridiculous: United of Stupidity **8.35** Most Ridiculous Tiny Terrors **9.00** The Middle (AD) **11.00** Home Improvement **1.00pm** Bob's Burgers **2.00** Friends (AD) **9.00 FILM** American Pie ★★★★ Comedy starring Jason Biggs and Chris Klein. Four teenage boys pledge to lose their virginity before their high-school prom, but their efforts have hilarious consequences **10.50** Jimmy Carr: Live: the quick-witted comedian takes to the stage at London's Bloomsbury Theatre **11.50** Your Face or Mine: double bill

12.50am South Park: triple bill **2.20** Mike Judge's Beavis and Butt-Head **2.50** Key and Peele **3.20** Michael McIntyre's Big Show **4.10–5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales) Virgin 132 BT 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

Alibi



So Help Me Todd *9.00pm* An athlete requires assistance

7.10am Murdoch Mysteries **9.00** Miss Fisher's Murder Mysteries **10.00** Hudson & Rex (AD) **11.00** Without a Trace **12 noon** Frankie Drake Mysteries (AD) **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries **4.00** Miss Fisher's Murder Mysteries **5.00** Hudson & Rex (AD)

6.00pm Without a Trace *19/24 Series 2.* A woman who was seen flirting with her boyfriend's twin brother disappears.

7.00 Elementary *7/24 Series 1* Holmes is recruited to consult on a double homicide.

8.00 Death in Paradise *3/8 Series 5.* When a promising young model is strangled, Humphrey finds himself mixed up in the highly strung world of fashion. (AD)

9.00 ***New.*** **So Help Me Todd** RT *4/21.* Margaret and Todd work to secure justice for an Olympic athlete who lost his leg in a plane crash. **See page 79.**

10.00 Annika *6/6 Series 2* A brutal murder on Glasgow's canals hits close to home. (AD)

11.05 Person of Interest *11/22 Series 4.* Samaritan launches a cyber-attack on the stock exchange.

12.05am Elementary **1.05** My Life Is Murder **2.15–4.00am** Murdoch Mysteries: two episodes

Alibi Sky 109 (110 Wales) Virgin HD 114 BT 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

Discovery

6.00am Kindig Customs **7.00** Deadliest Catch **8.00** Treehouse Masters **9.00** Alaska: the Last Frontier **10.00** How Do They Do It? **11.00** Wheeler Dealers **12 noon** Salvage Hunters **1.00pm** Deadliest Catch **3.00** Blowing Up History: Seven Wonders **5.00** Bitchin' Rides **6.00** Salvage Hunters **7.00** Wheeler Dealers (AD) **8.00** Outback Truckers: Chaz Butt embarks on a mission to help farmers in drought-ravaged New South Wales **9.00** ***New.*** Gold Rush: Mine Rescue with Freddy and Juan **10.00** ***New.*** Hoffman Family Gold: the Hoffmans race to hit their goal as winter settles in **11.00** Expedition X

12 midnight How the Universe Works **1.00am** Gold Rush: Mine Rescue with Freddy and Juan **2.00** Hoffman Family Gold **3.00** ***New.*** Deadliest Catch (AD) **4.00–5.00am** Wheeler Dealers

Discovery Sky 125 (126 Scotland) Virgin 177 BT 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

Discovery History

6.00am Expedition Unknown **7.00** Unsolved History **8.00** Devonport: inside the Royal Navy **9.00** Combat Dealers (AD) **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** How It's Made: double bill **1.00pm** Combat Dealers (AD) **2.00** Unsolved History **3.00** Blowing Up History **4.00** Mysteries at the Museum **5.00** Devonport: inside the Royal Navy **6.00** Nasa's Unexplained Files **7.00** Expedition Unknown **8.00** Combat Dealers (AD) **9.00** Blowing Up History **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers

12 midnight How It's Made **1.00am** Combat Dealers (AD) **2.00** Salvage Hunters **3.00** Combat Dealers (AD) **4.00–5.00am** Blowing Up History

Discovery History Sky 177 Virgin 181 +1 Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

Sky Documentaries

The Inventor: out for Blood...
10.50pm Elizabeth Holmes

6.00am The 2000s **7.00** Discovering: John Hurt **8.00** The Directors **9.00** One Shot: the Football Factory (AD) **10.00** Spector (AD) **11.00** 100 Foot Wave (AD) **12 noon** Jackie Stewart **1.50pm** The Forever Prisoner (AD) **4.00** The Directors: Preston Sturges **5.00** Discovering: John Hurt

6.00pm One Shot: the Football Factory Following a group of footballers who dream of playing in the Premier League. (AD)

7.00 Spector How Phil Spector gained a sinister reputation as his success brought paranoia. (AD)

8.00 100 Foot Wave When another WSL contest in Nazaré is announced, Tony finally gets an opportunity to compete. (AD)

9.00 Bruno v Tyson The tale of the rivalry between Frank Bruno and Mike Tyson, which spanned two fights marred by politics and volatile race relations. (AD)

10.50 The Inventor: out for Blood in Silicon Valley Documentary investigating the rise and fall of Theranos, the healthcare company founded by Elizabeth Holmes.

1.00am In the Same Breath **3.00** The Last Hospital: 30 Days in Myanmar **4.00** The Directors **5.00–6.00am** Discovering: John Hurt

Sky Documentaries Sky 121 (122 Scotland) **Virgin** 188 **BT** 352/**HD** 367

Nat Geographic

8.00am Food Factory **9.00** Air Crash Investigation (AD) **10.00** Ocean Wreck Investigation **11.00** Secrets of the Pyramids **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Nazi Megastructures **4.00** Ice Road Rescue **5.00** Car SOS (AD) **6.00** Wicked Tuna (AD) **7.00** Air Crash Investigation (AD) **8.00** Hitler's Death Army: Das Reich: documentary about elite German soldiers **10.00** WW2: Hell under the Sea: a US submarine deals with jammed torpedoes as it intercepts Japanese ships **11.00** Air Crash Investigation (AD) **12 midnight** Banged Up Abroad **1.00am** To Catch a Smuggler **2.00** Lords of War **2.30** Bid and Destroy **2.55** Made in a Day (AD) **3.20** Food Factory **4.10** Exotic Animal ER: Double Dose **4.35–5.00am** Secrets of the Zoo: Keeper Tales

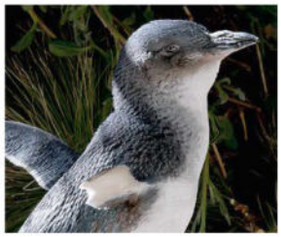
Nat Geographic Sky 129 (130 Scotland) **Virgin** 183 **+1 Sky** 229 (230 Scot) **Virgin** 383

Sky History

6.00am American Pickers **7.00** Forged in Fire **8.00** Storage Wars Canada **9.00** Pawn Stars **10.00** WW2 Treasure Hunters **11.00** Great Escapes with Morgan Freeman **1.00pm** Storage Wars Canada **2.00** Secret Societies: in the Shadows **4.00** Britain's Most Historic Towns **5.00** Pawn Stars **6.00** American Pickers **7.00** Forged in Fire **8.00** ***New.*** What on Earth? **9.00** ***New.*** History's Greatest Mysteries: Laurence Fishburne explores the legend of Bigfoot **10.00** ***New.*** The UnXplained with William Shatner **11.00** Paranormal Survivor **12 midnight** Pawn Stars **1.00am** Storage Wars Canada **2.00** Curse of Skinwalker Ranch **3.00** What on Earth? **4.00** Forged in Fire **5.00–6.00am** Britain's Most Historic Towns

Sky History Sky 123 (124 Scotland) **Virgin** 131 **BT** 353/**HD** 368 **+1 Sky** 223 (224 Scot) **Virgin** 331

Sky Nature



Wild Birds of Australia
9.00pm Young penguins

6.00am Reef Wrecks **7.00** Monkey Life **8.00** Untamed Valley **9.00** Wild Israel **10.00** Undiscovered Vistas **11.00** Islands (AD) **12 noon** as 6pm **1.00pm** Monkey Life **2.00** Untamed Valley **3.00** Wild Israel **4.00** Undiscovered Vistas **5.00** Islands (AD)

6.00pm Africa's Hidden Kingdoms Africa's most amazing landscapes, beginning at the Drakensberg mountain range. (AD)

7.00 Monkey Life The new leader of the woollies struts his stuff. **7.30** A squirrel monkey is pushed out by a new arrival.

8.00 Uptown Otters The Nomads and Townies squat in Marina Bay, while Anna and the Bay family are away upriver.

9.00 Wild Birds of Australia An exploration of Australia's colourful collection of birds, beginning by following two young penguins.

10.00 Africa's Hidden Kingdoms As 6pm.

11.00 Islands K'gari in Queensland, where stingrays hunt soldier crabs in the tidal shallows. (AD)

12 midnight Brazil Untamed **1.00am** Wildlife ER **2.00** Uptown Otters **3.00** Wild Birds of Australia **4.00** Untamed Valley **5.00–6.00am** Wild Israel

Sky Nature Sky 124 (125 Scotland) **Virgin** 189 **BT** 354/**HD** 369

Eden

9.00am Impossible Engineering (AD) **6.00pm** Impossible Engineering: six editions. A look at the Qinghai-Tibet line, the highest railway in the world, providing an insight into the engineering challenges faced at high altitude **7.00** A multi-billion-pound 32km super sewer under the streets of London and an early sewer system at the Palace of Knossos **8.00** A vast new island in the seas off Dubai, which has been created to house the world's biggest observation wheel **9.00** A look at the history of personal flight, culminating in Richard Browning and engineers' development of the Gravity Industries Jet Suit **10.00** Attempts to break the land speed record **11.00** A look on board the *Black Pearl* yacht (AD) **12 midnight** Impossible Engineering (AD) **5.30–6.00am** The Zoo

Eden Sky 166 **Virgin HD** 176 **+1 Sky** 266 **Virgin** 376

Animal Planet

8.00am Tanked **9.00** Pit Bulls and Parolees **10.00** My Cat from Hell (AD) **11.00** Animal Cops Philadelphia (AD) **12 noon** Tanked **1.00pm** How Do Animals Do That? **2.00** Monster Croc Invasion (AD) **3.00** Saba and the Rhino's Secret **4.00** My Cat from Hell (AD) **5.00** Lone Star Law **6.00** Tanked **7.00** Pit Bulls and Parolees: Tia and the crew face a race against time to save a group of dogs **8.00** The Zoo **10.00** Edge of Alaska: Neil breaks through to the Mother Lode mine **11.00** India's Monkey Man Monster: Expedition Mungo: a strange creature sighted in New Delhi **12 midnight** Deadly Dragon of Borneo: Expedition Mungo **1.00am** Edge of Alaska **2.00** My Cat from Hell (AD) **3.00** Lone Star Law **4.00–5.00am** Tanked

Animal Planet Sky 162 (178 NI) **Virgin** 178 **+1 Sky** 262 (278 NI) **Virgin** 378

SPORT

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 420/**HD** 440

6.00am Sky Sports News **7.00** Good Morning Sports Fans **10.00** The Football Show **12 noon** Lunchtime Live **2.00pm** Sports Desk **5.00** Sky Sports News **7.00** Soccer Special: football news **7.30 LIVE Championship Football** Coverage of Sheffield Wednesday v Middlesbrough at Hillsborough (kick-off **8.00**). **10.30** Back Pages Tonight **11.00** Sky Sports News **1.00am LIVE WNBA** The play-offs. **3.00–6.00am** Sky Sports News

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am Classic Play-Offs **8.45** EFL Greatest Games (AD) **9.00** There's Only One Sauzee **9.30** EFL Greatest Games (AD) **10.00** Classic Play-Offs **12 noon** League One and Two Goals **12.30pm** Scottish Premiership Round- Up **12.45** Scottish Premiership Football **1.00** German Football **2.00** Championship Highlights **3.30** League One and Two Goals **4.00** Scottish Premiership Round-Up **4.15** Scottish Premiership Highlights: St Johnstone v Rangers **4.30** German Football **5.30** SPFL: Edinburgh Derby Best Goals (AD) **6.00** Championship Highlights **7.30 LIVE Championship Football** Coverage of Sheffield Wednesday v Middlesbrough at Hillsborough (kick-off **8.00**). **10.30** Scottish Premiership Round-Up **10.45** Scottish Premiership Highlights **11.00** EFL Greatest Games (AD) **1.00am** Classic League Cup (AD) **2.00** Classic Play-Offs (AD) **5.00–6.00am** Championship Season Review (AD)

Sky Golf

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am Solheim Cup Golf **8.00** Portrait of a Captain: Catriona **8.30** Roots **9.00** Golf Academy **10.00** Solheim Cup Golf **10.45** From Scratch: Cara Gainer (AD) **11.00** European Tour Golf **12 noon** PGA Tour Golf **1.00pm** Drive On: LPGA All Access **1.30** Golf Academy **3.00** Solheim Cup Golf **3.45** From Scratch: Cara Gainer (AD) **4.00** My Ryder Cup: Paul McGinley and Jose Maria Olazabal **4.30** European Tour Golf **5.30** Suzann Pettersen: Her Final Putt **6.15** Solheim Cup Golf **6.30** Drive On: LPGA All Access **7.00** Rose Ladies Series: from Brocket Hall **8.00** British Par 3 Championship Golf **10.00** Solheim Cup Golf **12 midnight** European Tour Golf **1.00am** PGA Tour Golf **2.00** Golf Academy **4.00** European Tour Golf **5.00–6.00am** PGA Tour Golf

Eurosport 1

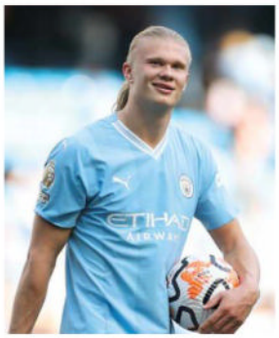
Sky 413 **Virgin** 521 **BT HD** 412

6.00am Sydney Marathon **7.00** French Open Tennis **8.00** Speedway **9.00** Snooker **11.00** Vuelta a España **12 noon** Sydney Marathon **1.00pm** Tennis **2.30** French Open Tennis **4.00** Vuelta a España **5.00** Sydney Marathon **6.00** Sailing **6.30** Motorcycling **7.00** Speedway **8.00** Motor Racing **8.15** Extreme E: the Island X-Prix from Sardinia **9.15** Cycling: the Tour of Flanders **9.30** Motorcycling **10.00** Premiership Speedway: play-off action **12 midnight** Vuelta a España **1.00am** Tennis **2.00** Speedway **4.00** Cycling: Super 8 Classic **5.30–6.00am** Sailing

Eurosport 2

Sky 414 **Virgin** 522 **BT HD** 413

6.00am British Superbikes **7.00** Vuelta a España **8.00** Archery **9.00** Showjumping **10.00** World Superbikes **1.00pm** Motor Racing **3.00** Snooker **5.00** Speedway **6.00** Premiership Speedway: action from the play-offs **7.00** Tennis: Laver Cup **8.00** Vuelta a España **9.00** Sydney Marathon **10.00** SailGP: from Saint-Tropez **11.00** Surfing **12 midnight** Premiership Speedway **1.00am** British Superbikes **2.00** Vuelta a España **3.00** Sydney Marathon **4.00–6.00am** Snooker



Champions League
7.00pm ***TNT Sports 2*** Man City's superstar Erling Haaland

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Premier League Greatest Games (AD) **7.00** Premier League Highlights **10.00** The Football Show **12 noon** Premier League Highlights **12.30pm** Gary Neville's Soccerbox **1.00** Premier League Years (AD) **3.00** Premier League Greatest Games (AD) **4.00** Premier League Highlights **5.30** Netbusters: recent goals **6.00** Premier League Review **7.00** Soccer Special **10.15** Premier League Review **11.15** Netbusters **11.45** Premier League Greatest Games (AD) **12 midnight** Premier League Icons **1.00am** Premier League Years: the 2011/12 season (AD) **3.00** Premier League Greatest Games (AD) **4.00** Premier League Best Goals (AD) **5.30–6.00am** Premier League 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am How the 2007 World Cup Was Won (AD) **9.00** International One-Day Cricket: highlights of England v Sri Lanka, the women's three-match series **12 noon** International One-Day Cricket: the best moments from South Africa v Australia in the five-match series **9.00pm** Secrets of Success (AD) **11.15** Classic World Cup Cricket **1.00am** How the 2011 Cricket World Cup Was Won (AD) **3.00–6.00am** Classic World Cup Cricket

Sky NFL

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am Highlights **7.00** Pro-Football Talk **9.00** Highlights **10.00** Chiefs: 24 Hours to Kick-Off **10.30** Eagles: 24 Hours to Kick-Off **11.00** Bitesize **12 noon** Pro-Football Talk **2.00pm** Highlights **3.00** NFL Review Show **4.00** Highlights **5.00** Good Morning Football **8.00** Highlights **11.00** NFL Fantasy **12 midnight** NFL: Total Access **1.00am** Highlights **2.00** Pro-Football Talk **4.00** Bitesize **5.00** Neil Meets the Chiefs **5.30–6.00am** Chiefs: 24 Hours to Kick-Off

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Boxing **8.00** WNBA **10.00** British Basketball League **12.15pm** Super League **1.00** US Open Tennis **3.30** NBA Champions: 2010 LA Lakers (AD) **5.00** WNBA **7.00** Super League **7.30** EFL Greatest Games **7.40 LIVE Championship Football** Preston North End v Birmingham City at Deepdale (kick-off **7.45**). **9.45** Super League **10.00** Boxing **11.00** Modern Pentathlon **12 midnight** Super League **1.00am LIVE WNBA** The play-offs. **3.00** NBA (AD) **3.30–6.00am** US Open Tennis: day eight highlights

Sky Mix

Sky 416 **Virgin** 510 **BT** 429/**HD** 449

1.00–3.00am LIVE WNBA Coverage of a play-off match.

TNT Sports 1

Sky 410 **Virgin** 527 **BT** 408/**HD** 430

6.00am Premier League Review **7.00** National League Football (AD) **9.00** Champions League Magazine (AD) **9.30** Europa League Football and Conference League Magazine (AD) **10.30** TNT Sports Goals Reload **11.00** Behind the Game (AD) **11.30** National League Football (AD) **12 noon** Premier League Review **1.00pm LIVE Uefa Youth League Football** AC Milan Under-19s v Newcastle United Under-19s **3.00** Europa League Football and Conference League Magazine (AD) **4.00** Champions League Magazine (AD) **4.30** Champions League Football: last season's final (AD) **5.00 LIVE Champions League Football** Coverage of AC Milan v Newcastle Utd, the Group F match at the San Siro (kick-off **5.45**); **7.45** Feyenoord v Celtic, a Group E match at De Kuip (kick-off **8.00**). **10.30** Champions League Football: all the goals from tonight's games **11.30** Back into the Sunshine (AD) **1.00am LIVE Wrestling** The next generation of stars on WWE NXT. **3.15** What Went Down (AD) **4.15** What I Wore: Ellen White **4.30–6.00am** Classic French Football: Ligue 1

TNT Sports 2

Sky 411 **Virgin** 528 **BT** 409/**HD** 431

6.00am Australian Rules Football **10.00** Premiership Rugby Cup **11.30** Badminton **1.30pm** Wrestling (AD) **2.30** Premier League Football: Wolves v Liverpool **4.00** French Football **5.00** National League Football (AD) **5.30** Premier League Review **6.30** Amplified **7.00 LIVE Champions League Football** Manchester City v Red Star Belgrade, the Group G match at the Etihad Stadium (kick-off **8.00**). **10.30** Amplified: how Manchester City won the treble last season **11.00** International One-Day Cricket **11.30 LIVE T20 Cricket** Coverage of the Caribbean Premier League eliminator play-off match. **3.45am** Badminton Weekly (AD) **4.00–6.00am** Badminton

TNT Sports 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am Italian Football **8.00** French Football **3.00pm** Italian Football **5.00** TNT Sports Goals Reload **5.30 LIVE Champions League Football** Young Boys v RB Leipzig, the Group G match at Stadion Wankdorf in Bern (kick-off **5.45**); **7.45** Paris Saint-Germain v Borussia Dortmund, the Group F match at Parc des Princes (kick-off **8.00**). **10.00** Premier League Reload **10.15** French Football: Ligue 1 action **11.15** Badminton Weekly (AD) **11.30 LIVE Major League Baseball** Coverage of a regular-season match in North America. **3.00am** UFC Reloaded (AD) **5.30–6.00am** TNT Sports Goals Reload

TNT Sports 4

Sky 421 **Virgin** 530 **BT** 411/**HD** 434

6.00am T20 Cricket **8.00** Asia Cup Cricket **8.30** MotoE Highlights **9.00** Premier League Legends (AD) **9.30** Cricket Classics (AD) **12 noon** T20 Cricket **2.00pm** Major League Baseball **4.30** Premiership Rugby Cup **6.00** Squash **7.00** TNT Sports Goals Reload **7.15** Premier League Stories: with former Arsenal midfielder Gilberto Silva (AD) **7.45 LIVE Champions League Football** Barcelona v Royal Antwerp, the Group H match at Estadi Olímpic Lluís Companys (kick-off **8.00**). **10.00** Wrestling **12.30am** Poker: World Tour Series highlights (AD) **2.30–6.00am LIVE Major League Baseball** Arizona Diamondbacks v San Francisco Giants at Chase Field (start **2.40**).

Wednesday

DOCUMENTARY

Chris Packham: Is It Time to Break the Law?

9.00pm ***C4***
Catch up via C4 streaming

When Chris Packham embarked on his TV sabbatical earlier this year to make giant sculptures, he told *RT* that he also wanted the space to reconsider his response to the climate emergency.

In this documentary, Packham's rethink is played out on-screen. Specifically, he asks: if we are "sleepwalking into an apocalypse" and the world's leaders have failed to grasp the issue, is peaceful protest – lobbying MPs, petitioning and marching – now pointless?

The *Springwatch* presenter, who has been committed to the idea of peaceful and lawful protest all his life, questions if breaking the law is justified as a means of getting decision makers to "wake up".

He looks at the disruptive stunts carried out by activist groups such as Just Stop Oil and Extinction Rebellion, as well as the jail sentences meted out to two activists who scaled the Dartford Bridge Crossing. Packham speaks to activists and politicians as controversial changes to the way protests are policed become law. It's a timely but personal documentary for Packham; just don't expect easy answers. **SHERNA NOAH**

See feature: page 33

TOUGH QUESTIONS
Chris Packham wonders if legal protest about climate change is really making a difference

CRAFT

The Repair Shop

8.00pm ***BBC1*** *Catch up via iPlayer*

The moment that someone sees how their treasured possession has been repaired is always emotional. But Dominic Chinea is clearly worried at the silent reaction to the unveiling of the old scooter he's restored. "Is it OK?" he nervously asks the owners who, fortunately, were speechless with joy, not disappointment.

Two of the other experts also have massive challenges tonight. Chris Shaw is entrusted with a handwritten copy of the Koran passed down through generations of women that needs dismantling and careful re-sewing, while goldsmith Richard Talman is working on a mangled ring containing the ashes of its owner's mother. **JANE RACKHAM**

SOAP

Coronation Street

8.00pm ***ITV1*** *Catch up via ITVX*

Do you recall how, in the movie *Poltergeist*, all the bad stuff in the house is revealed to be happening because it was built on a cemetery? Well, you could be forgiven for thinking the same issue is at play in Weatherfield, as there's been no end of drama caused by bodies being dug up. Remember John Stape's victims? Oh, and drug dealer Callum? Well, now we have one more corpse to add to this tally, as Leo's remains are excavated on Ronnie and Ed's building site. The grim discovery handily coincides with the return from Paris of Stephen – the very man responsible for doing away with Leo in the first place. **DAVID BROWN**

DOCUMENTARY

Norfolk and Suffolk: Country and Coast

8.00pm ***Channel 5*** *Catch up via My5*

The stars of this week's East Anglian sojourn are some canoeists, a local artist, a lighthouse custodian, a beachcombing palaeontologist, a Cromer surfing instructor who looks like a cross between Matt Smith and Adam Buxton, plus a group of 16th-century life re-enactors. The undoubted highlight from the latter segment is an admirably pedantic man presenting a style guide for how to wear period-specific waistcoats, hoes and codflaps.

With the scenery, cast of mild eccentrics and Bill Nighy's narration, *Norfolk and Suffolk* is textbook green-and-pleasant-land comfort viewing. Ah, Britain. **PAUL WHITELAW**

ALSO ON TODAY

EastEnders
7.30pm ***BBC1***
It's Kat (right) and Phil's wedding – and Keanu has his work cut out to prevent Alfie from spoiling the big day by sharing secrets.

Blitz Spirit with Lucy Worsley
9.00pm ***BBC2***
In a documentary first shown in 2021, Worsley looks at life in London during the German bombings.

The Last Hospital: 30 Days in Myanmar
9.00pm ***Sky Documentaries***
Sky News's Stuart Ramsay uncovers the reality of the civil war.

DRAMA

Domina *9.00pm, 10.05pm*

Sky Atlantic *Catch up via Now*

"Your husband's been seeing a slave," says Piso (Darrell D'Silva), faithful adviser to empress Livia (Kasia Smutniak). "Most husbands do. At least he was discreet." Well, Gaius (Matthew McNulty) wasn't that discreet, was he? His wife knows he's taken up with her son's former mistress, a notoriously unpredictable woman who is not of proper breeding and, worse, German. In a double bill concerned with the brutally hopeless predicament of women in Rome – traumatic births are a theme – Livia's attempt to confront her Teutonic nemesis can only end in an unholy mess. This series might play loose with swearing, anachronisms and hairstyling, but by Jove it can do visceral drama. **JACK SEALE**

DRAMA

Cardiac Arrest

from 10pm ***BBC4*** *Catch up: iPlayer*

The name John MacUre won't be immediately recognisable, but if I told you it's a pseudonym for a screenwriter who went on to create *Line of Duty*, you probably have a better idea as to the mind from which this searing medical drama sprung.

Yes, it's Jed Mercurio, who used his own experiences as a junior house officer at Glasgow's Drumchapel Hospital to create this often-controversial look at life within the NHS. The BBC had been after a sitcom, but what Mercurio gave them was a brutal depiction of dismissive consultants, institutionalised sexism and homophobia. Star Helen Baxendale, would, of course, go on to find greater fame in *Cold Feet* and then later, *Friends*. **DB**

REALITY

Sex-Rated

10.00pm ***E4*** *Catch up: C4 streaming*

NEW SERIES

Rylan Clark has risen from reality TV wannabe to warm and witty presenter as evidenced by his *How to Be a Man* podcast and this raucous, raunchy new series. The toe-curlingly intimate format means that singletons, if they're brave or foolhardy enough, can find out where they're going wrong by asking for frank feedback from previous lovers. Sex educator Ruby Rare is on hand with practical advice.

First into the breach are musician Alexandros, who travels with "a sex kit", and part-time witch Gideon, who claims to work magic in the bedroom. How will their exes rate them? And how will they tackle Rare's "sexercises"? **MICHAEL HOGAN**

ON THE LAMB Racers Mel Blatt and her mother Helene find work in northern Spain

REALITY

Celebrity Race across the World *9.00pm* ***BBC1*** *Catch up via iPlayer*

The first leg of this race was a massive learning experience – and not just for the celebrities. While they're getting the hang of budget travel and spending time with their loved ones, we're getting to know their personalities. Alex likes routine, gets easily stressed and isn't adventurous; siblings Billy and Bonny are wonderfully supportive of each other; Harry's mum Emma has a great can-do attitude; and Mel is surprisingly insecure.

They're now travelling from Pinhao in Portugal to Corsica. Train stops are missed, money is spent and hitchhiking is tried. There are also moments of frustration, exhilaration, hilarity and surrealness. I don't think Harry expected to spend the night sleeping on a ferry floor with his mum, and who would have thought Mel could help deliver a lamb? **JR**

LIVE SPORT

Cricket: Men's ODI
England v Ireland
12 noon ***Sky Main Event/Cricket***
Headingley hosts the first in a three-match series, with all-rounder Craig Overton back in the England fold. *Sport: page 37*

Football: Championship
Norwich v Leicester
7.30pm (k/o 8pm) ***Sky Sports Football,*** *8pm* ***Main Event***
Action from Carrow Road, with both sides having made strong starts to the season.

Rugby Union: World Cup
Italy v Uruguay
3.55pm (k/o 4.45pm) ***ITV4***
Live from Nice.

FILM OF THE DAY

P The Farewell ★★★★ PG
9.00pm ***Film4***
Cultures collide in this Chinese-American comedy drama. Awkwafina (above) stars as New Yorker Billi, who travels to China for a sham family wedding, orchestrated as a means of saying goodbye to grandmother Nai Nai (Zhao Shu-zhen), who is unaware she has a terminal illness. (2019)

FILM REVIEWS page 95

GETTY; ALAMY

WEDNESDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Jon Kay, Sally Nugent. (S) (HD)

9.15 Morning Live Gethin Jones, Helen Skelton. (S) (HD)

10.00 Fraud Squad A former inland revenue employee steals nearly £7 million from the taxman. (S) (AD) (HD)

10.45 Claimed and Shamed A woman injured in an accident sees her claim go awry. (Revised rpt) (S) (HD)

11.15 Homes under the Hammer Auction properties in Norfolk, Leicestershire and Derbyshire. (R) (S) (AD) (HD)

12.15pm Bargain Hunt Eric Knowles and guests look for profitable items in Detling, Kent. (R) (S) (AD) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

1.45 Doctors Scarlett tries to help an old school friend who has been assaulted outside the Mill. (S) (AD) (HD)

2.15 Money for Nothing In Buckinghamshire, Jacqui Joseph salvages a kitchen table, a rocking chair and a parasol. Repeated Friday 6.30am BBC2 (S) (HD)

3.00 Escape to the Country Alistair Appleton helps a couple find a home in Pembrokeshire. (R) (S) (AD) (HD)

3.45 Garden Rescue An unloved and unsafe plot in Greater Manchester is transformed into a place to read, relax, entertain and study. Rptd tomorrow 7.15am BBC2 (S) (HD)

4.30–5.15 The Finish Line Quiz show presented by Roman Kemp and Sarah Greene. (S) (HD)

BBC2

6.30am Money for Nothing Shown Mon 2.15pm BBC1 (S) (HD)

7.15 Garden Rescue Shown yesterday 3.45pm BBC1 (S) (HD)

8.00–9.00 Sign Zone 8.00 Great Coastal Railway Journeys Michael admires the handsome waterfront houses in Bangor, Down. (R) (S) (AD) (HD) **8.30 Marcus Wareing's Tales from a Kitchen Garden** *Series 2.* After his bees disappeared last year, Marcus seeks advice. (R) (S) (HD)

9.00 BBC News (S) (HD)

12.15pm Politics Live The latest stories. (S) (HD)

1.00 Impossible Quiz with Rick Edwards. (R) (S) (HD)

1.45 Eggheads Quiz hosted by Jeremy Vine. (R) (S) (HD)

2.15 Murder, Mystery and My Family Examining the 1926 case of a Leeds landlady who died, it was believed, at the hands of her lodger. (R) (S) (AD) (HD)

3.00 Kelvin's Big Farming Adventure Kelvin Fletcher has plans to buy more livestock for his farm and to start breeding pigs for meat. (R) (S) (AD) (HD)

3.30 Great Canadian Railway Journeys Michael Portillo takes the train to New Brunswick, investigating the world's biggest tide at Hopewell Rocks and admiring its rock formations and caves. (R) (S) (AD) (HD)

4.00–5.00 Serengeti The families wait for the arrival of the annual great migration. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)

9.00 Lorraine Showbiz and style tips. (S) (HD)

10.00 This Morning Lifestyle advice, competitions and star interviews. Including **Regional Weather** (S) (HD)

12.30pm Loose Women Candid conversation. (S) (HD)

1.30 ITV Lunchtime News Regional News; Weather (S) (HD)

2.00 James Martin's Spanish Adventure The chef arrives on the Costa del Sol, where he witnesses a huge paella being made. He also visits the abandoned village of El Acebuchal. Signed repeat 5.05am (S) (AD) (HD)

3.00–4.00 Tenable A family of five calling themselves the Hot Scots take on a series of top-ten list questions. Have they got what it takes to win a huge cash prize? Signed repeat 3am (S) (HD) Followed by **Regional Weather**

Channel 4

6.05am Countdown With Chris McCausland. (R) (S) (HD)

6.45 Cheers Double bill of the comedy. (R) (S) (HD)

7.35 Everybody Loves Raymond (R) (S) (AD) (HD)

8.25 Frasier Three episodes of the sitcom. (R) (S) (AD)

9.55 Château DIY Trish calls for help. (R) (S) (AD) (HD)

10.55 George Clarke's Amazing Spaces A look back at some of the most ingenious builds achieved on a tiny budget. (R) (S) (AD) (HD) **11.55 News** (S) (HD)

12 noon Steph's Packed Lunch Magazine. (S) (HD)

2.10pm Countdown With Chris McCausland. (S) (HD)

3.00–5.00 A Place in the Sun Ben Hillman helps a couple to find a home on the Costa Blanca. (R) (S) (HD)

4.00 Andy and Elina search for a holiday home in Costa Almería. Repeated 7pm 4seven (S) (HD)

BBC1 1

The Repair Shop
8.00pm The Italian job: Lucia Scalisi restores a Sicilian painting brought in by Gaspare

5.15pm Pointless
Quiz presented by Alexander Armstrong. (R) (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S) (HD)

7.00 The One Show
Jermaine Jenas and Alex Jones present.
Editor Joanne Vaughan-Jones (S) (HD)

BBC RED BUTTON 7.00–10.30 5 Live Final Score
The latest scores from tonight's Champions League matches

7.30 EastEnders
The day of Kat and Phil's wedding arrives. Meanwhile, Suki ends up regretting her actions.

Kat Slater	**Jessie Wallace**	Ben Mitchell	**Max Bowden**
Phil Mitchell	**Steve McFadden**	Freddie Slater	**Bobby Brazier**
Alfie Moon	**Shane Richie**	Linda Carter	**Kellie Bright**
Keanu Taylor	**Danny Walters**	Finlay Baker	**Ashley Byam**
Suki Kaur Panesar	**Balvinder Sopal**	Martin Fowler	**James Bye**
Davinder "Nugget" Gulati	**Juhaim Rasul Choudhury**	Sonia Fowler	**Natalie Cassidy**
		Nish Panesar	**Navin Chowdhry**
Ravi Gulati	**Aaron Thiara**	Callum Highway	**Tony Clay**
Chelsea Fox	**Zaraah Abrahams**	Tom "Rocky" Cotton	**Brian Conley**
Howie Danes	**Delroy Atkinson**	Sharon Watts	**Letitia Dean**
Honey Mitchell	**Emma Barton**	Theo Hawthorne	**William Ellis**
Jay Brown	**Jamie Borthwick**	Kim Fox	**Tameka Empson**
Harvey Monroe	**Ross Boatman**	Zack Hudson	**James Farrar**

Writer Bryan Kirkwood More cast tomorrow (S) (AD) (HD)

8.00 The Repair Shop
RT This week, bookbinder Chris Shaw is tasked with restoring a handwritten Koran from approximately 1910 that has been passed down through four generations of women. Metal expert Dominic Chinea sets to work on a rusty two-wheel scooter that was gifted to its owner 61 years ago, while art conservator Lucia Scalisi attends to a topographical painting of Marsala, a treasured memento of a man's childhood in Sicily. Finally, master goldsmith Richard Talman attempts to restore a broken diamond ring without damaging the inner resin. **See page 88.**
Directors James Bainbridge and Ben Borland; Series producers Matt Baker, Helen Page, Kim Boursnell and Rachael Pagett (S) (AD) (HD)

9.00 Celebrity Race across the World
RT *2/6.* The celebrities' 10,000km journey from Africa to the Arctic continues. As the four teams travel from Pinhao in Portugal to the second checkpoint in Bonifacio on Corsica, Mel Blatt and her mother Helene get a head start, Alex and Noel Beresford attempt to execute their game plan, and Billy Monger and his sister Bonny stick to their strategy of working to bolster their budget. Meanwhile, can Harry Judd and his mum Emma combine speed with enjoying the scenery? **See p89.**
Producers Kathryn Burke and Charlotte Jacobs
Series producer Lucy Curtis (S) (AD) (HD)

RT travel supplement: centre pages

10.00 BBC News Regional News; Weather (S) (HD)

10.40 Ambulance
4/6 Series 11. Crewmates Kiera and Cameron try to find support for a regular caller who lives alone and is struggling to cope. Christopher Eccleston narrates. A box set of previous series is available on iPlayer.
Shown last Thursday (S) (HD)

11.40 The Lottery Millionaire and the Spirit of Belfast: Our Lives
Peter Lavery is a former Belfast bus driver who scooped a £10.2 million lottery win in 1996 and has several new business enterprises launching this year. This film follows the progress of his ambitious plans.
Producer Graham Little; Executive producers Trevor Birney and Justin Binding Shown last Friday (S) (AD) (HD)

12.10am Weather for the Week Ahead (S) (HD)
12.15–6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2 2

Blitz Spirit with Lucy Worsley
9.00pm The historian charts the response to the bombing onslaught

5.00pm Flog It!
People are invited to try to make money out of their antiques by taking them to auction. (R) (S) (HD)

6.00 Richard Osman's House of Games
Milton Jones, Ria Lina, Martin Roberts and Briony May Williams test their general knowledge skills.
Director John Smith; Executive producer Tamara Gilder (R) (S) (HD)

6.30 Marcus Wareing's Tales from a Kitchen Garden
Series 2. The chef visits a livestock auction, keen to learn as much as he can about owning and rearing animals. He also prepares some of the kitchen garden beds for winter, visits a charity in Kent to get a lesson in growing and harvesting pumpkins, and makes a tasty lunch of sticky-pork sandwiches with barbecue sauce and celeriac slaw.
Director Ollie Scarth-Saunders; Series producer Bridget Gregory (S) (HD)

7.00 Your Home Made Perfect
Series 1. Laura Jane Clark and Robert Jamison offer family-friendly designs for James and Vicky's 1970s detached home in Kent within a £100,000 budget. After they experience the architects' competing visions in virtual reality, the choice they have made for themselves and their two children is revealed in all its bricks-and-mortar glory. Angela Scanlon presents.
Series producers Sarah Knight and Zoe Page
Executive producers Joff Wilson and Kitty Walshe (R) (S) (AD) (HD)

8.00 Inside the Factory
Series 5. Gregg Wallace heads for Leeds to inspect a factory that turns out 600 mattresses a day. Following the production line, he learns how lengths of steel are fashioned into coiled springs that are placed into pockets, and how natural fibres are used to wick sweat away from our bodies. Meanwhile, Cherry Healey meets a sleep scientist to discover the benefits of an afternoon nap, and historian Ruth Goodman reveals how a famous Scandinavian store was responsible for our enduring love of the duvet.
Director Steve Bonser; Series producer Michael Rees (R) (S) (AD) (HD)

9.00 Blitz Spirit with Lucy Worsley
From September 1940 until May 1941, German bombers attacked British cities, ports and industrial areas in heavy and frequent attacks. Over 44,000 people perished in Tube stations and bomb shelters, in their backyards and in their own beds. Stepping into jobs that had previously been closed to them, women volunteered to be ARP wardens, stretcher bearers and nurses, alongside men who were unable to join up or who worked in key roles such as the fire service. Through archive footage and first-hand accounts, Lucy Worsley explores the daily realities of life as lived during the eight-month Blitz.
Director Emma Frank; Producer Yasmine Permaul
First shown on BBC1 (S) (AD) (HD)

10.30 Newsnight With Victoria Derbyshire. (S) (HD)

11.10 Weather (S) (HD)

11.15 One Day International Cricket
Action from the first match of the three-game men's series between England and Ireland from Headingley.
Editor Andy Fraser; Producer Kelly Faulkner (S) (HD)

12.15am Rise of the Nazis: The Manhunt *1/4 Series 4*
The little-known people who hunted Nazi war criminals are brought to life. In late 1945, preparations begin for a trial at Nuremberg. **See choice, page 78.** Shown yesterday 9pm (S) (HD)

1.15–3.15am Sign Zone 1.15 Ultimate Wedding Planner *6/6.* The final two planners go head to head to pull off a Regency-style wedding from scratch in just three days for bride and groom Ordain and Aaron. (R) (S) (AD) (HD)

2.15 The Hidden World of Hospitality with Tom Kerridge *7/8.* The chef assesses two restaurants whose owners are looking to expand. Shown last Thursday (S) (AD) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1 3

Coronation Street *8.00pm* Ryan finds himself in a predicament as the demand for his content grows

4.00pm Tipping Point
Ben Shephard hosts the quiz in which contestants test their luck on the large arcade machine in the hope of winning a £10,000 jackpot.
Director Richard van't Riet; Series producers Chris Hale and Sara Doyle Repeated 2.10am (S) (HD)

5.00 The Chase
Contestants Arthur, Jane, Aidan and Trish take on one of the ruthless Chasers in a battle of wits in the hope of adding thousands of pounds to the jackpot prize. Presented by Bradley Walsh.
Executive producers Michael Kelpie, Helen Tumbridge and Martin Scott Repeated 1.20am (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Emmerdale
Samson berates Lydia for telling him to stay away from Craig. Gail receives a mysterious phone call.
Writer Sue Mooney Cast Thursday/Friday (S) (AD) (HD)

8.00 Coronation Street
RT Ed and Ronnie's excavation unearths a corpse. Ryan struggles to meet his clients' demand for his online content. Todd approaches George to ask for his old job back. **See page 88.**

Ed Bailey	**Trevor Michael Georges**	Craig Tinker	**Colson Smith**
Ronnie Bailey	**Vinta Morgan**	Dee-Dee Bailey	
Ryan Connor	**Ryan Prescott**		**Channique Sterling-Brown**
Stephen Reid	**Todd Boyce**	Lee	**Callum Burbidge**
Jenny Connor	**Sally Ann Matthews**	Kirk Sutherland	**Andrew Whyment**
Tim Metcalfe	**Joe Duttine**	Daisy Midgeley	**Charlotte Jordan**
Steve McDonald	**Simon Gregson**	Alex Warner	**Liam Bairstow**
Darren Vance	**Ryan Early**	David Platt	**Jack P Shepherd**
Rita Tanner	**Barbara Knox**	Peter Barlow	**Chris Gascoyne**
Beth Sutherland	**Lisa George**	Izzy Armstrong	**Cherylee Houston**
Sally Metcalfe	**Sally Dynevor**	Sarah Barlow	**Tina O'Brien**

Writers Joe Turner and Ella Greenhill This week's episodes produced by Iain MacLeod, directed by Gary Williams
More cast Monday (S) (AD) (HD)

9.00 My Mum, Your Dad
8/10. The grown-up children are tasked with helping their parents during a workshop session. With emotions at an all-time high in the retreat, the parents open up on their journeys so far. Later in the day difficult conversations are had – do the kids think their parents have made the right choices? Continues tomorrow 9pm.
Repeated 11.40pm (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 Peston
Political magazine show presented by Robert Peston, featuring major interviews with MPs, topical guests and cultural figures. Including updates from the world of social media, taking in perspectives from viewers, experts and key players throughout the programme.
Executive producer Andrew Dagnall (S) (HD)

11.40 My Mum, Your Dad
8/10. The grown-up children help their parents during a workshop session. Shown 9pm (S) (AD) (HD)

12.30am EFL Highlights Action from the latest midweek games, including Hull City v Leeds United, Norwich City v Leicester City, Blackburn Rovers v Sunderland, Sheffield Wednesday v Middlesbrough and Southampton v Ipswich Town. Shown 11.30pm ITV4 (S) (HD)
1.20 The Chase Quiz show. Shown 5pm (S) (HD)
2.10 Tipping Point Game show. Shown 4pm (S) (HD)
3.00 Tenable With Warwick Davis. Shown 3pm (S) (SL) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05–6.00am James Martin's Spanish Adventure The chef arrives on the Costa del Sol, where he sees a huge paella being made. Shown 2pm (S) (SL) (AD) (HD)

ITV1 **Freeview** 3/HD 103 **Freesat** 103 **Sky** 103 **Virgin** 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 303

Channel 4 4 / 7 in Wales

Chris Packham: Is It Time to Break the Law? *9.00pm* The ethics of mass civil disobedience

5.00pm A New Life in the Sun
A Lancashire couple risk burnout in Spain, and thrill-seekers prepare for lift-off in Italy. (R) (S) (HD)

6.00 The Simpsons
The Cad and the Hat. Bart's guilt gets the better of him after he betrays Lisa. (R) (S) (AD) (HD)

6.30 Hollyoaks
Hunter's family tries to persuade him not to give up his career. A hurt Ethan turns to Dilly.
Writer Steve Hughes Cast Tue/Fri Shown yesterday 7pm E4 Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 Geordie Hospital
Ep 3 *Series 2.* It's the hottest day of the year, and as the hospital approaches record temperatures, housekeeper Pauline has a secret weapon to try to cope with the heat. Endovascular surgeon Craig prepares to perform life-saving surgery by temporarily "switching off" the brain of a patient, while emergency trauma surgeon Steve creates a metal frame to help save a patient's leg. The whole series is available to stream.
Director Celine Charles; Producer Sian Dennett
Repeated Thursday 8pm 4seven (S) (AD) (HD)

9.00 Chris Packham: Is It Time to Break the Law?
RT The naturalist considers whether it can ever be ethically acceptable to break the law to protest against government policies on climate change, meeting activists who believe mass civil disobedience is necessary to force policy change. Chris also speaks with radical environmentalist Andreas Malm, who believes that more extreme, violent action against property, such as blowing up oil pipelines, is now necessary. **See page 88.**
Director Adrian Sibley; Producer Jack Chapman
Repeated 11.20pm 4seven (S) (AD) (HD)
See feature: page 33

10.00 First Dates
5/7. Single mother and dog groomer Brenna, who's 27, meets canine-loving electrician Ross. Party girl Tori, 24, is matched with 30-year-old beautician Sophie, who's on the lookout for a life partner, but will the six years between them put a dent in their hopes? Pauline, 36, who lives with her pet hedgehog, dates rugby man Eric. Will his "dad jokes" win her over? And 25-year-old actor Alice meets 26-year-old cocktail bartender Jack.
Series producer Ian Osprey
Executive producer Jon Crisp (R) (S) (AD) (HD)

11.05 Top Guns: Inside the RAF
5/6. Station Commander Jim Lee wants to regain his Typhoon wings, and Warrant Officer Dave Barr is preparing to retire after 33 years of service.
Shown Monday 9pm (S) (AD) (HD)

12.10am 24 Hours in A&E A woman is accidentally knocked down and run over by her husband. (R) (S) (HD)
1.05 Ramsay's 24 Hours to Hell and Back Vasi's Restaurant and Bar in Connecticut. (R) (S) (SL) (AD) (HD)
1.50 Couples Come Dine with Me Three couples in Belfast compete for the cash prize of £1,000. (R) (S) (HD)
2.40 Jimmy Doherty's New Zealand Escape ***1/4*** The farmer samples some of the world's finest foods. **See choice, page 68.** Shown Monday 8pm (S) (HD)
3.35 Selling Super Houses ***4/6.*** The teams see how staging should be done. Shown yesterday 10pm (S) (AD) (HD)
4.30 Location, Location, Location Looking for homes in Derby and south-east London. (R) (S) (HD)
5.25 Beat the Chef With James Tanner. (R) (S) (HD)
5.50–6.05am Kirstie's Fill Your House for Free Kirstie Allsopp helps a duo furnish their home. (R) (S) (HD)

Channel 4 **Freeview** 4/HD 104 **Freesat** 104 **Sky** 104 **Virgin** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 304

BBC4 9 / 24 in Scotland

Universe *8.00pm* Professor Brian Cox looks into the possibility of alien worlds

7.00pm Great Coastal Railway Journeys
Series 1. **Carmarthen to Pembroke** At Middleton Hall in Carmarthenshire, Michael Portillo is on the trail of the quarter of a million honeybees that live in the garden. Continues tomorrow 7pm.
Repeated 2am (R) (S) (AD) (HD)

7.30 Climbing Great Buildings
St Pancras. The techniques used to construct the train terminal and the Midland Hotel. More tomorrow 7.30pm.
Repeated 2.30am (R) (S) (AD) (HD)

8.00 Universe
2/5. **Alien Worlds: the Search for Second Earth.** With more than 2,800 exoplanets confirmed by the Kepler space telescope, Brian Cox asks whether we are alone in the universe.
Director Suzy Boyles; Executive producers Gideon Bradshaw, Andrew Cohen Rptd 3am (R) (S) (AD) (HD)

9.00 Volcanos of the Solar System: Horizon
Cameras follow volcanologists who have learnt more about our own planet by studying volcanos elsewhere in the solar system. They have not simply been a destructive force – they have been essential to the formation of atmospheres and even of life itself.
Producer Andrew Thompson
Series editor Steve Crabtree (R) (S) (HD)

10.00 Cardiac Arrest
RT ***1/6*** *Series 1.* **Welcome to the House of Pain.** Medical drama starring Andrew Lancel, Helen Baxendale and Pooky Quesnel, first broadcast in 1994. A traumatic start at the hospital leaves newly qualified Dr Collin in no doubt about his naivety in real-life situations.
10.30 ***2/6.*** **Doctors and Nurses.** Junior doctor Andrew is given a valuable lesson in medical politics.
11.00 ***3/6.*** **The Killing Season** Andrew fails to prevent a patient's death.
11.30 ***4/6.*** **You Can't Make an Omelette without Breaking Legs** A new locum's slovenly habits cause unease among the staff.
12 midnight ***5/6.*** **Turning Out the Light** Rajesh falls for a patient's daughter.
12.30am ***6/6.*** **The Edge.** Andrew faces a moral dilemma. **See page 89.**

Dr Andrew Collin	**Andrew Lancel**
Dr Claire Maitland	**Helen Baxendale**
Dr Monica Broome	**Pooky Quesnel**
Dr Rajesh Rajah	**Ahsen Bhatti**
Mr Ernest Docherty	**Tom Watson**
Sister Pamela Lockley	**Melanie Hill**
Simon Betancourt	**Danny Webb**
Nurse Caroline Richards	**Jayne MacKenzie**
Dr James Mortimer	**Jo Dow**
Dr Graham Turner	**Michael MacKenzie**

Writer Jed Mercurio; Producers Margaret Matheson and Paddy Higson; Director David Hayman
First shown on BBC1 (S) (HD)

1.00 Royal Institution Christmas Lectures with Dame Sue Black Exploring how forensic investigations are conducted to solve serious crimes. (R) (S) (HD)
2.00 Great Coastal Railway Journeys Shown 7pm (S) (AD) (HD) **2.30 Climbing Great Buildings** Shown 7.30pm (S) (AD) (HD)
3.00–4.00am Universe Shown 8pm (S) (HD)

BBC4 **F'view** 9/HD 106 **F'sat** 108 **Sky** 116 **Virgin** 108

BBC1 SCOTLAND
2.15pm Politics Scotland **3.00–3.45** Money for Nothing **11.40** Debate Night **12.40am** The Edit **12.55** Weather for the Week Ahead **1.00–6.00** BBC News

BBC SCOTLAND
7.00pm Icons of Football: Charlie Nicholas **7.30** Born to Be Wild: the first brood of housemartins is set free **8.00** Scotland's Home of the Year: the winner is announced **9.00** The Nine **10.00** Junior Doctors: Life on the Wards: the surgical team works to save 11-year-old Tyler's arm **10.30** Debate Night **11.30–12 midnight** The Disasters That Shocked Scotland: the 2014 Glasgow bin lorry crash and the 1971 Clarkston gas explosion

STV
10.00pm News at Ten; STV News and Weather **10.40** Scotland Tonight; ITV Weather **11.05** Peston **12 midnight** My Mum, Your Dad **12.50am** EFL Highlights **1.45–2.10** Sean's Scotland **3.50–5.05** Night Vision

ITV1 BORDER SCOTLAND
10.45pm Representing Border **11.15** Peston **12.05–12.30am** The Way We Were: methods of travel in years gone by

BBC2 NORTHERN IRELAND
11.15pm Spotlight: Mandy McAuley investigates a new wave of drugs hitting the streets **11.45** Henpocalypse!: the women get an ultimatum from their enemy. Last in the series **12.15–1.15am** One Day International Cricket: England v Ireland highlights

Channel 5 listings are overleaf

WEDNESDAY Freeview

Channel 5 [5]

Norfolk and Suffolk: Country and Coast *8.00pm* Surf's up for Duncan

5.45am Milkshake! See page 94
9.15 Jeremy Vine (S) (HD)
11.15 Storm Huntley (S) (HD)
12.40pm Alexis Conran (S) (HD)
1.40 5 News (S) (HD)
1.45 Home and Away Marilyn is concerned that she can't get in touch with Alf. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)
2.15 The Mother-in-Law ★★ Thriller with Dey Young and Allison McAtee. A young woman realises she is being stalked, and the culprit may be closer than she thinks. Director David DeCoteau (2021) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun In Torremolinos, Wayne Ward is busy preparing for his birthday party. (S) (HD)
5.00pm 5 News (S) (HD)
6.00 Susan Calman's Grand Day Out *5/5 Series 3.* Susan heads to the New Forest, and discovers there's more to this part of Britain than meets the eye. (R) (S) (HD)
6.55 5 News Update (S) (HD)
7.00 Alexander Armstrong in Sri Lanka *1/3.* Alexander heads for the paradise isle of the Indian Ocean, discovering its golden sands, rich culture and troubled history, starting in the fortress town of Galle. Director Georgina Hill (R) (S) (HD)
7.55 5 News Update (S) (HD)
8.00 Norfolk and Suffolk: Country and Coast RT *3/6.* On the Norfolk coast, cameras follow surfing instructor Duncan Borretton on Cromer Beach, leading a group of beginners into the wild North Sea. On West Runton Beach, paleontologist Dr David Waterhouse unearths fossils dating back millions of years. **See p88.** Directors Joseph Cunningham, Richard Hughes (S) (HD) Followed by **5 News Update** (S) (HD)
9.00 Casualty 24/7: Every Second Counts Fifty-two-year-old warehouse worker Wojcieches is rushed in after suffering an epileptic seizure at work, with staff nurse Amy taking charge of his care. Directors John Nichols and Anna Evans (S) (HD)
10.00 999: Critical Condition The medics act fast to remove a blood clot from a man who has suffered his second heart attack in two weeks. Directors Tom Turner and Leo Fawkes (R) (S) (HD)
11.05 Love Actually ★★★ Ensemble romantic comedy featuring Hugh Grant, Emma Thompson, Alan Rickman, Keira Knightley and Bill Nighy. In London, during the weeks leading up to Christmas, people from various walks of life suffer the emotional highs and lows of being in love. **See review p55.** Director Richard Curtis (2003, 15) (S) (W) (HD) For cast see Saturday
1.40am Casino Show (S) (HD) **3.40** My Dog Hates Me, and Other Naughty Pets (R) (S) (HD) **4.30** Great Scientists (R) (S) (SL) **4.55** House Doctor: a cottage in Worcester (R) (S) (SL) **5.20–5.25am** Entertainment News (S) (HD)

C5 **Freeview** 5/**HD** 105 **Freesat** 105 **Sky** 105 **Virgin** 105
+1 **Freeview** 38 **Freesat** 128 **Sky** 205 **Virgin** 305

BBC4 listings are overleaf

BBC3 [23]

Captain Phillips *9.00pm* Richard (Tom Hanks) encounters Somali pirates

7.00pm Frozen Planet *5/7 Series 1.* **Winter.** A polar bear seeks out a spot to give birth and emperor penguins protect their precious eggs from the fierce storms. More tomorrow 7pm. The whole series is on iPlayer. (S) (AD) (HD)
8.00 Gavin & Stacey *1/6 Series 1.* After flirting for months on the phone, Stacey travels from Wales to London to meet Gavin in person. (S) (AD) (HD) **8.30** *2/6.* The couple have their first lovers' tiff. More tomorrow 8pm. (S) (AD) (HD) Followed by ***New.*** **The Catch Up** (S) (HD)
9.00 Captain Phillips ★★★★★ Drama based on a true story, starring Tom Hanks. A tense stand-off ensues between Captain Richard Phillips and Muse, the leader of Somali pirates who hijack his container ship. But both men are also subjected to outside political forces. English, Somali +subtitles. Available on iPlayer for 24 days. Director Paul Greengrass (2013, 12) (S) (W) (HD) Shown last Thursday BBC1
11.05 Ballers: Ball or Nothing *1/8.* Following Scotland's only professional basketball team Glasgow Rocks as they try to break a 20-year trophy drought. (S) (HD) **11.35** *2/8.* The new owners announce that the team has a new name. The whole series is on iPlayer. **See choice, page 78.** Both episodes shown yesterday 9pm/9.30pm (S) (HD)
12.05am ***New.*** The Bold Type (S) (HD) **12.45** Juice (S) (HD) **1.40** Ellie and Natasia (S) (HD) **1.55** Boot Dreams: Now or Never (S) (SL) (AD) (HD) **2.55–3.55am** Gavin & Stacey (S) (SL) (AD) (HD)

BBC3 **F'view** 23/**HD** 107 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 115 (117 Wales; 121 Scotland) **Virgin** 107 (157 Scotland/Wales)

ITV2 [6]

5.00am CITV (S) (HD) **9.00** One Tree Hill (S) (HD) **10.00** Dawson's Creek: Jen and Dawson grow closer (S) (HD) **11.00** Love Bites (S) (SL) (AD) (HD)
12 noon Dinner Date (S) (AD) (HD) **1.00pm** Family Fortunes (S) (HD) **2.00** Chuck (S) (HD) **3.05** One Tree Hill (S) (HD) **4.00** Dawson's Creek (S) (HD) **5.00** Dinner Date (S) (AD) (HD)
6.00pm Celebrity Catchphrase Tony Audenshaw, Tamzin Outhwaite and Phil Tufnell all try to guess well-known phrases. Stephen Mulhern presents. (S) (AD) (HD)
7.00 Family Fortunes Gino D'Acampo hosts the game show, as the Wilsons from Worcester take on the Popat family from Harrow. (S) (HD)
8.00 Superstore *7/21 Series 5.* Amy loses face in front of the district manager, so Jonah and Glenn help her hatch a plan to look like a tough boss. (S) (AD) (HD) **8.30** *8/21.* Amy and Jonah help Mateo's toy drive in an attempt to make him look good ahead of his immigration hearing. (S) (AD) (HD)
9.00 Gordon, Gino and Fred: American Road Trip The trio's eventful trip comes to an end in Texas, the home of the barbecue. The boys start out in Lexington, where they meet 84-year-old Miss Tootsie, who shows them how she creates the mouth-watering wood-smoked meats at her restaurant. (S) (AD) (HD)
10.00 Olivia Attwood vs the Trolls Following Olivia as she goes on a journey into the world of online trolling. Shown Sunday 10pm (S) (HD)
11.00 Family Guy *Series 16.* Brian enters a competition with an alluring prize. (S) (AD) (HD) **11.30** Natalia's double life is revealed. (S) (AD) (HD)
12 midnight American Dad! (S) (AD) (HD) **1.00am** Superstore (S) (AD) (HD) **2.00** Don't Hate the Playaz (S) (HD) **2.40–3.00am** Unwind (S) (HD)

ITV2 **Freeview** 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 **Freeview** 29 **Freesat** 114 **Sky** 218 **Virgin** 315

ITV3 [10]

Lewis *8.00pm* Detectives Hathaway and Lewis struggle to identify a rapist

6.00am Classic Emmerdale (S) **7.05** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) **9.15** Where the Heart Is: *4/16 Series 5 Choices.* Jess falls for a new man Repeated 12.10am; **10.25** *5/16. The Ties That Bind.* A glamorous woman stirs up trouble Repeated 1.15am (S) (AD) **11.35** Heartbeat: *16/24* Suspicion falls on Gina's new cellarman when a valuable pendant is stolen from a guest at the Aidensfield Arms; **12.40pm** *17/24.* Lord Ashfordly's new estate manager raises hackles by using tough methods (S) (AD)
1.40pm Classic Emmerdale: double bill. The truth of the shooting leaves Jack reeling, then Terry makes plans to be more involved in TJ's life (S) **3.20** Classic Coronation Street: Kevin is disgusted when Martin reveals his relationship with Katy (S) (AD) **3.55** Endeavour: *1/6 Series 5. Muse.* A famous international thief tries to steal a Fabergé egg – which leads to two murders (S) (AD) (HD)
5.55pm Heartbeat *18/24 Series 16.* Aidensfield holds its breath as Bellamy and Gina prepare to marry, but will everything go to plan? (S) (AD) **6.55** *19/24.* The discovery of a body leads Walker and Rachel to a cult. (S) (AD)
8.00 Lewis *4/4 Series 2.* **The Great and the Good.** A rape case appears to be solved when the suspect is murdered, possibly in revenge. But nothing is what it seems, and Lewis and Hathaway find the upper echelons of Oxford society closing ranks. (S) (AD) (HD)
10.00 Professor T *3/6 Series 1.* **Tiger Tiger.** Jasper becomes embroiled in a hostage situation, but his unconventional negotiating tactics do not go down well with the police. Continues tomorrow 10pm. (S) (AD) (HD)
11.05 Agatha Christie's Poirot **The Double Clue.** When Japp asks for Poirot's help to investigate a series of jewel thefts, the detective falls in love with the main suspect. (S) (AD) (HD)
12.10am Where the Heart Is Shown 9.15am/10.25am (S) (AD) **2.20–2.30am** Unwind (S) (HD)

ITV3 **Freeview** 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 **F'view** 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 317

ITV4 [26]

6.00am Minder (S) (SL) (AD) **7.05** The Professionals (S) (SL) (AD) **8.05** The Saint (S) **9.10** The Return of Sherlock Holmes (S) (AD) (HD) **10.20** Magnum, PI: Thomas protects a writer (S) (HD) **11.25** The Motorbike Show (S) (HD)
12.25pm The Saint (S) **1.30** The Return of Sherlock Holmes (S) (AD) (HD) **2.40** Magnum, PI (S) (HD) **3.45** Dramatic Finishes (HD) **4.00 LIVE** Rugby World Cup: Italy v Uruguay, the Pool A encounter at Stade de Nice (kick-off **4.45**). Hugh Woozencroft presents (S) (HD)
7.05pm The Derby through the Years Memorable stagings of the race. (S) (HD)
7.25 River Monsters In Texas, Jeremy Wade investigates the alligator gar fish. (S) (HD)
7.55 The Chase Celebrity Special With Danny John-Jules, Yinka Bokinni, Tom Bosworth and Eamonn Holmes. (S) (HD)
9.00 ***New.*** **All Elite Wrestling: Collision** Hard-hitting action. Rptd Friday 1.25am ITV1 (S) (HD)
11.05 Made in Britain Making Wagon Wheels biscuits and Dr Martens. (S) (AD) (HD)
11.30 ***New.*** **EFL Highlights** Including action from Hull City v Leeds United. (S) (HD)
12.30am The Professionals (S) (AD) **1.35** Minder (S) (SL) (AD) **2.40–3.00am** Unwind (S) (HD)

ITV4 **Freeview** 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 **Freesat** 118 **Sky** 220 **Virgin** 318

Drama [20]

Jonathan Creek *8.00pm* Who would want to shoot a veteran actress?

7.10am All Creatures Great and Small Repeated 4.15pm (S) **8.00** Doctors: double bill. Caroline fights to prove a mother's innocence, then Caroline confronts her past (S) **9.20** Classic Holby City: Ric receives a complaint of sexual harassment Repeated 3.05am (S) (HD) **10.40** Casualty: a clinical error involving Sandra has far-reaching consequences **11.50** The Bill: grieving father Des targets Cameron
12.50pm Classic EastEnders: double bill. Billy finally reaches breaking point, then Little Mo's forced to choose between Billy and her baby **2.05** Pie in the Sky: *7/10 Series 2.* A policewoman is murdered (S) **3.05** Bergerac: *1/10 Series 1.* The detective finds his job at stake **4.15** All Creatures Great and Small: *8/13 Series 1. Advice and Consent.* James stumbles on the cause of an epidemic Shown 7.10am **5.25** The Upper Hand: *6/13 Series 2.* Joanna babysits Tom
6.00pm 'Allo 'Allo! *4/6 Series 4.* **The Flying Nun.** René uses strange means to contact England. (S)
6.40 Last of the Summer Wine *Series 11.* **Oh Shut Up and Eat Your Choc Ice.** Seymour and Clegg are spotted climbing into a bale of hay. (S)
7.20 Who's That Bloke with Nora Batty Then? Nora sets tongues wagging by not wearing her stockings. (S)
8.00 Jonathan Creek **Satan's Chimney.** A veteran actress is shot through the heart, but the bullet appears to have passed through a plate-glass window without breaking it. (S) (AD)
10.30 New Tricks *9/10 Series 8.* **Half Life.** An unidentified murder victim is named on a website. (S) (AD)
11.30 Silent Witness *3/5 Series 22.* **To Brighton, to Brighton** Body parts covered in intricate tattoos are found on a Brighton waste dump. (S) (HD)
1.45am Banished: *2/7 Series 1.* James decides to take drastic action to deal with Marston (S) (AD) (HD) **3.05–4.00am** Classic Holby City Shown 9.20am (SL)

Drama **Freeview** 20 **Freesat** 158 **Sky** 143 **Virgin** 116
+1 **Freeview** 60 **Sky** 243 **Virgin** 316

ITVBe [28]

7.00am Billie and Greg: the Family Diaries (S) (AD) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe: children's programmes (HD)
12 noon Be Beautiful (S) (AD) (HD) **12.15pm** The Real Housewives of Beverly Hills (S) (HD) **1.10** Billie and Greg: the Family Diaries (S) (AD) (HD) **2.10** The Only Way Is Essex (S) (HD) **3.10** Million Dollar Listing: LA (S) (HD) **4.05** The Real Housewives of Atlanta (S) (HD) **5.00** ***New.*** The Real Housewives of Potomac (S) (HD)
6.00pm Making It Home with Kortney and Kenny Transforming a rustic cottage in rural Tennessee for a couple. (S) (HD)
7.00 Buying and Selling A couple seek a home with a dream kitchen. (S) (HD)
8.00 ***New.*** **Jane the Virgin** Jane is traumatised after Rose's escape and sees a therapist to work out her issues. (S) (HD)
9.00 The Only Way Is Essex Amber and Dan have an emotive meeting at the White Party and lay everything on the table. (S) (HD)
10.00 Botched Former model Dee Stein has her saline implants removed. (S) (AD) (HD)
11.00 An Army Black Hawk crew chief dealing with botched breast surgery. (S) (HD)
12 midnight–1.00am The Only Way Is Essex (S) (HD)

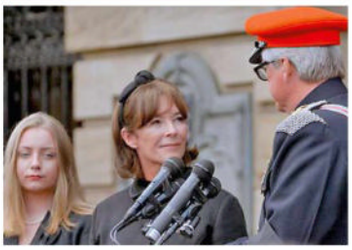
ITVBe **Freeview** 28 **Freesat** 119 **Sky** 131 (132 Scotland) **Virgin** 119 **+1** **Virgin** 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Interested in **equity release?** Find out more with **Paul Lewis's FREE guide**

See **p151** for details

More4 18



The Duchess and Her Magical Kingdom *9.00pm* Jane Percy

8.55am Food Unwrapped **9.15** A Place in the Sun: in Málaga **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: double bill **1.10pm** Heir Hunters **2.10** Four in a Bed **4.50** Kirstie and Phil's Love It or List It (AD) **5.50** The Secret Life of the Zoo (AD)

6.55pm The Dog House Patch the border collie displays an impressive array of tricks to try to convince horse groomer Megan that he's a smart choice for her. (AD)
7.55 Grand Designs A Royal Marine who was seriously injured in Afghanistan builds a specially adapted home with a cutting-edge design, on a budget of £250,000. (AD)
9.00 *New.* The Duchess and Her Magical Kingdom *5/6.* The Duchess carries out an age-old ceremony to proclaim the new King after the death of Queen Elizabeth II. Meanwhile, construction begins on the world's largest play structure in Lilidorei. (AD)
10.00 £4 Million Restoration: Historic House Rescue The project to bring Llwyn Celyn back from the brink, as Anna Keay and the Landmark Trust try to restore the Welsh medieval house to its former glories. (AD)
11.05 24 Hours in A&E A 19-year-old woman is brought in with possible spinal injuries, while a 59-year-old woman is treated following a suspected stroke. (AD)
12.05am Emergency Helicopter Medics: Coast and River Emergencies: a 15-year-old falls from a cliff (AD) **1.10** 999: on the Front Line **2.15** 24 Hours in A&E (AD) **3.20–3.50am** A Place in the Sun

More4 **F'view** 18 **F'sat** 124 **Sky** 136 (137 Scotland) **Virgin** 147 **+1** **Freesat** 125 **Sky** 236 (237 Scot) **Virgin** 347

E4 13

6.00am Hollyoaks Shown Mon/Tue 6.30pm C4 (AD) **7.00** Ramsay's Kitchen Nightmares USA (SL) **9.00** Brooklyn Nine-Nine (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family

12 noon The Big Bang Theory (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family: two episodes **4.00** Married at First Sight **5.05** The Big Bang Theory: two episodes (AD)

6.00pm The Big Bang Theory *13/17* *Series 1.* Leonard, Raj and Howard kick Sheldon off their physics quiz team. (AD)
6.30 *14/17.* Leonard changes his ways. (AD)
7.00 *New.* Hollyoaks John Paul starts to have flashbacks. Cast pp81/111 Rptd Thu 6.30pm C4 (AD)
7.30 Young Sheldon *11/22* *Series 2.* Missy becomes Sheldon's test subject. (AD)
8.00 *New.* First Dates Ireland Martina from Limerick returns to the restaurant.
9.00 *New.* Married at First Sight UK The first set of newly-weds jet off on honeymoon.
10.00 RT CHOICE *New series.* Sex-Rated Rylan Clark presents a dating show which sees people reunited with their exes for the biggest relationship debrief of their lives. **See p89.** (AD)
11.05 Gogglebox Opinions on *Million Pound Cube* and *Strictly Come Dancing*. (AD)
12.10am Naked Attraction (AD) **1.15** Married at First Sight **2.15** Sex-Rated (AD) **3.10** Brooklyn Nine-Nine (AD) **4.00** The Goldbergs (AD) **4.55–6.00am** Black-ish: double bill (AD)

E4 **Freeview** 13 **Freesat** 122 **Sky** 135 (136 Scot) **Virgin** 106 **+1** **Freeview** 30 **Freesat** 123 **Sky** 235 (236 Scot) **Virgin** 306 **E4 Extra** **F'view** 31 **F'sat** 181 **Sky** 138 (139 Scot) **Virgin** 287

Really 17

6.00am Fantasy Homes by the Sea (AD) **7.00** Shopping **8.00** Salvage Hunters **10.00** Yorkshire Auction House **11.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** A Place in the Sun **2.00** My 600lb Life **4.00** Animal Cops Houston (AD) **5.00** Ambulance **6.00** Yorkshire Auction House **7.00** Antiques Road Trip **9.00** Bad Skin Clinic **10.00 *New.*** Say Yes to the Dress **11.00** Ghost Adventures (AD) **12 midnight** The Osbournes Want to Believe **1.00am** Ghost Adventures (AD) **2.00** Shopping **4.00** Animal Cops Houston (AD) **5.00–6.00am** Money for Nothing

Really **Freeview** 17 **Freesat** 160 **Sky** 142 **Virgin** 128

Sky Arts 11

Discovering: Kate Winslet *9.00pm* The *Sense and Sensibility* actress

6.00am Classic FM Live: a Film Music Spectacular **8.00** The Joy of Painting **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Dustin Hoffman: a profile of the actor

12 noon The Joy of Painting **1.00pm** Tales of the Unexpected (AD) **2.00** Raphael: Revealed **3.00** Classic Movies: the Story of Brighton Rock **4.00** Discovering: Julia Roberts **5.00** Tales of the Unexpected (AD)

6.00pm Alfred Hitchcock Presents Concern mounts over a bank teller's finances.
6.30 During a car journey, a woman with psychic powers hears a tragic love story.
7.00 The Joy of Painting Bob Ross paints a scene of a lakeside path and a blue sky.
7.30 Bob creates a mountain scene.
8.00 The Directors The life and career of David Lean, who won Oscars for *The Bridge on the River Kwai* and *Lawrence of Arabia*.
9.00 *New.* Discovering: Kate Winslet A profile of the English actress, known best for *Titanic*, who has been Oscar-nominated seven times, winning for *The Reader.*
10.00 Dean Martin: King of Cool Documentary chronicling the achievements of the singer and actor, who epitomised postwar American showbusiness.
12.10am Mildred Pierce: drama starring Kate Winslet (AD) **1.30** Voices of Ireland **2.45** Hey, Boo: Harper Lee and To Kill a Mockingbird **4.20** Don't Shoot the Messenger **5.05–6.00am** Inside Art: Bristol Street Art at M Shed (AD)

Sky Arts **Freeview** 11 **Freesat** 147 **Sky** 130 (131 Scotland) **Virgin** 140/**HD** 123 **BT** 350/**HD** 365

4seven 49

9.00am Come Dine with Me: five meals in Lincolnshire **11.30** A Place in the Sun

1.30pm George Clarke's Amazing Spaces (AD) **2.30** Château DIY (AD) **3.30** Come Dine with Me: from Lichfield in Staffordshire

6.00pm A Place in the Sun. A couple look for a holiday home on the Costa Blanca.
7.00 Andy and Elina search for a holiday home in Costa Almería. Shown 4pm Channel 4
8.00 Jamie Cooks the Mediterranean *2/4* In Tunisia, Jamie Oliver meets traditional couscous makers, eats delicious street food and gets invited to cook with chefs on a beach. **See choice, p58.** Shown Sun 8pm C4 (AD)
9.00 FILM Olympus Has Fallen ★★★ Action thriller starring Gerard Butler, Morgan Freeman and Aaron Eckhart. A disgraced former bodyguard to the President of the United States gets a chance at redemption. English, Korean +subtitles. **Review page 55.** Shown Saturday 10.35pm Channel 4 (AD)
11.20 RT CHOICE Chris Packham: Is It Time to Break the Law? Exploring the ethics behind breaking the law to protest climate change. **See p88.** Shown 9pm C4 (AD)
12.25am Gogglebox (AD) **2.30** Devon and Cornwall: Farming Lives (AD) **3.35** A Lake District Farm Shop (AD) **4.30–5.00am** Four in a Bed

4seven **F'view** 49 **F'sat** 127 **Sky** 137 (138 Scot) **Virgin** 143

Quest 12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers (AD) **10.00** Chasing Classic Cars **11.00** Fantomworks (AD) **12 noon** Love Your Garden **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers: Mike nabs a Porsche 997 at a bargain price of just £15,000 **7.00** Outback Opal Hunters **8.00** Salvage Hunters **10.00** The Repair Shop **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Ambulance (AD) **2.00** Fantomworks (AD) **3.00** Wheeler Dealers (AD) **4.00–5.00am** How It's Made

Quest **Freeview** 12 **Freesat** 172/**HD** 167 **Sky** 144 **Virgin** 137 **+1** **Freeview** 70 **Freesat** 168 **Sky** 244 **Virgin** 337

Yesterday 27

Mediterranean with Simon Reeve *9.00pm* The journey begins in Malta

6.10am Sounds of the Seventies **7.15** Warbird Workshop **8.00** Abandoned Engineering (AD) **10.00** Secret Nazi Bases **11.00** Narrow Escapes of World War II (AD)

12 noon Great Continental Railway Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash **4.00** Narrow Escapes of World War II (AD) **5.00 *New.*** Secret Nazi Bases

6.00pm Great British Railway Journeys A visit to Big Pit coal mine in Blaenavon.
6.30 Michael Portillo visits Oxford University's Bodleian library.
7.00 Antiques Roadshow Fiona Bruce presents the show from Castle Howard.
8.00 Great Continental Railway Journeys Michael Portillo travels from the châteaux of the Loire Valley to the heart of the Champagne region at Reims.
9.00 Mediterranean with Simon Reeve Simon begins a journey around the region visiting Malta, southern Italy and Albania.
10.00 Bangers and Cash Featuring a Mini Cooper and Chevrolet pick-up truck.
11.00 Abandoned Engineering Exploring a ruined castle above a German village. (AD)
12 midnight Great British Railway Journeys **1.00–3.00am** Abandoned Engineering (AD)

Yesterday **Freeview** 27 **Freesat** 159 **Sky** 155 **Virgin** 129 **+1** **Sky** 255 **Virgin** 329

Dave 19

7.10am Yianni: Supercar Customiser (AD) **8.00** Top Gear (AD) **9.00** DIY SOS: the Big Build **10.00** Railroad Australia **11.00** Rick Stein's Far Eastern Odyssey (AD)

12 noon Celebrity Storage Hunters **1.00pm** Sin City Motors **2.00** Top Gear (AD) **4.00** Australian Ninja Warrior **5.30** Gino's Italian Escape

6.00pm Rick Stein's Long Weekends The chef visits Copenhagen. (AD)
7.00 Richard Osman's House of Games Kemah Bob, JJ Chalmers, Kevin Clifton and Victoria Derbyshire test their skills.
7.40 With Beattie Edmondson, Amol Rajan, Gaby Roslin and Hugh Dennis.
8.20 Would I Lie to You? With Bob Mortimer, Patsy Kensit, Greg Davies and Richard Osman.
9.00 QI XL Ross Noble, Kathy Lette and Sue Perkins join Alan Davies and Stephen Fry.
10.00 Live at the Apollo: Christmas Special Jason Manford welcomes Maisie Adam and Nabil Abdulrashid to the stage.
11.00 Live at the Apollo Comedy sets by Sarah Millican, Joe Lycett and Russell Kane.
12 midnight Mock the Week **12.40am** Would I Lie to You? **1.20** Alan Davies: As Yet Untitled **2.25** Richard Osman's House of Games **3.30–4.00am** This Country: Kurtan receives sad news (AD)

Dave **F'view** 19 **F'sat** 157 **Sky** 111 (112 Wales) **Virgin** **HD** 127 **Dave Ja Vu** **Freeview** 57 **Sky** 211 (212 Wales) **Virgin** 327

London Live 8

6.00am Shine On Harvey Moon **7.00** Monkey **8.00** The Baron **9.00** All You Need Is Love **10.00** My Greek Odyssey **11.00** Monkey **12 noon** Raiders of the Lost Art **1.00pm FILM** Scott of the Antarctic ★★★★ Adventure based on the true story of Captain Scott's expedition **3.05 FILM** Lost Lagoon ★★ Drama **4.45** The Avengers (BW) **6.00** London Live News **7.00** Gary Rhodes at the Table **7.45** Big City Life **8.00** Waterloo's Warriors **9.00** Murder Most Horrid: an actor is murdered during a murder mystery play **9.45** Big City Life **10.00** Neverwhere **10.45 FILM** Indulgence ★★ **12.30am FILM** Detachment ★★★ Drama starring Adrien Brody **2.30** Sex Drugs and HIV **3.30** News Rewind **5.00–6.00am** Talking Points

London Live **Freeview** 8 **Sky** 117 **Virgin** **HD** 159
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am NCIS: four editions (AD) **11.55** Entertainment News **12 noon** Law & Order **6.00pm** NCIS *Series 6.* Triple bill. One of Tony's old murder investigations is reopened **7.00** An agent is murdered **8.00** Vance insists on taking charge of an investigation into the fatal shooting of a boxer (AD) **9.00** Criminal Minds *Series 7.* The team races to capture a copycat killer **10.00** Law & Order: Special Victims Unit *Series 23* Double bill. Carisi tries Richard Wheatley for the murder of Kathy Stabler, then a wave of hate crimes hits the city on Christmas Eve **12 midnight** NCIS: four editions (AD) **3.35–4.00am** Criminals Caught on Camera

5 USA **F'view** 21 **F'sat** 129 **Sky** 141 **Virgin** 120 (162 Scot) **+1** **Freesat** 130 **Sky** 241 **Virgin** 320

5 Star 32

8.00am Bargain-Loving Brits in the Sun: double bill **10.00** Motorway Cops: Catching Britain's Speeders **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops: two editions **2.00pm** Police Interceptors: triple bill **5.00** Call the Bailiffs: Time to Pay Up **6.00pm Home and Away** Marilyn cannot get in touch with Alf. Shown 1.45pm C5 (AD)
6.30 *New.* Kirby meets with a solo-artist manager. Repeated tomorrow 1.45pm C5 (AD)
7.00 GPs: behind Closed Doors Dr Watson offers "talking therapy" to her patient.
8.00 Ambulance: Code Red Two air ambulances attend a road accident. (AD)
9.00 FILM Godzilla: King of the Monsters ★★ Monster horror starring Kyle Chandler, Vera Farmiga and Millie Bobby Brown, in which a scientist and her daughter are kidnapped by an eco-terrorist. (AD)
11.40 Adults Only: I Need Sexual Healing How people buy, sell and market sex. (AD) **12.40am** Murdered for Revenge (AD) **1.40** 999: Emergency Call Out **2.30** Criminals: Caught on Camera **2.55–3.00am** Entertainment News

5 Star **Freeview** 32 **Freesat** 131 **Sky** 128 (129 Scotland) **Virgin** 126 **+1** **Freesat** 141 **Sky** 228 (229 Scot) **Virgin** 326

5 Action 33

9.00am Trucking Hell **10.00** Traffic Cops: a young driver is left trapped upside down in a smoking car **11.00** Police Interceptors

12 noon FILM The Last Wagon ★★★★ Western **2.05pm FILM** Springfield Rifle ★★ Western **4.00** Trucking Hell: a 26-ton tanker is stuck on a verge **5.00** Traffic Cops **6.00pm Police Interceptors** A drink-driver damages one of the team's favourite cars.
7.00 A Christmas party becomes a riot.
8.00 A potentially armed man is trailed.
9.00 FILM Mercury Rising ★★★ Action thriller starring Bruce Willis and Alec Baldwin. When an autistic boy innocently cracks a government super-code, only maverick FBI agent Art Jeffries can protect him from assassins on his trail. **Review p95.**
11.15 FILM Rise of the Footsoldier Part II ★★ Crime drama sequel starring Ricci Harnett. Despite trying to make peace with his family, football hooligan turned gang leader Carlton Leach is drawn into a world of drug-fuelled violence after a series of killings. **1.35am** Trucking Hell **2.35–3.00am** Criminals: Caught on Camera: the use of CCTV to fight crime

5 Action **Freeview** 33 **Freesat** 132 **Sky** 150 **Virgin** 130

5 Select 46

9.00am Entertainment News **9.05** Cash in the Attic **10.05** GPs: behind Closed Doors **11.05** The Yorkshire Vet **1.05pm** Scotland's Most Scenic Railway Journeys **2.05** The Yorkshire Vet **4.00** The Highland Vet **5.00** Ben Fogle: New Lives in the Wild **6.00pm World's Most Scenic Railway Journeys** A journey through Sicily.
7.00 Buried Secrets of WWII
8.00 Nazi Megastructures Heinrich Himmler's role in establishing the SS.
9.00 The development of the V1 bomb.
10.00 The Mighty Dreadnought: Monster Warship of WWI The history of the ships.
11.00 The Lost Ships: the Hunt for the Kaiser's Superfleet Hunting a missing fleet **12 midnight** Forged in Fire **1.50am** World War II in Colour **2.55–3.00am** Entertainment News

5 Select **F'view** (HD only) 46 **F'sat** 133 **Sky** 153 **Virgin** 138

FREEVIEW TV and film channels continue overleaf

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603 **BT** 313

WEDNESDAY Freeview & films

W 25

The Secret Life of Four, Five, Six Year Olds Australia *8.00pm*

6.10am Bang on Budget **8.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** My Dream Home

6.00pm Property Brothers: Forever Homes Lisa and Jay want to create a hosting epicentre. (AD)

7.00 *New.* MasterChef Australia The final eight head to a reimaged ancient Greek Acropolis.

8.00 The Secret Life of Four, Five, Six Year Olds Australia The youngsters' curiosities – and fears – are put to the test.

9.00 24 Hours in A&E A 52-year-old is rushed in after hitting his head on a concrete step.

10.00 999 Rescue Squad The medics treat the victim of a stabbing at a meat plant.

11.00 Bad Girls behind Bars Shoplifter Linda is already planning her next heist for when she gets out.

12 midnight One Born Every Minute **1.00am** This Is MY House **2.15–3.00am** Inside the Ambulance

W **F'view** 25 **F'sat** 156 **Sky** 132 (133 Scotland) **Virgin** 125 **+1** **Sky** 232 (233 Scotland) **Virgin** 325

Pick 36

7.00am Border Security: Canada's Front Line (AD) **8.00** Nothing to Declare **9.00** Motorway Patrol **10.00** Highway Cops (AD) **11.00** Highway Patrol **12 noon** Motorway Patrol **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line (AD) **3.00** Nothing to Declare **4.00** Warehouse 13 **5.00** Stargate SG-1 **6.00** Merlin (AD) **7.00** Star Trek: Voyager **8.00** Magnum P.I. (AD) **9.00 *New.*** SEAL Team: double bill. Bravo works with the Congolese army on a covert mission, then the unit tries to take down the mastermind of several terrorist attacks (AD) **11.00 *New.*** Snapped: a teenager's murder that went cold for 30 years **12 midnight** How I Caught the Killer **1.00am** Caribbean Cops (AD) **2.00** Road Wars (AD) **3.00** Highway Patrol **4.00** Motorway Patrol (AD) **5.00–6.00am** Highway Cops (AD)

Pick **F'view** 36 **F'sat** 144 **Sky** 151 **Virgin** 135

HGTV 44

7.00am Renovation Island **8.00** Love Your Garden (AD) **9.00** A Place in the Sun: Home or Away **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Good Bones (AD) **2.00** Flip or Flop **3.00** Love Your Garden (AD) **4.00** Escape to the Country **5.00** Renovation Island **6.00pm** A Place in the Sun: Home or Away **7.00** Escape to the Country **8.00** The Hotel Inspector **9.00** Brother vs Brother **10.00 *New.*** Good Bones: Risky Business **11.00** Good Bones (AD) **12 midnight** Escape to the Country **1.00am** Renovation Island **2.00** Love Your Garden (AD) **3.00–4.00am** My Lottery Dream Home

HGTV **F'view** 44 **F'sat** 166 **Sky** 158 **Virgin** 191 **+1** **Sky** 258 **Virgin** 391

FREEVIEW channels continued from overleaf

Food Network 43

Diners, Drive-Ins and Dives *11.00pm* Guy is in California

6.00am Trisha's Southern Kitchen **7.00** The Pioneer Woman **8.00** Be My Guest with Ina Garten **9.00 *New.*** The Kitchen **10.00** Gok Wan's Easy Asian **11.00** Michel Roux's French Country Cooking **12 noon** The Great British Bake Off **2.00pm** James Martin's Brittany **3.00** The Hairy Bikers' Food Tour of Britain **4.00** Be My Guest with Ina Garten **5.00** The Pioneer Woman **6.00** James Martin's Brittany **7.00** The Great British Bake Off **8.00** Michel Roux's French Country Cooking: **9.00** James Martin's American Adventure: the chef visits Louisiana **10.00** The Hairy Bikers' Food Tour of Britain: the duo cook freshly caught Whitby fish **11.00 *New.*** Diners, Drive-Ins and Dives: Guy Fieri tries fried rice burritos in California **11.30 *New series.*** Diners, Drive-Ins and Dives: Triple D Na: Guy Fieri finds new takes on the classics. He visits a place in Palm Desert, California, that serves avocado fries and a burger with an Italian accent **12 midnight** Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00–3.00am** Cheap Eats

Food Network **F'view** 43 **F'sat** 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1** **F'sat** 149 **Sky** 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder **9.00** Sue Thomas: F.B.Eye **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H **9.00** Randall and Hopkirk (Deceased): a phoney medium is rumbled **10.00** The Persuaders!: Danny meets up with an old friend on the French Riviera **11.00** Return of the Saint **12 midnight** M*A*S*H: four episodes **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders!: Danny meets up with an old friend **3.50** Movie News **4.00** Highway to Heaven **4.50–5.00am** Movie News

Great TV **Freeview** 50 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 170 **+1** **Freesat** 143 **Sky** 257

RealityXtra 68

9.00am Medical Detectives **11.00** A Stranger in My Home **1.00pm** Facing Evil **3.00** Medical Detectives **5.00** A Stranger in My Home: two editions. A director's new home becomes the scene of a real-life horror movie, then Peggy Mehrman must rely on the kindness of strangers when her health declines **7.00** Judge Judy: 14 editions **1.00am** A Stranger in My Home **3.00** Facing Evil **4.50** Medical Detectives **5.40–6.00am** Judge Judy

RealityXtra **Freeview** 68 **Freesat** 134 **Sky** 147 **Virgin** 172

BBC Parliament 232

7.00am Energy Security and Net Zero Questions **8.00** House of Commons **9.30** Live Select Committees: coverage of Select Committee proceedings **11.30** Select Committees: recorded coverage **2.00pm** Live Scottish Parliament: recorded coverage of debates on issues affecting Scotland **3.00** Live Lords Questions **3.40** Live House of Lords **10.00** Scottish Parliament **1.30am** Lords Questions **2.10–8.30am** House of Lords

BBC Parliament **Freeview** 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84

Secret Battle for the Ho Chi Minh Trail *8.30pm* The pilots

8.00am Beautiful Serengeti **8.30** The War **9.40** WWII in Color: Road to Victory **10.45** Secret Battle for the Ho Chi Minh Trail: the Misty Experiment **12 noon** Attack of the Zeppelins **1.00pm** Beautiful Serengeti **1.30** The War **2.40** WWII in Color: Road to Victory **3.50** Secret Battle for the Ho Chi Minh Trail: the Misty Experiment **5.05** Attack of the Zeppelins

6.10pm The War *7/14.* Recalling the events of D-Day.

7.20 WWII in Color: Road to Victory *3/10.* Churchill realises the importance of the Suez Canal.

8.30 Secret Battle for the Ho Chi Minh Trail: the Misty Experiment Pilots recount Operation Commando Sabre.

9.40 Attack of the Zeppelins A First World War aerial bombing campaign on London.

10.40 WWII in Color: Road to Victory As 7.20pm.

12 midnight as 8.30pm **1.15–2.00am** Beautiful Serengeti

PBS America **F'view** 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 187

Blaze 64

6.00am Hardcore Pawn **6.50** Weird or What? With William Shatner **7.45** Ancient Aliens **9.40** Book of Secrets with Lance Reddick **10.40** The Curse of Oak Island **11.40** WW2 Treasure Hunters **12.40pm** Storage Wars **1.05** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00** Weird or What? With William Shatner **7.00** Storage Wars **8.00** Dickinson's Real Deal: from Winsford, Cheshire **9.00 *New.*** The UnXplained with William Shatner: how ancient tombs were visual memorials for the dead **10.00 *New.*** Strange Evidence **11.00** Secrets in the Ice **12 midnight** The Curse of Oak Island **1.00am** Weird or What? With William Shatner **2.00** The Liquidator **3.00** Dickinson's Real Deal **3.45** Storage Wars **4.10** Counting Cars **5.00–6.00am** Pawn Stars

Blaze **F'view** 64 **F'sat** 162 **Sky** 164 **Virgin** 174

Challenge 48

7.00am The Chase **10.00** Catchphrase (AD) **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Family Fortunes: game show hosted by Les Dennis **2.00** Who Wants to Be a Millionaire? **3.00** Strike It Lucky **4.00** Catchphrase (AD) **5.00** Bullseye: darts-based quiz (AD) **6.00pm** Who Wants to Be a Millionaire? **7.00** Pointless Celebrities: Alexander Armstrong and Richard Osman host a celebrity version of the quiz show seeking the most obscure answers to general knowledge questions **8.00** The Chase: quiz show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire?: a classic episode of the quiz show **11.00** Bullseye **12 midnight** The Chase **4.00am** Who Wants to Be a Millionaire? **5.00–6.00am** Bullseye (AD)

Challenge **Freeview** 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.45am Paw Patrol **6.00** Sunny Bunnies **6.05** Daisy & Ollie **6.10** Milkshake! Monkey **6.15** Peppa Pig **6.25** Oggy Oggy **6.35** Odo **6.45** Peppa Pig **6.50** Fireman Sam **7.00 *New.*** Thomas & Friends **7.10** Peppa Pig **7.20** Paw Patrol **7.35 *New.*** Pip and Posy **7.50** Paddington **8.05** Chip and Potato **8.20** Milo **8.30** Paw Patrol **8.45** Ben and Holly **8.55** Peppa Pig **9.05–9.15am** World of Dance

Full listings for Channel 5 are on p92

CBeebies 202

6.00am Love Monster; Small Potatoes **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05 *New.*** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05 *New.*** Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Steve and Aneeshwar Go Wild **8.30** My Petsaurus **8.35** Justin's House **8.55** Small Potatoes **9.00** Bing **9.10 *New.*** Yakka Dee! **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Baby Club **10.35** Tiny Wonders **10.40** Hey Duggee **10.45** Vegesaurs **10.50** Gecko's Garage **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** School of Roars **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** My World Kitchen **12.10pm** Maddie, the Home and You **12.30** Waffle **12.40** Andy's Prehistoric Adventures **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Dipdap **2.25** Supertato **2.30** Go Jetters **2.45** Time for School **2.55** Small Potatoes **3.00** Andy's Global Adventures **3.15** Get Set Galactic **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Fred & Pete's Treasure Tales **4.10** Octonauts **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** Apple Tree House **5.15** Waffle **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** CBeebies Bedtime Stories

CBeebies **F'view** 202 **F'sat** 608 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.30** Boy Girl Dog Cat Mouse Cheese **7.45 *New.*** Newsround **7.55** Grizzy and the Lemmings **8.10** Odd Squad **8.25** Hey You What If? **8.30** Horrible Histories **9.00** The Zoo **9.10** Operation Ouch! **9.40** Princess Mirror-Belle **10.00** Lifebabble **10.05** Class Dismissed **10.20** Danny & Mick **10.30 *New.*** Deadly Mission Shark **11.00** Bitesize Daily **11.20** Craft Party **11.35** Celebrity Supply Teacher **11.45** Out of This World **12 noon** Danger Mouse **12.45pm** Boy Girl Dog Cat Mouse Cheese **1.30** Dennis & Gnasher **2.05** Shaun the Sheep **2.15** So Awkward **2.45** Gym Stars **3.05** Odd Tubes **3.10** The Deep **3.30** Danger Mouse **3.40** Ninja Express **3.55 *New.*** Taffy **4.05** Grizzy and the Lemmings **4.20** Boy Girl Dog Cat Mouse Cheese **4.30** Monster Loving Maniacs **4.45** Odd Squad **5.00** Pokémon **5.20** Summer Camp Island **5.35 *New.*** Transformers EarthSpark **6.00** Horrible Histories **6.30** Mini My Life **6.35–7.00pm** The Next Step

CBBC **F'view** 201 **F'sat** 607 **Sky** 607 **Virgin** 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 5am–9.00 and on ITVBe 9am to 12 noon

ITV2

5.00 Captain Underpants **5.25** Scooby-Doo **5.45** Craig of the Creek **6.00 *New.*** Craig of the Creek **6.10** Teen Titans Go! **6.50** DC Super Hero Girls **7.05** Looney Tunes **7.20** Jurassic World Camp Cretaceous **7.45–9.00am** Scooby-Doo

ITVBe

9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** The Hive **9.35** Poppy Cat **9.50** Percy's Tiger Tales **10.05** Ollie **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20 *New.*** Postman Pat **11.35** Momolu & Friends **11.45–12 noon** Pip Ahoy!

FILMS

Film4 14

11.00am Ice Cold in Alex ★★★★ Memorable Second World War drama starring John Mills as a doughty captain trying to get an ambulance crew across the north African desert. Sylvia Syms (1958, PG) (S) (AD)

1.40pm The Bedford Incident ★★★★ Cold War adventure in which a zealous American captain hunts Russian subs. **Review, right.** Richard Widmark, Sidney Poitier (1965, PG) (S) (AD)

3.45 El Dorado ★★★★★ Fabulously entertaining, immensely skilful and warm-hearted western. **Review, right.** John Wayne, Robert Mitchum, James Caan (1967, PG) (S) (AD)

6.20pm Ghostbusters ★★ Gender-reversed reboot of the 1984 comedy classic that has a strong cast and buckets of slime. Melissa McCarthy, Kristen Wiig (2016, 12) (S) (AD)

9.00 P The Farewell ★★★★ Culture-clash comedy about a Chinese-American woman whose family pretend their ailing matriarch is perfectly fine. **Film of the Day, right.** Awkwafina (2019, PG) (S) (AD)

10.55 Bad Teacher ★★ Cameron Diaz's hard-drinking, foul-mouthed teacher tries to shape up to win a prize in this outrageous comedy. (2011, 15) (S) (AD)

12.45–3.15am Allied ★★★ Emotional Second World War thriller in which Brad Pitt and Marion Cotillard play married agents whose relationship is rocked by suspicion. Jared Harris (2016, 15) (S) (AD)

Film4 **Freeview** 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1** **F'view** 47 **F'sat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am The Detectives TV drama. **7.00 Hollow Triumph** ★★★ Paul Henreid plays a gangster on the run from gamblers he's robbed in this entertaining film noir. Joan Bennett (1948, PG) (S) **8.35 Clash by Night** ★ Bargain-basement British crime drama. Terence Longdon (1963, PG) (S) **10.00 Together** TV drama. **10.35 Not Wanted on Voyage** ★ Woeful comedy. Ronald Shiner (1957, U) (S) **12.25pm Sons of the Sea** ★★★ Wartime flag-waver in which enemy agents are at work in a naval training college. **Review, right.** Leslie Banks (1939, U) (S) **2.00 Upstairs, Downstairs** TV drama. **3.05 Rawhide** ★★★ Unusually suspenseful western in which a stagecoach station is taken over by a band of outlaws planning a robbery. Tyrone Power (1951, PG) (S) **4.55 Johnny Ringo** TV western. (S) **5.25 Turn of Fate** TV drama. **6.00pm For the Love of Ada** Vintage TV sitcom. (S) **6.35 Bulldog Drummond's Bride** ★★ Routine detective adventure that concludes a mediocre series. **Review, right.** John Howard (1939, PG) (S) **8.00 Public Eye** TV drama series. **9.05 The Caller** ★ Curious, virtually unseen two-hander. Malcolm McDowell, Madolyn Smith (1987, 18) (S) **11.05 Richard's Things** ★★ Drama about the relationship between a widow and her husband's mistress. Liv Ullmann, Amanda Redman (1980, 12) (S) **1.05am Undercover** ★ Well-intentioned but flat Ealing drama. John Clements (1943, 12) **2.50 Hostile Witness** ★★ Barrister Ray Milland lands up in the dock for murder in this stagey courtroom drama. Sylvia Syms (1968, U) (S) **4.55 A Hole Lot of Trouble** ★★ Comic short with Arthur Lowe. (1969) (S) **5.30–6.00am Four Star Theatre** TV drama.

Talking Pictures TV **Freeview** 82 **Freesat** 306 **Sky** 328 **Virgin** 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

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Great Movies 34

9.00am Below the Surface ★★ Reasonably intriguing thriller. Jenny Wade (2016) **11.00** Lost Letter Mysteries: Higher Ground **1.00pm Hidden in Plain Sight ★★** A woman realises you can't run from your past in this routine thriller. Victoria Barabas (2018) **3.00** An Aurora Teagarden Mystery: The Disappearing Game **5.00 You Don't Mess with the Zohan ★★** Heavy-handed comedy with Adam Sandler. Rob Schneider, John Turturro (2008, 12) **7.10pm The Double ★★** Retired CIA agent Richard Gere teams up with a young FBI rookie to track down a suspected Soviet assassin. (2011, 12) **9.00 47 Ronin ★★★** Samurai drama in which Keanu Reeves rallies warriors to avenge the death of his master. **Review, right.** (2012, 12) **11.40 The Stepfather ★★** Lacklustre retread of the cult 1986 horror starring *Nip/Tuck's* Dylan Walsh. Penn Badgley (2009, 15) **2.00am My Terrorized Teen ★★** Insipid thriller. Aria Sirvaitis (2021) **4.00–5.40am A Wicked Vendetta ★★** Thriller. Katrina Begin (2018)

Great Movies **Freeview** 34 **Freesat** 302 **Sky** 321 **Virgin** 425 **+1** **Freeview** 61 (*limited* 10pm-5am) **Sky** 322

Great Action 42

8.10am Wild West Chronicles **9.10 The Pathfinder ★★** Colourful period adventure. George Montgomery (1952, U) **10.45** The Blitz on Cologne **12 noon** Wild West Chronicles **1.00pm The Nebraskan ★★** By-the-numbers frontier tale. Phil Carey, Roberta Haynes (1953) **2.25 Masterson of Kansas ★★** Third-tier western. George Montgomery, Nancy Gates (1954, U) **4.00 The Phantom Stagecoach ★★** Average western. William Bishop (1957, U) **5.45 Submarine Raider ★★** Pearl Harbor propaganda piece. John Howard (1942, U) **7.10pm Stormageddon ★★** A super-computer goes rogue in this eco-disaster movie. John Hennigan (2015, 12) **9.00 Unstoppable ★★** Action thriller in which an ex-soldier is injected with a deadly mind-controlling drug. Wesley Snipes (2004, 15) **10.55 The Art of War II: Betrayal ★** Lumbering action sequel. Wesley Snipes, Lochlyn Munro (2008, 15) **1.00am Blood of Redemption ★★** Predictable crime drama. Dolph Lundgren (2013, 15) **3.00** War in the Jungle **4.00–5.00am** Wild West Chronicles

Great Action **Freeview** 42 *(limited)* **F'sat** 305 **Sky** 323 **Virgin** 426 **+1** **Sky** 324

Great Movies Christmas 52

8.00am A Golden Christmas ★★ Mushy romantic tale. Andrea Roth (2009, U) **10.00 Oh Christmas Tree ★★** Predictable romance. (2013) **12 noon A Star-Crossed Christmas ★★** Harmless romance. (2017) **2.00pm Holiday Road Trip ★★** Standard romance. (2013) **4.00 A Dogwalker's Christmas Tale ★★** Comedy. (2015) **6.00pm A Puppy for Christmas ★★** Sweet and sugary festive romance. Cindy Busby, Greyston Holt (2016) **8.00 The Christmas Dance ★★** Cute and cheesy romance about a woman who needs to rediscover her holiday spirit. Kristen Vaganos (2021) **10.00 A Song for Christmas ★★** Predictable but good-hearted drama about a pop star re-assessing her priorities. Becca Tobin, Kevin McGarry (2017) **12 midnight The Christmas Sitters ★★** Yuletide romance. (2020) **2.00am** Highway to Heaven **3.00–5.00am The Least of These: a Christmas Story ★★** Generic comedy drama. Tayla Lynn (2018)

Great Movies Christmas **Freeview** 52 **Freesat** 303 **Sky** 319 **Virgin** 424 **+1** **F'view** 63 (*limited* 10pm-5am) **F'sat** 304 **Sky** 320

Sky Premiere

6.10am Accident Man: Hitman's Holiday ★★★ Action comedy. Scott Adkins (2022, 15) **7.55** As 9.45pm **9.50** As 6pm **11.50** As 8pm **1.35pm TÁR ★★★★** Drama about a classical conductor who suffers a slow downfall. Cate Blanchett (2022, 15) **4.15 Wifelike ★★** Lightly satirical *Stepford Wives*-style sci-fi. (2022, 15) **6.00pm Something in the Dirt ★★★** Trippy, horror-inflected sci-fi about strange phenomena in an apartment block. Aaron Moorhead (2022, 15) **8.00 Knock at the Cabin ★★★★** A family's holiday is interrupted by four strangers in this intense thriller. **Review p46.** Jonathan Groff (2023, 15) **9.45 All My Puny Sorrows ★★★** Finely drawn drama following a novelist as she tries to help her suicidal sister. Alison Pill, Sarah Gadon (2021, 15) **11.35 Spin Me Round ★★★** Comedy thriller in which Alison Brie's Italian corporate retreat grows increasingly bizarre. (2022, 18) **1.25am Sharp Stick ★★★** Satire. Kristine Froseth (2022, 18) **3.05** As 6.10am **4.45 Maggie Moore(s) ★★★** Wry comedy thriller. Jon Hamm, Tina Fey (2023)

Sky Premiere **Sky** 301 **Virgin** 401 **BT** 501/HD 515 **+1** **Sky** 312

Legend 41

8.00am Walker, Texas Ranger **9.00** The Six Million Dollar Man **10.00** Star Trek: Deep Space Nine **11.00 30,000 Leagues under the Sea ★★** Action adventure. (2007) **1.00pm Time without Pity ★★★** Thriller in which Michael Redgrave tries to save his son from the gallows. **Review, right.** (1957) **3.00 This Savage Land ★★** Family western. (1968) **5.00** Star Trek **6.00pm Star Trek: Deep Space Nine** TV sci-fi series. **7.00 The Six Million Dollar Man** TV sci-fi drama with Lee Majors. **8.00 Walker, Texas Ranger** TV action drama with Chuck Norris. **9.00 A Certain Justice ★★** Uninspired action drama. Cung Le (2014, 15) **10.55 Aftermath ★★★** Arnold Schwarzenegger stars as a bereaved husband and father. **Review, right.** Scoot McNairy (2017, 15) **12.50am Cell ★★★** A mysterious cellphone signal triggers global mayhem in this sci-fi horror. John Cusack, Samuel L. Jackson, Isabelle Fuhrman (2014, 15) **2.45–4.30am Sacrifice ★★** Minor mystery horror. Barbara Crampton (2020, 15)

Legend **F'view** 41 **F'sat** 137 **Sky** 148 **Virgin** 149

HorrorXtra 69

8.00am Termination Point ★★ Sci-fi thriller about a scientist who steals some experimental time-travel technology. Jason Priestley, Lou Diamond Phillips (2007) **10.00** Farscape **11.00 Eye of the Beast ★★** The people of a small town battle a giant squid in this over-the-top horror thriller. James Van Der Beek (2007) **1.00pm Bone Eater ★** Daft horror about a town terrorised by an unconvincing skeletal demon. Bruce Boxleitner, Gil Gerard, Walter Koenig (2007) **3.00** Farscape **4.00** UFO **5.00 Apocalypse of Ice ★** A pandemic-ravaged world is further threatened by a global ice storm in this sci-fi hokum. Tom Sizemore, Emily Killian (2020) **7.00pm Farscape** TV sci-fi. **8.00 The Prisoner** TV sci-fi. **9.00 Eat Locals ★** Hopelessly old-fashioned and long-winded vampire comedy horror. Freema Agyeman, Charlie Cox, Mackenzie Crook (2017, 15) **10.55 The Row ★** A hard-partying sorority house hides sinister secrets in this tired slasher movie. Lala Kent, Randy Couture, Mia Frampton (2018, 18) **1.00–3.00am Eat Locals** As 9pm

HorrorXtra **F'view** 69 **F'sat** 138 **Sky** 317 **Virgin** 171 **+1** **F'sat** 139 **Sky** 318 **Virgin** 371

FILM REVIEWS

FILM OF THE DAY

P The Farewell ★★★★

9.00-10.55pm ***Film4*** PG

COMEDY DRAMA When an elderly Chinese woman is diagnosed with terminal cancer, her family opts not to tell her, taking on the emotional burden themselves and secretly celebrating her life behind the guise of a family wedding. However, their decision sits uneasily with granddaughter Billi (played by Awkwafina), a New Yorker who's one of the many far-flung relatives flying in for the occasion. Despite having its plot rooted in sadness and mortality, this is an upbeat and life-affirming movie filled with laughs. **DAVE ALDRIDGE** (US 2019, swearing, sexual references, HD)

Sons of the Sea ★★★

12.25-2.00pm
Talking Pictures TV U

DRAMA This wartime flag-waver provides a fascinating insight into the nation's mindset at the start of the Second World War. It follows navy commander Leslie Banks as he rallies to the cause when his son (Simon Lack) is accused of colluding with the enemy. Filmed in the pioneering Dufaycolour process, the imagery remains as fresh today as it was in 1939. **DAVID PARKINSON** (UK 1939)

Time without Pity ★★★

1.00-2.50pm ***Legend*** PG

CRIME Thematically similar to *Sons of the Sea* (above), this film also deals with a family mercy mission, as a father tries to save his son from the gallows. Emlyn Williams's original stage play was written as a thriller, but Joseph Losey's film stresses the capital punishment angle over suspense, with Michael Redgrave as the alcoholic dad embroiled in race against time. **DP** (UK 1957, BW)

The Bedford Incident ★★★★

1.40-3.45pm ***Film4*** PG

ADVENTURE This superior Cold War movie casts Richard Widmark as the captain of a nuclear-armed American destroyer who has become zealous in his hunt for Russian subs. Sidney Poitier plays a reporter along for what proves to be an exciting ride. Look out, too, for Donald Sutherland in an early role as a pharmacist's mate. **PETER FREEDMAN** (UK 1965, BW, HD)

El Dorado ★★★★★

3.45-6.20pm ***Film4*** PG

WESTERN John Wayne plays the flawed hero of this fabulously entertaining movie from ace director Howard Hawks (*Rio Bravo*). The great Robert Mitchum is more than a match for the Duke in one of his best roles, playing a drunken sheriff. As a warm-hearted meditation on ageing, the film itself only improves with the years. **TONY SLOMAN** (US 1967, HD)

Bulldog Drummond's Bride ★★ *6.35-7.45pm*

Talking Pictures TV PG

MYSTERY New to Talking Pictures TV this week, the final release in Paramount's crime series is a routine adaptation of the Sapper story *Bulldog Drummond and the Oriental Mind*. John Howard returns as the hero, but the main reason to watch is Eduardo Ciannelli as the lugubrious villain and master of disguise. **DP** (US 1939, BW)

47 Ronin ★★★ *9.00-11.40pm* ***Great Movies*** 12

ACTION A decent alternative to generic Hollywood epics, this movie looks to Japanese folklore for its inspiration. Keanu Reeves plays Kai, an outcast whose band of masterless samurai, called ronin, are out to avenge their dead lord (and free Kai's love from a forced marriage). It flags between the fights, but it's handsomely staged and quite moving in places. **DA** (US 2012, violence)

Mercury Rising ★★★

9.00-11.15pm ***5 Action*** 15

THRILLER In this smart, code-breaking caper, Bruce Willis's renegade FBI officer turns protector to an autistic boy (Miko Hughes) whose abilities could get him killed. Alec Baldwin is the crooked agent hunting them down. Director Harold Becker allows time for Willis and Hughes to bond among all the chases and shoot-outs. **JOHN FERGUSON** (US 1998, violence, swearing, HD)

Aftermath ★★★

10.55pm-12.50am ***Legend*** 15

DRAMA Elliott Lester's sombre movie features one of Arnold Schwarzenegger's best performances. He plays a father who tracks down the air-traffic controller he believes caused the plane crash that killed his family. Rather than the gun-toting revenge mission you'd expect from Arnie, this is an affecting study of grief. **STEPHEN CARTY** (US 2017, violence, swearing, a sex scene)

Love Actually ★★★

11.05pm-1.40am ***C5*** 15

See review, page 55. (UK/US/Fr 2003, swearing, sex scenes, nudity, HD)

Sky Cinema picks

Farmageddon ★★★★
1.00-2.35pm ***Sky Animation***
Shaun the Sheep has a close encounter with an alien. (2019, U)
Sky 305; Virgin 412; BT 500/514

Finding Neverland ★★★★
4.30-6.15pm ***Sky Feel Good***
Lively JM Barrie biopic. (2004, PG)
Sky 302, Virgin 402, BT 502/516

Limitless ★★★★
8.00-10.00pm ***Sky Dystopia***
A new drug makes Bradley Cooper smarter. (2011, 15)
Sky 311; Virgin 411; BT 511/525

Films to stream from p40
Netflix, Amazon, Disney+ and more

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12, 15, 18 - for viewers of these ages and over.

Sky Showcase

SAS: Red Notice *9.45pm* Tom clashes with Grace

6.00am The Early Rundown **7.00** Kay Burley **8.00** Caught on Dashcam **9.00** Nothing to Declare **10.00** WW2 Treasure Hunters **11.00** Islands (AD) **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T: the team tries to halt a series of bombings (AD) **5.00** The Simpsons **5.30** The Fresh Prince of Bel-Air

6.30pm The Simpsons Lisa joins a mathematics quiz team. **7.00** Mr Burns disguises himself as an employee at the power plant. **7.30** Marge argues with Homer about his lack of ambition.

8.00 An Idiot Abroad *2/8 Series 2.* On his way to China on the Trans-Siberian Express, Karl fights Mongolian wrestlers and visits a village of dwarves.

9.00 Never Mind the Buzzcocks ***Ep 5*** *Series 3.* With Paloma Faith, Benji Webbe and Judi Love.

9.45 SAS: Red Notice ★★ Action thriller starring Sam Heughan and Ruby Rose. Mercenaries attack a train in the Channel Tunnel and hold the passengers hostage. (AD) (W)

12 midnight Breeders (AD) **1.00am** Road Wars **2.00** Stop, Search, Seize (AD) **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00–6.00am** The Early Rundown

Sky Showcase **Sky** 106 **Virgin** 109 **BT** 340/**HD** 355 **+1** **Sky** 206

Sky Sci-Fi

6.00am Merlin **7.00** Warehouse 13 **8.00** Home Shopping **11.00** Fringe **12 noon** Star Trek: the Next Generation **2.00pm** Merlin **3.00** Fringe **4.00** Stargate SG-1 **5.00** Stargate Atlantis: the team is taken hostage by Kolya and his men

6.00pm Star Trek: the Next Generation *18/26 Series 5.* The crew gets trapped in a time warp. Guest-starring Kelsey Grammer. **7.00** *19/26.* Wesley becomes involved in a desperate cover-up when his Starfleet Academy squadron suffers a fatal collision.

8.00 Star Trek: Voyager *4/26 Series 7.* A mysterious assailant uses subliminal mind-control techniques to turn the crew members against each other.

9.00 Reginald the Vampire *1/10* Comedy starring Jacob Batalon. In a world full of vampires, Reginald becomes an unlikely hero. **10.00** *2/10.* Reginald's attempts to learn how to feed don't go well. But he discovers an unexpected and secret power along the way.

11.00 Ape vs Monster ★ Sci-fi action adventure starring Rudy Bentz. An ape lost in space crash-lands back on Earth and finds itself expanding to monster proportions.

1.00am Warehouse 13 **2.00** Star Trek: Voyager **3.00** Stargate Atlantis **4.00–6.00am** Star Trek: the Next Generation: double bill

Sky Sci-Fi **Sky** 139 (140 Scotland) **Virgin** 122 **BT** 348/**HD** 363 **+1** **Virgin** 229

Sky Atlantic

Domina *9.00pm* Livia faces a life-changing encounter

6.00am Richard E Grant's Hotel Secrets (AD) **7.55** Six Feet Under (AD) **10.05** Ray Donovan (AD) **12.15pm** Game of Thrones (AD) **1.25** Raised by Wolves (AD) **3.30** Six Feet Under (AD)

5.40pm Ray Donovan *11/12 Series 2.* Mickey, Terry and Mr Keith try to execute a robbery. (AD) **6.45** *12/12.* Abby is torn between Ray and Jim. (AD)

7.55 Game of Thrones *1/10 Series 5.* Jon Snow tries to mediate between Mance Rayder and Stannis Baratheon. (AD)

9.00 Domina *3/8 Series 2.* Livia finally learns the truth about Gemina and a face-to-face encounter leads to life-changing consequences for the family. **10.05** *4/8.* Livia is still in exile, but when her family needs help, she is drawn back into the politics of Rome. **See page 89.**

11.15 True Detective *2/8 Series 2* Ray and Ani wonder if Caspar's demise was related to his fondness for prostitutes. (AD)

12.25am Billions (AD) **1.30** Dreamland (AD) **2.00** ***New.*** The Lovers *3/6.* Seamus's girlfriend whisks him away for the night. Rptd tomorrow 9pm **2.35** Game of Thrones (AD) **5.00–6.00am** Richard E Grant's Hotel Secrets (AD)

Sky Atlantic **Sky** 108 (109 Wales) **BT** 342/**HD** 357 **+1** **Sky** 208 (209 Wales)

Sky Witness

6.00am The Real A&E (AD) **7.00** Border Security USA (AD) **8.00** Border Patrol **10.00** Border Security: America's Front Line **11.00** The Rookie (AD) **12 noon** Bull **2.00pm** Blue Bloods (AD) **3.00** Caught Red Handed **4.30** Border Security: Australia's Front Line

6.00pm Border Security: Australia's Front Line A young man is compromised by his past. **6.30** Staff suspect narcotics are being imported. **7.00** A bungling drug mule tries to avoid being caught. **7.30** A woman returns from Vietnam with suspicious tea.

8.00 Blue Bloods *1/21 Series 13* Eddie and Jamie deal with a domestic abuse case. (AD)

9.00 The Rookie *11/20 Series 1* A visit from the vice president throws the station into a frenzy. (AD)

10.00 9-1-1 *7/18 Series 5* Ghostly goings-on keep the team busy. Meanwhile, Hen is visited by a face from the past.

11.00 The Rookie *5/20 Series 1* The training officers and rookies are pitted against each other in a competition. (AD)

12 midnight FBI **1.00am** FBI: International **2.00** ***New.*** FBI *6/23 Series 5.* Rptd tomorrow 9pm **3.00** ***New.*** FBI: International *6/22 Series 2.* Rptd tomorrow 10pm **4.00** Border Security: America's Front Line **5.00–6.00am** The Real A&E (AD)

Sky Witness **Sky** 107 **Virgin** 110 **BT** 341/**HD** 356 **+1** **Sky** 207 **Virgin** 310

Sky Max

Never Mind the Buzzcocks *9.00pm* Noel Fielding

6.00am Supergirl **7.00** DC's Legends of Tomorrow (AD) **8.00** The Flash **9.00** Stargate SG-1 **11.00** Supergirl **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

6.00pm Stargate SG-1 *3/22 Series 1.* A Goa'uld larva invades Kawalsky's brain. **7.00** *4/22.* The team encounter a race whose women have no rights.

8.00 An Idiot Abroad *2/8 Series 2.* Karl Pilkington boards the Trans-Siberian Express. (AD)

9.00 Never Mind the Buzzcocks ***Ep 5*** *Series 3* With guests Paloma Faith, Benji Webbe and Judi Love.

9.45 Strike Back: Retribution *7/10 Series 6.* Section 20 attempts to track down ex-CIA contractor Rachel Sheridan. (AD)

10.45 Cobra: Cyberwar *3/6 Series 2.* A breach at the port of Dover suggests an insidious threat may be in play. (AD)

11.45 The Force: Manchester *8/10 Series 2.* Officers battle to keep the peace on the streets.

12.40am Road Wars **2.05** Stop, Search, Seize (AD) **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00–6.00am** Highway Patrol

Sky Max **Sky** 113 (114 Wales) **Virgin** 111 **BT** 346/**HD** 361

Sky Replay

7.00am 6ixth Sense with Colin Fry **8.00** Four Weddings (AD) **10.00** UK Border Force **11.00** Brit Cops: Rapid Response (AD) **12 noon** Highway Patrol **1.00pm** Send in the Dogs **2.00** Most Haunted **4.00** Manifest: double bill. Ben races against the clock, then Saanvi makes a scientific breakthrough (AD) **6.00** DC's Legends of Tomorrow: double bill. The team encounters the Justice Society of America, then Jax and Stein find a secret compartment in the ship (AD) **8.00** Highway Patrol **9.00** The Force: Manchester **10.00** The Russell Howard Hour **11.00** Never Mind the Buzzcocks **12 midnight** Brit Cops: Law and Disorder **12.45am** Highway Patrol **1.15** UK Border Force **2.10** A League of Their Own (AD) **3.05** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00–6.00am** 6ixth Sense with Colin Fry

Sky Replay **Sky** 152 **Virgin** 156

Sky Crime

6.00am Highway Patrol **7.00** Motorway Patrol **8.00** Border Security: Canada's Front Line **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Border Patrol **12 noon** Killer in My Village **1.00pm** Murdered at First Sight (AD) **2.00** The Killer Within **3.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **5.00** Murdered at First Sight (AD) **6.00** Forensics: Catching the Killer (AD) **7.00** World's Most Evil Killers **8.00** Britain's Most Evil Killers **9.00** Forensics: Catching the Killer (AD) **10.00** How I Caught the Killer (AD) **11.00** World's Most Evil Killers **12 midnight** Killer in My Village **1.00am** Britain's Most Evil Killers **2.00** Killer Siblings **3.00** Brit Cops: War on Crime **4.00** Road Wars **5.00–6.00am** Motorway Patrol

Sky Crime **Sky** 122 (123 Scotland) **Virgin** 121 **BT** 349/**HD** 364 **+1** **Sky** 222 (223 Scot) **Virgin** 321

Gold

The Thin Blue Line *6.20pm* Fowler tackles protesters

7.10am Desmond's **7.50** Keeping Up Appearances **8.25** 2 Point 4 Children **9.00** Hi-de-Hi! **9.40** Porridge **10.20** Last of the Summer Wine **11.40** Keeping Up Appearances **12.20pm** 2 Point 4 Children **1.00** Dad's Army **1.40** The Thin Blue Line **2.20** Porridge **3.00** Hi-de-Hi! **3.40** Last of the Summer Wine **5.00** Keeping Up Appearances **5.40** Porridge

6.20pm The Thin Blue Line Patricia protests against the proposed Gasforth bypass. **7.00** Fowler thinks that marrying Patricia might improve his image.

7.40 Dad's Army Captain Mainwaring allows Frazer to take charge of the platoon. **8.20** A bomb lands on the bank.

9.00 The Royle Family The Royles look forward to a grand party in celebration of Antony's 18th birthday. (AD)

9.40 The Royle Family: Down the Back of the Sofa A refreshed version of the 2010 documentary about the cult British sitcom. (AD)

11.40 Christmas with the Royle Family Denise interrupts the banter by going into labour in this festive episode from 1999. (AD)

12.35am The Royle Family (AD) **1.15** The Thin Blue Line **1.55** The Real McCoy **3.05–4.00am** The Fosters

Gold **Sky** 110 (111 Wales) **Virgin** 124 **BT** 344/**HD** 359 **+1** **Sky** 210 (211 Wales) **Virgin** 324

Sky Comedy

8.00am Wellington Paranormal (AD) **9.00** Entourage **10.00** The Conners **11.00** Mr Mayor (AD) **11.30** Looking **12.50pm** House of Lies **1.30** The Fresh Prince of Bel-Air **2.30** Entourage **3.35** The Conners **4.30** Wellington Paranormal (AD) **5.00** Sort Of (AD) **5.30** The Fresh Prince of Bel-Air **6.30** Will & Grace (AD) **7.30** Mr Mayor (AD) **8.00** The Office US: double bill. Michael tries to frame Toby, then the workers fight among themselves **9.00** Divorce: double bill. Frances and Robert's lives continue to spin in some unexpected directions, then relationships are tested (AD) **10.15** Miracle Workers: End Times: double bill. Sid and Freya visit Freya's parents, then Freya finds out she is pregnant **11.15** Breeders (AD) **12.15am** Tig Notaro: Drawn **1.20** Enlightened **2.35–5.00am** Looking

Sky Comedy **Sky** 114 (115 Wales) **Virgin** 112 **BT** 347/**HD** 362

Comedy Central

8.00am Most Ridiculous On the Job **8.35** Most Ridiculous Show-Offs **9.00** The Middle (AD) **11.00** Home Improvement **1.00pm** Friends (AD) **9.00** Michael McIntyre's Big Show: with performances by Rod Stewart and James Morrison **10.00** ***New.*** Iain Stirling: Failing Upwards: a stand-up show at London's Alexandra Palace Theatre **11.30** Rhod Gilbert's Growing Pains: Rhod is joined by guests Olga Koch, Michael Odewale and Dermot O'Leary to roll back the clock **12.30am** South Park **2.30** Mike Judge's Beavis & Butt-Head: Beavis sees the face of Jesus in a nacho chip **3.00** Key and Peele **3.25** Criminally Funny **4.10–5.00am** Friends (AD)

Comedy Central **Sky** 112 (113 Wales) **Virgin** 132 **BT** 345/**HD** 360 **+1** **Sky** 212 (213 Wales) **Virgin** 332

Alibi

Elementary *7.00pm* Holmes looks into a double death

7.10am Murdoch Mysteries **9.00** Miss Fisher's Murder Mysteries **10.00** Hudson & Rex (AD) **11.00** Without a Trace **12 noon** Frankie Drake Mysteries (AD) **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries **4.00** Miss Fisher's Murder Mysteries **5.00** Hudson & Rex (AD)

6.00pm Without a Trace *20/24 Series 2.* Martin's terminally ill aunt disappears. Meanwhile, Jack attempts to reconcile with his father.

7.00 Elementary *8/24 Series 1* While investigating a bombing, Holmes finds evidence of a crime that has lain dormant for years.

8.00 Death in Paradise *4/8 Series 5.* Dwayne receives a text message from the grave after an old friend's funeral. **9.00** *7/8 Series 9.* The team is stumped when the owner of a hair salon is killed in front of her family – and no one saw what happened. **10.00** *5/8 Series 5.* Humphrey's Aunt Mary becomes caught up in a murder investigation. (AD)

11.00 Person of Interest *12/22 Series 4.* Control begins to question the methods and intentions of Samaritan.

12 midnight Elementary **1.00am** My Life Is Murder **2.10–4.00am** Murdoch Mysteries

Alibi **Sky** 109 (110 Wales) **Virgin HD** 114 **BT** 343/**HD** 358 **+1** **Sky** 209 (210 Wales) **Virgin** 191

Discovery

6.00am Bitchin' Rides **7.00** Deadliest Catch **8.00** Treehouse Masters **9.00** Alaska: the Last Frontier **10.00** How Do They Do It? **11.00** Wheeler Dealers **12 noon** Salvage Hunters **1.00pm** Deadliest Catch **3.00** Blowing Up History: Seven Wonders **5.00** Kindig Customs **6.00** Salvage Hunters: Drew Pritchard visits an old manor house in Wales **7.00** Wheeler Dealers: Mike restores a classic 1985 MK1 Mazda RX7 (AD) **8.00** Outback Truckers: Slick's cross-country race home for Christmas may be in jeopardy **9.00** Deadliest Catch (AD) **10.00** Countdown to Collision: the icebreaking oil tanker *Timofey Guzhenko* (AD) **11.00** Expedition X **12 midnight** How the Universe Works **1.00am** Deadliest Catch (AD) **2.00** Countdown to Collision (AD) **3.00–5.00am** Alaska: Homestead Rescue

Discovery **Sky** 125 (126 Scotland) **Virgin** 177 **BT** 320/**HD** 325 **+1** **Sky** 225 (226 Scot) **Virgin** 377

Discovery History

6.00am Expedition Unknown **7.00** Unsolved History **8.00** Devonport: inside the Royal Navy **9.00** Combat Dealers (AD) **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** How It's Made **1.00pm** Combat Dealers **2.00** Unsolved History **3.00** Blowing Up History **4.00** Mysteries at the Museum **5.00** Devonport: inside the Royal Navy **6.00** Nasa's Unexplained Files **7.00** Expedition Unknown **8.00** Combat Dealers (AD) **9.00** Blowing Up History (AD) **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 midnight** How It's Made **1.00am** Combat Dealers **2.00** Salvage Hunters **3.00** Combat Dealers (AD) **4.00–5.00am** Blowing Up History

Discovery History **Sky** 177 **Virgin** 181 **+1** **Sky** 277 **Virgin** 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

Sky Documentaries

The Last Hospital: 30 Days in Myanmar *9.00pm* Ramsay

6.00am Expecting Amy (AD) **7.00** Discovering: Tom Cruise **8.00** The Directors **9.00** One Shot: the Football Factory (AD) **10.00** Spector (AD) **11.00** Scouting for Girls: Fashion's Darkest Secret (AD) **12 noon** Mr Dynamite: the Rise of James Brown (AD) **2.15pm** Spring Awakening: Those You've Known (AD) **4.00** The Directors **5.00** Discovering: Tom Cruise

6.00pm One Shot: the Football Factory Footballers who dream of playing in the Premier League. (AD)

7.00 Spector Phil Spector assembles his defence team. (AD)

8.00 Scouting for Girls: Fashion's Darkest Secret Documentary exploring abuse in the fashion industry. (AD)

9.00 *New.* The Last Hospital: 30 Days in Myanmar Stuart Ramsay and the Sky News team visits a secret hospital deep in the Myanmar jungle.

10.00 Telemarketers Two employees uncover the murky truth behind a New Jersey call centre.

11.05 The Slow Hustle The story of the unsolved death of Baltimore police detective Sean Suiter. (AD)

12.50am Dave Not Coming Back **2.40** On the Record (AD) **4.30** Premier League Legends (AD) **5.00–6.00am** Discovering: Tom Cruise

Sky Documentaries Sky 121 (122 Scotland) **Virgin** 188 **BT** 352/HD 367

Nat Geographic

8.00am Food Factory **9.00** Air Crash Investigation **10.00** Ocean Wreck Investigation **11.00** Lost Treasures of Egypt **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Nazi Megastructures **4.00** Ice Road Rescue **5.00** Car SOS (AD) **6.00** Wicked Tuna (AD) **7.00** Air Crash Investigation (AD) **8.00** Airport Security: Rome **9.00** Sex for Sale: American Escort **10.00** Drug Lords: the Takedown: a drug trafficker resorts to cosmetic surgery to escape the law (AD) **11.00** Air Crash Investigation (AD) **12 midnight** Banged Up Abroad **1.00am** To Catch a Smuggler **2.00** Lords of War **2.30** Bid and Destroy **2.55** Made in a Day (AD) **3.20** Food Factory **4.10** Exotic Animal ER: Double Dose **4.35–5.00am** Secrets of the Zoo: Keeper Tales

Nat Geographic Sky 129 (130 Scotland) **Virgin** 183 **+1 Sky** 229 (230 Scot) **Virgin** 383

Sky History

6.00am American Pickers **7.00** Forged in Fire **8.00** Storage Wars Canada **9.00** Pawn Stars **10.00** WW2 Treasure Hunters **11.00** Greatest Heists with Pierce Brosnan **1.00pm** Storage Wars Canada **2.00** Secret Societies: in the Shadows **4.00** Britain's Most Historic Towns **5.00** Pawn Stars **6.00** American Pickers **7.00** Forged in Fire **8.00 *New.*** Swamp People: Troy attempts to run a record-breaking 100 lines alone **9.00 *New.*** Curse of Skinwalker Ranch **10.00 *New.*** Egypt's Unexplained Files **11.00 *New.*** Empire Builders **12 midnight** Pawn Stars **1.00am** Storage Wars Canada **2.00** Secret Restoration **3.00** Swamp People **4.00** Forged in Fire **5.00–6.00am** Britain's Most Historic Towns

Sky History Sky 123 (124 Scotland) **Virgin** 131 **BT** 353/HD 368 **+1 Sky** 223 (224 Scot) **Virgin** 331

Sky Nature

Brazil Untamed *8.00pm* Peccaries in the Pantanal

6.00am Reef Wrecks **7.00** Monkey Life **8.00** Untamed Valley **9.00** Wild Israel **10.00** Undiscovered Vistas **11.00** Islands (AD) **12 noon** Africa's Hidden Kingdoms (AD) **1.00pm** Monkey Life **2.00** Untamed Valley **3.00** Wild Israel **4.00** Undiscovered Vistas **5.00** Islands (AD)

6.00pm Africa's Hidden Kingdoms The winding path across the Drakensberg mountains. (AD)

7.00 Monkey Life Spider monkeys Hickory, Flint and Pumpkin are welcomed to the centre.
7.30 A woolly monkey undergoes an emergency caesarean.

8.00 Brazil Untamed A remote wetlands region which is home to 300 pig-like peccaries.

9.00 Wildlife ER Rescue officers free a tangled-up ibis, while vet Mel cares for a baby koala.

10.00 Africa's Hidden Kingdoms As 6pm.

11.00 Islands Encounters with white beluga whales around Baffin in the Canadian Arctic. (AD)

12 midnight Secrets of Wild Australia (AD) **1.00am** Into the Wild: India **2.00** Brazil Untamed **3.00** Wildlife ER **4.00** Untamed Valley **5.00–6.00am** Wild Israel: discovering the Eilat bay

Sky Nature Sky 124 (125 Scotland) **Virgin** 189 **BT** 354/HD 369

Eden

9.00am Impossible Engineering (AD) **6.00pm** Impossible Engineering: six editions. The *Boka Vanguard*, the largest heavy lift ship on Earth (AD) **7.00** How in devising the F35 Lightning II, engineers pushed the boundaries of aviation technology (AD) **8.00** The Beipanjiang First Bridge, the highest bridge on Earth, connecting two communities in China (AD) **9.00** The construction of remote ski resort Whistler, made possible with record-breaking engineering equipment (AD) **10.00** Nato's Airborne Warning and Control System, a cutting-edge aircraft that enables pilots to spot hostile intrusion (AD) **11.00** A floating bridge in Seattle, one of the longest such structures in the world (AD) **12 midnight** Impossible Engineering (AD) **5.30–6.00am** The Zoo

Eden Sky 166 **Virgin HD** 176 **+1 Sky** 266 **Virgin** 376

Animal Planet

8.00am Tanked **9.00** Pit Bulls and Parolees **10.00** My Cat from Hell (AD) **11.00** Animal Cops Philadelphia (AD) **12 noon** Tanked **1.00pm** Pit Bulls and Parolees **2.00** Celebrity Animal Encounters **3.00** The Crocodile Hunter: Best of Steve Irwin **4.00** My Cat from Hell (AD) **5.00** Lone Star Law: wardens respond to a call about an illegal deer-hunting case **6.00** Tanked **7.00** Pit Bulls and Parolees: Tia rescues a neglected puppy living in filthy conditions **8.00** Sharkwrecked: Crash Landing **9.00** Sharktacular 2016 **10.00** Edge of Alaska: a tragedy leaves one McCarthy resident fighting for their life **11.00** The Zoo **1.00am** Edge of Alaska **2.00** My Cat from Hell (AD) **3.00** Lone Star Law **4.00–5.00am** Tanked

Animal Planet Sky 162 (178 NI) **Virgin** 178 **+1 Sky** 262 (278 NI) **Virgin** 378

SPORT

Sky Main Event

Sky 401 **Virgin** 511/HD 501 **BT** 420/HD 440

6.00am Sky Sports News **7.00** Good Morning Sports Fans **10.00** The Football Show

12 noon LIVE International One-Day Cricket The first match of the three-game series between England and Ireland, at Headingley. **Sport: page 37**

8.00pm LIVE Championship Football Norwich City v Leicester City from Carrow Road (k-o **8.00**).

10.30 Back Pages Tonight **11.00** Sky Sports News

1.00am LIVE WNBA Coverage of another play-off match.

3.00–6.00am Sky Sports News

Sky Football

Sky 403 **Virgin** 513/HD 503 **BT** 422/HD 442

6.00am Classic Play-Off Final **8.30** EFL Greatest Games (AD) **9.00** Scottish Premiership Football **9.30** EFL Greatest Games **10.00** Classic Play-Offs **12 noon** Championship Highlights **12.15pm** League One and Two Goals **12.45** Championship Highlights **1.00** Scottish Premiership Round-Up **1.15** Scottish Premiership Football **1.30** Championship Highlights **3.30** German Football **4.30** Scottish Premiership Round-Up **4.45** Scottish Premiership Football **5.00** Championship Highlights **6.30pm** League One and Two Goals **7.00** Championship Highlights

7.30 LIVE Championship Football Coverage of Norwich City v Leicester City (kick-off **8.00**).

10.30 German Football **11.00** EFL Highlights **12.30am** EFL Greatest Games **1.00** Classic Play-Off Final (AD) **2.00** Championship Highlights **4.00** League Two Highlights **5.00–6.00am** Championship Season Review (AD)

Sky Golf

Sky 405 **Virgin** 515/HD 505 **BT** 424/HD 444

6.00am The Greatest Solheim Cup (AD) **8.00** Solheim Cup Golf **10.00** Rose Ladies Series **11.00** Drive On: LPGA All Access **11.30** Roots **12 noon** Solheim Cup Golf **12.45pm** From Scratch: Cara Gainer (AD) **1.00** Women in Golf: Breaking with Tradition (AD) **2.00** The Greatest Solheim Cup (AD) **4.00** Solheim Cup Golf **6.00** PGA Tour Champions **7.00** PGA Tour: the Cut **7.30** Challenge Tour Golf **8.00** Countdown to the Ryder Cup **8.30** Celebrity Kop Club **8.45** My Ryder Cup **9.00** One Shot Away **9.30** Challenge Tour Golf **10.00** PGA Tour Champions Learning Centre **10.30** Rose Ladies Series **11.30** PGA Tour: the Cut **12 midnight** One Shot Away **12.30am** PGA Tour Champions Learning Centre **1.00** PGA Tour Champions **2.00** The Greatest Solheim Cup (AD) **4.00–6.00am** Solheim Cup Golf

Eurosport 1

Sky 413 **Virgin** 521 **BT HD** 412

6.00am Climbing **7.00** Tennis **8.00** Premiership Speedway **9.00** Snooker **11.00** Cycling **12.30pm** Vuelta a España

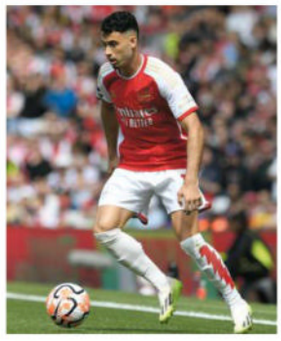
1.30 LIVE Cycling The European Championships, featuring the women's and men's time trials.

5.00 Snooker **7.00** Olympics: the Power of the Olympics **7.15** Olympics: Golden Moments **8.15** Olympics: the Olympians **8.30** Wrestling **9.00** Karate **10.00** Australian Open Tennis **12 midnight** Cycling **2.00am** World Superbikes **4.00–6.00am** Cycling

Eurosport 2

Sky 414 **Virgin** 522 **BT HD** 413

6.00am British Superbikes Extra **7.00** Cycling **8.30** Sailing **9.00** SailGP: from Saint-Tropez **10.00** World Superbikes **1.00pm** Motor Racing **3.00** Snooker **5.00** Motocross: World Championship **6.00** British Superbikes **7.00** Sydney Marathon **8.00** Cycling **10.00** Olympic Games: Golden Moments **11.00** Archery **12 midnight** Motocross: from Italy **1.30am** Le Mans Classic **2.00** Cycling **4.00–6.00am** Snooker: Welsh Open



Champions League *7.45pm* ***TNT Sports 1*** Arsenal's creative spark Gabriel Martinelli

Sky Premier League

Sky 402 **Virgin** 512/HD 502 **BT** 421/HD 441

6.00am Greatest Games **7.00** Highlights **10.00** The Football Show **12 noon** Gary Neville's Soccerbox **1.00pm** Years (AD) **3.00** Greatest Games **4.00** Highlights **6.00** Stories **6.30** Netbusters **7.00** Soccer Special **10.15** Stories **10.45** Review **11.45** Netbusters **12.15am** Greatest Games **12.30** Icons **1.00** Years (AD) **3.00** Greatest Games (AD) **4.00** Best Goals (AD) **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/HD 504 **BT** 423/HD 443

6.00am How the 2011 Cricket World Cup Was Won (AD) **8.00** International One-Day Cricket: England v New Zealand

12 noon LIVE International One-Day Cricket The first match of the three-game series between England and Ireland, staged at Headingley. **Sport: page 37**

8.30pm Pushing Boundaries (AD) **9.45** Women's World T20 Classics (AD) **10.00** International One-Day Cricket **11.00** Classic World Cup Cricket (AD) **12 midnight** International One-Day Cricket **1.00am** How the 2015 World Cup Was Won (AD) **3.00** International One-Day Cricket **4.00** Classic World Cup Cricket **4.50** My Icon: Michael Holding (AD) **5.00–6.00am** Classic World Cup Cricket: Bangladesh v England

Sky NFL

Sky 407 **Virgin** 517/HD 507 **BT** 426/HD 446

6.00am NFL Highlights **10.00** NFL: America's Game (AD) **11.00** NFL Bitesize **12 noon** Pro-Football Talk **2.00pm** NFL Highlights **3.00** NFL: America's Game **4.00** NFL Review Show: highlights and analysis **5.00** Good Morning Football **8.00** NFL Bitesize **9.00** Jaguars Weekly UK: news from the Jacksonville Jaguars **9.30** One Jets Drive **10.00** NFL Hard Knocks: New York Jets **11.00** NFL Fantasy **12 midnight** NFL: Total Access **1.00am** Jaguars Weekly UK **1.30** One Jets Drive **2.00** Pro-Football Talk **4.00** NFL Highlights **5.00** Jaguars Weekly UK **5.30–6.00am** One Jets Drive

Sky Arena

Sky 408 **Virgin** 518/HD 508 **BT** 427/HD 447

6.00am Women's Super League **6.30** Super League **7.00** Darts **12.15pm** Super League **1.00** US Open Tennis **3.30** WNBA **5.30** British Basketball League: Newcastle Eagles v Sheffield Sharks **7.45** Women's Super League **8.15** Super League **9.00** Show Jumping: the Grand Slam of Show Jumping **10.00** Boxing: Luis Alberto Lopez v Joet Gonzalez **11.00** WNBA

1.00am LIVE WNBA Coverage of another play-off match.

3.00 Super League **4.00** Boxing **5.00–6.00am** Modern Pentathlon

Sky Mix

Sky 416 **Virgin** 510 **BT** 429/HD 449

1.00–3.00am LIVE WNBA Live coverage of a play-off match.

TNT Sports 1

Sky 410 **Virgin** 527 **BT** 408/HD 430

6.00am Premier League Review **7.00** Wrestling **9.30** Badminton: the Hong Kong Open **11.30** Surfing (AD) **12.30pm** Squash Highlights **1.30** TNT Sports Goals Reload **2.00** T20 Cricket **2.30** TNT Sports Reload

3.00 LIVE Uefa Youth League Football Bayern Munich Under-19s v Manchester United Under-19s.

5.00 LIVE Champions League Football Real Madrid v Union Berlin, the Group C match at the Bernabéu (kick-off **5.45**); **7.45** Arsenal v PSV Eindhoven, the Group B match from the Emirates Stadium (kick-off **8.00**).

10.30 Champions League Football

11.30 LIVE T20 Cricket The first qualifier play-off match of the Caribbean Premier League.

3.45am TNT Sports Reload (AD) **4.00** Fishing: the Orvis Saltwater Festival (AD) **5.00–6.00am** Joe Cole Cast

TNT Sports 2

Sky 411 **Virgin** 528 **BT** 409/HD 431

6.00am Premiership Rugby Cup **7.30** Fishing (AD) **8.30** Premier League Netbusters (AD) **9.00** French Football **12 noon** Italian Football **5.00pm** Europa League and Conference League Football **6.00** George Best: True Genius

7.00 LIVE Champions League Football Bayern Munich v Manchester Utd, the Group A match at the Allianz Arena (kick-off **8.00**).

10.30 Premier League Reload **10.45** TNT Sports Goals Reload **11.00** MLB Plays of the Week (AD)

11.30 LIVE Major League Baseball Miami Marlins v New York Mets, the National League East match (start **11.40**).

3.00am Premier League Legends (AD) **4.00** French Football **5.00–6.00am** What Went Down: Exeter Chiefs (AD)

TNT Sports 3

Sky 417 **Virgin** 529 **BT** 410/HD 432

6.00am Champions League Football **11.00** Europa League Football and Conference League Magazine (AD) **12 noon** Champions League Football **4.00pm** Wrestling **5.00** Netbusters (AD)

5.30 LIVE Champions League Football Coverage of Galatasaray v FC Copenhagen, the Group A match at Rams Park (kick-off **5.45**); **7.45** Real Sociedad v Inter Milan, the Group D match at Anoeta Stadium (kick-off **8.00**).

10.00 Serie A: Full Impact (AD) **10.30** Europa League Football and Conference League Magazine (AD) **11.30** French Football: Ligue 1

12.30am LIVE Major League Baseball St. Louis Cardinals v Milwaukee Brewers, coverage of the National League Central match at Busch Stadium (start **12.45**).

4.00 MLB Plays of the Week (AD) **4.30** Squash **5.30–6.00am** TNT Sports Goals Reload

TNT Sports 4

Sky 421 **Virgin** 530 **BT** 411/HD 434

6.00am MLB World Series Film 1995 **7.15** What I Wore **7.30** Premier League Legends (AD) **8.00** French Football **9.00** Australian Rules Football **1.00pm** Major League Baseball

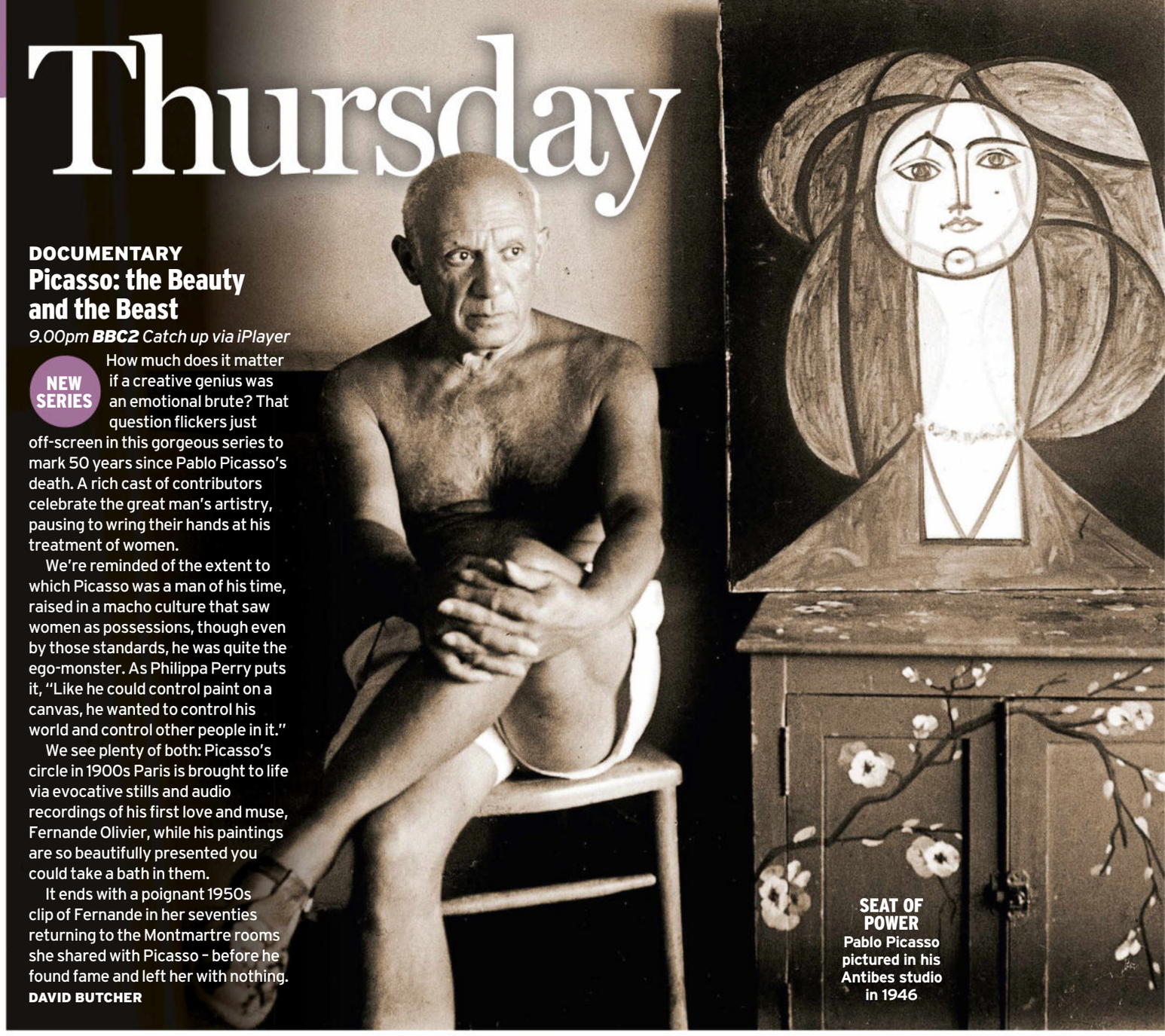
3.30 LIVE Europa Conference League Football Lille v Olimpija Ljubljana in Group A (kick-off **3.30**).

5.30 MLB Plays of the Week (AD) **6.00** TNT Sports Reload (AD) **6.30** Amplified **7.00** Serie A: Full Impact (AD) **7.30** Premier League Reload

7.45 LIVE Champions League Football Sporting Braga v SC Napoli, the Group C match (kick-off **8.00**).

10.00 Wrestling **12.45am** TNT Sports Goals Reload **1.00** UFC **4.00** Poker: the World Tour Series (AD) **5.00–6.00am** Premier League Legends (AD)

Thursday



SEAT OF POWER
Pablo Picasso pictured in his Antibes studio in 1946

DOCUMENTARY

Picasso: the Beauty and the Beast

*9.00pm **BBC2** Catch up via iPlayer*

NEW SERIES

How much does it matter if a creative genius was an emotional brute? That question flickers just off-screen in this gorgeous series to mark 50 years since Pablo Picasso's death. A rich cast of contributors celebrate the great man's artistry, pausing to wring their hands at his treatment of women.

We're reminded of the extent to which Picasso was a man of his time, raised in a macho culture that saw women as possessions, though even by those standards, he was quite the ego-monster. As Philippa Perry puts it, "Like he could control paint on a canvas, he wanted to control his world and control other people in it."

We see plenty of both: Picasso's circle in 1900s Paris is brought to life via evocative stills and audio recordings of his first love and muse, Fernande Olivier, while his paintings are so beautifully presented you could take a bath in them.

It ends with a poignant 1950s clip of Fernande in her seventies returning to the Montmartre rooms she shared with Picasso – before he found fame and left her with nothing. **DAVID BUTCHER**

DOCUMENTARY

Sort Your Life Out with Stacey Solomon

*8.00pm **BBC1** Catch up via iPlayer*

On the surface, Venicia and Elisha's family home in Nottingham looks neat and tidy. "Ooh, you can open the front door and see the floor!" squeals Stacey Solomon excitedly. However, there's chaos inside every cupboard – so the mess is there, it's just hidden away, and things are kept in odd places.

All of the family's possessions (including 118 blankets) are laid out in a massive indoor arena, but they're a nightmare to sort through because Venicia struggles to chuck things out. After some encouragement as well as clever cleaning, DIY and storage tips, the reveal includes a very emotional moment for one of the children. **JANE RACKHAM**

DOCUMENTARY

The Hidden World of Hospitality with Tom Kerridge

*8.00pm **BBC2** Catch up via iPlayer*

So often, the big celebratory moments in our lives – birthdays, weddings, Christmas, anniversaries, important sporting events – are made more memorable by the hospitality industry.

So we see how Tom Kerridge's high-end catering company operates when they provide a four-course lunch for 1,500 rugby fans who've each paid £1,000 for a match-and-meal package. In Wolverhampton Tom visits Grand Station, a venue that organises weddings – especially massive Asian ones – corporate events and parties. The sheer scale of these events is mind-boggling but so is the fact the team will be doing another one tomorrow. **JR**

DOCUMENTARY

Classic Movies: the Story of The Graduate

*8.00pm **Sky Arts** Catch up via Now*

How did a schlock producer, two stage comics, a perpetually out-of-work New York actor and a pair of cultish folk musicians create a movie so good that it changed Hollywood? Critic Ian Nathan explores the story behind 1967's generation-defining *The Graduate*, with as much attention paid to the film's fascinating politics as to its convoluted pre-production.

Enthusiastic evaluations of Dustin Hoffman and Anne Bancroft's performances in the lead roles help single this episode out as the series's most compelling yet – it feels miraculous that every element of the film turned out as well as it did. As ever, the classic itself can be streamed via ITVX Premium and StudioCanal Presents. **CALUM BAKER**

DOCUMENTARY

Paul O'Grady: for the Love of Dogs

*8.30pm (11.15pm N Ireland; not STV) **ITV1** Catch up via ITVX*

This is always such a heart-warming, positive programme despite the occasional sad tale.

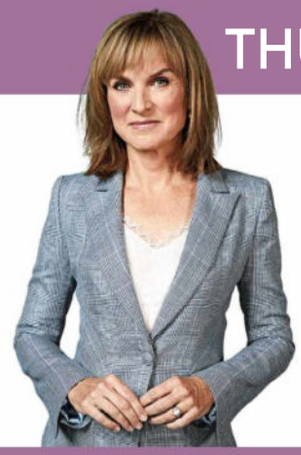
Lurcher cross Benny, for instance, is worryingly timid (although he lets Paul O'Grady cuddle him) so needs a confidence boost. Seeing Benny – eventually – tearing around the exercise yard, playing with another dog, is an uplifting sight. Elderly chihuahua Princess has cataracts so isn't the prettiest pooch but she still gets a loving home, which is cheering.

However, it's portly beagle Bertie who stole my heart (and, I suspect, Paul's) with his fondness for food and his reluctance to exercise. Watching the pair tackling the activity course will make you howl with laughter. **JR**

ALSO ON TODAY

Five-a-Day: the Big Con?
8.00pm ***Channel 5***
Experts revisit the 2003 health campaign that was aimed at upping our intake of fruit and vegetables.

Ambulance
9.00pm ***BBC1***
A major incident standby is declared after a patient makes a terrifying threat, and an elderly man needs urgent attention.



Question Time
10.40pm (11.20pm N Ireland) ***BBC1***
Fiona Bruce chairs the debate in Ipswich, where a panel of guests answers questions from the audience.

DOCUMENTARY

The TikTok Effect

9.00pm ***BBC3*** *Catch up via iPlayer*

Short-form video hosting service TikTok is one of the world's most popular social media platforms. Like all apps of its ilk, prolonged exposure can have negative effects on its users and the outside world. In this queasy film, BBC disinformation and social media correspondent Marianna Spring investigates a growing subculture in which amateur sleuths use TikTok to speculate on terrible crimes.

The emotional impact on people directly affected by those tragedies is devastating. Spring meets some of TikTok's ostensibly well-meaning, wannabe journalists, as well as ex-TikTok employees with an inside perspective on these "frenzies" – shorthand for viral-hungry conspiracy theory obsessions. **PAUL WHITELAW**

DOCUMENTARY

Shackleton: the Greatest Story of Survival

9.00pm ***PBS America***
Catch up via Freeview Play

The story of Ernest Shackleton's doomed 1914 expedition to cross Antarctica has been told before but choice details help this Australian documentary hit home. Shackleton raised funds by promising donors to name a bay or mountain in Antarctica after them, and had a knack for group psychology, making men of all ranks share chores and games together.

When they were trapped on the ice, that gift for morale proved crucial. Polar explorer Tim Jarvis traces the epic ordeal that followed with a feel for what it must have involved, so we get a vivid sense of the cold, the desolation and the implacable will to survive. **DB**

COMEDY DRAMA

The Lovers

9.00pm ***Sky Atlantic***
Catch up via Now

After Frankie (Alice Eve) caught Seamus (Johnny Flynn) and Janet (Roisin Gallagher) in a clinch in the middle of the street, the pair have a chance to come clean. But before Seamus can confess all, Janet jumps in with, "I'm his cousin!"

And so the trio spend the rest of the evening together – Janet and Seamus dodging questions about how they met, how they learnt they were related, what she knows about his late dad... and despite being most unconvincing, their fib isn't rumbled.

Maybe Seamus would be less nervous about his upcoming chat with the foreign secretary if he focused on doing more interview research, and less lying. **FRANCES TAYLOR**

UP TO THE TASK
L-R: Sam Campbell, Sue Perkins, Susan Wokoma, Julian Clary and Lucy Beaumont join Greg Davies and Alex Horne (centre)

GAME SHOW

Taskmaster *9.00pm* ***C4*** *Catch up via C4 streaming*

After getting used to a particular *Taskmaster* line-up, it's always something of an adjustment when a new series comes round. Suddenly, your old favourites are consigned to the mists of time, with an all-new quintet of comedians jumping through hoops for Greg Davies and Alex Horne in the battle for (largely symbolic) points.

But, as with every series, after the initial jolt it takes next to no time for the new contestants – Julian Clary, Lucy Beaumont, Sam Campbell, Sue Perkins and Susan Wokoma – to feel part of the (red velour) furniture. There's a reason we're now watching the 16th series of *Taskmaster* – the inventive format is the real star of the show. With tasks for this opening episode including a teetering pyramid of cans, a giant land-bound duck race and a spot of light bondage, it's clear the behind-the-scenes team aren't losing their touch. **HUW FULLERTON**

LIVE SPORT

Golf: Solheim Cup
5pm ***Sky Sports Main Event/Golf***
Top women's golf as Europe – including Scotland's Gemma Dryburgh (above) in her debut – take on the US in Spain. Today it's the opening ceremony; the three-day contest starts tomorrow.

Rugby Union: World Cup
France v Namibia
7.15pm (k/o 8pm) ***ITV4***
The hosts in action in Marseille.

Cycling: Tour of Luxembourg
12.30pm ***Eurosport 1***
Heading 183.9km from Mondorf-les-Bains to Mamer for Stage 2.

FILM OF THE DAY

Judgment at Nuremberg
★★★★ PG *9.00pm* ***BBC4***
Spencer Tracy's American judge presides over the trial of four Nazi war criminals. Notable for its influential use of real Holocaust footage, this star-studded courtroom epic remains unmissable, and a career high for many of its participants. (1961)

FILM REVIEWS page 105

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DAYTIME

BBC1

6.00am Breakfast Naga Munchetty, Charlie Stayt. (S) (HD)

9.15 Morning Live Gethin Jones, Kym Marsh. (S) (HD)

10.00 Fraud Squad A gang steals £16 million from the taxman by smuggling alcohol into the UK. (S) (AD) (HD)

10.45 Claimed and Shamed A visit to a theme park ends in tears when a father is injured. (Revised rpt) (S) (HD)

11.15 Homes under the Hammer The progress of properties in Plymouth and West Yorkshire. (S) (AD) (HD)

12.15pm Bargain Hunt The experts visit the West Midlands Showground in Shrewsbury. (R) (S) (AD) (HD)

1.00 BBC News **Regional News; Weather** (S) (HD)

1.45 Doctors Daniel's round of golf is ruined when a climate change protestor blockades the course. (S) (AD) (HD)

2.15 Money for Nothing Items include an oak serving table and some splash-back glass. (R) (S) (HD)

3.00 Escape to the Country Alistair Appleton helps two teachers seeking a home in Dorset. (R) (S) (AD) (HD)

3.45 Garden Rescue In South Yorkshire, Charlie Dimmock and Flo Headlam aim to create a garden with a forest feel. Repeated tomorrow 7.15am BBC2 (S) (HD)

4.30–5.15 The Finish Line Quiz show. (S) (HD)

BBC2

6.30am Escape to the Country Viewing properties in the East Midlands. Shown Monday 3pm BBC1 (S) (AD) (HD)

7.15 Garden Rescue Joy from Cheadle needs help with her unsafe garden. Shown yesterday 3.45pm BBC1 (S) (HD)

8.00–9.00 Sign Zone **Coastal Defenders** ***3/5*** *Series 1* The dive team repair a sea-worn mooring structure that has brought the Isle of Wight ferries to a standstill. (S) (AD) (HD)

9.00 Nicky Campbell Discussing the day's talking points. Simulcast with Radio 5 Live. (S) (HD)

10.00 BBC News (S) (HD)

12.15pm Politics Live News from Westminster. (S) (HD)

1.00 Impossible Quiz with Rick Edwards. (R) (S) (HD)

1.45 Eggheads Jeremy Vine hosts the quiz. (R) (S) (HD)

2.15 Murder, Mystery and My Family: Case Closed? The case of two men sentenced to death for the murder of a Liverpool woman in 1951. (R) (S) (AD) (HD)

3.00 Kelvin's Big Farming Adventure The Fletchers enter three sheep into the Ashbourne Show. (R) (S) (AD) (HD)

3.30 Great Canadian Railway Journeys Michael Portillo takes the train from Miramichi in New Brunswick to Quebec City. (R) (S) (AD) (HD)

4.00–5.00 Serengeti A tragic turn of events forces lioness Kali to make a difficult decision. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)

9.00 Lorraine Fashion, food and chat. (S) (HD)

10.00 This Morning Celebrity interviews, cookery and lifestyle advice. Including **Regional Weather** (S) (HD)

12.30pm Loose Women Heated debates from a female perspective. Repeated 2.20am (S) (HD)

1.30 ITV Lunchtime News **Regional News; Weather** (S) (HD)

2.00 James Martin's Spanish Adventure In Córdoba, James takes a ride on an eco-friendly tuk tuk and heads to a food market. (S) (AD) (HD)

3.00–4.00 Tenable Five over Par, a team of five golfing buddies from Shropshire, compete. Signed repeat 3.05am (S) (HD) Followed by **Regional Weather**

Channel 4

6.05am Countdown Chris McCausland guests. (R) (S) (HD)

6.45 Cheers Double bill of the comedy. (R) (S) (HD)

7.35 Everybody Loves Raymond (R) (S) (AD) (HD)

8.25 Frasier Three episodes of the sitcom. (R) (S) (AD)

9.55 Château DIY At Château de Gere, Trish tries to combat invading sheep by building a fence. (R) (S) (AD) (HD)

10.55 George Clarke's Amazing Spaces The architect looks back at a project created by a young small-space designer. (R) (S) (AD) (HD) **11.55 News** (S) (HD)

12 noon Steph's Packed Lunch Including celebrity guests, recipes and real-life features. (S) (HD)

2.10pm Countdown Chris McCausland guests. (S) (HD)

3.00–5.00 A Place in the Sun A motorbike enthusiast looks for a home on the western Costa del Sol. (R) (S) (HD)

4.00 A couple seek the perfect holiday home in France's Dordogne region. Repeated 7pm 4seven (S) (HD)

BBC1 1

Sort Your Life Out with Stacey Solomon *8.00pm* Everything in its place: Stacey helps a family declutter

5.15pm Pointless

Alexander Armstrong and co-host Richard Osman present the quiz in which contestants attempt to score the fewest points possible by giving the least obvious correct answers to questions. (R) (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S) (HD)

7.00 The One Show

Presented by Alex Jones and Roman Kemp. (S) (HD)

7.30 EastEnders

Phil is left reeling when he learns the truth, and Ian issues Cindy with an ultimatum.

Ian Beale	**Adam Woodyatt**	Denise Fox	**Diane Parish**
Cindy Beale	**Michelle Collins**	Eve Unwin	**Heather Peace**
Bobby Beale	**Clay Milner Russell**	Anna Knight	**Molly Rainford**
Billy Mitchell	**Perry Fenwick**	George Knight	**Colin Salmon**
Reiss Colwell	**Jonny Freeman**	Karen Taylor	**Lorraine Stanley**
Mitch Baker	**Roger Griffiths**	Kathy Beale	**Gillian Taylforth**
Gina Knight	**Francesca Henry**	Elaine Peacock	**Harriet Thorpe**
Vinny Panesar	**Shiv Jalota**	Stacey Slater	**Lacey Turner**
Peter Beale	**Thomas Law**	Patrick Trueman	**Rudolph Walker**
Jack Branning	**Scott Maslen**	Jean Slater	**Gillian Wright**
Sam Mitchell	**Kim Medcalf**	Yolande Trueman	**Angela Wynter**
Whitney Dean	**Shona McGarty**	Dorian	**Luke JI Smith**
Felix Baker	**Matthew Morrison**	Nadine Keller	**Jazzy Phoenix**
Bernadette Taylor	**Clair Norris**		

Writer Bryan Kirkwood This week's episodes directed by Richard Lynn More cast Wednesday (S) (AD) (HD)

8.00 Sort Your Life Out with Stacey Solomon

RT ***3/5*** *Series 3.* Stacey Solomon and her team meet Venicia and Elisha, their four children and Venicia's younger brother Samuel. With their house emptied, the clan's possessions are laid out in a warehouse and among the items are 118 blankets, 51 hats and 52 bottles of perfume. As the family members try to decide which of their belongings to keep, carpenter Rob creates a football-themed bedroom, while organiser Dilly arranges their kitchen gadgets in the brand new larder. Series 1 and 2 are available to watch on iPlayer. **See page 98.**

Director Jon Cowen; Executive producer Charlotte Brookes (S) (AD) (HD)

9.00 Ambulance

5/6 *Series 11.* At the start of the night shift, staff of the North West Ambulance Service respond to an urgent call about a patient who is threatening to use a nerve agent. A major incident standby is declared and multiple resources are dispatched to the scene, including advanced paramedic Mike. Meanwhile, in Burnley, crewmates Debbie and Rachel are sent to tend to a 75-year-old male, while Blackpool-based team Richard and Keeley are diverted to a patient who isn't breathing. Christopher Eccleston narrates. A box set of previous series is available on iPlayer.

Series producer Tasha McLintock; Executive producers Peter Wallis-Tayler and Simon Ford (S) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 Question Time

New series. Fiona Bruce presents the topical debate, inviting a panel of politicians and other guests in Ipswich to answer questions from an invited audience. Also available live at 8pm on iPlayer.

Executive producer Nicolai Gentchev; Series editor Hilary O'Neill Have Your Say: tweet with #bbcqt (S) (HD)

11.40 Newscast

New series. BBC journalists including Adam Fleming and Chris Mason host a weekly round-up of the latest stories and developments from Westminster.

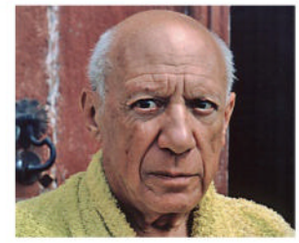
Senior editors Jonathan Aspinwall and Sam Bonham The podcast is available via BBC Sounds (S) (HD)

12.10am Weather for the Week Ahead (S) (HD)
12.15–6.00am BBC News (S) (HD)

BBC1 **Freeview** 1/**HD** 101 **Freesat** 101 **Sky** 101 **Virgin** 101

BBC2 2

Picasso: the Beauty and the Beast *9.00pm* Re-evaluating the life and works of the Spanish artist



5.00pm Flog It!

A collection of unseen finds from some of the previous locations in the series. Paul Martin explores Burton Constable Hall near Hull. (R) (S) (HD)

6.00 Richard Osman's House of Games

Milton Jones, Ria Lina, Martin Roberts and Briony May Williams face more trivia-based games. (R) (S) (HD)

6.30 Marcus Wareing's Tales from a Kitchen Garden

Series 2. The chef considers adding goats to his smallholding, but as they are notoriously hard to look after, Marcus wants to find out more about them before taking the plunge. Later, he arranges for two chefs to get a masterclass in cooking over fire. (S) (HD)

7.00 The Warship: Tour of Duty

2/6. **Troubled Waters.** On its way to the far Pacific, HMS *Queen Elizabeth* enters the eastern Mediterranean, but almost immediately Russian warships and jet fighters are diverted from the Black Sea to intercept the vessel in a wave of aggression.

Director Chris Terrill; Executive producers Christine Hall and Alan Clements (R) (S) (AD) (HD)

8.00 The Hidden World of Hospitality with Tom Kerridge

RT ***8/8.*** **Show Time.** The chef takes a look at how the hospitality industry delivers exceptional service on a huge scale. In Wolverhampton, Tom meets the team behind Grand Station, a large events venue housed in a former railway station. And Tom also has a huge catering event of his own – the Six Nations rugby union match between England and France at Twickenham. **See page 98.**

Exec producer Richard Bowron Rptd tomorrow 12.05am (S) (AD) (HD)

9.00 Picasso: the Beauty and the Beast

RT ***New series. 1/3.*** Pablo Picasso is one of the most celebrated artists of all time, whose inventive and provocative art spanned seven of the most tumultuous decades in history. With rare contributions from his family, friends and experts – including daughter Paloma and artist Jeff Koons – this series reassesses both Picasso the artist and Picasso the man. The opening episode follows the Spaniard's years as an emerging artist in Paris. As his renown grows, he meets his first love, artist's model Fernande Olivier, and forms close friendships with other artists and poets, including Henri Matisse and Guillaume Apollinaire. **See page 98.**

Director/Producer John O'Rourke Rptd tomorrow 1.05am (S) (AD) (HD)

10.00 Mortimer & Whitehouse: Gone Fishing

3/6 *Series 6.* On a stretch of the Hampshire Avon, Bob and Paul hope to land roach, dace and river carp. **See choice page 58.** Shown Sunday 9pm (S) (AD) (HD)

10.30 Newsnight With Faisal Islam. (S) (HD)

11.10 Weather (S) (HD)

11.15 Alex Brooker: Disability and Me

The Last Leg presenter confronts what disability really means in Britain today, reuniting with a childhood friend and chatting to Paralympic swimmer Susie Rodgers about her life.

Director Pamela Gordon; Producer Jonathan Skuse (R) (S) (AD) (HD)

12.15–4.00am Sign Zone **12.15 Living Next Door to Putin** ***1/2.*** Travelling through a region that's still reeling from the legacy of the Soviet Union. Shown Sun 7pm (S) (AD) (HD)
1.15 Laura Kuenssberg: State of Chaos ***1/3.*** The journalist looks at the premiership of Theresa May. (S) (AD) (HD)
2.15 Strictly Come Dancing Launch Show Tess Daly and Claudia Winkleman welcome 15 celebrities to the ballroom. **See choice, page 48.** Shown Saturday 6.35pm BBC1 (S) (AD) (HD)

BBC2 **Freeview** 2/**HD** 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV1

3

Emmerdale
7.30pm Gail is left shaken when she is told to meet a desperate woman at the allotment

4.00pm Tipping Point
Contestants answer questions to win turns on an arcade machine. Ben Shephard hosts. (S) (HD)

5.00 The Chase
Bradley Walsh presents as Rhys, Ann, Bethan and Darren take on one of the Chasers. (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Emmerdale
Gail hears some bad news. Kim is delighted to learn that Gabby has taken Hop off the market.

Gail Loman	**Rachael Gill-Davies**	Chas Dingle	**Lucy Pargeter**
Kim Tate	**Claire King**	Claudette Anderson	**Flo Wilson**
Gabby Thomas	**Rosie Bentham**	David Metcalfe	**Matthew Wolfenden**
Mackenzie Boyd	**Lawrence Robb**	Dawn Fletcher	**Olivia Bromley**
Amy Wyatt	**Natalie Ann Jamieson**	Eric Pollard	**Christopher Chittell**
Bear Wolf	**Joshua Richards**	Ethan Anderson	**Emile John**
Belle Dingle	**Eden Taylor-Draper**	Heath Hope	**Sebastian Dowling**
Bernice Blackstock	**Samantha Giles**	Jacob Gallagher	**Joe-Warren Plant**
Billy Fletcher	**Jay Kontzle**	Jai Sharma	**Christopher Bisson**
Bob Hope	**Tony Audenshaw**	Jimmy King	**Nick Miles**
Brenda Walker	**Lesley Dunlop**	Kerry Wyatt	**Laura Norton**
Cain Dingle	**Jeff Hordley**	Laurel Thomas	**Charlotte Bellamy**
Caleb Miligan	**William Ash**	Leyla Cavanagh	**Roxy Shahidi**
Charity Dingle	**Emma Atkins**	Liam Cavanagh	**Jonny McPherson**
Charles Anderson	**Kevin Mathurin**		

Writer Sarah Bagshaw More cast Friday (S) (AD) (HD)

8.30 Paul O'Grady: for the Love of Dogs
RT *7/8 Series 11.* Paul has his work cut out when he meets an old chihuahua with no end of ailments. He also needs to help a dangerously overweight beagle-basset hound cross lose some serious weight and attempts to bring a nervous labrador cross out of his shell. **See p98.**
Director Peter Deagle
Producer Nicole Sullivan (R) (S) (AD) (HD)

9.00 My Mum, Your Dad
9/10. As the end approaches, the romance is ramped up in the retreat. The couples are all sent on extravagant dates where they discuss their journey so far and plans for the future. That evening the parents then write their kids letters, leading to high emotions from the children. Davina McCall hosts. Continues tomorrow 9pm.
Repeated 11.40pm (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 Secrets of the Krays
***2/3.* Fear and Fame.** The documentary series moves on to the 1960s, as Ronnie and Reggie Kray reach the height of their powers. Detective Leonard "Nipper" Read's relentless pursuit of the gangsters is rewarded when a Soho club owner agrees to testify that he is being extorted by the Krays. But the trial collapses when the twins manage to influence the key prosecution witness. The contributors include Read's widow Pat and the twins' cousin Kim Peat. The whole series is available as a box set on ITVX.
Director/Producer Richard Sanders (R) (S) (AD) (HD)

11.40 My Mum, Your Dad
9/10. Davina McCall hosts. Shown 9pm (S) (AD) (HD)

12.30am Extreme E Highlights Race one of the Island X-Prix II. More tomorrow 12.30am. (S) (HD)
1.25 All Elite Wrestling: Rampage The world's toughest fighters compete. Shown Tuesday 11.25pm ITV4 (S) (HD)
2.20 Loose Women Debates. Shown 12.30pm (S) (HD)
3.05 Tenable Quiz show. Shown 3pm (S) (SL) (HD)
3.55 Unwind A sequence to calm the mind. (S) (HD)
5.05–6.00am Oti Mabuse's Breakfast Show Singer Katie Melua and ex-*Geordie Shore* star Vicky Pattison join Oti in the studio. Shown Saturday 8.25am (S) (SL) (HD)

ITV1 **Freeview** 3/HD 103 **Freesat** 103 **Sky** 103 **Virgin** 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 303

Channel 4

4 / 7 in Wales

Taskmaster
9.00pm Knight moves: Julian Clary and Lucy Beaumont are going for gold

5.00pm A New Life in the Sun
In Italy, poor weather threatens to scupper a couple's plan to go paragliding. Meanwhile, a Lancashire pair are soon left feeling shaken and stirred when they start running a cocktail-making master class in Spain. (R) (S) (HD)

6.00 The Simpsons
22 for 30. Bart goes from delinquent to the star basketball player at school. (R) (S) (AD) (HD)

6.30 Hollyoaks
John Paul has flashbacks from his attack, and Scott hosts a bingo night dressed as Cher.
Writer Ross Adams Cast Tue/Fri This week's episodes directed by Adam Batchelor Shown yesterday 7pm E4 Rptd tomorrow 6.30am E4 The next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 Kirstie and Phil's Love It or List It
Kirstie Allsopp and Phil Spencer help Sarah and Jabzz from Cheshire decide whether to renovate their four-bed, one-bathroom house or sell it. Sarah thinks they need more space, a second bathroom and somewhere to dry the laundry. Meanwhile, Jabzz loves their home and doesn't want to leave behind all the work they have put into it. Kirstie puts together a cost-effective plan to make the house fit their needs, while Phil looks for a new place they could love.
Series producer Laura Harding; Executive producer Jonny Wharton Repeated tomorrow 8pm 4seven (R) (S) (AD) (HD)

9.00 Taskmaster
RT ***New series. Ep 1.*** Five more stars attempt to win the favour of Greg Davies by completing a series of fiendish tasks and, as always, Little Alex Horne is there to assist him in any way possible. The brave knights battling to take home the glittering golden trophy this time are Julian Clary, Lucy Beaumont, Sam Campbell, Sue Perkins and Susan Wokoma. It's not long before Greg slaps Alex because of peas, Lucy marvels at a canned blindfold, and everyone tries to put a big duck in a lake. **See page 99.**
Series director Andy Devonshire; Series producer Andy Cartwright Rptd 2.15am 4seven, Fri 10pm 4seven (S) (AD) (HD)

10.00 Eight out of Ten Cats Does Countdown
Roisin Conaty and Joe Wilkinson play against Jon Richardson and Nabil Abdulrashid, while David O'Doherty resides in Dictionary Corner.
Series producer Jodie Krstic; Executive producers Richard Cohen and Ruth Phillips (R) (S) (HD)

11.05 Sarah Millican: Control Enthusiast
A 2018 stand-up show in which the Geordie comedian talks about road rage, IBS and her favourite word. She also muses on bra fittings and how she feels about her belly.
Director/Producer Brian Klein (R) (S) (HD)

12.05am Ramsay's 24 Hours to Hell and Back Gordon visits Catfish Cabin in Memphis. (R) (S) (SL) (AD) (HD)
12.55 George Michael: Portrait of an Artist A documentary charting the singer's rise to stardom. **See choice, p58.** Shown Sunday 9pm (S) (AD) (HD)
2.40 Gifted ★★★★ Drama starring Chris Evans. Frank has raised his niece Mary, a maths prodigy, to be as "normal" as possible. Then Mary's snobbish grandmother arrives, sparking a custody battle.
Director Marc Webb (2017, 12) (S) (SL) (AD) (W) (HD)
4.25 Undercover Boss USA With Greg Miller, the CEO of the Larry H Miller Group of Companies. (R) (S) (HD)
5.15–6.05am Couples Come Dine with Me A love-themed menu features in Belfast. (R) (S) (HD)

Channel 4 **Freeview** 4/HD 104 **Freesat** 104 **Sky** 104 **Virgin** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 304

BBC4

9 / 24 in Scotland

Judgment at Nuremberg
9.00pm Spencer Tracy stars in a memorable courtroom drama

7.00pm Great Coastal Railway Journeys
Series 1. **Milford Haven to Fishguard** In Pembrokeshire, Michael Portillo visits the biggest energy port in the UK, which has an oil refinery and storage terminals as well as natural gas terminals. At Pembroke Dock, he visits a project to harness the power of the sea and learns how the energy of waves will be captured in the future.
Repeated 1.30am (R) (S) (AD) (HD)

7.30 Climbing Great Buildings
Glasgow School of Art. Aided by climber Lucy Creamer, Dr Jonathan Foyle scales the masterpiece that is Glasgow's School of Art, designed by Charles Rennie Mackintosh.
Repeated 2am (R) (S) (AD) (HD)

8.00 Hidden Wales with Will Millard
1/3. Adventurer Will Millard sets off to explore the hidden history of Wales, starting in the north of the country. On his travels, he comes across the world's biggest abandoned slate mine.
Director James Hale; Producer Kate Owen
Repeated 2.30am (R) (S) (HD)

9.00 Judgment at Nuremberg
★★★★ Historical courtroom drama. In 1948, American justice Dan Haywood arrives in Nuremberg to preside over the trial of four German judges accused of crimes against humanity under the Nazi regime. As he hears the arguments of the two lead attorneys, while spending his downtime getting to know a German war widow, Haywood ponders obsessively over the ramifications of this unprecedented tribunal. Available on iPlayer for 26 days. **Film of the Day: page 105.**

Judge Dan Haywood	**Spencer Tracy**
Ernst Janning	**Burt Lancaster**
Madame Bertholt	**Marlene Dietrich**
Hans Rolfe	**Maximilian Schell**
Colonel Tad Lawson	**Richard Widmark**
Irene Hoffman	**Judy Garland**
Rudolph Petersen	**Montgomery Clift**

Director Stanley Kramer (1961, PG) (BW) (S)
Shown Sunday 12.30pm BBC2

11.55 Tulip Fever ★★
Period romantic drama. In 17th-century Amsterdam, wealthy businessman Cornelis Sandvoort hires an artist to paint a portrait of him and his wife, Sophia, with whom he is struggling to conceive a child. When Sophia falls for the painter, she plots to escape her marriage by investing in the tulip trade. On iPlayer for 30 days. **Review p105.**

Sophia Sandvoort	**Alicia Vikander**
Cornelis Sandvoort	**Christoph Waltz**
Jan van Loos	**Dane DeHaan**
Abbess of St Ursula	**Judi Dench**
Dr Sorgh	**Tom Hollander**
Willem Brok	**Jack O'Connell**

Director Justin Chadwick (2016, 15) (S) (W) (HD)

1.30am Great Coastal Railway Journeys Shown 7pm (S) (AD) (HD)
2.00 Climbing Great Buildings Shown 7.30pm (S) (AD) (HD)
2.30–3.30am Hidden Wales with Will Millard Shown 8pm (S) (SL) (HD)

BBC4 **F'view** 9/HD 106 **F'sat** 108 **Sky** 116 **Virgin** 108

BBC1 SCOTLAND
11.15am Bargain Hunt
12 noon–1.00pm First Minister's Questions

BBC SCOTLAND
7.00pm The Disasters That Shocked Scotland: revisiting the 2014 Glasgow bin lorry crash **7.30** The Great Food Guys **8.00** Beechgrove Garden **8.30** Landward: Dougie Vipond lends a hand with the harvest in Angus **9.00** The Nine **10.00** Scot Squad **10.30** Gary: Tank Commander **11.00** Two Doors Down **11.30–12 midnight** Mirror Mirror

STV
8.30–9.00pm Scotland Tonight: Taggart 40th Anniversary Special: a look back at the crime drama *Taggart* **3.55–5.05am** Night Vision

ITV1 BORDER SCOTLAND
10.45pm Representing Border: political news with Peter MacMahon **11.15** Secrets of the Krays **12.05–12.30am** The Way We Were

BBC1 NORTHERN IRELAND
10.40pm The View: news from Stormont and Westminster **11.20** Question Time **12.20am** Newscast **12.50–6.00** BBC News

BBC2 NORTHERN IRELAND
10.00–10.30pm The Long and the Short of It: the Act of Union of Britain and Ireland

UTV
8.30–9.00pm UTV Life: Pamela Ballantine with chat and music **10.45** Secrets of the Comedy Circuit: stand-up comedy from Belfast filmed in front of a live audience **11.15** Paul O'Grady: for the Love of Dogs **11.40–12.30am** Love Your Garden: Alan and the team transform a garden in Bicester

Channel 5 listings are overleaf

THURSDAY Freeview

Channel 5 [5]

Peter Sellers: The Dark Side of the Goon *9.00pm* Sellers as Clouseau

5.25am Milkshake! See page 104
9.15 Jeremy Vine (S) (HD)
11.15 Storm Huntley (S) (HD)
12.40pm Alexis Conran (S) (HD)
1.40 5 News (S) (HD)
1.45 Home and Away Kirby meets up with renowned manager Forrest Duke. Shown Wednesday 6.30pm 5 Star (R) (S) (AD) (HD)
2.15 Murder in Cherry Springs ★★ Mystery. A disgraced reporter looks into the mystery of her missing friend. Director Letia Clouston (2021) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun Wayne and Des in Benidorm prepare for their annual charity calendar. (S) (HD)
5.00pm 5 News (S) (HD)
6.00 Susan Calman's Grand Day Out *1/7 Series 4.* The comedian heads to the Cornish coast in her campervan, and explores the Lizard peninsula. (R) (S) (HD)
6.55 5 News Update (S) (HD)
7.00 Alexander Armstrong in Sri Lanka *2/3.* The presenter visits the mountain town of Haputale and learns about Ceylon tea. He also visits the water-surrounded city of Kandy, before heading south to Udawalawe National Park. (R) (S) (HD)
7.55 5 News Update (S) (HD)
8.00 Five-a-Day: the Big Con? Twenty years ago, the government told us to eat five portions of fruit and vegetables a day in a bid to stop our national obesity crisis. But has the campaign been effective, and are food producers misleading us with their labelling? Here, dieticians investigate the issue. Executive producer Emily Jones (S) (HD)
Followed by **5 News Update** (S) (HD)
9.00 Peter Sellers: The Dark Side of the Goon Contributors including Nanette Newman, Valerie Leon, and Charlie Higson look back at the life of the renowned actor and comedian. After early success in *The Goon Show,* Sellers went on to star in major movies including *Dr. Strangelove* and the Pink Panther series. But he also gained notoriety for his struggles with insecurity, depression and addiction. Producer/Director Kate Church (S) (HD)
10.30 A&E after Dark The staff at Hull Royal Infirmary battle to save the sight of 51-year-old Patricia, who impaled her eye on a tent peg. Series producer Simon Bowyer (R) (S) (HD)
11.30 Skin A&E *5/10 Series 2.* A patient has a cyst on his neck the size of a golf ball, while another hopes to be rid of the lipoma attached to her back for almost ten years. Series director Ben Bhatia First shown on 5 Star (S) (HD)
12.30am Police Interceptors: a keyless theft of a car (R) (S) (HD) **1.25** Casino (S) (HD) **3.25** How to Have a Better Orgasm (R) (S) (HD) **4.15** Never Teach Your Wife to Drive (R) (S) (SL) (HD) **5.05** Great Scientists (R) (S) (SL) **5.30–5.35am** Entertainment News (S) (HD)

C5 **Freeview** 5/HD 105 **Freesat** 105 **Sky** 105 **Virgin** 105
+1 **Freeview** 38 **Freesat** 128 **Sky** 205 **Virgin** 305

BBC4 listings are overleaf

BBC3 [23]

Frozen Planet *7.00pm* A dog sled battles against the elements

7.00pm Frozen Planet *6/7 Series 1.* **The Last Frontier.** A focus on the human presence in the polar regions. More tomorrow 7pm. The whole series is on iPlayer. (S) (AD) (HD)
8.00 Gavin & Stacey *3/6 Series 1.* Uncle Bryn drives the family to Essex, and the couple have a major announcement to make. (S) (AD) (HD)
8.30 *4/6.* Nessa reveals her big secret to Stacey. More tomorrow 8pm. (S) (AD) (HD)
Followed by ***New.*** **The Catch Up** (S) (HD)
9.00 ***New.*** **The TikTok Effect** RT BBC disinformation and social media correspondent Marianna Spring investigates the growth of a worrying subculture among TikTok users. **See page 99.** (S) (AD) (HD)
9.55 The Instagram Effect The story of the social media giant, told by former staff, insiders and users. (S) (HD)
10.55 Bad Education *5/6 Series 4.* Stephen is keen to get rid of Mitchell, who has moved in. (S) (AD) (HD)
11.25 *6/6.* Stephen wants to turn the school play into a showcase to impress an agent. A box set is on iPlayer. (S) (AD) (HD)
11.55 ***New.*** **The Bold Type** *4/10 Series 2.* Jane and Pinstripe try out gossip reporting. More tomorrow 11.45pm. A box set is on iPlayer. (S) (HD)
12.35am The TikTok Effect (S) (AD) (HD) **1.30** Boot Dreams: Now or Never (S) (AD) (HD) **2.30** Gavin & Stacey (S) (SL) (AD) (HD) **3.00–4.00am** Bad Education: double bill (S) (SL) (AD) (HD)

BBC3 **F'view** 23/**HD** 107 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 115 (117 Wales; 121 Scotland) **Virgin** 107 (157 Scotland/Wales)

ITV2 [6]

5.00am CITV: children's programmes (S) (HD) **9.00** One Tree Hill (S) (HD) **10.00** Dawson's Creek: the gang exchange scary stories (S) (HD) **11.00** Love Bites (S) (SL) (AD) (HD)
12 noon Dinner Date (S) (AD) (HD) **1.00pm** Family Fortunes (S) (HD) **2.00** Chuck (S) (HD) **3.05** One Tree Hill (S) (HD) **4.00** Dawson's Creek (S) (HD) **5.00** Dinner Date (S) (AD) (HD)
6.00pm Celebrity Catchphrase Stephen Mulhern welcomes contestants Jay Blades, Sally Lindsay and Nicky Campbell. (S) (AD) (HD)
7.00 Family Fortunes Gino D'Acampo hosts as the Davies family from the Wirral take on the Russells from Oxford for a chance to take home the £30,000 jackpot prize. (S) (HD)
8.00 Superstore *9/21 Series 5.* Garrett admires a hi-tech purchase. (S) (AD) (HD)
8.30 *10/21.* Garrett and Glenn compete to sell a seemingly unsellable item. (S) (AD) (HD)
9.00 Family Guy *Series 16.* Peter meets his favourite cereal mascot Boo Berry.
9.30 Stewie is examined by a child psychologist after misbehaving in school.
10.00 In a homage to Charles Dickens, Stewie and Brian investigate a series of mysterious murders in Victorian London.
10.30 Chris loses a rare dollar note that Carter gave him for his birthday.
11.00 A special anthology episode tells the story of Peter losing his brewery job. (S) (AD) (HD)
11.30 American Dad! *Series 12.* Steve and Snot plan a party for social misfits. (S) (AD) (HD)
12 midnight Francine helps Greg. (S) (AD) (HD)
12.30am Superstore: two editions (S) (AD) (HD) **1.30** The Sex Lives of College Girls: double bill (S) (HD) **2.30** Totally Bonkers Guinness World Records (S) (HD) **2.55–3.00am** Unwind (S) (HD)

ITV2 **Freeview** 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 **Freeview** 29 **Freesat** 114 **Sky** 218 **Virgin** 315

ITV3 [10]

Vera *8.00pm* The DCI investigates when a body is found in Tynemouth

6.00am Classic Emmerdale (S) **7.35** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) **9.15** Where the Heart Is: *6/16 Series 5 Home to Roost.* A new nurse arrives Repeated 12.10am; **10.25** *7/16 Faith.* Anna clashes with a faith healer Repeated 1.15am (S) (AD) **11.35** Heartbeat: *18/24.* Aidensfield holds its breath as Bellamy and Gina prepare to marry; **12.40pm** *19/24.* Rosie falls victim to a vicious attack on the moors (S) (AD)
1.40pm Classic Emmerdale: double bill. Andy struggles to deal with his father's rejection, then a face from the past jeopardises Charity's chances with Tom (S) **2.45** Classic Coronation Street: double bill. Hayley and Roy confront Tracy, then Bethany is rushed to hospital following her electric shock (S) (AD) **3.55** Endeavour *2/6 Series 5. Cartouche* A mysterious death coincides with a veteran film star's visit to a local cinema (S) (AD) (HD)
5.55pm Heartbeat *20/24 Series 16.* Reverend Jacob Thwaite returns home to find his wife murdered, and a local psychic convention seems to have the answers to the case. (S) (AD)
6.55 *21/24.* Geoff and Phil find two men acting suspiciously, but two others flee from the scene and the officers soon find themselves under siege. (S) (AD)
8.00 Vera *1/6 Series 11.* **Witness.** DCI Stanhope investigates the murder of a man, found at the Collingwood Monument before he was due to testify in court. (S) (AD) (HD)
10.00 Professor T *4/6 Series 1.* **Mother Love.** Professor T helps investigate the disappearance of a six-year-old girl, while tensions between him and DI Paul Rabbit begin to spill over. More tomorrow 10pm. (S) (AD) (HD)
11.10 Agatha Christie's Poirot The Mystery of the Spanish Chest A dinner party proves to be a prelude to murder – but Poirot is among the guests, and a duel provides the clues. (S) (AD) (HD)
12.10am Where the Heart Is Shown 9.15am/10.25am (S) (AD) **2.20–2.30am** Unwind (S) (HD)

ITV3 **Freeview** 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 **F'view** 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 317

ITV4 [26]

6.00am Nijinsky's Triple Crown (S) (HD) **6.05** Minder (S) (SL) (AD) **7.05** The Professionals (S) (SL) (AD) **8.15** The Saint (S) **9.20** The Return of Sherlock Holmes: the heir to a fortune disappears (S) (AD) (HD) **10.35** Magnum, PI (S) (HD) **11.40** The Motorbike Show (S) (HD)
12.40pm The Saint (S) **1.45** The Return of Sherlock Holmes (S) (AD) (HD) **2.55** Magnum, PI (S) (HD) **4.00** Made in Britain (S) (AD) (HD) **4.30** EFL Highlights: including Hull City v Leeds United (S) (HD) **5.30** River Monsters (S) (HD)
6.05pm Great World Cup Goals The best World Cup goals through the years. (S) (HD)
6.10 Rugby World Cup's Greatest Tries A look back at some memorable tries. (S) (HD)
7.15 LIVE Rugby World Cup France v Namibia, the Pool A encounter at Stade de Marseille in France (kick-off **8.00**). (S) (HD)
10.30 FILM Mad Max beyond Thunderdome ★★★ Futuristic action thriller, the third in the series, starring Mel Gibson and Tina Turner. In a post-apocalyptic wasteland, Max tries to survive. (S) (AD) (W) (HD)
12.40am The Adventures of Sherlock Holmes: Holmes battles Moriarty (S) (AD) (HD) **1.45–3.00am** The Return of Sherlock Holmes (S) (SL) (AD)

ITV4 **Freeview** 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 **Freesat** 118 **Sky** 220 **Virgin** 318

Drama [20]

Shakespeare and Hathaway: Private Investigators *8.00pm* Lu and Frank

7.10am All Creatures Great and Small: *9/13 Series 1 The Last Furlong.* James addresses the misconceptions of a farmer who prefers to treat his own animals Repeated 4.10pm (S) **8.00** Doctors: double bill. A seemingly insane patient fascinates Dr Mistry, then Mac struggles with his conscience (S) **9.20** Classic Holby City: Ollie returns to Holby after searching for ways to treat Tara's condition Repeated 2.55am (S) (HD) **10.40** Casualty: a teen gatecrashes a rave **11.50** The Bill: the top brass plots to capture Des (S)
1.20pm Classic EastEnders: Dennis vows revenge on Sam for the fire at Angie's Den **2.00** Pie in the Sky: *8/10 Series 2.* Crabbe hunts down two OAP fraudsters (S) **3.00** Bergerac: *2/10 Series 1.* A charity boss is found dead **4.10** All Creatures Great and Small Shown 7.10am **5.25** The Upper Hand: *8/13 Series 2.* Tom has an accident at school
6.00pm 'Allo 'Allo! *5/6 Series 4.* **The Sausages in the Trousers.** The spy camera sent from London has fallen into a vineyard. (S)
6.40 Last of the Summer Wine *Series 11.* **Happy Anniversary, Gough and Jessie.** Gough is lured into some fun. (S) **7.20 Getting Barry Higher in the World** Seymour makes a giant kite. (S)
8.00 Shakespeare and Hathaway: Private Investigators *7/10 Series 2.* **Nothing Will Come of Nothing.** Frank and Lu investigate a missing person case at a casino. (S) (AD) (HD) **9.00** *8/10.* **In My Memory Lock'd.** Frank and Luella help an amnesiac. (S) (AD) (HD)
10.00 New Tricks *10/10 Series 8.* **Tiger Tiger.** The team re-examines a zookeeper's death. (S) (AD)
11.20 Silent Witness *4/5 Series 22.* **Deathmaker.** An incident sparks painful memories for Jack. (S) (HD)
1.35am Banished: *3/7 Series 1.* Reverend Johnson blesses Elizabeth and Tommy's marriage (S) (AD) (HD) **2.55–4.00am** Classic Holby City Shown 9.20am (SL)

Drama **Freeview** 20 **Freesat** 158 **Sky** 143 **Virgin** 116
+1 **Freeview** 60 **Sky** 243 **Virgin** 316

ITVBe [28]

7.00am Billie and Greg: the Family Diaries (S) (AD) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe: children's programmes (HD)
12 noon Be Beautiful (S) (AD) (HD) **12.15pm** The Real Housewives of Beverly Hills (S) (HD) **1.10** Billie and Greg: the Family Diaries (S) (AD) (HD) **2.10** The Only Way Is Essex (S) (HD) **3.10** Million Dollar Listing: LA (S) (HD) **4.05** The Real Housewives of Atlanta (S) (HD) **5.00** ***New.*** The Real Housewives of Potomac (S) (HD)
6.00pm Making It Home with Kortney and Kenny Kortney and Kenny create a unique family home for a couple. (S) (HD)
7.00 Buying and Selling A couple is helped to find a larger family home. (S) (HD)
8.00 ***New.*** **Jane the Virgin** A special retrospective episode about the show. (S) (HD)
9.00 Botched A countdown of the top dozen most obsessed patients. (S) (HD)
10.00 ***New series.*** **Vanderpump Rules** Katie and Schwartz try to maintain a friendship after their divorce. (S) (HD)
11.00 ***New.*** Schwartz and Sandy's Lounge is made ready for its private debut. (S) (HD)
12 midnight The Only Way Is Essex (S) (HD) **12.45–1.00am** Unwind (S) (HD)

ITVBe **Freeview** 28 **Freesat** 119 **Sky** 131 (132 Scotland) **Virgin** 119 **+1** **Virgin** 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

RadioTimes Five Star Film Guide From **Alien** to **Zulu**, discover the best-rated films in RT's history

More4 18

Grand Designs *7.55pm* Peter and Chard welcome Kevin to Milton Keynes

8.55am Food Unwrapped **9.15** A Place in the Sun: in Costa Dorada, Spain **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It **1.10pm** Heir Hunters **2.10** Four in a Bed **4.50** Kirstie and Phil's Love It or List It (AD) **5.50** The Secret Life of the Zoo (AD)

6.55pm The Dog House Pim, who's aged 85, admires stubborn beagle Dexter, while chihuahuas Bear and Dave try to convince seven-year-old husky fan Ollie that two dogs can sometimes be better than one. (AD)

7.55 Grand Designs GP Peter Berkin and his wife Chard, an alternative medicine practitioner, have decided to build a new home at the bottom of their garden but cannot agree on any part of the design. (AD)

9.00 24 Hours in Police Custody CID detective Dave Brecknock investigates a burglary at a country estate in which antiques worth £250,000 have been reported stolen.

10.00 24 Hours in A&E Betting shop owner Les, 40, is rushed in after losing control of his car, a 21-year-old woman has an infected cyst, and a retired doctor is brought in following a horse-riding accident.(AD)

11.05 Emergency Helicopter Medics: Late Night Emergencies The crew of the East Anglian Air Ambulance treat the victim of a stabbing and a motorcyclist who has sustained multiple serious injuries. (AD)

12.05am 24 Hours in Police Custody **1.10** 999: on the Front Line **2.15** 24 Hours in A&E (AD) **3.20–3.50am** A Place in the Sun

More4 **F'view** 18 **F'sat** 124 **Sky** 136 (137 Scotland) **Virgin** 147 **+1** **Freesat** 125 **Sky** 236 (237 Scot) **Virgin** 347

E4 13

6.00am Hollyoaks Shown Tuesday/Wednesday 6.30pm Channel 4 (AD) **7.00** Ramsay's Kitchen Nightmares USA: double bill **9.00** Brooklyn Nine-Nine (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family: two editions

12 noon The Big Bang Theory: four episodes (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family **4.00** Married at First Sight **5.00** The Big Bang Theory: double bill (AD)

6.00pm The Big Bang Theory *15/17 Series 1.* Sheldon's sexy sister visits him. (AD) **6.30** *16/17.* Penny plans a party. (AD)

7.00 ***New.*** **Hollyoaks** Goldie is convinced Carter is attracted to John Paul. Cast pp81/111 Repeated tomorrow 6.30pm Channel 4 (AD)

7.30 Young Sheldon *12/22 Series 2.* The genius spends a few days in hospital. (AD)

8.00 ***New.*** **First Dates Ireland** A Mayo drummer connects with a Dutch folk musician.

9.00 ***New.*** **Married at First Sight UK** Two couples meet for the first time at the altar.

10.05 ***New.*** **Joanne and Vogue's Sex Drive** Vogue Williams and Joanne McNally investigate assorted sexual practices. (AD)

10.55 Gogglebox Armchair opinions. (AD)

12 midnight First Dates (AD) **1.00am** Rick and Morty (AD) **1.35** ***New.*** Teenage Euthanasia **2.05** Married at First Sight UK **3.05** Brooklyn Nine-Nine (AD) **3.50** The Goldbergs (AD) **4.40** Black-ish (AD) **5.30–6.00am** Modern Family

E4 **Freeview** 13 **Freesat** 122 **Sky** 135 (136 Scot) **Virgin** 106 **+1** **Freeview** 30 **Freesat** 123 **Sky** 235 (236 Scot) **Virgin** 306 **E4 Extra** **F'view** 31 **F'sat** 181 **Sky** 138 (139 Scot) **Virgin** 287

Really 17

6.00am Fantasy Homes (AD) **7.00** Shopping **8.00** Salvage Hunters **10.00** Yorkshire Auction House **11.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** A Place in the Sun **2.00** My 600lb Life **4.00** Animal Cops (AD) **5.00** Ambulance **6.00** Yorkshire Auction House **7.00** Antiques Road Trip **9.00** Who Do You Think You Are? **10.00** 24 Hour Baby Hospital **11.00** Ghost Adventures (AD) **12 midnight** The Osbournes Want to Believe **1.00am** Ghost Adventures (AD) **2.00** Shopping **4.00** Animal Cops (AD) **5.00–6.00am** Money for Nothing

Really **Freeview** 17 **Freesat** 160 **Sky** 142 **Virgin** 128

Sky Arts 11

Classic Movies: the Story of The Graduate *8.00pm* Dustin Hoffman

6.00am Gilbert and Sullivan: a Motley Pair **6.30** Beethoven: the Complete Symphonies **7.00** André Rieu: Welcome to My World **8.00** The Joy of Painting **9.00** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents **11.00** Discovering: Julia Roberts

12 noon The Joy of Painting **1.00pm** Tales of the Unexpected (AD) **2.00** Renoir: Revered and Reviled **3.00** The Art of the Garden **4.00** Discovering: Richard Gere **5.00** Tales of the Unexpected (AD)

6.00pm Alfred Hitchcock Presents A man who aspires to be a mayor murders a woman.

6.30 An elderly unemployed actor uses an even older ploy to land a part in a play.

7.00 The Joy of Painting Bob Ross paints a scene of a homely cabin in the snow.

7.30 Painting a seascape with waves.

8.00 RT **CHOICE** ***New.*** **Classic Movies: the Story of The Graduate** Ian Nathan examines Mike Nichols's 1967 romantic comedy drama, which starred Dustin Hoffman. **See page 98.**

9.00 ***New.*** **Mildred Pierce** *2/5.* Veda belittles Mildred's lowly job, so she decides to open a restaurant. First shown on Sky Atlantic (AD)

10.20 The Directors A look at Ang Lee.

11.20 The Seventies Crises during the terms of Gerald Ford and Jimmy Carter. (AD)

12.20am A Brush with Comedy: exploring comedy and art **2.20** Ai Weiwei: Yours Truly **4.00** Marina Abramovic Takes Over TV **5.00** Inside Art: Eileen Agar at Whitechapel Gallery **5.30–6.00am** Inside Art: Linda McCartney Retrospective

Sky Arts **Freeview** 11 **Freesat** 147 **Sky** 130 (131 Scotland) **Virgin** 140/**HD** 123 **BT** 350/**HD** 365

4seven 49

9.00am Come Dine with Me Paralympics Special **11.30** A Place in the Sun: double bill

1.30pm George Clarke's Amazing Spaces (AD) **2.30** Château DIY (AD) **3.30** Come Dine with Me: dinner parties around Inverness

6.00pm A Place in the Sun Laura Hamilton helps motorbike enthusiast Jennie.

7.00 A couple seek a holiday home in France's Dordogne region. Shown 4pm C4

8.00 Geordie Hospital *Ep 3 Series 2* Trauma surgeon Steve creates a metal frame to save a patient's leg and housekeeper Pauline deals with the hottest day of the year. Shown yesterday 8pm Channel 4 (AD)

9.00 999: on the Front Line *8/10 Series 9* Paramedics are called to a man with chest pains who can hardly speak without discomfort. Shown Tuesday Channel 4

10.00 24 Hours in A&E. A 71-year-old woman is rushed to St George's Hospital after being knocked over, and four-year-old Maddi is brought in with an injured neck after a fall.

11.05 Top Guns: Inside the RAF *5/6* All plans are halted when the death of the Queen is announced. Shown Mon 9pm C4 (AD)

12.05am Gogglebox: two editions (AD) **2.15** Taskmaster (AD) **3.20** Eight out of Ten Cats Does Countdown **4.15–4.45am** Four in a Bed

4seven **F'view** 49 **F'sat** 127 **Sky** 137 (138 Scot) **Virgin** 143

Quest 12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers (AD) **10.00** Chasing Classic Cars **11.00** Fantomworks (AD) **12 noon** Love Your Garden **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers **7.00** Outback Opal Hunters **8.00** Salvage Hunters: Drew Pritchard finds piles of affordable gems. **9.00** Wheeler Dealers **10.00** Chasing Classic Cars **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Ambulance (AD) **2.00** Fantomworks (AD) **3.00** Wheeler Dealers (AD) **4.00–5.00am** How It's Made

Quest **Freeview** 12 **Freesat** 172/**HD** 167 **Sky** 144 **Virgin** 137 **+1** **Freeview** 70 **Freesat** 168 **Sky** 244 **Virgin** 337

Yesterday 27

Abandoned Engineering *11.00pm* A look at a former hotel in Hawaii

6.10am Sounds of the Seventies **7.15** Impossible Engineering (AD) **8.00** Abandoned Engineering (AD) **10.00** Secret Nazi Bases **11.00** Narrow Escapes of World War II (AD)

12 noon Great Continental Railway Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash **4.00** World War Weird **5.00** ***New.*** Secret Nazi Bases: bunkers in the Hague

6.00pm Great British Railway Journeys Michael Portillo travels from Oakham to Cambridge, including a trip to Stamford.

6.30 A journey from Carlisle to Penrith.

7.00 Antiques Roadshow Fiona Bruce presents, from Floors Castle in Scotland.

8.00 ***New.*** **Bangers and Cash** *6/13 Series 8* Paul collects a 1924 Rover 9 that's been in the same family since the 1950s. (AD)

9.00 Bangers and Cash: Restoring Classics A sun-bleached red Vauxhall Astra GTE gives the team a headache. (AD)

10.00 Bangers and Cash A 1952 Jowett Javelin finds an unexpected home.

11.00 Abandoned Engineering Featuring resorts in Argentina and Hawaii. (AD)

12 midnight Great British Railway Journeys: two episodes **1.00am** Railway Murders **2.00–3.00am** Sounds of the Seventies: double bill

Yesterday **Freeview** 27 **Freesat** 159 **Sky** 155 **Virgin** 129 **+1** **Sky** 255 **Virgin** 329

Dave 19

7.10am Yianni: Supercar Customiser (AD) **8.00** Top Gear (AD) **9.00** DIY SOS: the Big Build **10.00** Railroad Australia **11.00** Rick Stein's Far Eastern Odyssey (AD)

12 noon Ultimate Movers **1.00pm** Sin City Motors **2.00** Top Gear (AD) **4.00** Australian Ninja Warrior: the grand final

6.00pm Rick Stein's Long Weekends The chef visits the Spanish city of Cádiz. (AD)

7.00 Richard Osman's House of Games

8.20 Would I Lie to You? With Huw Edwards, Sarah Millican, Bradley Walsh and Josie Lawrence. Hosted by Rob Brydon.

9.00 QI XL Stephen Fry hosts, with guests Suggs, Claudia O'Doherty and Jimmy Carr.

10.00 Two Pints of Lager and a Packet of Crisps *3/6 Series 1.* Janet tries to romance Jonny by surprising him with sexy underwear.

10.40 *4/6.* Janet becomes a student and is soon invited to a poetry recital.

11.20 Gavin & Stacey *3/6 Series 1.* The couple celebrate their engagement. (AD)

12 midnight Nessa tells Stacey her big secret after the banns are read. (AD)

12.40am Mock the Week **1.20** Would I Lie to You? **2.00** Richard Osman's House of Games: double bill **3.00–4.00am** This Country (AD)

Dave **F'view** 19 **F'sat** 157 **Sky** 111 (112 Wales) **Virgin HD** 127 **Dave Ja Vu** **Freeview** 57 **Sky** 211 (212 Wales) **Virgin** 327

London Live 8

6.00am Shine On Harvey Moon **7.00** Monkey **8.00** Floyd on France **8.50** London Districts **9.00** All You Need Is Love **10.00** The Lion Queen **11.00** Gary Rhodes at the Table **11.45** Big City Life **12 noon** The World's Most Incredible Hotels **1.00pm** Five Clues to Fortune (BW) **3.05 FILM** Never Let Go ★ Crime drama (BW) **5.00** Gary Rhodes at the Table **5.45** Big City Life **6.00** London Live News **7.00** Raiders of the Lost Art **8.00** World War II: the Price of Empire **9.00** Neverwhere **9.45 FILM** The Outsiders ★★★★ Drama starring Matt Dillon and Ralph Macchio **11.35** Hands of a Murderer **1.30am** Sex Drugs and HIV **2.30** When Missing Turns to Murder **3.30** News Rewind **5.00–6.00am** Talking Points: current affairs

London Live **Freeview** 8 **Sky** 117 **Virgin HD** 159

Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am NCIS: triple bill (AD) **11.55** Entertainment News **12 noon** Law & Order **6.00pm** NCIS *Series 6.* Triple bill. A child discovers a murder weapon **7.00** Gibbs is forced to work with Trent Kort **8.00** An army scientist goes missing (AD) **9.00** ***New.*** Blue Bloods *Series 3.* Danny investigates the case of a woman who was attacked by her wealthy boyfriend First shown on Sky Atlantic

10.00 Law & Order: Special Victims Unit *Series 23.* Double bill. A boy disappears after meeting an online gamer, then a popular fighter doesn't show up for a big bout

12 midnight NCIS: four editions (AD) **3.35–4.00am** 999: Criminals Caught on Camera

5 USA **F'view** 21 **F'sat** 129 **Sky** 141 **Virgin** 120 (162 Scot) **+1** **Freesat** 130 **Sky** 241 **Virgin** 320

5 Star 32

8.00am Bargain-Loving Brits in the Sun: two editions **10.00** Motorway Cops: Catching Britain's Speeders **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops: two editions **2.00pm** Police Interceptors: triple bill **5.00** Call the Bailiffs: Time to Pay Up

6.00pm Home and Away Kirby meets a solo artist manager. Shown 1.45pm C5 (AD)

6.30 ***New.*** Alf is finally compelled to ask Doctor Cameron for help and Bree catches up to Cash. Repeated tomorrow 1.45pm C5 (AD)

7.00 GPs: behind Closed Doors The doctors deal with a suspected blood clot.

8.00 Casualty 24/7: Every Second Counts Patients include a suspected meningitis case.

9.00 ***New.*** **Skin A&E** *12/12 Series 5* An operation to remove a facial cyst. (AD)

10.00 999: Emergency Call Out The series following response units.

11.00 Ambulance: Code Red Following emergency response teams on callouts. (AD)

12 midnight Sleeping with My Murderer (AD) **1.00am** Killer at the Crime Scene **2.00** GPs: behind Closed Doors **2.50–3.00am** Entertainment News

5 Star **Freeview** 32 **Freesat** 131 **Sky** 128 (129 Scotland) **Virgin** 126 **+1** **Freesat** 141 **Sky** 228 (229 Scot) **Virgin** 326

5 Action 33

9.00am Criminals: Caught on Camera (AD) **9.35** Trucking Hell (AD) **10.35** Traffic Cops **11.40 FILM** The Three Musketeers ★★★★ Swashbuckling comedy adventure starring Michael York, Raquel Welch and Oliver Reed

1.50pm FILM Rio Grande ★★★★★ Classic John Ford western starring John Wayne and Maureen O'Hara. **Review page 105** (BW)

4.00 Trucking Hell **5.00** Traffic Cops

6.00pm Police Interceptors A runaway suspect puts Gary's life in danger.

7.00 Scott and Dave use GPS technology track a pair of mobile-phone thieves.

8.00 A crash ruptures a gas main.

9.00 Trucking Hell On the North York Moors, a 50-ton construction machine and the 20-ton trailer carrying it have crashed.

10.00 ***New.*** **Extreme Tow Truckers** Park's Towing salvage a rolled concrete truck and Scott removes a car from a beach.

11.00 Wrestling Grappling action with the wrestling superstars of WWE Raw.

12 midnight Police Interceptors: police dog teams in Cleveland and Durham **1.00am** 999: Criminals Caught on Camera **2.00–3.00am** Trucking Hell (AD)

5 Action **Freeview** 33 **Freesat** 132 **Sky** 150 **Virgin** 130

5 Select 46

9.00am Entertainment News **9.10** Cash in the Attic (AD) **10.10** GPs: behind Closed Doors (AD) **11.10** The Yorkshire Vet **1.05pm** World's Most Scenic Railway Journeys **2.05** The Yorkshire Vet **4.00** The Highland Vet **5.00** Ben Fogle: New Lives in the Wild

6.00pm Cumbria's Most Scenic Railway Journeys A journey on the Northern Belle.

7.00 Secrets of the Royal Palaces

8.00 Kate: Our Perfect Princess of Wales? Examining Kate's time in the royal family.

9.00 The Queen Mary: Great British Royal Ships Rob Bell investigates the ocean liner.

10.00 Drain the Oceans Exploring the site of one of the largest naval battles in history.

11.00 Nazi Megastructures

12 midnight Forged in Fire **1.55am** World War II in Colour (AD) **2.55–3.00am** Entertainment News

5 Select **F'view** (HD only) 46 **F'sat** 133 **Sky** 153 **Virgin** 138

FREEVIEW TV and film channels continue overleaf

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603 **BT** 313

Over a century of cinema covered in 250 reviews from the RadioTimes film team

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THURSDAY Freeview & films

W 25

MasterChef Australia *7.00pm* Andy, Melissa and Jock

6.10am Bang on Budget **8.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** My Dream Home: double bill

6.00pm Property Brothers: Forever Homes The main floor of a home is transformed. (AD)

7.00 *New.* MasterChef Australia The winner of round one goes up against pro chef Kay-Lene Tan from the Ritz Carlton Melbourne.

8.10 Nurses on the Ward An engaging team of nurses reveal the realities of life on the ward. (AD)

9.10 Alex Jones: Making Babies Alex works on the early pregnancy scan list. (AD)

10.10 999 Rescue Squad A cyclist plunges down a cliff.

11.10 Nurses on the Ward As 8.10pm.

12.10am One Born Every Minute: a 35-year-old is expecting twins **1.10** This Is MY House **2.25–3.00am** Nigel Slater's Simple Suppers

W **F'view** 25 **F'sat** 156 **Sky** 132 (133 Scotland) **Virgin** 125 **+1** **Sky** 232 (233 Scotland) **Virgin** 325

Pick 36

7.00am Border Security: Canada's Front Line (AD) **8.00** Nothing to Declare **9.00** Motorway Patrol (AD) **10.00** Highway Cops (AD) **11.00** Highway Patrol **12 noon** Motorway Patrol **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line **3.00** Nothing to Declare **4.00** Warehouse 13 **5.00** Stargate SG-1 **6.00pm** Merlin (AD) **7.00** Star Trek: Voyager **8.00** Magnum P.I.: Magnum and Higgins work a stalking case (AD) **9.00** Caught on Dashcam **10.00** The Killer Within: a man who blamed evil spirits for his wife's murder **11.00 *New.*** Snapped: a beloved Georgia grandmother shot in an execution-style murder **12 midnight** How I Caught the Killer **1.00am** Caribbean Cops (AD) **2.00** Road Wars **3.00** Highway Patrol **4.00** Motorway Patrol: two editions **5.00–6.00am** Highway Cops (AD)

Pick **F'view** 36 **F'sat** 144 **Sky** 151 **Virgin** 135

HGTV 44

7.00am Renovation Island **8.00** Love Your Garden (AD) **9.00** A Place in the Sun: Home or Away **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Good Bones (AD) **2.00** Flip or Flop **3.00** Love Your Garden (AD) **4.00** Escape to the Country **5.00** Renovation Island **6.00** A Place in the Sun: Home or Away **7.00** Escape to the Country **8.00** Hotel Inspector: You're Fired **9.00 *New.*** Christina on the Coast: Christina and James revisit clients **10.00** Fixer Upper: Welcome Home **11.00** Good Bones (AD) **12 midnight** Escape to the Country **1.00am** Renovation Island **2.00** Love Your Garden (AD) **3.00–4.00am** My Lottery Dream Home

HGTV **F'view** 44 **F'sat** 166 **Sky** 158 **Virgin** 191 **+1** **Sky** 258 **Virgin** 391

FREEVIEW channels continued from overleaf

Food Network 43

John Torode's Australia *9.00pm* South Australia

6.00am Trisha's Southern Kitchen **7.00** The Pioneer Woman **8.00** Barefoot Contessa **9.00 *New.*** The Kitchen **10.00** James Martin's American Adventure **11.00** Michel Roux's French Country Cooking **12 noon** The Great British Bake Off **2.00pm** James Martin's Brittany **2.30** James Martin's Champagne **3.00** The Hairy Bikers' Food Tour of Britain **4.00** Barefoot Contessa **5.00** The Pioneer Woman **6.00pm** James Martin's Brittany **6.30** James Martin's Champagne **7.00** The Great British Bake Off **8.00** Michel Roux's French Country Cooking **9.00** John Torode's Australia (AD) **10.00** The Hairy Bikers' Food Tour of Britain: Si King and Dave Myers explore Herefordshire **11.00 *New.*** Diners, Drive-ins and Dives: Triple D Na: Double bill. Guy Fieri visits a diner in Knoxville, Tennessee, where the food comes to your car, then takes a trip to a catering truck full of beef tips, shrimp and dirty bird wings **12 midnight** Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00–3.00am** Cheap Eats: double bill

Food Network **F'view** 43 **F'sat** 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1** **F'sat** 149 **Sky** 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder **9.00** Sue Thomas: F.B.Eye **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H: four editions **9.00** Randall and Hopkirk (Deceased): a bird-lover leaves a strange will **10.00** The Persuaders!: Brett and Danny go on a camping holiday **11.00** Return of the Saint **12 midnight** M*A*S*H: four editions **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50–5.00am** Movie News

Great TV **Freeview** 50 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 170 **+1** **Freesat** 143 **Sky** 257

RealityXtra 68

9.00am Medical Detectives **11.00** A Stranger in My Home **1.00pm** Facing Evil **3.00** Medical Detectives **5.00** A Stranger in My Home: double bill. There seems to be more to an old man's death than meets the eye, then simmering resentments have deadly consequences among Nancy Pfister's new neighbours **7.00** Judge Judy: fourteen editions **1.00am** A Stranger in My Home **3.00** Facing Evil: four editions **4.50** Medical Detectives **5.40–6.00am** Judge Judy

RealityXtra **Freeview** 68 **Freesat** 134 **Sky** 147 **Virgin** 172

BBC Parliament 232

8.30am Select Committees: coverage of the work of committees set up to investigate public policy and society **11.00** Live Lords Questions: coverage of questions in the House of Lords **11.40** Live House of Lords: coverage of events **7.00pm** Scottish Parliament: General Questions **7.20** Scottish First Minister's Questions **8.05** Scottish Parliament **11.00** Lords Questions **11.40–7.00am** House of Lords

BBC Parliament **Freeview** 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84

Shackleton: the Greatest Story of Survival *9.00pm*

8.00am Beautiful Serengeti **8.40** The War **9.50** WWII in Color: Road to Victory **11.00** Shackleton: the Greatest Story of Survival **1.00pm** Beautiful Serengeti **1.30** The War **2.35** WWII in Color: Road to Victory **3.45** The People vs Agent Orange **4.55** Shackleton: the Greatest Story of Survival

6.50pm The War *8/14 Series 1* The Allies make slow progress through Europe in 1944.

7.55 WWII in Color: Road to Victory *4/10 Series 1.* Hitler tries to gain the initiative against Stalin.

9.00 Shackleton: the Greatest Story of Survival
RT The story of polar explorer Sir Ernest Shackleton and the crew of the *Endurance*, told by Tim Jarvis, the man who lead the only team ever to have repeated their incredible feat. **See page 99.**

10.55 WWII in Color: Road to Victory As 7.55pm.

12 midnight–2.00am Shackleton: the Greatest Story of Survival

PBS America **F'view** 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 187

Blaze 64

6.00am Hardcore Pawn **6.50** Weird or What? With William Shatner **7.45** Ancient Aliens **9.40** Book of Secrets with Lance Reddick **10.40** The Curse of Oak Island **11.40** WW2 Treasure Hunters **12.40pm** Storage Wars **1.05** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00** Weird or What? With William Shatner **7.00** Storage Wars **8.00** Dickinson's Real Deal: from Oldham, Greater Manchester **9.00 *New.*** Ancient Aliens: the notion that some aliens are capable of "bending" both time and space **10.00** Close Encounters **11.00** Evidence of the Unexplained **12 midnight** The Curse of Oak Island **1.00am** Weird or What? With William Shatner **2.00** The Liquidator: double bill **3.00** Dickinson's Real Deal **3.45** Storage Wars **4.10** Counting Cars **5.00–6.00am** Pawn Stars

Blaze **F'view** 64 **F'sat** 162 **Sky** 164 **Virgin** 174

Challenge 48

7.00am The Chase: three episodes **10.00** Catchphrase: double bill (AD) **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Family Fortunes (AD) **2.00** Who Wants to Be a Millionaire? **3.00** Strike It Lucky **4.00** Catchphrase (AD) **5.00** Bullseye (AD) **6.00pm** Who Wants to Be a Millionaire?: a classic episode of the award-winning quiz show **7.00** Pointless Celebrities: Alexander Armstrong and Richard Osman host a celebrity version of the quiz show **8.00** The Chase: double bill of the quiz show, hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire?: award-winning quiz show presented by Chris Tarrant **11.00** Bullseye: double bill **12 midnight** The Chase **4.00am** Who Wants to Be a Millionaire? **5.00–6.00am** Bullseye: double bill (AD)

Challenge **Freeview** 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.25am Thomas & Friends **5.45** Paw Patrol **6.00** Sunny Bunnies **6.05** Daisy & Ollie **6.10** Milkshake! Monkey **6.15** Peppa Pig **6.25** Oggy Oggy **6.35** Odo **6.45** Peppa Pig **6.50** Fireman Sam **7.00 *New.*** Thomas & Friends **7.10** Peppa Pig **7.20** Paw Patrol **7.35 *New.*** Pip and Posy **7.50** Paddington **8.05** Chip and Potato **8.20** Milo **8.30** Paw Patrol **8.45** Ben and Holly's Little Kingdom **8.55** Peppa Pig **9.05–9.15am** World of Dance

Full listings for Channel 5 are on p102

CBeebies 202

6.00am Love Monster **6.08** Small Potatoes **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05 *New.*** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05 *New.*** Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Steve and Aneeshwar Go Wild **8.30** My Petsaurus **8.35** Justin's House **8.55** Small Potatoes **9.00** Bing **9.10 *New.*** Yakka Dee! **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Baby Club **10.35** Tiny Wonders **10.40** Hey Duggee **10.45** Vegesaurs **10.50** Gecko's Garage **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** School of Roars **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** My World Kitchen **12.10pm** Maddie, the Home and You **12.30** Waffle the Wonder Dog **12.40** Andy's Prehistoric Adventures **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.20** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Dipdap **2.25** Supertato **2.30** Go Jetters **2.45** Time for School **2.55** Small Potatoes **3.00** Andy's Global Adventures **3.15** Get Set Galactic **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Treasure Tales **4.10** Octonauts **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** GiggleQuiz **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50–7.00pm** Bedtime Stories

CBeebies **F'view** 202 **F'sat** 608 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.30** Boy Girl Dog Cat Mouse Cheese **7.45 *New.*** Newsround **7.55** Grizzy and the Lemmings **8.10** Odd Squad **8.25** Hey You What If? **8.30** Horrible Histories **9.00** The Zoo **9.10** Operation Ouch! **9.40** Princess Mirror-Belle **10.00** Our CBBC **10.05** Class Dismissed **10.20** Danny & Mick **10.30** Deadly Mission Shark **11.00** Bitesize Daily **11.20** Craft Party **11.35** Celebrity Supply Teacher **11.45** Out of This World **12 noon** Danger Mouse **12.45pm** Boy Girl Dog Cat Mouse Cheese **1.30** Dennis & Gnasher **2.05** Shaun the Sheep **2.15** So Awkward **2.45** Gym Stars **3.05** Odd Tubes **3.10** The Deep **3.30** Danger Mouse **3.40** Ninja Express **3.55 *New.*** Taffy **4.05** Grizzy and the Lemmings **4.20** Boy Girl Dog Cat Mouse Cheese **4.30** Monster Loving Maniacs **4.45** Odd Squad **5.00** Pokémon **5.20** Summer Camp Island **5.35 *New.*** Transformers **6.00pm** Phoenix Rise **6.30** My Life **6.35–7.00pm** The Next Step

CBBC **F'view** 201 **F'sat** 607 **Sky** 607 **Virgin** 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 5am–9.00 and on ITVBe 9am to 12 noon

ITV2

5.00am Captain Underpants **5.25** Scooby-Doo **5.45** Craig of the Creek **6.10** Teen Titans Go! **6.50** DC Super Hero Girls **7.05** Looney Tunes **7.20** Jurassic World Camp Cretaceous **7.45–9.00am** Scooby-Doo

ITVBe

9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** The Hive **9.35** Poppy Cat **9.50** Percy's Tiger Tales **10.05** Ollie **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20 *New.*** Postman Pat **11.35** Momolu & Friends **11.45–12 noon** Pip Ahoy!

FILMS

Film4 14

11.00am At Gunpoint ★★ Very average western. Fred MacMurray, Dorothy Malone, Walter Brennan (1955, U) (S) (AD)

12.40pm 23 Paces to Baker Street ★★★★ Van Johnson stars as a blind man who overhears a kidnap plot in this cracking thriller set in a fog-bound London. Vera Miles, Cecil Parker (1956, PG) (S)

2.45 Cat Ballou ★★★★ Entertaining comedy western starring Lee Marvin in the dual roles of a nasty killer and the sozzled hero hired to take him down. Jane Fonda, Michael Callan (1965, PG) (S) (AD)

4.40 Earth vs the Flying Saucers ★★ Plodding sci-fi adventure. Hugh Marlowe (1956, U) (S)

6.20pm A Knight's Tale ★★★★ Hugely entertaining romantic adventure starring Heath Ledger as a commoner who poses as a knight and jousts across 14th-century Europe. (2001, PG) (S) (AD)

9.00 Blumhouse's Fantasy Island ★★ Perfunctory horror in which five people win a weekend getaway at a luxury resort. Michael Peña, Maggie Q, Lucy Hale (2020, 15) (S) (AD)

11.10 Daredevil ★★ Stylish fantasy drama with Ben Affleck as the blind New York lawyer-turned-superhero. (2003, 15) (S) (AD)

1.15–3.55am Last Action Hero ★★★★ Smart action comedy in which a boy finds himself sucked into the celluloid world of his movie hero. Arnold Schwarzenegger (1993, 15) (S) (AD)

Film4 **Freeview** 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1** **F'view** 47 **F'sat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am The Larkins TV comedy. (S) **6.30 Night Was Our Friend** ★★ Drama in which a man returns from the dead. Michael Gough (1951, PG) (S) **7.45 Dangerous Cargo** ★★★ An airport security guard is tricked into helping a gang of thieves in this enjoyable crime thriller. Jack Watling (1954, PG) (S) **9.00 Black Saddle** TV western. **9.30 Band of Thieves** ★★ Curious crime drama in which Acker Bilk plays an ex-con trying to go straight. (1962, U) (S) **10.50 Men Against the Sea** TV documentary. **11.10 Gert and Daisy's Weekend** ★★ Wartime comedy. **Review, right.** (1941, U) (S) **12.45pm The Undercover Man** ★★★ Al Capone's entrapment is the basis of this crime thriller. Glenn Ford (1949) (S) **2.30 Crown Court** TV drama. (S) **3.00 White Cradle Inn** ★★★ Touching British drama about a French war orphan sent to Switzerland. **Review, right.** Madeleine Carroll (1947, PG) (S) **4.40 Blackout** ★★ By-the- numbers thriller. (1950, PG) **6.05pm The Man in the Sky** ★★ Test-pilot drama with spirited flying sequences. Jack Hawkins (1956, U) (S) **8.00 The Saint** TV thriller. (S) **9.00 Rumpole of the Bailey** British TV courtroom drama. **10.05 Spring and Port Wine** ★★★ James Mason stars as a man feuding with his daughter in this comedy. **Review, right.** (1969, PG) (S) **12.05am The Killer Is Loose** ★★★ Taut thriller about a clerk who seeks revenge. Joseph Cotten (1956) (S) **1.35 Tickle Me** ★ Improbable Elvis Presley vehicle about an ex-rodeo rider. (1965, U) (S) **3.25 Up with the Lark** ★★ Comedy in which female detectives pose as Land Army girls. Ethel Revnell (1943, U) (S) **4.35–6.00am Cloak without Dagger** ★★ Uncomfortable romantic mystery. Philip Friend (1955, U) (S)

Talking Pictures TV **Freeview** 82 **Freesat** 306 **Sky** 328 **Virgin** 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

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See **p151** for details

Great Movies 34

9.00am Dance Night Obsession ★ Limp TV-movie thriller. Sabrina Bryan, Antonio Sabato Jr (2016) **11.00** Lost Letter Mysteries: The Road Less Travelled **1.00pm Nanny Seduction** ★★ Thriller filled with secrets and lies. Austin Highsmith, Wes Brown (2017) **3.00** An Aurora Teagarden Mystery: A Game of Cat and Mouse **4.50 Vertical Limit** ★★ Predictable but watchable action adventure. Chris O'Donnell (2000, 12) **7.10pm Saints and Soldiers: Battle of the Tanks** ★★ Entertaining wartime action about an American tank crew. (2014, 12) **9.00 Safe** ★★★ A former cage fighter protects a maths genius. **Review, right.** Jason Statham (2011, 15) **10.55 The Shanghai Job** ★★ Orlando Bloom stars in this predictable thriller. (2017, 15) **1.00am The Road** ★★★★ Sober post-apocalypse drama about a father and son. Viggo Mortensen, Kodi Smit-McPhee (2009, 15) **3.20** Great! Movie News Extra **4.00–5.40am My Mother's Killer Boyfriend** ★★ Tepid thriller. Amber Goldfarb, (2019, 12)

Great Movies **Freeview** 34 **Freesat** 302 **Sky** 321 **Virgin** 425 **+1** **Freeview** 61 (*limited* 10pm-5am) **Sky** 322

Great Action 42

8.00am Wild West Chronicles **9.00 Gunman's Walk** ★★★ Intense western. Van Heflin, Tab Hunter (1958) **10.55** The Blitz on Coventry **12 noon** Wild West Chronicles **1.00pm Silverado** ★★★★ Invigorating western about a ragtag bunch of misfits facing down a corrupt sheriff. Kevin Kline (1985, PG) **3.35 The Nevadan** ★★ Entertaining but cheaply made western yarn. Randolph Scott (1950, U) **5.20 Tank Force** ★★ Far-fetched Second World War drama. Victor Mature (1958, U) **7.10pm Collision Course** ★★ A writer must land a passenger jet in this disaster movie. Tia Carrere (2012, PG) **9.00 Hard Luck** ★★ Violent thriller about a former con dragged back into crime. Wesley Snipes (2006, 18) **11.05 The Marksman** ★★ An agent tries to thwart Chechen rebels in this adventure. Wesley Snipes (2005, 15) **1.00am The Recall** ★★ Low-budget sci-fi and horror mash-up. Wesley Snipes, Jedidiah Goodacre (2017, 15) **2.50 The Traitors** ★★ Efficient spy thriller. Patrick Allen, Jacqueline Ellis (1962, U) **4.00–5.00am** Wild West Chronicles

Great Action **Freeview** 42 *(limited)* **F'sat** 305 **Sky** 323 **Virgin** 426 **+1** **Sky** 324

Great Movies Christmas 52

8.00am Christmas Collision ★★ Undemanding romcom. (2021, PG) **10.00 A Rose at Christmas** ★★ Saccharine drama. Rachel Boston, Marc Bendavid (2017) **12 noon Christmas Festival of Ice** ★★ Routine but warm-hearted romance. Taylor Cole (2017) **2.00pm Trading Christmas** ★★ Corny but sweet comedy. Tom Cavanagh (2011) **4.00 Hearts of Christmas** ★★ A woman clashes with her new manager over a party. Emilie Ullerup (2016) **6.00pm Instant Message** ★★ Bland romantic comedy about two penpals. Marla Sokoloff, Patrick J Adams (2005) **8.00 The Gift of Christmas** ★★ Involving drama about a Kentucky family. Bruce Davison, Dee Wallace (2020) **10.05 Deck the Halls** ★★ So-so fantasy. Gabrielle Carteris (2005) **12 midnight Enchanted Christmas** ★★ Predictable but sweet love story. Alexa PenaVega (2017) **2.00am** Highway to Heaven **3.00–5.00am Christmas Manger** ★★ Schmaltzy drama. Andrea Logan White, Steve J Young (2018)

Great Movies Christmas **Freeview** 52 **Freesat** 303 **Sky** 319 **Virgin** 424 **+1** **F'view** 63 (*limited* 10pm-5am) **F'sat** 304 **Sky** 320

Sky Premiere

6.25am As 11.35pm **9.05** As 4.15pm **11.05** As 6.15pm **12.50pm** As 8pm **2.35** As 9.55pm **4.15 Something in the Dirt** ★★★ Horror sci-fi about two friends who investigate strange phenomena. Aaron Moorhead (2022, 15) **6.15pm 80 for Brady** ★★★ Amiable sports comedy in which octogenarian friends attend their first Super Bowl. Lily Tomlin (2023, 12) **8.00 Knock at the Cabin** ★★★★ A family's holiday is interrupted by four strangers in this intense thriller. **Review p46.** Jonathan Groff (2023, 15) **9.55** P **Accident Man: Hitman's Holiday** ★★★ Scott Adkins's creative assassin returns for more high-octane slapstick japes. (2022, 15) **11.35 TÁR** ★★★★ Cate Blanchett stars as a classical conductor who suffers a slow and painful downfall in this ingenious drama. (2022, 15) **2.15am Spin Me Round** ★★★ Chaotic but compelling comedy thriller starring Alison Brie. Alessandro Nivola, Aubrey Plaza (2022, 18) **4.10 Wifelike** ★★ Lightly satirical *Stepford Wives*-style sci-fi. Jonathan Rhys Meyers, Elena Kampouris (2022, 15)

Sky Premiere **Sky** 301 **Virgin** 401 **BT** 501/HD 515 **+1** **Sky** 312

Legend 41

8.00am Walker, Texas Ranger **9.00** The Six Million Dollar Man **10.00** Star Trek: Deep Space Nine **11.00 Solar Flare** ★ Absurd disaster thriller. Tracey Gold (2007) **1.00pm Primal Force** ★ Derivative humans-in-peril-from-mutants adventure. Ron Perlman (1999, 15) **3.00 Journey to the Center of the Earth** ★★ Bizarre adventure. Greg Evigan (2008) **5.00** Star Trek **6.00pm Star Trek: Deep Space Nine** TV sci-fi drama series. **7.00 The Six Million Dollar Man** TV sci-fi series with Lee Majors. **8.00 Walker, Texas Ranger** TV action drama with Chuck Norris. **9.00** P **Legacy of Lies** ★★ Some slick fight sequences power this dreary action flick. Scott Adkins (2020, 15) **11.05 Smokey and the Bandit III** ★ Dire addition to the comedy chase series. Jackie Gleason (1983, 18) **12.50am Pay the Ghost** ★★ Supernatural thriller with more atmosphere than scares. Nicolas Cage (2015, 15) **2.40–4.30am Tales That Witness Madness** ★★ Portmanteau of four horror stories. Jack Hawkins Donald Pleasence (1973, 18)

Legend **F'view** 41 **F'sat** 137 **Sky** 148 **Virgin** 149

HorrorXtra 69

8.00am Bone Eater ★ A cast of has-beens are terrorised by a demon in this daft horror. Bruce Boxleitner, Gil Gerard (2007) **10.00** Farscape **11.00 Apocalypse of Ice** ★ A global ice storm threatens the earth in this low-budget sc-fi. Tom Sizemore, Emily Killian (2020) **1.00pm Air Collision** ★★ A storm imperils Air Force One in this ludicrous but watchable action thriller. Reginald VelJohnson (2012) **3.00** Farscape **4.00** The Prisoner **5.00 Bigfoot** ★ No-frills sci-fi adventure about the hunt for the sasquatch in South Dakota. Danny Bonaduce (2012) **7.00pm Farscape** TV sci-fi. **8.00 The Prisoner** TV drama. **9.00 Matriarch** ★★★ Slick, harrowing Scottish horror about an expectant couple who seek refuge at a farmhouse after a car crash. Charlie Blackwood, Julie Hannan (2018, 15) **10.55 The House of the Devil** ★★★ Slow-burning chiller about a babysitter who is lured to a creepy house for a job. **Review, right.** Jocelin Donahue, Greta Gerwig (2009, 18) **1.00–2.50am Matriarch** As 9pm

HorrorXtra **F'view** 69 **F'sat** 138 **Sky** 317 **Virgin** 171 **+1** **F'sat** 139 **Sky** 318 **Virgin** 371

FILM REVIEWS

FILM OF THE DAY

Judgment at Nuremberg ★★★★

9.00-11.55pm ***BBC4*** PG

HISTORICAL DRAMA The trial of the judges who enforced Hitler's laws, allowing wartime atrocities to occur, provides mesmerising material for this near three-hour epic from Stanley Kramer. He secured one of the great casts of all time, headed by Spencer Tracy as Allied judge Dan Haywood, and there are touching cameos from Oscar-nominated Judy Garland (pictured) and Montgomery Clift. The film has great dignity, exemplified by Burt Lancaster's intellectual German Ernst Janning, and an Oscar-winning performance from Maximilian Schell. **TONY SLOMAN** (US 1961, disturbing content, BW, HD)

Gert and Daisy's Weekend ★★

11.10am-12.45pm ***Talking Pictures TV*** U

COMEDY Elsie and Doris Waters had been radio stars for 15 years before they made this rare sortie into film. Starring as the cockney tittle-tattles Gert and Daisy, they escort some East End evacuees to a country house, where they become suspects in a jewel robbery. Those who lived through evacuation may find something to smile at. **DAVID PARKINSON** (UK 1941, BW)

Rio Grande ★★★★★

1.50-4.00pm ***5 Action*** U

WESTERN Following on from *Fort Apache* and *She Wore a Yellow Ribbon*, this was the final film in John Ford's cavalry trilogy, and tells the story of a daring response to Native American raids. John Wayne stars as a fort commander and Maureen O'Hara is his long-separated wife, and the pair would act in four more films together. **ALLEN EYLES** (US 1950, BW, HD)

White Cradle Inn ★★★

3.00-4.40pm ***Talking Pictures TV*** PG

DRAMA Harold French's touching wartime tale centres on the bond that develops between Swiss innkeeper Madeleine Carroll and French refugee Michael McKeag, as well as the friction between him and Carroll's husband, Michael Rennie. The performances are slightly strained, but the dénouement is tense. **DP** (UK 1947, BW)

Safe ★★★

9.00-10.55pm ***Great Movies*** 15

ACTION This slick thriller stars Jason Statham as a cage fighter who is pitted against the Russian mafia, Chinese Triads and corrupt New York cops after he saves the life of a 12-year-old maths genius (Catherine Chan). The typically deadpan Statham showcases his impressive martial arts skills in between the violently over-the-top shoot-outs. **LUCY BARRICK** (US 2011, violence, swearing)

The Lawnmower Man ★★★

9.00-11.40pm ***Sky Sci-Fi*** 15

SCI-FI Offering a virtual reality spin on *Frankenstein*, this movie casts Pierce Brosnan as a scientist who selects his mentally disabled gardener (Jeff Fahey) as a guinea pig for his experiments with hi-tech teaching aids and intelligence-boosting drugs. The special effects were cutting edge for their day but look very dated now. **PETER FREEDMAN** (UK/US 1992, violence, swearing, sex scenes)

Spring and Port Wine ★★★

10.05pm-12.05am ***Talking Pictures TV*** PG

COMEDY DRAMA Any film adaptation of a play in which the action takes place around a dining table is likely to feel a bit stagey. However, Bill Naughton's screen version of his own generation-gap comedy succeeds thanks to the deft handling of director Peter Hammond and the assured playing of a cast led by James Mason and Susan George. **DP** (UK 1969)

The House of the Devil ★★★

10.55pm-12.50am ***Horror Xtra*** 18

HORROR This creepy frightener stars Jocelin Donahue as a babysitter lured to a spooky house for a job that gets stranger and stranger. Her employers are a weird couple, and her best friend (*Barbie* director Greta Gerwig) also gets caught up in events. Ti West's movie is light on gore but has some superb moments of dread. **JAMIE RUSSELL** (US 2009, violence, swearing, sexual references)

Tulip Fever ★★

11.55pm-1.30am ***BBC4*** 15

PERIOD DRAMA Based on Deborah Moggach's novel, this drama set in 17th-century Amsterdam sees unhappily married Alicia Vikander and her lover, Dane DeHaan, investing in the booming tulip market. Director Justin Chadwick fills the screen with visual delights, but struggles to mesh the subplots, while Christoph Waltz and Judi Dench are overlooked in supporting roles. **VICTORIA LUXFORD** (UK/US 2016, sex scenes, HD)

Sky Cinema picks

Spider-Man: No Way Home ★★★★

3.30-6.00pm ***Sky Action***

Tom Holland's web-slinger unleashes a multiverse. (2021, 12)

Sky 306; Virgin 406; BT 506/520

Save the Cinema ★★★

8.00-10.00pm ***Sky Feel Good***

Likeable true-story drama with Samantha Morton. (2021, 12)

Sky 302, Virgin 402, BT 502/516

Shaft ★★★★

10.00-11.45pm ***Sky Hits***

Supercool remake. (2000, 18)

Sky 303, Virgin 403, BT 503/517

Films to stream from p40
Netflix, Amazon, Disney+ and more

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12, 15, 18 - for viewers of these ages and over.

Sky Showcase

2 Guns *9.00pm* Trench and Stigman go under cover

6.00am The Early Rundown **7.00** Kay Burley **8.00** Caught on Dashcam **9.00** Nothing to Declare **10.00** WW2 Treasure Hunters **11.00** Islands (AD) **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** The Simpsons **5.30** The Fresh Prince of Bel-Air

6.30pm The Simpsons Lisa fantasises about the history of art. **7.00** Homer meets a femme fatale. **7.30** Abe is accused of a crime.

8.00 Micro Monsters with David Attenborough *3/6* Courtship in the bug world. (AD) **8.30** *4/6.* Mating habits. (AD)

9.00 2 Guns ★★★★ Action crime drama starring Denzel Washington. Two undercover agents are unaware of each other's identity. (W)

11.00 Never Mind the Buzzcocks *Ep 5 Series 3.* With Paloma Faith, Benji Webbe and Judi Love. Greg Davies hosts.

11.45 Sex and the City *1/12 Series 1.* A group of women friends decide to review their sex lives. **12.15am** *2/12.* Samantha has a sexual encounter videotaped.

12.50 Warrior **1.55** Stop, Search, Seize (AD) **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00–6.00am** The Early Rundown: double bill

Sky Showcase Sky 106 Virgin 109 BT 340/HD 355 +1 Sky 206

Sky Sci-Fi

6.00am Merlin **7.00** Warehouse 13 **8.00** Home Shopping **11.00** Fringe **12 noon** Star Trek: the Next Generation **2.00pm** Merlin **3.00** Fringe **4.00** Stargate SG-1 **5.00** Stargate Atlantis: Rodney McKay gains superhuman abilities

6.00pm Star Trek: the Next Generation *20/26 Series 5* Lwaxana causes a rift between Worf and his son during her wedding preparations. **7.00** *21/26.* Chosen to serve as a peace offering by her people and end a lengthy feud, a beautiful woman falls for Picard.

8.00 Star Trek: Voyager *5/26 Series 7.* The Doctor is abducted and sold to a hospital ship, where he is forced to prioritise patients according to their value to society.

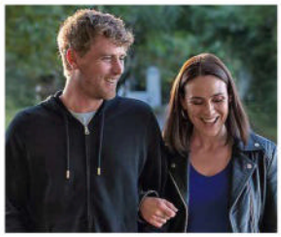
9.00 The Lawnmower Man ★★★ Sci-fi thriller starring Jeff Fahey and Pierce Brosnan. When a scientist discovers he can use drugs and computer technology to enhance the intelligence of chimps, he extends his research to a gardener. **Review page 105.**

11.40 Asteroid-a-Geddon ★ Sci-fi action starring Issa Veronika and Eric Roberts. Earth is threatened by a mighty celestial object.

1.20am Warehouse 13 **2.15** Star Trek: Voyager **3.10** Stargate Atlantis **4.05–6.00am** Star Trek: the Next Generation: double bill

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122 BT 348/HD 363 +1 Virgin 229

Sky Atlantic



The Lovers *9.00pm* Seamus and Janet's lies continue

6.00am Urban Secrets **7.55** Six Feet Under (AD) **10.05** Ray Donovan (AD) **12.15pm** Game of Thrones (AD) **1.20** Raised by Wolves (AD) **3.30** Six Feet Under (AD)

5.40pm Ray Donovan *1/12 Series 3.* Abby finds a friend on the streets of Los Angeles. (AD) **6.45** *2/12.* Ray is called on to protect a quarterback. (AD)

7.55 Game of Thrones *2/10 Series 5.* Cersei fears for her daughter's safety in Dorne. (AD)

9.00 The Lovers *3/6* RT Seamus's partner whisks him away for the night – and drags Janet along. **See page 99.**

9.35 Dreamland *3/6.* Estate agent Trish is in her element selling a fancy house. (AD)

10.05 Winning Time: the Rise of the Lakers Dynasty *7/7 Series 2.* Drama about the Los Angeles Lakers basketball team.

11.10 Billions *6/12 Series 5.* Chuck wages war on a new front. (AD) **12.20am** *7/12.* Tensions rise in Wendy's relationships. (AD)

1.30 In Treatment **2.00** ***New.*** Drift: Partners in Crime *6 & 7/10.* **See p108** Rptd tomorrow 10.10pm **4.00** Richard E Grant's Hotel Secrets (AD) **5.00–6.10am** ***New.*** Billions *7/12 Series 7.* Repeated tomorrow 9pm

Sky Atlantic Sky 108 (109 Wales) BT 342/HD 357 +1 Sky 208 (209 Wales)

Sky Witness

6.00am The Real A&E (AD) **7.00** Border Security USA (AD) **8.00** Border Patrol **10.00** Border Security: America's Front Line **11.00** FBI: Most Wanted: the team is called to Vermont (AD) **12 noon** Bull **2.00pm** Blue Bloods (AD) **3.00** Caught Red Handed: double bill. A victim who faced a burglar, then a light-fingered neighbour is caught stealing

4.30pm Border Security: Australia's Front Line Seven editions of the series following the work of border security agents.

8.00 Blue Bloods *2/21 Series 13* Frank announces he will not be endorsing Erin's run for district attorney. Meanwhile, Danny and Baez investigate a bloody crime scene at a hotel. (AD)

9.00 FBI *6/23 Series 5.* Maggie returns from leave to help the team investigate two homicides.

10.00 FBI: International *6/22 Series 2.* Vo's friend from the US Navy calls in a favour to help find her missing nephew in Crete.

11.00 The Rookie *7/20 Series 1* The team sets out on the search for Nolan's mentor Officer Hawke, who has gone on the run. (AD)

12 midnight 9-1-1: a woman suspects her housemate is a ghost **1.00am** FBI: Most Wanted **3.00** Chicago Fire **4.00** Border Security: America's Front Line: double bill **5.00–6.00am** The Real A&E (AD)

Sky Witness Sky 107 Virgin 110 BT 341/HD 356 +1 Sky 207 Virgin 310

Sky Max

Rob and Romesh vs Drag *8.00pm* Rob is prepared

6.00am Supergirl **7.00** DC's Legends of Tomorrow (AD) **8.00** The Flash **9.00** Stargate SG-1 **11.00** Supergirl **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

6.00pm Stargate SG-1 *5/22 Series 1.* Members of the team undergo a transformation. **7.00** *6/22.* The team investigates the disappearance of SG-9.

8.00 Rob and Romesh vs Drag *3/7 Series 3.* The duo dive into the world of drag queens. (AD)

9.00 The Blacklist *13/22 Series 10.* Siya learns more about Meera's past from Red.

10.00 Never Mind the Buzzcocks *Ep 5 Series 3.* With Paloma Faith, Benji Webbe and Judi Love.

10.45 Warrior *3/10 Series 3* Strickland takes menacing steps to secure Nellie's land.

11.50 Fantasy Island *1/13 Series 2* Drama starring Roselyn Sanchez. Tara and Jessica want to rule their 30th high-school reunion. **12.45am** *2/13.* Helene visits in search of her biological father.

1.40 Road Wars **2.05** Stop, Search, Seize (AD) **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00–6.00am** Highway Patrol

Sky Max Sky 113 (114 Wales) Virgin 111 BT 346/HD 361

Sky Replay

7.00am 6ixth Sense with Colin Fry **8.00** Four Weddings **10.00** UK Border Force **11.00** Brit Cops: Rapid Response (AD) **12 noon** Highway Patrol (AD) **1.00pm** Send in the Dogs **2.00** Most Haunted: double bill **4.00** Manifest (AD) **6.00pm** DC's Legends of Tomorrow: double bill. The teams fight against zombies during the American Civil War, then the team traces a timequake to the White House (AD) **8.00** Highway Patrol (AD) **9.00** The Force: Manchester **10.00** The Russell Howard Hour **11.00** FBI: Maggie returns from medical leave to help investigate two homicides **12 midnight** FBI: International: Vo's friend calls in a favour to help find her missing nephew **1.00am** UK Border Force **2.00** A League of Their Own (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00–6.00am** 6ixth Sense with Colin Fry

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Patrol **7.00** Motorway Patrol **8.00** Border Security: Canada's Front Line **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Border Patrol **12 noon** Killer in My Village **1.00pm** Murdered at First Sight (AD) **2.00** The Killer Within **3.00** Most Evil Killers **5.00** Murdered at First Sight (AD) **6.00** Forensics: Catching the Killer (AD) **7.00** Most Evil Killers **9.00** ***New.*** Most Evil Killers: the story of the murder of Jane Longhurst, who vanished in 2003 **10.00** Killer in My Village **11.00** Most Evil Killers **12 midnight** Killer in My Village **1.00am** Forensics: Catching the Killer (AD) **2.00** Killer Siblings **3.00** Brit Cops: War on Crime **4.00** Road Wars **5.00–6.00am** Motorway Patrol

Sky Crime Sky 122 (123 Scotland) Virgin 121 BT 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

Gold

Blackadder the Third *7.00pm* George faces a devious plot

7.10am Desmond's **7.50** Keeping Up Appearances **8.25** 2 Point 4 Children **9.00** Hi-de-Hi! **9.40** Porridge **10.20** Last of the Summer Wine **11.40** Keeping Up Appearances **12.20pm** 2 Point 4 Children **1.00** Dad's Army **1.40** The Thin Blue Line **2.20** Porridge **3.00** Hi-de-Hi! **3.40** Last of the Summer Wine **5.00** Keeping Up Appearances **5.40** Porridge

6.20pm The Thin Blue Line Fowler decides to marry Patricia.

7.00 Blackadder the Third The new prime minister plots to bankrupt the Prince Regent. (AD)

7.40 Dad's Army A bomb hits the bank during a platoon party. **8.20** The platoon helps out Godfrey's widowed friend.

9.00 Christmas with the Royle Family Denise interrupts the banter by going into labour. (AD)

9.55 Not Going Out Lee and his father have counselling. **10.35** Lee poses as Lucy's husband at a trade conference.

11.15 The Fast Show The Posh Cockneys ask for directions. (AD) **11.55** Professor Denzil Dexter steals another skull. (AD)

12.35am Not Going Out **1.55** The Fast Show (AD) **2.35** The Real McCoy **3.10–4.00am** The Fosters

Gold Sky 110 (111 Wales) Virgin 124 BT 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am Will & Grace: 20 episodes (AD) **6.00pm** Will & Grace: six editions. Rob and Ellen refuse to play charades with Will and Grace **6.30** Jack agrees to marry Karen's maid Rosario so she can get a visa **7.00** A fresh start beckons for Grace **7.30** Karen loses Jack's pet parrot **8.00** A photo has unexpected consequences for Grace **8.30** Jack and Rosario try to convince an immigration official they are happily married (AD) **9.00** Breeders: double bill. Paul raids Leah's collection of heavy-duty painkillers, then Ava and Luke feel frozen out (AD) **10.00** Sex and the City: double bill. Carrie comes face to face with a love rival, then Charlotte has second thoughts about the wedding **11.15** Will & Grace: seven editions (AD) **2.45am** House of Lies: double bill **3.50–5.00am** Looking: two editions

Sky Comedy Sky 114 (115 Wales) Virgin 112 BT 347/HD 362

Comedy Central

8.00am Most Ridiculous Bonkers Bodies **8.35** Most Ridiculous Mad Mums **9.00** The Middle (AD) **11.00** Home Improvement **1.00pm** Friends: 16 back-to-back episodes (AD) **9.00 FILM** Police Academy 2: Their First Assignment ★ Comedy sequel starring Steve Guttenberg. Captain Pete Lassard recruits six rookie cops from his brother's police academy **10.45** David Spade: My Fake Problems: a stand-up special by the comedian and actor **11.45** Reno 911!: double bill **12.45am** South Park **2.15** Mike Judge's Beavis and Butt-Head **2.45** Beavis and Butt-Head **3.00** Key and Peele **3.25** Criminally Funny **4.10–5.00am** Friends: double bill (AD)

Comedy Central Sky 112 (113 Wales) Virgin 132 BT 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

Alibi

Death in Paradise *8.00pm* Mary (Wendy Craig) visits

7.10am Murdoch Mysteries: double bill **9.00** Miss Fisher's Murder Mysteries **10.00** Hudson & Rex (AD) **11.00** Without a Trace **12 noon** Frankie Drake Mysteries (AD) **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries **4.00** Miss Fisher's Murder Mysteries **5.00** Hudson & Rex (AD)

6.00pm Without a Trace *21/24 Series 2.* A man disappears while trying to prove the innocence of his son – a death row inmate.

7.00 Elementary *9/24 Series 1* A college professor is viciously murdered, while Joan receives a request for help from an ex-lover.

8.00 Death in Paradise *5/8 Series 5.* Humphrey's Aunt Mary becomes caught up in a murder investigation while visiting him. (AD) **9.00** *6/8.* A famous chef is found fatally stabbed the morning after opening his new restaurant. (AD)

10.00 So Help Me Todd *4/21* Margaret and Todd work to bring justice to an Olympic athlete who lost his leg in a plane crash.

11.00 Person of Interest *13/22 Series 4.* The hunt for Shaw takes Root and Reese to a seemingly idyllic town in upstate New York.

12 midnight Elementary **1.00am** My Life Is Murder **2.10–4.00am** Murdoch Mysteries: double bill

Alibi Sky 109 (110 Wales) Virgin HD 114 BT 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

Discovery

6.00am Bitchin' Rides **7.00** Deadliest Catch **9.00** Alaska: the Last Frontier **10.00** How Do They Do It? **11.00** Wheeler Dealers **12 noon** Salvage Hunters **1.00pm** Deadliest Catch **3.00** Blowing Up History: Seven Wonders **5.00** Kindig Customs **6.00** Salvage Hunters: Drew Pritchard drives a 1940s steam engine **7.00** Wheeler Dealers: Mike hopes to double the price on a 1985 Mercedes 300 TD (AD) **8.00** Outback Truckers: Anthony and Danyelle tackle a treacherous river crossing **9.00** ***New.*** Naked and Afraid: Last One Standing: during a white-water migration, the survivalists are battered **11.00** Expedition X

12 midnight How the Universe Works **1.00am** Naked and Afraid: Last One Standing **3.00–5.00am** Alaska: Homestead Rescue

Discovery Sky 125 (126 Scotland) Virgin 177 BT 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

Discovery History

6.00am Expedition Unknown **7.00** Unsolved History **8.00** Devonport: inside the Royal Navy **9.00** Combat Dealers (AD) **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** How It's Made **1.00pm** Combat Dealers **2.00** Unsolved History **3.00** Blowing Up History **4.00** Mysteries at the Museum **5.00** Devonport: inside the Royal Navy **6.00** Nasa's Unexplained Files **7.00** Expedition Unknown **8.00** Combat Dealers (AD) **9.00** Blowing Up History (AD) **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 midnight** How It's Made **1.00am** Combat Dealers **2.00** Salvage Hunters **3.00** Combat Dealers (AD) **4.00–5.00am** Blowing Up History

Discovery History Sky 177 Virgin 181 +1 Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

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Sky Documentaries

The Bee Gees: How Can You Mend a Broken Heart *10.00pm*

6.00am Expecting Amy (AD) **7.00** Discovering: Kevin Costner **8.00** The Directors **9.00** One Shot: the Football Factory (AD) **10.00** Spector (AD) **11.00** Scouting for Girls: Fashion's Darkest Secret (AD) **12 noon** 15 Minutes of Shame **1.45pm** My Icon: Duke McKenzie (AD) **2.00 FILM** All That Breathes ★★★★ The story of Delhi brothers who heal injured wild birds. Hindi +subtitles. **Review page 75.** (W) **4.00** The Directors: James L Brooks **5.00** Discovering: Kevin Costner

6.00pm One Shot: the Football Factory Footballers who dream of playing in the Premier League. (AD)

7.00 Spector Phil Spector is convicted after a second trial. (AD)

8.00 Scouting for Girls: Fashion's Darkest Secret Investigating cases of grooming and rape in the fashion industry. (AD)

9.00 The Russell Murders: Who Killed Lin and Megan? The 1996 case re-examined.

10.00 The Bee Gees: How Can You Mend a Broken Heart ★★★★ Barry Gibb recalls the band's history with archive interviews from his brothers. (W)

12.10am Nothing Compares (AD) **2.10** Look Away (AD) **4.00** The Directors **5.00–6.00am** Discovering: Kevin Costner

Sky Documentaries **Sky** 121 (122 Scotland) **Virgin** 188 **BT** 352/**HD** 367

Nat Geographic

8.00am Food Factory **9.00** Air Crash Investigation (AD) **10.00** Ocean Wreck Investigation **11.00** Lost Treasures of Egypt **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Nazi Megastructures **4.00** Ice Road Rescue **5.00** Car SOS (AD) **6.00** Wicked Tuna (AD) **7.00** Air Crash Investigation (AD) **8.00** ***New.*** Building Impossible with Daniel Ashville: building one of the world's longest underground rail connections (AD) **9.00** ***New.*** Wicked Tuna **10.00** ***New.*** First Alaskans **11.00** Air Crash Investigation (AD) **12 midnight** Banged Up Abroad **1.00am** To Catch a Smuggler **2.00** Lords of War **2.30** Bid and Destroy **2.55** Made in a Day (AD) **3.20** Food Factory **4.10** Exotic Animal ER: Double Dose **4.35–5.00am** Secrets of the Zoo: Keeper Tales

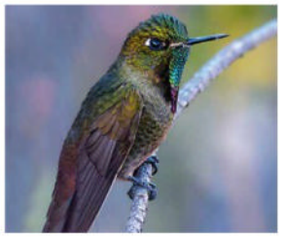
Nat Geographic **Sky** 129 (130 Scotland) **Virgin** 183 **+1** **Sky** 229 (230 Scot) **Virgin** 383

Sky History

6.00am American Pickers **7.00** Forged in Fire **8.00** Storage Wars Canada **9.00** Pawn Stars **10.00** WW2 Treasure Hunters **11.00** Greatest Heists with Pierce Brosnan **1.00pm** Storage Wars Canada **2.00** I Saw It: Bigfoot and Beyond **4.00** Britain's Most Historic Towns **5.00** Pawn Stars **6.00** American Pickers **7.00** Forged in Fire **8.00** ***New.*** Pawn Stars: Rick tries to compute a deal on a rare piece of tech **9.00** ***New.*** Forged in Fire: two smiths fashion a seven-foot sword **10.00** ***New.*** Alone: Predator Lake **11.00** Instruments of Death **12 midnight** Pawn Stars **1.00am** Storage Wars Canada **2.00** 9/11: the Legacy **3.00** Pawn Stars **4.00** Forged in Fire **5.00–6.00am** Britain's Most Historic Towns

Sky History **Sky** 123 (124 Scotland) **Virgin** 131 **BT** 353/**HD** 368 **+1** **Sky** 223 (224 Scot) **Virgin** 331

Sky Nature



Into the Wild: Colombia *8.00pm* A tyrian metaltail

6.00am Reef Wrecks **7.00** Monkey Life **8.00** Chasing the Rains **9.00** Wild Israel **10.00** Undiscovered Vistas **11.00** Islands (AD) **12 noon** Africa's Hidden Kingdoms (AD) **1.00pm** Monkey Life: double bill **2.00** Chasing the Rains **3.00** Wild Israel **4.00** Undiscovered Vistas **5.00** Islands (AD)

6.00pm Africa's Hidden Kingdoms The severe landscape of South Africa's coastline. (AD)

7.00 Monkey Life A woolly monkey celebrates his birthday. **7.30** A bust-up at the lemur enclosure leaves Kaiyah injured.

8.00 Into the Wild: Colombia The challenges faced by the huge number of hummingbird species in the country.

9.00 Micro Monsters with David Attenborough The violence within the world of bugs. (AD) **9.30** How the cockroach wasp and others disarm their prey. (AD)

10.00 Africa's Hidden Kingdoms As 6pm.

11.00 Islands A look at the diverse ecosystem of Borneo. (AD) **12 midnight** Wildlife ER **1.00am** Africa's Wild Horizons **2.00** Into the Wild: Colombia **3.00** As 9pm **4.00** Chasing the Rains **5.00–6.00am** Wild Israel

Sky Nature **Sky** 124 (125 Scotland) **Virgin** 189 **BT** 354/**HD** 369

Eden

9.00am Impossible Engineering: nine editions (AD) **6.00pm** Impossible Engineering: six editions. A look at the construction of Beijing Daxing International Airport **7.00** A distinctive new building changing the iconic Manhattan skyline, which engineers believe will be the most slender skyscraper ever built **8.00** Chinese authorities try to move vast amounts of water from South to North **9.00** A look at the incredible machines built to get troops directly to the front line on land, at sea and in the air **10.00** The Independent, a residential skyscraper in Austin, Texas **11.00** A look at the world's biggest oil tanker – the mighty Supertanker Europe of the record-breaking TI Class of ship (AD) **12 midnight** Impossible Engineering (AD) **5.30–6.00am** The Zoo

Eden **Sky** 166 **Virgin** **HD** 176 **+1** **Sky** 266 **Virgin** 376

Animal Planet

8.00am Tanked **9.00** Pit Bulls and Parolees **10.00** My Cat from Hell (AD) **11.00** Animal Cops Philadelphia (AD) **12 noon** Tanked **1.00pm** Pit Bulls and Parolees **2.00** India's Monkey Man Monster: Expedition Mungo **3.00** Deadly Dragon of Borneo: Expedition Mungo **4.00** My Cat from Hell (AD) **5.00** Lone Star Law **6.00** Tanked **7.00** Pit Bulls and Parolees **8.00** Meet the Orangutans **9.00** Meet the Penguins **10.00** Edge of Alaska: Neil is on the brink of reopening the Motherlode mine for tourism **11.00** Sharkwrecked: Crash Landing **12 midnight** Sharktacular 2016: hosted by Eli Roth **1.00am** Edge of Alaska **2.00** My Cat from Hell (AD) **3.00** Lone Star Law **4.00–5.00am** Tanked

Animal Planet **Sky** 162 (178 NI) **Virgin** 178 **+1** **Sky** 262 (278 NI) **Virgin** 378

SPORT

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 420/**HD** 440

6.00am Sky Sports News **7.00** Good Morning Sports Fans **10.00** The Football Show **12 noon** Lunchtime Live **12.30pm** **LIVE** **European Tour Golf** Day one of the Open De France in Saint-Quentin-en-Yvelines. **5.00** **LIVE** **Solheim Cup Golf** The opening ceremony in Spain. **6.00** Sky Sports News **7.30** **LIVE** **Super League** A match from the final round of the regular season (kick-off **8.00**). **10.15** Sky Sports News **10.30** Back Pages Tonight **11.00** Sky Sports News **12 midnight** **LIVE** **NFL** San Francisco 49ers v New York Giants in Santa Clara, California (k-o **1.15**). **4.30–6.00am** Sky Sports News

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am Classic Play-Off Finals **9.00** Scottish Premiership Football **9.30** EFL Greatest Games **10.00** Classic League Cup Final (AD) **12 noon** Scottish Premiership Round-Up **12.15pm** Scottish Premiership Football **12.30** Championship Highlights **3.30** League One and Two Goals **4.00** Championship Highlights **6.00** German Football **6.30** Women's Championship Show **7.00** Championship Highlights **9.00** German Football **9.30** Women's Championship Show **10.00** Championship Highlights **11.00** German Football **11.30** EFL Greatest Games **12 midnight** SPFL Greatest Games **2.00am** There's Only One Sauzee **2.30** Scottish Premiership Football **4.00** Best Scottish Premiership Goals (AD) **5.00** Old Firm Derby Best Goals (AD) **5.30–6.00am** SPFL: Edinburgh Derby Best Goals (AD)

Sky Golf

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am PGA Tour Champions **7.00** Solheim Cup Golf **9.00** Challenge Tour Golf **9.30** PGA Tour: the Cut **10.00** One Shot Away **10.30** Countdown to the Ryder Cup **11.00** Portrait of a Captain: Catriona **11.30** Celebrity Kop Club **11.45** My Ryder Cup **12 noon** Challenge Tour Golf **12.30pm** **LIVE** **European Tour Golf** Day one of the Open De France in Saint-Quentin-en-Yvelines. **5.00** **LIVE** **Solheim Cup Golf** The opening ceremony in Spain. **6.30** Drive On: LPGA All Access **7.00** Solheim Cup Golf **8.30** European Tour Golf **1.30am** Solheim Cup Golf **1.30** PGA Tour Champions **3.00** PGA Tour: the Cut **3.30** PGA Tour Champions Learning Centre **4.00–6.00am** The Greatest Solheim Cup (AD)

Sky F1

Sky 406 **Virgin** 516/**HD** 506 **BT** 425/**HD** 445

3.00–4.45am **LIVE** **Japanese Grand Prix** First practice session.

Sky Mix

Sky 416 **Virgin** 510 **BT** 429/**HD** 449

12.30–5.30pm **LIVE** **European Tour Golf** The Open De France, day one in Saint-Quentin-en-Yvelines. **7.30–9.45pm** **LIVE** **British Basketball League** London Lions v Caledonia Gladiators from the Copper Box Arena (tip-off **7.45**).

Eurosport 1

Sky 413 **Virgin** 521 **BT** **HD** 412

6.00am Australian Open Tennis **8.00** British Superbikes **9.00** Olympic Games: the Power of the Olympics **9.15** Cycling **12.15pm** **LIVE** **Cycling** Stage two of the Tour of Luxembourg, 183.9km from Mondorf-les-Bains to Mamer. **2.30** **LIVE** **Cycling** The European Championships mixed team time trial in Drenthe, the Netherlands. **4.30** Mountain Biking **5.30** Sailing **6.00** Sydney Marathon **7.00** Karate **8.00** Cycling **10.00** French Open Tennis **12 midnight** Cycling **2.00am** British Superbikes **4.00–6.00am** Cycling

NFL *12 midnight* ***Sky NFL*** Christian McCaffrey's pace could be the difference for the 49ers

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Greatest Games **7.00** Legends (AD) **8.00** Best Goals **9.00** 100 Club (AD) **10.00** The Football Show **12 noon** Gary Neville's Soccerbox **1.00pm** Premier League Years (AD) **3.00** Greatest Games **4.00** Best Goals (AD) **5.00** 100 Club (AD) **6.00** Legends (AD)**7.00** The Big Interview **7.30** Premier League Stories **8.00** Gary Neville's Soccerbox **9.00** The Big Interview **9.30** Premier League Stories **10.00** Icons **10.30** Retro **12.30am** Icons (AD) **1.00** Premier League Years (AD) **3.00** Greatest Games **4.00** Best Goals **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am How the 2015 World Cup Was Won (AD) **8.00** International One-Day Cricket **6.00pm** Secrets Of Success (AD) **8.15** Eoin Morgan: on Top of the World **9.00** International One-Day Cricket **10.00** Classic World Cup Cricket **11.00** International One-Day Cricket **12 midnight** Capturing the World Cup 1992 (AD) **1.00am** The World Cup through Their Eyes (AD) **3.00** Capturing the World Cup 1992 (AD) **4.00–6.00am** Classic World Cup Cricket

Sky NFL

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am Highlights **7.00** Jaguars Weekly UK **7.30** One Jets Drive **8.00** Bitesize **9.00** Highlights **11.00** Jaguars Weekly UK **11.30** One Jets Drive **12 noon** Pro-Football Talk **2.00pm** Gameday **2.30** Bitesize **3.00** Highlights **4.00** Jaguars Weekly UK **4.30** One Jets Drive **5.00** Good Morning Football **8.00** Gameday **8.30** Her Huddle **9.00** Highlights **10.00** Fantasy **11.00** Gameday **11.30** Bitesize **12 midnight** **LIVE** **NFL** San Francisco 49ers v New York Giants in Santa Clara, California (kick-off **1.15**). **4.30am** Bitesize **5.00** Her Huddle **5.30–6.00am** Gameday

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Rugby League Retro **8.00** Super League **10.30** Rugby League Retro **12.30pm** Super League **1.00** US Open Tennis **3.30** WNBA **5.30** Super League **7.30** **LIVE** **Super League** A match from the final round of the regular season (kick-off **8.00**). **10.15** Super League **12.30am** US Open Tennis **3.00** Super League **3.30** WNBA **5.30–6.00am** Boxing Archive (AD)

Eurosport 2

Sky 414 **Virgin** 522 **BT** **HD** 413

6.00am Speedway **7.00** Cycling **10.00** World Superbikes **1.00pm** Motor Racing **3.00** Snooker **5.00** Motocross **6.00** Motorcycling **6.30** Speedway **7.30** **LIVE** **Premiership Speedway** Coverage of tonight's play-off tie. **10.00** Cycling **12 midnight** Motocross: World Championship action **2.00am** Cycling **4.00–6.00am** Snooker

TNT Sports 1

Sky 410 **Virgin** 527 **BT** 408/**HD** 430

6.00am Serie A: Full Impact (AD) **6.30** Premier League Stories (AD) **7.00** Ariel Helwani Meets (AD) **7.15** Wrestling (AD) **9.00** Ariel Helwani Meets **9.30** Surfing (AD) **10.30** Premier League Legends (AD) **11.30** TNT Sports Goals Reload **12 noon** Premier League Netbusters (AD) **12.30pm** Premier League Stories (AD) **1.00** Squash Highlights **2.00** T20 Cricket **2.30** Wrestling: WWE action **4.00** Europa League Football and Conference League Magazine (AD) **5.00** **LIVE** **Europa League Football** LASK v Liverpool, the Group E match (kick-off **5.45**); **7.45** Brighton & Hove Albion v AEK Athens, the Group B match at the AMEX Stadium (kick-off **8.00**). **10.30** Europa League Football Highlights: tonight's matches **12 midnight** **LIVE** **Major League Baseball** A regular-season match. **3.30am** Surfing: the WSL finals (AD) **4.30** Joe Cole Cast **5.30–6.00am** Serie A: Full Impact (AD)

TNT Sports 2

Sky 411 **Virgin** 528 **BT** 409/**HD** 431

6.00am Badminton **8.00** Badminton Weekly (AD) **8.15** Serie A: Full Impact (AD) **8.45** Squash Highlights **9.45** Fishing (AD) **10.45** Italian Football **3.45pm** Super Villans (AD) **5.00** **LIVE** **Europa Conference League** Legia Warsaw v Aston Villa, the Group E match (kick-off **5.45**); **7.45** West Ham United v TSC Backa Topola, the Group A match at the London Stadium (kick-off **8.00**). **10.30** Premier League: the Big Interview **11.00** Premier League Netbusters (AD) **11.30** MLB: off the Bat (AD) **12 midnight** Europa League Football **12.30am** Europa Conference League **1.30** Europa League Football **3.00** French Football **3.30** T20 Cricket **4.00** **LIVE** **MotoGP** The Grand Prix of India, the first free practice session from Buddh International Circuit in Uttar Pradesh. **5.00–6.00am** MotoGP Rewind (AD)

TNT Sports 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am Champions League Football **11.00** Deaf Away Days **11.15** Champions League Football **4.15pm** Italian Football (AD) **4.45** Premier League Reload **5.00** **LIVE** **Europa Conference League** Eintracht Frankfurt v Aberdeen, the Group G match at Deutsche Bank Park (kick-off **5.45**). **7.45** **LIVE** **Europa League Football** Rangers v Real Betis, the Group C match at Ibrox (k-o **8.00**). **10.30** Premier League: the Big Interview **11.00** MLB: off the Bat (AD) **11.30** Netbusters **12 midnight** French Football **12.30am** Italian Football **1.00** Surfing (AD) **2.00** Premier League Legends (AD) **2.30** TNT Sports Reload (AD) **3.00–6.30am** **LIVE** **Major League Baseball** LA Dodgers v San Francisco Giants (start **3.10**).

TNT Sports 4

Sky 421 **Virgin** 530 **BT** 411/**HD** 434

6.00am Fishing (AD) **7.00** MLB World Series Film 1997 **8.30** French Football **12.30pm** TNT Sports Reload (AD) **1.00** Major League Baseball **3.30** MLB Plays of the Week (AD) **4.00** French Football **5.30** **LIVE** **Europa League Football** Royale Union Saint-Gilloise v Toulouse (kick-off **5.45**); **7.45** Coverage of Ajax v Marseille, the Group B match at the Johan Cruyff Arena (kick-off **8.00**). **10.00** Wrestling (AD) **11.00** French Football **11.30** Serie A: Full Impact (AD) **12 midnight** T20 Cricket **12.30am** International One-Day Cricket **1.00** T20 Cricket **1.30** Poker (AD) **5.30–6.00am** Premier League Legends (AD)

Get exclusive insight into our star guests' viewing habits Scan the QR code or visit radiotimes.com/podcast

Friday

WINNING WAYS Has Agnes (Brendan O'Carroll) come up trumps?

SITCOM

Mrs Brown's Boys

9.30pm ***BBC1***
Catch up via iPlayer

Mistakes are sometimes the best bits. The Irish sitcom's informal production style – where fluffed lines and bloopers are left in, rather than edited out – not only nods to its live roots but often results in its funniest moments. There are a few corkers tonight, with the cast's corpsing not helped by them having to act drunk, pretend to be Cockneys or say the word "Lamborghini" while eating ferociously spicy food. It's infectious as they get the giggles and struggle to get back on track.

In the penultimate episode of this four-part run, Lotto fever has hit Foley's bar and it doesn't take long before rumours spread around Finglas that potty-mouthed matriarch Agnes (Brendan O'Carroll) is the winner of the €15m jackpot. Meanwhile, a DNA test and the surprise return of former neighbour Anita (guest star Debra Stephenson, complete with surprise accent) – a childhood friend of daughter Cathy (Jennifer Gibney) – leave Agnes with serious questions to answer about her romantic history. And just wait until you see Mammy's golfing outfit. Fore! **MICHAEL HOGAN**

GARDENING

Gardeners' World

8.00pm ***BBC2*** *Catch up via iPlayer*

You might recognise Jamie Butterworth from an edition of *GW* earlier this year: he is the person who provided Carol Klein with most of the plants for her show garden at Hampton Court Flower Festival. This time the plantsman is visiting Scampston Hall, in north Yorkshire, to see a walled garden that was created by the renowned Dutch landscape designer Piet Oudolf, famous for using drifts of perennials and grasses chosen as much for their structure as their colour.

Meanwhile Adam Frost, Rachel de Thame and Frances Tophill are in another magical garden – York Gate in Leeds – and there's a report on a gardener who loves growing hibiscus. **JANE RACKHAM**

Your RT Gardening: page 142

DOCUMENTARY

Puppy School for Guide Dogs

8.00pm ***Channel 5***
Catch up via My5

Training a guide dog takes two years and costs £35,000, but when you see how they change lives, it's well worth it. For instance, having dog Abby means Nathan can pick up his daughter from nursery just like any other proud dad.

We get lots of updates, finding out how Hester and Pickle are doing (brilliantly, it seems) and seeing Ashfaq slowly building up his trust in Max so that they work well as a team. We also join several other dogs at different points in their training – recall, ignoring distractions, manoeuvring through narrow spaces. It's a fascinating process and might inspire you to donate – or become a volunteer puppy raiser. **JR**

DOCUMENTARY

After Uvalde: Guns, Grief and Texas Politics

8.25pm ***PBS America***
Catch up via Freeview Play

In May 2022 a young man who had just turned 18 bought two assault rifles in Uvalde, Texas. A few days later, he shot his grandmother, drove to his old elementary school and opened fire, killing 19 children and two teachers.

As one of the survivors points out in this documentary about the political consequences of the massacre, at 18, the shooter was legally unable to buy a beer, yet he could buy weapons so powerful that police body armour offered no protection.

Reporter Maria Hinojosa speaks to those campaigning for stronger gun control, as well as those who believe the solution is to arm teachers with assault rifles, too. **DAVID BUTCHER**

COMEDY

Red Dwarf

10.00pm ***BBC2***
Catch up via iPlayer

Writers Rob Grant and Doug Naylor certainly had a vision for *Red Dwarf*, as they created as much mythology for this ostensibly low-key first series as you'd expect to find in a big-budget *Star Wars* movie. This fourth episode, for instance, offers up a history of the Cat race and the reasons why Lister (Craig Charles) is considered to be their god.

It also features an early appearance of a character who'd recur later down the line – yes, say "howdy-doodly-do" again to Talkie Toaster, the novelty kitchen appliance whose light banter at breakfast concealed a compulsion to steer every conversation around to the topic of toast. Who knew he'd have such a shelf life? **DAVID BROWN**

ALSO ON TODAY

Five Bedrooms
1.45pm ***BBC1***
Australian comedy drama. A disgruntled Heather is upstaged at her graduation party, and Liz and Stuart decide to ask for help.

Billions
9.00pm ***Sky Atlantic***
She and Chuck may be long over, but Wendy (Maggie Siff, right) still has to deal with his dad's drama in yet another Rhoades family crisis.

Warrior
10.00pm ***Sky Max***
A shaken Ah Toy is confronted with a difficult decision as the third season of the martial arts crime drama continues.

DOCUMENTARY

Loch Ness: Hunting the Monster

10.00pm ***Channel 5*** *Catch up via My5*

A recent major search for the Loch Ness Monster failed to find any hard evidence of Nessie's existence, but it did, at least, achieve its partial goal of drawing attention to one of Scotland's leading tourist attractions.

Whether you believe in the beast or not, it's a fascinating subject.This thorough investigation traces the Nessie saga from the late Triassic period right up to the present day. It combines forensic analysis of the various sources of photographic and film evidence with first-hand accounts from some of those who claim to have seen the monster, while also providing an examination of Nessie as a cultural phenomenon. **PAUL WHITELAW**

DRAMA

Drift: Partners in Crime

10.10pm, 11.10pm ***Sky Atlantic***
Catch up via Now

The action-packed, adrenalised German police drama returns after a mid-season break to catch its breath, rejoining the chalk-and-cheese cop brothers – hard-living Ali (Ken Duken) and gentler soul Leo (Fabian Busch) – who had been forced to form an uneasy partnership in order to fight a sinister international conspiracy.

As we return, the siblings sense a chance to catch the man who attacked Ali's lawyer girlfriend Maryam (Mona Pirzad). A wild, fatal pursuit ensues. Just when the brothers are starting to feel safe, an anonymous threat arrives. The murder they covered up might be about to come back to bite them. Ain't that always the way? **MH**

DRAMA

Rig 45: Murder at Sea

12.15am ***More4***
Catch up: C4 streaming

SERIES FINALE

When will detective Emma Marshall (Natalie Gumede) learn that there's safety in numbers? She and the few remaining survivors from the Benthos oil rig have successfully made it over to the deserted supply boat but rather than all of them sticking together, the group separates to find the missing crew.

"So, tell me... what the f*** is going on here?" shouts one of them. We'd all like to know that, because – somewhat inevitably – another person gets murdered.

Much more surprising, however, is the arrival of someone who knows exactly what's been going on. **JR**

SEA CHANGE Nick Knowles near Tangier, where Morocco borders both the Atlantic and Mediterranean

TRAVEL

Amazing Railway Adventures with Nick Knowles

9.00pm ***Channel 5*** *Catch up via My5*

The latest series of this amiable travelogue begins in Morocco, where our host finds some of the fastest and greenest trains in his odyssey thus far. First stop: Tangier, where Knowles boards Al Boraq – a train that can reach speeds of nearly 200 miles per hour. What's more, its high-speed line is run on sustainable wind power. It's hoped that Morocco's entire railway system will be powered by green energy within two years.

The next stop is Kenitra, on the Atlantic Coast, home to a bustling fish market with incredible fresh sardines. Highlights also include a trip to Casablanca, where Knowles visits a tribute to the fictional Rick's Café from the classic Hollywood film; a hammam in Marrakesh; and a serene dawn balloon ride offering fabulous views of the Atlas mountains and the vast African interior. **PW**

LIVE SPORT

Football: Women's Nations League
England v Scotland
7pm (k/o 7.45pm) ***ITV4***
England and Mary Earps are back in action after the World Cup.

FILM OF THE DAY

Magic Mike
★★★ 15 *10.40pm* ***BBC1***
Channing Tatum leads a ragtag troupe of male strippers in director Steven Soderbergh's sweet 'n' saucy comedy drama inspired by the actor's early years working as an exotic dancer. (2012)

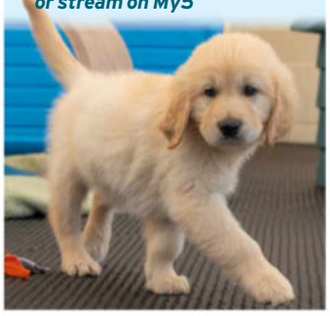
FILM REVIEWS page 115

advertisement feature

Puppy School for Guide Dogs

For Brits with a vision impairment, the canine graduates of the Puppy School for Guide Dogs are truly life-changing. But what does it take to turn a playful pup into a hero hound? In this moving series, you'll meet puppies at every stage of their guide dog education, as well as the humans who train and rely on them.

Friday 8pm Channel 5 or stream on My5



GETTY

FRIDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Naga Munchetty, Charlie Stayt. (S) (HD)
9.15 Morning Live Gethin Jones, Kimberley Walsh. (S) (HD)
10.00 Fraud Squad A couple overcharge a council £400,000 in a care home staffing scam. (S) (AD) (HD)
10.45 Claimed and Shamed A woman falsely claims for an injury caused by a faulty shoe. (Revised rpt) (S) (HD)
11.15 Homes under the Hammer In Bridlington, Greater Manchester and Newcastle-under-Lyme. (R) (S) (AD) (HD)
12.15pm Bargain Hunt Danny Sebastian presents the contest from Wetherby, West Yorkshire. (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Five Bedrooms *4/8* *Series 4*. Heather is unhappy when her boyfriend throws her a graduation party. A box set is available on iPlayer. (S) (HD)
2.30 Money for Nothing Sarah Moore is at Wallyford Recycling Centre in East Lothian. (Revised rpt) (S) (HD)
3.00 Escape to the Country A couple look for a permanent country home in Hampshire. (R) (S) (AD) (HD)
3.45 Garden Rescue Flo Headlam and Lee Burkhill design a practical space to suit a family. (S) (HD)
4.30–5.15 The Finish Line Quiz show. (S) (HD)

BBC2

6.30am Money for Nothing Salvaging a kitchen table and a rocking chair. Shown Wednesday 2.15pm BBC1 (S) (HD)
7.15 Garden Rescue Shown yesterday 3.45pm BBC1 (S) (HD)
8.00–9.00 Sign Zone Gardeners' World Monty Don plants bulbs in pots, including hyacinths and daffodils. (R) (S) (HD)
9.00 Nicky Campbell Calls on the day's talking points. Simulcast with Radio 5 Live. (S) (HD)
10.00 BBC News (S) (HD)
BBC RED BUTTON 10.00am–12.10pm, 1.30–3.15 Canoeing Coverage of the semi-finals and finals in the Slalom World Championships from the Lee Valley White Water Centre
12.15pm Politics UK The week's proceedings. (S) (HD)
1.00 Impossible Quiz with Rick Edwards. (R) (S) (HD)
1.45 Eggheads Jeremy Vine hosts the quiz. (R) (S) (HD)
2.15 Murder, Mystery and My Family: Case Closed? Examining the 1937 murder of a 23-year-old woman in Leighton Buzzard, Bedfordshire. (R) (S) (AD) (HD)
3.00 Kelvin's Big Farming Adventure Kelvin Fletcher takes a lamb to the slaughterhouse. (R) (S) (AD) (HD)
3.30 Great Canadian Railway Journeys Michael Portillo explores the province of Quebec. (R) (S) (AD) (HD)
4.00–5.00 Serengeti The dry season turns the waterhole into a death trap for the herd. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Showbiz gossip and guests. (S) (HD)
10.00 This Morning Lifestyle features, fashion and celebrity interviews. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Frank exchanges. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S) (HD)
2.00 James Martin's Spanish Adventure The chef continues his culinary journey through Spain, this time visiting Granada. Signed repeat 3.05am (S) (AD) (HD)
3.00–4.00 Tenable A team from Nottingham, called Here Come the Girls and Neil, take part in the quiz. Signed repeat 5.10am (S) (HD) Followed by **Regional Weather**

Channel 4

6.05am Countdown With Chris McCausland. (R) (S) (HD)
6.45 Cheers Double bill of the comedy. (R) (S) (HD)
7.35 Everybody Loves Raymond (R) (S) (AD) (HD)
8.25 Frasier Triple bill of the US sitcom. (R) (S) (AD)
9.55 Château DIY At Château Mas du Pradie, Julia is hosting her first wedding ceremony. (R) (S) (AD) (HD)
10.55 George Clarke's Amazing Spaces A mountain-top retreat in the Italian Alps and a lake house in Lugano. (R) (S) (AD) (HD) **11.55 News** (S) (HD)
12 noon Steph's Packed Lunch Weekday magazine show presented by Steph McGovern. (S) (HD)
2.10pm Countdown Chris McCausland guests. (S) (HD)
3.00–5.00 A Place in the Sun Property expert Lee Juggurnauth helps a couple find the perfect holiday home on Spain's Almería coast. (R) (S) (HD)
4.00 Presenter Leah Charles-King helps a couple looking to find a permanent home in the inland Valencia province of Spain. Repeated 7pm 4seven (S) (HD)

BBC1 1

Mrs Brown's Boys
9.30pm Best pals? Debra Stephenson guest-stars as Anita, a childhood friend of Cathy's

5.15pm Pointless
General knowledge quiz presented by Alexander Armstrong and Richard Osman. (R) (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S) (HD)

7.00 The One Show
Alex Jones and Roman Kemp present. (S) (HD)

7.30 Make It at Market
Aspiring makers are given the opportunity to turn their hobbies and skills into profitable businesses by joining presenter Dominic Chinea at a training camp in the grounds of a Leicestershire Arts and Crafts house. In this episode, Dominic helps Morgan, who lacks the confidence to sell his beautifully crafted furniture, and Cath, who is keen to realise her dream of starting a willow-weaving business.
Series director Martin Connery
Executive producer Andrew Snowball (Revised rpt) (S) (HD)

8.00 Dragons' Den
Business partners Vahid and Thibault pitch their product as the solution to the plastic bag problem, leaving potential investors Peter Jones, Deborah Meaden, Touker Suleyman, Sara Davies and Steven Bartlett to weigh up the validity of their planet-saving claims. Also sharing their ideas in the Den are an American entrepreneur who offers up her family's favourite drink, a part-time bike shop salesman who has a nightmare with a certain Dragon's name, and the creators of an altruistic app who are about to discover if the panel are in a giving mood.
A box set of previous episodes is available on iPlayer.
Executive producer Chi Ukairo
Series editor Samantha Davies (R) (S) (AD) (HD)

9.00 Would I Lie to You?
Rob Brydon hosts the comedy panel show, as team captains Lee Mack and David Mitchell are joined by guests Pam Ayres, Sarah Kendall, Richard Osman and Kiell Smith-Bynoe to tell some tall tales.
Director Barbara Wiltshire; Series producer Adam Copeland (R) (S) (HD)

9.30 Mrs Brown's Boys
RT ***3/4*** *Series 4*. **Million Dollar Mammy.** Rumour spreads that Agnes has won the lotto jackpot, while a DNA test and the surprise visit of Cathy's childhood friend leave Agnes with some questions to answer. A box set is available on iPlayer. **See p108.**

Agnes Brown	**Brendan O'Carroll**	Winnie	**Eilish O'Carroll**
Hilary	**Susie Blake**	Grandad	**Dermot O'Neill**
Trevor	**Martin Delany**	Dr Flynn	**Derek Reddin**
Sharon	**Fiona Gibney**	Birdie	**June Rodgers**
Cathy	**Jennifer Gibney**	Mark	**Pat Shields**
Dermot	**Paddy Houlihan**	Anita	**Debra Stephenson**
Father Damien	**Conor Moloney**	Betty	**Amanda Woods**
Buster	**Danny O'Carroll**		

Writer Brendan O'Carroll; Director Ben Kellett
Executive producer Steven Canny (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 Magic Mike ★★★
Comedy drama starring Channing Tatum. A 30-something male stripper rethinks his lifestyle while mentoring the new kid on the block and there is added impetus when the girl he likes won't take him seriously as boyfriend material. Available on iPlayer for 30 days. **Film of the Day: page 115.**

Mike	**Channing Tatum**	Ken	**Matt Bomer**
Adam "The Kid"	**Alex Pettyfer**	Nora	**Riley Keough**
Dallas	**Matthew McConaughey**	Big Dick Richie	**Joe Manganiello**
Brooke	**Cody Horn**	Tarzan	**Kevin Nash**
Joanna	**Olivia Munn**	Tito	**Adam Rodriguez**

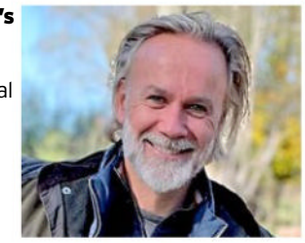
Director Steven Soderbergh (2012, 15) (S) (W) (HD)

12.25am Weather for the Week Ahead (S) (HD)
12.30–6.00am BBC News (S) (HD)

BBC1 **Freeview** 1/HD 101 **Freesat** 101 **Sky** 101 **Virgin** 101

BBC2 2

Marcus Wareing's Tales from a Kitchen Garden
6.30pm In the final edition, the chef throws a party



5.00pm Flog It!
Revisiting some of the locations from previous shows. Paul Martin finds out about the history of Sledmere House in the East Riding of Yorkshire. (R) (S) (HD)

6.00 Richard Osman's House of Games
Milton Jones, Ria Lina, Martin Roberts and Briony May Williams play their final round of games. (R) (S) (HD)

6.30 Marcus Wareing's Tales from a Kitchen Garden
Series 2. The Michelin-starred chef preserves the last of his summer crops so that they can be enjoyed through the winter, and also hosts a party as a way of thanking the local community for all the help and guidance they've given him. Last in series. (S) (HD)

7.00 Golf
Highlights from day one of the Solheim Cup, the biennial women's team competition between Europe and USA, at Finca Cortesin in Andalusia. Today's action features the foursomes and fourballs matches. Europe have won the last two stagings of this event, most recently with a 15–13 triumph in Ohio in 2021.
Editor Jamie Gavin; Producer Graham Bennett (S) (HD)

BBC iPLAYER from 7.25pm Football Live coverage of the NIFL match between Glentoran and Coleraine (kick-off **7.45**)

8.00 Gardeners' World
RT At York Gate in Leeds, Adam Frost, Rachel de Thame and Frances Tophill celebrate a garden for all seasons, and tackle jobs for September. In London, cameras follow a head gardener who fell in love with horticulture at a young age, while plantsman Jamie Butterworth visits the magnificent walled garden at Scampston Hall. **See page 108.**
Series producer Sharon Fisher; Exec producer Gary Broadhurst (S) (HD)
RT GARDENING Save money on bulb kits, plus offers on a black copper planter and twin pack of compost: page 153
Your RT Gardening: page 142

9.00 Snow Dogs
Wildlife film-maker Gordon Buchanan teams up with seven huskies to take on a treacherous dog-sledding trail in Canada's spectacular Yukon wilderness. It was Gordon's childhood dream, inspired by Jack London's novel *The Call of the Wild*, to follow in the footsteps of the Klondike Gold Rush explorers who used this trail. He meets Pierre-Luc Fortin, expert musher and owner of 29 loyal Alaskan huskies, and is introduced to his seven-sled dog team.
Director Jack Warrender
Executive producers Wendy Rattray and Ted Oakes (R) (S) (AD) (HD)

10.00 Red Dwarf
RT ***4/6*** *Series 1*. Lister discovers that he is god to the ship's felines. All twelve series are on iPlayer.

Arnold Rimmer	**Chris Barrie**	Holly	**Norman Lovett**
Dave Lister	**Craig Charles**	Cat Priest	**Noel Coleman**
Cat	**Danny John-Jules**	Toaster	**John Lenahan**

Writers Doug Naylor and Rob Grant; Director Ed Bye (R) (S) (HD)

10.30 Newsnight With Victoria Derbyshire. (S) (HD)

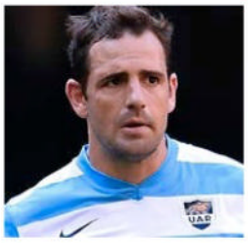
11.00 Weather (S) (HD)

11.05 Amazing Hotels: Life beyond the Lobby
6/8 *Series 5*. Monica Galetti and Rob Rinder arrive at Borgo Egnazia in Puglia. **See choice, page 58.**
Shown Sunday 8pm (S) (AD) (HD)

12.05am The Hidden World of Hospitality with Tom Kerridge *8/8*. How exceptional service is delivered on a huge scale. **See choice, p98.** Shown yesterday 8pm (S) (AD) (HD)
1.05 Picasso: the Beauty and the Beast *1/3*. A look at Pablo Picasso's years as an emerging artist in Paris. **See choice, page 98.** Shown yesterday 9pm (S) (AD) (HD)
2.05–3.05am Sign Zone: Helping Our Teens *1/2* Giving advice to secondary school students. (R) (S) (HD)

BBC2 **Freeview** 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV1 3



Rugby World Cup *4.00pm* Nicolás Sánchez will use all of his experience to roar the Pumas on against Samoa

4.00pm Rugby World Cup
Argentina v Samoa
Live coverage of the Pool D match from Stade Geoffroy-Guichard in Saint-Etienne (kick-off **4.45**).
Both teams missed out on the knockout stages four years ago in Japan and are likely to see this as a must-win game if they are to have any chance of progressing this time around.
Presented by David Flatman, with analysis from Maggie Alphonsi, Sean Fitzpatrick and George Gregan, and commentary by Martin Gillingham and Nolli Waterman.
Editor Phil Heslop (S) (HD)

7.00 Regional News Weather (S) (HD)

7.15 ITV Evening News Weather (S) (HD)

7.30 Emmerdale
Mandy worries about Lydia. Chloe has her doubts. Gail is daunted for the day ahead.

Mandy Dingle	**Lisa Riley**	Rodney Blackstock	**Patrick Mower**
Lydia Dingle	**Karen Blick**	Ryan Stocks	**James Moore**
Chloe Harris	**Jessie Elland**	Sam Dingle	**James Hooton**
Manpreet Sharma	**Rebecca Sarker**	Sarah Sugden	**Katie Hill**
Marlon Dingle	**Mark Charnock**	Suni Sharma	**Brahmdeo Shannon**
Mary Goskirk	**Louise Jameson**	Suzy Merton	**Martelle Edinborough**
Matty Barton	**Ash Palmisciano**	Tom King	**James Chase**
Moira Dingle	**Natalie J Robb**	Tracy Metcalfe	**Amy Walsh**
Nate Robinson	**Jurell Carter**	Vanessa Woodfield	**Michelle Hardwick**
Nicky Milligan	**Lewis Cope**	Victoria Sugden	**Isabel Hodgins**
Nicola King	**Nicola Wheeler**	Vinny Dingle	**Bradley Johnson**
Noah Dingle	**Jack Downham**	Wendy Posner	**Susan Cookson**
Paddy Dingle	**Dominic Brunt**	Will Taylor	**Dean Andrews**
Rhona Goskirk	**Zoe Henry**	Zak Dingle	**Steve Halliwell**

Writer Chris Gill More cast Thu This week's episodes produced by Kate Brooks, Laura Shaw and Hannah Cheers, directed by Reece Dinsdale, Merlyn Rice and Debbie Howard (S) (AD) (HD)

8.00 Coronation Street
Stephen fears that the game is up when police identify the dead body. Daisy confronts Ryan. The Baileys consider cutting their losses.
Writers John Kerr and Owen Lloyd-Fox
Cast Monday/Wednesday (S) (AD) (HD)

9.00 My Mum, Your Dad
10/10. Davina McCall shocks the parents when she reveals the grown-up kids' role in their journey at the retreat. Fresh from this, the parents are told that their children will make one last big decision when giving their blessing on their relationships. At an emotional reunion, hearts are on the line as everyone bares their soul. Will the children approve, or will there be a shocking revelation?
Repeated 11.40pm (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 The NFL Show
Craig Doyle presents highlights of the opening match of week three between San Francisco 49ers and New York Giants at Levi's Stadium, with analysis from Jason Bell and Osi Umenyiora. Plus a look ahead to this weekend's games and a review of the week two contests. (S) (HD)

11.40 My Mum, Your Dad
10/10. Davina tells the parents how their kids played a role at the retreat. Shown 9pm (S) (AD) (HD)

12.30am Extreme E Highlights All the action from race two of the Island X-Prix II in Sardinia. (S) (HD)
1.25 All Elite Wrestling: Collision Hard-hitting action from the AEW. Shown Wednesday 9pm ITV4 (S) (HD)
3.05 James Martin's Spanish Adventure The chef's journey reaches Granada. Shown 2pm (S) (SL) (AD) (HD)
3.55 Unwind A sequence to calm the mind. (S) (HD)
5.10–6.00am Tenable A team of five contestants from Nottingham take part in the quiz. Shown 3pm (S) (SL) (HD)

ITV1 **Freeview** 3/**HD** 103 **Freesat** 103 **Sky** 103 **Virgin** 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 303

Channel 4 4 / 7 in Wales

Gogglebox *9.00pm* Family viewing: Baasit, Raza and Sid Siddiqui review the week's television

5.00pm A New Life in the Sun
The Brits heading to Europe include a Manchester couple grappling with living and working together in France and a Cheshire couple who tie the knot in Italy. Meanwhile, in Spain, there's an emotional reunion at a family's cocktail and tapas bar. (R) (S) (HD)

6.00 The Simpsons
I'm with Cupid. Homer kidnaps Elton John and locks him inside a cage. (R) (S) (AD)

6.30 Hollyoaks
After overhearing a conversation, Goldie is convinced Carter is attracted to John Paul. Hunter opens up to Zoe about his previous relationship.

Goldie McQueen	**Chelsee Healey**	Sharon Bailey	**Jamelia**
John Paul McQueen	**James Sutton**	Shing Lin Leong	**Izzie Yip**
Misbah Maalik	**Harvey Virdi**	Sienna Blake	**Anna Passey**
Nadira Valli	**Ashling O'Shea**	Sophie Blake	**Scarlett Kerr**
Nana McQueen	**Diane Langton**	Ste Hay	**Kieron Richardson**
Rafe Harcourt	**Chris Gordon**	Tom Cunningham	**Ellis Hollins**
Rayne Royce	**Jemma Donovan**	Tony Hutchinson	**Nick Pickard**
Romeo Nightingale	**Owen Warner**	Yasmine Cunningham	**Haiesha Mistry**
Sally St Claire	**Annie Wallace**	Zain Rizwaan	**Jonas Khan**
Scott Drinkwell	**Ross Adams**	Zoe Anderson	**Garcia Brown**
Sebastian Blake	**Teddie Williamson**	Mr Bury	**Alan French**

Writer Rebecca Ramsden More cast Tue Shown Thu 7pm E4
Rptd next Mon E4 Next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 PopMaster TV
5/6. Ken Bruce hosts the music competition, based on his popular, long-running radio quiz. It's the penultimate heat, and only one place remains in the grand final. Ken puts more music fans through their paces to find out who has the best pop knowledge, but who will make it through to the ultimate test?
Director Derek Hallworth; Executive producers Zoë Tait, Ken Bruce and Phil Swern First shown on More4 (S) (HD)

9.00 Gogglebox
Ep 3. The armchair critics share their opinions on what they have been watching during the week.
Executive producers Mike Cotton, Leon Campbell and Victoria Ray Repeated 11.05pm 4seven (S) (AD) (HD)

10.00 Married at First Sight UK
New series. Ep 1 *Series 8.* The return of the experiment to see whether science can help people fall in love, with experts Mel Schilling, Paul C Brunson and Charlene Douglas ready to help 16 hopeful people find their perfect match. In the opening episode, the new brides and grooms celebrate their last night of single life.
11.35 ***Ep 2.*** Four more singles enter the experiment, hoping to find the ideal match. One of the two weddings turns out to be an awkward affair, but the other sees a bride have the start to married life that she dreamed of.
12.35am ***Ep 3.*** The newly-weds jet off to start the next stage of the process, escaping to spectacular settings as they begin their married lives together on their honeymoons.
1.30 ***Ep 4.*** Two more couples meet at the altar, with one of them finding they have an instant, electric connection. **See choice, page 68**
Series director James Kayler; Series producers Jimmy Hunt and Amy Lou Holden Shown Mon/Tue/Wed 9pm E4 (S) (HD)

2.30 Ramsay's 24 Hours to Hell and Back Gordon brightens up the dull menu and decor at Stone's Throw restaurant in Seymour, Connecticut. (R) (S) (SL) (AD) (HD)
3.15 Come Dine with Me Dinner party hosts from in and around Newcastle compete for £1,000. (R) (S) (HD)
5.25–5.55am Beat the Chef Leading chef James Tanner and a home cook go head to head making their own versions of a trio of scallops. (R) (S) (HD)

Channel 4 **Freeview** 4/**HD** 104 **Freesat** 104 **Sky** 104 **Virgin** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 304

BBC4 9 / 24 in Scotland

Hank Williams: Honky Tonk Blues *10.30pm* The life and times of the country legend

7.00pm Top of the Pops 1995
Kylie Minogue presents the chart programme from 2 February featuring M People, MN8, Scarlet, Luther Vandross, Perfecto Allstarz and Celine Dion.
Repeated 1.45am (R) (S)
7.30 The edition from 16 February featuring Scarlet, Vanessa Mae, MN8, Elton John, Elastica, Annie Lennox and Celine Dion. Mark Goodier presents.
Producer Ric Blaxill Repeated 2.15am (R) (S)

8.00 Top of the Pops 1988
Nicky Campbell and Andy Crane introduce an edition first broadcast on 22 September, featuring Pet Shop Boys, Womack & Womack, Bill Withers, Transvision Vamp, Bon Jovi, Rick Astley, the Hollies and the Pasadenas.
Director/Producer Brian Whitehouse
Repeated 2.45am (R) (S)

8.30 Top of the Pops 1981
Simon Bates hosts performances by Slade, Depeche Mode, Madness, Dave Stewart and Barbara Gaskin, Imagination, Japan, Alvin Stardust, Linx, and Adam and the Ants. From 24 September.
Producer Michael Hurll Repeated 3.15am (R) (S)

9.00 Country at the BBC
A compilation of BBC session performances by country artists from the past four decades, including Tammy Wynette, Emmylou Harris, Johnny Cash, Dolly Parton, Charley Pride, Willie Nelson, Alison Krauss, kd lang, Taylor Swift and Billie Jo Spears.
Producer Eleanor Thomas (R) (S) (HD)

10.30 Hank Williams: Honky Tonk Blues – Arena
A profile from 2005 of American country singer Hank Williams, who embodied the honky-tonk ethos with seductive lyrics about love and ruin. Blazing out of Alabama in the late 1940s, he was hailed a superstar by the age of 25, only to meet his untimely death just four years later. Family and friends offer an insight into the man who became one of the most legendary figures in US music.
Director Morgan Neville; Producers Morgan Neville and Colin Escott (R) (S) (HD)

11.50 I Saw the Light ★★
Music biography starring Tom Hiddleston. Hard-drinking country singer/songwriter Hank Williams works his way to the top, both with and despite the help of his wife Audrey. But success has a price, and his behaviour spirals. Available on iPlayer for 25 days. **Review page 65.**

Hank Williams	**Tom Hiddleston**
Audrey Williams	**Elizabeth Olsen**
Lillie Williams	**Cherry Jones**
Fred Rose	**Bradley Whitford**
Billie Jean Jones	**Maddie Hasson**
Bobbie Jett	**Wrenn Schmidt**

Director Marc Abraham (2015, 15) (S) (W) (HD)
Shown Sunday 10pm BBC2

1.45am Top of the Pops 1995
Shown 7.00/7.30pm (S)
2.45 Top of the Pops 1988 Shown 8pm (S)
3.15–3.55am Top of the Pops 1981
Shown 8.30pm (S)

BBC4 **F'view** 9/**HD** 106 **F'sat** 108 **Sky** 116 **Virgin** 108

BBC1 SCOTLAND
11.15am–12.15pm Homes under the Hammer: properties in Plymouth and West Yorkshire **7.30–8.00** Landward: Dougie Vipond lends a hand with the harvest

BBC SCOTLAND
7.00pm The Seven **8.00** Inside Central Station **9.00** This Farming Life: Fraser and Carianne head to the mainland to buy new tups for mating season **10.00** Still Game: Jack and Victor ruin a wedding **10.30** Limmy's Show **11.00** Icons of Football: Charlie Nicholas **11.30–12 midnight** Best of Only an Excuse?

STV
3.55–5.10am Night Vision

BBC1 WALES
6.30–7.00pm BBC Wales Today **9.00–9.30** Kiri's TV Flashback: archive clips about things that annoy people

BBC2 WALES
6.30pm Match of the Day Wales Live: Iceland v Wales in Group A3 of the Women's Nations League (kick-off 7.00) **9.30–10.30** Gardeners' World **11.05–12.05am** Golf: Solheim Cup

BBC1 NORTHERN IRELAND
7.30–8.00pm The Long and the Short of It: the Larne Gun-Running incident of 1914

BBC2 NORTHERN IRELAND
12.05–1.05am DIY SOS Strictly Special: signed: Stars of *Strictly Come Dancing* join Nick Knowles and the team in Wallsend, Newcastle

Channel 5 listings are overleaf

RT RT Choice Family Red button (R) Repeat (S) Subtitles (SL) Signing (AD) Audio description (HD) High def **FILMS** P Premiere (W) Widescreen (BW) Black/white ★★★★★ Outstanding ★★★★ Very good ★★★ Worth watching ★★ Could be worse ★ Poor

FRIDAY Freeview

Channel 5 [5]

Amazing Railway Adventures with Nick Knowles *9.00pm* In Morocco

5.35am Milkshake! See page 114
9.15 Jeremy Vine (S) (HD)
11.15 Storm Huntley (S) (HD)
12.40pm Alexis Conran (S) (HD)
1.40 5 News (S) (HD)
1.45 Home and Away Bree catches up with Cash while Eden and Felicity search for him. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)
2.15 Deadly Payback ★★ Thriller starring Jessica Morris and Tanner Zagarino. Single mother Gale has a brief affair with her pool cleaner. But when she tries to dump him he targets her teenage daughter. Director Rolfa Kanefsky (2020) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun On the Costa Blanca, Beckie hopes to raise some money at a dog shelter. (S) (HD)
5.00pm 5 News (S) (HD)
6.00 Susan Calman's Grand Day Out *2/7 Series 4.* The comedian takes her vintage camper van to the Wye Valley, which attracts tourists from far and wide with its ancient woodlands and quirky traditions. (R) (S) (HD)
6.55 5 News Update (S) (HD)
7.00 Alexander Armstrong in Sri Lanka *3/3.* His final leg sees Alexander having a close-up encounter with a cobra before moving north into Tamil territory – the backdrop to the bitter civil war. Here, he spends a day at the races and visits a Hindu temple. (R) (S) (HD)
7.55 5 News Update (S) (HD)
8.00 Puppy School for Guide Dogs RT *4/4.* It is a big day for Paralympic skiing hopeful Hester, as assessors consider whether she is ready to be paired with Pickle on a permanent basis. In London, Ashfaq is settling into life with Max, but needs a little more help from trainer Barry to get more confident letting Max off the lead. **See page 108.** Director/Series producer Ben Duncan (S) (AD) (HD)
9.00 *New series.* Amazing Railway Adventures with Nick Knowles RT *1/6 Series 2.* **Morocco.** The return of the travel series sees the presenter exploring Morocco and the old medina in its capital Rabat. He also takes a tranquil dawn balloon flight, giving rose-tinted views of the Atlas Mountains. **See p109.** Series director Ben Southwell Executive producer Oliver Wright (S) (HD)
10.00 Loch Ness: Hunting the Monster RT The story of Loch Ness and the monster that purportedly lurks there, told through detailed forensic examination of evidence of its existence and first-hand stories from those who claim to have seen it. **See p109.** (S) (HD)
12 midnight Underwater Stonehenge: the Missing Link (R) (S) (HD) **1.00am** Casino (S) (HD) **3.00** Friends (R) (S) (HD) **3.50** Britain's Greatest Bridges (R) (S) (SL) (HD) **4.40** Great Scientists (R) (S) (HD) **5.05** House Doctor (R) (S) (SL) **5.30–5.35am** Entertainment News (S) (HD)

C5 **Freeview** 5/HD 105 **Freesat** 105 **Sky** 105 **Virgin** 105
+1 **Freeview** 38 **Freesat** 128 **Sky** 205 **Virgin** 305

BBC4 listings are overleaf

BBC3 [23]

Being Louis Rees-Zammit *9.00pm* A profile of the Welsh rugby player

7.00pm Frozen Planet *7/7 Series 1.* **On Thin Ice.** David Attenborough investigates what rising temperatures will mean for the polar regions, and how changes there could affect the rest of the planet. He learns how Arctic polar bears are going hungry as the sea ice disappears. The whole series is on iPlayer. (S) (AD) (HD) Followed by ***New.* The Catch Up** (S) (HD)
8.00 Gavin & Stacey *5/6 Series 1.* Stacey has her hen party while Gavin goes on two stag nights. (S) (AD) (HD) **8.30** *6/6.* The wedding day arrives and Uncle Bryn is still reluctant to reveal what happened on the fishing trip. (S) (AD) (HD)
9.00 Being Louis Rees-Zammit Documentary about the Welsh rugby star, from intense training sessions to post-match debriefs with his family at home. First shown on BBC1 Wales (S) (AD) (HD)
10.00 Sorry to Bother You ★★★ Satirical fantasy with Lakeith Stanfield and Tessa Thompson. Struggling to pay rent, Cassius "Cash" Green takes a job as a telemarketer and becomes involved with local union activities. Available on iPlayer for 25 days. **Review page 65.** Director Boots Riley (2018, 15) Shown Sunday BBC1 (S) (W) (HD)
11.45 *New.* The Bold Type *5/10 Series 2.* Kat gets the go-ahead to hire her first addition to the social team. A box set is on iPlayer. (S) (HD)
12.25am Boot Dreams: Now or Never (S) (AD) (HD) **1.25** Juice (S) (HD) **2.20** Seven Minutes (S) **2.30–4.00am** Gavin & Stacey (S) (SL) (AD) (HD)

BBC3 **F'view** 23/**HD** 107 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 115 (117 Wales; 121 Scotland) **Virgin** 107 (157 Scotland/Wales)

ITV2 [6]

5.00am CITV (HD) **9.00** One Tree Hill (S) (HD) **10.00** Dawson's Creek (S) (HD) **11.00** Love Bites: Scarlett Moffatt hosts (S) (SL) (AD) (HD)
12 noon Dinner Date (S) (AD) (HD) **1.00pm** Family Fortunes (S) (HD) **2.00** Chuck (S) (HD) **3.05** One Tree Hill (S) (HD) **4.00** Dawson's Creek (S) (HD) **5.00** Dinner Date (S) (AD) (HD)
6.00pm Celebrity Catchphrase Charlie Brooks, Jimmi Harkishin and Siobhan McSweeney play for charity. (S) (AD) (HD)
7.00 Family Fortunes Gino D'Acampo introduces the game show, as the Mills clan from Essex take on the Craigs from Falkirk to play for the £30,000 jackpot. (S) (HD)
8.00 Superstore *11/21 Series 5.* Amy struggles to contact the store's new parent company. Sandra needs help with Carol. (S) (AD) (HD)
8.30 *12/21.* The employees wrestle with the loss of co-worker Myrtle – and the fact that she left a large sum of money to Jonah. (S) (AD) (HD)
9.00 FILM Pitch Perfect ★★★ Musical comedy with Anna Kendrick and Skylar Astin. New girl Beca's singing voice makes her the centre of attention when she signs up to become part of the college's all-female *a cappella* group, the Barden Bellas. Determined to outshine them are their male counterparts, the Treblemakers. **Review p115.** (S) (AD) (W) (HD)
11.15 Family Guy *Series 16.* Peter is forced to join the United States Coast Guard after pretending to be a military veteran. (S) (AD) (HD)
11.45 The family are shunned by the people of Quahog after Brian posts an offensive tweet that goes viral. (S) (AD) (HD)
12.10am American Dad! (S) (AD) (HD) **1.10** Superstore (S) (AD) (HD) **2.10** Iain Stirling's CelebAbility (S) (HD) **2.45–3.00am** Unwind (S) (HD)

ITV2 **Freeview** 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 **Freeview** 29 **Freesat** 114 **Sky** 218 **Virgin** 315

ITV3 [10]

Doc Martin *8.00pm* PC Penhale bags himself a free surfing lesson

6.00am Classic Emmerdale (S) **7.05** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) **9.15** Where the Heart Is: *8/16 Series 5 Pound of Flesh.* A stranger returns to Skelthwaite Repeated 12.10am; **10.25** *9/16 Damage.* Karen is reunited with her mother Repeated 1.10am (S) (AD) **11.35** Heartbeat: *20/24.* The vicar's wife is murdered; **12.40pm** *21/24.* Geoff and Phil find themselves under siege (S) (AD)
1.40pm Classic Emmerdale: double bill. Disaster turns to delight as Charity finally gets her man, then Sadie continues to needle Charity (S) **2.45** Classic Coronation Street: double bill. Sarah learns she is to receive a visit from a social worker, then Hayley rushes to save Roy after receiving a disturbing phone call from him (S) (AD) **3.55** Endeavour: Morse suspects a connection between a disappearance and a murder (S) (AD) (HD)
5.55pm Heartbeat *22/24 Series 16.* Peggy hatches a rescue plan when Bernie is targeted by a predatory, money-grabbing widow. (S) (AD) **6.55** *23/24.* Walker waits anxiously for the results of his sergeant's exam, while David decides he wants to become the next Hugh Hefner. (S) (AD)
8.00 Doc Martin *6/8 Series 9.* **Equilibrium.** Martin and Louisa attend their first fertility appointment, while Morwenna responds to her first emergency. (S) (AD) (HD) **9.00** *7/8.* **Single White Bevy.** Al is moving in with Morwenna, and Louisa learns the hard way that she shouldn't see her client unsupervised. (S) (AD) (HD)
10.00 Professor T *5/6 Series 1.* **Sophie Knows.** Professor T befriends a vulnerable girl and is convinced she is the key witness to a murder. (S) (AD) (HD) **11.00** *6/6.* **The Dutiful Child.** When an attempt is made on a billionaire's life, Professor T suspects the culprit is closer to home than the police suspect. (S) (AD) (HD)
12.10am Where the Heart Is Shown 9.15/10.25am (S) (AD) **2.15–2.30am** Unwind (S) (HD)

ITV3 **Freeview** 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 **F'view** 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 317

ITV4 [26]

6.00am Minder (S) (SL) (AD) **7.05** The Professionals (S) (SL) (AD) **8.05** The Saint (S) **9.15** The Return of Sherlock Holmes (S) (AD) (HD) **10.20** Magnum, PI (S) (HD) **11.25** The Motorbike Show: on the Dorset coast (S) (HD)
12.30pm The Saint (S) **1.35** The Return of Sherlock Holmes (S) (AD) (HD) **2.45** Magnum, PI (S) (HD) **3.45** The Professionals (S) (AD) **4.50** Minder: Arthur and Terry become involved in the battle for a Greek restaurant (S) (AD) **5.55** The Motorbike Show: Henry Cole rides through Ed Sheeran's beloved Sussex, and celebrates the 40th anniversary of the game-changing Suzuki Katana (S) (HD)
7.00pm LIVE Women's Nations League England v Scotland, the opening match for both teams in Group A1 of the inaugural competition, held at the Stadium of Light in Sunderland (kick-off **7.45**). Seema Jaswal presents, with analysis from Ian Wright, Karen Carney and Jen Beattie. (S) (HD)
10.30 *New.* All Elite Wrestling: Dynamite Hard-hitting action from the USA. (S) (HD)
12.35am Extreme Salvage Squad: refloating a pre-World War II boat (S) (HD) **1.30** Minder (S) (SL) (AD) **2.35–3.00am** Unwind (S) (HD)

ITV4 **Freeview** 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 **Freesat** 118 **Sky** 220 **Virgin** 318

Drama [20]

Father Brown *8.00pm* The priest attempts to solve a murder

7.10am All Creatures Great and Small Repeated 4.10pm (S) **8.00** Doctors: double bill. Mac makes a promise, then Dr Powers treats an alleged rape victim (S) **9.20** Classic Holby City: Ric tells his colleagues he is starting a new job Repeated 2.55am (S) (HD) **10.40** Casualty: Rob spends ends up in casualty as a patient **11.50** The Bill: Jim finally tells June about Gabriel's parentage (S)
12.50pm Classic EastEnders: double bill. Janine believes she's put her past behind her, then Pat urges Ricky to get the truth from Paul **2.05** Pie in the Sky: *9/10 Series 2* Crabbe tracks down a burglar (S) **3.05** Bergerac: *3/10 Series 1.* Jim chases a Parisian criminal **4.10** All Creatures Great and Small: *10/13 Series 1.* James and Helen start the tuberculin testing Shown 7.10am **5.20** The Upper Hand: *9/13 Series 2.* Laura's name is mentioned in a billionaire's will
6.00pm 'Allo 'Allo! *6/6 Series 4.* **The Jet-Propelled Mother-in-Law.** René and the Resistance go to work in the vineyard. (S)
6.40 Last of the Summer Wine *Series 11.* **Three Men and a Mangle.** Nora Batty invites Compo up to her bedroom. (S) **7.20** *Series 12.* **Return of the Warrior** Clegg and Compo are at a loose end. (S)
8.00 Father Brown *7/15 Series 3.* **The Kembleford Boggart** The priest races to find out who murdered the father of a young writer. (S) (AD) (HD) **9.00** *8/15* **The Lair of the Libertines** The priest and his friends are stranded with a group of hedonists. (S) (AD) (HD)
10.00 New Tricks *1/10 Series 9.* **A Death in the Family** Jack announces he is quitting. (S) (AD) (HD)
11.20 Silent Witness *5/5 Series 22.* **Betrayal.** Nikki is accused of making a serious error. (S) (HD)
1.35am Banished: *4/7 Series 1.* Reverend Johnson challenges Major Ross over his demands on Kitty (S) (AD) (HD) **2.55–4.00am** Classic Holby City Shown 9.20am (SL)

Drama **Freeview** 20 **Freesat** 158 **Sky** 143 **Virgin** 116
+1 **Freeview** 60 **Sky** 243 **Virgin** 316

ITVBe [28]

7.00am Billie and Greg: the Family Diaries (S) (AD) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe: children's programmes (HD)
12 noon Sugar Showdown (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20** Billie and Greg: the Family Diaries (S) (AD) (HD) **2.20** The Only Way Is Essex (S) (HD) **3.05** Million Dollar Listing: LA (S) (HD) **4.05** The Real Housewives of Atlanta (S) (HD) **5.00** ***New.*** The Real Housewives of Potomac (S) (HD)
6.00pm Making It Home with Kortney and Kenny Kortney and Kenny embark on a mission to create tailor-made spaces. (S) (HD)
7.00 Buying and Selling Transforming a tired old property into a luxury home. (S) (HD)
8.00 *New.* Jane the Virgin Jane rewrites the ending of her book. Last in series. (S) (HD)
9.00 Botched Terry Dubrow performs surgery on a woman whose nipples are too high, and a patient wants to look like an alien.
10.00 Two ex-brides who weren't able to have the wedding of their dreams seek help.
11.00 A man with his flat nose needs it fixed so he can propose. (S) (AD) (HD)
12 midnight The Only Way Is Essex (S)
12.45–1.00am Unwind (S) (HD)

ITVBe **Freeview** 28 **Freesat** 119 **Sky** 131 (132 Scotland) **Virgin** 119 **+1** **Virgin** 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

The Radio Times PODCAST **DON'T MISS** Our brand new series of **The Radio Times Podcast** – available now! **SCAN TO LISTEN**

More4 18

Eight out of Ten Cats Does Countdown *11.10pm* Rob Beckett

8.55am Kirstie's Vintage Gems **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: double bill

1.10pm Heir Hunters **2.10** Four in a Bed **4.50** Kirstie and Phil's Love It or List It (AD) **5.50** The Secret Life of the Zoo: at Chester Zoo, the Asian elephants are recovering from a spate of devastating deaths (AD)

6.55pm The Dog House Nine-year-old Kiya chooses a new furry companion from a litter of three puppy cockapoos. (AD)
7.55 Grand Designs A couple build a shed-like family home and workspace at an old milk yard in south-east London. (AD)
9.00 24 Hours in A&E Cora, 62, and her husband Rae, 65, arrive separately after their involvement in a high-speed road collision, but both need extensive tests for suspected fractures and internal injuries. (AD)
10.05 Three patients give cause for grave concern, including 13-year-old cyclist Sam. Rushed to St George's after falling on her head during a race, Sam's symptoms appear to indicate a severe brain injury. (AD)
11.10 Eight out of Ten Cats Does Countdown Sean Lock and Rob Beckett compete against Jon Richardson and Cariad Lloyd in the comedy panel show, while Jamie Laing helps out in Dictionary Corner.
12.15am RT **CHOICE** ***New.*** Rig 45: Murder at Sea: the crew are found locked in a cabin. English and Swedish +subtitles. **See p109** **1.15** 24 Hours in A&E (AD) **3.20–3.50am** A Place in the Sun

More4 **F'view** 18 **F'sat** 124 **Sky** 136 (137 Scotland) **Virgin** 147 **+1** **Freesat** 125 **Sky** 236 (237 Scot) **Virgin** 347

E4 13

6.00am Hollyoaks Shown Wed/Thu 6.30pm C4 (AD) **7.00** Ramsay's Kitchen Nightmares USA **9.00** Brooklyn Nine-Nine (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family

12 noon The Big Bang Theory (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family: double bill **4.00** Married at First Sight **5.05** The Big Bang Theory: double bill (AD)

6.00pm The Big Bang Theory ***17/17*** *Series 1* Penny agrees to a date with Leonard. (AD)
6.30 ***1/23*** *Series 2.* Penny puts Sheldon in an uncomfortable position. (AD)
7.00 ***New.*** **Hollyoaks** John Paul opens up at a support group. Cast pp81/111 (AD)
7.30 Young Sheldon ***13/22*** *Series 2* The young genius tries to bring nuclear power to the neighbourhood. (AD)
8.00 ***New.*** **First Dates Ireland** A wedding co-ordinator and a podcaster are among the hopefuls looking for love.
9.00 FILM Jumanji: Welcome to the Jungle ★★★★ Fantasy adventure starring Dwayne Johnson, Karen Gillan, Kevin Hart and Jack Black. Four high-school students are sucked into a video game. Shown Sunday 9pm (AD)
11.20 Naked Attraction Double bill. (AD)
1.35am Gogglebox: *Strictly Come Dancing* is appraised (AD) **2.35** Ramsay's Kitchen Nightmares USA **3.30** Brooklyn Nine-Nine (AD) **4.20** The Goldbergs (AD) **5.10–6.00am** Black-ish (AD)

E4 **Freeview** 13 **Freesat** 122 **Sky** 135 (136 Scot) **Virgin** 106 **+1** **Freeview** 30 **Freesat** 123 **Sky** 235 (236 Scot) **Virgin** 306 **E4 Extra** **F'view** 31 **F'sat** 181 **Sky** 138 (139 Scot) **Virgin** 287

Really 17

6.00am Fantasy Homes by the Sea (AD) **7.00** Shopping **8.00** Salvage Hunters **10.00** Yorkshire Auction House **11.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** Place in the Sun **2.00** My 600lb Life **4.00** Animal Cops Houston (AD) **5.00** Ambulance **6.00pm** Yorkshire Auction House **7.00** Antiques Road Trip **9.00** ***New.*** Paranormal **10.00** ***New.*** Celebrity Help! My House Is Haunted **11.00** Ghost Adventures (AD) **12 midnight** The Osbournes Want to Believe **1.00am** Ghost Adventures **2.00** Shopping **4.00** as 4pm **5.00–6.00am** Money for Nothing

Really **Freeview** 17 **Freesat** 160 **Sky** 142 **Virgin** 128

Sky Arts 11

Suzi Q *9.00pm* The life and career of glam rock queen Suzi Quatro

6.00am Darbar Festival 2018 **7.00** Anyone Can Sing (AD) **8.00** The Joy of Painting **9.00** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents **11.00** Discovering: Richard Gere: a profile of the American actor

12 noon The Joy of Painting: double bill **1.00pm** Tales of the Unexpected (AD) **2.00** Camille Pissarro: the Father of Impressionism **4.00** Discovering: Dennis Hopper **5.00** Tales of the Unexpected (AD)

6.00pm Alfred Hitchcock Presents A man wakes to find a snake in his bed.
6.30 Train passengers hear that a patient has escaped from a nearby sanatorium.
7.00 The Joy of Painting Bob Ross makes a snow scene glow as he paints a glistening pond in the dead of winter.
7.30 Creating a scene featuring a barn.
8.00 Discovering: Morgan Freeman A look at the life and career of the American actor, the star of films including *Driving Miss Daisy* and *The Shawshank Redemption* and winner of an Oscar for *Million Dollar Baby*.
9.00 FILM Suzi Q ★★★ Documentary about Suzi Quatro, the Detroit-born rocker who blazed a trail after exploding onto the music scene in 1973. Among those paying tribute to the leather-clad icon are Alice Cooper, Joan Jett and Henry Winkler. (W)
1.10am Brian Johnson's A Life on the Road **2.10** 27: Gone Too Soon **3.50** Live from the Artists Den **5.00–6.00am** Inside Art: Masterpieces from Buckingham Palace

Sky Arts **Freeview** 11 **Freesat** 147 **Sky** 130 (131 Scotland) **Virgin** 140/**HD** 123 **BT** 350/**HD** 365

4seven 49

9.00am Come Dine with Me: from in and around Brighton (AD) **11.30** A Place in the Sun

1.30pm George Clarke's Amazing Spaces (AD) **2.30** Château DIY (AD) **3.30** Come Dine with Me: dinner parties in Lincolnshire

6.00pm A Place in the Sun A couple seek a holiday home on Spain's Almería coast.
7.00 Leah Charles-King helps a couple find a home in Spain's Valencia province. Shown 4pm C4
8.00 Kirstie and Phil's Love It or List It The hosts help Sarah and Jabzz decide whether to sell or renovate their home in Cheshire. Shown yesterday 8pm Channel 4 (AD)
9.00 Top Guns: Inside the RAF ***5/6*** Retiring Warrant Officer Dave Barr prepares to spearhead the Battle of Britain dinner, but all plans are halted when the death of the Queen is announced. Shown Mon 9pm C4 (AD)
10.00 Taskmaster ***Ep 1.*** Julian Clary, Lucy Beaumont, Sam Campbell, Sue Perkins and Susan Wokoma try to put a big duck in a lake. **See choice p99.** Shown yesterday 9pm C4 (AD)
11.05 Gogglebox The households' opinions on recent TV. Shown 9pm Channel 4 (AD)
12.05am Gogglebox (AD) **1.10** Eight out of Ten Cats Does Countdown **2.15** Jimmy Doherty's New Zealand Escape **3.20** Jamie Cooks the Mediterranean (AD) **4.15–4.45am** Four in a Bed

4seven **F'view** 49 **F'sat** 127 **Sky** 137 (138 Scot) **Virgin** 143

Quest 12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers (AD) **10.00** Chasing Classic Cars **11.00** Fantomworks (AD) **12 noon** Love Your Garden **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers **7.00** Outback Opal Hunters **8.00** Salvage Hunters **9.00** Ambulance **10.00** ***New.*** Border Control Sweden **11.00** How Do They Do It? **12 midnight** ***New.*** Premiership Speedway: the second leg of a play-off semi-final **1.00am** Ambulance (AD) **2.00** Fantomworks (AD) **3.00** Wheeler Dealers (AD) **4.00–5.00am** How It's Made

Quest **Freeview** 12 **Freesat** 172/**HD** 167 **Sky** 144 **Virgin** 137 **+1** **Freeview** 70 **Freesat** 168 **Sky** 244 **Virgin** 337

Yesterday 27

Bangers and Cash *9.00pm* A cherished 1924 Rover 9 is brought in

6.10am Motown at the BBC **7.15** Impossible Engineering (AD) **8.00** Abandoned Engineering: double bill (AD) **10.00** Secret Nazi Bases **11.00** World War Weird

12 noon Great Continental Railway Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash **4.00** World War Weird: sightings of UFOs **5.00** ***New.*** Secret Nazi Bases

6.00pm Great British Railway Journeys Michael Portillo continues his journey through the Lake District.
6.30 A journey from Preston to Swinton.
7.00 Antiques Roadshow Fiona Bruce presents, from Helmingham Hall in Suffolk.
8.00 Secrets of the London Underground Tim Dunn and Siddy Holloway visit North End under Hampstead Heath. (AD)
9.00 Bangers and Cash Paul collects a cherished 1924 Rover 9 that's been in the same family since the 1950s. (AD)
10.00 Mathewsons agree to sell a threshing machine and large collection of tractors.
11.00 Abandoned Engineering Exploring a picturesque French castle. (AD)
12 midnight Great British Railway Journeys **1.00am** Railway Murders: a Newcastle murder trial in 1910 **2.00–3.00am** Motown at the BBC

Yesterday **Freeview** 27 **Freesat** 159 **Sky** 155 **Virgin** 129 **+1** **Sky** 255 **Virgin** 329

Dave 19

7.10am Yianni: Supercar Customiser (AD) **8.00** Top Gear (AD) **9.00** DIY SOS: Homes for Veterans **10.00** Railroad Australia **11.00** Rick Stein's Far Eastern Odyssey (AD)

12 noon Ultimate Movers **1.00pm** Sin City Motors **2.00** Top Gear (AD) **4.00** Australian Ninja Warrior **5.30** Gino's Italian Escape

6.00pm Rick Stein's Long Weekends The chef visits the Greek city of Thessaloniki. (AD)
7.00 Richard Osman's House of Games Kemah Bob, JJ Chalmers, Kevin Clifton and Victoria Derbyshire test their skills.
7.40 Beattie Edmondson, Amol Rajan, Gaby Roslin and Hugh Dennis compete.
8.20 Would I Lie to You? David Mitchell and Lee Mack are joined by Jack Whitehall, Emily Maitlis, Jim Carter and Armando Iannucci. Hosted by Rob Brydon.
9.00 QI XL Jo Brand, Colin Lane and David Mitchell join Alan Davies and Stephen Fry.
10.00 Jeremy Clarkson, Jimmy Carr and Bill Bailey answer questions on the topic of kings.
11.00 Taskmaster Jon Richardson strives to create the perfect music video.
12 midnight Mock the Week **1.20am** Would I Lie to You? **2.00** Richard Osman's House of Games **3.00–4.00am** This Country (AD)

Dave **F'view** 19 **F'sat** 157 **Sky** 111 (112 Wales) **Virgin** **HD** 127 **Dave Ja Vu** **Freeview** 57 **Sky** 211 (212 Wales) **Virgin** 327

London Live 8

6.00am Space 1999 **7.00** Monkey **8.00** Floyd on France **8.45** Secrets of London with Mark Monroe **9.00** All You Need Is Love **10.00** Carluccio's 6 Seasons **11.00** World War II: the Price of Empire **12 noon** Top Tens of Warfare **1.00pm FILM** Terry on the Fence ★★★ **2.35 FILM** Holiday's With Pay **4.30** Carluccio's 6 Seasons **5.00** The World's Most Extraordinary Families
6.00pm London Live News **7.00** Monkey **8.00** Auschwitz in 33 Objects **8.30** Wild Britain with Ray Mears **9.00 FILM** Clockwork Mice ★★★ Drama starring Ian Hart **11.05** An Englishman in New York
12.40am FILM Perrier's Bounty ★★★ **2.30** Sex Drugs and HIV **3.30** News Rewind **5.00–6.00am** Talking Points

London Live **Freeview** 8 **Sky** 117 **Virgin** **HD** 159
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am NCIS (AD) **9.55** Entertainment News **10.00** NCIS (AD) **12 noon** Law & Order **6.00pm** NCIS *Series 6.* Four episodes. The agents travel to LA to work with another NCIS team **7.00** Agent Callen goes under cover **8.00** An Immigration and Customs Enforcement agent is murdered **9.00** The team flies to Israel for a final showdown. (AD) **10.00** Law & Order: Special Victims Unit *Series 23.* Double bill. A woman learning about her birth parents asks for help, then Benson investigates allegations against a popular radio personality
12 midnight NCIS (AD) **2.50am** Blue Bloods **3.35–4.00am** Criminals: Caught on Camera

5 USA **F'view** 21 **F'sat** 129 **Sky** 141 **Virgin** 120 (162 Scot) **+1** **Freesat** 130 **Sky** 241 **Virgin** 320

5 Star 32

8.00am Bargain-Loving Brits in the Sun **10.00** Motorway Cops: Catching Britain's Speeders **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops: double bill **2.00pm** Police Interceptors: triple bill **5.00** Call the Bailiffs: Time to Pay Up
6.00pm Home and Away While Eden and Felicity search for him, Bree catches up to a manic Cash. Shown 1.45pm C5 (AD)
6.30 ***New.*** Kirby faces a huge decision. (AD)
7.00 GPs: behind Closed Doors Two recent patients return to the surgery. (AD)
8.00 Million Pound Motorhomes Jeff Brazier test-drives a campervan with football manager and friend Chris Hargreaves.
9.00 FILM The Mechanic ★★ Remake of the 1972 Charles Bronson action thriller, starring Jason Statham and Ben Foster.
10.50 FILM Inglourious Basterds ★★★ Second World War action adventure directed by Quentin Tarantino and starring Brad Pitt. English, German, French, Italian +subtitles.
2.00am Skin A&E: a painful nail condition (AD) **2.50–3.00am** Entertainment News

5 Star **Freeview** 32 **Freesat** 131 **Sky** 128 (129 Scotland) **Virgin** 126 **+1** **Freesat** 141 **Sky** 228 (229 Scot) **Virgin** 326

5 Action 33

9.00am Entertainment News **9.10** Trucking Hell (AD) **10.05** Traffic Cops **11.10 FILM** Cimarron ★★ Epic western with Glenn Ford

2.05pm FILM Santa Fe ★★ Western starring Randolph Scott and Janis Carter **4.00** Trucking Hell (AD) **5.00** Traffic Cops
6.00pm Police Interceptors A stick of dynamite is brought into Carlisle's station.
7.00 Officers deal with a suspected gunman.
8.00 Officers stop a car suspected of being stolen in a keyless theft.
9.00 Police: Night Shift 999 Road policing officer Sgt Gladwin and PC Hammond are called out when a van with a trailer crashes on a motorway, spreading debris all over the road.
10.00 Motorway Cops: Catching Britain's Speeders Officers attend the scene of a shocking multi-vehicle crash.
11.00 Police: Hour of Duty Officers rush to the scene of a fire at a block of flats.
12 midnight Police Interceptors: a high-speed chase through a housing estate **1.00am** 999: Criminals Caught on Camera: a fake robbery is caught on camera **2.00–3.00am** Trucking Hell (AD)

5 Action **Freeview** 33 **Freesat** 132 **Sky** 150 **Virgin** 130

5 Select 46

9.00am Entertainment News **9.05** Cash in the Attic (AD) **10.05** GPs: behind Closed Doors (AD) **11.05** The Yorkshire Vet **1.00pm** Cumbria's Most Scenic Railway Journeys **2.00** The Yorkshire Vet **4.00** The Highland Vet **5.00** Ben Fogle: New Lives in the Wild
6.00pm World's Most Scenic Railway Journeys The Italian Riviera.
7.00 Inside the Steam Train Museum
8.00 Ken Dodd: 60 Years of Laughter A celebration of the comedian's career.
10.00 Diana Dors: the Blonde Bombshell The life of the "blonde bombshell", often called Britain's answer to Marilyn Monroe.
11.35 WWI Wrecks: Drain the Oceans Wrecks from the Battle of Jutland in 1916.
12.35am Forged in Fire **1.30** World War II in Colour (AD) **2.30–3.00am** Walking Tudor Britain

5 Select **F'view** (HD only) 46 **F'sat** 133 **Sky** 153 **Virgin** 138

FREEVIEW TV and film channels continue overleaf

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603 **BT** 313

Get exclusive insight into our star guests' viewing habits Scan the QR code or visit radiotimes.com/podcast

FRIDAY Freeview & films

W 25

Gavin & Stacey *10.30pm*
Bryn plans a treat for Gwen

6.10am Bang on Budget **8.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** My Dream Home

6.00pm Property Brothers: Forever Homes A man looks for a place for his growing family. (AD)

7.00 *New.* MasterChef Australia The contestants face a two-round challenge that includes a taste test.

8.30 999 Rescue Squad A teenager is found in the street with multiple stab wounds.

9.30 24 Hours in A&E An 86-year-old man is rushed to St Georges after a suspected stroke.

10.30 Gavin & Stacey Bryn attempts to organise a surprise party for Gwen's birthday. **11.10** Smithy drags Gavin off on a boys' night out in Essex. **11.50** An unexpected event causes panic in Barry. (AD)

12.25am One Born Every Minute **1.35** This Is MY House: Stacey Dooley hosts **2.35–3.00am** Nigel Slater's Simple Suppers

W **F'view** 25 **F'sat** 156 **Sky** 132 (133 Scotland) **Virgin** 125 **+1** **Sky** 232 (233 Scotland) **Virgin** 325

Pick 36

7.00am Border Security: Canada's Front Line **8.00** Nothing to Declare **9.00** Motorway Patrol **10.00** Highway Cops (AD) **11.00** Highway Patrol **12 noon** Motorway Patrol **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line **3.00** Nothing to Declare **4.00** Warehouse 13 **5.00** Stargate SG-1 **6.00** Merlin (AD) **7.00** Star Trek: Voyager **8.00** Magnum P.I. (AD) **9.00 *New.*** Forensics: Catching the Killer: experts analyse the bodies of two women found in a freezer. Last in series (AD) **10.00** The Killer Within **11.00 *New.*** Snapped: a missing person case that led to a discovery in a lake **12 midnight** How I Caught the Killer **1.00am** Caribbean Cops (AD) **2.00** Road Wars **3.00** Highway Patrol **4.00** Motorway Patrol: double bill **5.00–6.00am** Highway Cops (AD)

Pick **F'view** 36 **F'sat** 144 **Sky** 151 **Virgin** 135

HGTV 44

7.00am Renovation Island **8.00** Love Your Garden **9.00** A Place in the Sun **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Good Bones (AD) **2.00** Flip or Flop **3.00** Love Your Garden **4.00** Escape to the Country **5.00** Renovation Island **6.00** A Place in the Sun **7.00** Escape to the Country **8.00** The Hotel Inspector: Alex Polizzi offers advice to the owner of a hotel in Folkestone **9.00** Your Garden Made Perfect: in Liverpool **10.00** Inn the Works **11.00** Good Bones (AD) **12 midnight** Escape to the Country **1.00am** Renovation Island **2.00** Love Your Garden **3.00–4.00am** My Lottery Dream Home: double bill

HGTV **F'view** 44 **F'sat** 166 **Sky** 158 **Virgin** 191 **+1** **Sky** 258 **Virgin** 391

FREEVIEW channels continued from overleaf

Food Network 43

Bobby's Triple Threat
9.00pm Titan Tiffany Derry

6.00am Trisha's Southern Kitchen **7.00** The Pioneer Woman **8.00** Barefoot Contessa: back to Basics **9.00 *New.*** The Kitchen **10.00** John Torode's Australia (AD) **11.00** Michel Roux's French Country Cooking **12 noon** The Great British Bake Off **2.00pm** James Martin's Champagne **3.00** The Hairy Bikers' Food Tour of Britain **4.00** Barefoot Contessa: back to Basics **5.00** The Pioneer Woman **6.00** James Martin's Champagne **7.00** The Great British Bake Off: the three finalists battle it out for the 2014 title **8.00** Michel Roux's French Country Cooking: the chef makes a seared beef and tomato salad **9.00 *New.*** Bobby's Triple Threat: the Titans face chef Claudette Zepeda, famous for her bold Mexican cuisine **10.00** The Hairy Bikers' Food Tour of Britain: Si King and Dave Myers discover county favourites in Leicestershire **11.00 *New.*** Diners, Drive-Ins and Dives: Triple D Nation: double bill **12 midnight** Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00–3.00am** Cheap Eats

Food Network **F'view** 43 **F'sat** 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1** **F'sat** 149 **Sky** 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder **9.00** Sue Thomas: F.B.Eye **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H **9.00** Randall and Hopkirk (Deceased) **10.00** The Persuaders!: Danny has to impersonate Brett **11.00** Return of the Saint: a penniless woman is haunted by killers seeking gold **12 midnight** M*A*S*H: four episodes **2.00am** Randall and Hopkirk (Deceased): Jeannie receives a shock **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50–5.00am** Movie News

Great TV **Freeview** 50 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 170 **+1** **Freesat** 143 **Sky** 257

RealityXtra 68

9.00am Medical Detectives **11.00** A Stranger in My Home **1.00pm** Facing Evil: double bill **2.00** Medical Detectives Anniversary Special: bringing viewers clips from their favourite *Medical Detectives* episodes **3.00** Medical Detectives **5.00** A Stranger in My Home **7.00** Judge Judy **1.00am** A Stranger in My Home: two editions **3.00** Facing Evil **4.00** Medical Detectives Anniversary Special **4.45–6.00am** Medical Detectives

RealityXtra **Freeview** 68 **Freesat** 134 **Sky** 147 **Virgin** 172

BBC Parliament 232

7.00am Select Committees: coverage of the work of committees set up to investigate public policy and society **2.00pm** House of Lords: recorded coverage **6.00** Select Committees: coverage of the work of committees set up to investigate public policy and society **9.00** Scottish First Minister's Questions: recorded coverage **9.45–6.00am** Scottish Parliament: recorded coverage from Holyrood

BBC Parliament **Freeview** 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84

After Uvalde: Guns, Grief and Texas Politics *8.25pm*

8.00am Beautiful Serengeti **8.30** The War **9.35** WWII in Color: Road to Victory **10.40 *New.*** After Uvalde: Guns, Grief and Texas Politics **11.50** Ruthless: Monopoly's Secret History **1.00pm** Beautiful Serengeti **1.40** The War **2.50** WWII in Color: Road to Victory **3.55** After Uvalde: Guns, Grief and Texas Politics **5.00** Ruthless: Monopoly's Secret History

6.15pm The War *9/14 Series 1* The plan to end the war in Europe by winter 1944 founders.

7.20 WWII in Color: Road to Victory *5/10*. Britain prepares for its first assault on Europe.

8.25 After Uvalde: Guns, Grief and Texas Politics The police response to the Uvalde school shooting. **See page 108.**

9.35 1945: the Savage Peace Stories of violence toward Germans following the Second World War.

10.55 As 7.20pm.

12 midnight as 8.25pm **1.15–2.00am** Beautiful Serengeti

PBS America **F'view** 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 187

Blaze 64

6.00am Hardcore Pawn **6.50** Weird or What? With William Shatner **7.45** Ancient Aliens **9.40** Book of Secrets with Lance Reddick **10.40** The Curse of Oak Island **11.40** WW2 Treasure Hunters **12.40pm** Storage Wars **1.05** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00** Weird or What? With William Shatner **7.00** Storage Wars **8.00** Dickinson's Real Deal **9.00 *New.*** Strangest Things: an unusual set of objects found in the Great Pyramid in Giza **10.00 *New.*** What on Earth?: sightings in a supposedly haunted Argentinian swamp **11.00** The Lost Pirate Kingdom **12.15am** The Curse of Oak Island **1.10** Weird or What? With William Shatner **2.00** Auction Kings **3.00** Dickinson's Real Deal **3.45** Storage Wars **4.10** Counting Cars **5.00–6.00am** Pawn Stars

Blaze **F'view** 64 **F'sat** 162 **Sky** 164 **Virgin** 174

Challenge 48

7.00am The Chase **10.00** Catchphrase (AD) **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Family Fortunes **2.00** Who Wants to Be a Millionaire? **3.00** Strike It Lucky: madcap game show **4.00** Catchphrase (AD) **5.00** Bullseye: quiz that tests contestants' darts skills and their general knowledge (AD) **6.00pm** Who Wants to Be a Millionaire?: a classic episode of the award-winning quiz show presented by Chris Tarrant **7.00** Pointless Celebrities: Alexander Armstrong and Richard Osman host a celebrity version **8.00** The Chase: double bill of the quiz show, hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire? **11.00** Bullseye **12 midnight** The Chase: four editions **4.00am** Who Wants to Be a Millionaire? **5.00–6.00am** Bullseye (AD)

Challenge **Freeview** 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.35am Paw Patrol **6.00** Sunny Bunnies **6.05** Daisy & Ollie **6.10** Milkshake! Monkey **6.15** Peppa Pig **6.25** Oggy Oggy **6.35** Odo **6.45** Peppa Pig **6.50** Fireman Sam **7.00** Thomas & Friends **7.10** Peppa Pig **7.20** Paw Patrol **7.35 *New.*** Pip and Posy **7.50** Paddington **8.05** Chip and Potato **8.20** Milo **8.30** Paw Patrol **8.45** Ben and Holly's Little Kingdom **8.55** Peppa Pig **9.05–9.15am** Milkshake! World of Dance

Full listings for Channel 5 are on p112

CBeebies 202

6.00am Love Monster; Small Potatoes **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05 *New.*** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05 *New.*** Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Steve and Aneeshwar Go Wild **8.30** My Petsaurus **8.35** Justin's House **8.55** Small Potatoes **9.00** Bing **9.10 *New.*** Yakka Dee! **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Baby Club **10.35** Tiny Wonders **10.40** Hey Duggee **10.45** Vegesaurs **10.50** Gecko's Garage **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** School of Roars **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** My World Kitchen **12.10pm** Maddie, the Home and You **12.30** Waffle the Wonder Dog **12.40** Andy's Prehistoric Adventures **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Dipdap **2.25** Supertato **2.30** Go Jetters **2.45** Time for School **2.55** Small Potatoes **3.00** Andy's Global Adventures **3.15** Get Set Galactic **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Treasure Tales **4.10** Octonauts **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** Hey Duggee **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** Bedtime Stories

CBeebies **F'view** 202 **F'sat** 608 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.30** Boy Girl Dog Cat Mouse Cheese **7.45 *New.*** Newsround **7.55** Grizzy and the Lemmings **8.10** Odd Squad **8.25** Hey You What If? **8.30** Horrible Histories **9.00** The Zoo **9.10** Operation Ouch! **9.40** Princess Mirror-Belle **10.00** Lifebabble **10.05** Class Dismissed **10.20** Danny & Mick **10.30** Deadly Mission Shark **11.00** Bitesize Daily **11.20** Craft Party **11.35** Celebrity Supply Teacher **11.45** Out of This World **12 noon** Danger Mouse **12.45pm** Boy Girl Dog Cat Mouse Cheese **1.30** Dennis & Gnasher Unleashed! **2.05** Shaun the Sheep **2.15** So Awkward **2.45** Gym Stars **3.05** Odd Tubes **3.10** The Deep **3.30** Danger Mouse **3.45** Ninja Express **3.55 *New.*** Taffy **4.05** Grizzy and the Lemmings **4.20** Boy Girl Dog Cat Mouse Cheese **4.35** Monster Loving Maniacs **4.45** Odd Squad **5.00 *New.*** Blue Peter **5.30 *New.*** Nova Jones **6.00pm** Phoenix Rise **6.25** Blue Peter Challenges **6.35–7.00pm** The Next Step

CBBC **F'view** 201 **F'sat** 607 **Sky** 607 **Virgin** 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 5am-9.00 and on ITVBe 9am to 12 noon

ITV2

5.00am Dodo **5.15** Scooby-Doo **5.35** Craig of the Creek **6.10** Teen Titans Go! **6.50** DC Super Hero Girls **7.05** Looney Tunes **7.20** Jurassic World Camp Cretaceous **7.45–9.00am** Scooby-Doo

ITVBe

9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** The Hive **9.35** Poppy Cat **9.50** Percy's Tiger Tales **10.05** Ollie **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20 *New.*** Postman Pat **11.35** Momolu & Friends **11.45–12 noon** Pip Ahoy!

FILMS

Film4 14

11.00am Tobruk ★★★ Rock Hudson is on a mission to blow up enemy fuel lines in this occasionally stodgy, often entertaining, Second World War adventure. (1966, 12) (S) (AD)

1.15pm Man of the West ★★★★ Fine, relentlessly grim western from director Anthony Mann, about a reformed outlaw who has to face up to his past. Gary Cooper, Julie London, Lee J Cobb (1958, 12) (S)

3.20 The Guns of Navarone ★★★★ Stirring wartime adventure in which a crack squad of commandos is assigned to blow up two giant German guns. **Review, right.** Gregory Peck, David Niven (1961, PG) (S)

6.35pm Mortal Engines ★★★ Visually stunning sci-fi adventure in which mobile cities fight for world domination. **Review, right.** Hugo Weaving, Hera Hilmar (2018, 12) (S) (AD)

9.00 Snake Eyes ★★ Largely disappointing action prequel that follows the rise of GI Joe's arch nemesis. **Review, right.** Henry Golding, Andrew Koji, Samara Weaving (2020, 12) (S) (AD)

11.20 Patriot Games ★★★ CIA analyst Harrison Ford becomes the target of a vengeful terrorist in an engaging thriller based on Tom Clancy's novel. (1992, 15) (S)

1.35–3.45am Red Heat ★★★ In this violent, fish-out-of-water action thriller, Arnold Schwarzenegger plays the monosyllabic Soviet cop who's sent to the US to apprehend a vicious drug dealer. (1988, 18) (S) (AD)

Film4 **Freeview** 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1** **F'view** 47 **F'sat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am Ensign O'Toole TV comedy. (S) **6.30 Not So Dusty** ★★ Comedy in which two dustmen get in all sorts of trouble after finding a rare book. Leslie Dwyer, Bill Owen (1955, U) (S) **8.10 Big Ben Calling** ★★ Very short, revue-style musical about a pirate radio station. Leslie French (1935, U) (S) **9.15 Life in Emergency Ward 10** ★ Disappointing TV spin-off. Michael Craig (1959, U) (S) **11.00 Tokyo Joe** ★★★ Humphrey Bogart lifts this otherwise uninvolving melodrama about a serviceman. (1949) (S) **12.45pm Crime of Passion** ★★★★ Skilful film noir about a murderously ambitious wife of a high-ranking policeman. Barbara Stanwyck (1957) (S) **2.30 Crown Court** TV drama. (S) **3.00 Kind Hearts and Coronets** ★★★★★ Superb black comedy in which Alec Guinness plays eight members of a family. Dennis Price, Joan Greenwood (1949, U) (S) **5.10 Blow Your Own Trumpet** ★★★ Michael Crawford's gently funny debut movie set around a brass band. **Review, right.** (1958, U) (S) **6.00pm Time to Remember** Documentary about 1933. (S) **6.30 The Street with No Name** ★★★★ Richard Widmark is terrific as a psychotic criminal mastermind in this crime thriller. (1948, PG) (S) **8.30 Dial 999** TV drama. (S) **9.05 Lifeforce** ★ Laughably bad sci-fi horror. Steve Railsback (1985, 18) (S) **11.25 The Man Who Turned to Stone** ★ Mad sci-fi horror hokum about an alchemist. Victor Jory (1957) (S) **1.00am Rage** ★★★ Low-budget drama that finds Glenn Ford racing to obtain a cure for his rabies. (1966, 15) (S) **3.05 Undercover Agent** ★★ Routine spy thriller. Dermot Walsh, Hazel Court (1953, PG) (S) **4.25–5.45am The Ghost Camera** ★★ Rather ragged British crime mystery. Henry Kendall (1933, U) (S)

Talking Pictures TV **Freeview** 82 **Freesat** 306 **Sky** 328 **Virgin** 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

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Great Movies 34

9.00am Jane Doe: How to Fire Your Boss **11.00** Lost Letter Mysteries: To the Altar **1.00pm Vows of Deceit** ★★ Thriller starring Katherine Bailess. (2018, 12) **3.00** An Aurora Teagarden Mystery: An Inheritance To Die For **5.00 The Birdcatcher** ★★ Unsubtle but good-looking wartime thriller set in Norway. Sarah-Sofie Boussnina (2019, 15)
6.55pm Street Fighter ★ Jean-Claude Van Damme and Kylie Minogue team up in this laughably cartoonish action adventure. (1994, 12)
9.00 Parker ★★★ Entertainingly silly revenge thriller about a double-crossed crook and a citizen who helps him. Jason Statham (2013, 15)
11.20 13 ★★ Tense thriller remake in which Sam Riley is entered into an underground Russian Roulette competition. Jason Statham (2009, 15)
1.10am Secrets of My Stepdaughter ★★★ A family wrestles with a murder in this engaging TV-movie mystery. Josie Davis (2017) **3.00** Wild West Chronicles
4.00–5.40am The Work Life ★★ Hokey thriller about a psycho. (2018)

Great Movies **Freeview** 34 **Freesat** 302 **Sky** 321 **Virgin** 425
+1 **Freeview** 61 (*limited* 10pm-5am) **Sky** 322

Great Action 42

8.10am Wild West Chronicles
9.20 The Nebraskan ★★ By-the-numbers western. Phil Carey (1953)
10.45 The Blitz on the Midlands
12 noon Wild West Chronicles
1.00pm Mackenna's Gold ★★★ A stellar cast hunt for gold in this enjoyable western. **Review, right.** Gregory Peck, Omar Sharif (1969, 15) **3.30 The Pathfinder** ★★ Colourful period adventure. George Montgomery (1952, U)
5.05 Bitter Victory ★★★ Taut and fraught Second World War drama. Richard Burton, Curt Jurgens (1957, PG)
7.10pm Earthfall ★ Humdrum low-budget disaster movie. Pressly Coker, Raffaello Degruttola, Jeff Doucette (2014)
9.00 7 Seconds ★★ Confusing thriller with Wesley Snipes as a commando-turned-thief. (2005, 15)
10.55 Unstoppable ★★ Lacklustre thriller in which an ex-soldier is injected with a mind-controlling drug. Wesley Snipes (2004, 15)
12.50am Bunraku ★★ Flimsy but flashy action fantasy. Josh Hartnett, Woody Harrelson (2010, 15) **3.20–5.00am** Wild West Chronicles: triple bill

Great Action **Freeview** 42 *(limited)* **F'sat** 305 **Sky** 323 **Virgin** 426 **+1** **Sky** 324

Great Movies Christmas 52

8.00am Merry Ex-Mas ★★ Entertaining spin on the relatives at Christmas conundrum. Kristy Swanson (2014) **10.00 Beaus of Holly** ★★ Superficial fluff. (2020) **12 noon Girlfriends of Christmas Past** ★★ Whimsical romantic comedy. Tammin Sursok (2016) **2.00pm Mr Christmas** ★★ Predictable romance. Sam Page (2017) **4.00 A Perfect Christmas** ★★ Sugary romance. Claire Coffee (2012)
6.00pm A Shoe Addict's Christmas ★★ Enjoyable mash-up of *A Christmas Carol* and *It's a Wonderful Life*. Candace Cameron Bure (2018)
8.00 The Spirit of Christmas ★★ A lawyer comes across a cursed ghost in this fantasy. Jen Lilley (2015)
10.00 Her Magical Christmas ★★ Festive decorations improve an editor's love life. Jessica Lowndes, (2017)
12 midnight The Mistletoe Promise ★★ Fluffy romance. Jaime King (2016) **2.00am** Highway to Heaven
3.00–5.00am Christmas Stars ★★ Neat and sweet romance. (2019)

Great Movies Christmas **Freeview** 52 **Freesat** 303 **Sky** 319 **Virgin** 424
+1 **F'view** 63 (*limited* 10pm-5am) **F'sat** 304 **Sky** 320

Sky Premiere

6.05am 80 for Brady ★★★ Amiable sports comedy about octogenarian friends. Lily Tomlin (2023, 12)
8.00 As 4.55pm **10.15 TÁR** ★★★★ Cate Blanchett stars as a conductor who suffers a downfall in this ingenious drama. (2022, 15) **1.05pm** As 7.05pm **3.00** As 6.05am **4.55 Something in the Dirt** ★★★ Horror-inflected sci-fi about strange phenomena. Aaron Moorhead (2022, 15)
7.05pm Knock at the Cabin ★★★★ A family's holiday is interrupted by four strangers. **Review p46.** Jonathan Groff (2023, 15)
9.00 P God Is a Bullet ★★★ Intriguingly seedy thriller about a detective trying to save his daughter from a cult. Nikolaj Coster-Waldau (2023)
11.15 Scream VI ★★★ Ghostface takes New York in the roller-coaster sixth entry in the slasher franchise. Melissa Barrera, Jenna Ortega (2023, 18)
1.20am Spin Me Round ★★★ Compelling comedy thriller. Alison Brie (2022, 18) **3.15** The Cinema List: Unmissable Sky Originals **4.00 Wifelike** ★★ Lightly satirical sci-fi. Jonathan Rhys Meyers, Elena Kampouris (2022, 15)

Sky Premiere **Sky** 301 **Virgin** 401 **BT** 501/**HD** 515 **+1** **Sky** 312

Legend 41

8.00am Walker, Texas Ranger **9.00** The Six Million Dollar Man **10.00** Star Trek: Deep Space Nine **11.00 Journey to the Center of the Earth** ★★ Bizarre adventure. Greg Evigan (2008) **1.00pm Gunsmoke: the Long Ride** ★★ Disappointing movie based on the western TV series. James Arness (1993, 15) **2.50 Five Golden Dragons** ★★ Hokey crime thriller about a secret sect in Hong Kong. Robert Cummings (1967, PG) **5.00** Star Trek
6.00pm Star Trek: Deep Space Nine TV sci-fi drama series.
7.00 The Six Million Dollar Man TV sci-fi series with Lee Majors.
8.00 Walker, Texas Ranger TV action drama with Chuck Norris.
9.00 He Who Dares ★ Gung-ho Brit action thriller. Tom Benedict Knight (2014)
10.35 Sea of Love ★★★★ New York cop Al Pacino gets down and dirty with a chief murder suspect in this mystery. **Review, right.** (1989, 18)
12.45am Shut In ★★ Daft and contrived psychodrama. Naomi Watts (2016, 15) **2.35–4.20am Prey** ★★ Uneven blend of horror and mystery. Logan Miller, Kristine Froseth (2019, 15)

Legend **F'view** 41 **F'sat** 137 **Sky** 148 **Virgin** 149

HorrorXtra 69

8.00am Air Collision ★★ A fierce storm puts Air Force One in danger in this ludicrous action thriller. Reginald VelJohnson (2012) **10.00** Farscape **11.00 Bigfoot** ★ Two musicians set out to catch the sasquatch in this no-frills sci-fi adventure. Danny Bonaduce (2012)
1.00pm Snowmageddon ★★ A snow globe may hold the key to disasters in this cut-price sci-fi thriller. Michael Hogan, David Cubitt (2011, 12)
3.00 Farscape **4.00** The Prisoner
5.00 Wyvern ★★ Watchable TV-movie monster mayhem about a small Alaskan town that's terrorised by a winged beast. Nick Chinlund (2009, 15)
7.00pm Farscape TV sci-fi.
8.00 The Prisoner TV drama.
9.00 From the Dark ★★ Well-acted if clichéd Irish chiller in which a couple are stalked in the woods by a fiendish creature. (2014)
10.55 Pet ★★★ Twisted and grisly thriller in the mould of William Wyler's *The Collector*, from Spanish director Carles Torrens. Dominic Monaghan, Ksenia Solo (2016, 18)
1.00am From the Dark As 9pm

HorrorXtra **F'view** 69 **F'sat** 138 **Sky** 317 **Virgin** 171 **+1** **F'sat** 139 **Sky** 318 **Virgin** 371

FILM REVIEWS

FILM OF THE DAY

Magic Mike ★★★ *10.40pm-12.25am* ***BBC1*** 15

COMEDY DRAMA Director Steven Soderbergh's surprisingly sweet-natured tale of Florida male strippers stars Alex Pettyfer as the naive 19-year-old who is introduced to the world of professional disrobing by superstar Channing Tatum (pictured centre). The movie is beautifully shot (also by Soderbergh) and skilfully acted, with Tatum showing an almost irresistible screen charm, as well as baby-smooth glutes. Dramatically, however, it's a little underpowered: apart from a somewhat lackadaisical foray into a *Boogie Nights*-style drug deal gone awry, not much really happens. **ADAM SMITH** (US 2012, swearing, drug abuse, nudity, HD)

Mackenna's Gold ★★★
1.00-3.30pm ***Great Action*** 15

WESTERN Gregory Peck, Omar Sharif and Edward G Robinson are among the many star names in this tale of hidden Apache gold, which brims with twists, swindles and red herrings. Carl Foreman's script may be cliché ridden, but J Lee Thompson directs it all with vigour, and it didn't deserve to be the flop it was on release. **DAVID PARKINSON** (US 1969, edited for content)

The Guns of Navarone ★★★★
3.20-6.35pm ***Film4*** PG

WAR This classic wartime tale is based on Alistair MacLean's novel about a daring commando raid on two giant German guns that are threatening British naval operations. Mountaineer Gregory Peck leads the mission, with able support from Anthony Quinn and a scene-stealing David Niven as a cowardly explosives expert. **JEREMY ASPINALL** (UK/US 1961, some violence, HD)

Blow Your Own Trumpet ★★★ *5.10-6.00pm* ***Talking Pictures TV*** U

DRAMA Emphasising work and talent over partisanship and complacency, this is a lively release from the Children's Film Foundation. A young Michael Crawford steals the show as a teenager eager to become the Brickside Colliery Band's new cornet player. However, the conductor is keen to appoint his own son, who is not averse to a bit of skulduggery. **DP** (UK 1958, BW)

Mortal Engines ★★★
6.35-9.00pm ***Film4*** 12

SCI-FI This adaptation of Philip Reeve's young adult novel charts the aftermath of an apocalyptic war that has left survivors divided between fixed settlements and predatory cities mounted on huge moving platforms. The sight of Hugo Weaving's mobile London will leave a big impression, even if the performances and script don't. **DAVE ALDRIDGE** (NZ/US 2018, edited for content, HD)

Pitch Perfect ★★★
9.00-11.15pm ***ITV2*** 12

MUSICAL Director Jason Moore's campus comedy has a terrific script and razor-sharp energy. Anna Kendrick plays a wannabe DJ who becomes embroiled in the cut-throat world of university *a cappella* singing. After a humiliating defeat the previous year, her troupe, the Barden Bellas, revamps itself for a rematch with male rivals the Treblemakers. **KAREN KRIZANOVICH** (US 2012, swearing, HD)

Snake Eyes ★★
9.00-11.20pm ***Film4*** 12

ADVENTURE New to Film4 this week, the third film in the *GI Joe* series stars Henry Golding (*Crazy Rich Asians*) as Snake Eyes, a cage fighter torn between his affiliations with local gangs and haunted by his father's murder. Golding is a capable and charismatic leading man, but he is let down by a below-par script and choppily edited action sequences. **KEVIN HARLEY** (2020, violence, swearing, HD)

Sea of Love ★★★★
10.35pm-12.45am ***Legend*** 18

THRILLER There's a real sexual charge to this movie, with Al Pacino's New York cop and Ellen Barkin's murder suspect giving proceedings a palpable erotic tension. It's a rather lurid story that sees Manhattan men being targeted after putting ads in lonely-hearts columns, and the sense of realism only adds to the suspense. **TOM HUTCHINSON** (US 1989, violence, swearing, sex scenes, nudity)

Fist of Fury ★★★
11.00pm-1.00am ***Sky Max*** 18

ACTION This entertaining Bruce Lee vehicle sees him play a martial arts student who sets out to avenge the death of his beloved mentor. Some viewers will cringe at the simplistic script and amateurish direction, but the fight scenes, choreographed by Lee, are breathtaking. Any doubters are sure to be won over by the explosive finale. **JOHN FERGUSON** (HK 1972, violence, brief nudity)

Sky Cinema picks

Begin Again ★★★★
6.10-8.00pm ***Sky Feel Good***
Uplifting music drama. (2013, 15)
Sky 302, Virgin 402, BT 502/516

The Da Vinci Code ★★★
8.00-10.30pm ***Sky Hits***
Tom Hanks searches for the Holy Grail. (2006, 12)
Sky 303, Virgin 403, BT 503/517

Top Gun: Maverick ★★★
10.00pm-12.15am ***Sky Action***
More sky larks with Tom Cruise's navy pilot. (2022, 12)
Sky 306; Virgin 406; BT 506/520

Films to stream from p40
Netflix, Amazon, Disney+ and more

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12,15,18 - for viewers of these ages and over.

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Sky Showcase

Warrior *11.15pm* Mai Ling and Eliza reach an agreement

6.00am The Early Rundown **7.00** Breakfast with Anna Jones **8.00** Caught on Dashcam **9.00** Nothing to Declare **10.00** WW2 Treasure Hunters **11.00** Islands (AD) **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T. **5.00** The Simpsons **5.30** The Fresh Prince of Bel-Air

6.30pm The Simpsons Bart becomes a voice-over artist. **7.00** Principal Skinner and Superintendent Chalmers attend an administrator convention. **7.30** Lisa refuses to apologise for insulting Miss Hoover.

8.00 Rob and Romesh vs Drag ***3/7*** *Series 3.* The duo dive into the world of drag queens, with the help of Michelle Visage, the Vivienne and Baga Chipz. (AD)

9.00 The Expendables 3 ★★★ Action adventure starring Sylvester Stallone. Mercenary Barney Ross decides to retire his ageing band of cohorts and replace them with younger models for a mission to capture an adversary. (W)

11.15 Warrior ***4/10*** *Series 3.* Ah Toy is shaken by the loss of Nellie's land and grapples with a hard choice.

12.15am The F1 Show **1.15** The Blacklist **2.15** Road Wars **3.10** Hawaii Five-0 **4.05** S.W.A.T. **5.00–6.00am** Motorway Patrol

Sky Showcase **Sky** 106 **Virgin** 109 **BT** 340/**HD** 355 **+1** **Sky** 206

Sky Sci-Fi

6.00am Merlin **7.00** Warehouse 13 **8.00** Home Shopping **11.00** Fringe **12 noon** Star Trek: the Next Generation **2.00pm** Merlin **3.00** Fringe **4.00** Stargate SG-1: Carter's father becomes a Tok'ra host **5.00** Stargate Atlantis

6.00pm Star Trek: the Next Generation ***22/26*** *Series 5* A girl's imaginary friend comes to life and begins plotting the destruction of the *Enterprise*. **7.00** ***23/26.*** A critically injured Borg is rescued, leaving the crew with conflicting emotions.

8.00 Star Trek: Voyager ***6/26*** *Series 7.* A hologram of Lieutenant Barclay arrives, offering instructions for a shortcut home.

9.00 Westworld ***7/10*** *Series 2* Maeve is faced with a scene from her past and Bernard meets an unexpected old friend. **10.10** ***8/10.*** A member of the Ghost Nation tells the story of their journey to consciousness.

11.20 Chucky ***3/8*** *Series 1.* Bullies push Jake over the edge. Chucky pressures the teenager to make a choice between kill or be killed. **12.20am** ***3/8.*** Jake's bond with Devon intensifies as he teams up with an unlikely ally.

1.15 Warehouse 13 **2.10** Star Trek: Voyager **3.10** Stargate Atlantis: Sheppard and McKay rush to stop a bloody war **5.05–6.00am** Star Trek: the Next Generation

Sky Sci-Fi **Sky** 139 (140 Scotland) **Virgin** 122 **BT** 348/**HD** 363 **+1** **Virgin** 229

Sky Atlantic

Drift: Partners in Crime *10.10pm* Leo and Ali investigate

6.10am Urban Secrets **7.55** Six Feet Under (AD) **10.05** Ray Donovan (AD) **12.15pm** Game of Thrones (AD) **1.20** Raised by Wolves (AD) **3.30** Six Feet Under: double bill

5.40pm Ray Donovan ***3/12*** *Series 3.* Ray faces a moral dilemma when he contemplates cheating on his wife Abby. (AD) **6.45** ***4/12.*** Terry tries to get used to life on the outside and Paige attempts to sell the studio. (AD)

7.50 Game of Thrones ***3/10*** *Series 5.* Queen Margaery spends time with her new husband King Tommen, and fugitive Tyrion walks the Long Bridge of Volantis. (AD)

9.00 Billions ***7/12*** *Series 7* Prince's latest play promises to enhance his political platform, but it puts Philip in a tough position.

10.10 Drift: Partners in Crime RT ***6/10.*** The German thriller returns after a mid-season break. When Ali and Leo sense a chance to catch Maryam's attacker, a wild chase ensues with deadly consequences. **11.10** ***7/10.*** Ali and Leo are forced by their blackmailer to revisit an old case to find a missing person. German +subtitles. **See page 109.**

12.10am Das Boot **1.10** In Treatment **1.40** Game of Thrones (AD) **4.00–6.00am** Urban Secrets

Sky Atlantic **Sky** 108 (109 Wales) **BT** 342/**HD** 357 **+1** **Sky** 208 (209 Wales)

Sky Witness

6.00am The Real A&E **7.00** Border Security USA (AD) **8.00** Border Patrol **10.00** Border Security: America's Front Line **11.00** FBI: Most Wanted (AD) **12 noon** Bull **2.00pm** Blue Bloods (AD) **3.00** Caught Red Handed **4.30** Border Security: Australia's Front Line

6.00pm Border Security: Australia's Front Line Officers suspect a man may be using a false body part to smuggle drugs. **6.30** An odd smelling package arrives at the mail centre. **7.00** A small group of foreign men make a daring escape.

7.30 Nothing to Declare The work of customs officers in Australia.

8.00 Blue Bloods ***3/21*** *Series 13* Danny and Baez investigate after their friend is hospitalised. (AD)

9.00 FBI: Most Wanted ***Ep 6*** *Series 4.* The team dives head first into the world of psychedelics.

10.00 The Good Doctor ***22/22*** *Series 6.* Shaun and Lea head to the delivery room and find that one person is missing.

11.00 Law & Order: Special Victims Unit ***18/22*** *Series 24* A tycoon interferes with an investigation into her family.

12 midnight Law & Order: Organized Crime **1.00am** Private Eyes **2.00** Coroner **3.00** Chicago Fire **4.00** Border Security: America's Front Line **5.00–6.00am** The Real A&E: two episodes (AD)

Sky Witness **Sky** 107 **Virgin** 110 **BT** 341/**HD** 356 **+1** **Sky** 207 **Virgin** 310

Sky Max

Fist of Fury *11.00pm* Chen Chen returns to Shanghai

6.00am Supergirl **7.00** DC's Legends of Tomorrow (AD) **8.00** The Flash **9.00** Stargate SG-1 **11.00** Supergirl **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T. **5.00** DC's Legends of Tomorrow (AD)

6.00pm Stargate SG-1 ***7/22*** *Series 1.* O'Neill is knocked unconscious and replaced by an alien double while on a mission. **7.00** ***8/22.*** Daniel is presumed dead after an alien abducts him and sends the rest of the team home.

8.00 Strike Back: Retribution ***8/10*** *Series 6.* Mac and Wyatt head to the black site where Idrisi is imprisoned to break him out. (AD)

9.00 The Lazarus Project ***1/8*** A man is approached to join a secret organisation that has the power to turn back time. (AD)

10.00 ***New.*** **Warrior** ***4/10*** *Series 3* Mai Ling makes a deal with Eliza, and Ah Sahm and Yan Mi think on their feet during a police raid.

11.00 Fist of Fury ★★★ Martial arts drama starring Bruce Lee. Karate pupil Chen Chen sets out to avenge his mentor's murder. **Review page 115.** (W)

1.00am The Blacklist **2.00** Road Wars **3.00** Hawaii Five-0 **4.00** S.W.A.T. **5.00–6.00am** Highway Patrol: double bill

Sky Max **Sky** 113 (114 Wales) **Virgin** 111 **BT** 346/**HD** 361

Sky Replay

7.00am 6ixth Sense with Colin Fry **8.00** Four Weddings **10.00** UK Border Force **11.00** Brit Cops: Law and Disorder (AD) **12 noon** Highway Patrol **1.00pm** Send in the Dogs **2.00** Most Haunted **4.00** Manifest (AD) **6.00** DC's Legends of Tomorrow: double bill. The team helps Jonah Hex against his arch-enemy, then joins forces with Supergirl, the Flash and Green Arrow (AD) **8.00** Highway Patrol: double bill **9.00** FBI: Maggie returns from medical leave in time to help investigate two homicides **10.00** FBI: International: Vo's friend calls in a favour **11.00** FBI: Most Wanted: the team dives head first into the world of psychedelics **12 midnight** The Good Doctor **1.00am** UK Border Force **2.00** A League of Their Own (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00–6.00am** 6ixth Sense with Colin Fry

Sky Replay **Sky** 152 **Virgin** 156

Sky Crime

6.00am Highway Patrol (AD) **7.00** Motorway Patrol **8.00** Border Security: Canada's Front Line **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Border Patrol **12 noon** Killer in My Village **1.00pm** Murdered at First Sight (AD) **2.00** The Killer Within **3.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **5.00** Murdered at First Sight (AD) **6.00** Forensics: Catching the Killer (AD) **7.00** World's Most Evil Killers **8.00** Britain's Most Evil Killers **9.00** What the Killer Did Next (AD) **10.00** Britain's Most Evil Killers **11.00** World's Most Evil Killers **12 midnight** Killer in My Village **1.00am** Forensics: Catching the Killer (AD) **2.00** Killer Siblings **3.00** Brit Cops: War on Crime **4.00** Road Wars **5.00–6.00am** Motorway Patrol

Sky Crime **Sky** 122 (123 Scotland) **Virgin** 121 **BT** 349/**HD** 364 **+1** **Sky** 222 (223 Scot) **Virgin** 321

Gold

Dad's Army *7.40pm* The platoon helps with the harvest

7.10am Desmond's **7.45** Keeping Up Appearances **8.25** 2 Point 4 Children **9.00** Hi-de-Hi! **9.40** Porridge **10.20** Last of the Summer Wine **11.40** Keeping Up Appearances **12.20pm** 2 Point 4 Children **1.00** Dad's Army **1.40** Blackadder the Third (AD) **2.20** Porridge **3.00** Hi-de-Hi! **3.40** Last of the Summer Wine **5.00** Keeping Up Appearances **5.40** Porridge

6.20pm Blackadder the Third The new prime minister plots to bankrupt the Prince Regent. (AD) **7.00** Baldrick inadvertently burns Dr Johnson's new dictionary. (AD)

7.40 Dad's Army The platoon helps out Godfrey's widowed friend. **8.20** Jones loses a £500 donation.

9.00 The Royle Family Denise and Dave visit with baby David. (AD)

9.40 Ricky and Ralf's Very Northern Road Trip The duo visit a cave in Derbyshire. (AD)

10.40 The Fast Show Competitive Dad plays Monopoly. (AD)

11.20 Harry Enfield and Chums Double bill featuring Kevin the teenager and Tim Nice-but-Dim. (AD)

12.40am The Royle Family (AD) **1.20** Blackadder the Third (AD) **2.00** The Real McCoy **2.30** Morecambe and Wise in America (AD) **3.30–4.00am** The Fosters

Gold **Sky** 110 (111 Wales) **Virgin** 124 **BT** 344/**HD** 359 **+1** **Sky** 210 (211 Wales) **Virgin** 324

Sky Comedy

8.00am Wellington Paranormal (AD) **8.25** Sort Of (AD) **9.00** Entourage **10.05** The Conners **11.00** Mr Mayor (AD) **11.30** Looking **12.40pm** House of Lies **1.15** The Fresh Prince of Bel-Air **2.15** Entourage **3.30** The Conners **4.30** Sort Of (AD) **5.30** The Fresh Prince of Bel-Air: double bill **6.30** Will & Grace: double bill (AD) **7.30** Mr Mayor: Mikaela discovers that the only thing that can put her to sleep is Arpi's presentations (AD) **8.00** The Office US: double bill **9.00** Sex and the City: double bill. Carrie comes face to face with a love rival, then Charlotte has second thoughts about the wedding **10.15** Breeders: double bill (AD) **11.15** Dan Soder: Son of a Gary: stand-up special **12.30am** Hung **1.35** Curb Your Enthusiasm **2.45** Will & Grace (AD) **3.15** House of Lies **3.50–5.00am** Looking

Sky Comedy **Sky** 114 (115 Wales) **Virgin** 112 **BT** 347/**HD** 362

Comedy Central

8.00am Most Ridiculous: Greatest Hits **8.35** Most Ridiculous: Christmas **9.00** The Middle **11.00** Home Improvement **1.00pm** Friends (AD) **9.00** Iain Stirling: Failing Upwards: a stand-up show filmed at London's Alexandra Palace Theatre **10.00** Kevin Bridges Live: the Story Continues: the comedian performs in Glasgow **11.00** ***New.*** Key and Peele: double bill. A football player with concussion tries to inspire his team, then two men chat about a horror movie **12 midnight FILM** jackass number two ★★★ Second feature-length spin-off from the comedy TV series **1.55am** South Park: three episodes **3.25** Criminally Funny **4.10–5.00am** Friends (AD)

Comedy Central **Sky** 112 (113 Wales) **Virgin** 132 **BT** 345/**HD** 360 **+1** **Sky** 212 (213 Wales) **Virgin** 332

Alibi

Shakespeare and Hathaway: Private Investigators *10.20pm*

7.10am Murdoch Mysteries **9.00** Miss Fisher's Murder Mysteries **10.00** Hudson & Rex (AD) **11.00** Without a Trace **12 noon** Frankie Drake Mysteries (AD) **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries **4.00** Miss Fisher's Murder Mysteries **5.00** Hudson & Rex (AD)

6.00pm Without a Trace ***22/24*** *Series 2.* A college football coach goes missing.

7.00 Elementary ***10/24*** *Series 1* Sherlock is called in to investigate when a supposedly impenetrable bank vault is broken into.

8.00 Death in Paradise ***6/8*** *Series 5.* A chef is stabbed to death the morning after the opening of his new restaurant. (AD) **9.00** ***5/9*** *Series 11.* When a pop star is found dead at a rehab clinic, Neville believes there's more to the case than meets the eye. (AD)

10.20 Shakespeare and Hathaway: Private Investigators ***5/10*** *Series 2.* Frank and Lu must track down a vital witness in a crown court trial. (AD)

11.20 Person of Interest ***14/22*** *Series 4.* Finch suspects that a fellow juror on a murder trial is aiming to rig the proceedings.

12.20am Elementary **1.20** My Life Is Murder **2.30–4.00am** Murdoch Mysteries: double bill

Alibi **Sky** 109 (110 Wales) **Virgin HD** 114 **BT** 343/**HD** 358 **+1** **Sky** 209 (210 Wales) **Virgin** 191

Discovery

6.00am Bitchin' Rides **7.00** Deadliest Catch **8.00** Treehouse Masters **9.00** Alaska: the Last Frontier **10.00** How Do They Do It? **11.00** Wheeler Dealers **12 noon** Salvage Hunters **1.00pm** Deadliest Catch **3.00** Alaskan Bush People **4.00** Ghosts of Stonehenge (AD) **5.00** Kindig Customs **6.00** Salvage Hunters **7.00** Wheeler Dealers: Mike finds a two-seat convertible vehicle for Ant to recondition (AD) **8.00** Gold Rush: Mine Rescue with Freddy and Juan: Freddy Dodge helps struggling mine owners **9.00** ***New.*** Expedition Bigfoot: Russell uses a robotic dog to explore an abandoned mine (AD) **10.00** ***New.*** Expedition X **11.00** Expedition X **12 midnight** How the Universe Works **1.00am** Expedition Bigfoot (AD) **2.00** Expedition X **3.00–5.00am** Alaska: Homestead Rescue

Discovery **Sky** 125 (126 Scotland) **Virgin** 177 **BT** 320/**HD** 325 **+1** **Sky** 225 (226 Scot) **Virgin** 377

Discovery History

6.00am Expedition Unknown **7.00** Unsolved History **8.00** Devonport: inside the Royal Navy **9.00** Combat Dealers (AD) **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** How It's Made **1.00pm** Combat Dealers **2.00** Unsolved History **3.00** Blowing Up History **4.00** Mysteries at the Museum **5.00** Devonport: inside the Royal Navy **6.00pm** Nasa's Unexplained Files **7.00** Expedition Unknown **8.00** Combat Dealers (AD) **9.00** Blowing Up History (AD) **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 midnight** How It's Made **1.00am** Combat Dealers **2.00** Salvage Hunters **3.00** Combat Dealers (AD) **4.00–5.00am** Blowing Up History

Discovery History **Sky** 177 **Virgin** 181 **+1** **Sky** 277 **Virgin** 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

READER OFFER An exclusive collaboration with Emma Bridgewater for the RadioTimes centenary

Sky Documentaries

Spielberg *9.00pm* The life and work of the acclaimed director

6.00am Expecting Amy (AD) **7.10** Discovering: Glenn Close **8.05** The Directors **9.00** Telemarketers **10.00** First Ladies (AD) **11.00** Scouting for Girls: Fashion's Darkest Secret (AD) **12 noon** The Inventor: Out for Blood in Silicon Valley **2.10pm** In the Same Breath **4.00** The Directors **5.00** Discovering: Glenn Close

6.00pm Telemarketers The 20-year journey of two unlikely employees who stumbled upon the murky truth behind a New Jersey call centre.

7.00 The Last Hospital: 30 Days in Myanmar Stuart Ramsay and the Sky News team visit a secret hospital deep in Myanmar's jungle.

8.00 Scouting for Girls: Fashion's Darkest Secret Exploring abuse in the fashion industry, ranging from grooming to the rape of young models. (AD)

9.00 Spielberg Susan Lacy looks back on the career of Steven Spielberg, director of *Jaws*, *ET*, *Schindler's List* and more. (AD)

11.50 After the Bite The surge in great white sharks patrolling Cape Cod's shallow waters.

1.40am Stirling (AD) **3.00** Spring Awakening: Those You've Known (AD) **4.45** My Icon: Maggie Alphonsi (AD) **5.00–6.00am** Discovering: Glenn Close

Sky Documentaries **Sky** 121 (122 Scotland) **Virgin** 188 **BT** 352/**HD** 367

Nat Geographic

8.00am Food Factory **9.00** Air Crash Investigation **10.00** Ocean Wreck Investigation **11.00** Lost Treasures of Egypt (AD) **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Building Impossible with Daniel Ashville (AD) **4.00** Ice Road Rescue **5.00** Car SOS: a 1992 Saab 900 Turbo (AD) **6.00pm** Wicked Tuna (AD) **7.00** Air Crash Investigation (AD) **8.00** Airport Security: Rome: a father and son try to use fake passports **9.00** Air Crash Investigation (AD) **10.00** Inside Cocaine Wars **11.00** Air Crash Investigation (AD) **12 midnight** Banged Up Abroad **1.00am** To Catch a Smuggler **2.00** Lords of War **2.30** Bid and Destroy **2.55** Made in a Day (AD) **3.20** Food Factory **4.10** Exotic Animal ER: Double Dose **4.35–5.00am** Secrets of the Zoo: Keeper Tales

Nat Geographic **Sky** 129 (130 Scotland) **Virgin** 183 **+1** **Sky** 229 (230 Scot) **Virgin** 383

Sky History

6.00am American Pickers **7.00** Forged in Fire **8.00** Storage Wars Canada **9.00** Pawn Stars **10.00** WW2 Treasure Hunters **11.00** Greatest Heists with Pierce Brosnan **1.00pm** Storage Wars Canada **2.00** Unidentified: inside America's UFO Investigation **4.00** Britain's Most Historic Towns **5.00** Pawn Stars **6.00pm** American Pickers **7.00** Forged in Fire **8.00** Shipwrecks: When History Resurfaces **9.00** WW2 Air Crash Detectives **10.00** Air Crash Investigation **11.00** Robbie Coltrane's Critical Evidence **12 midnight** Pawn Stars **1.00am** Storage Wars Canada **2.00** Sex: a Bonkers History **3.00** Shipwrecks: When History Resurfaces **4.00** Forged in Fire **5.00–6.00am** Britain's Most Historic Towns

Sky History **Sky** 123 (124 Scotland) **Virgin** 131 **BT** 353/**HD** 368 **+1** **Sky** 223 (224 Scot) **Virgin** 331

Sky Nature

Wildlife ER *8.00pm* A duckling is brought in for treatment

6.00am Reef Wrecks **7.00** Monkey Life **8.00** Chasing the Rains **9.00** Wild Israel **10.00** Undiscovered Vistas **11.00** Islands (AD) **12 noon** Africa's Hidden Kingdoms (AD) **1.00pm** Monkey Life **2.00** Chasing the Rains **3.00** Wild Israel **4.00** Undiscovered Vistas **5.00** Islands (AD)

6.00pm Africa's Hidden Kingdoms The amazing flowers of South Africa's Namaqualand. (AD)

7.00 Monkey Life The marmosets move into their new residence. **7.30** A baby orangutan makes his mark with the nursery boss.

8.00 ***New.*** **Wildlife ER** Vet Karina might have to call in specialists to treat a koala's leg, and two baby echidnas have stomach problems.

9.00 Wild Crusades The explorers encounter an abandoned elephant calf.

10.00 Africa's Hidden Kingdoms As 6pm.

11.00 Islands Exploring the behaviour of hyenas, hippos and elephants on the Okavango Delta in Botswana. (AD)

12 midnight Hope for Wildlife **1.00am** Malawi Wildlife Rescue **2.00** Wildlife ER **3.00** Wild Crusades **4.00** Chasing the Rains **5.00–6.00am** Wild Israel

Sky Nature **Sky** 124 (125 Scotland) **Virgin** 189 **BT** 354/**HD** 369

Eden

9.00am Underground Worlds **10.00** Abandoned Engineering: seven back-to-back episodes (AD)

6.00pm Abandoned Engineering: five episodes. Examining a ghost island once belonging to a secretive country on the fringes of Europe **7.00** Exploring a forgotten complex with an explosive history, located within dense Polish woodland **8.00** A complex of stone buildings near Hadrian's Wall that kept away northern hordes **9.00** An extended episode featuring a deserted Caribbean city, an American ghost town that is still burning and an Arctic settlement facing a terrifying future **11.00** An Albanian village home to Allied secret agents in the Second World War (AD)

12 midnight Abandoned Engineering (AD) **5.30–6.00am** The Zoo

Eden **Sky** 166 **Virgin** **HD** 176 **+1** **Sky** 266 **Virgin** 376

Animal Planet

8.00am Tanked **9.00** Pit Bulls and Parolees **10.00** My Cat from Hell (AD) **11.00** Lone Star Law **12 noon** Tanked **1.00pm** Pit Bulls and Parolees **2.00** The Zoo: double bill **4.00** My Cat from Hell (AD) **5.00** Lone Star Law

6.00pm Tanked: a businessman wants to complete his new office with three tanks **7.00** Pit Bulls and Parolees: Mariah and Marcel decide to help homeless people with their dogs **8.00** Legends of the Wild (AD) **9.00** When Turkeys Attack: incidents of violence mounted by the birds **10.00** Edge of Alaska **11.00** Meet the Orangutans

12 midnight Meet the Penguins: double bill **1.00am** Edge of Alaska **2.00** My Cat from Hell (AD) **3.00** Lone Star Law **4.00–5.00am** Tanked

Animal Planet **Sky** 162 (178 NI) **Virgin** 178 **+1** **Sky** 262 (278 NI) **Virgin** 378

SPORT

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 420/**HD** 440

6.00am Sky Sports News **6.30 LIVE Solheim Cup Golf** Day one of the women's team competition between Europe and the USA. **6.00pm** Sky Sports News **7.30 LIVE Championship Football** Birmingham City v QPR (k-o **8.00**). **10.30** Back Pages Tonight **11.00** News **3.00am** My Icon (AD) **3.15 LIVE Formula One** Japanese Grand Prix, third practice session. **4.40** George Russell's Lie Detector Test **5.00–6.00am** Sky Sports News

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am Classic Play-Offs **9.00** SPL Best Goals (AD) **9.30** Greatest Games **10.00** Classic League Cup (AD) **12 noon** German Football **12.30pm** Championship Highlights **2.00** Scottish Premiership Round-Up **2.15** Scottish Premiership Highlights **2.30** League One and Two Goals **3.00** German Football **3.30** Championship Highlights **4.30** German Football **5.00** Scottish Premiership Round-Up **5.15** Scottish Premiership Highlights **5.30** German Football **6.00** Championship Highlights **6.30** German Football **7.30 LIVE Championship Football** Birmingham City v QPR (k-o **8.00**). **10.30** League One and Two Goals **11.00** Greatest Games (AD) **1.00am** League Cup Highlights (AD) **2.00** Classic Play-Offs **5.00–6.00am** Championship Review

Sky Golf

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am Solheim Cup **6.30 LIVE Solheim Cup Golf** Day one, featuring the foursomes then the fourballs matches. **6.00pm** My Ryder Cup **6.45** Celebrity Kop Club **7.00** Challenge Tour **7.30** Roots **8.00** Solheim Cup **9.00** Portrait of a Captain **9.30** Challenge Tour **10.00** Solheim Cup **11.45** From Scratch (AD) **12 midnight** Solheim Cup **1.00am** The Greatest Solheim Cup (AD) **3.00** Solheim Cup **4.00** Portrait of a Captain **4.30** Roots **5.00–6.00am** Solheim Cup

Sky F1

Sky 406 **Virgin** 516/**HD** 506 **BT** 425/**HD** 445

6.45–8.45am LIVE Japanese Grand Prix Second practice session. **3.15–4.40am LIVE Japanese Grand Prix** Final practice session.

Eurosport 1

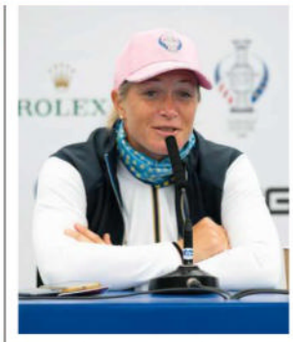
Sky 413 **Virgin** 521 **BT** **HD** 412

6.00am French Open Tennis **8.00** Climbing **9.00** Snooker **11.00** Wrestling **11.30** Olympics **11.45** Cycling **1.45pm LIVE Cycling** Stage three of the Tour of Luxembourg. **4.00** Mountain Biking **5.00** Climbing **6.00** Tennis **7.00** Olympics **8.00** Motorcycling **8.30** Wrestling **9.00 LIVE Tennis** Day one of the Laver Cup from Vancouver. **1.00am** Cycling **2.00** World Superbikes **3.00** Premiership Speedway **4.00** Cycling **5.00–6.00am** Mountain Biking

Eurosport 2

Sky 414 **Virgin** 522 **BT** **HD** 413

6.00am Speedway **7.00** Motor Racing **7.20** World Superbikes: in France **9.20 LIVE World Superbikes** First free practice at MotorLand Aragon. **10.25** Speedway **11.20** British Superbikes **12.20pm** Motorcycling **12.50** British Superbikes **1.50 LIVE World Superbikes** Second free practice session in Spain. **3.00** Snooker **5.00** Motocross **6.00** Speedway **7.00** World Superbikes **8.00** Cycling **9.00** Speedway **10.00** Mountain Biking **11.00** Cycling **12 midnight** World Superbikes **1.00am** Speedway **2.00** Cycling **3.00** Climbing **4.00–6.00am** Snooker: Scottish Open



Solheim Cup Golf *6.30am* ***Sky Golf*** Suzann Pettersen will want to lead Europe to glory

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Greatest Games **7.00** Legends (AD) **8.00** Best Goals **9.00** 100 Club **10.00** Football Show **1.00pm** Total Football **6.00** Legends (AD) **6.30** Fantasy Show **7.00** Preview **7.30** Big Interview **8.00** Fantasy Show **8.30** Soccerbox **9.00** Preview **9.30** Big Interview **10.00** Fantasy Show **10.30** Retro **12.30am** Icons **1.00** Years **3.00** Greatest Games (AD) **4.00** Best Goals **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am The World Cup through Their Eyes **8.00** International One-Day Cricket **1.00pm** Secrets of Success **1.30** World Cup Bitesize **2.45** Eoin Morgan: on Top of the World **3.30** Pushing Boundaries (AD) **4.45** Secrets of Success (AD) **7.00** International One-Day Cricket **8.00** World Cup Cricket (AD) **9.00** International One-Day Cricket **10.00** Greatest Game (AD) **12 midnight** How the 2003 World Cup Was Won (AD) **3.00am** International One-Day Cricket **4.00–6.00am** Classic World Cup Cricket (AD)

Sky NFL

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am Bitesize **7.00** Pro-Football Talk **9.00** One Jets Drive **9.30** Gameday **10.00** Highlights **11.00** Bitesize **12 noon** Pro-Football Talk **2.00pm** Highlights **3.00** Gameday **3.30** Bitesize **4.00** Highlights **5.00** Good Morning Football **8.00** Bitesize **8.15** 49 Hours **8.30** Her Huddle **9.00** Highlights **10.00** Gameday **10.30** Bitesize **10.45** 49 Hours **11.00** Fantasy **12 midnight** Total Access **1.00am** Highlights **2.00** Pro-Football Talk **4.00** Bitesize **5.00** Her Huddle **5.30–6.00am** Jaguars Weekly UK

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Boxing Archive: Mayweather v Corrales (AD) **7.00** Rugby Championship **8.00 LIVE NPC Rugby** Northland v Bay of Plenty (kick-off **8.05**). **10.00** Super League **10.50 LIVE NRL** A play-off match. **12.50pm** Super League Gold (AD) **1.00** Super League **1.30** US Open Tennis **4.00** British Basketball League **6.15** Women's Super League (AD) **6.30** Super League **7.30 LIVE Super League** A crucial match (kick-off **8.00**). **10.15** Super League **12.30am** NRL: play-off action **2.30** Super League **3.00 LIVE WNBA** A play-off match. **5.00** Women's Super League **5.30–6.00am** Super League

Sky Mix

Sky 416 **Virgin** 510 **BT** 429/**HD** 449

6.30am–12 noon LIVE Solheim Cup Golf Foursomes on day one. **12.30–5.30pm LIVE European Tour Golf** Open De France, day one. **7.20–9.30 LIVE German Football** VfB Stuttgart v Darmstadt 98.

TNT Sports 1

Sky 410 **Virgin** 527 **BT** 408/**HD** 430

6.00am French Football **6.30** Serie A: Full Impact (AD) **7.00** Wrestling (AD) **8.00 LIVE Australian Rules Football** Hawthorn v Melbourne in the AFLW (bounce-up **8.05**). **10.00** Premier League: Big Interview **10.30 LIVE Australian Rules Football** AFL Finals Series match. **1.30pm** Netbusters (AD) **2.00** Serie A: Full Impact (AD) **2.30** French Football **2.30** Wrestling (AD) **4.15** Inside Serie A **4.45** Premier League Reload **5.00** The Fantasy Show **5.30** Premier League Preview **6.00** The Big Interview **6.30** T20 Cricket **7.00** Deaf Away Days **7.15 LIVE Premiership Cup Rugby Union** Gloucester v Harlequins (kick-off **7.45**). **10.00** Champions League Magazine (AD) **10.30** TNT Sports Reload (AD) **11.00** Wrestling (AD) **1.00am LIVE Wrestling** WWE. **3.00** Premier League Preview **3.30** Premier League Legends (AD) **4.00–6.00am LIVE Australian Rules Football** Port Adelaide v Geelong Cats, the AFLW match.

TNT Sports 2

Sky 411 **Virgin** 528 **BT** 409/**HD** 431

6.00am LIVE MotoGP The Grand Prix of India first free practice session. **8.30** MotoGP Rewind **9.15 LIVE MotoGP** The Grand Prix of India second free practice session. **12.45pm** Deaf Away Days **1.00** MotoE **1.30** International One-Day Cricket **2.00** T20 Cricket **2.30** Surfing (AD) **3.30** Fishing (AD) **4.30** Squash **5.30** Reload (AD) **6.00** French Football **6.30** Premier League: Big Interview **7.00** Inside Serie A **7.30 LIVE Italian Football** Lecce v Genoa (kick-off **7.45**). **9.45** Premier League Preview **10.15** The Fantasy Show **10.45** Badminton Weekly (AD) **11.00** T20 Cricket **11.30 LIVE T20 Cricket** The second qualifier play-off match in the Caribbean Premier League. **3.45am** TNT Sports Reload (AD) **4.00** Champions League Magazine (AD) **4.30–5.45am** MotoGP Rewind (AD)

TNT Sports 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.30am T20 Cricket **7.00** International One-Day Cricket **7.30** Europa League Football **8.00** Europa Conference League Football **9.00** Europa League Football **11.30** Serie A: Full Impact (AD) **12 noon** French Football **12.30pm** Europa League Football **1.00** Europa Conference League Football **2.00** Europa League Football **3.30** Amplified **4.00** Europa League Highlights Show **5.00** Champions League Football (AD) **7.00** What I Wore **7.15** French Football **7.45 LIVE French Football** Monaco v Nice in Ligue 1 (kick-off **8.00**). **10.00** Classic French Football **10.30** Europa League Highlights Show **11.30 LIVE Major League Baseball** A regular-season game. **3.00am** MLB: off the Bat (AD) **3.30** UFC Reloaded (AD) **5.15** What I Wore **5.30–6.00am** Champions League Magazine

TNT Sports 4

Sky 421 **Virgin** 530 **BT** 411/**HD** 434

6.00am Fishing (AD) **7.00** Squash **8.00** Wrestling (AD) **9.00** Surfing (AD) **10.00** MLB Classic **12.30pm** MLB Plays of the Week (AD) **1.00** MLB **3.30** MLB: off the Bat (AD) **4.00** MLB Plays of the Week (AD) **4.30** MLB Classic **6.00** MLB Plays of the Week (AD) **6.30** MLB: off the Bat (AD) **7.00 LIVE Major League Baseball** Chicago Cubs v Colorado Rockies at Wrigley Field (start **7.20**). **10.30** Australian Rules Football **12.30am** Italian Football **1.30** French Football **2.30** Premiership Cup Rugby Union **4.00** Squash **5.00–6.00am** MLB Classic

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Listen

RADIO

THE PICK OF THIS WEEK'S RADIO

A GREAT MIND Main image: Andrew Keir as the Professor in Hammer's 1967 film *Quatermass and the Pit*. Left: writer Nigel Kneale

PREPARE TO BE SCARED!

Be afraid – a lost drama from *Quatermass* creator Nigel Kneale has been rediscovered...

Drama: You Must Listen
Wednesday 2.15pm ***Radio 4***

I was around ten when I saw my first story penned by Nigel Kneale: Hammer's 1967 adaptation of *Quatermass and the Pit*. It was the late 80s and I had seen and enjoyed several of Hammer's gothic tales and considered them dated and cliché-ridden – more fun than scary. When I tuned into *Quatermass and the Pit*, I settled down for some cheap "Kensington Gore" – posh Edwardians being stoic in a forest somewhere around Buckinghamshire.

What followed was so unexpected as to remain vividly in my mind all these decades later. I wasn't just frightened, I was unsettled. The film introduced me to concepts like race memory and the fact there might be a scientific explanation for ghosts and hauntings. Kneale's genius is that he explains the supernatural without ever diminishing its power. A year later, I saw his adaptation of Susan Hill's *The Woman in Black* on Christmas Eve, which is still the scariest thing I've seen on television.

The success of the Quatermass BBC serials and the subsequent Hammer films in the same series meant Kneale had huge influence on writers and film-makers on both sides of the Atlantic. Stephen King's novel *The Tommyknockers* and John Carpenter's film *Prince of Darkness* are indebted to *Quatermass and the Pit*, and its theme of alien influence on humankind's development is reflected in *2001: a Space Odyssey*.

> 'Kneale considered science fiction to be cheap and childish'

Doctor Who is also heavily in Kneale's debt, with the opening five minutes of Jon Pertwee's debut story in 1970, *Spearhead from Space*, bearing an incredible similarity to *The Bolts*, the first instalment of *Quatermass II*. Kneale was asked to contribute to the programme at least twice but wasn't shy in voicing the low opinion in which he held the series. In a 1986 interview he said, "*Doctor Who* sounded a terrible idea and I still think it was. The fact it's lasted a long time and has a steady audience doesn't mean much. So has *Crossroads* and that's a stinker."

Kneale didn't regard himself as a science-fiction writer, considering the genre cheap and childish. But the fact he's seen as one perhaps explains why he isn't often mentioned in the same breath as writers like Dennis Potter, Jack Rosenthal or Alan Bleasdale. There is an inherent British snobbery about genre fiction, yet Kneale was equally adept at drama and received Bafta nominations for the 1959 film *Look Back in Anger* and 1960's *The Entertainer*.

Kneale understood humanity. His works are populated with beautifully observed characters that ground the most speculative of his fiction in reality, as well as prescience. *Quatermass and the Pit* observes that mankind will fail to act on cataclysmic climate change because we'll all be "too busy squabbling", while the 1968 TV drama *The Year of the Sex Olympics* predicts the rise of reality television and damaging celebrity culture.

Before Quatermass set him on the road to success, he was working as a script factotum for the BBC, adapting and editing plays for transmission. At the same time he developed a radio script, *You Must Listen*, the tale of a haunted telephone line that shares a number of themes with his 1972 TV story, *The Stone Tape*.

The original radio recording is missing but the script survives because Kneale gave a copy to his biographer, Andy Murray, who made it available when we were planning a Nigel Kneale Centenary Celebration event in April last year. A cast reading featuring Mark Gatiss was performed then, and I'm delighted a new production has been recorded for Radio 4, meaning that a new audience will hear a lost gem that contains the seeds of Nigel Kneale's success. **JON DEAR**

Jon Dear is a film and TV writer. On 9 September he produced a reading of The Quatermass Experiment to celebrate its 70th anniversary at Alexandra Palace, where the serial was broadcast live in 1953

TWO STARS OF *YOU MUST LISTEN*

CAROLINE CATZ
"When I was asked to play the voice trapped in a telephone line in *You Must Listen*, I was thrilled – it was a precursor to *The Stone Tape*, a favourite film of mine. It inspired the way I approached Delia Derbyshire's story in the 2020 film I made about the Radiophonic Workshop pioneer."

REECE SHEARSMITH
"Nigel Kneale's writing shows how you can have extraordinary events wrapped in the most normal and mundane settings. His influence over televisual storytelling had a hand in shaping *Inside No 9* and keeping the anthology series alive."

KNEALE FANS Caroline Catz and Reece Shearsmith

ALAMY; GETTY; SHUTTERSTOCK

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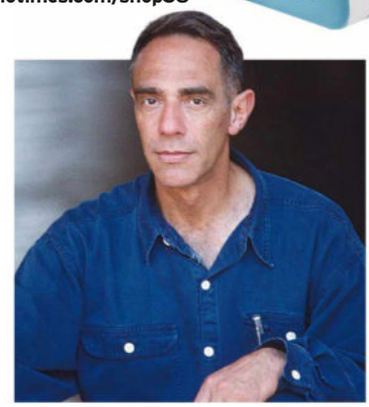
POP MUSIC

Radio 2 in the Park

Sat 10am/Sun 11am ***Radio 2***

Some of the best pop acts take to the stage this weekend when Leicester's Victoria Park hosts an all-star jukebox of hit-makers. The two-day festival is live on Radio 2 and fans will be spoilt for choice as Soft Cell, Bananarama and the Pretenders turn back the clock alongside the likes of Texas, Simply Red and Rick Astley (see listings for times). Tears for Fears headline on Saturday, while princess of pop Kylie Minogue (pictured left) closes festivities on Sunday. **JEREMY ASPINALL**

Kylie Minogue interview page 12



FILM

Sunday Feature: Forever Blue

Sunday 6.45pm ***Radio 3***

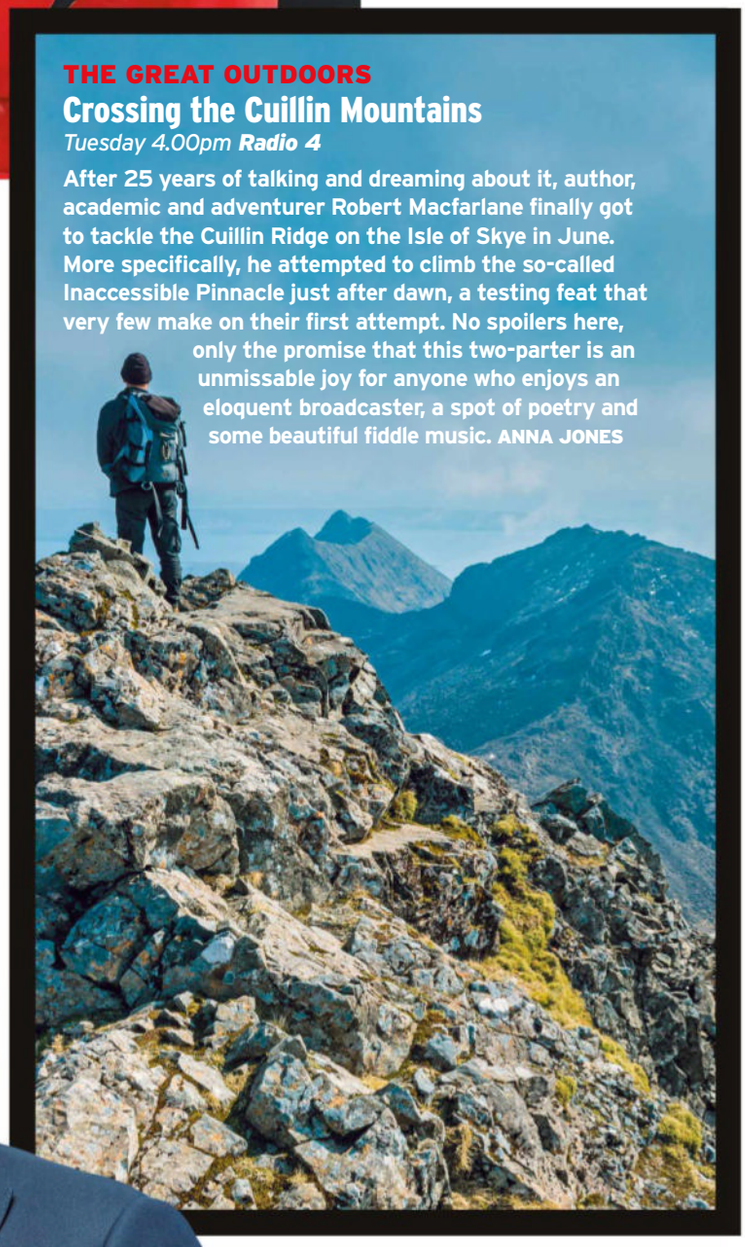
It's 30 years since the premiere of *Blue* by Derek Jarman (above). It was intended to be about artist Yves Klein, creator of the colour International Klein Blue, but the film evolved into a reflection on living and dying with Aids/HIV, as Jarman himself was. It contains no images, only voices and music on a blue background that, as friend Tilda Swinton says here, has a meditative effect. Other contributors to this documentary about the making of *Blue* include Simon Fisher Turner, Toyah Willcox and Russell Tovey. **FIONA HUGHES**

THE GREAT OUTDOORS

Crossing the Cuillin Mountains

Tuesday 4.00pm ***Radio 4***

After 25 years of talking and dreaming about it, author, academic and adventurer Robert Macfarlane finally got to tackle the Cuillin Ridge on the Isle of Skye in June. More specifically, he attempted to climb the so-called Inaccessible Pinnacle just after dawn, a testing feat that very few make on their first attempt. No spoilers here, only the promise that this two-parter is an unmissable joy for anyone who enjoys an eloquent broadcaster, a spot of poetry and some beautiful fiddle music. ANNA JONES



CULTURE

In Our Time

Thursday 9.00am ***Radio 4***

In his recent interview with *Radio Times*, Melvyn Bragg quipped, "I'm 84 next year – I can do without *The South Bank Show*." Thankfully, he's not giving up on *In Our Time*, which reaches its 1,000th episode this week. While little will be made of this broadcasting milestone in the programme, Bragg talks about its longevity on Thursday morning's *Today* (from 6am). So, no huge celebration, but the one concession to indulgence is that the subject is one of Melvyn's favourite films – Ingmar Bergman's *Seventh Seal*. **AJ**

See Viewpoint: page 11

AMBRIDGE DIARY

The Archers

Sunday–Friday 7.00pm ***Radio 4***

The Flower and Produce Show always brings out the competitive side of Ambridge and this year is the same, with a stubborn resident's actions causing the event to descend into chaos. At Lower Loxley, Freddie (Toby Laurence, above) is back from his travels and facing an uncertain future, but will he swallow his pride and do the right thing? Fallon faces a dilemma at the Tea Rooms, while tensions mount at Brookfield. **DAVID CRAWFORD**

THIS WEEK'S RADIO LISTINGS START PAGE 122 ▶

Listen PODCASTS

NATURE

Waterlands

Whether a humble garden pond, windswept marsh or muddy riverbank, our wetlands are a thriving ecosystem with life teeming beneath (or above) the surface. In this British Podcast Awards-nominated series, zoologist Megan McCubbin explores these watery homes on our doorstep. Interspersed with worrying science on how wetlands are disappearing, there are personal stories on the benefits of being close to water, plus a soothing soundtrack of bubbling streams, buzzing insects and chirping birds. **TOM GOULDING**

STAY UP TO SPEED

Laura Kuenssberg and Paddy O'Connell want to keep you in the news loop on Sunday

PICK OF THE WEEK

NEWS

Newscast Weekend

Paddy O'Connell and Laura Kuenssberg sounded slightly overexcited on the first weekend *Newscast*, like long-serving members of staff tickled that they'd been given permission to team-teach, plugging their new format a bit too often and laughing slightly too loudly at each other's jokes. The idea is that radio and TV come together, bringing "extra insight from their Sunday morning shows". It will appeal to the people who follow the weekday edition, presumably never miss a Sunday-morning interview with a minister and love little more than feeling they were there when somebody was caught saying something they shouldn't. The question is: why does it drop after 5pm, when all the dogs have presumably been walked? DAVID HEPWORTH

FINANCE

Good Bad Billionaire

Tales of the mega-rich fascinate, and journalist Zing Tsjeng and BBC business editor Simon Jack enjoy musing on whether their actions qualify them as good, bad or just wealthy. First up is Amazon founder Jeff Bezos, whose global "everything store" has revolutionised buying habits and made him the world's first centi-billionaire. But is he a visionary or akin to a Bond villain? Lollied-up luminaries such as George Lucas and Rihanna await judgement in future episodes. **JEREMY ASPINALL**

PARANORMAL

Southern Gothic

This long-running series is more historical than supernatural, with host Brandon Schexnayder clearly putting hours into the research for each episode. The aim is to tell some of the hundreds of stories of ghosts, monsters and apparitions in the American South. As that means 17 states, there's plenty of material, but Schexnayder is keen to present both documented fact and local folklore. And so its strength lies in the depiction of American cultural history, although this is sometimes uncomfortable. **ANNA JONES**

MUSIC

Eras: Kylie Minogue

Few pop stars have a career that qualifies to be broken down into eras, each of the success and scale of the Australian pop princess's. Unfairly dissed as the "singing budgie" on her arrival in the late 1980s, she has gone on to confound all expectation with fearless musical experiment and stylistic evolution. Scott Mills hosts this detailed look at the last 35 years of Kylie, with the greatest surprise being how articulate and self-aware she was, right from the off. **CAROLINE FROST**

See feature: page 12

HISTORY

Blowback

The CIA coined the term "blowback" in the 50s to refer to unintended consequences of covert foreign operations. That should give you an idea of the tone of Brendan James and Noah Kulwin's high-calibre podcast on America's flawed foreign policy and how history repeats itself. With deep dives into Iraq, Cuba and the Korean War already out, a fourth series tackles Afghanistan. The weight of research is offset by CNN clips, pop culture references and the odd bit of satire. **FIONA HUGHES**

SHUTTERSTOCK

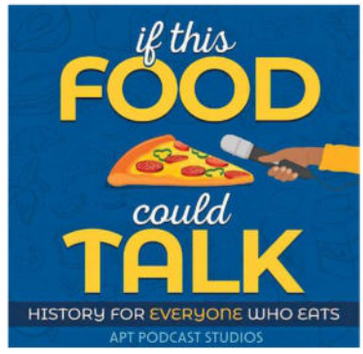
THE PICK OF THE BEST AUDIO ON DEMAND

JOINING FORCES
Laura Kuenssberg and Paddy O'Connell

QUIZ

Good Job, Brain!

Quiz lovers should note that the majority of questions in this feast of challenges and trivia require a deep knowledge of America, from state number plate slogans to pizza outlets. It won't necessarily appeal to British listeners, therefore, but there are enough guessable or heavily clue-loaded questions to while away an unoccupied hour. What do translate without any problem, however, are the ideas for games with friends and family. Nice, lightweight fun but definitely no *University Challenge* – or even *The Chase*. **AJ**



FOOD

If This Food Could Talk

The non-profit American Public Television, founded back in 1961, has a credibility that not all US TV operations can boast, and it hopes this will carry over into a new venture into podcasting. The first of its productions plays safe by taking food as its subject, the debut episode telling the story – in a strictly US context – of ice cream. Chatty presenter Claudia Hanna scoops up some fascinating stories, but it's too soon to say just how digestible the series will turn out to be. **SIMON O'HAGAN**

COMEDY

Really? No, Really?

Jason Alexander is best known for his role as George in *Seinfeld*, so it's unsurprising that, like the US sitcom, his podcast – co-hosted with producer and radio personality Peter Tilden – deals with the oddities and irritations of modern life. Questioning experts on topics like public toilet design or talking animals, the hosts' bonhomie and Alexander's star status allow for levity with guests amid the jovial cynicism. **DAVID CRAWFORD**

Streams of Consciousness

DAVID HEPWORTH

Why do film podcasts have titles that take it too far?

I REALISE THE premise of *Films to Be Buried With with Brett Goldstein* (interesting prepositional pile-up there) is simply one of those conceits that saves a podcast host having to explain to guests what they're expected to talk about.

I just don't like the reference to mortality. I find it hard to liken the enjoyment of motion pictures to a race against the biggest clock of all. The key thing for the appreciation of any form of entertainment is being in the right frame of mind. Watching something because somebody else reckons that if you don't you will die unfulfilled is anything but that.

Remember how footballer Michael Owen got pelted for saying that he didn't much care for films and therefore hadn't watched many? Most of the people spluttering variations on "how could he?" have never been to a top-level match and therefore have much to learn about excitement.

There is a whole raft of movie podcasts whose titles terminate with some spin on the words "before you die". There's even one called *3,000 Movies to Die Before You Watch* in which hosts Jen and Darcy celebrate truly indiscriminate viewing by submitting themselves to a title from the job lot of 3,000 old DVDs they bought for no good reason.

THERE ARE MILLIONS of films I haven't seen and never will. There's a good reason for this: because most of the time I'm rewatching things I've already enjoyed. This deserves to be celebrated. Away with all these references to the grave. I propose instead somebody do a podcast called *Films You Sit Down and Watch to the End, Often with a Tea Towel in Your Hand*.

You know how it works: you pass through a room on urgent business and there is somebody watching *Brief Encounter*, *Master and Commander*, *When Harry Met Sally* or *Waiting for Guffman*. You stop and say, "Oh, I love this", perch on the arm of the sofa for five minutes, slowly subsiding into its warm embrace, and you're still there an hour later with a gormless look of pleasure on your face. Sign me up for that.

See David's pick of the week, Newscast Weekend, above left

TODAY'S CHOICES

Drama: The Ballad of Eldon Street

3.00pm ***Radio 4***

With each wedding ring from jeweller Benj Harral's on Eldon Street in Barnsley came a bread knife or cake slicer, with the couple's name engraved on it. Poet laureate Simon Armitage (above) responds to this snippet of oral history with the lines: "Will you be my wife? Do you take this knife… Do you promise to love me, slice after slice after slice?" This and plenty more in his radio ballad – a rich history of Barnsley's main drag – is told by locals and punctuated by spoken word and song from Armitage and his band LYR. All part of this month's celebration of 100 years of radio drama, Armitage and producer Sue Roberts have created a bit of magic.

FIONA HUGHES

Opera on 3: Verdi's Don Carlo

6.30pm ***Radio 3***

Following her star turn at last Saturday's Last Night of the Proms, Norwegian soprano Lise Davidsen can be heard again tonight making her role debut as Elisabeth de Valois in Covent Garden's latest revival of Verdi's *Don Carlo*. While critics were less impressed by the rest of the cast, Davidsen drew plaudits for her dramatic intensity and vocal power, culminating in a final act aria that *The Guardian* called "a tour de force of glorious singing, a perfect crystallisation of the emotional journey that her character has undertaken".

MARK PAPPENHEIM

THIS WEEK'S HIGHLIGHTS See p119

Radio 2 in the Park

10.00am ***Radio 2***

A host of big-name artists light up Leicester across the weekend.

GETTY

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

6.00am Happy **7.00** Sam and Danni **10.30** Katie Thistleton **1.00pm** Matt and Mollie **4.00** Dance Anthems **7.00** Soundsystem Party **9.00** Rap Show **10.30** Rap Mixtape **11.00** Drum 'n' Bass Show **12.00** Drum 'n' Bass Mix **1.00am** Classic Essential Mix **3.00** Future Dance Mix **3.30** Pete Tong **4.00** Chillout Anthems **5.00** Relax

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.00am Sounds of the 60s
8.00 Dermot O'Leary
10.00 Radio 2 in the Park
RT Gary Davies kicks off Radio 2's two-day event at Victoria Park, Leicester, with Tina Daheley and Richie Anderson reporting from the grounds. At **1.00pm** Sara Cox and Scott Mills present a set by Soft Cell, with a post-performance chat at **1.30**, followed by Busted on the main stage. From **3.00** Rylan and Dermot O'Leary introduce Beverley Knight, Deacon Blue and James Blunt live from the main stage. At **6.00** Jeremy Vine, the Rev Kate Bottley and DJ Spoony introduce live sets by Texas and Bananarama, plus Gary Davies with a DJ set. Tears for Fears perform at **8.30**, followed at **10.00** by OJ Borg with the **After Party**.
Producer Mark Simpson **Choice: page 119**
See also Wednesday 3am (Busted) and 3.30am (Beverley Knight), Thursday 3am (Deacon Blue) and 3.30am (James Blunt), and Friday 1am (Texas) and 1.30am (Bananarama)

12.00 My Life in a Mixtape With Rick Astley ahead of his gig tomorrow at Radio 2 in the Park.
1.00am Dance Sounds of the 90s with Vernon Kay A themed playlist.
2.00 Radio 2 Unwinds with Angela Griffin An R&B/soul playlist.
3.00 Eras *1&2/5.* Kylie Minogue discusses her life and career. (R)
4.00 The Good Groove with DJ Spoony Floor fillers. (R)
4.30 Steve Wright's Love Songs Extra
5.00 Tracks of My Years Tess Daly.

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

6.00am Amy Lamé
8.00 Stuart Maconie Presents solo.
10.00 The Huey Show
1.00pm Jamz Supernova
3.00 Sudan Archives
Sitting in for Gilles Peterson.
6.00 The Craig Charles Funk and Soul Show
9.00 Don Letts's Culture Clash Radio A new day and time for Don Letts, with upbeat music in the first hour followed at **10.00** by deeper tracks.
11.00 Sherelle
1.00am Lose Yourself with…
2.00 Late in the Day
4.00 The Morning After Mix

Greatest Hits

DAB greatesthitsradio.co.uk
F'view 716 **Sky** 0151 *Regional variations on FM/MW*

6.00am Jenny Powell **10.00** Mark Goodier **1.00pm** Richard Allinson **4.00** Weekend Anthems **5.00** Paul Gambaccini **7.00** Kate Thornton **10.00** Rhythm of the Night **1.00am** Good Times Anthems **2.00** Music Marathon

Boom Radio

DAB boomradio.co.uk

6.00am Dave Jamieson **8.00** Roger Day **10.00** Rob Jones **12.00** David Hamilton **2.00pm** Jenny Hanley **4.00** John's Jukebox **7.00** Saturday Soul **9.00** Dave Brown **12.00** Night Ride **2.00am** Through the Night

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** 7.00am, 8.00 and 1.00pm

7.00am Breakfast With Elizabeth Alker, including, just after 7, **Croissant Corner**, a celebration of French chanson.
9.00 Record Review
Andrew McGregor with a detailed look at classic recordings and some of the week's new releases.
9.30 Tenor Mark Padmore discusses personal favourite new releases and, in the **On Repeat** feature, shares a track that is a current obsession.
10.30 Building a Library Musicologist Roger Parker discusses his favourite recording of Mozart's *Symphony No 35 in D, K385 (Haffner)*.
11.20 Record of the Week Andrew's top pick.
Record Review Extra is broadcast tomorrow at 9.20pm
11.45 Music Matters
Sara Mohr-Pietsch presents the muic magazine show, today hearing reminiscences from Janet Baker, marking last month's 90th birthday of the celebrated Yorkshire-born mezzo-soprano.
Repeated Monday 10pm
12.30pm This Classical Life
Jess Gillam is joined by trumpet player Lucy Humphris to swap tracks and share musical discoveries across a range of styles. Their choices include scary Prokofiev and dreamy Debussy, plus a recording by folk vocal harmony trio Lady Maisery of birdsong. and music from the puzzle-platform game *Fez* composed by Disasterpeace (Richard Vreeland).
1.00 Inside Music
An insider's take on various music works, today with German-British baritone Benjamin Appl discussing his appreciation of lutenist Thomas Dunford, German jazz singer Max Raabe, pianist Martha Argerich and the composition process of Gyorgy Kurtag, which he has witnessed first-hand.
3.00 Sound of Cinema
Following the recent Venice Film Festival, Matthew Sweet celebrates musical scores from films against the backdrop of the Italian city.
4.00 Music Planet
Lopa Kothari with the latest roots-based music from around the globe, today featuring a performance by Malian singer/songwriter Fatoumata Diawara and Tuareg rockers Tinariwen, recorded in May for Radio France. And in the **Classic Artist** feature, a showcase of singer and mandole player Amar Ezzahi (1941–2016), a key musician in the development of the Algerian chaabi style.
5.00 J to Z
A specially themed edition in which Jumoké Fashola celebrates Japan's rich and expansive jazz scene, including classic tracks from jazz pioneers and new releases. She's joined by New York City-based Grammy-nominated composer and big band leader Miho Hazama, who reflects on her childhood in Japan and shares some of the music that has inspired her work. It includes a recording by a Japanese piano great with a sublime touch and a composition by her mentor Maria Schneider.

6.30 Opera on 3: Verdi's Don Carlo
RT A performance from July of Verdi's *Don Carlo* in a Royal Opera House production by Nicholas Hytner, first staged in 2008. Don Carlos, the Infante of Spain, falls in love with his betrothed Elizabeth of Valois, but last-minute diplomatic considerations mean she has to marry his father Philip II instead, triggering a melodrama marked by themes of love, loyalty, jealousy and betrayal. Presented by Andrew McGregor, in conversation with opera specialist Sarah Lenton.
Verdi *Don Carlo Act 1*
8.05 Interval 1
8.20 *Acts 2 and 3*
8.55 Interval 2
9.10 *Acts 4 and 5*

Don Carlos	**Brian Jagde** (tenor)
Elizabeth of Valois	**Lise Davidsen** (soprano)
Rodrigo, Marquis of Posa	**Luca Micheletti** (baritone)
Philip II	**John Relyea** (bass)
Princess Eboli	**Yulia Matochkina** (mezzo)
Grand Inquisitor	**Taras Shtonda** (bass)
Carlos V	**Alexander Kopeczi** (bass)
Tebaldo	**Ella Taylor** (soprano)

Chorus and Orchestra of the Royal Opera House, conductor Bertrand de Billy
RT OFFER Verdi *Don Carlos* (3 CDs) – a 1996 live performance featuring Roberto Alagna, José van Dam, Thomas Hampson, Karita Mattila, Waltraud Meier, Eric Halfvarson, Choeur du Theatre du Chatelet and Orchestre de Paris conducted by Antonio Pappano – is available for £19.95 incl p&p. Call 0115 982 7500 quoting ref 9029581793 or visit radiotimes.com/cds
10.45 New Music Show
Featuring live recordings by London sextet the Explore Ensemble and violinist and Manchester Collective co-founder Rakhi Singh. Plus new releases from English electronic musician Matthew Herbert, Swiss-born Austrian composer Beat Furrer, and electroacoustic composer Natasha Barrett.
12.00 Freeness
Corey Mwamba presents music with undercurrents of intensity, tonight featuring a quartet led by British guitarist Alex Ward, supergroup Hel Mel and field recordist Aha. (R)
1.00am Through the Night With John Shea, starting with a concert given in March in Sofia, Bulgaria, to mark the 150th anniversary of the birth of Sergey Rachmaninov. **Rachmaninov** *Rhapsody on a Theme of Paganini, Op 43*; *Prelude in G, Op 32 No 5*; *Piano Sonata No 7 in B flat, Op 83 (3rd mvt)* **Blumenfeld** *Etude for the Left-Hand, Op 36* **Rachmaninov** *Symphonic Dances, Op 45* Andrey Gugnin (piano), Bulgarian National RSO, conductor Mark Kadin **2.17 Shostakovich** *Violin Sonata, Op 134* **2.49 Stoyanov** *Rhapsody* **3.01 Grieg** *Haugtussa, Op 67* **3.28 Spohr** *String Sextet in C, Op 140* **3.54 Gounod** *Overture: Mireille* **4.01 Chausson** *Pavane*; *Forlane (Quelques danses, Op 26)* **4.11 Dall'Abaco** *Concerto a piu istrumenti in F, Op 6 No 3* **4.19 Schumann** *Nachtlied, Op 108* **4.29 Bach** *Fantasia and Fugue in A minor, BWV 561* **4.38 Mussorgsky** *A Night on the Bare Mountain* **4.50 Beethoven** *Seven Variations on'Bei Männern, welche Liebe fühlen, WoO 46* **5.01 Duparc** *L'invitation au voyage* **5.06 Albéniz** *Córdoba (Cantos de España, Op 232)* **5.12 Britten** *Courtly Dances (Gloriana)* **5.22 Salzedo** *Variations sur un thème dans le style ancien, Op 30* **5.33 Weber** *Clarinet Concerto No 2 in E flat, Op 74* **5.55 Whitehead** *The Lord Is My Shepherd* **6.01 Strauss** *Tod und Verklärung* **6.27 Grieg** *Lyric Pieces, Op 54 (selection)* **6.39 Jadin** *String Trio in E flat, Op 2 No 1*

Scala Radio

DAB scalaradio.co.uk

7.00am Hannah Cox With the **Piano Playlist** at **8.00**.
10.00 Angellica Bell Magazine-style show.
1.00pm Mark Kermode With film music.
3.00 Jack Pepper's Culture Bunker
Musician Kyle Eastwood (son of actor/director Clint) discusses his latest album, which pairs a jazz quintet with a symphony orchestra to reimagine scores to some of his father's signature movies.
5.00 The Console with Luci Holland
New, popular and emerging scores from video games.
6.00 Ayanna Witter-Johnson Personal picks.
8.00 Saturday Night Scala With Darren Redick.
10.00 The Space A playlist designed to be calming.
1.00am Night Music 5.00 In the Park

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912

6.00am The Everyday Hustle **7.00** Motivation **8.00** Smash Bengali **10.00** Certified **11.00** Beyond Bollywood **1.00pm** Mehreen Baig **3.00** Certified Throwbacks **4.00** Amber Sandhu **6.00** Panjabi Hit Squad **9.00** Pure Spice **12.00** SOS Bhangra Mix **1.00am** Asian Network Takeover **3.00** Panjabi Hit Squad

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

7.00am Alan Titchmarsh With a **Gardening Tip** after **8.00** and at **9.00** the **Classic FM Hall of Fame Hour**.
10.00 Aled Jones Old favourites and new discoveries.
1.00pm Alexander Armstrong Classical hits.
4.00 Moira Stuart's Classic FM Hall of Fame Concert
Classic FM Hall of Fame works played in full, today with Pachelbel, Beethoven, Handel, Moross, Tchaikovsky, Rossini, Zipoli, Fauré, Delius and Vaughan Williams.
7.00 Saturday Night at the Movies Jonathan Ross showcases films celebrating anniversaries in 2023. With scores by Nino Rota (*8½*, *Amarcord*), Thomas Newman (*Saving Mr Banks*) and Randy Newman (*A Bug's Life*).
9.00 David Mellor's Melodies An autumnal playlist, plus new recordings, from Rodgers and Hammerstein's *Oklahoma!* to Sibelius's *Karelia Overture, Op 10*.
10.00 Calm Classics With Myleene Klass.
1.00am Katie Breathwick 4.00 Sam Pittis

Absolute Radio

DAB absoluteradio.co.uk
Freeview 727 **Freesat** 724 **Sky** 0107 **Virgin** 915

8.00am Frank Skinner **11.00** Sarah Champion **2.00pm** Rock 'n' Roll Football **5.00** Andy Bush **7.00** Jennie Longdon **10.00** Ben Coley **4.00am** Emil Franchi

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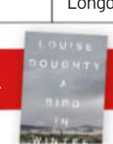

radiotimes.com/bookclub

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News 5.30am, 6.00 and hourly to 12 midnight
Weather 6.04am, 6.57, 7.57, 12.57pm, 5.57, 12.15am
Shipping Forecasts 5.20am, 12.01pm (*LW*), 5.54pm, 12.48am

5.30am News Briefing

5.43 Prayer for the Day
With the Rt Rev Mary Stallard, Bishop of Llandaff.

5.45 Close Encounters
1/10. Martha Kearney invites ten notable people to discuss their favourite portrait of a Great Briton in the National Portrait Gallery, marking the gallery's reopening earlier this year. Here fashion designer Paul Smith chooses a black-and-white shot of photographer and designer Cecil Beaton and poet Stephen Tennant.
Repeated from yesterday

6.00 News and Papers

6.07 Open Country
11/11. Carolyn Quinn has family links to Felixstowe, and has paid many visits to the Suffolk seaside town. Now she returns to take a closer look, exploring the local nature reserve and entering Felixstowe Port – the largest container port in the UK. Rptd from Thu

6.30 Farming Today This Week
Food, farming and the countryside.

7.00 Today
With Simon Jack and Nick Robinson.
7.25, 8.25 Sports News
7.48 Thought for the Day
With Brian Draper.

9.00 Saturday Live
Presenters Nikki Bedi and Olly Mann are joined by Clive Myrie, Ken Loach and Adele Thomas. Plus, the **Inheritance Tracks** of comedian Geoff Norcott. Producer Ben Mitchell

10.00 You're Dead to Me
11/13. **Agrippina the Younger**. Greg Jenner is joined by returning guests, historian Dr Emma Southon and comedian Cariad Lloyd, as they travel back to first-century Rome to meet Agrippina the Younger. Empress, overbearing mother of the Emperor Nero, and murderer – how much of what has been written about this extraordinary woman is true? What does it really take to survive as a woman at the top of the Roman Empire?
Producers Emma Nagouse and Greg Jenner

10.30 The Kitchen Cabinet
Jay Rayner and his panel are in Southend-On-Sea. Producer Hannah Newton

11.00 The Week in Westminster
A round-up of the week's political proceedings.

11.30 From Our Own Correspondent
Kate Adie presents reports from BBC correspondents across the world.

12.04pm Money Box
Impartial money advice with Paul Lewis.
Producer Amber Mehmood Repeated tomorrow 9pm
Your RT Money: page 146

12.30 The News Quiz
2/8. Andy Zaltzman hosts the topical comedy panel game, with Lucy Porter, Tom Ballard, Anushka Asthana and Mark Steel.
Rptd from yesterday Rptd Monday 11pm Radio 4 Extra

1.00 News

1.10 Any Questions?
James Cook presents from Cowley Sixth Form in St Helens, Merseyside, with a panel including the TV producer and screenwriter Phil Redmond. Repeated from yesterday

2.00 Any Answers?
Anita Anand invites listeners to have their say on the week's big issues.
Producers Ed Prendeville and Lowri Rhiannon Morgan
PHONE: 0370 010 0444 Lines open from 12.30pm
EMAIL: any.answers@bbc.co.uk

2.45 Dementia: Unexpected Stories of the Mind
3/5. **Gill and Natalie.** Neurologist Dr Jules Montague and William Miller meet Gill and her daughter Natalie, who are facing the rare genetic dementia Huntington's disease. Those carrying the gene have a 50/50 chance of passing it on to their children. Natalie has not yet been tested.
Producer Eve Streeter (R)

3.00 Drama: The Ballad of Eldon Street
RT A new form of radio ballad to mark the centenary of radio drama on the BBC, telling the story of an iconic Barnsley street by the people who know it best, and interwoven with specially composed songs by the band LYR – comprising poet laureate Simon Armitage, Patrick J Pearson and Richard Walters. The contributors are Malcolm Bird, Ann Bunting, Alison Dixon, Wayne Johnson, Peter Roberts, Steven Skelley, and Tegwen Roberts.
Producer/Director Sue Roberts

4.00 Weekend Woman's Hour
Highlights from the weekday programmes, presented by Anita Rani.

5.00 Saturday PM
News round-up.

5.30 Political Thinking with Nick Robinson
2/12. The *Today* presenter is joined by Theresa May for a conversation in which the former prime minister reflects on her life and career.
Producer Daniel Kramer

6.00 Six o'Clock News

6.15 Loose Ends
Danny Wallace and Janey Godley are joined by four writers – Val McDermid, Chris Brookmyre, Abir Mukherjee and Jenny Colgan – for an eclectic mix of conversation, music and comedy.
Producer Sukey Firth Repeated tomorrow 9.30pm

7.00 Profile
An insight into the personality and motivation of a person who is making the headlines.
Repeated tomorrow 5.45am and 5.40pm

7.15 This Cultural Life
6/13. John Wilson is joined by the Beninese-French singer/songwriter, actor and activist Angélique Kidjo. Producer Edwina Pitman

8.00 Archive on 4: The Hundred-Year Ego
It's 100 years since Sigmund Freud wrote *The Ego and the Id*, a book that reshaped the way we think about ourselves and the workings of our minds. Writer, broadcaster and coach David Baker explores the ego's journey over the past century – from the inflated egos of dictators to the mind-expanding love-ins of the hippy era and the greed-is-good ethos of neoliberalism. And, he asks, what can we make of claims that artificial intelligence is developing an ego of its own?
Producer Neil George Repeated Friday 12.04pm

9.00 Stone
2/5. **Daughters.** By Carol Russell .The detective follows leads that take him into investigating violent crime among young people. All series are available on BBC Sounds.
DCI John Stone **Hugo Speer** Jax/Renita **Dona Croll**
DS Sue Kelly **Deborah McAndrew** Nessy/Dr Abiola **Danielle Henry**
DI Mike Tanner **Craig Cheetham** Madison/DC Novack
Alice/Kid **Sydney Wade** **Sacha Parkinson**
Jolene/Greta **Angela Lonsdale** WC/Paramedic **Hamish Rush**
Producer/Director Nadia Molinari (R)

9.45 The Consultant
By Annie Griffin. Returning from a torrid holiday in Spain, a young Scottish woman plans a new dream future for herself, far beyond the boundaries of her current life in Bathgate. Read by Stephanie McGregor. Producer Sheila Cook (R)

10.00 News

10.15 Screenshot
6/9. **Video Games and the Movies.** Ellen E Jones and Mark Kermode investigate the relationship between gaming and the movies, with help from *Warcraft: the Beginning* director Duncan Jones, games developer Sam Barlow, and critic Kayleigh Donaldson.
Repeated from yesterday

11.00 Brain of Britain
5/17. Russell Davies presents the fifth heat, with contestants from Huddersfield, Belfast, Leicester and Lichfield. Repeated from Monday

11.30 Seek the Light
2/3. **Sea Swallows.** Karine Polwart learns about the migration cycle of Arctic terns, which arrive in Scotland in May and spend the summer breeding and raising their young before setting off on a 20,000-mile migration to Antarctica. Producer Peter McManus (R)

12.00 News and Weather

12.15–12.45am Four Sides of Seamus Heaney
4/4. **The Translator.** Ending a series marking 10 years since the death of the Nobel-winning Irish poet, Theo Dorgan discusses Seamus Heaney's translations. Repeated from Sunday
1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910
6.00am The Bigger They Are as 5pm
7.30 The Corner Shop: Shopkeepers, the Sharmas and Modern Britain as 12.30pm
8.45 Uncle Mort's South Country Comedy (1/5)
9.00 Not in Front of the Children 1969 comedy
9.30 Something to Shout About 1960 comedy
10.00 Down by the River as 3pm
11.00 The Bigger They Are as 5pm
12.30pm The Corner Shop: Shopkeepers, the Sharmas and Modern Britain Babita Sharma, who grew up in a family with a corner shop, examines the history of the UK's convenience store. Abridged by Rosemary Goring and read by the author. From 2019 – omnibus (1–5/5)
1.45 Uncle Mort's South Country Comedy (1/5)
2.00 Not in Front of the Children 1969 comedy
2.30 Something to Shout About 1960 comedy
3.00 Down by the River Laura Barton travels the rivers of Britain to explore how they've shaped people's stories and lives. From 2020 (2/3)
4.00 Body Horror Jill Halfpenny stars as a demoralised mortician in Lucy Catherine's dystopian thriller set in 2050, when London can cater for all your transplant needs. What price a new body? With Shelley Conn, Adam Courting and others. From 2020 (1/3)
4.45 Get Carter: The Bloody Chamber Dramatisation by Olivia Hetreed of Angela Carter's celebrated 1979 collection of fairy stories, starting with the title tale, *The Bloody Chamber*. From 2018
5.00 The Bigger They Are Comedy drama by Wally K Daly (1940–2020). A Mafia plot to defraud the Bank of England is foiled by the amazing escapades of two city gents, a group of prisoners and a prison governor. With Peter Jones, Donald Hewlett and others. From 1985
6.30 The Corner Shop: Shopkeepers, the Sharmas and Modern Britain as 12.30pm
7.45 Uncle Mort's South Country 1990 comedy adventure by Peter Tinniswood. Series one (1/5)
8.00 Not in Front of the Children 1969 comedy
8.30 Something to Shout About 1960 comedy
9.00 Down by the River as 3pm
10.00–12.00 Comedy Club: The Mitch Benn Music Show (1/4), at **10.30 John Finnemore's Souvenir Programme** (2/6), at **11.00 Ross Noble Goes Global** (4/4), at **11.30 Seekers** (1/6)
12.00 The Man in Black Mark Gatiss introduces five creepy tales, starting with *Phish Phood*, by film journalist and horror specialist Kim Newman. From 2009 **12.30am A Short History of Gothic** Hugh Bonneville reads Robert Louis Stevenson's 1884 tale *Markheim*
1.00 as 5pm **2.30** as 12.30pm **3.45** as 7.45pm **4.00** as 2pm **4.30** as 2.30pm **5.00** as 3pm

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am The Newsroom **5.30** The Lazarus Heist: how North Korea spends the money it allegedly gets from hacking heists **5.50** More or Less **6.00** Weekend **9.00** News **9.05** BBC OS Conversations **9.30** Pick of the World **9.50** Over to You **10.00** News **10.05** Sports Hour **11.00** The Newsroom **11.30** Health Check **12.00** News **12.05pm** World Questions: Georgia: a debate from the Georgian capital of Tbilisi **1.00** Newshour **2.00** Sportsworld **6.00** The Newsroom **6.30** The Lazarus Heist **6.50** Sporting Witness **7.00** News **7.05** The Documentary: AI: Who Cares?: a discussion on the impact of AI on everyday life **8.00** News **8.05** The Arts on Tour in Taipei: Nikki Bedi visits Taipei in Taiwan **9.00** Newshour **10.05** Music Life: with musical theatre musicians Lea Salonga, Claude-Michel Schönberg, Daniel Edmonds and Gerard Salonga **11.00** The Newsroom **11.20** Sports News **11.30** Tech Life **12.00** News **12.05am** BBC OS Conversations **12.30** The Lazarus Heist **12.50** Sporting Witness **1.00** News **1.05** Unexpected Elements **2.00** The Newsroom **2.30** Health Check **3.00** News **3.05** World Questions **4.00** News **4.05** From Our Own Correspondent **4.30** Trending **4.50** Sporting Witness

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0131 **Virgin** 908
News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am 5 Live Boxing
6.00 Saturday Breakfast
Nick Eardley and Eleanor Oldroyd with news and sport.
9.00 Nick Bright
Sitting in for Patrick Kielty.
11.00 Fighting Talk
Panel sports show with Rick Edwards playing judge and jury.
12.00 5 Live Sport
With Mark Chapman, today joined by Alan Shearer, Glenn Murray, Alan Hutton and Statman Dave for football discussion, plus updates from Wolves v Liverpool and at **3.00pm** commentary on West Ham United v Manchester City.
5.00 Sports Report – with reports, results and reaction – followed at **5.30** by Newcastle United v Brentford in the Premier League.
7.30pm 6-0-6
Robbie Savage and Chris Sutton with a football phone-in.
9.00 Stephen Nolan Topical show.
12.00 How Do You Cope? With Elis and John Author Mohsin Zaidi shares his experiences of growing up gay in a devout Muslim family.
1.00am Greg McKenzie Sitting in for Laura McGhie, with listener calls.

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908
10.25–11.35am Formula One
Commentary on the Singapore Grand Prix third practice session.
1.55–10.00 Rugby World Cup
Samoa v Chile, the Pool D match at Stade de Bordeaux (kick-off **2.00**).
4.40 Wales v Portugal, the Pool C match at Stade de Nice (k/o **4.45**).
7.55 Ireland v Tonga, a Pool B match at Stade de la Beaujoire (k/o **8.00**).

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am GameDay Breakfast
9.00 GameDay Warm Up
11.00 Premier League Football
Wolves v Liverpool (k-o **12.30pm**).
2.30pm GameDay Live
5.30 The GameDay Phone-In
7.30 The Mark Goldbridge Show
9.00 Fight Night Boxing news.
12.00 A Talksport Special
1.00am Extra Time

Talksport 2

DAB talksport.co.uk
2.30–5.00pm Premier League Football xxxx v xxxxxx (k-o **3.00**).
5.00–7.00 Super League Catalans Dragons v Leeds Rhinos (k-o **5.00**).
7.30–9.45 Championship Football Cardiff City v Swansea (k-o **7.45**).
9.45–12 midnight PGA Tour Golf Fortinet Championship.

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Andrew Castle **10.00** Matt Frei **1.00pm** Sangita Myska **4.00** Clare Foges **7.00** Marina Purkiss **9.00** Daniel Barnett **10.00** Nick Abbot **1.00am** Clive Bull **4.00** Ali Miraj

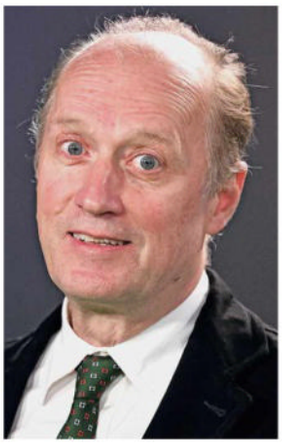
Times Radio

DAB thetimes.co.uk/radio
6.00am Chloe Tilley and Calum Macdonald **10.00** Hugo Rifkind **1.00pm** Alexis Conran **4.00** Ayesha Hazarika **7.00** Podcasts **8.00** Stories **8.30** Red Box **9.00** Highlights **10.00** Darryl Morris **1.00am** Highlights

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

TODAY'S CHOICES



Desert Island Discs

11.15am ***Radio 4***

There's a great guest for the first of the returning series in Adrian Edmondson (above). His wit and vivacity guarantee sparkling conversation, and there are poignant moments when he discusses his long working relationship with Rik Mayall and the difficulties surrounding the decision to bring their double act to an end. He also recalls his sense of abandonment on being sent to boarding school, and the concerns his father expressed about his acting ambition. On a lighter note, however, one of his musical choices is the Bonzo Dog Doo-Dah band, whom he would join as an honorary member on an anniversary tour.

ANNA JONES

Bacteria: the Tiny Giants

1.30pm ***Radio 4***

This series' presenter, Tim Hayward, is also a restaurateur so it's no wonder he frowns on bacteria, especially after recalling the 1964 typhoid fever outbreak in Aberdeen when infected corned beef was sourced to untreated Argentinian sewage. But a trio of ebullient biologists show that even though "the buggers are everywhere", not all do harm. A *Fantastic Voyage*-like journey into complex microbial worlds where scientists can observe bacteria's ability to evolve in real time soon has Hayward beginning to have second thoughts.

JEREMY ASPINALL

THIS WEEK'S HIGHLIGHTS See p119

Sunday Feature: Forever Blue

6.45pm ***Radio 3***

Revisiting Derek Jarman's extraordinary last film, 30 years on from its premiere.

GETTY

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

6.00am Dance Anthems **7.00** Sam and Danni **10.30** Nat O'Leary **1.00pm** Matt and Mollie **4.00** Life Hacks **6.00** The Official Chart: First Look **7.00** Chillest Show **9.00** Indie Show **11.00** BBC Introducing **12.00** Future Soul **1.30am** UK R&B Mix **2.00** Decompression Session **3.00** Chill Mix **4.00** Dance **5.00** Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.00am Good Morning Sunday The Rev Kate Bottley presents solo.

9.00 Steve Wright's Sunday Love Songs Sentimental sounds.

11.00 Radio 2 in the Park RT Scott Mills, Owain Wyn Evans and Michael Ball kick off day two coverage in Leicester, with Bobbie Pryor reports from around the grounds, including a chat with Sam Ryder. From **12.30pm** there's a live set from Simply Red, with frontman Mick Hucknall giving an interview, followed at **1.00** by a live performance from Sam Ryder. Jeremy Vine, Vernon Kay and Sara Cox take over presenting duties at **2.00** and chat to Lemar, Jessie Ware and Rick Astley after their live performances. At **6.00** Jo Whiley and Bob Harris introduce sets by Shalamar and the Pretenders, plus a live DJ set from Rylan and Scott Mills. They welcome Michelle Visage and Trevor Nelson, plus special guest Kylie Minogue, who chats to Zoe Ball live from her dressing room before performing at **8.00**. From **9.30** OJ Borg presents highlights in the **After Party**.
See choice: page 119 See also Friday 2am (Sam Ryder) and 2.30am (Lemar)

12.00 Phil Williams
3.00am Alternative Sounds of the 90s with Dermot O'Leary
4.00 Wynne Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

6.00am Amy Lamé
8.00 Stuart Maconie
10.30 Cerys Matthews With poet Mary Jean Chan and veteran Mexican ensemble Sonora Santanera.
1.00pm Guy Garvey
4.00 Iggy Pop Personal picks.
6.00 Now Playing @6Music
8.00 Stuart Maconie's Freak Zone Including experimental music.
10.00 Cillian Murphy's Limited Edition *1/10.* The *Peaky Blinders* and *Oppenheimer* star returns with a third run of the show in which he shares picks.
12.00 Guy Garvey
3.00am Jukebox
4.00 The BBC Introducing Mixtape
5.00 Huw Stephens

Greatest Hits

DAB greatesthitsradio.co.uk
F'view 716 **Sky** 0151 *Regional variations on FM/MW*

6.00am Jenny Powell **10.00** Mark Goodier **1.00pm** Simon Mayo: **4.00** Greatest Hits Superstars **5.00** The Smash Hits Years **7.00** Boogie and Arlene **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

Boom Radio

DAB boomradio.co.uk

7.00am Rod Whiting **10.00** Les Ross **12.00** Vintage Charts **2.00pm** Simon Bates **4.00** Judi Spiers **6.00** Mike Wyer **8.00** The Easy Hour **9.00** Mike D'Abo-Choices **10.00** Bill Bingham **12.00** Through the Night

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** 7.00am, 8.00 and 1.00pm

7.00am Breakfast
With Martin Handley, including a **Sounds of the Earth** slow radio soundscape.

9.00 Sunday Morning
Linton Stephens sits in for Sarah Walker and presents a playlist including rousing orchestral music depicting the dramatic Scottish countryside and a piece by William Walton that pays homage to a city on the south coast of England.

12.00 Private Passions
Michael Berkeley welcomes North Carolina-born folk, bluegrass and blues singer/songwriter and fiddle and banjo player Rhiannon Giddens, a specialist in overlooked or erased American music. Earlier this year her opera *Omar* received the Pulitzer Prize for Music. Her music choices include Bach, Dvorak and Sondheim, and a recording by Duke Ellington.

1.00pm Radio 3 Lunchtime Concert
Monday's recital from Wigmore Hall in London. Paul Lewis (piano), Tim Gibbs (double bass), Vertavo String Quartet
Beethoven *Grosse Fuge in B flat , Op 133*
Beethoven, arr Lachner
Piano Concerto No 4 in G, Op 58 (R)

2.00 The Early Music Show
Hannah French continues a four-part series of programmes associated with the elements. This edition on fire features Vivaldi, Rameau, Araujo, Corette, Rebel and Bach. (R)

3.00 Choral Evensong
From St Eustachius Church, Tavistock, during the Exon Singers Festival for the Eve of Holy Cross Day, with music by King John IV of Portugal, Sarah Rimkus and Dobrinka Tabakova. Recorded 28 July. Introit: Crux fidelis (King John IV of Portugal); Responses: Tomkins; Psalm 66 (Plainsong); First Lesson: Isaiah 52, vv13 to end; 53, vv1–12; Office Hymn: The Royal Banners Forward Go (Gonfalon Royal); Canticles: Evening Canticles (Sarah Rimkus); Second Lesson: Ephesians 2, vv11–22; Anthem: Praise (Dobrinka Tabakova); Hymn: When I Survey the Wondrous Cross (Rockingham); Voluntary: Diptych (Chorale) (Dobrinka Tabakova). Conductor Joseph Judge. Organist Neil Taylor.
Repeated from Wednesday

4.00 Jazz Record Requests
Alyn Shipton with a broad spectrum of jazz requests.

5.00 The Listening Service
Tom Service enters the sublime and joyous world of Poulenc's Catholic choral work *Gloria*, which premiered in January 1961 in Boston, Massachusetts.
Repeated Friday 4.30pm

5.30 Words and Music
Yusra Warsama and Darren Kuppan read from works that feature lost keys, magical ones, fumbling at locks, at learning and committing murder, including extracts from Dante and *Tracy Beaker*, as well as a vintage recording of TS Eliot. Featuring music by Chopin, Bartok, Bach and Joplin, with recordings by Bessie Smith, PJ Harvey and Wendy Carlos.

6.45 Sunday Feature: Forever Blue
RT Derek Jarman's final film *Blue*, released four months before his death in January 1994, at 52, premiered in June 1993 at the Venice Biennale and in September was broadcast in a simulcast on BBC Radio 3 and Channel 4. To commemorate the 30th anniversary, actors Tilda Swinton and John Quentin, composer Simon Fisher Turner and producer James Mackay tell the story of the development and making of this experimental film which had no images. Featuring actor Russell Tovey and director Neil Bartlett – who this year collaborated on a new stage production called *Blue Now* – and actor and singer Toyah Willcox (*Jubilee*).
Producer Victoria Ferran **See choice: page 119**

7.30 Drama on 3: The Son
Florian Zeller's 2018 play *Le fils* (*The Son*) in a translation by Christopher Hampton. Actor Laurie Kynaston reprises his West End stage role as a young man who struggles with depression and who, having fallen out with his mother, thinks coming to live with his father will help him get back on track. But it's not long before past and present collide, reawakening resentments and painful memories. The work completes a trilogy following *The Father* and *The Mother*, both previously produced for *Drama on 3*. (R)

Nicolas	**Laurie Kynaston**	Sofia	**Cecilia Appiah**
Pierre	**Joseph Millson**	Doctor	**Carl Prekopp**
Anne	**Nicola Walker**	Nurse	**Ian Dunnett Jr**

Director Gemma Jenkins (R)

9.20 Record Review Extra
Hannah French expands on music discussed in yesterday's programme, including Mozart's *Haffner* symphony as discussed by Roger Parker.

11.00 Cello Retold
3/3. **Beyond Limits.** Abel Selaocoe explores the cello and its infinite capabilities, concluding with a look at how it can be played in a huge number of ways and sound near-unrecognisable, from Berio and Britten to cellist and composer Ernst Reijseger, from Tavener to Oliver Coates. (R)

12.00 Classical Fix
Linton Stephens creates a bespoke classical playlist for London-born actor Karen Bryson.

12.30am Through the Night With John Shea. **Dvorak** *Cello Concerto in B minor, Op 104* **Bach** *Sarabande (Cello Suite No 1 in G, BWV1007)* **Beethoven** *Symphony No 5 in C minor* Julia Hagen (cello), Orchestra della Svizzera Italiana, conductor Krzysztof Urbanski **1.47 Dvorak** *Piano Quintet in A, Op 81* **2.25 Bach** *Mein Augen schliess ich jetzt, BWV378* **2.31 Debussy** *Images* **3.07 Leopold I** *Tres Lectiones* **3.30 Vitols** *Romance for Violin and Piano, Op 15* **3.37 Haydn** *Symphony No 4 in D* **3.48 Berezovsky** *Do Not Reject Me in My Old Age* **3.57 Vaughan Williams** *Fantasia on a Theme by Thomas Tallis* **4.12 D Scarlatti** *Three Keyboard Sonatas: in D, Kk443; in A, Kk 208; in D, Kk29* **4.23 Martucci** *Noveletta Op 82 No 2* **4.31 Baird** *Giocoso Overture* **4.37 Chopin** *Fantaisie in F minor, Op 49* **4.48 Vivaldi** *Concerto No 9 in D (L'estro armonico, Op 3)* **4.56 Ruth Watson Henderson** *Two Love Songs* **5.01 Corelli** *Trio Sonata in F, Op 1 No 1* **5.08 Sibelius** *Suite: Belshazzar's Feast* **5.23 Duphly** *Courante; La Boucon (Pièces de clavecin, Book 1)* **5.29 Prokofiev** *Cinderella: Orchestral Suite No 1, Op 107* **5.56 Grieg** *String Quartet No 1 in G minor, Op 27*

Scala Radio

DAB scalaradio.co.uk

7.00am Hannah Cox With the **Piano Playlist** at **8.00**.
10.00 Simon Mayo Including the **Label Showcase** – today celebrating Accentus – and a recording to mark the 65th birthday of conductor Manfred Honeck.
12.00 YolanDa Brown 3.00pm Jack Pepper
5.00 The West End Weekend on Scala Radio
6.00 Scala Radio Presents: Music Lessons with YolanDa Brown *3/4.* A look at the work of charities.
8.00 Sunday Night Scala Darren Redick celebrates anniversaries for music teacher and conductor Nadia Boulanger (1887–1979) and Brazilian composer José Maurício Nunes Garcia (1767–1830).
10.00 The Space 1.00am Night Music
5.00 In the Park Calming sounds.

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912

6.00am Gagan's Old Skool Mix **7.00** R&B Anthems **8.00** Smash Bengali **10.00** Certified Throwbacks **11.00** Gagan Grewal **1.00pm** Dipps Bhamrah **3.00** Nadia Ali **5.00** Kan D Man **7.00** Pritt **9.00** Noreen Khan **11.00** Chill **12.00** Motivation **1.00am** Asian Network News Presents **2.00** Celebrates **4.00** Bobby Friction

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

7.00am Aled Jones With a **Choral Classic** at **8.15**.
10.00 Andrew Marr Today's playlist marks the start of university term – including Brahms's *Academic Festival Overture* – and features highlights of a new recording of Rachmaninov's Third Piano Concerto.
1.00pm Joanna Gosling Classical favourites, today including Ronald Binge's *Sailing By* to mark the Pilgrims' boarding the *Mayflower* on this weekend in 1620.
4.00 John Humphrys Musical anniversaries.
7.00 Smooth Classics at Seven With Charlotte Hawkins, including the **Young Classical Star** feature, showcasing Franco-British pianist Alexandre Kantorow.
9.00 Great British Orchestras with Anne-Marie Minhall *3/4.* A focus on the Hallé conducted by Mark Elder and Manchester Camerata.
10.00 Calm Classics 1.00am Bill Overton

Absolute Radio

DAB absoluteradio.co.uk
Freeview 727 **Freesat** 724 **Sky** 0107 **Virgin** 915

8.00am Jason Manford **11.00** Sarah Champion **2.00pm** Jay Lawrence **6.00** Dan Noble **8.00** Stories **9.00** Music Club **12.00** Dan Noble

READER OFFER An exclusive collaboration with Emma Bridgewater for the RadioTimes centenary

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)

News 5.30am, 6.00 and hourly to 9.00; 12 noon then hourly to 12 midnight
Weather 6.57am, 7.57, 12.57pm, 5.57, 9.59, 12.15am
Shipping Forecasts 5.20am, 12.01pm (*LW*), 5.54pm, 12.48am

5.30am News Briefing

5.43 Bells on Sunday From the parish church of St David, Moreton-in-Marsh, Gloucestershire.

5.45 Profile Repeated from yesterday 7pm

6.00 News Summary

6.05 Something Understood
Death Be Not Proud. Michael Symmons Roberts explores the mystery and inevitability of death and its influence on art. Featuring music by Vera Hall, Mozart and John Tavener.
Producer Michael Wakelin (R)

6.35 Natural Histories
***2/5.* Dodo.** Brett Westwood traces people's relationship with the dodo.
Producers Melvin Rickarby, Tim Dee and Sarah Blunt (R)

7.00 News; Sunday Papers

7.10 Sunday Religious and ethical issues.

7.54 The Radio 4 Appeal
Actor Sheila Atim presents an appeal on behalf of Kids Club Kampala, a children's charity with a Christian ethos working in Uganda.
Repeated 9.25pm and Thursday 3.27pm
Donations: Freepost BBC Radio 4 Appeal, marked Kids Club Kampala on the back of the envelope; Credit/debit cards: Freephone 0800 404 8144; online via the Radio 4 website

8.00 News; Sunday Papers

8.10 Sunday Worship
A service from Bangor, Gwynedd, led by the Rev James Tout, with music, readings, conversations and prayers from members of the National Youth Choir of Wales. Luke 1, vv46–55/Tell Out My Soul (T Dudley-Smith, W Greatorex); Luke 18, vv15–17. How Shall I Sing That Majesty (*Coe Fen*); Children, Go Where I Send Thee (arr Roderick Williams); Even When He Is Silent (Kim André Arnesen); Beloved, Let Us Love (Meirion Wynn Jones); Tydi a Wnaeth y Wyrth/You Did This Mighty Deed (*Pantyfedwen*, arr Tim Rhys-Evans).

8.48 A Point of View
A reflection on a topical issue. Rptd from Friday

8.58 Tweet of the Day
The call of the wood sandpiper. (R)

9.00 Broadcasting House
Presented by Paddy O'Connell.

10.00 The Archers Omnibus edition.

11.15 Desert Island Discs
RT ***New series.*** Actor and comedian Adrian Edmondson is Lauren Laverne's castaway. Producer Sarah Taylor Rptd Friday 9am

12.04pm Paul Sinha's Perfect Pub Quiz
2/10. The comedian joins forces with his live audience in Manchester to compile the questions for a perfect pub quiz.
Rptd from Monday Rptd tomorrow 10pm Radio 4 Extra

12.30 The Food Programme
Sam Evans and Shauna Guinn present an edition celebrating some of the finalists in the 2023 BBC Food and Farming Awards, including three businesses shortlisted in the street food and takeaway category.
Producer Rebecca Rooney Repeated tomorrow 3.30pm

1.00 The World This Weekend
News round-up.

1.30 Bacteria: the Tiny Giants
RT ***New series. 1/3.* Microbial Cities and New Worlds.** Tim Hayward embarks on a bacteria hunt.
Producer Richard Ward Repeated Tuesday 3.30pm

2.00 Gardeners' Question Time
At Great Dixter Gardens in East Sussex, Kathy Clugston chairs a postbag edition, with Juliet Sargeant, Matt Biggs and Matthew Pottage answering horticultural queries sent in by listeners. Repeated from Friday

2.45 Opening Lines
Democracy in America. John Yorke unpacks the themes behind the stories in Radio 4's weekend afternoon dramas.

3.00 Drama: Democracy
Drama-documentary by Sarah Woods, inspired by Alexis de Tocqueville's influential survey of democracy, transposed to the UK of today and featuring members of the British public. An elderly man checks himself out of a Preston hospital and hitchhikes south. He says his name's Alexis de Tocqueville and that he needs to find out what has happened to democracy. As he travels around the UK, he talks to people about their perceptions of the current state of democracy and the challenges it faces. Can democracy offer people the world – and the leaders – that they need?
Tocqueville **Philippe Spall** Erica **Catherine Ayers**
Other parts played by **Aaron Anthony**, **Charles Dale**, **Kezrena James** and **Karen Paullada**
Director Emma Harding

4.00 Open Book
Anne Enright, Booker Prize winner in 2007, discusses her latest novel, the family chronicle *The Wren, The Wren*. And Ben Lerner discusses his poetry collection *The Lights*, his first book since his 2019 novel *The Topeka School*. Presented by Johny Pitts.
Producer Kirsten Locke Repeated Thursday 3.30pm

4.30 The Death of Pablo Neruda
Maria Delgado considers the legacy of the poet Pablo Neruda, a Nobel Prize winner, diplomat and communist whose legacy remains controversial, on the 50th anniversary of his death.
Producer Jo Glanville Repeated Saturday 12.15am

5.00 File on 4
Hayley Hassall investigates claims of a culture of bullying, body-shaming and abuse in the ballet world. Repeated from Tuesday

5.40 Profile Repeated from yesterday 7pm

6.00 Six o'Clock News

6.15 Pick of the Week With Mike Sweeney.

7.00 The Archers
RT There's trouble at the Flower and Produce Show, and Freddie has a confession to make. **See choice: page 119.**
For cast see Friday Repeated tomorrow 2pm

7.15 Whatever Happened to Baby Jane Austen?
4/5. Comedy by David Quantick. When Florence is asked to appear on *Celebrity Mastermind*, she is delighted but terrified as she can't think of a specialist subject. Lucy finds a strange clue to Selina and Florence's secret, but is told to leave well alone by Florence's PA Mrs Ragnarrok.
Florence Ransom **Dawn French** Lucy **Lisa McGrillis**
Selina Mountjoy **Jennifer Saunders** Male characters
Mrs Ragnarrok **Rebecca Front** **Alistair McGowan**
Producer Liz Anstee Rptd Friday 10pm Radio 4 Extra (R)

7.45 Invasive Species
5/5. By Rachelle Atalla. With the village almost overrun by knotweed, Fran wonders if it might be linked to recent global catastrophes, and seeks answers from the one neighbour whose garden remains unaffected. Read by Helen McAlpine. Producer Eilidh McCreadie

8.00 More or Less
3/6. Tim Harford presents the programme that interrogates and often debunks topical numbers and statistics. Repeated from Friday

8.30 Last Word
With Matthew Bannister. Repeated from Friday

9.00 Money Box Rptd from yesterday 12.04pm

9.25 The Radio 4 Appeal Rptd from 7.54am

9.30 Loose Ends Rptd from yesterday 6.15pm

10.00 The Westminster Hour
Political magazine.

11.00 Life Changing
***7/7.* If I Panic I Die.** Sian Williams meets a man who was in a coffee shop one Monday morning when a brutal crime occurred – leaving his life hanging in the balance.
Producer Thomas Harding (R)

11.30 Beyond Belief
5/8. Crematorium manager Jenny Hamilton tells Aleem Maqbool how she and her team approach their work. Repeated from Monday

12.00 News and Weather

12.15–12.45am Thinking Allowed
***3/9.* Water.** Laurie Taylor explores human relationships with water. He talks to Veronica Strang, professor of anthropology at the University of Oxford, whose latest study takes us from nature worship to the environmental crisis and asks what we can do to turn the tide. They're joined by Anna Mdee, professor in the politics of global development at the University of Leeds, who argues that water poverty is a hidden phenomenon, despite the fact that it affects up to 24 per cent of households in England and Wales. Rptd from Wed

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910

6.00am Poetry Extra With Daljit Nagra in 2013
6.30 Casanova in London as 5.30pm
7.40 Inheritance Tracks With Minnie Driver
7.50 Agnes Grey as 6.50pm
9.00 A Life of Bliss as 8pm
9.30 Home to Roost as 8.30pm
10.00 Desert Island Discs as 9pm
10.45 David Attenborough's Life Stories
11.00 Poetry Extra With Daljit Nagra in 2013
11.30 Casanova in London as 5.30pm
12.40pm Inheritance Tracks With Minnie Driver
12.50 Agnes Grey as 6.50pm
2.00 A Life of Bliss as 8pm
2.30 Home to Roost as 8.30pm
3.00 Desert Island Discs as 9pm
3.45 David Attenborough's Life Stories
4.00 The Man in Black Mark Gatiss introduces five creepy tales, starting with *Phish Phood*, by film journalist and horror specialist Kim Newman. With John Rowe and Melissa Advani. From 2009
4.30 A Short History of Gothic Hugh Bonneville reads Robert Louis Stevenson's 1884 tale *Markheim*, in which a thief is unsettled by a meeting with a stranger in a shop, and the encounter forces him to reassess his life. From 2009
5.00 Poetry Extra With Daljit Nagra in 2013
5.30 Casanova in London Jack Klaff reads Penny Leicester's account of the 1760 London exploits of Venetian-born "world's greatest lover" Giacomo Casanova (1725–98). From 2002 – omnibus (1–5/5)
6.40 Inheritance Tracks With Minnie Driver
6.50 Agnes Grey Ellie Kendrick (*Game of Thrones*) stars in Rachel Joyce's adaptation of Anne Brontë's 1847 novel in which a young woman with no money, connections or job tries to find her way in the world. With Juliet Aubrey, John Bowler and many others – omnibus (1–5/5)
8.00 A Life of Bliss A 1957 episode of the sitcom by Godfrey Harrison, starring George Cole
8.30 Home to Roost 1974 sitcom by Anne Jones starring Deryck Guyler and Molly Sugden (2/6)
9.00 Desert Island Discs A 2019 edition with Radiohead frontman Thom Yorke discussing his life and his then eight music picks, from Ravel to REM
9.45 David Attenborough's Life Stories
With an exploration of fossilised tracks
10.00–12.00 Comedy Club: The Hudson and Pepperdine Show (5/6), at **10.30 Chain Reaction** (4/6), at **11.00 Spats** (3/4), at **11.15 The Hauntening** (3/4), at **11.30 Life: an Idiot's Guide** (5/6)
12.00 as 5pm **12.30am** as 5.30pm **1.40** as 6.40pm **1.50** as 6.50pm **3.00** as 8pm **3.30** as 8.30pm **4.00** as 9pm **4.45** as 9.45pm **5.00 Indiana** Dramatisation by Winsome Pinnock of the 1832 novel by George Sand. From 2004 (1/2)

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am The Newsroom **5.30** The Documentary: Izabela in the Forest: field recordist Izabela Dluzyk captures the sounds of Bialowieza forest in Poland **6.00** Weekend **9.00** News **9.05** From Our Own Correspondent **9.30** Outlook **10.00** News **10.05** Music Life **11.00** The Newsroom **11.30** Trending: how to help men who have demonstrated mysogynistic views online **11.50** More or Less **12.00** News **12.05pm** The Documentary: AI: Who Cares? **1.00** Newshour **2.00** News **2.05** Music Life **3.00** News **3.05** Sportsworld **7.00** The Newsroom **7.30** In the Studio: costume designer Eimer Ni Mhaoldomhnaigh catalogues an archive of iconic movie items **8.00** News **8.05** Unexpected Elements **9.00** Newshour **10.05** The Climate Question **10.30** Pick of the World **10.50** Over to You **11.00** The Newsroom **11.20** Sports News **11.30** Outlook **12.00** News **12.05am** From Our Own Correspondent **12.30** Trending **12.50** More or Less **1.00** The Newsroom **1.30** Happy News **2.00** The Newsroom **2.30** Crowd Science: Caroline Steel examines phobias **3.00** News **3.05** People Fixing the World **3.30** Pick of the World **3.50** Over to You **4.00** The Newsroom **4.30** The Conversation

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am Newscast
With Adam Fleming and friends.
6.00 5 Live Science
Dr Chris Smith with science issues.
7.00 Sunday Breakfast With Nick Eardley and Eleanor Oldroyd.
10.00 Nick Bright
Sport, guests and topical issues.
12.00 5 Live Sport
Steve Crossman is joined by Nedum Onuoha, Robert Huth and Karen Bardsley to look ahead to today's Premier League action, plus a look ahead to England v Japan in the Rugby World Cup. There's build-up to the **2.00** commentary on Bournemouth v Chelsea in the Premier League. From **4.00** there's build-up to the **4.30** commentary on Everton v Arsenal.
6.30pm 6-0-6 Football phone-in.
7.30 Rugby World Cup
England v Japan, the Pool D match at Stade de Nice (kick-off **8.00**).
10.15 Stephen Nolan
News stories and a phone-in.
1.00am Dotun Adebayo
Topical and cultural discussion.

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

12.45–3.00pm Formula One
Commentary on the Singapore Grand Prix at Marina Bay.
3.00–6.45 Rugby World Cup
South Africa v Romania, joining coverage of the Pool B match.
4.40 Australia v Fiji in Pool C from Stade Geoffroy-Guichard, Saint-Etienne (kick-off **4.45**).

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am Weekend Sports Breakfast With Natalie Sawyer and Tony Cascarino.
9.00 Sunday Edition With Shaun Custis and Henry Winter.
11.00 The Warm Up
1.30pm The Sunday Session
6.30 Final Word
9.00 Trans Europe Express
12.00 A Talksport Special
1.00am Extra Time
5.00 Early Breakfast

Talksport 2

DAB talksport.co.uk

11.45am–2.00pm Championship Football Millwall v Leeds United (kick-off **12.00**).
5.00–9.15 NFL Commentary on Tampa Bay Buccaneers v Chicago Bears (kick-off **6.00**).
9.15–12 midnight PGA Tour Golf Fortinet Championship.

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Andrew Castle **10.00** David Lammy **1.00pm** Sangita Myska **4.00** Ben Kentish **7.00** Rachel Johnson **10.00** Nick Abbot **1.00am** Richard Spurr **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio

6.00am Chloe Tilley and Calum Macdonald **10.00** Kate McCann and Adam Boulton **1.00pm** Alexis Conran **4.00** Ayesha Hazarika **7.00** The Best of Times Podcasts **8.00** Stories of Our Times **8.30** Red Box **9.00** Highlights **10.00** Darryl Morris **1.00am** Highlights

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

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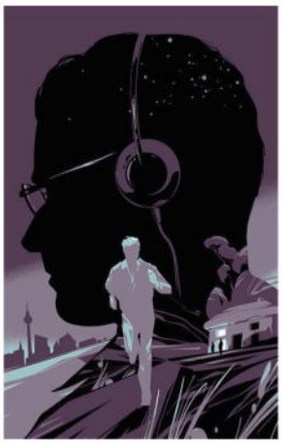
MONDAY Radio

TODAY'S CHOICES



Book at Bedtime: The Secret Hours

10.45pm ***Radio 4***

Mick Herron has been writing thrillers since 2003, winning a prestigious Crime Writers' Association Gold Dagger award for *Dead Lions*, but it has been the critical acclaim for Apple TV's *Slow Horses* (an adaptation of Herron's The Slough House series, starring Gary Oldman) that's brought him to more widespread attention. This latest novel, read here with perfectly understated humour by Nina Sosanya, is a very clever and often darkly funny tale of espionage and potentially deadly goings-on within MI5. Why has the apparently harmless former academic Max Janacek been subject to a violent kidnap attempt at his Devon cottage? What is the sinister-sounding Monochrome panel really hoping to achieve? And how does the stench of a dead badger help save Max's life? A thoroughly enjoyable spy romp. **ANNA JONES**

Breakfast

6.30am ***Radio 3***

Always a highlight of the Radio 3 year, Petroc Trelawny's week-long excursions have in the past taken him to UK forests, the River Severn, Yorkshire, and the Scottish Highlands, but those trips were all undertaken in spring or early summer. The autumnal feel will undoubtedly add to his tour of Northern Ireland loughs and surrounding areas, beginning today at Carlingford Lough, which spills out into the Irish Sea on the border with the Republic. Trelawny will be joined by local musicians performing live, with this week's *In Tune*, *Lunchtime Concert* and *Afternoon Concert* also taking on a Northern Ireland flavour. **SIMON O'HAGAN**

EDWARD TUCKWELL

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

7.00am Greg James **10.30** Rickie, Melvin and Charlie **1.00pm** Dean and Vicky **3.30** Vick and Jordan **6.00** Future Sounds **8.00** Future Artists **10.00** Power Down Playlist **11.00** Daniel P Carter **1.00am** BBC Introducing Rock **2.00** Future Alternative **3.00** Relax in Love **4.00** Dance **5.00** Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.30am Zoe Ball

9.30 Vernon Kay
Music, chat and features, including at **10.30** the pop quiz **Ten to the Top**, and at **11.40 Tracks of My Years**, this week featuring – two a day – ten of the favourite records of *Strictly Come Dancing* presenter Tess Daly, who is also Vernon's wife.
See feature: page 18

12.00 Jeremy Vine
2.00pm Scott Mills
4.00 Sara Cox
7.00 Jo Whiley
9.00 The Blues Show with Cerys Matthews
10.00 Rhythm Nation
Spoony sits in for Trevor Nelson with R&B, hip-hop and more, including at **10.00** the **Magnificent 7** – a nostalgic half-hour of oldies.
12.00 OJ Borg
3.00 Sounds of the 90s Fearne Cotton presents a countdown of the most streamed songs of the 1990s. (R)
4.00 Wynne Evans
Sitting in for Owain Wyn Evans.

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Lauren Laverne
10.30 Mary Anne Hobbs
1.00pm Chris Hawkins
Sitting in for Craig Charles.
4.00 Steve Lamacq
7.00 New Music Fix Daily
9.00 6 Music Artist in Residence
1/8. Guitarist and songwriter Johnny Marr shares his inspirations, collaborations and recommendations.
10.00 Riley and Coe
Rock trio Kendo Nagasaki perform live.
12.00 Nirvana Live A selection of performances, including sets at Reading Festival in 1992 and Pier 48, Seattle in 1993, kicks off five hours of programming devoted to the grunge rock band fronted by Kurt Cobain.
1.00am The First Time with... Dave Grohl talks with Matt Everitt in 2015. (R)
2.00 6 Music's Deep Dive into Nirvana's Nevermind A 2021 celebration of Nirvana's seminal LP. (R)
3.00 Nirvana at the BBC
Interviews and performances . (R)
4.00 Nirvana Playlist .
5.00 Huw Stephens

Greatest Hits

DAB greatesthitsradio.co.uk
F'view 716 **Sky** 0151 *Regional variations on FM/MW*

6.00am Rossie **10.00** Ken Bruce **1.00pm** Debbie Mac **4.00** Simon Mayo **7.00** Jackie Brambles **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

Boom Radio

DAB boomradio.co.uk

6.00am Andy Marriott **7.30** Graham Dene **10.00** Rob Jones **12.00** David Hamilton **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour **9.00** David Hamilton **10.00** Diana Luke **12.00** Derek Webster **2.00am** Through the Night

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** Half-hourly 6.30–8.00am, 1.00pm, 6.00

6.30am Breakfast
RT Petroc Trelawny presents a week of live broadcasts from Northern Ireland, touring loughs and their surrounding areas, starting today on the foreshore of Carlingford Lough, where Petroc and guests explore the cultural and industrial heritage of the area. Plus music and listeners' texts.

9.00 Essential Classics With Georgia Mann.

12.00 Composer of the Week: Girolamo Frescobaldi (1583–1643) and Musical Spectacle in Baroque Rome
1/5. **Ferrara.** Girolamo Frescobaldi established the keyboard style that would dominate Europe in the Baroque era. Throughout the week Donald Macleod is joined by Robert Quinney – director of the Choir of New College, Oxford – to explore Frescobaldi's life alongside some of the other great musicians of his time who fell into his orbit. They begin by looking at Frescobaldi's crucial years in Ferrara, where he came under the influence of composer and teacher Luzzasco Luzzaschi.
Partite sopra ciaccona (Il secondo libro di toccate) Anthonello, conductor Yoshimichi Hamada
Canzona terza a due bassi (Il primo libro delle canzoni) Concerto di Margherita
Fantasia prima, sopra un soggietto; Fantasia undecima, sopra quattro soggietti (Il primo libro delle fantasie a quattro) Francesco Tasini (organ)
Luzzaschi *Aura soave; O dolcezz'amarissime d'amore (12 Madrigali per cantare e sonare)* Roberta Mameli (soprano), Francesca Cassinari (soprano), Emanuela Galli (soprano), Cristiano Contadin (viola da gamba), Gabriele Palomba (lute), Marta Graziolino (harp), Davide Pozzi (harpsichord)
Deus tu scis insipientiam meam (Sacrarum Cantionum, Book 1) Profeti Della Quinta, director Elam Rotem
Frescobaldi *Toccata nona (Toccate e partite d'intavolatura di cimbalo et organo, Book 1) (arr for double harp)* Hayao Soneda
Toccata prima (Secondo libro di toccate) Steven Devine (harpsichord)
RT OFFER Frescobaldi Canzoni da Sonare – featuring Les Basses Reunies led by Bruno Cocset – is available for £14.95 incl p&p. Call 0115 982 7500 quoting ref TOCC0654 or visit radiotimes.com/cds

1.00pm Radio 3 Lunchtime Concert
LIVE From Wigmore Hall in London, Hannah French introduces leading Baroque violinist Chouchane Siranossian in a recital.
Chouchane Siranossian (violin), Leonardo García Alarcón (harpsichord), Balázs Máté (cello)
Bach *Violin Sonata in G, BWV1021*
Farina *Sonata quinta detta la farina*
Narekatsi *Havun-Havun*
Walther *Passacaglia (Sonata No 6)*
Bach *Violin Sonata in C minor, BWV1024 (1st mvt); Fugue in G minor, BWV1026*
Schmelzer *Violin Sonata (Victori der Christen).*
Locatelli *Sonata in D minor, Op 6 No 12*
Repeated Sunday 1pm

2.00 Afternoon Concert
Ian Skelly presents concert performances including throughout the week, as part of Radio 3's spotlight on Northern Ireland, performances by the Ulster Orchestra, including today's of Schumann's Second Symphony at **3.00**.
Bizet *Carillon (L'Arlésienne: Suite No 1)*
Ulster Orchestra, conductor Yan Pascal Tortelier
Margaret Bonds *Troubled Water*
Samantha Edge (piano)
Marschner *Overture: Hans Heiling* Prague Radio Symphony Orchestra, conductor Cornelius Meister
Weber *Clarinet Concerto No 2 in E flat, Op 74*
Sharon Kam, Frankfurt Radio Symphony Orchestra, conductor Vaclav Luks
Saint-Saëns *Danse macabre, Op 40*
Alexandra Soumm (violin), Aimo Pagin (piano)
3.00 Schumann *Symphony No 2 in C*
Ulster Orchestra, conductor Angus Webster
Mozart *Piano Concerto No 20 in D minor, K466*
Francesco Piemontesi, Danish National Symphony Orchestra, conductor Daniele Rustioni

4.30 New Generation Artists
Including a recent studio recording by baritone Konstantin Krimmel, and violinist Johan Dalene in a 2021 performance at Snape Maltings
Schubert *Die Taubenpost (Schwanengesang)*
Konstantin Krimmel (baritone), Daniel Heide (piano)
Ravel *Tzigane*
Johan Dalene (violin), Charles Owen (piano)
Brahms *Sommerabend, Op 85 No 1*
Konstantin Krimmel (baritone), Daniel Heide (piano)
Rob Luft *Endless Summer*
Rob Luft (guitar), Fergus McCreadie (piano)

5.00 In Tune With Sean Rafferty.

7.00 Classical Mixtape Nonstop music .

7.30 Radio 3 in Concert
The opening concert of this year's Lucerne Festival, with Paavo Jarvi conducting the Lucerne Festival Orchestra in Mahler's Third Symphony, from 11 August. Mahler here presents a creation story of the world itself coming into being, beginning with inorganic nature, rocks, and mountains, before plants, animals and, ultimately, humanity are successively added to the picture. Presented by Fiona Talkington.
Mahler *Symphony No 3*
Wiebke Lehmkuhl (alto), Women of the Bavarian Radio Chorus, Luzerner Kantorei, Lucerne Festival Orchestra, conductor Paavo Jarvi

10.00 Music Matters Repeated from Saturday 11.45am

10.45 The Essay: Unearthing Britannia's Tribes
1/15. **Imagining Boudicca.** Series examining the peoples of Iron Age Britain. In this instalment Australian novelist Ilka Tampke discusses Queen Boudicca. Producer Mark Burman (R)

11.00 Night Tracks With Sara Mohr-Pietsch.

12.30am Through the Night With John Shea. **Schubert** *Symphony No 3 in D* **Bartok** *Violin Concerto No 1 Berio Aldo (Duetti per due Violini)* **Schubert, orch Moser** *Andante in B minor (Symphony No 10)* **Schubert** *Symphony No 8 in B minor (Unfinished)* Sebastian Bohren (violin), Robert Kowalski (violin), Orchestra della Svizzera italiana, conductor Heinz Holliger **2.01 Mozart** *String Quartet in C, K465 (Dissonance)* **2.31 Moszkowski** *Piano Concerto in E, Op 59* **3.08 Groneman** *Flute Sonata in D* **3.22 Poulenc** *Petites voix pour voix égales à capella* **3.29 L Norman** *Andante sostenuto* **3.38 Mozart** *12 Variations on Ah, vous dirai-je, maman, K265 (arr for wind quintet)* **3.51 Duparc** *La vie antérieure* **3.56 Brahms** *Three Lieder (arr for cello and piano)* **4.04 Neruda** *Concerto in E flat for horn or trumpet* **4.20 Vaughan Williams** *Overture: The Wasps* **4.31 Palestrina** *Stabat mater* **4.37 Viotti** *Duo concertante in A minor* **4.44 Liszt** *St François d'Assise prechant aux oiseaux, S175 No 1* **4.53 Hannikainen** *Rural Dances, Op 39a* **5.08 Melartin** *Tuli fevat, tuli toivo (Aino)* **5.15 Hummel** *Rondo brillant in A, Op 56* **5.36 Purcell** *Timon of Athens, the Man-Hater, Z 632* **5.57 Sanz** *Suite española for guitar* **6.08 Chopin** *Rondo in C minor, Op 1* **6.17 Bruch** *Kol Nidrei, Op 47* (R)

Scala Radio

DAB scalaradio.co.uk

7.00am Charles Nove Music and features.
10.00 Penny Smith With requests at **12.00**.
1.00pm Sam Hughes With popular classical works.
4.00 Richard Allinson At **5.30 Classical Bangers**.
7.00 Mark Forrest At **8.00** the **Peaceful Piano** playlist.
10.00 The Space Soothing and calming music.
1.00am Night Music 5.00 In the Park

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912

6.00am The Everyday Hustle **7.00** Nikita Kanda **10.00** Certified **11.00** Haroon Rashid **2.00pm** Certified Throwbacks **3.00** Ankur Desai **6.00** Bobby Friction **8.00** Motivation **10.00** Chill **11.00** Asian Network News Presents **12.00** Shades On Mix **1.00am** Bobby Friction **3.00** Luton Town: No Place like Home **4.00** Noreen Khan

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast With Tim Lihoreau.
9.00 Alexander Armstrong Classical hits, starting with the **Classic Hall of Fame Hour**, featuring favourite pieces voted into the current Classic FM Top 300. At **10.15 Album of the Week**.
12.00 Anne-Marie Minhall
4.00pm Margherita Taylor Classic FM favourites.
7.00 Smooth Classics at Seven With Zeb Soanes.
10.00 Calm Classics With Ritula Shah.
1.00am Bill Overton 4.00 Lucy Coward

Absolute Radio

DAB absoluteradio.co.uk
Freeview 727 **Freesat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry **10.00** Leona Graham **1.00pm** Ben Burrell **4.00** Bush and Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1.00am** Dan Noble

Interested in **equity release?** Find out more with **Paul Lewis's FREE guide**

See **p151** for details

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News 5.30am, 6.00 and hourly to 12 midnight
Weather 5.56am, 6.07, 6.57, 7.57, 12.57pm, 5.57, 9.59, 12.30am
Shipping Forecasts 5.20am, 12.01pm (*LW*), 5.54pm (*LW*), 12.48am

5.30am News Briefing

5.43 Prayer for the Day
With the Rt Rev Mary Stallard, Bishop of Llandaff.

5.45 Farming Today Rural developments.

5.58 Tweet of the Day
Miranda Krestovnikoff introduces the sound of the Manx shearwater. (R)

6.00 Today
With Martha Kearney and Nick Robinson .

6.25, 7.25, 8.25 Sports News

7.48 Thought for the Day
With Dr Chetna Kang.

9.00 Start the Week
New series. **Homo Sapiens +/-.** Tom Sutcliffe is joined by Sebastian Faulks, Ludovic Slimak and Lauren Gunderson to explore the differences and connections between humans, Neanderthals and AI.
Producer Katy Hickman Shortened repeat 9.30pm

9.45 *FM* **Book of the Week: Material World**
1/5. **Sand.** By Ed Conway. A journey through the six materials used to build the world, beginning with sand. Despite received wisdom, much of the world is built on sand and is now transformed into the most advanced machines on the planet. But sand also played a surprising and fascinating role in the industrial revolution and even in increasing literacy rates. Read by John Hollingworth and abridged by Anna Magnusson.
Producer Naomi Walmsley Repeated 12.30am

9.45 *LW* **Daily Service**
All this week the Daily Service explores the ministry and mission of the most geographically spread and varied diocese of the Church of England, the Diocese in Europe. Today's service comes from St Edmund's Church, Oslo, led by the Rev Canon Joanna Udal.

10.00 Woman's Hour
Presented by Nuala McGovern.

11.00 The Gift
2/6. **Justice.** Jenny Kleeman uncovers extraordinary truths that emerge when people take at-home DNA tests. Here, a son is on a quest to learn more about his late father and ends up solving a mystery that has baffled US federal law enforcement for more than four decades.
Producer Conor Garrett; Executive producer Philip Sellars

11.30 Analysis
8/9. **Is There a New Elite?** Neil Maggs looks at who really determines the state of the nation – middle-class liberals or right-wing billionaires, oil barons and media tycoons.
Producer Jonathan l'Anson; Editor Clare Fordham (R)

12.04pm You and Yours
Reports on consumer affairs.

1.00 The World at One
Presented by Sarah Montague.

1.45 NatureBang
New series. *1/5.* **Chuckling Chimps and the Evolution of Laughter.** Becky Ripley and Emily Knight return with a new series of the programme in which they try to make sense of what it means to be human by looking to the natural world. Today they consider the giggles and guffaws of the animal kingdom to ask where human laughter has come from. From rats and parrots to elephants and their play-specific trumpet, what do these different species tell us about our own use of laughter?
Producer Becky Ripley and Emily Knight

2.00 The Archers Repeated from yesterday 7pm

2.15 Drama: Slow Air
By Dan Rebellato. A couple on honeymoon in 1991 whisper their hopes for their future in Sicily – only for the wife to die eight years later. In 2023, their daughter urges her father to revisit the site. Can he be persuaded?
Paul **Forbes Masson** Yvonne **Michelle Bonnard**
Penny **Ellie Turner** Michael/Aureliu/Gourmont
Susan/Laura/Zoe/ Assistant **Max Runham**
Sharan Phull
Producer Polly Thomas

3.00 Brain of Britain
6/17. Russell Davies tests quizzers from Downpatrick, Glasgow, Moreton-in-Marsh and Liverpool. Producer Paul Bajoria Rptd Saturday 11pm

3.30 The Food Programme
Repeated from yesterday 12.30pm

4.00 History's Secret Heroes
4/9. **George Takei and the American Internment Camps.** Helena Bonham Carter shares a story from George Takei's childhood about how he and his family, along with 120,000 other Japanese Americans, were removed from their homes and imprisoned without trial in the aftermath of the attack on Pearl Harbor. Producer Amie Liebowitz (R)

4.30 Beyond Belief
6/8. In 1993 Michael Emmett was sentenced to 12 years in prison. It was there that he had a radical transformation. After a difficult night, alone in his cell, he opened the Bible and began to read. Aleem Maqbool talks to Michael about his conversion to Christianity, and about how religious beliefs can have an impact on prisoners. Producer Katharine Longworth

5.00 PM
With Evan Davies.

6.00 Six o'Clock News

6.30 Paul Sinha's Perfect Pub Quiz
3/10. Comedian and quizzer Paul Sinha tests an Andover audience on Hampshire trivia, from bridges to flavourless fish, and gets questioned in return on Pokémon, scallops and boxers.
Producer Ed Morrish Repeated Sunday 12.04pm

7.00 The Archers
Fallon makes her position clear and Ruth has major reservations.
For cast see Friday Repeated tomorrow 2pm

7.15 Front Row
Poet Daljit Nagra joins Samira Ahmed to discuss his new poetry collection, *Indiom*, and South African singer/songwriter Alice Phoebe Lou performs live.
Producer Corinna Jones

8.00 24 Hours in Snapchat
Documentary about the instant messaging app, 2023's fastest-growing social media platform. Repeated Wednesday 11am

8.30 Crossing Continents
8/9. **Missing in Syria.** According to the UN, 100,000 Syrians have been detained or have disappeared since the beginning of the uprising 12 years ago and the civil war that followed. Most of their families have no idea where they are or whether they are alive or dead. Many are paying thousands of dollars for information which almost always comes to nothing. Lina Sinjab reports from Turkey and Beirut, where she has been talking to Syrian refugees about the desperate measures they will go to in the search for their missing relatives. Repeated from Thursday

9.00 The Archbishop Interviews
4/6. The Archbishop of Canterbury has a deep conversation with songwriter, poet and author Nick Cave. Repeated from Tuesday

9.30 Start the Week Shortened repeat from 9am

10.00 The World Tonight
Presented by James Coomarasamy.

10.45 Book at Bedtime: The Secret Hours
RT *1/10.* Thriller by Mick Herron. Max Janacek is about to have his peaceful Devon retirement violently shattered. Who holds a grudge against the retired academic? And what could possibly link him to a long-running inquiry into historical over-reaching by the British Secret Service? Read by Nina Sosanya and abridged by Eileen Horne.
Producer Eilidh McCreadie
Your RT Books: page 140

11.00 Sound Towns
1/4. **Newport.** The origin stories of some of the UK's most vital musical movements and the towns behind them. The series begins with a look at how the late-1990s Cool Cymru scene that produced bands such as Catatonia, Super Furry Animals and Gorky's Zygotic Mynci had its roots in the DIY scene of Newport, leading a *New York Times* critic to claim the Gwent town was "the new Seattle".
Producer Victoria McArthur (R)

11.30 Today in Parliament

12.00 News and Weather

12.30–12.45am Book of the Week: Material World Repeated from 9.45am (*FM only*)

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910

6.00am The Three Musketeers (5/6)
6.30 Death Speaks Another Language (2/6)
7.00 How to Find Home as 5pm
7.15 Hester 1883 novel by Margaret Oliphant (1/5)
7.30 Alexei Sayle's Imaginary Sandwich Bar (1/4)
8.00 Stop Messing About! 1969 camp comedy
8.30 Semi Circles 1982 comedy (1/6)
9.00 It's Your Round Comedy panel show (1/6)
9.30 Alison and Maud 2004 sitcom (5/6)
10.00 Indiana as 3pm
11.00 The Three Musketeers (5/6)
11.30 Death Speaks Another Language (2/6)
12.00 How to Find Home as 5pm
12.15pm Hester as 5.15pm
12.30 Alexei Sayle's Imaginary Sandwich Bar
1.00 Stop Messing About! 1969 camp comedy
1.30 Semi Circles 1982 comedy (1/6)
2.00 It's Your Round Comedy panel show (1/6)
2.30 Alison and Maud 2004 sitcom (5/6)
3.00 Indiana Dramatisation by Winsome Pinnock of the 1832 novel by George Sand (Amantine Dupin), about a young Creole who is pushed into a loveless marriage but falls for handsome, frivolous Raymon. With Helen Longworth, Paul Rhys and Philip Voss (1/2)
4.00 The Three Musketeers (5/6)
4.30 Death Speaks Another Language (2/6)
5.00 How to Find Home By Mahsuda Snaith. Molly has lived on the streets of Nottingham since she was a teenager. When she is drawn towards an intense young man at a party, she agrees to travel across Britain with him. Abridged by Sian Preece and read by Anjli Mohindra. From 2019 (1/10)
5.15 Hester 1883 novel by Margaret Oliphant (1/5)
5.30 Alexei Sayle's Imaginary Sandwich Bar (1/4)
6.00 Stop Messing About! 1969 camp comedy
6.30 Semi Circles 1982 comedy (1/6)
7.00 It's Your Round Comedy panel show (1/6)
7.30 Alison and Maud 2004 sitcom (5/6)
8.00 Radiolab How the analogue world of the cassette tape helped to create the internet (3/8)
8.55 Inheritance Tracks With Jools Holland
9.00 Mastertapes Donovan talks about his 1966 album *Sunshine Superman* (1/2)
9.30 The Long Drop Denise Mina's reimagining of the events leading to the trial of serial killer Peter Manuel in 1950s Glasgow (1/10)
9.45 The Dead Hour Denise Mina's novel (1/10)
10.00–12.00 Comedy Club: Paul Sinha's Perfect Pub Quiz (2/10), at **10.30 Small Scenes** (2/4), at **11.00 The News Quiz** (2/8), and at **11.30 Lee and Herring's Fist of Fun** (3/6)
12.00 as 3pm **1.00am** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 5.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 6.30pm **4.00** as 7pm **4.30** as 7.30pm **5.00 Indiana** (2/2)

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am Newsday **8.00** News **8.05** Hardtalk **8.30** Business Daily **8.50** Witness History: the collapse of the Rana Plaza building in Bangladesh in 2013, which killed more than 1,000 people **9.00** The Newsroom **9.30** Crowd Science **10.00** News **10.05** The History Hour **11.00** The Newsroom **11.30** The Conversation: Kim Chakanetsa talks to female music managers Kei Henderson and Amy Morgan **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom **1.30** Crowd Science: **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.05** From Our Own Correspondent **8.30** Metamorphosis: Erica McAlister focuses on blowflies **9.00** Newshour **10.00** News **10.05** Hardtalk **10.30** The Conversation **11.00** The Newsroom **11.20** Sports News **11.30** World Business Report **12.00** News **12.05am** The History Hour **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** The Documentary **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** In the Studio: with Portuguese artist Vhils

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908
News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am Wake Up to Money
Fiscal news, reports and analysis.

6.00 5 Live Breakfast With Clare McDonnell and Chris Warburton.

9.00 Nicky Campbell
Topical discussions, big-name interviews and listeners' calls.
Simulcast with BBC2

11.00 Naga Munchetty
With the latest news, big-name interviews from around the UK and listeners' personal experiences.

1.00pm Nihal Arthanayake
News and topical conversation including big-name interviews.

4.00 5 Live Drive
Tony Livesey and Clare McDonnell with the latest news and sport. Plus interviews linked to topical and cultural issues.

7.00 5 Live Sport
Mark Chapman with sports news, debate and features, including at **7.00 The Monday Night Club**, in which he's joined by Chris Sutton, Shay Given and Rory Smith to discuss the weekend's football. Plus updates from Nottingham Forest v Burnley. And at **9.00 Rugby World Cup**, in which Mark Chapman and guests review week two of the tournament in France.

10.00 Colin Murray
Topical discussion. Plus regular features, including at **12.00 Monday Night Fan Club**, with experts discussing in depth a favourite hobby or interest declared by a listener, who also features.

1.00am Dotun Adebayo
News and topical discussion, with a phone-in throughout the night.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am Talksport Breakfast
A breakfast buffet of sport.

10.00 Jim White and Simon Jordan Sporting insight.

1.00pm Hawksbee and Jacobs
Paul Hawksbee and Andy Jacobs with sports news, guests and more.

4.00 Talksport Drive Andy Goldstein and Darren Bent with opinionated sports debate.

7.00 Premier League Football
Commentary on Nottingham Forest v Burnley from the City Ground (kick-off **7.45**).

10.00 Sports Bar Reaction, analysis and listeners' chance to have their say on the day's sport.

1.00am Extra Time Topical discussion, with a phone-in throughout the night.

5.00 Early Breakfast

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale **10.00** Ben Kentish **1.00am** Richard Spurr **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio
5.00am Rosie Wright **6.00** Aasmah Mir and Stig Abell **10.00** Matt Chorley **1.00pm** Mariella Frostrup **3.00** Jane Garvey and Fi Glover **5.00** John Pienaar **7.00** Pienaar and Friends **8.00** The Evening Edition with Kait Borsay **10.00** Carole Walker **1.00am** Stories of Our Times **1.30** Red Box **2.00** Highlights

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

TODAY'S CHOICES

The Documentary: Cricket and the Maidens

9.30am/8.05pm
BBC World Service

Nowhere has women's cricket taken off like it has in India, bringing its top players wealth and status that many professional sportsmen can only dream of. As a result, a star like the recently retired Mithali Raj (above) is able to say that "emotionally and financially I don't have to depend on a man". But Raj's single status – and that of many of her peers at the top of the Indian women's game – flies in the face of societal norms in a country where women who are unmarried remain second-class citizens. In this fascinating documentary, cricket writer Emma John explores this tension. **SIMON O'HAGAN**

The Great Replacement

8.00pm ***Radio 4***

The notion of the Great Replacement originated in France in 2010 and played on fears that the indigenous French were being demographically and culturally replaced by non-white people. Now this idea is gaining traction elsewhere – notably in the anti-immigrant rhetoric of far-right terrorists and white supremacists. Terrorism expert Raffaello Pantucci examines whether the Great Replacement is only an insidious conspiracy theory or if it's tapping into genuine concerns about the impact of immigration on local communities, as was indicated during the Brexit process. **JEREMY ASPINALL**

THIS WEEK'S HIGHLIGHTS See p119

Crossing the Cuillin Mountains

4.00pm ***Radio 4***

A mountain odyssey with nature writer Robert Macfarlane.

GETTY

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

7.00am Greg James **10.30** Rickie, Melvin and Charlie **1.00pm** Dean and Vicky **3.30** Vick and Jordan **6.00** Future Sounds **8.00** Future Artists **10.00** Power Down Playlist **11.00** Annie Nightingale **1.00am** Drum 'n' Bass Mix **2.00** Workout Anthems **3.00** Relax **4.00** Dance **5.00** Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.30am Zoe Ball

9.30 Vernon Kay
Including at **11.40 Tracks of My Years**, with Tess Daly discussing two more of her favourite records.

12.00 Jeremy Vine Topical show.

2.00pm Scott Mills
Neighbours actors Alan Fletcher (Karl Kennedy), Rebekah Elmaloglou (Terese Willis) and Stefan Dennis (Paul Robinson) are in the studio to discuss the return of the Austrialian soap on Amazon Freevee. **See pp40, 144**

4.00 Sara Cox

7.00 Jo Whiley

9.00 The Jazz Show with Jamie Cullum

10.00 Rhythm Nation

12.00 OJ Borg

3.00am Dance Sounds of the 90s with Vernon Kay A themed playlist. (R)

4.00 Wynne Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Lauren Laverne

10.30 Mary Anne Hobbs

1.00pm Chris Hawkins

4.00 Steve Lamacq New music.

7.00 New Music Fix Daily With Tom Ravenscroft and Deb Grant, today including a live set from Bex Burch, band leader of London jazz act Vula Viel.

9.00 6 Music Artist in Residence *2/8.* Johnny Marr with music picks.

10.00 Riley and Coe Featuring a live session from New York singer/songwriter Margaret Glaspy.

12.00 6 Music's Indie Forever

1.00am The Ardent Studios Story
A celebration of little-known Memphis label Ardent Records, started in 1959 by John Fry and known for both the quality of its studios and its eclectic artist roster, including Led Zeppelin, Sam and Dave, James Taylor, REM, the Staple Singers, Leon Russell and Bob Dylan. From 2015

2.00 Way Down South: the Muscle Shoals Story Craig Charles with the story of southern soul as developed in Muscle Shoals, Alabama by FAME Studios and by the Muscle Shoals Sound Studio.

3.00 Live Hour Art Brut live at Summer Sundae in 2005, plus sessions by No Age (in 2013) and Roy Carrier and the Zydeco Nightrockers (in 1995).

4.00 The 6 Music Playlist

5.00 Huw Stephens

Greatest Hits

DAB greatesthitsradio.co.uk
F'view 716 **Sky** 0151 *Regional variations on FM/MW*

6.00am Rossie **10.00** Ken Bruce **1.00pm** Debbie Mac **4.00** Simon Mayo **7.00** Jackie Brambles **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

Boom Radio

DAB boomradio.co.uk

6.00am Andy Marriott **7.30** Graham Dene **10.00** Rob Jones **12.00** David Hamilton **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour **9.00** David Hamilton **10.00** Diana Luke **12.00** Derek Webster **2.00am** More Music

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday

6.30am Breakfast
On the banks of Strangford Lough, Petroc Trelawny showcases the rich wildlife and fauna present at Castle Espie Wetland Reserve, with live music and poetry reflecting the natural beauty of the site.

9.00 Essential Classics With Georgia Mann.

12.00 Composer of the Week: Frescobaldi and Musical Spectacle in Baroque Rome *2/5.* **Outside Influences: Flanders.** Donald Macleod is joined by Robert Quinney to look at Frescobaldi's life after leaving his home of Ferrara. Arriving in Rome, he was soon travelling across Europe, trying to make a name for himself.
Frescobaldi *Canzon terza (Toccate e partite d'intavolatura, Book 2)* Philadelphia Brass, New England Brass Ensemble, Cleveland Brass Ensemble, Chicago Brass Quintet, conductor E Power Biggs
Partite sopra L'aria della Romanesca (Toccate e partite d'intavolatura, Book 1) Silvia Rambaldi (harpsichord)
P Philips *Salve Regina* Gonville and Caius College Choir, Cambridge, In Echo, director Matthew Martin
Byrd *Pavana; Galliard (The Fitzwilliam Virginal Book)* Pieter-Jan Belder (harpsichord)
Frescobaldi *Giunt'e pur lidia il mio; S'io miro in te, m'uccidi (Il primo libro de madrigali)*
Modo Antiquo, director Bettina Hoffmann
Toccata ottava (Toccate e partite d'intavolatura di cimbalo et organo, Book 1)
Sergio Vartolo (harpsichord)
Vanne o carta amorosa (Arie musicali, Book 2)
James Bowman (countertenor), Jay Bernfeld (viol), Skip Sempé (harpsichord)

1.00pm Radio 3 Lunchtime Concert
John Toal introduces first of this week's recital performances from Northern Ireland Opera's 13th Glenarm Festival of Voice, recorded last month at St Patrick's Church of Ireland in Glenarm, Antrim. Pianist Simon Lepper has curated this year's programme of works associated with the salons of women composers, starting with Fanny Mendelssohn.
Beethoven *An die Ferne Geliebte, Op 98*
James Atkinson (baritone), Simon Lepper (piano)
Schumann *Der arme Peter, Op 53 No 3*
Fanny Mendelssohn *Italien; Das Heimweh*
Felix Mendelssohn *Reiselied Op 34 No 6; Sanft weh'n im Hauch der Abendluft; Hexenlied*
Robin Tritschler (tenor), Simon Lepper (piano)
Gluck *Che faro senza Euridice (Orfeo ed Euridice)*
Kinkel *Open the Door, Lord Gregory*
Fanny Mendelssohn *Mélodie, Op 2 No 4; Byron Songs* Marta Fontanals-Simmons (mezzo), Simon Lepper (piano)

2.00 Afternoon Concert
Ian Skelly with more from the Ulster Orchestra and the first of this week's performances featuring Nordic folk trio Dreamers' Circus.
Mozart *Overture: The Magic Flute* Frankfurt Radio Symphony Orchestra, conductor Tarmo Peltokoski
Walker *Icarus in Orbit* Frankfurt Radio Symphony Orchestra, conductor Hugh Wolff
Dvorak *Carnival Overture*
BBC Philharmonic, conductor Vassily Sinaisky
Ale Carr *Bridge of Tears* Dreamers' Circus, Aarhus Symphony Orchestra, conductor Christian Oland
Verdi *E strano!... Ah, fors'e lui (La traviata)*
Julia Muzychenko-Greenhalgh (soprano), Opera Ballet Vlaanderen Symphony Orchestra, conductor Alejo Pérez
Beethoven *Piano Sonata No 14 in C sharp minor (Moonlight)* Khatia Buniatishvili
3.00 Vaughan Williams *Symphony No 5*
Ulster Orchestra, conductor Jamie Phillips
Trad Danish *Folk medley* Dreamers' Circus
4.00 Mozart *Violin Concerto No 1 in B flat, K207*
BBC National Orchestra of Wales, director Rachel Podger (violin) See tomorrow 5pm
Bach *Sinfonia (Cantata No 174: Ich liebe den Höchsten von ganzem Gemüte)* Bach Collegium Japan, conductor Masaaki Suzuki

5.00 In Tune
Sean Rafferty's guests include choreographer, director and Lost Dog co-founder Ben Duke.

7.00 Classical Mixtape Nonstop music.

7.30 Radio 3 in Concert
In the first of three evenings of concerts from the Salzburg Festival, a performance ofBruckner's Seventh Symphony and two of Verdi's sacred works, recorded on 15 August at the Grosses Festspielhaus. Presented by Georgia Mann.
Vienna Philharmonic, conductor Riccardo Muti
Verdi *Stabat Mater; Te Deum (Quattro Pezzi sacri)*
Vienna State Opera Chorus Concert Association

8.00 Interval A recording by Igor Levit of Zoltan Kocsis's piano arrangement of the Prelude from Wagner's *Tristan und Isolde*.

8.20 Bruckner *Symphony No 7 in E*

10.00 Free Thinking
In 1816 Richard Fitzwilliam donated money, literature and art to the University of Cambridge, and the museum which bears his name began. New Generation Thinker Jake Subryan Richards leads a project that has been exploring Cambridge's role in the transatlantic slave trade, and he has curated an exhibition at the Fitzwilliam. Chris Harding is joined in discussion by Richards, artist and writer Jacqueline Bishop – who features in this show – and April-Louise Pennant, who has been researching the history of Penrhyn Castle in Wales.
Producer Ruth Watts

10.45 The Essay: Unearthing Britannia's Tribes
7/15. **The Maeatae.** Playwright David Greig describes encountering a ghost of the Maeatae tribe during a starlit run in Scotland's Ochil Hills.
Producer Ellie Bury (R)

11.00 Night Tracks With Sara Mohr-Pietsch.

12.30am Through the Night With John Shea.
Sibelius *Finlandia, Op 26* **Beethoven** *Violin Concerto in D, Op 61* **Dvorak** *Symphony No 8 in G* Pinchas Zukerman (violin), German Radio Philharmonic Orchestra, conductor Pietari Inkinen **1.59 Machaut** *Messe de Nostre Dame* **2.31 Bach** *Cello Suite No 2 in D minor, BWV1008* **2.50 Hindemith** *Symphonic Metamorphosis of Themes by Carl Maria von Weber* **3.12 Mozart** *Piano Quartet in G minor, K478* **3.36 Purcell** *Trumpet Suite in C* **3.44 Rossini** *Overture: William Tell* **3.55 Handel** *Aure, deh, per pieta (Giulio Cesare)* **4.03 Lipatti** *Sonatina for Left Hand* **4.13 Zelenka** *Simphonie a 8 concertanti in A minor, ZWV 189 (1st mvt)* **4.21 Duruflé** *Quatre motets sur des thèmes grégoriens, Op 10* **4.31 Gabrieli** *Sento, sent'un rumor* **4.35 Wolf** *Intermezzo in E flat for string quartet* **4.46 Sweelinck** *Fantasia in G minor (Fitzwilliam Virginal Book)* **4.57 Haydn** *Divertimento in B flat, H II 46* **5.07 Wassenaer** *Concerto armonico No 5 in F minor* **5.18 Liszt** *Hungarian Rhapsody in C sharp minor, S244 No 12* **5.27 Spain-Dunk** *Stonehenge* **5.47 Telemann** *Suite in D, TWV.55:D18* **6.09 Fauré** *Cello Sonata No 2 in G minor, Op 117*

Scala Radio

DAB scalaradio.co.uk

7.00am Charles Nove Music and features.

10.00 Penny Smith Including at **11.30** a guest from the arts and entertainment world. Plus listeners' requests from **12.00**.

1.00pm Sam Hughes With popular classical works.

4.00 Richard Allinson Music and features.

7.00 Mark Forrest At **8.00** the **Peaceful Piano** playlist.

10.00 The Space Soothing and calming music.

1.00am Night Music 5.00 In the Park

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912

6.00am Chill **7.00** Breakfast **10.00** Certified **11.00** Haroon Rashid **2.00pm** Certified Throwbacks **3.00** Ankur Desai **6.00** Bobby Friction **8.00** BBC Introducing **10.00** All Star Anthems **11.00** Celebrates **12.00** Ankur Desai **1.00am** Bobby Friction **3.00** DJ Limelight and Kan D Man **4.45** Hype on the Mic **5.00** News Presents

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast With Tim Lihoreau.

9.00 Alexander Armstrong

12.00 Anne-Marie Minhall With requests from **12.00** and the **Hall of Fame** at **3.00**, featuring three works from the current Classic Hall of Fame Top 300.
Text requests on 61812 or via the website at ClassicFM.com

4.00pm Margherita Taylor Classic FM favourites,

7.00 Smooth Classics at Seven With Zeb Soanes.

10.00 Calm Classics With Ritula Shah.

1.00am Bill Overton Music for late-night listening.

4.00 Lucy Coward With the **Dawn Chorus** at **5.15**.

Absolute Radio

DAB absoluteradio.co.uk
Freeview 727 **Freesat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry **10.00** Leona Graham **1.00pm** Ben Burrell **4.00** Bush and Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1.00am** Dan Noble

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BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)

News, weather and **shipping forecasts** as yesterday; no weather at 5.56am

5.30am News Briefing

5.43 Prayer for the Day
With the Rt Rev Mary Stallard, Bishop of Llandaff.

5.45 Farming Today Rural developments.

5.58 Tweet of the Day
Steve Backshall introduces the cirl bunting. (R)

6.00 Today
With Mishal Husain and Nick Robinson.

6.25, 7.25, 8.25 Sports News

6.45 Yesterday in Parliament

7.48 Thought for the Day
With Professor Tina Beattie.

8.31 *LW* **Yesterday in Parliament**

9.00 The Life Scientific
7/7. Jim Al-Khalili is joined by Alexandre Antonelli, the director of science at the Royal Botanic Gardens, Kew and a professor in biodiversity and systematics at the University of Gothenburg in Sweden.
Producer Lucy Taylor Repeated 9.30pm

9.30 One to One
7/7. Nikki Bedi explores her love of *The Real Housewives* reality series with a fellow super-fan. The pair discuss what the series tells them about themselves, the portrayal of women on TV, and human notions of race, class, aspiration and wealth. Producer Toby Field

9.45 *FM* **Book of the Week: Material World**
2/5. **Salt.** By Ed Conway. The surprising political power of salt through history and the role it has in saving not just dinner, but lives. Read by John Hollingworth.
For details see yesterday Repeated 12.30am

9.45 *LW* **Daily Service**
All this week the Daily Service explores the ministry and mission of the most geographically spread and varied diocese of the Church of England, the Diocese in Europe. Today's service comes from St Nicholas' Anglican Church, Helsinki, and is led by the Rev Tuomas Mäkipää.

10.00 Woman's Hour
Presented by Nuala McGovern.

11.00 The Archbishop Interviews
5/6. Justin Welby in a conversation with actor Gabriel Byrne about personal beliefs.
Producer Dan Tierney Repeated Monday 9pm (R)

11.30 Three Faces of WH Auden
2/3. In the second of his three programmes marking the 50th anniversary of the death of WH Auden, Michael Symmons Roberts considers the role of religion and faith in the poet's life and work. Contributors include former Archbishop of Canterbury Rowan Williams, archdeacon (and poet) Rachel Mann, poet Zaffar Kunial, and Auden scholar Katherine Bucknell. Producer Geoff Bird

12.04pm Call You and Yours
Presented by Winifred Robinson.
PHONE: 0370 010 0444 (Lines open from 10am)
EMAIL: youandyours@bbc.co.uk

1.00 The World at One
Presented by Sarah Montague.

1.45 NatureBang
2/5. **Killer Whales and the Mystery of the Menopause.** Becky Ripley and Emily Knight investigate the menopause and why it occurs only in humans and a few species of whale. With contributions from Darren Croft, professor of animal behaviour at the University of Exeter, and Brenna Hassett, biological anthropologist at UCL and author of *Growing Up Human*.
For details see yesterday

2.00 The Archers Repeated from yesterday 7pm

2.15 Drama: This Thing of Darkness
6/7. By Lucia Haynes with Anita Vettesse, with monologues by Eileen Horne. Having realised Sarah poses an immediate threat to Paul's family, Alex has to find a way to tell Paul she has betrayed his trust. All episodes are available on BBC Sounds.

Alex	**Lolita Chakrabarti**	Sarah	**Melody Grove**
Ros	**Lois Chimimba**	Paul	**Robert Jack**

Director Kirsty Williams (R)

3.00 Short Cuts
New series. 1/9. Josie Long presents short documentaries and adventures in sound that invite the listener to participate.
Producer Eleanor McDowall

3.30 Bacteria: the Tiny Giants
Repeated from Sunday 1.30pm

4.00 Crossing the Cuillin Mountains
RT ***1/2.*** **The Compass.** Writer Robert Macfarlane crosses the Cuillin Ridge on the Isle of Skye on the 20th anniversary of his first book *Mountains of the Mind* in which he tries to understand the human fascination with mountains. **See choice: p119.**
Producer Helen Needham

4.30 Great Lives
8/9. Musician and founder of the Chineke! orchestra Chi-chi Nwanoku picks the American singer Jessye Norman, who became a global star of opera. Joined in conversation by presenter Matthew Parris, the pair explore some of Norman's work and recordings, and her views on what it means to be a black woman in classical music.
Producer Toby Field Repeated Thursday 11.30am

5.00 PM Presented by Evan Davies.

6.00 Six o'Clock News

6.30 Suggs: Love Letters to London
3/4. In the third programme in a series entirely recorded in front of live audiences at Hoxton Hall in east London, Madness frontman Graham McPherson – better known as Suggs – is joined in conversation by singer and musician Boy George and together they reminisce about the north London area of Hampstead. Director Owen Lewis (R)

7.00 The Archers
Vince makes a surprising offer and Emma attempts to maintain her position.
For cast see Friday Repeated tomorrow 2pm

7.15 Front Row
A round-up of news, reviews and interviews from the worlds of art, literature, film and music. Tonight: What's the economic contribution of the British fashion industry? As a new exhibition marking 30 years of London fashion innovation opens, Tom Sutcliffe hears about the industry's future.
Producer Emma Wallace

8.00 The Great Replacement
RT Terrorism expert Raffaello Pantucci explores the roots and influence of the "Great Replacement" conspiracy theory, which fuels white supremacist ideology around the world today.
Producer Jim Frank; Editor Richard Fenton-Smith
Repeated Sunday 5pm

8.40 In Touch
Peter White with news and features for people who are blind or partially sighted.
Producer Pete Wilson

9.00 Inside Health
New series. 1/6. Weekly quest to demystify health issues, separating fact from fiction and shedding light on scientific research.
Repeated tomorrow 3.30pm

9.30 The Life Scientific
Repeated from 9am

10.00 The World Tonight
Presented by James Coomarasamy.

10.45 Book at Bedtime: The Secret Hours
2/10. By Mick Herron. Two years after it was set up to fail, the Monochrome Inquiry into the Secret Service continues, but things shift when a new witness emerges. Read by Nina Sosanya. For details see yesterday

11.00 Call Jonathan Pie
5/10. **Online.** Under his agent's advice, Pie decides to join social media to gain a younger fanbase but he quickly falls victim to a troll, the mysterious Mr O. Roger asks Sam to help him clean up his work laptop but he gets more information than he wanted.

Jonathan Pie	**Tom Walker**	Voiceovers	
Jules	**Lucy Pearman**		**Bob Sinfield, Rob Curling**
Sam	**Aqib Khan**	Callers	**Cole Anderson-James,**
Roger	**Nick Revell**		**Sarah Gabriel, Ed Kear,**
Agent	**Daniel Abelson**		**Thanyia Moore**

Producers Alison Vernon-Smith and Julian Mayers

11.30 Today in Parliament
News, views and analysis of the day's business in Westminster.

12.00 News and Weather

12.30–12.45am Book of the Week: Material World
Repeated from 9.45am (*FM only*)

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910

6.00am The Three Musketeers as 4pm
6.30 Death Speaks Another Language (3/6)
7.00 How to Find Home By Mahsuda Snaith (2/10)
7.15 Hester as 5.15pm
7.30 Showstopper Comedy (2/6)
8.00 The Goon Show 1959 comedy
8.30 Little Blighty on the Down Soap (5/5)
9.00 The Motion Show Comedy debates (2/6)
9.30 On Baby Street as 7.30pm
10.00 Indiana 1832 novel by George Sand (1/2)
11.00 The Three Musketeers as 4pm
11.30 Death Speaks Another Language Thriller by Peter Ling. A French student on-the-run in England has to take drastic measures. From 1969 (3/6)
12.00 How to Find Home as 5pm
12.15pm Hester as 5.15pm
12.30 Showstopper Comedy (2/6)
1.00 The Goon Show 1959 comedy
1.30 Little Blighty on the Down Soap (5/5)
2.00 The Motion Show Comedy debates (2/6)
2.30 On Baby Street as 7.30pm
3.00 Indiana 1832 novel by George Sand (1/2)
4.00 The Three Musketeers Dramatisation by James Saunders of the 1844 swashbuckling tale by Alexandre Dumas. With Jamie Glover, Robert Glenister, Timothy Spall and Anton Lesser (6/6)
4.30 Death Speaks Another Language (3/6)
5.00 How to Find Home By Mahsuda Snaith (2/10)
5.15 Hester Dramatisation by Kate Clanchy and Zena Forster of the 1883 comic novel by British writer Margaret Oliphant, starring Penelope Wilton as a woman who, having been snubbed and discarded in marriage, decides to take the radical step of running a bank. From 2013 (2/5)
5.30 Showstopper Comedy (2/6)
6.00 The Goon Show 1959 comedy
6.30 Little Blighty on the Down Soap (5/5)
7.00 The Motion Show Comedy debates (2/6)
7.30 On Baby Street Jenny Eclair and Julie Balloo star in their own comedy drama (1/5)
8.00 TED Radio Hour With Manoush Zomorodi
8.50 Inheritance Tracks Andrew Lloyd Webber discusses favourite works. From 2021
9.00 Mastertapes Donovan answers queries about the LP *Sunshine Superman* and performs songs (2/2)
9.30 The Long Drop By Denise Mina (2/10)
9.45 The Dead Hour Crime tale by Denise Mina (2/10)
10.00–12.00 Comedy Club: Suggs: Love Letters to London (2/4), at **10.30 Cliche**, at **11.00 Meet David Sedaris** (4/6), and at **11.30 Think the Unthinkable** (6/6)
12.00 as 3pm **1.00am** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 5.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 6.30pm **4.00** as 7pm **4.30** as 7.30pm **5.00 Westwood** as tomorrow 4pm

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906

Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am Newsday **8.00** News **8.05** People Fixing the World **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30 CHOICE:** The Documentary: Cricket and the Maidens: the single women cricketers challenging the expectations of marriage in India **10.00** News **10.05** The Arts Hour on Tour in Taipei **11.00** The Newsroom **11.30** In the Studio: artist Vhils creates a mural for the Unesco headquarters **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom **1.30** Metamorphosis: Blowflies and Dazzling Disguise **2.00** Newshour **3.00** News **3.05** People Fixing the World **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05 CHOICE:** The Documentary: Cricket and the Maidens **8.30** Tech Life **9.00** Newshour **10.05** People Fixing the World **10.30** In the Studio **11.00** The Newsroom **11.20** Sports News **11.30** World Business Report **12.00** News **12.05am** The Arts Hour **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** The Climate Question **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** The Documentary

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0131 **Virgin** 908

News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am Wake Up to Money
Fiscal news, reports and analysis.

6.00 5 Live Breakfast With Rachel Burden and Rick Edwards.

9.00 Nicky Campbell
Topical discussion with a phone-in.
Simulcast with BBC2

11.00 Naga Munchetty
With the latest news, big-name interviews from around the UK and listeners' personal experiences.

1.00pm Nihal Arthanayake
News, big-name interviews and topical conversation.

4.00 5 Live Drive
Tony Livesey and Clare McDonnell with the latest news and sport.

5.30 5 Live Sport
Kelly Cates with sports news and build-up to the **5.45** commentary on AC Milan v Newcastle United in the Champions League, followed at **8.00** by Manchester City v Red Star Belgrade.

10.30 Colin Murray
Vital topical discussion. Plus features, including at **11.00 The Big News Hour** – an in-depth look at a big news story – and at **12.00 Midnight Meets**, in which Colin sits down with notable guests to find out what makes them tick.

1.00am Dotun Adebayo
News and topical discussion.

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

10.25am–6.30pm Cricket
Kevin Howells presents commentary from the County Championship.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am Talksport Breakfast

10.00 Jim White and Simon Jordan Sporting insight.

1.00pm Hawksbee and Baker
Paul Hawksbee and Charlie Baker with sports news, guests and more.

4.00 Champions League Football AC Milan v Newcastle United (kick-off **5.45**).

10.00 Sports Bar Reaction, analysis and the chance for listeners to have a say on the day's sport.

12.00 Extra Time

5.00am Early Breakfast

Talksport 2

DAB talksport.co.uk

7.00–10.00pm Champions League Football Feyenoord v Celtic (kick-off **8.00**).

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale **10.00** Ben Kentish **1.00am** Richard Spurr **4.00** Ian Payne

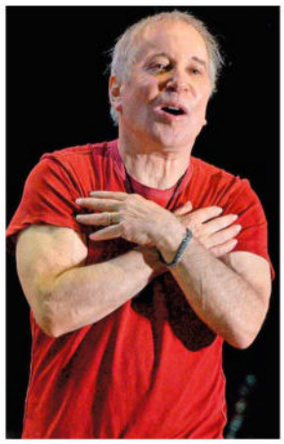
Times Radio

DAB thetimes.co.uk/radio
5.00am Rosie Wright **6.00** Aasmah Mir and Stig Abell **10.00** Matt Chorley **1.00pm** Mariella Frostrup **3.00** Jane Garvey and Fi Glover **5.00** John Pienaar **7.00** Pienaar and Friends **8.00** The Evening Edition with Kait Borsay **10.00** Carole Walker **1.00am** Stories of Our Times **1.30** Red Box **2.00** Highlights

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

TODAY'S CHOICES



The Folk Show with Mark Radcliffe

9.00pm ***Radio 2***

Paul Simon (above) recorded his first BBC radio session back in 1965 when he was 23. Now, at 81, he's released his 15th solo album, the song cycle *Seven Psalms*, widely admired as the musician's testament. Speaking in New York to Mark Radcliffe in what is a considerable coup for Radio 2, Simon talks about his youth – much of it spent in the UK – and this late career highlight. We hear some of that 1965 session and also about a current exhibition in London by artist Charlie Mackesy, which is inspired by *Seven Psalms*.

DAVID McGILLIVRAY

Free Thinking

10.00pm ***Radio 3***

We are rapidly approaching the next manned landing on the Moon. After India's *Chandrayaan-3* arrived there in August, the next major mission is likely to be Nasa's *Artemis II* programme, which will take a four-person crew around the Moon and back to Earth next year. The time has come to ask again the biggest question – why? It's no longer a matter of who's going to be first. So is the current rationale that future generations will live on the Moon and other planets? Cultural historian Christopher Harding solicits theories from across the board – not only from lecturer Timothy Peacock and *Doctor Who* novelist Una McCormack, but – perhaps most intriguingly – a "visionary." **DAVID McGILLIVRAY**

THIS WEEK'S HIGHLIGHTS See p118

Drama: You Must Listen

2.15pm ***Radio 4***

A new production of a lost 1952 radio drama by Nigel Kneale, starring Toby Jones.

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

7.00am Greg James **10.30** Rickie, Melvin and Charlie **1.00pm** Dean and Vicky **3.30** Vick and Jordan **6.00** Future Sounds **8.00** Future Artists **10.00** Power Down Playlist **11.00** Benji B **1.00am** Dance Anthems **2.00** The Interview **2.15** Playlists **2.30** Six Degrees from Jamie and Spencer **3.00** Relax **4.00** Dance **5.00** Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.30am Zoe Ball
9.30 Vernon Kay
Music, chat and features, including at **11.40 Tracks of My Years**, with two more picks from Tess Daly.
12.00 Jeremy Vine
2.00pm Scott Mills
4.00 Sara Cox
7.00 Jo Whiley
9.00 The Folk Show with Mark Radcliffe
RT An interview with Paul Simon (now 81) in New York. The genre-straddling singer/songwriter recalls his mid-1960s pre-fame experiences on the British folk circuit and his new album, *Seven Psalms*, a seamless song cycle that evolves across one 33-minute track. He also talks about mortality, creativity and spirituality, and about collaborating with wife Edie Brickell and with vocal act Voces8. Plus a rare chance to hear Simon in 1965 in his first BBC radio session, which he recalls in detail.
10.00 Rhythm Nation
12.00 OJ Borg
3.00am Radio 2 in the Park Live Sets Highlights from last Saturday's stage sets in Leicester, starting with Busted, then at **3.30** Beverley Knight.
4.00 Wynne Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Gemma Cairney
10.30 Mary Anne Hobbs Slipknot frontman Corey Taylor discusses his new solo studio album, *CMF2*.
1.00pm Chris Hawkins
4.00 Steve Lamacq
7.00 New Music Fix Daily
9.00 6 Music Artist in Residence *3/8.* Johnny Marr with further picks.
10.00 Riley and Coe Marc Riley and Gideon Coe with experimental post-punk trio Bas Jan in session.
12.00 Freak Zone Playlist
1.00am From Mento to Lovers' Rock *9&10/10.* Linton Kwesi Johnson's 1983 Radio 2 series on Jamaican music.
3.00 Live Hour Highlights of Diamond Head's 1982 concert in London, plus sessions by Mazes (in 2010) and Grace in Danger (in 1992). (R)
4.00 Jukebox 5.00 Huw Stephens

Greatest Hits

DAB greatesthitsradio.co.uk
F'view 716 **Sky** 0151 *Regional variations on FM/MW*

6.00am Rossie **10.00** Ken Bruce **1.00pm** Debbie Mac **4.00** The Simon Mayo **7.00** Jackie Brambles **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

Boom Radio

DAB boomradio.co.uk

6.00am Andy Marriott **7.30** Graham Dene **10.00** Rob Jones **12.00** David Hamilton **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour **9.00** More Music **10.00** Diana Luke **12.00** Night Ride **2.00am** Through the Night

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday

6.30am Breakfast
Petroc Trelawny broadcasts this week from Northern Ireland, today at Lough Neagh, the largest freshwater lake in the UK.
9.00 Essential Classics With Georgia Mann.
12.00 Composer of the Week: Frescobaldi and Musical Spectacle in Baroque Rome *3/5.* **Composer Says No – Milan, Mantua.** Donald Macleod and guest Robert Quinney explore Girolamo Frescobaldi's discovery of his own agency.
Frescobaldi, arr Buhl-Mortensen/Christensen/Westheimer *Partite sopra ciaccona; Corrente (Toccate e partite d'intavolatura, Book 2)* Kristian Buhl-Mortensen (baroque guitar), Monica Westheimer (harpsichord)
Frescobaldi *Fantasia prima sopra un soggietto; Fantasia seconda sopra un soggietto solo (Il primo libro delle fantasie a quattro)* Francesco Tasini (organ)
F Soriano *Gloria (Missa Nos autem gloriari oportet)* Regensburg Vokalsolisten, director Josef Kohlhäufl
Palestrina *Tu es Petrus* Westminster Cathedral Choir, conductor Martin Baker
Frescobaldi *Canzon post il Comune; Bergamasca (Messa della Domenica) (Fiori musicali)* Ton Koopman (organ)
Toccata quarta; Balletto prima; Corrente del balletto; Passacagli (Toccate e partite d'intavolatura di cimbalo et organo, Book 1) Richard Lester (harpsichord)
1.00pm Radio 3 Lunchtime Concert John Toal with furter performances from Northern Ireland Opera's 13th Glenarm Festival of Voice.
C Schumann *Ich stand in dunkeln Träumen, Op 13 No 1; Liebst du um Schönheit, Op 12 No 2; Sie liebten sich beide, Op 13 No 2; Die gute Nacht, die ich dir sage*
R Schumann *Schöne Wiege meiner Ledien, Op 24 No 5; Mit Myrthen und Rosen, Op 24 No 9*
Brahms *O Tod, wie bitter bist du, Op 112 No 3* James Atkinson (baritone), Simon Lepper (piano)
Liszt *Anfangs wollt' ich fast verzagen, S311*
Fauré *Clair de lune, Op 46 No 2; Nell, Op 18 No 1; Après un rêve, Op 7 No 1*
Rossini *La chanson du bébé* Robin Tritschler (tenor), Simon Lepper (piano)
Gounod *O ma lyre*
Viardot *Hai Luli!; Les ombres de minuit; Parme; L'absence (Caña española)* Marta Fontanals-Simmons (mezzo), Simon Lepper (piano)
2.00 Afternoon Concert With Ian Skelly, who continues a week-long showcase of the Ulster Orchestra.
Vaughan Williams *Fantasia on Greensleeves* Aarhus SO, conductor Christian Oland
Still *Summerland (Three Visions)* Zina Schiff (violin), Royal Scottish National Orchestra, conductor Avlana Eisenberg
Mozart *Piano Concerto No 24 in C minor, K491* Rudolph Buchbinder, Bavarian Radio SO/Elim Chan
Tchaikovsky *Introduction and Waltz, Act 2: Eugene Onegin* BBC Philharmonic, conductor Vassily Sinaisky
3.00 Beethoven *Symphony No 1 in C* Ulster Orchestra, conductor Jonathan Bloxham
Rune Tonsgaard Sørensen *Blue White Gold* Dreamers' Circus, Aarhus SO/Christian Oland
Brahms *Schicksalslied, Op 54 Netherlands Radio Choir and PO, conductor Benjamin Goodson*

4.00 Choral Evensong
LIVE From Llandaff Cathedral from the Eve of the Feast of St Matthew. Introit: Upon Your Heart (Eleanor Daley). Responses: Clucas Psalm 34 (Russell, Day). First Lesson: Isaiah 33, vv13–17. Canticles: Edington Service (Grayston Ives). Second Lesson: Matthew 6, vv19–34. Anthem: Give Me the Wings of Faith (Leighton). Hymn: What Debt of Sin that None Can Pay (Surrey). Organ Voluntary: Creation Dance (Neil Cox). Director of music Stephen Moore. Assistant director of music Aaron Shilson. Rptd Sunday 3pm.
5.00 In Tune
Sean Rafferty welcomes violinist Rachel Podger ahead of tomorrow's recital at Kings Place in London.
7.00 Classical Mixtape An inspired playlist.
7.30 Radio 3 in Concert
Daniel Harding conducts the Vienna Philharmonic, recorded on 20 August at the Salzburg Festival.
Ligeti *Atmosphères*
Strauss *Metamorphosen*
8.10 Interval A recorded performance by Pierre-Laurent Aimard of Liszt's *Saint Francis of Assisi Preaching to the Birds* and music from Gyorgy Ligeti's 11-movement *Musica ricercata*
8.25 Ligeti *Lontano*
Strauss *Also sprach Zarathustra, Op 30*
10.00 Free Thinking
RT Christopher Harding discusses people's urge to go into space, with Timothy Peacock of the University of Glasgow, academic and writer Una McCormack, and physicist Avi Loeb.
Producer Luke Mulhall
10.45 The Essay: Unearthing Britannia's Tribes *8/15.* **In Search of the Druids.** Professor Ron Hutton assesses the presence and role of the Druids in Iron Age communities. Producer Mark Burman (R)
11.00 Night Tracks
A special edition recorded live in the Great Hall at Dartington in Devon to mark the 70th anniversary of the Dartington Music Summer School and Festival. Sara Mohr-Pietsch introduces live performances from cellist Matthew Barley as well as improvisations with his collaborator, shakuhachi player Adrian Freedman. Plus, recordings by local artists Mae Karthauser and Anna Ling, music by composers connected to the place, and poetry from Alice Oswald.
12.30am Through the Night With John Shea.
Walton *Scapino* **Britten** *Violin Concerto, Op 15* **Bach** *Violin Sonata No 3 in C, BWV1005 (3rd mvt)* **Elgar** *Symphony No 1 in A flat* James Ehnes (violin), Oslo PO, conductor Juanjo Mena
2.05 Schumann *Humoreske in B flat, Op 20* **2.31 Wolf** *String Quartet in D minor* **3.17 Husa** *Concerto for Wind Ensemble*
3.39 Gershwin *Piano medley* **3.46 Gade** *At Sunset, Op 46*
3.54 Handel *Oboe Sonata in C minor, Op 1 No 8* **4.00 Fritsch** *Primitiae musicales (selection)* **4.09 Haydn** *Divertimento in C, H IX 1 (London Trio No 1)* **4.18 Gorczycki** *Nunc dimittis*
4.22 Mirko Krajci *Four Dances from the Ballet Don Juan*
4.31 A Scarlatti *Recorder Concerto in A minor*
4.40 Striggio *Ecce beatam lucem* **4.49 C Schumann** *Variations on a Theme of Robert Schumann, Op 20*
4.58 Wagenaar *Concert Overture, Op 11 (Fruhlingsgewalt)*
5.07 Wieniawski *Polonaise No 2 in A, Op 21*
5.16 Sirmen *String Quartet No 1 in E flat, Op 3 No 1*
5.27 Bach *Cantata No 35: Geist und Seele wird verwirret* **5.54 Grieg** *Lyric Pieces: Erotikon, Op 43 No 5; March of the Dwarfs, Op 54 No 3; Notturno, Op 54 No 4*
6.04 Brahms *Clarinet Trio in A minor, Op 114* (R)

Scala Radio

DAB scalaradio.co.uk

7.00am Charles Nove Music and features
10.00 Penny Smith Popular classical works and features, including at **11.30** the **Scala Sessions**, today with São Paulo guitarist Pínio Fernandes performing music from his new album *Bacheando*.
1.00pm Sam Hughes With popular classical works.
4.00 Richard Allinson Including **Classical Bangers**.
7.00 Mark Forrest With the **Peaceful Piano** playlist.
10.00 The Space Soothing and calming music.
1.00am Night Music 5.00 In the Park

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912

6.00am R&B Anthems **7.00** Nikita Kanda **10.00** Certified **11.00** Haroon Rashid **2.00pm** Certified Throwbacks **3.00** Ankur Desai **6.00** Bobby Friction **8.00** DJ Limelight and Kan D Man **9.45** Hype on the Mic **10.00** Takeover **12.00** Asian Network News Presents **1.00am** DJ KA **3.00** DJ Nish **5.00** Everyday Hustle

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast With Tim Lihoreau.
9.00 Alexander Armstrong
12.00 Anne-Marie Minhall Including at **12.00 Classic FM Requests** and at **3.00 Hall of Fame**.
4.00pm Margherita Taylor Classic FM favourites, including the **Discovery of the Week** at **6.20**.
7.00 Smooth Classics at Seven
Zeb Soanes with three hours of potentially calming classical music to help listeners relax and recharge, including at **9.00** the **Great Escape**.
10.00 Calm Classics With Ritula Shah.
1.00am Bill Overton 4.00 Lucy Coward

Absolute Radio

DAB absoluteradio.co.uk
Freeview 727 **Freesat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry **10.00** Leona Graham **1.00pm** Ben Burrell **4.00** Bush and Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1.00am** Dan Noble

SHUTTERSTOCK

The RadioTimes PODCAST DON'T MISS Our brand new series of The Radio Times Podcast – available now! SCAN TO LISTEN

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News, weather and **shipping forecasts** as yesterday

5.30am News Briefing

5.43 Prayer for the Day
With the Rt Rev Mary Stallard, Bishop of Llandaff.

5.45 Farming Today
News about food, farming and the countryside.

5.58 Tweet of the Day
Kate Humble introduces the green woodpecker, which has a laughing call known as a yaffle. (R)

6.00 Today
With Justin Webb and Nick Robinson.

6.25, 7.25, 8.25 Sports News

6.45 Yesterday in Parliament
An update on the latest political proceedings.

7.48 Thought for the Day
With the Rt Rev Nick Baines.

8.31 *LW* **Yesterday in Parliament**

9.00 More or Less
4/6. Tim Harford presents the programme that interrogates and often debunks topical numbers and statistics.
Series producer Jon Bithrey Repeated Friday 4.30pm

9.30 Just One Thing with Michael Mosley
New series. 1/10. **Have a Cup of Tea**
Michael Mosley returns with the programme in which he highlights small changes we can make to our lives to improve our wellbeing. Today: how the bioactive ingredients in tea help a person to relax and give their brain and bones a boost. Producer Nija Dalal-Small

9.45 *FM* **Book of the Week: Material World**
3/5. **Iron and Copper.** By Ed Conway. How the increasing amounts of iron and copper needed to build a sustainable future may be limited by present environmental concerns. Read by John Hollingworth.
For details see Monday Repeated 12.30am

9.45 *LW* **Daily Service**
The Daily Service's **Diocese in Europe** week continues with a service from St George's Church, Lisbon, which is led by the Rev Canon Elizabeth Bendrey and the Rev Iain Bendrey.

10.00 Woman's Hour
With Nuala McGovern.

11.00 24 Hours in Snapchat
Repeated from Monday 8pm

11.30 Alexei Sayle's Strangers on a Train
3/6. **Bristol to Penzance.** The comedian takes a train journey from Bristol to Penzance and reveals the stories of his fellow passengers, including those of Bert, a Cornish bard; Marissa and Leanne, who have travelled the world working on cruise liners; Angela, who for many years ran one of Cornwall's most famous and historic pubs; and Astra, who is learning the ropes at circus school. Producers Peter Lowe and Nick Symons (R)

12.04pm You and Yours
Consumer affairs and public interest stories.

1.00 The World at One
Presented by Sarah Montague.

1.45 NatureBang
3/5. Becky Ripley and Emily Knight examine the science behind phenomena in the natural world and ask whether it can be applied to humans. Today: how do animals maintain fitness? For details see Monday

2.00 The Archers Rptd from yesterday 7pm

2.15 Drama: You Must Listen
RT Toby Jones and Reese Shearsmith star in a new production of a 1952 radio drama by science-fiction legend Nigel Kneale. The original production was lost, but Kneale's script survived. When a new telephone line is connected in a solicitor's office, the staff keep hearing a woman's voice on the phone. Engineer Frank Wilson is called to fix the issue, and gradually the woman's story starts to emerge.

Frank Wilson	**Toby Jones**	Test Clerk	**Jason Barnett**
Mr Paley	**Reece Shearsmith**	Supervisor	**Jacqueline King**
Passion Fruit	**Caroline Catz**	Underground Inspector	
Jill Prentice	**Jessie Cave**		**Dan Starkey**
MacFarlane	**John Scougall**	Operator	**Becky Wright**

Producer/Director Simon Barnard
See feature: page 118

3.00 Money Box Live
The latest from the world of personal finance, including expert impartial advice.
EMAIL: moneybox@bbc.co.uk
Your RT Money: page 146

3.30 Inside Health
Repeated from yesterday 9pm

4.00 Thinking Allowed
4/9. **Guns.** Laurie Taylor explores the social history of the gun, talking to Andrew Nahum from the Science Museum who is the author of a study spanning the life of guns from Renaissance through to their mass production in more recent times. They're joined by Jennifer Carlson from the University of Arizona, whose latest work considers the way in which guns sell (mainly) right-wing politics. Does armed individualism represent a threat to liberal democracy?
Producer Jayne Egerton Repeated Sunday 12.15am

4.30 The Media Show
Presented by Katie Razzall. Repeated 9.30pm

5.00 PM Presented by Evan Davies.

6.00 Six o'Clock News

6.30 Please Use Other Door
2/4. Award-winning sketch show taking a look at work, relationships and families, asking whether it is ever fair to blame children for a divorce. Producer Bill Dare

7.00 The Archers
There's tension at Brookfield and Harrison has a tricky negotiation to make.
For cast see Friday Repeated tomorrow 2pm

7.15 Front Row
Tom Sutcliffe's Thursday reviews round-up this week moves to Wednesday, with a *Front Row* special tomorrow from the Contains Strong Language festival. An exhibition of work by Marina Abramovic at the Royal Academy and the ITV drama *The Long Shadow* are among the cultural highlights under critical consideration. Producer Julian May

8.00 The Moral Maze
New series. 1/8. Michael Buerk is joined by Matthew Taylor, Giles Fraser, Ash Sarkar and Tim Stanley for a debate about the moral aspects of a topical issue.
Producer Jonathan Hallewell Repeated Sunday 11pm

9.00 When It Hits the Fan
3/8. David Yelland and Simon Lewis go inside the world of crisis management and spin doctors, taking three incidents in the news where things have gone wrong for individuals or organisations and asking what they can do next. Producer Eve Streeter

9.30 The Media Show Repeated from 4.30pm

10.00 The World Tonight
With James Coomarasamy..

10.45 Book at Bedtime: The Secret Hours
3/10. With an embattled Secret Service fighting everything from terrorism to privatisation by the back door, the Monochrome inquiry into historic wrongdoing is a mere irritant. But as civil servant Malcolm finds a mysterious envelope in his shopping trolley, Monochrome is about to light everything up. Mick Herron's new thriller is read by Nina Sosanya. For details see Mon

11.00 Influencers
4/6. **Biscuits.** Comedy written by and starring Katy Brand and Katherine Parkinson. Ruth and Carla discover a new blog written by teenage girls about their toxic influencer mothers and fear it could be about them. Producer Liz Anstee

11.15 Welcome to the Neighbourhood with Jayde Adams
2/4. Comedian Jayde Adams and singer/songwriter Self Esteem dive into the world of community apps and messageboards. Jayde finds herself at the centre of a complaint in a neighbourhood chat group and there's a second-hand polystyrene coffin up for grabs in Glasgow. Producer Cornelius Mendez

11.30 One to One
1/2. What's it really like wielding the little notebook of doom or glory? Dance and theatre critic Sarah Crompton reveals all to Luke Jones. Producer Beth Sagar-Fenton

11.45 Today in Parliament

12.00 News and Weather

12.30–12.45am Book of the Week: Material World Repeated from 9.45am (*FM only*)

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910

6.00am Paul Temple and the Conrad Case
6.30 Death Speaks Another Language (4/6)
7.00 How to Find Home as 5pm
7.15 Hester By Margaret Oliphant (3/5)
7.30 Relativity as 5.30pm
8.00 Hancock's Half Hour Vintage 1958 comedy
8.30 King of Bath as 6.30pm
9.00 It's Not What You Know Panel show (1/4)
9.30 His Master's Voice Political satire (2/4)
10.00 Westwood as 3pm
11.00 Paul Temple and the Conrad Case as 4pm
11.30 Death Speaks Another Language (4/6)
12.00 How to Find Home as 5pm
12.15pm Hester With Penelope Wilton (3/5)
12.30 Relativity as 5.30pm
1.00 Hancock's Half Hour Vintage 1958 comedy
1.30 King of Bath as 6.30pm
2.00 It's Not What You Know Panel show (1/4)
2.30 His Master's Voice Political satire (2/4)
3.00 Westwood Dramatisation by Lynne Truss of Stella Gibbons's 1946 comic novel set in wintry 1943 England, when a woman takes up a new teaching job in London and strikes up a friendship with a wealthy family who take advantage of her naivety and admiration. With Rosemary Leach, Juliet Aubrey, Michael Fenton Stevens and Saffron Burrows(1/2)
4.00 Paul Temple and the Conrad Case
Crime thriller by Francis Durbridge. From 1959 (1/8)
4.30 Death Speaks Another Language (4/6)
5.00 How to Find Home By Mahsuda Snaith (3/10)
5.15 Hester 1883 comic novel (3/5)
5.30 Relativity Series three of Richard Herring's family comedy drama. From 2020 (1/6)
6.00 Hancock's Half Hour Vintage 1958 comedy
6.30 King of Bath David Bamber stars in Arnold Evans's historical comedy about Beau Nash (1674–1761), a dandy whose tall tales caused trouble for people from all walks of life. With Eiry Thomas (1/6)
7.00 It's Not What You Know Panel show (1/4)
7.30 His Master's Voice Political satire (2/4)
8.00 The Monkhouse Files A 2000 programme with Bob Monkhouse (1928–2003) reminiscing
9.00 Short Cuts With Josie Long. From 2015 (5/6)
9.30 The Long Drop By Denise Mina (3/10)
9.45 The Dead Hour Dramatisation of the second of Denise Mina's "Paddy" Meehan novels (3/10)
10.00–12.00 Comedy Club: Please Use Other Door (1/4), at **10.30 The Harri-Parris's Radio Show** (1/3), at **11.00 The Harpoon** (3/4), at **11.30 Joseph Morpurgo's Walking Tour** (1/4), and at **11.45 Lenny Henry: Rogue's Gallery** (1/4)
12.00 as 3pm **1.00am** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 5.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 6.30pm **4.00** as 2pm **4.30** as7.30pm **5.00 Westwood** (2/2)

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am Newsday **8.00** News **8.05** Hardtalk **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** The Climate Question **10.00** News **10.05** World Questions: a debate from the Georgian capital of Tbilisi, where leading politicians and academics will take questions from the public. Subjects including membership of the European Union, relations with neighbouring Russia, freedom and democracy will all be up for discussion **11.00** The Newsroom **11.30** The Documentary **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom **1.30** Tech Life **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** The Climate Question **8.30** Health Check **9.00** Newshour **10.00** News **10.05** Hardtalk **10.30** The Documentary **11.00** The Newsroom **11.20** Sports News **11.30** World Business Report **12.00** News **12.05am** World Questions **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** Assignment **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** The Food Chain

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908
News and **sport** bulletin every half-hour Times vary during live sports coverage

5.00am Wake Up to Money
Financial news stories.

6.00 5 Live Breakfast
Rachel Burden and Rick Edwards with sport, news and weather.

9.00 Nicky Campbell
Topical discussions, big-name interviews and listeners' calls.
Simulcast with BBC2.

11.00 Naga Munchetty
With the latest news, interviews and listeners' personal experiences.

1.00pm Nihal Arthanayake
News, big-name interviews and topical conversation.

4.00 5 Live Drive
The day's top news and sport with Tony Livesey and Clare McDonnell.

7.00 5 Live Sport
Mark Chapman with sports news, debate and the build-up to the **8.00** Champions League commentary on Bayern Munich v Manchester United in their first match of the group stages.

10.30 Colin Murray
Including **This House Believes** and **Midnight in America**.

1.00am Dotun Adebayo

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

10.25am–12.15pm Cricket Kevin Howells presents commentary from the County Championship.

12.15–8.30 Test Match Special
England v Ireland, the first one-day international in the three-match series, taking place at Headingley.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am Talksport Breakfast
10.00 Jim White and Simon Jordan Sporting insight.
1.00pm Hawksbee and Jacobs
Paul Hawksbee and Andy Jacobs with sports news, guests and more.
4.00 Drive Andy Goldstein and Darren Bent with sports debate.
7.00 Champions League Football Bayern Munich v Manchester United (kick-off **8.00**).
10.00 Sports Bar
1.00am Extra Time
5.00 Early Breakfast

Talksport 2

DAB talksport.co.uk

1.00–3.00pm Racing
From Yarmouth.
7.00–10.00 Championship Football Live commentary on a Championship match (kick-off **7.45**).

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale **10.00** Ben Kentish **1.00am** Richard Spurr **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio
5.00am Rosie Wright **6.00** Aasmah Mir and Stig Abell **10.00** Matt Chorley **1.00pm** Mariella Frostrup **3.00** Jane Garvey and Fi Glover **5.00** John Pienaar **8.00** The Evening Edition with Kait Borsay **10.00** Carole Walker **1.00am** Stories of Our Times **1.30** Red Box **2.00** Highlights

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

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TODAY'S CHOICES

Drama: Radio Waves

2.15pm ***Radio 4***

Not what one might expect from a sci-fi set in 2065, but the its ideas felt so fresh that I found myself listening to *Radio Waves* twice. Captain Avery Jones is on a solo space mission with a listening device to tune in to whatever voices she can hear. Sorting through radio waves that never die, she finds three conversations – all mini-dramas of modern life. The format may not be new, but in the hands of the three emerging writers credited (Magdalene Bird, Jack Fairey and Mohsen Shah), along with two directors (Jeremy Mortimer and Calum Perrin), *Radio Waves* captures a whole universe. A love letter to radio from Reduced Listening, makers of last year's award-winning Radio 4 thriller *Exemplar*. **FIONA HUGHES**

Radio 3 in Concert

7.30pm ***Radio 3***

"I imagined myself in front of a curtain, in darkness, apprehensive about what lay beyond: Resurrection, Eternity, the other life." So Olivier Messiaen, speaking shortly before his death, described the inspiration behind his final work. An idiosyncratic mix of theology, astronomy and ornithology (featuring contributions from almost 50 different songbirds), *Eclairs sur l'Au-Delà…* offers 11 visions of the afterlife, illuminated, as it were, by the titular lightning flashes. Scored for a huge orchestra of 128, it's heard tonight in a recording from this year's Salzburg Festival. **MARK PAPPENHEIM**

THIS WEEK'S HIGHLIGHTS See p119

In Our Time

9.00am ***Radio 4***

Melvyn Bragg presents the 1,000th edition.

MARK FRUDD

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

7.00am Greg James **10.30** Rickie, Melvin and Charlie **1.00pm** Dean and Vicky **3.00** Pop Anthems **3.30** Vick and Jordan **6.00** Future Sounds **8.00** Future Pop **10.00** BBC Introducing Dance **11.00** Residency **1.00am** Dance Presents **2.00** Happy **3.00** Power Down Playlist **4.00** Dance **5.00** Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.30am Zoe Ball
9.30 Vernon Kay
Music, chat and features, including at **10.30** the **Ten to the Top** music quiz and at **11.40 Tracks of My Years**, today with *Strictly Come Dancing* co-presenter Tess Daly discussing two more records of personal significance.
12.00 Tina Daheley
2.00pm Scott Mills
4.00 Sara Cox
7.00 Jo Whiley
9.00 The Country Show with Bob Harris Old and new music.
10.00 Rhythm Nation
Adele Roberts sits in for Trevor Nelson with hip-hop, R&B and more.
12.00 OJ Borg
Chat, music, texts and features.
3.00am Radio 2 in the Park Live Sets Highlights of stage performances from Radio 2 in the Park last Saturday, starting with Deacon Blue, followed at **3.30** by James Blunt.
4.00 Wynne Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Lauren Laverne
10.30 Mary Anne Hobbs
1.00pm Chris Hawkins
4.00 Steve Lamacq Including at **6.00 Roundtable,** with Steve joined by music enthusiasts to assess the new releases.
7.00 New Music Fix Daily Including a guest mix from DJ and producer Lsdxoxo (Raushaan Glasgow) ahead of tomorrow's release of his new album *Delusions of Grandeur*.
9.00 6 Music Artist in Residence *4/8*. Singer/songwriter and guitarist Johnny Marr with further music picks.
10.00 Riley and Coe
12.00 New Music Fix Three 6 Music presenters each curate an hour of their favourite new music, starting with Steve Lamacq. At **1.00am** Mary Anne Hobbs, followed at **2.00** by Jamz Supernova. And at **3.00 New Album Fix** – Matt Everitt's review of releases – followed at **4.00** by **New Music Fix Playlist**.
5.00am The Remix with Chris Hawkins
5.30 Huw Stephens

Greatest Hits

DAB greatesthitsradio.co.uk
F'view 716 **Sky** 0151 *Regional variations on FM/MW*

6.00am Rossie **10.00** Ken Bruce **1.00pm** Debbie Mac **4.00** Simon Mayo **7.00** Jackie Brambles **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

Boom Radio

DAB boomradio.co.uk

6.00am Andy Marriott **7.30** Graham Dene **10.00** Rob Jones **12.00** David Hamilton **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour **9.00** Mike D'Abo-Choices **10.00** Diana Luke **12.00** Night Ride **2.00am** Music through the Night

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday

6.30am Breakfast In the pastoral setting of Crom Castle on Upper Lough Erne, Petroc Trelawny and guests explore the area's links with Oscar Wilde, Samuel Beckett, yacht racing and high society.
9.00 Essential Classics
Georgia Mann with music and features, including at **10.10 Song of the Day** and at **11.30 Slow Moment**.
12.00 Composer of the Week: Frescobaldi and Musical Spectacle in Baroque Rome *4/5.* **Bread and circuses: Rome.** How Pope Urban VIII's reign fostered a vibrant period of music in Rome in the early 17th century.
Frescobaldi *Toccata No 10 in D Minor (Toccate e partite d'intavolatura, Book 3)* E Power Biggs (organ)
S Landi *Teti, del mar regina; Tu lieto canti, Orfeo, e il tempo vola (La morte d'Orfeo)*

Orfeo	**John Elwes** (tenor)
Ebro	**Harry van der Kamp** (bass)
Teti	**David Cordier** (countertenor)
Fato	**Lieven Deroo** (bass)

Tragicomedia, director Stephen Stubbs
Frescobaldi *Vanne, o carta amorosa*; *Ti lascio, anima mia (Arie musicali, Book 2)*
Concerto Italiano, director Rinaldo Alessandrini
Arcadelt *Ahime, dov'e'l bel viso*; *Ancidetemi pur grievi martiri (Madrigali, Book 1)* Cappella Mediterranea, director Leonardo García Alarcón
Frescobaldi *Ancidetemi pur d'Arcadelt passeggiato (Toccate e partite d'intavolatura, Book 2)* Roberto Loreggian (harpsichord).
Kapsberger *I pastori di Bettelemme (excerpt)* Constanze Backes (soprano), Chiyuki Okamura (soprano), Franz Vitzthum (countertenor), Clementine Jesdinsky (soprano), Christian Dietz (tenor), Markus Flaig (bass), Echo du Danube Ensemble
Così mi disprezzate (Arie musicali per cantarsi, Book 1) Mariana Flores (soprano), Ensemble Clematis, director Leonardo García Alarcón
1.00pm Radio 3 Lunchtime Concert
John Toal with festival performances from Northern Ireland Opera's 13th Glenarm Festival of Voice.
Barber *Hermit Songs, Op 29 (selection)* Robin Tritschler (tenor), Simon Lepper (piano)
Copland *Nature, the Gentlest Mother*; *Heart We Will Forget Him! (Twelve Poems of Emily Dickinson)*
Stravinsky *Se tu m'ami (Pulcinella)*
Clarke *Infant Joy*; *The Seal Man* Marta Fontanals-Simmons (mezzo), Simon Lepper (piano)
Bridge *Thy Hand in Mine*; *Where She Lies Asleep*; *Adoration*
Ravel *Don Quichotte à Dulcinée* James Atkinson (baritone), Simon Lepper (piano)
2.00 Afternoon Concert With Ian Skelly.
Nielsen *Overture: Maskarade* Danish National Symphony Orchestra, conductor Thomas Dausgaard
Debussy, orch Caplet *Clair de lune* Ulster Orchestra, conductor Yan Pascal Tortelier
Gipps *Pan and Apollo* BBC NOW/Jonathan Bloxham
Carr/Busk/Sorensen *Folk medley* Dreamers' CircusAarhus SO, conductor Christian Oland
Smetana *Overture: The Bartered Bride* BBC Symphony Orchestra, conductor Jiri Belohlavek
Vivaldi *Cello Sonata in E minor, RV40* Nicholas Altstaedt (cello), Jonathan Cohen (harpsichord)

Scala Radio

DAB scalaradio.co.uk

7.00am Charles Nove Music and features.
10.00 Penny Smith Including after **11.30** the **Scala Radio Book Club**, today with TV presenter, producer and bestselling writer Richard Osman discussing *The Last Devil To Die* – the recently released fourth novel in the Thursday Murder Club series.
1.00pm Sam Hughes With popular classical works.
4.00 Richard Allinson With **Classical Bangers** at **5.30**.
7.00 Mark Forrest With the **Peaceful Piano** playlist.
10.00 The Space Soothing and calming music.
1.00am Night Music 5.00 In the Park

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912

6.00am Beats **7.00** Asian Network Breakfast **10.00** Certified **11.00** Haroon Rashid **2.00pm** Certified Throwbacks **3.00** Ankur Desai **6.00** AJD **8.00** DJ Nish **10.00** Club Hit Squad Mix **11.00** Shisha Lounge Mix **12.00** Love Friday Mix **1.00am** DJ Limelight **4.00** Ankur Desai **5.00** Asian Network Celebrates

Schubert *The Shepherd on the Rock, D965* Sally Matthews (soprano), Thomas Watmough (clarinet), Malcolm Martineau (piano)
3.00 Dvorak *Symphony No 8 in G* Ulster Orchestra, conductor Angus Webster
Mozart *Clarinet Concerto, K622* Daniel Ottensamer, Camerata Salzburg, conductor Ton Koopman
4.15pm Nielsen *Hymnus Amoris* Liv Redpath (soprano), Sebastian Kohlhepp (tenor), Danish National Junior Choir, Concert Choir and SO/Luisi
L Boulanger *D'un matin de printemps* BBC Philharmonic, conductor Yan Pascal Toretelier
5.00 In Tune
Sara Mohr-Pietsch welcomes pianist Marc-André Hamelin ahead of Sunday's recital at Wigmore Hall
7.00 Classical Mixtape An inspired playlist.
7.30 Radio 3 in Concert
RT In this week's final concert from the recent Salzburg Festival, Georgia Mann introduces Olivier Messiaen's final masterwork *Éclairs sur l'Au-delà…*, in a performance recorded on 20 July at the Felsenreitschule. The **Interval** at **8.35** features a 1991 recorded performance by Salzburg Festival featured artist Grigory Sokolov of Beethoven's *Diabelli Variations, Op 120* SWR SO, Stuttgart, conductor Ingo Metzmacher
Olivier Messiaen *Eclairs sur l'Au-Delà… (Lightning over the Beyond)*
10.00 Free Thinking
To coincide with *Late Junction*'s month of shows to mark the launch in 1963 of the first compact cassette recorder, Lisa Mullen is joined by novelist Jonathan Coe, publisher and author Roland Allen and Dr Gill Partington explore writing, from the notebook to computer to AI. Producer Ruth Watts See tomorrow 11pm
10.45 The Essay: Unearthing Britannia's Tribes
9/15. **Pytheas and the Sea.** Writer Mandy Haggith imagines the world and folk of West Coast Scotland encountered by Greek explorer Pytheas in 320BC. (R)
11.00 The Night Tracks Mix
11.30 Unclassified
In the second programme recorded on 20 July at the Bluedot festival in Cheshire, Isobel Waller-Bridge and Coby Sey take to the stage at the Jodrell Bank Observatory in Cheshire to perform with the BBC Concert Orchestra conducted by Robert Ames. Presented by Elizabeth Alker.
12.30am Through the Night
With John Shea, whose playlist begins with a concert of excerpts from the music dramas of Richard Wagner **Wagner** *Prelude: Lohengrin; Overture: Tannhäuser; Prelude and Liebestod (Tristan und Isolde); Good Friday Music (Parsifal) Brünnhilde's Immolation (Götterdämmerung)* Gun-Brit Barkmin (soprano), RAI National Symphony Orchestra, conductor Fabio Luisi **1.41 CPE Bach** *Viola da gamba Sonata in D, Wq137* **1.59 Mendelssohn** *String Quartet No 2 in A minor, Op 13* **2.31 Elgar** *Variations on an Original Theme (Enigma)* **3.03 JCF Bach** *Pygmalion, B50* **3.36 Piazzolla** *Histoire du Tango* **3.52 Sawa** *Dance Pictures* **3.59 Arvo Pärt** *Magnificat* **4.06 Tailleferre** *Harp Sonata* **4.16 Poulenc** *Violin Sonata* **4.24 Grieg** *Norwegian Dance, Op 35 No 1 in D minor* **4.31 L Bernstein** *Overture: Candide* **4.36 Telemann** *Flute Concerto in D, TWV51:D2* **4.48 Saint-Saëns** *Danse macabre, Op 40* **4.56 Vivaldi** *Kyrie in G minor, RV587* **5.06 Mussorgsky** *A Night on the Bare Mountain* **5.19 Navas** *Ay, divino amor* **5.25 Spohr** *Notturno in C, Op 34* **5.57 Dvorak** *String Quartet No 14 in A flat, Op 105*

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast With Tim Lihoreau.
9.00 Alexander Armstrong
12.00 Anne-Marie Minhall Including at **12.00 Classic FM Requests** – with listeners phoning in – and at **3.00 Hall of Fame**
4.00pm Margherita Taylor Classic FM favourites.
7.00 Smooth Classics at Seven With Zeb Soanes.
10.00 Calm Classics With Ritula Shah.
1.00am Bill Overton 4.00 Lucy Coward

Absolute Radio

DAB absoluteradio.co.uk
Freeview 727 **Freesat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry **10.00** Claire Sturgess **1.00pm** Ben Burrell **4.00** Bush and Richie **7.00** Danielle Perry: including a live performance by Coldplay given on 11 November 2016 at the London Palladium, broadcast this evening as part of Absolute's month of special programmes to mark its 15th birthday on 29 September **10.00** Jay Lawrence **1.00am** Dan Noble

RadioTimes PUZZLES **RT PUZZLES** Subscribe to **radiotimespuzzles.com** for access to hundreds of brainteasers

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News, weather and **shipping forecasts** as Tuesday

5.30am News Briefing
5.43 Prayer for the Day
With the Rt Rev Mary Stallard, Bishop of Llandaff.
5.45 Farming Today
News about food, farming and the countryside.
5.58 Tweet of the Day
Chris Watson on the eider. (R)
6.00 Today
With Mishal Husain and Justin Webb.
6.25, 7.25, 8.25 Sports News
6.45 Yesterday in Parliament
7.48 Thought for the Day
With Anne Atkins.
8.31 *LW* **Yesterday in Parliament**
An update on the latest political proceedings
9.00 In Our Time
RT The 1,000th edition of the programme focuses on Ingmar Bergman's movie *The Seventh Seal* – a 1957 historical fantasy that is one of presenter Melvyn Bragg's favourite films. He is joined by Claire Thomson from University College, London; Jan Holmberg, CEO of the Ingmar Bergman Foundation in Sweden; and Laura Hubner from the University of Winchester.
See choice: page 119.
Producer Simon Tillotson Shortened repeat 9.30pm
9.45 *FM* **Book of the Week: Material World**
***4/5.* Oil and Gas.** By Ed Conway. The historic discovery of crude oil and the unlikely link between the use of fossil fuels and building a greener future. Read by John Hollingworth and Anna Magnusson.
For details see Monday Repeated 12.30am
9.45 *LW* **Daily Service**
The Daily Service's **Diocese in Europe** week continues with a service from Holy Trinity Church, Brussels, led by the Rev Annie Bolger.
10.00 Woman's Hour
Presented by Anita Rani.
11.00 Crossing Continents
***9/9.* How a War Has Changed a Norwegian Town.** John Murphy travels to Norway's Arctic to investigate how the once friendly relations between Norway and Russia have frozen in the far north in the wake of the invasion of Ukraine. He visits the Norwegian town of Kirkenes, a place that once thrived on its close ties with neighbouring Russia, but is now home to Ukrainian refugees and is a safe haven for some Russian journalists escaping Vladimir Putin's media clampdown. Murphy reflects on how the war has changed life in the town, and asks what is next for this unique community.
Producers Alex Last and Penny Murphy Rptd Mon 8.30pm
11.30 Great Lives
Repeated from Tuesday 4.30pm
12.04pm You and Yours
Consumer affairs and public interest stories.
12.30 All Consuming
10/10. Charlotte Stavrou and Amit Katwala conclude their dynamic takes on the products that matter most to the modern consumer, today focusing on the microwave.
Producer Emily Finch
1.00 The World at One
Presented by Sarah Montague.
1.45 NatureBang
4/5. Becky Ripley and Emily Knight examine the science behind phenomena in the natural world and ask whether it can be applied to humans. Today: how do birds learn to sing? How do we learn to talk? And what happens when it goes wrong? For details see Monday
2.00 The Archers
Repeated from yesterday 7pm
2.15 Drama: Radio Waves
RT By Magdalene Bird, Jack Fairey and Mohsen Shah. Drama set in 2065 following Captain Avery Jones on a solo voyage into deep space, as she tries to locate extra-terrestrial activity.

Avery Jones	**Natalie Simpson**	Rhea	**Ann Mitchell**
Spaceship Computer/Lambert	**Michael Shelford**	Derrick	**Sam Pamphilon**
		Suzy	**Cassie Layton**

Director Jeremy Mortimer and Calum Perrin
Executive producer Joby Waldman
3.00 Ramblings
***New series. 1/6.* Sandstone Trail Cheshire** Clare Balding embarks on a hilly hike in Cheshire that boasts fantastic views, and on the way she hears from two friends, Linda and Tracey, who discuss how walking has changed their lives and helped them cope with life-changing events. The pair lead Clare along a section of the Sandstone Trail, a 34-mile-long route stretching from Frodsham in Cheshire to Whitchurch just over the Shropshire border.
Producer Karen Gregor Repeated Saturday 6.07am
3.27 The Radio 4 Appeal
Repeated from Sunday 7.54am
3.30 Open Book Repeated from Sunday 4pm
4.00 Taste
***3/4.* Artefacts.** Zakia Sewell visits the Potteries Museum in Stoke-on-Trent to talk to curator Ben Miller and ponders the nature of kitsch with sociologist Ruth Holliday. She also meets Rebecca Chamberlain of Goldsmiths, University of London, to explore the neurological and philosophical bases for society's artistic tastes. Producer Alan Hall (R)
4.30 BBC Inside Science
The latest scientific research to make the headlines and how science is evolving to transform culture and affect lives. Rptd 9pm
5.00 PM
With Evan Davies.
6.00 Six o'Clock News
6.30 My Teenage Diary
4/6. Rufus Hound meets author Juno Dawson. She reads from her pre-transition diary, recalling living out her Carrie Bradshaw fantasies in Brighton. Producer Harriet Jaine
7.00 The Archers
Fallon makes a decision, and there's first-day nerves for Freddie.
For cast see Friday Repeated tomorrow 2pm
7.15 Front Row
Live from the Contains Strong Language festival in Leeds, where Nick Ahad talks to actor Toby Jones about his stage adaptation of Italo Calvino's *If On A Winter's Night A Traveller*; to the poet and rapper Testament about 50 Years of hip-hop; and to the artist Katja Heitmann about turning everyday gestures of Leeds to create art.
Producer Ekene Akalawu
8.00 The Briefing Room
David Aaronovitch and guests drill down into a topical issue. Repeated tomorrow 11am
8.30 Anti-Building with Cedric Price
Tom Dyckhoff explores the life and work of forward-thinking architect Cedric Price, 20 years on from his death. Price was an inspiration for a generation of architects, including Norman Foster, Richard Rogers and Will Alsop. Producer Martin Williams (R)
9.00 BBC Inside Science Rptd from 4.30pm
9.30 In Our Time Shortened repeat from 9am
10.00 The World Tonight
With James Coomarasamy.
10.45 Book at Bedtime: The Secret Hours
4/10. By Mick Herron. An alarm bell sounds after the attempted abduction of Max Janacek, but as Monochrome finally springs into life with the calling of an incendiary witness, First Desk has bigger concerns than a long-retired spy. Read by Nina Sosanya.
For details see Monday
11.00 Tim Key's Late Night Poetry Programme
***3/4.* Bunny.** The comic poet Tim Key broadcasts from deep within Skuzzler's Bell, a cave network in Austria, but with water rising there is no obvious means of escape.

Key	**Tim Key**	Megan	**Katy Wix**
Lord	**Tom Basden**	Bunny	**Karl Johnson**

Director James Robinson (R)
11.30 One to One
2/2. What's it like when your new show is about to be exposed to the acid wit of the critics? Top theatre director Simon Godwin bares his soul to Luke Jones on the weird experience of being reviewed.
11.45 Today in Parliament
12.00 News and Weather
12.30–12.45am Book of the Week: Material World Repeated from 9.45am (*FM only*)
1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910
6.00am Paul Temple and the Conrad Case (2/8)
6.30 Death Speaks Another Language (5/6)
7.00 How to Find Home By Mahsuda Snaith (4/10)
7.15 Hester Comic novel by Margaret Oliphant (4/5)
7.30 Empire-ical Evidence as 5.30pm
8.00 Dad's Army Adaptation of the TV scripts
8.30 Desmond Olivier Dingle's Compleat Life and Works of William Shakespeare (3/6)
9.00 Jest a Minute 2008 comedy quiz (1/6)
9.30 A Whole 'Nother Story as 2.30pm
10.00 Westwood as 3pm
11.00 Paul Temple and the Conrad Case (2/8)
11.30 Death Speaks Another Language (5/6)
12.00 How to Find Home By Mahsuda Snaith (4/10)
12.15pm Hester By Margaret Oliphant (4/5)
12.30 Empire-ical Evidence as 5.30pm
1.00 Dad's Army Adaptation of the TV scripts
1.30 Desmond Olivier Dingle's Compleat Life and Works of William Shakespeare (3/6)
2.00 Jest a Minute Comedy quiz chaired by Rhod Gilbert. Series two. From 2008 (1/6)
2.30 A Whole 'Nother Story Amanda Murphy's comedy detailing the friendship between a man and a woman. From 2002 (1/4)
3.00 Westwood Stella Gibbons's comic novel (2/2)
4.00 Paul Temple and the Conrad Case (2/8)
4.30 Death Speaks Another Language (5/6)
5.00 How to Find Home By Mahsuda Snaith (4/10)
5.15 Hester Comic novel by Margaret Oliphant (4/5)
5.30 Empire-ical Evidence Comedians Andy Zaltzman and Anuvab Pal explore Kolkata (2/2)
6.00 Dad's Army Adaptation of the TV scripts
6.30 Desmond Olivier Dingle's Compleat Life and Works of William Shakespeare (3/6)
7.00 Jest a Minute 2008 comedy quiz (1/6)
7.30 A Whole 'Nother Story as 2.30pm
8.00 Down by the River With Laura Barton (2/3)
9.00 Great Lives Deacon Blue frontman Ricky Ross celebrates the legacy of US singer/songwriter Hank Williams (1923–53). From 2013
9.30 The Long Drop Denise Mina's reimagining of the events leading to the trial of serial killer Peter Manuel in 1950s Glasgow. Read by Liam Brennan and abridged by Sian Preece. From 2018 (4/10)
9.45 The Dead Hour By Denise Mina (4/10)
10.00–12.00 Comedy Club: My Teenage Diary (3/6), at **10.30 Micky Flanagan: What Chance Change?** (2/4), at **11.00 Hamish and Dougal: You'll Have Had Your Tea** (2/6), at **11.15 The In Crowd** (6/6), and at **11.30 Rigor Mortis** (5/6)
12.00 as 3pm **1.00am** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 5.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 6.30pm **4.00** as 7pm **4.30** as 2.30pm **5.00 The Jacobean Box** 1993 drama

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am Newsday **8.00** News **8.05** The Inquiry **8.30** Business Daily **8.50** Witness History: a Somali militant group's attack on a Nairobi shopping centre in 2013 **9.00** The Newsroom **9.30** Assignment: a Norwegian town that has become a safe haven for Ukrainian refugees **10.00** News **10.05** Unexpected Elements **11.00** The Newsroom **11.30** The Food Chain **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom **1.30** Health Check **2.00** Newshour **3.00** News **3.05** The Inquiry **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** Assignment **8.30** Science in Action **9.00** Newshour **10.00** News **10.05** The Inquiry **10.30** The Food Chain **11.00** The Newsroom **11.20** Sports News **11.30** World Business Report **12.00** News **12.05am** Unexpected Elements **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** Tech Life **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** Heart and Soul: how some Polish nuns are rejecting their orders. Presented by Orla O'Brien

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908
News and **sport** bulletin every half-hour
Times vary during live sports coverage
5.00am Wake Up to Money
6.00 5 Live Breakfast With Rachel Burden and Rick Edwards.
9.00 Nicky Campbell
11.00 Adrian Chiles
1.00pm Nihal Arthanayake
4.00 5 Live Drive
News and sport with Tony Livesey and Clare McDonnell.
7.00 Rugby World Cup
Sonja McLaughlan presents the latest from the Rugby World Cup including a preview of weekend fixtures. Plus sports news.
8.00 5 Live Sport
Steve Crossman is joined by Guillem Balagué, Rafa Honigstein and James Horncastle to discuss European football. Plus updates on West Ham v Backa Topola, Brighton v AEK Athens and Rangers v Real Betis in the Europa League.
10.00 Colin Murray
Including at **11.00 Our Ukrainian Radio Family** and at **12.00 Midnight Mixtape**.
1.00am Dotun Adebayo

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908
10.25am–6.30pm Cricket
A County Championship match.
7.55–10.00 Rugby World Cup
France v Namibia, commentary on the Pool A match at Stade de Marseille in France (kick-off **8.00**).
3.25–4.35am Formula One
The Japanese Grand Prix first practice session.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am Talksport Breakfast
Presented by Alan Brazil.
10.00 Jim White and Simon Jordan Sporting insight.
1.00pm Hawksbee and Baker
Paul Hawksbee and Charlie Baker with sports news, guests and more.
4.00 Talksport Drive Andy Goldstein and Darren Bent with opinionated sports debate.
7.00 Kick Off Sports debate.
10.00 Sports Bar Reaction, analysis and the chance for listeners to have a say on the day's sport.
1.00am Extra Time
5.00 Early Breakfast

Talksport 2

DAB talksport.co.uk
1.00–3.00pm Racing
From Yarmouth.

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale **10.00** Ben Kentish **1.00am** Clive Bull **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio
5.00am Rosie Wright **6.00** Aasmah Mir and Stig Abell **10.00** Matt Chorley **1.00pm** Mariella Frostrup **3.00** Jane Garvey and Fi Glover **5.00** John Pienaar **7.00** Pienaar and Friends **8.00** Evening Edition with Kait Borsay **10.00** Henry Bonsu **1.00am** Stories of Our Times **1.30** Red Box **2.00** Highlights

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

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TODAY'S CHOICES

VALERIY SOKOLOV

Radio 3 in Concert

7.30pm ***Radio 3***

Formed last year from Ukrainian musicians in exile plus Ukrainian members of European orchestras, as well as players from the embattled country's own ensembles who were given special permission to travel, the Ukrainian Freedom Orchestra memorably visited last year's Proms as part of its inaugural tour, and can be heard again tonight in the opening concert of its 2023 tour, recorded last month in Warsaw. Culminating in a performance of Beethoven's pan-humanist "Choral" Symphony, with the words of Schiller's famous *Ode to Joy* specially translated into Ukrainian, the concert also features the Second Violin Concerto by veteran Ukrainian composer Yevhen Stankovych. Composed back in 2006 and played tonight by the Kharkiv-born violinist Valeriy Sokolov (above), it seems to offer a mournful yet consoling reflection upon the human condition. **MARK PAPPENHEIM**

Late Junction

11.00pm ***Radio 3***

Some 60 years after the beginning of a sound recording revolution, the month-long *Late Junction* celebration of the cassette tape reaches into the outer fringe of cassette culture. Verity Sharp presents selections from the library of Mark Gergis and Yamen Mekdad, founders of the Syrian Cassette Archives. Gergis began buying tapes from shops and kiosks throughout Syria. The archive includes live concerts, studio albums, classical and children's music. But the regional folk-pop music – played at weddings, parties and festivities – will be of special interest. Plus cassette nostalgia from other *Late Junction* contributors. **DAVID McGILLIVRAY**

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

6.30am Best New Pop **7.00** Greg James **10.30** Katie Thistleton **1.00pm** Matt and Mollie **3.00** Party Anthems **4.00** The Official Chart **6.00** Dance Party **8.00** Future Dance **10.00** Pete Tong **12.00** Essential Mix **2.00am** Dance Presents **3.00** Danny Howard's Club Mix **4.00** Chillout Anthems **5.00** Relax

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.30am Zoe Ball

9.30 Vernon Kay
Including at **11.40 Tracks of My Years**, with Tess Daly and her final two music picks.

12.00 Tina Daheley

2.00pm Anita Rani

4.00 Sara Cox

7.00 Michelle Visage
Party hits, including at **8.30**, another themed edition of **Handbag Hits**.

9.00 The Good Groove with DJ Spoony
Including the **Rewind Selector** – featuring a guest with clubbing reminiscences – and at **10.40** the **Deeper Cuts Mix**.

11.00 The Rock Show with Johnnie Walker

12.00 Romesh Ranganathan: for the Love of Hip-Hop

1.00am Radio 2 in the Park Live Sets
Highlights of stage performances from Radio 2 in the Park last Saturday in Leicester, starting with Texas, then at **1.30** Bananarama, followed by performances from Sunday, including at **2.00** Sam Ryder, at **2.30** Lemar, at **3.00** Jessie Ware, and at **3.30** Rick Astley.

4.00 Sophie Ellis-Bextor's Kitchen Disco

5.00 Radio 2 in Concert Roxy Music in 2001 at Glasgow's SECC. (R)

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Lauren Laverne
Comedian Mawaan Rizwan discusses his new BBC3 sitcom *Juice*, which debuted on Monday. **See page 7.**

10.30 Mary Anne Hobbs

1.00pm Chris Hawkins

4.00 Steve Lamacq

7.00 The People's Party with Afrodeutsche

9.00 6 Music's Indie Forever
Nathan Shepherd (aka Good Future) invites Los Angeles rock trio Haim to celebrate the tenth anniversary of their debut album *Days Are Gone* and, from **10.00**, select the music and reveal the artist they'd love to work with.

11.00 The Ravers Hour

12.00 Rave Forever

1.00am Emo Forever 2.00 Focus Beats 4.00 Ambient Focus

Greatest Hits

DAB greatesthitsradio.co.uk
F'view 716 **Sky** 0151 *Regional variations on FM/MW*

6.00am Rossie **10.00** Ken Bruce **1.00pm** Debbie Mac **4.00** Simon Mayo **7.00** Martin Kemp **10.00** Rhythm of the Night **1.00am** Good Times Anthems **2.00** Music Marathon

Boom Radio

DAB boomradio.co.uk

6.00am Andy Marriott **7.30** Graham Dene **10.00** Rob Jones **12.00** David Hamilton **2.00pm** Judi Spiers **4.00** Nicky Horne **6.00** John Peters **8.00** Easy Hour **9.00** The '70s Hour **10.00** Graham Torrington **12.00** Dave Brown **2.00am** Music through the Night

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday

6.30am Breakfast
Petroc Trelawny ends his Northern Ireland week at the tip of Magilligan Point, where Lough Foyle flows into the Atlantic.

9.00 Essential Classics With Georgia Mann.

12.00 Composer of the Week: Frescobaldi and Musical Spectacle in Baroque Rome
5/5. **A Man of Influence: Rome.** Donald Macleod looks at the last hurrah of the free-spending Barberini pontificate in Rome, as Frescobaldi returns to take on a prestigious musical position there.
Frescobaldi *Canzona duodecima detta la Todeschina (I Primo Libro delle Canzoni)* Battalia
S Landi *Lasciate il pianto; O mia Consorte; Vive Alessio; Il Ciel vagheggia; Godi pur alma gradita (Il Sant'Alessio)*

Eufemiano	**Nicolas Rivenq** (baritone)
Sposa	**Sophie Marin-Degor** (soprano)
Madre	**Cecile Eloir** (mezzo)
Religione	**Maryseult Wieczorek** (mezzo)

Les Arts Florissants Chorus, Les Arts Florissants, director William Christie
Froberger *Suite No 30 in A minor, FbWV630* Anne Marie Dragosits (harpsichord)
Marazzoli *Dialogo fra Rosinda ed Olindo* Soledad de la Rosa (soprano), Nora Tabbush (soprano), Ensemble Mare Nostrum, director Andrea De Carlo
Frescobaldi *Credo (Missa sopra l'aria della monica)* Stagione Armonica Choir, Schola Gregoriana de La Stagione Armonica, conductor Sergio Balestracci
Cento partite sopra passacagli (Toccate e partite d'intavolatura, Book 1) Markus Markl (harpsichord)

1.00pm Radio 3 Lunchtime Concert
John Toal concludes a Northern Ireland focus.
Fauré *Cinq melodies de Venise, Op 58* James Atkinson (baritone), Simon Lepper (piano)
Tailleferre *Romance* Simon Lepper (piano)
Ethel Smyth *After Sunset*
Debussy *Chansons de Bilitis*
Falla *Nana, Polo (Seven Spanish Folksongs)* Marta Fontanals-Simmons (mezzo), Simon Lepper (piano)
Honegger *Petits cours de morale*
Ravel *Chanson des cueilleuses de lentisques*
Hahn *Les étoiles; L'heure exquise*
Weill *Dirge for Two Veterans (Four Walt Whitman Songs)* Robin Tritschler (tenor), Simon Lepper (piano)

2.00 Afternoon Concert With Ian Skelly.
Bizet *Farandole (L'Arlesienne: Suite No 2)* Ulster Orchestra, conductor Yan Pascal Tortelier
Friedrich Kuhlau *The Robbers' Castle – Overture* Danish National Symphony Orchestra, conductor Michael Schonwandt
Florence Price *Resignation* BBC Singers, conductor Benjamin Nicholas
2.25 Nielsen *Clarinet Concerto* Johnny Teyssier (clarinet), Daanish National Symphony Orchestra, conductor Fabio Luisi
Piazzolla *Café 1930* Nicholas Altstaedt (cello), José Gallardo (piano)
3.00 Stravinsky *Symphony in C* Ulster Orchestra, conductor Adam Hickox
Mozart *Piano Concerto No 27 in B flat, K595* Ragna Schirmer, Ostrobothnian Chamber Orchestra, conductor Malin Broman
Fauré *Pavane* BBC Concert Orchestra, conductor Barry Wordsworth

4.30 The Listening Service Rptd from Sun 5pm

5.00 In Tune Sean Rafferty with performances by some of Northern Ireland's finest musicians, including pianist Ruth McGinley, jazz trumpeter Linley Hamilton and soprano Mary McCabe.

7.00 Classical Mixtape An inspired playlist.

7.30 Radio 3 in Concert
RT The Ukrainian Freedom Orchestra plays Beethoven's Ninth Symphony at the opening concert of its 2023 tour. Hannah French presents. Olga Kulchynska (soprano), Nicole Chirka (mezzo), Dmytro Popov (tenor), Vladyslav Buialskyi (bass-baritone), Podlasie Opera and Philharmonic Choir in Bialystok, Ukrainian Freedom Orchestra, conductor Keri-Lynn Wilson
Verdi *Overture: La forza del destino*
Yevhen Stankovych *Violin Concerto No 2* Valeriy Sokolov (violin)
8.00 Interval A recorded performance by Anna Fedorova of Chopin's *Op 27 Nocturnes in C sharp minor and D flat.*
8.10 Beethoven *Symphony No 9 in D minor (Choral)*

10.00 The Verb
Live from the Contains Strong Language festival in Leeds, Ian McMillan introduces public poets from around the world, including Poet Laureate Simon Armitage, Hanan Issa (the National Poet of Wales), Chris Tse (Poet Laureate of New Zealand) and Titilope Sonuga – Nigerian-Canadian poet and former Laureate of Edmonton. Ian will also hear from the winner of the 2023 Laurel Prize – the international award for nature poetry.

10.45 The Essay: Unearthing Britannia's Tribes
10/15. **Arthur Begins.** Miles Russell returns to the earliest accounts of the story of King Arthur as a blood-soaked berserker. Producer Mark Burman (R)

11.00 Late Junction
RT Verity Sharp continues her 60th-anniversary celebration of music cassette culture.

1.00am Ultimate Calm
11/12. Olafur Arnaldsreflects on the power of music to offer glimmers of hope during tough times. (R)

2.00 Happy Harmonies with Laufey
Showcasing emerging folk talent. From 2021. (R)

3.00 Through the Night
With John Shea, who starts with a concert given by the Amar Quartet in August 2021 at Sommerkonzerte Falera in Switzerland. **Beethoven** *String Quartet in G, Op 18 No 2* **Saint-Saëns** *String Quartet in E minor, Op 112* **Holm Birkholz** *Small Fugue No 1* Amar Quartet **4.04 Bizet, arr Shchedrin** *Suite Carmen* **4.47 Liszt** *Rhapsodie espagnole, S254* **5.01 Bonis** *Salomé ,Op 100* **5.06 Dukas** *Villanelle for horn and piano* **5.12 Halevy** *Salut, salut, à cette noble France (La reine de Chypre)* **5.23 Handel** *Recorder Sonata in C, HWV365* **5.35 Tartini** *Violin Concerto in D* **5.52 Beethoven** *Piano Sonata in D minor, Op 31 No 2 (Tempest)* **6.16 Lipatti** *Satrarii (Gypsies)* **6.41 Vierne** *Clair de lune (Suite No 2, Op 53)* **6.51 Monteverdi** *Dixit Dominus (Psalm 110)* (R)

Scala Radio

DAB scalaradio.co.uk

7.00am Charles Nove Music, a light look at the newspapers and features including **Questions of the Day** and, from **9.00**, **Screen Time**, featuring an hour of music from films, TV shows, adverts and video games.

10.00 Penny Smith Including at **11.30** a guest from the arts and entertainment world, today with illustrator and writer Chris Riddell ahead of his appearance at the Bath Children's Literature Festival.

1.00pm Sam Hughes With popular classical works, new discoveries and rediscoveries.

4.00 Richard Allinson With **Classical Bangers** at **5.30**.

7.00 Classical Bangers Darren Redick with an upbeat playlist to start the weekend.

10.00 The Space Soothing and calming music.

1.00am Night Music 5.00 In the Park

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912

6.00am Fresh **7.00** Nikita Kanda **10.00** Asian Network Certified **11.00** Haroon Rashid **2.00pm** Certified Throwbacks **3.00** The Official Asian Music Chart **5.00** Asian Network Certified **6.00** Panjabi Hit Squad **9.00** DJ Limelight **12.00** Desi Dancefloor Mix **1.00am** Pure Spice with DJ Manara **4.00** Fresh

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast Tim Lihoreau with music, news, financial updates and features, including the **Breakfast Serial** at **7.25**.

9.00 Alexander Armstrong Classical hits, starting with the **Classic Hall of Fame Hour**, featuring favourite pieces voted into the current Classic FM Top 300. At **10.15 Album of the Week**.

12.00 Anne-Marie Minhall Including at **12.00 Classic FM Requests** – with listeners phoning in – and at **3.00 Hall of Fame**, with three works from the current Classic Hall of Fame chart.

4.00pm Margherita Taylor Classic FM favourites.

7.00 Smooth Classics at Seven Zeb Soanes with three hours of potentially calming classical music.

10.00 Calm Classics With Ritula Shah.

1.00am Katie Breathwick Music through the night.

4.00 Sam Pittis With Classic FM favourites.

Absolute Radio

DAB absoluteradio.co.uk
Freeview 727 **Freesat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry **10.00** Claire Sturgess **1.00pm** Ben Burrell **4.00** Bush and Richie **7.00** Sarah Champion **10.00** Sophie K **4.00am** Jennie Longdon

RadioTimes Five Star Film Guide From Alien to Zulu, discover the best-rated films in RT's history

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News, weather and **shipping forecasts** as Tuesday

5.30am News Briefing

5.43 Prayer for the Day
With the Rt Rev Mary Stallard, Bishop of Llandaff.

5.45 Farming Today
News about food, farming and the countryside.

5.58 Tweet of the Day
Michael Palin presents the secretive chowchilla from Queensland, Australia. The chowchilla gets its name from its song, which is one of the most distinctive sounds of the coastal rainforest of north-east Queensland. (R)

6.00 Today
With Martha Kearney and Justin Webb.

6.25, 7.25, 8.25 Sports News

6.45 Yesterday in Parliament
An update on the latest political proceedings.

7.48 Thought for the Day
With Chief Rabbi Ephraim Mirvis.

8.31 *LW* **Yesterday in Parliament**

9.00 Desert Island Discs
Repeated from Sunday 11.15am

9.45 *FM* **Book of the Week: Material World**
5/5. **Lithium.** By Ed Conway. The author considers how the future of the world may be held in the eerie salt pools of the Chilean desert and the lithium they contain. Read by John Hollingworth and Anna Magnusson.
For details see Monday Repeated 12.30am

9.45 *LW* **Daily Service**
The Daily Service's **Diocese in Europe** week concludes with a service from Christ Church, Kyiv, led by Krystyna Laschenko.

10.00 Woman's Hour
Presented by Anita Rani.

11.00 The Briefing Room
Repeated from yesterday 8pm

11.30 What's Funny about...
4/6. Peter Fincham and Jon Plowman continue their series in which they tell the inside story of some of the biggest TV comedies. Today the comedy is *Green Wing*, a hospital-based sketch show which ran on Channel 4 from 2004 to 2007. Its creator, Victoria Pile, and one of its stars, Tamsin Greig, look back. Producer Owen Braben

12.04pm Archive on 4: the Hundred Year Ego
Repeated from Saturday 8pm

1.00 The World at One
Presented by Jonny Dymond.

1.45 NatureBang
5/5. Becky Ripley and Emily Knight conclude their series examining the science behind phenomena in the natural world and ask whether it can be applied to humans. Today: what can a drunken moose, stuck in a tree, tell us about our drive to get intoxicated?
For details see Monday

2.00 The Archers
Repeated from yesterday 7pm

2.15 Drama: The System
2/5. **Five Methods for Overcoming Mortality – Method 2: Fill the Hole**
The third and final series of the award-winning thriller, by Ben Lewis. Ankle-tagged by the authorities and cancelled by the media, Maya is trying to focus on a life of hedonism when she begins to suspect someone is trying to kill her. Are they? Or is there something even more surreal about to unfold?
Maya **Siena Kelly** Reggie **Ian Dunnett Jnr**
Coyote **Divian Ladwa** Robin **Ryan Sampson**
Director Kirsty Williams

2.45 Close Encounters
2/10. Martha Kearney invites ten notable people to discuss their favourite portrait of a Great Briton in the National Portrait Gallery, and what both the picture and the subject mean to them. Today, Martha is joined by singer/songwriter Arlo Parks who chooses the late punk figure Marion Elliott-Said, better known as Poly Styrene, the lead singer of X-Ray Spex.
Producers Mohini Patel and Tom Alban (R)

3.00 Gardeners' Question Time
A second edition from Charlton Adam in Somerset, with Peter Gibbs in the chair and a panel of Anne Swithinbank, Bob Flowerdew, and Christine Walkden answering the audience's horticultural queries. Plus, Matt Biggs with a masterclass in dead-heading.
Producer Dom Tyerman Repeated Sunday 2pm

3.45 Short Works
Goosegrass, by Emma Kane. The news of her son's engagement causes a single mother to look for fulfilment elsewhere in her life. Read by Andrea Irvine. Emma Kane's work can be found in *On the Grass When I Arrive: An Anthology*; *The Bangor Literary Journal*; and *The Cormorant and What Could Be Carried*, part of an ekphrasis project for the Ulster Museum. Her story *Mother's Daughter* aired this year on BBC Radio Ulster as part of the *Storytellers* series.
Producer Michael Shannon Repeated tomorrow 9.45pm

4.00 Last Word
Matthew Bannister presents the programme that profiles the lives of the recently deceased.
Producer Gareth Nelson Davies Rptd Sunday 8.30pm

4.30 More or Less
Repeated from Wednesday 9am Repeated Sunday 8pm

5.00 PM
Presented by Caroline Wyatt.

6.00 Six o'Clock News

6.30 The News Quiz
3/8. Topical comedy panel game, featuring cryptic questions and acerbic satire based on the past week's news. Andy Zaltzman chairs, with a panel of Alasdair Beckett-King, Ria Lina, Ayesha Hazarika and Chris McCausland.
Producer Pete Strauss Repeated tomorrow 12.30pm

7.00 The Archers
Stella attempts to keep the peace and there's surprising news for Emma.
David Archer **Timothy Bentinck** Emma Grundy
Ruth Archer **Felicity Finch** **Emerald O'Hanrahan**
Josh Archer **Angus Imrie** George Grundy **Angus Stobie**
Pip Archer **Daisy Badger** Elizabeth Pargetter
Jolene Archer **Buffy Davis** **Alison Dowling**
Natasha Archer **Mali Harries** Freddie Pargetter **Toby Laurence**
Tom Archer **William Troughton** Stella Pryor **Lucy Speed**
Harrison Burns Fallon Rogers
James Cartwright **Joanna van Kampen**
Vince Casey **Tony Turner**
Writer Sarah McDonald Hughes; Director Gwenda Hughes
Editor Jeremy Howe

7.15 Screenshot
7/9. Ellen E Jones and Mark Kermode debate the question of cats v dogs on screen: which are better? Arguing the case for felines, Ellen is joined by the author of *Cats On Film*, critic Anne Bilson. She also speaks to film-makers Ceyda Torun and Charlie Wuppermann about capturing cats on camera for their 2017 film *Kedi*, a documentary about stray cats living in Istanbul. Meanwhile, dog-lover Mark speaks to the man behind Cannes' annual Palm Dog awards, Toby Rose, as well as veteran Hollywood dog trainer Teresa Ann Miller.
Producer Jane Long Repeated tomorrow 10.15pm

8.00 Any Questions?
James Cook presents political debate from Beauchamp College in Oadby, Leicestershire. The panellists include the Labour peer Baroness Anderson, the International Development Minister Andrew Mitchell MP, and the Lib Dem Foreign Affairs Spokesperson Layla Moran MP.
Producer Camellia Sinclair Repeated tomorrow 1.30pm

8.50 A Point of View
A reflection on a topical issue. Rptd Sun 8.48am

9.00 The Bailout
The story of the 2008 bank bailout from inside No 10, in a blow-by-blow account by the then prime minister Gordon Brown. (R)

10.00 The World Tonight
International news round-up and analysis.

10.45 Book at Bedtime: The Secret Hours
5/10. By Mick Herron. As the Monochrome inquiry into wrongdoing in the intelligence service calls its first proper witness, Max Janacek looks into how his cover was blown. Read by Nina Sosanya. For details see Monday

11.00 Americast
With Justin Webb, Sarah Smith, Marianna Spring and Anthony "The Zurch" Zurcher.

11.30 Science Stories
2/3. Sophia Jex-Blake campaigned in the 19th century for women to train and practise as doctors. Naomi Alderman tells her story. (R)

12.00 News and Weather

12.30–12.45am Book of the Week: Material World Repeated from 9.45am (*FM only*)

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910

6.00am Paul Temple and the Conrad Case (3/8)
6.30 Death Speaks Another Language (6/6)
7.00 How to Find Home By Mahsuda Snaith (5/10)
7.15 Hester By Margaret Oliphant (5/5)
7.30 The Break Comedy from 2020 (4/6)
8.00 Marriage Lines as 1pm
8.30 Sketches by Boz as 6.30pm
9.00 Whispers 2003 panel game (3/6)
9.30 Barbara Nice as 7.30pm
10.00 The Jacobean Box Drama by Don Taylor
11.00 Paul Temple and the Conrad Case (3/8)
11.30 Death Speaks Another Language (6/6)
12.00 How to Find Home By Mahsuda Snaith (5/10)
12.15pm Hester By Margaret Oliphant (5/5)
12.30 The Break Comedy from 2020 (4/6)
1.00 Marriage Lines Sitcom by Richard Waring, with Richard Briers and Prunella Scales reprising their TV roles as as newlyweds. From 1965
1.30 Sketches by Boz as 6.30pm
2.00 Whispers 2003 panel game (3/6)
2.30 Barbara Nice as 7.30pm
3.00 The Jacobean Box Drama by Don Taylor. A Shakespeare academic learns a large item is awaiting collection at a remote northern station
4.00 Paul Temple and the Conrad Case (3/8)
4.30 Death Speaks Another Language (6/6)
5.00 How to Find Home By Mahsuda Snaith (5/10)
5.15 Hester By Margaret Oliphant (5/5)
5.30 The Break Comedy from 2020 (4/6)
6.00 Marriage Lines as 1pm
6.30 Sketches by Boz Imelda Staunton stars in Dickens's 1834 comic tale *The Boarding House*
7.00 Whispers 2003 panel game (3/6)
7.30 Barbara Nice Janice Connolly stars in her own warm-hearted sitcom pilot set in Manchester, centred on a Stockport housewife who is worred that she and her husband have little in common as they approach their silver years. From 2015
8.00 India's Classical Music Marathon The fate of India's all-night classical music concert
8.30 Soul Music Simon and Garfunkel's *Bridge over Troubled Water*. From 2000 (3/8)
9.00 The Curious Cases of Rutherford and Fry
9.30 The Long Drop Serial killer drama (5/10)
9.45 The Dead Hour By Denise Mina (5/10)
10.00–12.00 Comedy Club: Whatever Happened to Baby Jane Austen? (4/5), at **10.30 Beauty of Britain** (5/6), at **11.00 2000 Years of Radio** (4/6), at **11.15 Steven Appleby's Normal Life** (4/6), and at **11.30 Listen Against** (4/4)
12.00 Body Horror (2/3) **12.45am Get Carter: The Bloody Chamber 1.00** as 3pm **2.00** as 4pm **2.30** as 4.30pm **3.00** as 5pm **3.15** as 5.15pm **3.30** as 5.30pm **4.00** as 6pm **4.30** as 6.30pm **5.00** as 2pm **5.30** as 7.30pm

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am Newsday **8.00** News **8.05** Hardtalk **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** Science in Action **10.00** News **10.05** The Real Story **11.00** The Newsroom **11.30** Heart and Soul: how some Polish nuns are rejecting their orders after experiencing what they now regard as abuse **12.00** News **12.05pm** The Fifth Floor **12.50** Witness History **1.00** The Newsroom **1.30** Science in Action **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** The Fifth Floor **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** BBC OS Conversations: how major news stories are affecting the lives of people around the world **8.30** Crowd Science: advances in stem cell research **9.00** Newshour **10.00** News **10.05** Hardtalk **10.30** Heart and Soul **11.00** The Newsroom **11.20** Sports News **11.30** World Business Report **12.00** News **12.05am** The Real Story **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** Stumped: weekly cricket show **3.00** News **3.05** The Fifth Floor: global news **3.50** Witness History **4.00** News **4.05** The Real Story

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908
News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am Wake Up to Money

6.00 5 Live Breakfast With Rick Edwards and Helen Skelton.

9.00 Nicky Campbell

11.00 Chiles on Friday

1.00pm 5 Live Golf
Iain Carter is joined by Katherine Downes and Lydia Hall for coverage, interviews and features from the Solheim Cup in Andalucía, Spain.

2.00 Elis James and John Robins

4.00 5 Live Drive
Tony Livesey and Clare McDonnell.

4.30 Rugby World Cup
Build-up and commentary on Argentina v Samoa in Pool D (kick-off **4.45**).

6.30 5 Live Drive

7.00 5 Live Sport
Juliette Ferrington with sports news and build-up to the **7.45** football commentary on England v Scotland in the Women's Nations League.

10.00 Stephen Nolan

1.00am Greg McKenzie

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

6.55–8.05am Formula One
The Japanese Grand Prix second practice session.

1.00–6.00pm Golf The Solheim Cup, day one from Andalucía, Spain.

7.55–10.00 Rugby League
Huddersfield Giants v Warrington Wolves in the Super League (k/o **8.00**).

Radio 5 Live: Contact individual programmes via the website at bbc.co.uk/5live.
TELEPHONE: 0808 590 9693
TEXT: 85058 (standard rate)

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am Talksport Breakfast
Presented by Alan Brazil.

10.00 Jim White and Simon Jordan Sporting insight.

1.00pm Hawksbee and Jacobs

4.00 Talksport Drive With Andy Goldstein and Darren Bent.

7.00 International Football
England v Scotland, the Women's Nations League Group A match at the Stadium of Light (kick-off **7.45**).

10.00 Sports Bar Reaction, analysis and your chance to have your say on the day's sport.

1.00am Extra Time
Presented by Martin Kelner

Talksport 2

DAB talksport.co.uk

1.00–3.00pm Racing
From Newton Abbot.

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919

7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Lewis Goodall **9.00** The LBC Consumer Hour **10.00** Nick Abbot **1.00am** Clive Bull **4.00** Ali Miraj

Times Radio

DAB thetimes.co.uk/radio

5.00am Rosie Wright **6.00** Chloe Tilley and Calum Macdonald **10.00** Matt Chorley **1.00pm** Ruth Davidson **4.00** Cathy Newman **7.00** Ed Vaizey **10.00** Henry Bonsu **1.00am** Stories of Our Times **1.30** Red Box **2.00** Highlights

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Over a century of cinema covered in 250 reviews from the RadioTimes film team

Order on **page 44**

Face behind the voice Rob Adcock BBC Radio Stoke

Current job Has presented *BBC Introducing* on Radio Stoke (Sat, 8–10pm) since 2009. Also presents sports programmes (Sat, 2–6pm). His BBC News series *Imposter Syndrome* is coming soon to iPlayer.

CV Born in Nottinghamshire, he got his first radio experience at the age of 13 when, after phoning in constantly to Bernie Keith on Century 106, Nottingham, he was invited in to help out, making tea. He did a business studies course at the University of Manchester, but dropped out in 2005 after six months. "I'd wanted to be on the radio since I was eight years old, when I used to make pretend radio shows. I got in touch with Bernie Keith, who said, 'Speak to John Ryan, who works for BBC Radio Manchester.'" After a matter of weeks, he moved on to BBC Radio Stoke, initially taking calls for the sports show *Praise and Grumble*. Then his presenting debut was at Cheshire FM in 2006. In 2012 he worked for BBC TV's *Newsround* and presented the drivetime show for BBC Radio Northampton 2013–16. He has worked on social media for BBC Radio Bristol, BBC3, the Baftas, *The Apprentice*, *Sort Your Life Out* (BBC1) and *Newsbeat* (Radio 1). He first presented for Radio 1 in 2018. His new podcast, *On Tour with Sport 24*, is co-presented with Emma Saunders. "I travel around the world going to watch football matches."

Social media – yes or no? "I adore it. I find it interesting how it's going to affect my children's lives. But it's given me so many opportunities I'd never normally have got."

Best moment "Presenting on Radio 1. I wasn't nervous at all because I felt like I'd prepared for it since I was eight years old."

Worst moment "I'd just started at Radio Stoke. I saw that Terry Wogan was in Birmingham so I thought, 'I'm going to interview him'. We sat down and I hadn't even finished my first question when I heard 'beep-beep-beep!' I'd left the recorder on throughout the journey and it had run out of battery. I did the interview in full knowledge it wasn't recording. I didn't have the heart to tell him."

Off air Lives in the Staffordshire Moorlands area with his wife Kate, a deputy head teacher, and daughters Orla, five, and Una, three months.

First radio memory "Bernie Keith is my broadcasting hero. He's the person that made me want to get into radio. And I used to love Chris Moyles on Radio 1 Breakfast. The 'zoo' format made me realise you could have fun and get paid for it."

Favourite broadcasters "I've got a Top Five! Bernie Keith, Chris Moyles, Nick Grimshaw, Russell Brand. And John Acres, on BBC Radio Devon. He's one of those broadcasters who can do everything."

Ambition/Dream job "If I could do a Graham Norton/Jonathan Ross-type show on Friday night, that would be amazing."

Secret skills "If you need to save money on a holiday or find a bargain on the internet, I can find you those deals." **DAVID McGILLIVRAY**

Listen at bbc.co.uk/radiostoke

Berkshire

Saturday
6am Katie Martin **10.00** Alice Hopkins **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Alex Dyke

Sunday
6am Katie Tyler **10.00** Alice Hopkins **2pm** Tony Blackburn **6.00** Pat Sissons **10.00–1am** Bill Rennells

Monday–Friday
6am Andrew Peach **10.00** Sarah Walker **2pm** Bridgitte Tetteh **6.00 Mon:** Sport; **Tue/Wed:** Stephen Brown; **Thu:** Upload; **Fri:** Weekend Kick-Off **7.00 Mon:** Rena Annobil; **Fri:** Dan Simpson **8.00 Thu:** BBC Introducing **10.00–1am** Paul Miller; **Fri:** Alex Dyke

Bristol

Saturday
6am Jonathan Ray **10.00** Steve Yabsley **12.50pm** Sport **6.00** BBC Introducing **10.00–1am** David White

Sunday
6am Jonathan Ray **10.00** Laura Rawlings **2pm** Sport **6.00** Kevin Philemon **10.00–1am** Jim Colvin

Monday–Friday
6am Paris Troy; **Fri:** Claire Cavanagh **10.00** John Darvall **2pm** Claire Cavanagh; **Fri:** Steve Yabsley **6.00 Mon:** Sound of the City; **Tue:** The Pavilion; **Wed:** Richard Hoskin; **Thu:** Having a Gas; **Fri:** Sport **7.00** Mel Everett; **Tue:** Midweek Football **10.00–1am** Mike Vitti

Cambridgeshire

Saturday
6am Babs Michel **10.00** Amir Suleman **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Justin Dealey

Sunday
6am Babs Michel **10.00** Amir Suleman **2pm** Keith Greentree **4.00** John Leech **6.00** Walk Right Back **8.00** Folk Show **10.00–1am** David Clayton

Monday–Friday
6am Dotty McLeod **10.00** Chris Mann **2pm** Louise Hulland **6.00** Sport; **Tue/Wed:** Babs Michel **7.00 Mon:** Farzana Chaudry; **Thu:** Upload; **Fri:** Angelle Joseph **8.00 Thu:** BBC Introducing **10.00–1am** Paul Miller; **Fri:** Alex Dyke

Cornwall

Saturday
6am Breakfast Show **10.00** James Dundon **2pm** Sport **6.00** Dan Pascoe **10.00–1am** David White

Sunday
6am Faith Programme **10.00** Mid-Morning **2pm** The Afternoon Show **6.00** Richard Green **10.00–1am** Jim Colvin

Monday–Friday
6am James Churchfield; **Fri:** Anoushka Williams **10.00** Julie Skentelbery **2pm** David White **6.00** Sport **7.00** Tiffany Truscott **10.00–1am** Mike Vitti

Cumbria

Saturday
6am Ian Timms **10.00** John Lipscombe **2.00** Sport **6.00** Joe Costin **8.00** BBC Introducing **10.00–1am** Simon Logan

Sunday
6am Ian Timms **10.00** John Lipscombe **2pm** Joe Costin **6.00** Paul Braithwaite **10.00–1am** Simon Logan

Monday–Friday
6am Mike Zeller **10.00** Val Armstrong **2pm** Pete Moss; **Fri:** Helen Millican **6.00 Mon:** Tom Salmon; **Tue/Fri:** Sport; **Wed:** Darren Milby; **Thu:** Introducing **7.00 Thu:** Helen Millican; **Fri:** Darren Milby **10.00–1am** John Gillmore; **Fri:** Steffen Peddie

CWR

Saturday
6am Lorna Bailey **10.00** Lucy Hawkins **2pm** Letitia George **6.00** Dave Marshall Barrett **8.00** BBC Introducing **10.00–1am** Natalie Graham

Sunday
6am Sandra Godley **10.00** Richard Williams **2pm** Bob Brolly **6.00** Gagan Grewal **8.00** Nikki Tapper **10.00–1am** Susan Hanks

Monday–Friday
6am Phil Upton **10.00** Vic Minett **2pm** Trish Adudu; **Fri:** Afternoon Show **6.00 Mon/Fri:** Sound of the Sky Blues; **Tue:** Lorna Bailey; **Wed:** Letitia George; **Thu:** Dan Sambell **7.00 Mon:** Sandra Godley; **Tue:** Sport; **Fri:** Dan Sambell **10.00–1am** Susan Hanks; **Fri:** Natalie Graham

Derby

Saturday
6am Jack Tymon **10.00** Susan Hanks **2pm** Sportscene **6.00** The Beat **8.00** Introducing **10.00–1am** Natalie Graham

Sunday
6am Donna Alos **10.00** Dean Jackson **2pm** James Watt **6.00** Satvinder Rana **8.00** Devon Daley **10.00–1am** Susan Hanks

Monday–Friday
6am Martyn Williams **10.00** Ian Skye **2pm** Sally Pepper; **Mon:** James Watt **6.00** Sportscene **7.00 Mon/Wed–Fri:** Pam Sidhu **10.00–1am** Susan Hanks; **Fri:** Dean Jackson

Devon

Saturday
6am Caroline Cook **10.00** Richard Green **2pm** Sport **6.00** Dan Pascoe **10.00–1am** David White

Sunday
6am Justin Leigh **10.00** Toby Buckland **2pm** Mel Everett **6.00** Richard Green **10.00–1am** Jim Colvin

Monday–Friday
6am John Acres **10.00** David FitzGerald **2pm** David White **6.00** Rick Edwards; **Thu/Fri:** Tiffany Truscott **7.00 Tue:** Sport **10.00–1am** Mike Vitti

Essex

Saturday
6am Babs Michel **10.00** Sadie Nine **2pm** Sport **6.00** Rob Jelly **8.00** BBC Introducing **10.00–1am** Justin Dealey

Sunday
6am Babs Michel **10.00** Sadie Nine **2pm** The Essex Rock Show **4.00** John Leech **6.00** Ray Clark **8.00** Mark Punter **10.00–1am** David Clayton

Monday–Friday
6am Sonia Watson **10.00** Ben Fryer **2pm Mon/Tue/Thu:** Steve Scruton; **Wed:** Emma Bullimore; **Fri:** Dave Monk **6.00 Mon:** Sport Extra; **Tue:** Sport; **Wed:** Around the Wicket; **Thu:** Rob Jelly; **Fri:** Fans Phone-in **7.00 Mon:** Farzana Chaudry; **Wed:** Babs Michel; **Fri:** Angelle Joseph **8.00 Thu:** Introducing **10.00–1am Mon/Wed–Fri:** Paul Miller **10.30 Tue:** Framed **11.00–1am Tue:** Paul Miller

Gloucestershire

Saturday
6am Breakfast Show **10.00** Morning Show **2.00pm** Matchday **6.00** James Threlfall **8.00** Introducing **10.00–1am** David White

Sunday
6am Mark Smith **10.00** Kate Clark **2pm** Dominic Cotter **6.00** Manny Masih **10.00–1am** Jim Colvin

Monday–Friday
6am David Smith **10.00 Mon/Tue:** Jo Durrant; **Wed–Fri:** Dominic Cotter **2pm** Steve Kitchen **6.00** Mel Everett **7.00 Tue/Fri:** Matchnight **10.00–1am** Mike Vitti

Guernsey

Saturday
6am Matthew Price **10.00** Jim Delbridge **2pm** Warren Muggleton **6.00** Stereo Underground **8.00** Tim Hunter **10.00–1am** David White

Sunday
6am Matthew Price **10.00** Jim Delbridge **2pm** John Randall **6.00** Richard Green **10.00–1am** Jim Colvin

Monday–Friday
6am Tim Hunter **10.00** Steph Watkins **2pm** Danny Parkinson **6.00** Tiffany Truscott **10.00–1am** Mike Vitti

Hereford/Worcester

Saturday
6am Andrew Easton **10.00** Toni McDonald **2.00pm** Sport **6.00** *FM 94.7/DAB only until 7.30* BBC Introducing **10.00–1am** Natalie Graham

Sunday
6am Tammy Gooding **10.00** Malcolm Boyden **2pm** Jonathan Ray **6.00** Andrew Marston **10.00–1am** Susan Hanks

Monday–Friday
6am Elliott Webb **10.00** Malcolm Boyden **Mon:** Tammy Gooding **2pm** Andrew Easton; **Thu/Fri:** Tammy Gooding **6.00** Kate Justice **7.40 Tue:** *FM 104/104.4* Sports Special **10.00–1am** Susan Hanks; **Fri:** Natalie Graham

Humberside

Saturday
6am Breakfast Show **10.00** Fiona Mills **2pm** Sport **5.00** Football Forum **6.00** John Kane **7.00** Sport **10.00** Introducing **12.00–1.00am** Xanthe Palmer

Sunday
6am Breakfast Show **8.00** Great Outdoors **10.00** Fiona Mills **2pm** Sile Sibanda **6.00** Neil Foster **10.00–1am** Xanthe Palmer

Monday–Friday
6am Kofi Smiles **10.00** Phil White **2pm** Andy Comfort **6.00 Mon/Tue/Fri:** Sportstalk; **Wed:** Cricket Show; **Thu:** Bek Homer **7.00 Mon:** Alan Raw; **Tue:** Evening Show; **Wed/Fri:** Sport **8.00 Thu:** Introducing **9.35 Wed:** Football Forum **10.00–1am** Russell Walker; **Mon:** Nick Ahad

Jersey

Saturday
6am Matthew Price **10.00** Jim Delbridge **2pm** Warren Muggleton **6.00** Stereo Underground **8.00** Tim Hunter **10.00–1am** David White

Sunday
6am Matthew Price **10.00** Jim Delbridge **2pm** John Randall **6.00** Richard Green **10.00–1am** Jim Colvin

Monday–Friday
6am Harry Barratt **10.00** Alison Moss **2pm** Danny Parkinson **6.00** Tiffany Truscott **10.00–1am** Mike Vitti

Kent

Saturday
6am Pat Marsh **10.00** Steve Ladner **2pm** Sports Hub **6.00** Upload **8.00** Introducing **10.00–1am** Alex Dyke

Sunday
6am Phil Harrison **10.00** Andy Garland **2pm** Tony Blackburn **6.00** Ray Clark **8.00** Mark Punter **10.00–1am** Bill Rennells

Monday–Friday
6am Anna Cookson **10.00 Mon/Wed:** Julia George; **Tue:** Rosemary Main; **Thu/Fri:** Steve Ladner **2pm** Pat Marsh; **Fri:** Leo Ulph **6.00** Stephen Brown; **Thu:** Upload **8.00 Thu:** BBC Introducing **10.00–1am** Paul Miller; **Fri:** Alex Dyke

Lancashire

Saturday
6am Shigufta Khan **10.00** Gary Hickson **2pm** Matchday **6.00** Soul Sessions **8.00** Introducing **10.00–1am** Allan Beswick

Sunday
6am Joe Wilson **10.00** Gary Hickson **2pm** Maria Felix Vas **6.00** Unforgettable **10.00–1am** Allan Beswick

Monday–Friday
6am Hayley Kay **10.00 Mon/Tue:** Maria Felix Vas; **Wed:** Brett Davison; **Thu/Fri:** Joe Wilson **2pm** Nishma Hindocha **6.00** Sport **7.00 Mon:** Desi Nation; **Thu:** Your Lancashire **8.00 Fri:** Darren Milby **10.00–1am** John Gillmore; **Fri:** Linda McDermott

Leeds

Saturday
6am Johnny I'Anson **10.00** Nick Ahad **2pm** Sport **6.00** The Mixtape **8.00** Introducing **10.00–1am** Xanthe Palmer

Sunday
6am Johnny I'Anson **10.00** Nick Ahad **11.00** Sport **3pm** Sport **6.00** Waheed Akhtar **10.00–1am** Xanthe Palmer

All BBC local radio stations take BBC Radio 5 Live programmes from 1am

Monday–Friday
6am Rich Williams **10.00** Gayle Lofthouse **2pm** Richard Stead **6.00** Sport **7.00** Sanchez Payne; **Wed/Fri:** Sport **10.00–1am Mon:** Nick Ahad; **Tue/Thu/Fri:** Russell Walker **10.30–1am Wed:** Russell Walker

Leicester

Saturday
6am Kelly Hinch **10.00** Chance Litchfield and Summaya Mughal **2pm** Ady Dayman and Rupal Rajani **6.00** The Beat **10.00–1am** OJ Borg

Sunday
6am Jo Bostock **10.00** Jack Rafferty and Sara Palmer **2pm** Ady Dayman and Rupal Rajani **6.00** Chance Litchfield and Summaya Mughal **10.00–1am** OJ Borg

Monday–Friday
6am Mon/Tue: Ady Dayman; **Wed/Thu:** Kelly Hinch; **Fri:** Jack Rafferty **10.00** Summaya Mughal **2pm** Ben Jackson; **Fri:** Jo Bostock **6.00 Mon:** Football Forum; **Tue:** Game Night; **Wed:** Rugby Show; **Thu:** The Boot Room; **Fri:** Weekend Preview **7.00 Mon:** Corey Trevor; **Tue:** Chance Litchfield; **Wed:** Sport; **Thu:** The Shruti Show; **Fri:** Everton Osbourne **9.00 Thu:** Real Talk **10.00–1am** Susan Hanks; **Fri:** Dean Jackson

Lincolnshire

Saturday
6am Sarah-Jane Honeywell **10.00** Sean Dunderdale **2pm** Hope and Glory **6.00** The Beat **8.00** BBC Introducing **10.00–1am** Natalie Graham

Sunday
6am Ross Carrick **10.00** Sean Dunderdale **2pm** Sarah-Jane Honeywell **6.00** Country Lincs **7.00** Folk: with Jono Brine **10.00–1am** Jack Rafferty

Monday–Friday
6am Scott Dalton **10.00** Frances Finn; **Fri:** Sean Dunderdale **2pm** Melvyn Prior **6.00 Mon/Wed/Thu:** In the Game; **Tue/Fri:** Hope and Glory **7.00 Mon:** Maria Richmond; **Wed–Fri:** Arun Verma **10.00–1am Mon:** Nick Ahad; **Tue–Thu:** Russell Walker; **Fri:** Dean Jackson

London

Saturday
5am Claira Hermet **7.00** Carrie Grant **10.00** David Grant **1pm** Sport **6.00** Gary Crowley **8.00** Introducing **10.00** LionHeart **1am–5.00** Greg McKenzie

Sunday
5am Claira Hermet **6.00** Inspirit **9.00** David Grant **12.00** Gaby Roslin **3pm** Jo Good **6.00** Tony Blackburn **7.00** Dotun Adebayo **10.00** Sunny and Shay **1am–5.00** Dotun Adebayo

Monday–Friday
5am Jason Rosam **7.00** Salma El-Wardany; **Fri:** Riz Lateef **10.00** Eddie Nestor; **Fri:** David Grant **2pm** Shay Grewal; **Fri:** Jumoké Fashola **6.00** Sport **8.00** The Scene **10.00** Jo Good; **Fri:** LionHeart **1am–5.00** Dotun Adebayo; **Fri:** Laura McGhie

Manchester

Saturday
6am Joe McGrath **10.00** Simone Riley **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Allan Beswick

Sunday
6am Asma Younus **10.00** Phil Trow **2pm** Sport **6.00** Indus **8.00** The People **10.00–1am** Allan Beswick

Monday–Friday
6am Mon: Gaz Drinkwater; **Tue–Thu:** Anna Jameson; **Fri:** Asma Younus **10.00** Simone Riley; **Fri:** Justin Moorhouse **2pm** Eamonn O'Neal; **Thu:** Joe McGrath; **Fri:** David Scott **6.00** Sport **7.00 Mon:** Mars; **Tue:** Sport; **Wed:** J Sky; **Thu:** Louise Croombs; **Fri:** Emily Brobyn **10.00–1am Mon/Tue:** Phil Trow; **Wed/Thu/Fri:** Stacey Copeland

Merseyside

Saturday
6am Paul Beesley **10.00** Sean Styles **12.00** Total Sport **6.00** The Late Late Beatles Show **8pm** BBC Introducing **10.00–1am** Allan Beswick

Sunday
6am Paul Beesley **10.00** Sean Styles **2pm** Billy Hui **4.00** Total Sport **7.00** Carl Learmond **10.00–1am** Allan Beswick

Monday–Friday
6am Phil Munns; **Fri:** Lisa Marrey **10.00** Tony Snell **2pm** Helen Jones; **Thu:** Sean Styles **6.00** Sport **8.00** The Place; **Mon:** Ngunan Adamu **9.00 Mon:** Orient Express **10.00–1am** Linda McDermott

Newcastle

Saturday
6am Kelly Scott **10.00** Simon Logan **2pm** Sport **8.00** Introducing **10.00–12.00** Simon Logan

Sunday
6am Kelly Scott **10.00** Tom Campbell **2pm** Simon Logan **6.00** Michael Poulter **10.00–1am** Simon Logan

Monday–Friday
6am Matt Bailey **10.00** Kelly Scott **2pm** Gilly Hope **5.00** Sport **8.00 Mon/Tue/Fri:** Nick Roberts; **Thu:** Introducing **10.00–1am** Steffen Peddie; **Thu:** Chris Felton

Norfolk

Saturday
6am Babs Michel **10.00** Amir Suleman **2pm** Sport **5.00** Canary Call **6.00** Upload **8.00** BBC Introducing **10.00–1am** Justin Dealey

Sunday
6am Babs Michel **10.00** Amir Suleman **2pm** Big Country Show **4.00** John Leech **6.00** Ray Clark **8.00** Mark Punter **10.00–1am** David Clayton

Monday–Friday
6am Chris Goreham **10.00** Kayleigh Poacher **2pm** Louise Hulland **6.00 Mon:** Scrimmage; **Tue:** Babs Michel; **Wed:** Sport; **Thu:** Upload; **Fri:** Yellow Friday **6.30 Fri:** Talking Cricket **6.40 Mon:** Racing Torque **7.00 Mon:** Farzana Chaudry; **Fri:** Angelle Joseph **8.00 Thu:** Introducing **Wed: 10.00–10.30** Canary Call **10.00–1am** Paul Miller; **Fri:** Alex Dyke

Northampton

Saturday
6am Babs Michel **10.00** Justin Dealey **2.00pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Daisie-Belle Downer

Sunday
6am Babs Michel **10.00** Justin Dealey **2pm** Rock 'n' Roll Heaven **4.00** John Leech **6.00** Ray Clark **8.00** Mark Punter **10.00–1am** David Clayton

Monday–Friday
6am Annabel Amos **10.00** Bernie Keith **2pm** Roberto Perrone **6.00 Mon:** Non-League Scene; **Tue:** Babs Michel; **Wed:** Saints; **Thu:** Cobblers; **Fri:** Sport **7.00 Mon:** Farzana Chaudry; **Wed:** Babs Michel; **Thu:** Upload; **Fri:** Angelle Joseph **8.00 Thu:** Introducing **10.00–1am** Paul Miller; **Fri:** Alex Dyke

Nottingham

Saturday
6am Liesl Soards **10.00** Dino **2pm** Matchday **6.00** The Beat **10.00–1am** Natalie Graham

Sunday
6am Kelly Hinch **10.00** Dino **2pm** Sarah-Jane Honeywell **5.00** We Are Notts **6.00** Hansa Dabee **8.00** Ethel Mudavanhu **10.00–1am** Susan Hanks

Monday–Friday
6am Sarah Julian **10.00** Verity Cowley **2pm** Dean Jackson; **Fri:** Dino **6.00 Mon/Fri:** In the Game; **Tue–Thu:** Arun Verma **7.00 Mon:** Matchnight; **Fri:** Arun Verma **10.00–1am** Susan Hanks; **Fri:** Dean Jackson

Oxford

Saturday
6am Katie Martin **10.00** Alice Hopkins **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Alex Dyke

Sunday
6am Katie Tyler **10.00** Alice Hopkins **2pm** Tony Blackburn **6.00** Pat Sissons **10.00–1am** Bill Rennells

Monday–Friday
6am Sophie Law **10.00** Adam Ball **2pm** Bridgitte Tetteh **6.00 Mon/Tue/Fri:** Sport; **Wed:** Stephen Brown; **Thu:** Upload **7.00 Mon:** Rena Annobil; **Fri:** Dan Simpson **8.00 Thu:** BBC Introducing **10.00–1am** Paul Miller; **Fri:** Alex Dyke

Sheffield

Saturday
6am Kat Cowan **10.00** Becky Measures **2pm** Football Heaven **5.00** Praise or Grumble **6.00** John Kane **8.00** Introducing **10.00–1am** Xanthe Palmer

Sunday
6am Kat Cowan **9.00** The Grow Show **10.00** Becky Measures **2pm** Sile Sibanda **6.00** Waheed Akhtar **10.00–1am** Xanthe Palmer

Monday–Friday
6am Mon/Tue: Ellie Colton; **Wed–Fri:** Toby Foster **10.00 Mon:** Becky Measures; **Tue:** Kat Cowan; **Wed–Fri:** Ellie Colton **2pm** Howard Pressman; **Fri:** Kat Cowan **6.00** Sport Heaven **7.45 Wed:** Football Heaven Live **8.00 Mon/Thu:** Sile Sibanda; **Tue:** Football Heaven Live; **Fri:** Upload **10.00–1am** Russell Walker; **Mon:** Nick Ahad

Shropshire

Saturday
6am Ed Nell **10.00** Paul Shuttleworth **2pm** Sport **6.00** Michaela Wylde **8.00** Introducing **10.00–1am** Natalie Graham

Sunday
6am Ed Nell **10.00** Paul Shuttleworth **2pm** Letitia George **6.00** Lizzie Crow **8.00** Genevieve Tudor **10.00–1am** Susan Hanks

Monday–Friday
6am Adam Green **10.00** Mark Elliott **2pm** Clare Ashford; **Fri:** Ed Nell **6.00 Mon/Wed/Thu:** Michaela Wylde; **Tue:** Active Shropshire; **Fri:** Carl Jones **6.50 Tue:** Sport **10.00–1am** Susan Hanks; **Fri:** Natalie Graham

Radio Solent

Saturday
6am Katie Martin **10.00** Alice Hopkins **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Alex Dyke

Sunday
6am Katie Tyler **10.00** Alice Hopkins **1pm** Sport **4.30** Tony Blackburn **6.00** Pat Sissons **10.00–1am** Alex Dyke

Monday–Friday
6am Alun Newman **10.00 Mon/Fri:** Katie Martin; **Tue–Thu:** Lou Hannan **2pm** Lucy Ambache **6.00** Sport **7.00 Mon:** Rena Annobil; **Wed:** Social; **Thu:** Upload; **Fri:** Dan Simpson **8.00 Wed:** Stereo Underground; **Thu:** Introducing **10.00–1am** Paul Miller; **Fri:** Alex Dyke

103.8 FOR WEST DORSET
As Radio Solent, including Dorset news and features, plus:

Monday–Friday
7.00am–9.00 Steve Harris

Somerset

Saturday
6am Simon Parkin **10.00** Andy Bennett **2pm** Sport **6.00** Dan Pascoe **10.00–1am** David White

Sunday
6am Breakfast Show **10.00** Andy Bennett **2pm** Mel Everett **6.00** Richard Green **10.00–1am** Jim Colvin

Monday–Friday
6am Charlie Taylor **10.00** Simon Parkin **2pm** Afternoon Show **6.00** Mel Everett; **Fri:** Jenna Myles **Tue: 7.00–10.30** Sport **10.00–1am** Mike Vitti

Stoke

Saturday
6am Paula White **10.00** Susan Hanks **2pm** Sport **6.00** Michaela Wylde **8.00** BBC Introducing **10.00–1am** Natalie Graham

Sunday
6am Rev Geoff Eze **10.00** Paula White **2pm** Andy Martindale **6.00** Michaela Wylde **10.00–1am** Susan Hanks

Monday–Friday
6am Lee Blakeman; **Fri:** Paula White **10.00** Stuart George **2pm** Liz Ellis; **Fri:** Natalie Graham **6.00** Sport; **Fri:** Praise and Grumble **7.00 Mon:** Rev Geoff Eze; **Thu:** Lucas Yeomans; **Fri:** Sam Fletcher **10.00–1am** Susan Hanks; **Fri:** Natalie Graham

Suffolk

Saturday
6am Babs Michel **10.00** Amir Suleman **2pm** Matchday **6.00** Upload **8.00** BBC Introducing **10.00–1am** Justin Dealey

Sunday
6am Babs Michel **10.00** Amir Suleman **2pm** Keith Greentree **4.00** John Leech **6.00** Ray Clarke **8.00** Mark Punter **10.00–1am** David Clayton

Monday–Friday
6am Wayne Bavin **10.00** Sarah Lilley **2pm** Louise Hulland **6.00 Mon:** Tractor Social; **Tue:** Matchnight; **Wed:** Babs Michel; **Thu:** Upload; **Fri:** Matchday **7.00 Mon:** Farzana Chaudry; **Fri:** Angelle Joseph **8.00 Thu:** Introducing **10.00–1am Mon/Wed/Thu:** Paul Miller; **Fri:** Alex Dyke **10.30–1am Tue:** Paul Miller

BBC Surrey and BBC Sussex

Saturday
6.00 *Surrey:* Nicky Patrick; *Sussex:* Mark Carter **10.00** Amanny Mohamed **2pm** Sport **6.00** Stereo Underground **8.00** BBC Introducing **10.00–1am** The Late Show

Sunday
6am Kevin Duala **10.00** Dig It **2pm** Sylvie Blackmore **6.00** Pat Sissons **10.00–1am** Alex Dyke

Monday–Friday
6.00 *Surrey:* James Cannon; *Sussex:* **Mon/Wed:** Emily Jeffery; **Tue/Thu/Fri:** Mike Buxton **10.00** Sarah Gorrell **2pm** Danny Pike **6.00 Mon/Tue:** George Wedlake; **Wed/Thu:** Connor Moseley; **Fri:** Joe Talbot **8.00 Mon:** Tony Blackburn; **Tue:** Sport Focus; **Wed:** Kathy Caton; **Thu:** Introducing **10.00–1am** Paul Miller; **Fri:** Alex Dyke

Tees

Saturday
6am Rachel Teate **10.00** Antony Collins **2.00pm** Sport **6.00** Beat Surrender **8.00** Introducing **10.00–1am** Simon Logan

Sunday
6am Rachel Teate **10.00** Antony Collins **2pm** Goffy **4.00** Vintage Vinyl **6.00** Alex Hall **10.00–1am** Simon Logan

Monday–Friday
6am Amy Oakden; **Mon:** Rachel Teate **10.00** Gary Philipson **2pm** Antony Collins **6.00** Sport **7.00 Mon:** Antony Collins; **Wed:** Jordan Blyth; **Thu:** Shakk; **Fri:** Upload **10.00–1am** Steffen Peddie; **Thu:** Chris Felton **10.30–1am Tue:** Steffen Peddie

Three Counties

Saturday
6am Babs Michel **10.00** Justin Dealey **2pm** Sport **5.00** 5-0-5 **6.00** Upload **8.00** Introducing **10.00–1am** Daisie-Belle Downer

Sunday
6am Babs Michel **10.00** Justin Dealey **2pm** Rock 'n' Roll Heaven **4.00** John Leech **6.00** Ray Clark **8.00** Mark Punter **10.00–1am** David Clayton

Monday–Friday
6am Andy Collins **10.00** JVS **2pm** Roberto Perrone **6.00 Mon:** Non League Show; **Tue/Wed/Fri:** Sport; **Thu:** Upload **7.00 Mon:** Farzana Chaudry; **Fri:** Angelle Joseph **8.00 Thu:** Introducing **10.00–1am** Paul Miller; **Fri:** Alex Dyke

Wiltshire

Saturday
6am Graham Rogers **10.00** Kirsten O'Brien **2pm** Sport **6.00** James Threlfall **8.00** BBC Introducing **10.00–1am** David White

Sunday
6am Jonathan Fido **10.00** Kirsten O'Brien **2pm** Dominic Cotter **6.00** Jamil Foster **10.00–1am** Jim Colvin

Monday–Friday
6am Ben Prater **10.00** Caroline Densley **2pm** Graham Rogers **6.00** Wiltshire Live **10.00–1am** Mike Vitti

WM

Saturday
6am Mollie Green **10.00** Elise Evans **12.00** Sport **6pm** DJ Day Day **8.00** Introducing **10.00–1am** Natalie Graham

Sunday
6am Grace Smith **10.00** Elise Evans **2pm** Mollie Green **4.00** We Are West Midlands **6.00** Gagan Grewal **8.00** Nikki Tapper **10.00–1am** Susan Hanks

Monday–Friday
6am Rakeem Omar **10.00** Kathryn Stanczyszyn; **Fri:** Elise Evans **2pm** Paul Franks; **Fri:** Trish Adudu **6.00** The Football Phone-in **7.00 Mon:** Natalie Graham; **Tue/Wed/Fri:** Sport; **Thu:** Amber Sandhu **10.00–1am** Susan Hanks; **Fri:** Natalie Graham

York

Saturday
6am Steve Bailey **10.00** Hannah Sackville-Bryant **2pm** Sport **6.00** John Kane **8.00** Introducing **10.00–1am** Xanthe Palmer

Sunday
6am Steve Bailey **10.00** Sarah Urwin **2pm** Sile Sibanda **6.00** Neil Foster **10.00–1am** Xanthe Palmer

Monday–Friday
6am Georgey Spanswick; **Mon:** Neil Foster **10.00** Joanita Musisi; **Fri:** Bek Homer **2pm** Jericho Keys **6.00 Mon/Thu:** Bek Homer; **Tue/Fri:** Sport; **Wed:** Cricket **7.00 Mon:** Sport; **Wed:** Sanchez Payne; **Fri:** Evening Show **8.00 Thu:** Introducing **10.00–1am** Russell Walker; **Mon:** Nick Ahad

LOCAL Radio

All BBC local radio stations take BBC Radio 5 Live programmes from 1am

Face behind the voice Rob Adcock BBC Radio Stoke

Current job Has presented *BBC Introducing* on Radio Stoke (Sat, 8–10pm) since 2009. Also presents sports programmes (Sat, 2–6pm). His BBC News series *Imposter Syndrome* is coming soon to iPlayer.

CV Born in Nottinghamshire, he got his first radio experience at the age of 13 when, after phoning in constantly to Bernie Keith on Century 106, Nottingham, he was invited in to help out, making tea. He did a business studies course at the University of Manchester, but dropped out in 2005 after six months. "I'd wanted to be on the radio since I was eight years old, when I used to make pretend radio shows. I got in touch with Bernie Keith, who said, 'Speak to John Ryan, who works for BBC Radio Manchester.'" After a matter of weeks, he moved on to BBC Radio Stoke, initially taking calls for the sports show *Praise and Grumble*. Then his presenting debut was at Cheshire FM in 2006. In 2012 he worked for BBC TV's *Newsround* and presented the drivetime show for BBC Radio Northampton 2013–16. He has worked on social media for BBC Radio Bristol, BBC3, the Baftas, *The Apprentice*, *Sort Your Life Out* (BBC1) and *Newsbeat* (Radio 1). He first presented for Radio 1 in 2018. His new podcast, *On Tour with Sport 24*, is co-presented with Emma Saunders. "I travel around the world going to watch football matches."

Social media – yes or no? "I adore it. I find it interesting how it's going to affect my children's lives. But it's given me so many opportunities I'd never normally have got."

Best moment "Presenting on Radio 1. I wasn't nervous at all because I felt like I'd prepared for it since I was eight years old."

Worst moment "I'd just started at Radio Stoke. I saw that Terry Wogan was in Birmingham so I thought, 'I'm going to interview him'. We sat down and I hadn't even finished my first question when I heard 'beep-beep-beep!' I'd left the recorder on throughout the journey and it had run out of battery. I did the interview in full knowledge it wasn't recording. I didn't have the heart to tell him."

Off air Lives in the Staffordshire Moorlands area with his wife Kate, a deputy head teacher, and daughters Orla, five, and Una, three months.

First radio memory "Bernie Keith is my broadcasting hero. He's the person that made me want to get into radio. And I used to love Chris Moyles on Radio 1 Breakfast. The 'zoo' format made me realise you could have fun and get paid for it."

Favourite broadcasters "I've got a Top Five! Bernie Keith, Chris Moyles, Nick Grimshaw, Russell Brand. And John Acres, on BBC Radio Devon. He's one of those broadcasters who can do everything."

Ambition/Dream job "If I could do a Graham Norton/Jonathan Ross-type show on Friday night, that would be amazing."

Secret skills "If you need to save money on a holiday or find a bargain on the internet, I can find you those deals." **DAVID McGILLIVRAY**

Listen at bbc.co.uk/radiostoke

Saturday

NEWS: SPORT: WEATHER hourly 8.00am to 12 noon, 6.00pm, 7.00, 9.00, 10.00, 11.00, 12 midnight
NEWS HEADLINES 2.00pm, 5.00

6.30am Out of Doors
Mark Stephen and Rachel Stewart introduce stories from the great outdoors in Scotland and beyond.
Email: outofdoors@bbc.co.uk

8.00 Good Morning Scotland
The latest news from home and abroad, along with sport, travel and weather updates.

10.00 Shereen
Shereen Nanjiani and guests with a unique take on the things getting Scotland talking this Saturday morning.

11.30 Noising Up
Comedy show featuring a mix of sketches, gags, spoofs, quickies and take-offs, satirising all that's happening right now and poking fun at what might just be around the corner. Starring Karen Bartke, Stephen Buchanan, Zara Janjua, Lana Pheutan and Manjot Sumal.
Repeated from yesterday

12.00 Off the Ball
Football forum with light-hearted features and competitions. Text 80295.
Email: offtheball@bbc.co.uk

2.00pm Sportsound
Comprehensive coverage of Scottish Sport, including live and exclusive commentary.
@BBCSportsound on social media

5.30 Sportsound
Fans react to the day's big football stories.Text 80295.
@BBCSportsound on social media

7.00 Take the Floor
Gary Innes presents a selection of traditional Scottish music, including a session from Gordon Shand and his Scottish dance band.
Email: takethefloor@bbc.co.uk

9.00 Piping Sounds
Carrie MacNeil presents pipe music from Scotland and around the world.

10.00 Billy Sloan
A varied selection of music from the rich history of Scotland's – and the rest of the world's – rock and pop.

1.00am–7.00 *as Radio 5 Live*

Sunday

NEWS: SPORT: WEATHER hourly 6.00am to 9.00, 11.00, 12 noon, 2.00pm, 5.00, hourly 7.00 to 11.00

7.00am New Every Sunday
Acts of worship from different churches around Scotland.

7.30 Our Story
Mark Stephen hears of the Carbeth Hutters, finding out more about the history and culture of their community.

8.00 Sunday Morning
Music and conversation with a faith and ethical perspective, looking back at the week's events to ask what they say about people's values and beliefs.

10.00 The Sunday Show
Martin Geissler and Fiona Stalker discuss the big issues of the week and talk to the people behind the political headlines.

12.00 Off the Ball
Football forum with light-hearted features. Text 80295.
Email: offtheball@bbc.co.uk

2.00pm Sportsound
Comprehensive coverage of Scottish sport, including live commentary. Text 80295.
@BBCSportsound on social media

5.00 Your Requests with Gary Innes
Gary shares listeners' messages and dedications and plays a selection of favourite Scottish music requests.

7.00 Classical Now
Celebrating Scotland's classical world, Jamie MacDougall highlights the work of the BBC Scottish Symphony Orchestra in concert and other Scottish artists and ensembles.

9.00 Iain Anderson
The host invites listeners to end the day in the company of the songwriting masters of country, folk, blues and soul.

11.00 Seven Days
The news, sport and entertainment stories explained and analysed.

12.00–6.00am *as Radio 5 Live*

Monday

NEWS: SPORT: WEATHER hourly 6.00am to 8.00, 10.00 to 5.00pm, 7.00, 8.00, 10.00, 11.00
LOCAL NEWS *Dumfries, Aberdeen, Inverness, Selkirk:* 6.30am, 7.30, 8.30, 12.30pm, 4.30, 5.30; *Orkney:* 7.30am, 12 noon, 6.00pm; *Shetland:* 12.30pm, 5.30, 6.00

6.00am Good Morning Scotland
The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Kaye Adams gets to the heart of the news and offers listeners the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Afternoon Show
Janice Forsyth presents a Scottish arts, entertainment and music round-up.

4.00 Drivetime
The day's talking points, plus sport, travel and weather.

6.00 Get It On… with Bryan Burnett
A selection of music chosen by listeners. Text 80295.
Email: getiton@bbc.co.uk

8.00 Vic Galloway
The host introduces a selection of new releases from alternative artists. Text 80295.
Email: vicgalloway@bbc.co.uk
Repeated Wednesday 10pm

10.00 Iain Anderson
The host invites listeners to end the day in the company of the songwriting masters of country, folk, blues and soul.

12.00–6.00am *as Radio 5 Live*

Tuesday

NEWS: SPORT: WEATHER: LOCAL NEWS *as Monday*

6.00am Good Morning Scotland
The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Kaye Adams gets to the heart of the news and offers listeners the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Afternoon Show
Presented by Janice Forsyth.

4.00 Drivetime
Breaking down the day's talking points. Also including sport, travel and weather.

Radio Scotland Extra
6.00–10.30 Sportsound
Comprehensive coverage of Scottish sport, including live commentary and expert analysis. Text 8295.
@BBCSportsound on social media

FM only
6.00 Get It On… with Bryan Burnett
Essential music chosen by listeners. Text 80295.
Email: getiton@bbc.co.uk

FM only
8.00 Another Country with Ricky Ross
Featuring live music and conversation from the War and Treaty, made up of Michael and Tanya Trotter – an American husband-and-wife duo from Michigan. Their music combines Americana, Southern soul, blues, gospel and roots music. They perform three of their own songs, a cover version and select some of their favourite country records. Ricky also marks the 50th anniversary since Gram Parsons died aged 26 on 19 September 1973. Also featuring new music from Old Crow Medicine Show, Allison Russell, Zach Bryan, Robert Finley and Mitski.

FM only until 10.30
10.00pm Roddy Hart
The host presents a selection of music spanning the decades, playing anything from old favourites and the classics to great new material from current artists.

12.00–6.00am *as Radio 5 Live*

Wednesday

NEWS: SPORT: WEATHER: LOCAL NEWS *as Monday*

6.00am Good Morning Scotland
The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Kaye Adams gets to the heart of the biggest news stories and offers listeners the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Afternoon Show
Michelle McManus presents a Scottish arts, entertainment and music round-up.

4.00 Drivetime
The day's talking points, plus sport, travel and weather.

Radio Scotland Extra
6.00–10.30 Sportsound
Comprehensive coverage of Scottish sport, including live commentary and expert analysis. Text 8295.
@BBCSportsound on social media

FM only
6.00 Get It On… with Bryan Burnett
Bryan Burnett presents a selection of essential music chosen by listeners. Get in touch to get a favourite track played on the radio. Text 80295.
Email: getiton@bbc.co.uk

FM only
8.00 The Quay Sessions with Roddy Hart
Live performances from across the musical landscape – all captured in front of an audience in the intimate setting of the foyer at BBC Radio Scotland's Pacific Quay.

FM only until 10.30
10.00 Vic Galloway
The presenter introduces new releases from Scotland's alternative artists, and classic album cuts alongside live session tracks.
Repeated from Monday 8pm

12.00–6.00am
as Radio 5 Live

Thursday

NEWS: SPORT: WEATHER: LOCAL NEWS *as Monday*

6.00am Good Morning Scotland
The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Stephen Jardine gets to the heart of the news and offers listeners the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Afternoon Show
Michelle McManus presents a Scottish arts, entertainment and music round-up.

4.00 Drivetime
Breaking down the day's talking points. Also including sport, travel and weather.

FM only from 7.00
6.00 Get It On… with Bryan Burnett
Bryan presents a selection of essential music chosen by listeners. Text 80295.
Email: getiton@bbc.co.uk

Radio Scotland Extra
7.00–10.30 Sportsound
Comprehensive coverage of Scottish sport, including live commentary. Text 80295.
@BBCSportsound on social media

FM only
8.00 Travelling Folk
Anna Massie with folk and roots music from around the world.

Listen on the internet at radiotimes.com/radio/radio-listings

FM only until 10.30

10.00 Natasha Raskin Sharp
The host presents an eclectic mix of music, as well as paying tribute to a "Late Great" and spinning the globe for the Out Of This World feature.

12.00–6.00am
as Radio 5 Live

Friday

NEWS: SPORT: WEATHER: LOCAL NEWS *as Monday*

6.00am Good Morning Scotland
The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Stephen Jardine gets to the heart of the news and offers listeners the opportunity to have their say.

11.30 Noising Up
Comedy show featuring a mix of sketches, gags, spoofs, quickies and take-offs, satirising all that's happening right now and poking fun at what might just be around the corner. Starring Karen Bartke, Stephen Buchanan, Zara Janjua, Lana Pheutan and Manjot Sumal.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

2.00pm The Afternoon Show
Nicola Meighan presents ideas for fun things to do around Scotland in the days ahead and a soundtrack to kickstart the weekend.

3.00 For the Record
Nicola Meighan in conversation with Scottish singer/songwriter and founding member of the band Del Amitri, Justin Currie.

4.00 Drivetime
Breaking down the day's talking points with comment and opinion, plus sport, travel and weather.

6.00 Grant Stott's Vinyl Collective
Grant celebrates the vinyl revival with classic records and new releases, playing album tracks from his own collection and hearing the stories about listeners' cherished LPs.

8.00 BBC Introducing in Scotland
Phoebe I-H and Shereen Cutkelvin present the best unsigned, undiscovered and under-the-radar music Scotland has to offer.

10.00 Ashley Storrie
The comedian kicks off the weekend with a hand-picked playlist, lively chat and listener interaction, with the help of sidekick "Silent Paul".

1.00am–6.00 *as Radio 5 Live*

BBC Radio Scotland
40 Pacific Quay
Glasgow G51 1DA
bbc.co.uk/radioscotland

Local programmes

ORKNEY

Weekdays

6.00pm–7.00 Fri:
Friday Requests: weekly dedication programme, with requests and special greetings
PHONE: 01856 873939
Email: radio.orkney@bbc.co.uk

SHETLAND

Weekdays

5.30pm–6.00 Good Evening Shetland: news and features

6.00–7.00 Fri: Give Us a Tune: music request show
PHONE: 01595 694747
Email: radio.shetland@bbc.co.uk

Radio nan Gaidheal

Mar Radio Alba ach:

Disathairne

9.00am Spòrs na Seachdain
Spòrs ionadail, nàiseanta agus bho air feadh an t-saoghail còmhla ri Iain Moireasdan.
POST DEALAIN: sns@bbc.co.uk
FON AN ASGAIDH: 08000 967050

10.00 Fàilt' air an Dùthaich
Taghadh de cheòl dùthchail sean is ùr.

11.00 Tiompan
Ceòl Ceilteach, clàran ùra agus fios mu cò tha cluich càite le Mairead NicIllinnein.

12.00 Oran Annad
Tha Gillebrìde MacIlleMhaoil a' toirt thugaibh taghadh de dh'òrain ùra Gàidhlig.

1.00–4.30pm Cuairt Dheireannach Cupa na Camanachd
Iain Moireasdan leis an geama mòr eadar Camanachd an Òbain agus Ceann a' Ghiùthsaich

Didòmhnaich

9.00am Dèanamaid Adhradh Seirbheis còmhla ris an Urr Iain M Dòmhnallach, Eaglais na h-Alba air an Tairbeart. (ath-chraoladh)
ath-chraoladh aig 3pm

9.30 Alleluia
Tha Iain MacFhionghain a' toirt thugaibh laoidhean, sailm agus sgeulachdan pearsanta.

10.00 A-mach Leinn!: Caidheagadh Linne Shlèite
'S i Janni NicUilleim a tha an-diugh gar toirt air cuairt mara ann an Linne Shlèite.

10.30 Crùnluath
Taghadh de cheòl na pìoba.
ath-chraoladh Diardaoin aig 3.30pm

12.00 Naoi gu Deich
Còmhradh, deasbad, cultur agus cur-seachadan.

1.00pm SpeakGaelic
(ath-chraoladh)

1.30 An Litir Bheag
Litir Bheag na seachdain sa le Ruairidh MacIlleathain. Litir àireamh 957.

1.35 SpeakGaelic
Podcast for Gaelic learners.
(ath-chraoladh)

1.55 Litir do Luchd-ionnsachaidh

2.00 Gleus Fuinn, còisirean agus òrain bho shaoghal ceòl clasaigeach agus eile, le Iain Moireach. (ath-chraoladh)

3.00 Dèanamaid Adhradh

3.30–4.00 Rogha is Tagha
Taghadh à prògraman na seachdain air a thoirt thugaibh le Anna Nic na Ceardaich.
ath-chraoladh aig 9.30pm

9.00 Dèanamaid Adhradh Tasglann
Seirbheis adhraidh à tasglann a' BhBC.

9.30–10.00 Rogha is Tagha

Diluain

7.30am Aithris na Maidne
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich
Còmhradh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.25pm

10.00 A' Mire ri Mòir
Tha i beachdail, tha i beòthail agus tha i feitheamh ribh le taghadh ciùil.

12.00 Feasgar an-diugh
Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh aig 9pm

1.30pm Caithream Ciùil
Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.
POST DEALAIN: dethadol@bbc.co.uk

3.30 A-mach Leinn!: Cuairt sa chàr le Kiwi
Cuairt a-muigh air rathaidean Leòdhais le Calum "Kiwi" MacLeòid agus an AC Cobra aige.
ath-chraoladh Diciadain aig 8pm

4.00 Fàilt' air an Dùthaich
Taghadh de cheòl dùthchail sean is ùr.

5.00 Aithris an Fheasgair
Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Siubhal gu Seachd le Pluto
Ceòl, spòrs agus fealla-dhà air ar slighe dhachaigh còmhla ri Derek "Pluto" Moireach.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Cruinn
Ceòl, amaideas agus na beachdan agaibh air cuspairean a' là.

9.00 Feasgar an-diugh

10.25–11.25 Naoi gu Deich
Còmhradh, deasbad, cultur agus cur-seachadan.

Dimàirt

7.30am Aithris na Maidne
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich
Còmhradh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.25pm

10.00 A' Mire ri Mòir
Tha i beachdail, tha i beòthail agus tha i feitheamh ribh le taghadh ciùil.

12.00 Feasgar an-diugh
Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh aig 9pm

1.30pm Caithream Ciùil
Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.
POST DEALAIN: dethadol@bbc.co.uk

3.30 Spòrscast
A còmhradh ri daoine 's iad ag innse mun phàirt a tha spòrs a cluich nam beatha.

4.00 Oran Annad
Tha Gillebrìde MacIlleMhaoil a' toirt thugaibh taghadh de dh'òrain ùra Gàidhlig.
(ath-chraoladh)
ath-chraoladh a'maireach aig 7pm

5.00 Aithris an Fheasgair
Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Siubhal gu Seachd le Pluto
Ceòl, spòrs agus fealla-dhà air ar slighe dhachaigh còmhla ri Derek "Pluto" Moireach.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Rapal Taghadh de na h-òrain ùra as fheàrr.
POST DEALAIN: rapal@bbc.co.uk
FON AN ASGAIDH: 08000 967050

9.00 Feasgar an-diugh
Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.

10.25–11.25 Naoi gu Deich

Diciadain

7.30am Aithris na Maidne
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich
Còmhradh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.25pm

10.00 A' Mire ri Mòir Tha i beachdail, tha i beòthail agus tha i feitheamh ribh le taghadh ciùil.

12.00 Feasgar an-diugh
Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh aig 9pm

1.30pm Caithream Ciùil
Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.
POST DEALAIN: dethadol@bbc.co.uk

3.30 SpeakGaelic
Podcast do luchd-ionnsachaidh na Gàidhlig ceangailte ris an t-sreath *SpeakGaelic* air BBC Alba. (ath-chraoladh)
ath-chraoladh aig 8.30pm

4.00 Gleus Fuinn, còisirean agus òrain bho shaoghal ceòl clasaigeach agus eile, le Iain Moireach. (ath-chraoladh)

5.00 Aithris an Fheasgair
Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Siubhal gu Seachd le Pluto
Ceòl, spòrs agus fealla-dhà air ar slighe dhachaigh còmhla ri Derek "Pluto" Moireach.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Oran Annad

8.00 A-mach Leinn!: Cuairt sa chàr le Kiwi Cuairt a-muigh air rathaidean Leòdhais le Calum "Kiwi" MacLeòid agus an AC Cobra aige.

8.30 SpeakGaelic

9.00 Feasgar an-diugh

10.25–11.25 Naoi gu Deich

Diardaoin

7.30am Aithris na Maidne
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich
Còmhradh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.25pm

10.00 A' Mire ri Mòir

12.00 Feasgar an-diugh
Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh aig 9pm

1.30pm Caithream Ciùil
Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.
POST DEALAIN: dethadol@bbc.co.uk

3.30 Mo Chuairt Ciùil

5.00 Aithris an Fheasgair
Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Rogha is Tagha
Taghadh à prògraman na seachdain air a thoirt thugaibh le Anna Nic na Ceardaich.

6.00 Na Dùrachdan
Ceòl, òrain agus beannachdan còmhla ri Mairead agus Art.
FON AN ASGAIDH: 01463 720720

9.00 Mac'ille Mhìcheil
Cuiridh Iain Mac'illeMhìcheil agus aoighean air a' fòn an deireadh seachdain air a chasan.

11.00 Tiompan
Ceòl Ceilteach, clàran ùra agus fios mu cò tha cluich càite le Mairead NicIllinnein.

12.00–12.55am Naoi gu Deich Còmhradh, deasbad, cultur agus cur-seachadan.

National

BBC Radio 1* FM 97.7–99.7
BBC Radio 2* FM 88.1–90.1
BBC Radio 3* FM 90.3–92.3
BBC Radio 4 FM 94.6–96.1, 103.5–104.9, LW 198, MW 1449 (Aberdeen, LW progs)
BBC Radio 5 Live MW 693, 909
BBC Radio Scotland FM 92.5–94.7
BBC Radio Scotland Extra MW 810
BBC Radio nan Gaidheal FM 103.5–104.9 (carries R4 in some parts)
Classic FM 99.9–101.9
Talksport MW 1053, 1089
*Above stations also on Freeview (*not Sat 4pm–1am, Sun 4pm–12 midnight, weekdays 5pm–12 midnight), plus satellite, cable, internet and DAB (Radio Scotland Extra service only).*

Local

Argyll FM 106.5, 107.1, 107.7 (Campbeltown)
BBC Cumbria FM 95.6 (Carlisle), 96.1 (Morecambe Bay), 95.2 (Kendal), 104.1 (Whitehaven/Keswick), 104.2 (Windermere), MW 756 (Carlisle), 837 (Barrow-in-Furness)
Capital 106.1 (Glasgow), 105.7 (Edinburgh)
Central FM 103.1 (Stirling/Falkirk/Clackmannanshire)
Clyde 1 FM 102.3 (Rothesay), 102.5 (Glasgow), 103.3 (Firth of Clyde), 97 (Vale of Leven)
Forth 1 FM 97.3, 97.6 (Edinburgh), 102.2 (Penicuik)
Greatest Hits Radio FM 96.4 (Carlisle), 96.8 (Selkirk), 97 (Dumfries), 102.2 (Workington), 102.3 (Berwick), 102.5 (Penrith), 103.1 (Peebles), 103.4 (Eyemouth/Whitehaven), MW 1035 (Ayrshire), 1107 (North of Scotland), 1152 (Glasgow & the West), 1161 (Dundee/Perth), 1548 (Edinburgh, the Lothians, Fife & Falkirk), DAB (North East Scotland)
Heart FM 100 (Vale of Leven), 101.1 (Edinburgh/Rosneath), 100.3 (Glasgow), 103.3 (Penicuik)
Heartland FM 97.5 (Pitlochry/ Aberfeldy)
Isles FM 103 (Western Isles)
Kingdom FM 105.4 (St Andrews), 106.3 (The East Neuk), 95.2 (West Fife), 96.1 (Central & East Fife), 96.6 (Kirkcaldy)
Lochbroom FM 102.2 (Ullapool), 96.8 (North West Scotland)
Mearns FM 105.1 (Portlethen), 105.7 (Stonehaven), 106.2 (Inverbervie), 107.3 (Laurencekirk)
MFR FM 96.6 (Speyside), 96.7 (Fraserburgh/Wick), 97.4 (Highlands/Moray/Aberdeenshire), 102.5 (Caithness), 102.8 (Keith)
Nation FM 96.3 (Glasgow), 106.9 (Helensburgh), 103 (Dumbarton)
Nevis FM 96.6 (Fort William), 97 (Glencoe), 102.4 (Loch Leven), 102.3 (Skye & Mallaig)
Northsound 1 FM 96.9 (Aberdeen), 97.6 (Balgownie), 103 (Peterhead)
Oban FM 103.3
Original FM 106 (Aberdeen)
Pure FM 106.6 (Perth), 102 (Dundee)
SIBC FM 96.2 (Bressay), 102.2 (Shetland)
Skye 106.2, 102.7 (Skye/Lochalsh)
Smooth Radio FM 105.2 (Glasgow)
Tay FM MW 102.8 (Dundee), 96.4 (Perth)
Two Lochs FM 106.6 (Loch Ewe), 106 (Gairloch)
Wave FM 102 (Dundee)
Waves Radio FM 101.2 (Peterhead/Fraserburgh)
West FM 96.7 (Ayrshire), 97.5 (Girvan), 106.7 (Rothesay)
West Sound FM 97 (Dumfries), 103 (Kirkcudbright), 96.5 (Stranraer)

Face behind the voice Rob Adcock BBC Radio Stoke

Current job Has presented *BBC Introducing* on Radio Stoke (Sat, 8–10pm) since 2009. Also presents sports programmes (Sat, 2–6pm). His BBC News series *Imposter Syndrome* is coming soon to iPlayer.

CV Born in Nottinghamshire, he got his first radio experience at the age of 13 when, after phoning in constantly to Bernie Keith on Century 106, Nottingham, he was invited in to help out, making tea. He did a business studies course at the University of Manchester, but dropped out in 2005 after six months. "I'd wanted to be on the radio since I was eight years old, when I used to make pretend radio shows. I got in touch with Bernie Keith, who said, 'Speak to John Ryan, who works for BBC Radio Manchester.'" After a matter of weeks, he moved on to BBC Radio Stoke, initially taking calls for the sports show *Praise and Grumble*. Then his presenting debut was at Cheshire FM in 2006. In 2012 he worked for BBC TV's *Newsround* and presented the drivetime show for BBC Radio Northampton 2013–16. He has worked on social media for BBC Radio Bristol, BBC3, the Baftas, *The Apprentice*, *Sort Your Life Out* (BBC1) and *Newsbeat* (Radio 1). He first presented for Radio 1 in 2018. His new podcast, *On Tour with Sport 24*, is co-presented with Emma Saunders. "I travel around the world going to watch football matches."

Social media – yes or no? "I adore it. I find it interesting how it's going to affect my children's lives. But it's given me so many opportunities I'd never normally have got."

Best moment "Presenting on Radio 1. I wasn't nervous at all because I felt like I'd prepared for it since I was eight years old."

Worst moment "I'd just started at Radio Stoke. I saw that Terry Wogan was in Birmingham so I thought, 'I'm going to interview him'. We sat down and I hadn't even finished my first question when I heard 'beep-beep-beep!' I'd left the recorder on throughout the journey and it had run out of battery. I did the interview in full knowledge it wasn't recording. I didn't have the heart to tell him."

Off air Lives in the Staffordshire Moorlands area with his wife Kate, a deputy head teacher, and daughters Orla, five, and Una, three months.

First radio memory "Bernie Keith is my broadcasting hero. He's the person that made me want to get into radio. And I used to love Chris Moyles on Radio 1 Breakfast. The 'zoo' format made me realise you could have fun and get paid for it."

Favourite broadcasters "I've got a Top Five! Bernie Keith, Chris Moyles, Nick Grimshaw, Russell Brand. And John Acres, on BBC Radio Devon. He's one of those broadcasters who can do everything."

Ambition/Dream job "If I could do a Graham Norton/Jonathan Ross-type show on Friday night, that would be amazing."

Secret skills "If you need to save money on a holiday or find a bargain on the internet, I can find you those deals." **DAVID McGILLIVRAY**

Listen at bbc.co.uk/radiostoke

Saturday

RADIO ULSTER NEWS: hourly 7.00am to 11.00pm (not 8.00/9.00pm), plus 8.45pm and 11.55

6.45am Farm Gate
Food, countryside and agricultural issues, focusing on business news, industry reports and technology. Presented by Elaine Mitchell.

7.05 Kerry McLean
Music, chat and requests to ease listeners into the weekend.
Text: 81771
Email: kerry.mclean@bbc.co.uk

8.05 Your Place and Mine
The people, places and stories that make Northern Ireland unique, presented by Anne Marie McAleese.
Phone: 0289 033 8307
Email: ypam@bbc.co.uk

9.05 Gardeners' Corner
The weekly programme for keen horticulturists with the latest advice, news and visits to gardens large and small. Presented by David Maxwell.
Phone: 03030 80 55 55

10.05 On Your Behalf
Linda McAuley champions the cause of consumers in Northern Ireland, helping them to solve their problems, make the right choices and avoid the pitfalls.
Write to: On Your Behalf, BBC Broadcasting House, Ormeau Avenue, Belfast BT2 8HQ
Phone: 0289 033 8314
bbc.co.uk/oyb

11.05 Saturday with John Toal
Family and community life. Plus recipes, craic and music. Including news at **12.00**.
Text: 81771
Phone: 03030 80 55 55
Email: john.toal@bbc.co.uk

1.05pm Big Comic Energy
Ep 4. Eric Roberts is one of the UK and Ireland's most popular online content creators. His laugh-out-loud life hacks, witty one liners, and silly skits have been shared with over half a million followers and clocked up almost 25 million likes on TikTok. Eric is swapping his mobile-phone camera for a microphone to take on a live stand-up comedy challenge in the Black Box, Belfast. With just a few weeks to prepare, will his tight five-minute set have the audience rolling in the aisles, or will they be eyeing up the exit sign? Presented by Catherine Bohart.

1.30 Killing Leprechauns
Ep 2. Presenter Oliver Callan battles stereotypes, misconceptions and ignorant views about the Irish in Britain with the help of British comedians. In this second episode, Ania Magliano and Josh Weller learn about whiny Irish music and the *Late Late Toy Show*.

2.05 Sportsound
Presenter Michael McNamee introduces coverage of the Irish Premiership, with live match commentary, reports and news.

6.05 The House Party with Phil Taggart
The presenter kicks off Saturday night with a selection of dance music to get the party started, from soul to house and funk to techno. Including news at **7.00**.

7.30 Sportsound: Rugby World Cup
Live coverage of Ireland v Tonga, the Rugby World Cup Pool B match at Stade de la Beaujoire in Nantes, France (kick-off **8.00**). Orla Bannon presents, with former Ireland fly half Tony Ward joining Jim Neilly on commentary. Including news at **8.45**.

10.15 Saturday Club with John Bennett
Late-night music club featuring classic tracks from the 1960s, 70s and 80s. Including news at **11.00**.
Text: 81771

12.00 *as Radio 5 Live*

Sunday

RADIO ULSTER NEWS: hourly 7.00am to 11.00pm, then 11.55

7.05am Kerry McLean
The host presents music, chat and requests. Including Thought for the Day at **7.55** and news at **8.00**.
Text: 81771
Email: kerry.mclean@bbc.co.uk

8.30 Sunday Sequence
Audrey Carville and guests debate the week's religious and ethical news and explore the world of culture and ideas. Including news at **9.00**.
Phone: 0289 033 8355
Email: sunday.sequence@bbc.co.uk

10.05 Morning Service
Religious service from Christ Church, Castlerock. Led by the Rev Cristóir Mac Bruithin.

10.45 Thought for the Week
Audrey Carville presents clips from last week's *Thought for the Day* programmes.

11.05 Sunday with Steven Rainey
The presenter with in-depth current affairs, interviews, discussion and analysis – including an essential guide to the Sunday newspapers. With news at **12.00**.

1.05pm Sunday with Brian D'Arcy
Brian delves into his wide experience of music to bring listeners some tracks just right for a Sunday afternoon, along with some reflections to make them think, laugh or cry.
Write to: Sunday with Brian D'Arcy, BBC Radio Ulster, Ormeau Avenue, Belfast BT2 8HQ

2.05 Countryside
Voices, views, stories, news and chat from Northern Ireland's rural community, hosted by Nicola Weir. Including essential livestock and weather reports.

3.05 The Culture Café
From the page to the stage, Marie-Louise Muir hosts the essential cultural conversation.

4.05 Inna Rhythm with Kwame Daniels
Ep 8. Vinyl collector and DJ Kwame Daniels spins disco to boogie, electronica to Afro beat and jazz to funk. Plus a musical guide to special moments and memories.

5.05 Sounds Sacred
Richard Yarr introduces popular, sacred music performed by local and internationally acclaimed performers. He also plays listeners' requests and provides news of music events across Northern Ireland.

6.05 Kintra
Helen Mark and the *Kintra* team present stories, news, music and banter from Ulster-Scots communities at home and abroad.
Email: kintra@bbc.co.uk

6.30 Pipes and Drums
The best of the local piping scene, highlighting the pick of all grades, with the odd piece of Scottish dance music thrown in for good measure.

7.05 Classical Connections with John Toal
An evening of popular classical music. Plus news, reviews and interviews with local and touring performers. With news at **8.00**.

9.05 Jazz Club with Walter Love
Recordings by jazz musicians, including tracks that have been performed exclusively for BBC Radio Ulster.

10.05 Sunday Club with John Bennett
A late-night selection of music designed to soothe away the problems of the past week.
Dedications to: The Sunday Club, BBC Radio Ulster, Broadcast House, Belfast BT2 8HQ
Email: jb@bbc.co.uk

12.00 *as Radio 5 Live*

Monday

RADIO ULSTER NEWS: half-hourly 6.30am to 9.30, hourly 10.00 to 11.00pm, plus 4.30pm, 5.30, 11.55

6.30am Good Morning Ulster
With Sarah Brett and Joel Taggart, including travel updates and analysis of finance and business news, plus agri-business in *Farm Gate* and a Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show
Music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at **11.00**.
Phone: 03030 805555
Text: 81771
Email: connor@bbc.co.uk

12.05pm Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the breaking stories of the day, from politics and health to consumer issues and education. Including news at **1.00**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan
The best in country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Lynette Fay Show
The host sets out to brighten up the afternoon with a mix of music, features and interviews.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra
A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Vinny and Cate
Teatime music and craic, with Vinny Hurrell and Cate Conway. Including news at **7.00**.

7.30 Blas
Fearghal Mag Uiginn le súil siar ar aicsean na gclubanna CLG agus craobhchomórtais na gContaetha ag teacht chun críche agus feachtais Chumainn Uladh faoi lánseol. Fearghal Mag Uiginn looks back at the weekend's sporting action.

8.05 The Ralph McLean Show
Classic rock, soul, blues, pop, gospel, reggae and funk both old and new, from home and abroad, featuring live performance, interviews and more. Including news at **9.00**.

10.05 The Late Show with Eve Blair
Wind down with a selection of old tunes, new tunes, heart songs and head songs.
Email: eve.blair@bbc.co.uk

12.00 *as Radio 5 Live*

Tuesday

RADIO ULSTER NEWS: half-hourly 6.30am to 9.30, hourly 10.00 to 11.00pm, plus 4.30pm, 5.30, 11.55

6.30am Good Morning Ulster
With Sarah Brett and Chris Buckler, including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show
A mid-morning mix of music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at **11.00**.
Phone: 03030 805555
Text: 81771
Email: connor@bbc.co.uk

12.05pm Talkback
William Crawley and the team present news and invite listeners' on-air reactions to the breaking stories of the day, from politics and health to consumer issues and education. Including news at **1.00**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

Listen on the internet at radiotimes.com/radio/radio-listings

1.30 Hugo Duncan
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Lynette Fay Show
The host sets out to brighten up the afternoon with a lively mix of music, features and interviews.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra
A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Vinny and Cate
Teatime music and craic, with Vinny Hurrell and Cate Conway. Including news at **7.00**.

7.30 Blas
Na himeachtaí ealaíne agus cultúir ar gá iad a fheiceáil agus a chluinstin.
Dáithí O Muirí keeps listeners up-to-date with all that's happening in the arts.

8.05 The Ralph McLean Show
Classic rock, soul, blues, pop, gospel, reggae and funk both old and new, from home and abroad featuring live performance, interviews and more. Including news at **9.00**.

10.05 The Late Show with Eve Blair
Wind down with a selection of old and new tunes.
Email: eve.blair@bbc.co.uk

12.00 *as Radio 5 Live*

Wednesday

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With Sarah Brett and Chris Buckler, including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.
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The *Talkback* team present news and invite listeners' reactions to the stories of the day. Including news at **1.00**.
Phone: 03030 80 55 55
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bbc.co.uk/talkback

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Text: 81771
Email: lynette.fay@bbc.co.uk

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A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Vinny and Cate
Teatime music and craic, with Vinny Hurrell and Cate Conway. Including news at **7.00**.

7.30 Blas
Caint agus comhrá faoi imeachtaí an tsaoil mhóir agus shaol an ghnáthlae.
Máire Bhreathnach has all the latest news on local and international events and the issues of the day.

8.05 Ralph McLean: Country
From the sounds of Nashville to new bluegrass, Ralph takes another journey into the world of American roots music, offering a selection of classic tracks, live performance and timeless Americana along the way. Including news at **9.00**.

9.55 Wah Yan Jee Sing
Local information on health and social issues in Cantonese.

10.05 The Late Show with Eve Blair
Wind down the day with a selection of old tunes, new tunes, heart songs and head songs.
Email: eve.blair@bbc.co.uk

12.00 *as Radio 5 Live*

Thursday

RADIO ULSTER NEWS: half-hourly 6.30am to 9.30, hourly 10.00 to 11.00pm, plus 4.30pm, 5.30, 11.55

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Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
News and topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

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Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

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Phone: 03030 80 55 55
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The host sets out to brighten up the afternoon with a lively mix of music, features and interviews.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra
A look back at the day's news and events, presented by Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Vinny and Cate
Teatime music and craic, with Vinny Hurrell and Cate Conway.

7.05 The Mystery Mix Tape with Vinny and Cate
Vinny Hurrell and Cate Conway challenge listeners – and each other – to search through the music memory banks to correctly identify the year in question.

7.30 Blas
Dearcadh an duine óig ar ábhair a bhfuil spraoi ag baint leo agus ábhair níos troime.
A youthful view of lifestyle issues, travel, sport, beauty, fashion, cookery and much more. Presented by Caoimhe Ní Chathail.

8.05 Blas Ceoil
Cuir tús spleodrach leis an deireadh seachtaine le rogha shiamsúil Lynette Fay de cheol traidisiúnta, fréamh agus dúchasach. Éisiúintí úra, sonraí gigeanna agus seisiúin bheo.
Caoimhe "Ceol" Ní Chathail introduces new releases, gig guide details and live acoustic sessions to keep listeners in touch with the best in traditional, roots and folk music.

9.05 Hannah Peel's Unfinished Symphony *10/10.* In the last show of the series, Hannah plays some all-time favourites, including an overture from Massive Attack. Plus music from Curtis Mayfield, Nick Drake and the Manic Street Preachers. Repeat

10.05 The Late Show with Eve Blair
The host winds down the day with a selection of old tunes, new tunes, heart songs and head songs.
Email: eve.blair@bbc.co.uk

12.00 *as Radio 5 Live*

Friday

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A mid-morning mix of music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at **11.00**.
Phone: 03030 805555
Text: 81771
Email: connor@bbc.co.uk

11.30 Mobile Disco
Connor Phillips introduces 30 minutes of the biggest anthems to help round off the working week.

12.05pm Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the breaking stories of the day, from politics and health to consumer issues and education. Including news at **1.00**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan
The presenter introduces country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Ticket
Presenter Kathy Clugston previews upcoming cultural attractions, from blockbuster movies to comedy gigs.

4.00 Evening Extra
A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

5.30 Red Lines
Mark Carruthers details the inside story of what's going on in Northern Ireland politics, with the occasional foray among the big beasts of Westminster, Dáil Eireann, Holyrood, Brussels and Washington DC.

6.05 ATL Introducing
Presenter Gemma Bradley serves up the freshest new Irish musical talent, from indie-rock to hip-hop with live music and interviews.

7.05 The Stephen McCauley Show
Alternative music from punk to electronica from home and abroad, featuring live performance, interviews and more. Including news at **8.00** and **9.00**.

10.05 The Mickey Bradley Record Show
There are loads of great records out there and the presenter has bought, borrowed and blagged lots of them since his teenage years. Here, Mickey invites listeners to another selection of vintage rock, pop, and new releases. Including news at **11.00**.
Text: 81771
Email: michael.bradley@bbc.co.uk

12.00 *as Radio 5 Live*

BBC Northern Ireland
Broadcasting House
Ormeau Avenue, Belfast BT2 8HQ
02890 338 000
Phone-in 0845 955 5678

RADIO FOYLE

As Radio Ulster except:

Weekdays

RADIO FOYLE NEWS: hourly 9.00am to 3.00pm, plus 8.30am

6.30am Good Morning Ulster
News from home and abroad, presented by **Mon:** Sarah Brett and Joel Taggart; **Tue–Thu:** Sarah Brett and Chris Buckler; **Fri:** Chris Buckler and Joel Taggart.

8.30–9.00 The North West Today
An essential round-up of news, sport and weather across the north-west of Northern Ireland.

12.05–1.30pm The Mark Patterson Show
Issues affecting the daily lives of people in the north-west of Northern Ireland. Including an extended Radio Foyle News bulletin at **1.00**.

3.05–4.00 Sean Coyle
The host brightens up the day with great music and chat, plus listeners from across the region are invited to phone in with their requests and dedications.

Mon: 8.05–10.00pm Caschlár
An-réimse ceoil ó phop go fréamh á chur le chéile agus á chur i láthair ag Brian Mullen.
Brian Mullen presents a wide-ranging mix of music, including pop, blues and soul. Including news at **9.00**.

Fri: 7.05pm The Stephen McCauley Show
The host introduces alternative music from home and abroad.

Fri: 7.30–10.00 Foyle Sportsound
Live coverage of Sligo Rovers v Derry City, the Premier Division fixture from the Showgrounds (kick-off **7.45**). Presented by Dessie McCallion, with commentary by Eric White.

BBC Radio Foyle,
8 Northland Road
Londonderry BT48 7GD
Tel: 02871 266 522

Frequencies

National

BBC Radio 1
FM 97.9–99.7
BBC Radio 2
FM 88.3–90.1
BBC Radio 3
FM 90.5–92.3
BBC Radio 4
93.2 (Ballycastle), 93.2 (Carnmoney Hill), 94 (Limavady), 94.9 (Londonderry), 95.6 (Brougher Mountain), 96 (Belfast), 103.5 (Larne), 103.9 (Rostrevor Forest/Kilkeel), 104.6 (Camlough), (R4 FM cannot be heard in some parts of N Ireland) LW 198 MW 720, 774 (Enniskillen (carry LW programmes)
BBC Radio 5 Live
MW 693, 909
BBC Radio Foyle
FM 93.1
BBC Radio Ulster
FM 92.7–95.4

RTE Radio 1
FM 87.8–90.0, LW 252
RTE 2FM 90.4–92.2, 97
RTE Raidió na Gaeltachta
92.6–94.4, 102.7
RTE Lyric FM 97.8–99.6, 92.2, 95.2, 96.7, 102.2

Classic FM 99.9–101.9 (not Freeview)
Talksport MW 1053, 1089
Absolute MW 1215
Today FM FM 105.5

All the above stations are also broadcast via Freeview, satellite, cable, digital radio and the internet.

Local

Cool FM 97.4
Music, news and sport
Downtown FM 102.3 (Ballymena), 96.6 (Omagh/Enniskillen), 97.1 (Larne), 96.4 (Limavady), 102.4 (Londonderry), 103.4 (Newcastle), 103.1 (south Newry), MW 1026 (Belfast) Music, news
Q FM 96.7 (Belfast), 102.5 (Bangor), 102.5 (Carrickfergus), 102.9 (North West), 97.2 (North Coast), 97.6 (Ballycastle), 107.0 (Mid Antrim), 107.6 (Larne), 106.0 (Mid Ulster), 107.2 (Dungannon), 106.3 (Maghera), 101.2 (Tyrone/Fermanagh), 102.1 (Enniskillen), 100.5 (Newry & Mourne), 101.1 (Kilkeel), 101.1 (Newcastle)

Get listings for digital, national and local radio at radiotimes.com/radio/radio-listings

Face behind the voice Rob Adcock BBC Radio Stoke

Current job Has presented *BBC Introducing* on Radio Stoke (Sat, 8–10pm) since 2009. Also presents sports programmes (Sat, 2–6pm). His BBC News series *Imposter Syndrome* is coming soon to iPlayer.

CV Born in Nottinghamshire, he got his first radio experience at the age of 13 when, after phoning in constantly to Bernie Keith on Century 106, Nottingham, he was invited in to help out, making tea. He did a business studies course at the University of Manchester, but dropped out in 2005 after six months. "I'd wanted to be on the radio since I was eight years old, when I used to make pretend radio shows. I got in touch with Bernie Keith, who said, 'Speak to John Ryan, who works for BBC Radio Manchester.'" After a matter of weeks, he moved on to BBC Radio Stoke, initially taking calls for the sports show *Praise and Grumble*. Then his presenting debut was at Cheshire FM in 2006. In 2012 he worked for BBC TV's *Newsround* and presented the drivetime show for BBC Radio Northampton 2013–16. He has worked on social media for BBC Radio Bristol, BBC3, the Baftas, *The Apprentice*, *Sort Your Life Out* (BBC1) and *Newsbeat* (Radio 1). He first presented for Radio 1 in 2018. His new podcast, *On Tour with Sport 24*, is co-presented with Emma Saunders. "I travel around the world going to watch football matches."

Social media – yes or no? "I adore it. I find it interesting how it's going to affect my children's lives. But it's given me so many opportunities I'd never normally have got."

Best moment "Presenting on Radio 1. I wasn't nervous at all because I felt like I'd prepared for it since I was eight years old."

Worst moment "I'd just started at Radio Stoke. I saw that Terry Wogan was in Birmingham so I thought, 'I'm going to interview him'. We sat down and I hadn't even finished my first question when I heard 'beep-beep-beep!' I'd left the recorder on throughout the journey and it had run out of battery. I did the interview in full knowledge it wasn't recording. I didn't have the heart to tell him."

Off air Lives in the Staffordshire Moorlands area with his wife Kate, a deputy head teacher, and daughters Orla, five, and Una, three months.

First radio memory "Bernie Keith is my broadcasting hero. He's the person that made me want to get into radio. And I used to love Chris Moyles on Radio 1 Breakfast. The 'zoo' format made me realise you could have fun and get paid for it."

Favourite broadcasters "I've got a Top Five! Bernie Keith, Chris Moyles, Nick Grimshaw, Russell Brand. And John Acres, on BBC Radio Devon. He's one of those broadcasters who can do everything."

Ambition/Dream job "If I could do a Graham Norton/Jonathan Ross-type show on Friday night, that would be amazing."

Secret skills "If you need to save money on a holiday or find a bargain on the internet, I can find you those deals." **DAVID McGILLIVRAY**

Listen at bbc.co.uk/radiostoke

Saturday

NEWS: hourly 7.00am to 2.00pm
WEATHER: before most news bulletins
HILL FORECAST: 6.59am

5.00am Mal Pope
Sitting in for Vicki Blight.

7.00 Radio Wales Breakfast
Presented by Oliver Hides.

9.00 Money for Nothing
Eleri Siôn sits in.
Phone: 03700 100 110

11.30 Carol Vorderman
Music, guests and conversation.

1.45 Scott Quinnell's Tour de Fans
The presenter tours France on Wales's Rugby World Cup trail.

2.00pm Radio Wales Sport
Live commentary of Wales v Portugal, the Rugby World Cup Pool C match at Stade de Nice in France (kick-off **4.45**).

6.45 Scott Quinnell's Tour de Fans
The presenter tours France.

7.30 Radio Wales Sport
Live commentary of Cardiff City v Swansea City in the Championship (kick-off **7.45**).

10.00 BBC Introducing with Adam Walton
New Welsh music and demos.

1.00am–6.00 *as Radio 5 Live*

Sunday

NEWS: hourly 7.00am to 6.00pm
WEATHER: before most news bulletins
HILL FORECAST: 6.58am

6.00am The Aberystwyth Book Club
Enthusiastic book club members review their latest read.
Repeated from last Friday
Repeated tomorrow 6.30am

6.30 Science Café
Adam Walton reflects on this year's National Astronomy Meeting in Cardiff.
Repeated from last Tuesday

7.00 Country Focus
Rural affairs programme.

7.30 Celebration
Services of Christian worship from around Wales.

8.00 Sunday Supplement
Political news, discussions and analysis, plus a round-up of the Sunday papers.

9.00 All Things Considered
Religious affairs programme.
Email: religion.wales@bbc.co.uk

9.30 Bronwen Lewis
Music and guests for Sunday morning.

11.00 Owen Money's Solid Gold Sunday
Mal Pope sits in.

1.00pm Kiri Pritchard-McLean
Music and chat.

3.00 Lynn Bowles
Music, entertainment, and guests for Sunday afternoon.

5.00 Roy Noble
The host presents the usual mix of classic music and laidback conversation.
Email: roy.noble@bbc.co.uk

7.00 Ruck and Rolland: Gary Slaymaker's Rugby World Cups
Gary Slaymaker performs a stand-up special recorded in front of a live audience in which he relives his memories of supporting Wales during past Rugby World Cups.
Repeated from last Monday

7.30 Celebration
Services of Christian worship from around Wales.

8.00 Celtic Heartbeat
Frank Hennessy presents the best in folk, roots and acoustic music from the Celtic countries and beyond.

10.00 Beverley's World of Music
Songs from stage and screen.

1.00am–6.00 *as Radio 5 Live*

Monday

NEWS: hourly 6.00am to 10.00pm
WEATHER: before most news bulletins

6.05am Wake Up with Radio Wales
Music to start the day.

6.30 The Aberystwyth Book Club
A group of book club members review their latest read.
Repeated from yesterday 6am

7.00 Radio Wales Breakfast
The latest news headlines, travel and weather from Wales, presented by Dot Davies and James Williams.

9.00 Wynne Evans
Featuring soundtrack stories and the Mystery Voice.

12.00 The Phone-in
Be part of the nation's conversation, presented by Jason Mohammad.

2.00pm Behnaz Akhgar
Featuring celebrity guests, TV Turn Ons and a test of your music knowledge with the music quiz Backtracks.

5.00 Radio Wales Drive
Everything you need to know as you head home.

6.30 Radio Wales Rewind
A recording from 1943 of miners from north Wales reaching out to fellow miners in the USA. Plus memories of the end of the Second World War.
Repeated tomorrow 6.30am

7.00 Huw Stephens
Featuring the Artist of the Week and new music from Wales and beyond.

10.00 Eleri Siôn
Brighten your night-time with music and chat.

12.00 Relax with Radio Wales
A selection of classic and contemporary tunes.

1.00am–6.00 *as Radio 5 Live*

Tuesday

NEWS AND WEATHER: as Monday

6.05am Wake Up with Radio Wales
Music to start the day.

6.30 Radio Wales Rewind
A recording from 1943 of miners from north Wales reaching out to fellow miners in the USA. Also including memories of the end of the Second World War.
Repeated from yesterday 6.30pm

7.00 Radio Wales Breakfast
The latest news, travel and weather from Wales, with Dot Davies and James Williams.

9.00 Wynne Evans
Featuring soundtrack stories and the Mystery Voice.

12.00 The Phone-in
Be part of the nation's conversation, presented by Jason Mohammad.

2.00pm Behnaz Akhgar
Celebrity guests, expert advice and the music quiz Backtracks.

5.00 Radio Wales Drive
Everything you need to know as you head home.

6.30 Science Café
Adam Walton meets the Chief Scientific Adviser for Wales, Professor Jas Pal Badyal, known for his pioneering research on the use of functional surfaces in everyday products.
Repeated tomorrow at 6.30am

FM only
7.00 Huw Stephens
Featuring the Artist of the Week and new music from Wales and beyond.

South East FM only
7.00–10.00 Radio Wales Sport Commentary on Cardiff City v Coventry City, the Championship match at Cardiff City Stadium (kick-off **7.45**).

South West FM only
7.00–10.00 Radio Wales Sport Commentary on Queens Park Rangers v Swansea City, the Championship match at Loftus Road (kick-off **7.45**).

10.00 Eleri Siôn
Brighten your night-time with music and chat.

12.00 Relax with Radio Wales
A selection of classic and contemporary tunes.

1.00am–6.00 *as Radio 5 Live*

Wednesday

NEWS AND WEATHER: as Monday

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Adam Walton meets the Chief Scientific Adviser for Wales, Professor Jas Pal Badyal.
Repeated from yesterday 6.30pm

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News, travel and weather, with Dot Davies and James Williams.

9.00 Wynne Evans
Featuring soundtrack stories and the Mystery Voice.

12.00 The Phone-in
Be part of the nation's conversation, presented by Jason Mohammad.

2.00pm Behnaz Akhgar
Celebrity guests, Midweek Menu recipes, expert advice and music quiz Backtracks.

5.00 Radio Wales Drive
Everything you need to know as you head home, presented by Wyre Davies.

6.30 Country Focus
Rural affairs programme for anyone working in, living in or visiting the Welsh countryside.

7.00 Huw Stephens
Featuring the Artist of the Week and new music from Wales and beyond.

10.00 Eleri Siôn
Music and chat.

12.00 Relax with Radio Wales
Classic and contemporary tunes.

1.00am–6.00 *as Radio 5 Live*

Thursday

NEWS AND WEATHER: as Monday

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Music to start the day.

6.30 Country Focus
Rural affairs programme.

7.00 Radio Wales Breakfast
News, travel and weather, with Dot Davies and James Williams.

9.00 Wynne Evans
Featuring soundtrack stories and the Mystery Voice.

12.00 The Phone-in
With Oliver Hides.

2.00pm Behnaz Akhgar
Celebrity guests, expert advice and music quiz Backtracks.

5.00 Radio Wales Drive
Everything you need to know as you head home.

6.30 The Ref's Mike with Mike Bubbins
The comedian reviews the week's biggest sporting stories.

7.00 Adam Walton
Sitting in for Aleighcia Scott.

10.00 Eleri Siôn
Brighten your night-time with music and chat.

12.00 Relax with Radio Wales
A selection of classic and contemporary tunes.

1.00am–6.00 *as Radio 5 Live*

Friday

NEWS: hourly 6.00am to 10.00pm (not 7/8pm), plus 7.50pm
WEATHER: before most news bulletins

6.05am Wake Up with Radio Wales
Music to start the day.

6.30 All Things Considered
Religious affairs programme, tackling the issues of the day in a thought-provoking manner.
Email: religion.wales@bbc.co.uk

7.00 Radio Wales Breakfast
The latest news, travel and weather, with Oliver Hides.

9.00 Wynne Evans
Featuring soundtrack stories and the Mystery Voice.

12.00 The Phone-in
With Oliver Hides.

2.00pm Behnaz Akhgar
Sitting in for Eleri Siôn, with celebrity guests, film reviews, Foodie Friday recipes Backtracks.

5.00 Radio Wales Drive
Everything you need to know as you head home.

6.30 Radio Wales Sport
Live commentary of Iceland v Wales in the Women's Nations League (kick-off **7.00**).

10.00 Friday Night H
Music and chat.

12.00 The Party Playlist with H
The Steps singer presents his ultimate party playlist.

1.00am–5.00 *as Radio 5 Live*

BBC Wales, 3 Central Square, Cardiff CF10 1FT
03703 500 700
(weekdays 9.30am to 5.30pm)
(landline calls charged at a maximum of 8p per minute)
SMS: 81012
bbc.co.uk/radiowales

Listen on the internet at radiotimes.com/radio/radio-listings

Sadwrn

5.30am Richard Rees
Cerddoriaeth a chwmnïaeth ar gyfer bore Sadwrn.

7.00 Galwad Cynnar
Gerallt Pennant a'i westeion yn trafod natur, bywyd gwyllt a chadwraeth.
EBOST: galwadcynnar@bbc.co.uk

8.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Dylan Jones.

8.30 Ar y Marc
Dylan Jones a'r criw yn trafod pob math o bethau'n ymwneud â phêl-droed.
EBOST: arymarc@bbc.co.uk

9.00 Tudur Owen
Lot o fwydro, 'chydig o sylwedd, dim swmp.

11.00 Y Sioe Sadwrn
Cerddoriaeth ac adloniant gyda Shelley Rees a Rhydian Bowen Phillips.

2.00pm Chwaraeon Radio Cymru
Sylw i gemau Wrecsam v Grimsby a Chasnewydd v Barrow yn yr Ail Adran.

4.00 Chwaraeon Radio Cymru
Sylwebaeth fyw o ail gêm Cymru yng Nghwpan Rygbi'r Byd 2023 yn erbyn Portiwgal.

7.00 Chwaraeon Radio Cymru
Sylwebaeth fyw o gêm Caerdydd v Abertawe yn y Bencampwriaeth.

10.00 Ffion Emyr
Cerddoriaeth a chwmnïaeth ar nos Sadwrn gydag Irfon Jones yn lle Ffion Emyr.

12.00 *gweler World Service*

Sul

5.30am Linda Griffiths
Dechreuwch eich dydd Sul yn sain dewis cerddorol Linda Griffiths.

7.00 Troi'r Tir
Y straeon diweddaraf o fyd amaeth a bywyd cefn gwlad.

7.30 Caniadaeth y Cysegr
Rhys Griffiths yn cyflwyno emynau gan C.Ô.R, Côr Caerdydd a Cantorion Creigiau.
Ail-ddarlledir 4.30pm

8.00 Bore Sul
Trin a thrafod papurau'r Sul, cerddoriaeth a sgyrsiau hamddenol.

10.00 Swyn y Sul
Dwy awr o gerddoriaeth amrywiol a hamddenol, yng nghwmni y soprano Rhian Lois.

12.00 Yr Oedfa
Gwasanaeth yn arbennig i wrandawyr Radio Cymru yng ngofal Steffan Jones, Llanelli.

12.30pm Bwrw Golwg
John Roberts a'i westeion yn trafod materion moesol a chrefyddol.
EBOST: bwrw.golwg@bbc.co.uk

1.00 Cofio
Archif, atgof a chân yng nghwmni John Hardy.
Ail-ddarlledir Llun am 6pm

2.00 Ffion Dafis
Golwg ar y byd celfyddydol yng Nghymru a thu hwnt gyda Ffion Dafis.

4.00 Goronwy Owen: Dweud y stori'n llawn Hanes y bardd o Fôn a fudodd i'r America gan sefydlu planhigfa dybaco yn Virginia.

4.30 Caniadaeth y Cysegr
Rhys Griffiths yn cyflwyno emynau gan C.Ô.R, Côr Caerdydd a Cantorion Creigiau.
Darlledwyd 7.30am

5.00 Dei Tomos
Sgyrsiau am Gymru, ei phobl a'i diwylliant.
EBOST: deitomos@bbc.co.uk

6.00 Beti a'i Phobol
Beti George yn holi'r diweddar Clive Rowlands yn 2008 ar ei benblwydd yn 70 oed. Ail-ddarlledir

7.00 Clwb Ifor Bach yn 40
Edrych yn ôl ar 40 mlynedd ers sefydlu un o sefydliadau diwylliannol pwysicaf Cymru.
Ail-ddarlledir Mercher am 6pm

8.00 Ar Eich Cais
Rhys Meirion yn darllen cyfarchion ac yn chwarae ceisiadau.
EBOST: areichcais@bbc.co.uk

9.00 John ac Alun
Cerddoriaeth a sgwrsio i gloi'r penwythnos.

12.00 *gweler World Service*

Llun

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd, gan godi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi gydag Owain Llyr yn cyflwyno.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500

2.00 Ifan Jones Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt gyda Nia Thomas yn cyflwyno.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn,
BBC Radio Cymru
Canolfan y BBC, Bryn Meirion
Bangor, LL57 2BY

6.00 Cofio
Archif, atgof a chân yng nghwmni John Hardy.
Darlledwyd Sul am 1pm

7.00 Rhys Mwyn
Clasuron coll o gasgliad Mr Mwyn, a gwesteion yn hel atgofion.

9.00 Caryl
Cerddoriaeth a hwyl gyda'r hwyr gyda Caryl Parry Jones.

12.00 *gweler World Service*

Mawrth

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd. Jennifer Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500

2.00 Ifan Jones Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn,
BBC Radio Cymru
Canolfan y BBC, Bryn Meirion
Bangor, LL57 2BY

6.00 Dei Tomos
Sgyrsiau am Gymru, ei phobl a'i diwylliant. Ail-ddarlledir
EBOST: deitomos@bbc.co.uk

7.00 Georgia Ruth
Dewis eclectig o gerddoriaeth o gasgliad Georgia Ruth.

9.00 Caryl
Cerddoriaeth a hwyl gyda'r hwyr gyda Caryl Parry Jones.

12.00 *gweler World Service*

Mercher

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore.

7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd gyda Vaughan Roderick yn cyflwyno.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500

2.00 Ifan Jones Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn,
BBC Radio Cymru
Canolfan y BBC, Bryn Meirion
Bangor, LL57 2BY

6.00 Clwb Ifor Bach yn 40
Cyfle i edrych yn ôl ar ddeugain mlynedd o fodolaeth un o sefydliadau diwylliannol pwysicaf a mwyaf poblogaidd Cymru – Clwb Ifor Bach.
Darlledwyd Sul am 7pm

7.00 Mirain Iwerydd
Cerddoriaeth newydd Cymru.

9.00 Caryl
Cerddoriaeth a hwyl gyda'r hwyr gyda Caryl Parry Jones.

12.00 *gweler World Service*

Iau

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd. Catrin Haf Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500

2.00 Ifan Jones Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn,
BBC Radio Cymru
Canolfan y BBC, Bryn Meirion
Bangor, LL57 2BY

6.00 Beti a'i Phobol
Beti George yn holi'r diweddar Clive Rowlands yn 2008 ar ei benblwydd yn 70 oed o flaen ei deulu a'i ffrindiau. Darlledwyd Sul am 6pm

7.00 Huw Stephens
Cerddoriaeth newydd, ambell berl anghyfarwydd a sgwrs.

9.00 Caryl
Cerddoriaeth a hwyl gyda'r hwyr gyda Caryl Parry Jones.

12.00 *gweler World Service*

Gwener

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore.

7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gydag Alun Thomas a Kate Crockett.

9.00 Trystan ac Emma
Cerddoriaeth ac adloniant gyda Trystan Ellis-Morris ac Emma Walford.

11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd gyda Iwan Griffiths yn cyflwyno.

2.00 Tudur Owen
Lot o fwydro, 'chydig o sylwedd, dim swmp.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn, BBC Radio Cymru
Canolfan y BBC, Bryn Meirion
Bangor, LL57 2BY

6.00 Lauren Moore
Cerddoriaeth ar gyfer nos Wener yng nghwmni Lauren Moore.

6.30 Chwaraeon Radio Cymru

9.00 Nos Wener Ffion Emyr
Catrin Angharad yn tanio'r penwythnos gyda thair awr o gerddoriaeth yn lle Ffion Emyr.

12.00 *gweler World Service*

Radio Cymru: 03703 500 500 (Codir prisiau daearyddol safonol am alwadau o ffonau sefydlog a symudol)
Rhif Testun: 67500 (Codir tal yn unol a chyfradd costau eich rhwydwaith)
Ebost: radio.cymru@bbc.co.uk
Gwefan: bbc.co.uk/radiocymru

Radio Cymru 2

fel Radio Cymru ac eithrio:

Sadwrn

7.00am–9.00 Sioe Frecwast: Cerddoriaeth ac adloniant gyda Daniel Glyn

5.30pm Marc Griffiths: Cymysgedd o'r hen a'r newydd i ddiddanu ar nos Sadwrn, gan gynnwys llwyth o geisiadau

9.00 Ffion Emyr: Cerddoriaeth a chwmnïaeth ar nos Sadwrn gydag Irfon Jones yn lle Ffion Emyr

Sul

7.00am–9.00 Sioe Frecwast: Cerddoriaeth ac adloniant gyda Mirain Iwerydd

Llun–Iau

7.00am Sioe Frecwast: Cerddoriaeth ac adloniant gyda Rhydian Bowen Phillips

9.00–11.00 Lisa Gwilym: Lisa Gwilym yn chwarae eich hoff fiwsig

10.30–11.00 Iau: Lisa Gwilym: Traciau Newydd Radio Cymru 2: Rhestr chwarae o'r gerddoriaeth Gymraeg newydd orau ar gyfer eich clustiau!

Gwener

7.00am–9.00 Sioe Frecwast: Gyda Lisa Angharad

11.00 Dom James: Dom James yn chwarae eich hoff fiwsig

Frequencies

National

BBC Radio 1 97.6–99.8
BBC Radio 2 88–90.2
BBC Radio 3 90.2–92.4
BBC Radio 4 92.4–94.6, 103.5–105, LW 198
BBC Radio 5 Live MW 693, 909, 990
Radio Cymru 92.4–96.1, 96.8, 103.5–105
Radio Cymru 2 This station only broadcasts on Freeview, satellite television, digital radio and the internet
BBC Radio Wales 93.9–95.9, 103.7, 103.9
BBC Radio Wales Extra MW 1125 (mid-Wales)
Classic FM 99.9–101.9
Talksport MW 1053, 1089
Absolute MW 1197, 1242, 1260
The above stations also broadcast via Freeview, satellite, cable, digital radio and the internet.

Local

BBC stations:
Bristol 94.9 (Bristol), 103.6 (Severn), 104.6 (Bath) Gloucestershire 104.7 (Churchdown Hill), 95 (Stroud), 95.8 (Cirencester), MW 1413
Hereford and Worcester 94.7 (Hereford), 104 (Worcester & Gt Malvern), 104.6 (Kidderminster), MW 738, 1584 (Tenbury Wells)
Somerset 95.5, MW 1566 Wiltshire 104.3 (west Wiltshire), 104.9 (Marlborough), 103.5 (Salisbury), 103.6 (Swindon)

Independent stations:
Bay Radio 102.1 (Swansea)
Bridge FM 106.3 (Bridgend/ Vale of Glamorgan)
Capital 103.2 (Cardiff), 97.4 (Newport), 96.3 (north Wales Coast), 103.4 (Cheshire/north east Wales), 97.1 (Wirral), 103 (Anglesey) Music, news
Carmarthenshire 97.1 (Carmarthenshire), 97.5 (Llanelli/Carmarthen Town)
Chester's Dee 106.3
Freeradio 103.1 (Shropshire), 97.2 (Wolverhampton) Music, news, 97.6 (Hereford), 96.7 (Kidderminster), 102.8 (Worcester) Music
Heart 88 (Wrexham), 103 (Bath/ Weston Super-Mare), 96.3 (Bristol), 102.2 (west Wiltshire), 102.4 (Gloucester/ Cheltenham), 102.6 (Somerset), 97.2 (Swindon), 105.2 (Abergavenny/ Carmarthenshire), 105.4 (Cardiff), 105.9 (Aberdare), 105.7 (Colwyn Bay), 105.9 (Newport), 105.7 (Pembrokeshire), 106 (Swansea/ Carmarthen), 106.1 (Ebbw Vale), 106.2 (Fishguard), 106.9 (Mold/ Flint), 107.2 (Caernarfon/ Anglesey), 107.3 (Rhyl/Prestatyn)
Greatest Hits Radio 100.8 (Porlock), 102 (Salisbury), 102.4 (west Somerset), 107.2 (Bristol), 107.4 (Telford/Wrekin), 107.5 (west Wiltshire), 107.5 (Gloucestershire), 107.7 (Weston-Super-Mare/north Somerset/ (Swindon) 107.9 (Bath), MW 1170 (Swansea/south west Wales)
GTFM 107.9 Pontypridd, 100.7/107.1 Cynon Valley
Kiss 101 (Severn Estuary), 97.2 (Bristol) Dance music, news
Nation Radio 106.8 (Cardiff), 107.3 (Swansea) Music, news
Pembrokeshire 102.5, 107.5 (Fishguard/Tenby)
Radio Cardiff 98.7
Radio Tircoed 106.5 (West Swansea) Music, news
Scarlet FM 97.5 (Llanelli)
Smooth 100.4 (north-west England); MW 1359 (south Wales), 1305 (Gwent), 1260 (north Wales/Cheshire/Bristol), 774 (Gloucester), 1161 (Swindon), 936 (West Wiltshire)
Sunshine 106.2 (Hereford), 107.8 (Leominster), 107 (Monmouth), MW 855 (south Shropshire)
The Wave 96.4 (Swansea)

LOCAL Radio

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'I WAS TWIDDLING KNOBS IN MY SCRUBS'

Sebastian Faulks has ventured into the near future with his latest novel, visiting a fertility laboratory to explore the very nature of humanity

HISTORY MAKER
Sebastian Faulks is best known for his novel *Birdsong*, dramatised in 2012 by the BBC with Clémence Poésy and Eddie Redmayne (inset above right)

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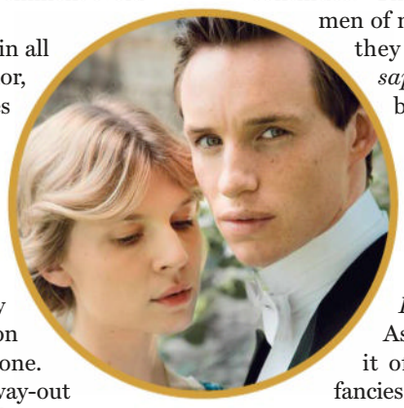
Sebastian Faulks's new novel is about what it means to be human – and yet it could so easily have been about Kim Kardashian's bottom.

It was a tweet from Richard Dawkins that inspired the book, says Faulks, best known for his First World War novel *Birdsong* and its BBC adaptation starring Eddie Redmayne and Clémence Poésy, so who knows what might have happened if Twitter's (now X's) algorithm had served him Ms K's curves that day instead of the eminent evolutionary biologist's thoughts?



"Well, I don't get involved in all that rubbish," insists the author, before admitting that he does follow singer Ellie Goulding, but "only because I know she's a fan of my books, and I'm always hoping she's going to tweet something nice about them". Instead, "I read this 'what if?' tweet by Dawkins about the re-creation of an extinct species via a clone. And I thought, that's really way-out sci-fi stuff, not my territory; but suppose we brought it closer to what is actually feasible now, and instead of a clone, you had a hybrid. Then, wow, you've got the gobsmacking stuff that Dawkins was suggesting, but it's also realistic and grounded."

The Seventh Son, which is set between 2030 and 2056, concerns a child born from an experiment that brings into question the very nature of a human race. But Faulks's research for the book showed him that such an experiment is already possible today. "The science behind it is all available now. I've set it seven years into the future just so that what happens isn't even worthy of a raised eyebrow for the characters."

That research took Faulks to some interesting places – both metaphorically and literally. "The three main people I spoke to were a geneticist, an embryologist and a paleoanthropologist specialising in a former human species. But I did spend a morning in a fertility laboratory where I got to use some of the machinery.

"I didn't actually get to fertilise an ovum – I don't think the patients would have been very keen on my doing that – but I was twiddling the knobs in my blue scrubs. It's quite a moment when you see these big tubs, about the size of a beer barrel, sitting on the floor and plugged into the wall to keep them at the right temperature. On the outside they just say 'Embryos' – and on the inside are stored tens of thousands of potential human lives."

It's perhaps inevitable, then, that the book should raise some big questions, and the 70-year-old author talks as learnedly but animatedly about them as your dream professor. There were multiple human species coexisting happily at one point, he explains, and the species that ended up being dominant needn't have been *Homo sapiens*. "It might have been another version of the human, which maybe wouldn't have composed Mozart's 41st Symphony or built the Golden Gate Bridge, but it was still pretty clever, and considerably more stable, so less likely to destroy itself in war. It might have been less fertile, so it didn't overbreed as we have, and more in harmony with nature."

We could all be Neanderthals instead, he continues. "They're not the grunting cavemen of most people's view. We know they got along fine with *Homo sapiens* because you and I are both a result of [the two species] mating. And if they'd been so ridiculous and primitive, our *sapiens* forebears wouldn't have mated with them.

"I mean, even the horniest *Homo sapiens* out on the Asian steppe isn't going to have it off with someone unless he fancies them a bit."

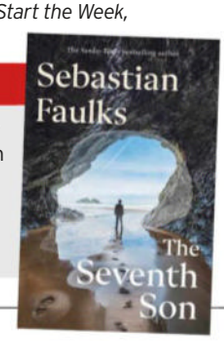
If it all sounds heavy, the story is told with the pace of a thriller and real flashes of humour, too – no surprise, perhaps, since in addition to his more serious books, Faulks has been responsible for reboots of both James Bond and PG Wodehouse, not to mention taking part in *The Write Stuff*, the witty literary quiz that ran on Radio 4 from 1998 to 2014. So might he ever return to those lighter enterprises?

"The tribute books? I think not. Bond and Wodehouse were great, and I did get asked to do the same with a new Raymond Chandler story. But my mother-in-law had a great phrase when her kids were growing up: 'Once, funny; twice, silly; three times, a smack.' And as for *The Write Stuff*, that plays endlessly on Radio 4 Extra, I was having a snooze the other afternoon, with 4 Extra on in the background, and I got woken up by a loud buzzing and it was the sound of me buzzing in on a question in a show from ten years ago. That was terrible. And I don't even ever get a cheque from the repeats. So if Radio 4 ever do want to start it again, I'm definitely going to have a clause put into the contract for repeat fees..." **ED GRENBY**

Sebastian Faulks is a guest on Start the Week, Monday 9.00am Radio 4

RT BOOKSHOP

To order *The Seventh Son* by Sebastian Faulks (Hutchinson Heinemann, £22) for £20 including p&p, please call **03302 232 639*** or visit **radiotimes.com/shop38**



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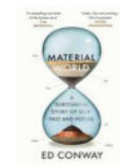
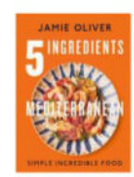
Living in a material world

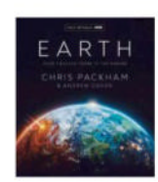
Searching for the building blocks of life



MATERIAL WORLD
ED CONWAY
Book of the Week *Mon–Fri 9.45am (FM), 12.30am* ***Radio 4***
Author Ed Conway says there are six substances that are crucial to our society – sand, salt, iron, oil, copper and lithium. They have shaped history, and will continue to do so as the battle for control of them wages on in the geopolitical sphere. *Material World* (WH Allen, £22) charts Conway's journey to explore the sources of these substances, from remote Chilean towns to salt mines below the North Sea.



5 INGREDIENTS MEDITERRANEAN
JAMIE OLIVER
Jamie Cooks the Mediterranean
Sunday 8.00pm ***C4***
After so many bestselling cookbooks, it's remarkable that Jamie Oliver hasn't run out of recipes... This time, he's been exploring the Med, and hot on the heels of his previous five-ingredient compilation, we now have *5 Ingredients Mediterranean* (Michael Joseph, £28). Eschewing the long ingredient lists that can strike fear into the heart of amateur chefs, Oliver has created 125 recipes from just five key ingredients each, and from salads to sweet things via seafood, there's a chapter for everyone.



EARTH: OVER 4 BILLION YEARS IN THE MAKING
CHRIS PACKHAM AND ANDREW COHEN
Chris Packham: Is It Time to Break the Law?
Wednesday 9.00pm ***C4***
The natural world, and what we can do to save and sustain it, has long been a focal point for Chris Packham. More recently, in addition to the usual television appearances, he has turned to the written word, working with Andrew Cohen to create *Earth: Over 4 Billion Years in the Making* (William Collins, £25). Perhaps the hope is that by looking at the past, we will be inspired to work harder for our planet's future. **RHIANNON THOMAS**
See feature: page 33

*CALLS CHARGED PER MINUTE AT NO MORE THAN NATIONAL RATE

ASTER LA VISTA!

Summer may be over, but that doesn't mean your garden has to say goodbye to colour – fill it with asters, advises **Joe Swift**

Asters are perfect for giving the garden a shot of colour when it feels as if it's all fading away. They're also long-flowering so will help take the garden into its early autumnal tints, they combine particularly well with other late-flowering plants, such as sedums, salvias and rudbeckias, and they will look perfectly relaxed alongside the oaty and rusty shades of ornamental grasses.

There are many aster groups, but I'll try and keep it simple. The New World asters (New York and New England) have recently been reclassified as *Symphyotrichum*, but let's call them all asters here (no letters, please!). They come in an energising and radiant colour palette of purples, blues and magenta pinks plus a good white or two. *A* "Gurney Slade" has masses of double purple-blue petals and a bright orange centre, whereas "Alice Haslam" is a deeper, almost magenta pink for a crazy daisy look.

The downside to New York asters is that they are prone to powdery mildew, especially during dry summers. Try keeping weeds down around them (where spores are harboured), mulch well, water when dry and cut down at the end of the season to stop spores from overwintering.

If you can't beat the mildew, go for the New England asters (*A novae-angliae*) instead. There isn't the same choice of cultivars and colours, but they're more disease-resistant, long-lived and taller – up to 1.8m with strong woody stems – so they make elegant border plants. "Primrose Upward" has strong pink flowers and "Kylie" has soft pink blooms.

Aster amellus is another group, quite stocky and generally mildew-resistant, too. *A* "King George" is my favourite, with bright mauve flowers and golden yellow centres. "Brilliant" is a deep pink with a more open plant habit and one of the taller ones at 60cm.

Asters will need to be divided every few years: in spring, dig the clump up, chop the living part of the plant into fist-sized chunks, enrich the soil with plenty of garden or mushroom compost, and replant around five plants to the square metre for a block.

"GURNEY SLADE" Plenty of double-petalled blooms

Joe Swift is a presenter on Gardener's World, Fridays BBC2

ALAMY; GAP; GETTY

SUNNY SIDE UP
A packed border of asters, sedums, rudbeckias, echinacea and dahlias

"ALICE HASLAM"
A compact and bushy variety

"PRIMROSE UPWARD"
Great as a cut flower

BEGINNER'S GUIDE TO...

Creating privacy

Private space is a key factor in a town or city garden – it's hard to unwind fully when you feel as if you're being watched, even if you're not!

A SPOT OF STRATEGY

A common approach is to turn the garden into a fortress by building up trellising high on top of the fence or growing tall hedges to block everything out. This can result in a very shady – and costly – garden.

Instead, first work out where you want to spend time in the garden and precisely where you may want to have more privacy. This will dictate the size and height of the plant or structure required to do the job.

AIM LOW

Sit on a chair in your secluded spots and then peer towards any overlooking windows or views. You'll see that any screening elements brought in may not need to be that tall, and that the closer they are to you, the more they'll block out any high-level views from windows or balconies. Often, something around 1.5 to 1.75 metres high, placed or planted next to you, will suffice.

LET'S BLOCK!

Plants such as philadelphus, viburnum, bamboo or tall grasses might all do the job. Alternatively, consider a structure: pergolas, gazebos or divisions within the garden are an instant solution, and create an opportunity to grow some scented climbers that work well near seating areas (honeysuckle, jasmine, roses). Large parasols, colonial shades and sail shades work well, too, especially when overlooked from above.

RT GARDENING OFFER

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*P&P £6.95 per order. Offer closes 31 October 2023. Please note your contract for supply of goods is with Hayloft, Manor Farm, Pensham, Worcs WR103HB. Full T&Cs available on request. All items are subject to availability. All orders will receive an order acknowledgement. Occasionally the advertised delivery date may change, however, this will be clearly stated on your order confirmation. Offer available to UK addresses only. Reader offer cannot be used in conjunction with any other promotions or discounts.

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Neighbours: a New Chapter
New episodes Mon–Thu ***Amazon Freevee***

WELCOME HOME!

As *Neighbours* returns to UK screens this week, the soap's setting, Melbourne, is having a moment

I arrive in Melbourne on a sunny Labour Day weekend – a public holiday in the state of Victoria – which also coincides with the city's annual Moomba music festival. The steep inclines of the main streets and the bustling side alleys of this uniquely European-feeling Australian city are teeming. Which all makes sense when I learn later that Melbourne has now overtaken Sydney as the most populous city in Australia.

Still, ask any Brit of a certain age what springs to mind at the mention of Melbourne, and they'll probably respond by naming a TV soap synonymous with a just-got-in-from-school, pre-*Six O'Clock News* vibe, where next door was only a footstep away.

Set in the fictional Melbourne suburb of Erinsborough, *Neighbours* returns to our screens this week, rescued by Amazon's Freevee streaming service after Channel 5 decided to pull UK funding for the series. The show has always been more popular here than in Australia, even in the halcyon days of Scott, Charlene, Mrs Mangel and Bouncer. It's time, then, to get to know Melbourne again and explore the city to which viewers will be returning – a place of coffee, culture, cricket and more coffee.

I start the day, like most people in Melbourne, with a sizeable injection of caffeine. The city has been at the centre of Australia's thriving coffee scene for years, and while Sydney may lay claim to the invention of the flat white, Melbourne has upped the game with "magic coffee", a mixture of ristretto (a short espresso) and steamed milk. Despite the name, there are no hallucinogens involved – unless you count caffeine – and it is, if you will, the perfect blend.

There are many places to find great coffee – it's taken very seriously here – but join the queue at Lune at least once for a magic coffee and almond croissant from what's been called Melbourne's best croissanterie.

Sport is also a serious business here, so I head across the river to the Melbourne Cricket Ground, known as "the G". As well as hosting Aussie Rules football, rugby and concerts, the G is home to the Australian Sports Museum, and access to this is included if you book a walking tour of the cricket ground as part of a group. I wander the hallowed halls with my fellow tourists, gazing, in awe, at people who enjoy cricket.

FAMILIAR VIEW The Melbourne skyline seen from Anzac Park

GOING IN TO BAT Catch a game at the Melbourne Cricket Ground, aka "the G"

All this competitiveness needs to be balanced with some culture. The National Gallery of Victoria is a short and sunny walk through Melbourne Park, with a permanent collection of more than 75,000 works that spans the history and development of Australian, Indigenous and international art, design and architecture. Speaking of Indigenous, since I last visited Australia 20 years ago, the marked change in how its society embraces the Indigenous population is striking. This is not only reflected in the gallery, but in every tour, cultural event and flag location. But *Neighbours* only cast its first Indigenous actor in 2014 (Meyne Wyatt), so there's still a long way to go.

Melbourne's incredible restaurant culture reflects the diversity of the immigrant population, from straight-up Brit fare and high-end Italian to Asian fusion. Chin Chin – if you can get in – is the spot to make for above all others. Located on the

ALAMY; GETTY; SHUTTERSTOCK

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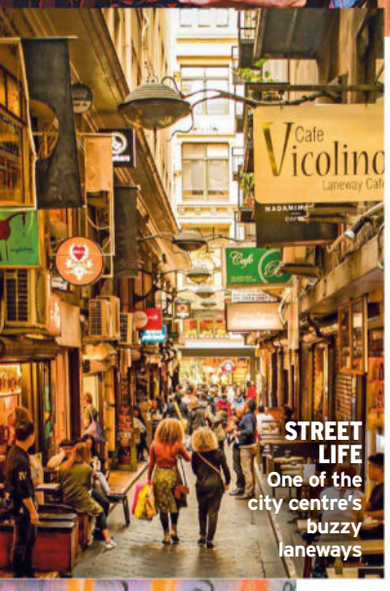
GOOD NEIGHBOURS The soap's stars Tim Kano, Georgie Stone, Rebekah Elmaloglou and Annie Jones are back



STREET LIFE One of the city centre's buzzy laneways

HIGHWAY TO HELL A Melbourne street named after hard rockers AC/DC

buzzy Flinders Lane (off which you'll find AC/DC Lane, in tribute to the Aussie rock band), the Asian-inspired food and assault-on-the-senses atmosphere offer a true Melbourne experience.

Further out of the city centre is the hip district of Collingwood. With its street food, bars, quirky shops and café scene, it's definitely worth the tram ride – but even further out is Pin Oak Court, one of the most consistent actors in *Neighbours*, as it plays Ramsay Street. *Neighbours* tours used to run here; they're currently on hold, but it's hard to believe they won't start up again.

You don't need to see Pin Oak Court itself, though: in the Melbourne suburbs, every cul-de-sac is a Ramsay Street, with bungalows on stilts sitting above lush plant life on pristine roads. It's really why Pin Oak Court was chosen. It was the sort of street every suburban Australian would recognise and with which every viewer could identify.

Melbourne has that feel, too – that you can be who you want to be, and subsume yourself in the way of life offered in a city so thriving that the buzz spills over to the suburbs, along with the coffee beans. **MATT CHARLTON**

See also Smart TV, page 39

RT TRAVEL

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RIVIERA TRAVEL

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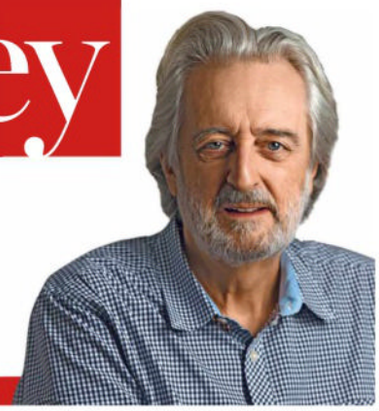

Paul Lewis presents Money Box on Radio 4. To read more of his advice, see **radiotimesmoney.com**

THIRD PARTY BLUES

Using PayPal? You might not be protected if your purchase goes wrong, says **Paul Lewis**

One of our most valuable consumer protections is called Section 75 or s.75, named after where it is found in the Consumer Credit Act 1974.

When we buy something for more than £100 on a credit card (not a debit card), then the bank is equally liable with the retailer if something goes wrong with our purchase. If the item does not arrive, or an online retailer refuses to refund you if you send it back within 14 days, you can get the money back from your credit card provider.

> 'It's safest not to use third party payment schemes'

If an item goes wrong after a few weeks or was a fraud – or a holiday firm goes bust – then you can get a full refund from the bank. (Normally we would try to get the retailer to sort it out first, though strictly speaking that's not necessary: the bank is jointly liable and must refund you if you ask.)

But, *Radio Times* reader Celia emailed me to ask, "If I pay by credit card through a third party, for example PayPal, do I lose my rights?" The answer is, "Yes, probably, but perhaps not always!"

There are circumstances when you still keep those rights, but many where you lose them. This is because s.75 rights apply only if you pay for the item directly with a credit card. If a third party comes between your card and the retailer then you lose the right and the bank has no liability if problems occur.

If you have a balance on PayPal and use that to buy the goods, then you do not have s.75 rights. If you use PayPal as a means to pay, have no balance on it, and pay in full from your credit card using PayPal to transfer the money, then you probably keep your s.75 rights. But it will depend on the precise circumstances.

PayPal has its own buyer protection scheme against goods not arriving, not working, or being a fraud, so you will be covered by that. However, it is safest not to use PayPal or any other third party payment scheme such as Buy Now Pay Later if you want to be sure you have your s.75 rights. Pay directly to the retailer with your credit card instead.

QUESTIONS? Send any questions to **Paul.Lewis@radiotimes.com**. I cannot answer you personally, but I will reflect them in this column.

EMMA LYNCH

RT MONEY PARTNER

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Crossword

PRIZE CROSSWORD Two winners will each receive a **Roberts Play 11 radio** (worth £49.99), a sleek, compact, and portable DAB/FM radio, available in black. Offering 20 station presets, the Play 11 blends style and function. To buy the Play 11, visit **radiotimes.com/shop** or call **03302 232 639*** (there's 10% off for subscribers). To enter, just fill in and post the coupon below, or email your answers to **xword38@radiotimescomps.co.uk**
WORDFINDER Find the name of the show in the shaded squares to win the prize below.
EASY CLUES Just for fun!

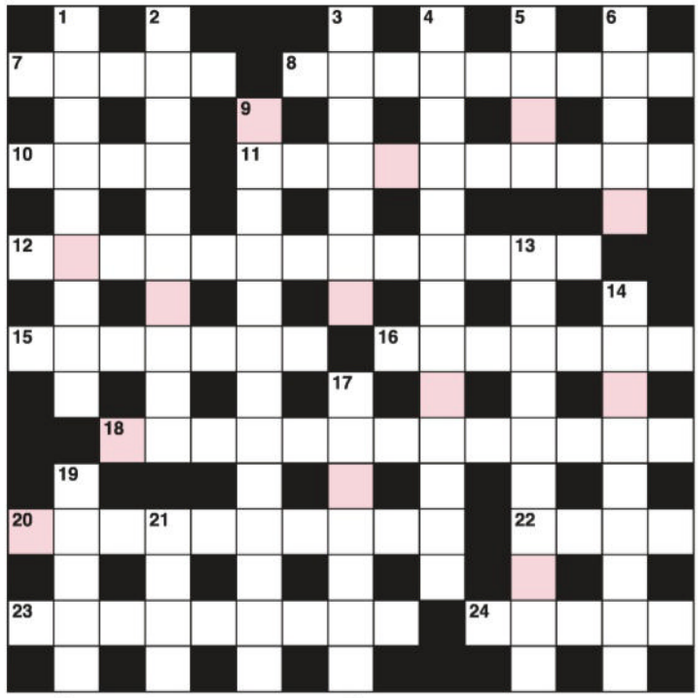
FREE PUZZLES FOR SUBSCRIBERS AT RADIOTIMES.COM/RTPUZZLES

*CALLS CHARGED PER MINUTE AT NO MORE THAN NATIONAL RATE

PRIZE CROSSWORD

ACROSS
7 Island leader leaves in a frosty way (5)
8 Edict as soon as internal drain is unclogged (9)
10 Five embarrassed over fuel (4)
11 At special food shop, girl is tactless (10)
12 Classic TV drama is reworked by a plagiarist (8,5)
15 Conservative to listen out for patrons (7)
16 Helping to make cart is a new craftsman (7)
18 Animal cut out retaining weight is syntactically wrong (13)
20 Bishop to not have common name for forger (10)
22 Beginning to level out annually, making rich soil (4)
23 Having a gripe when door part's put in house part? (9)
24 Tea service needs article returned (5)

DOWN
1 Eccentric warden goes to posh do (9)
2 Colour of crude oil with revenge (5,5)
3 Narrow-minded insurance company given plate (7)
4 US rapper given said fish for street veteran? (7,6)
5 Regularly at garlic powder (4)
6 An appealing sort of angle (5)
9 Exhume wild steed when detached (13)
13 Crazy ire is vital to play down (10)
14 Vessel is allowed to go round a river (9)
17 All-round doctor, one in Etna explosion (7)
19 First character with peak cap shortened (5)
21 US city company first to get fur (4)



Prize Crossword 38

NAME
ADDRESS
POSTCODE TELEPHONE
EMAIL

Cut or copy this form. Closing date: 29 September. Solution published in *RT* dated 21 October. Send to: Radio Times Prize Crossword, week 38 2023, PO Box 501, Leicester LE94 0AA. Or email your entry to **xword38@radiotimescomps.co.uk**

Please note, your contact details will only be used in order to contact the winner of the prize crossword

Two winners of the Wordfinder puzzle will each receive *The Brokenwood Mysteries* series 8 (Acorn DVD). In bucolic Brokenwood, New Zealand, the residents live a quiet existence and appear, at first glance, to be harmless. But under the town's peaceful veneer lurk killers, blackmailers and trouble-makers...

EASY CROSSWORD

ACROSS (answers page 148)
7 Full group of sportsmen (5)
8 Furry caged pet (6,3)
10 Conjurer's stick (4)
11 Easily spotted (10)
12 Rapid-cooking device (9,4)
15 Keeps hold of (7)
16 Chaotic lawlessness (7)
18 Gyles Brandreth's *Celebrity Gogglebox* partner (6,7)
20 Coastal town in Co Durham (10)
22 Equine female (4)
23 Showed appreciation after a show (9)
24 Joint that often gets sprained (5)

DOWN
1 Goal that levels the score (9)
2 Absolute nonsense! (10)
3 Stealthy, sly (7)
4 Impossible to explain (13)
5 Computer's gathered facts (4)
6 Grand holiday home (5)
9 Have complete familiarity with (4,6,3)
13 Improved soil quality (10)
14 Channel 4 reality show (3,6)
17 Blade fitted to a gun muzzle (7)
19 Baby's absorbent towel (5)
21 Scrabble playing piece (4)

WORDFINDER

Unscramble the letters in the shaded crossword boxes to reveal a TV show. Enter by sending an email with your name, address and telephone number to **wf38@radiotimescomps.co.uk**. Or post your entry (postcards only) to: Radio Times Wordfinder, Week 38 2023, PO Box 501, Leicester LE94 0AA. Two winners will receive the DVD shown left. Prizes sent monthly. Closing date: 29 September.

PRIZE CROSSWORD 33 SOLUTION

Prize Crossword 33 winner*
Barbara Shaw, Lancashire
Wordfinder 33
My Family
Wordfinder winners
Sheena Cummins, Cheshire;
Mike Everett, Suffolk

PUZZLE ANSWERS

ONLY CONNECT
Sisters music acts
Andrews, Scissor, Pointer, Nolan
Gun dogs
Retriever, Vizsla, Setter, Spaniel
High jump techniques
Eastern cut-off, Straddle, Fosbury flop, Western roll
St ___ place names
Albans, Ives, Helier, Helens

COUNTDOWN
How Rachel did it: **75**–**10**=65, 65x**7**=455, **455**+**5**+**4**+**2** = **466**

ENIGMA
Across Deficit, Aphid, Knoll, Rejoice, Foe, Apex, Licit, Nylon, Blade, Baste, Twin, Vat, Utterly, Argue, Rinse, Coterie
Down Diktat, Liquor, Flowery, Baton, Calf, Conserve, Rely, Levy, Abjectly, Tart, Heist, Dowager, Dreamt, Sneeze

POINTLESS
Calcaneus (0 answered), Scapula (22), Fibula (58), Tibia (74), Radius (14).
So calcaneus is the answer that the fewest people gave.

POPMASTER
1 *Hold Me Tight* **2** *Love* **3** *The Man with the Child in His Eyes* **4** *Pinball Wizard* **5** *Americanos* **6** Orange Juice **7** Bus Stop **8** *Stay* **9** Charlie Puth **10** *Boss of Me*

EGGHEADS **1a** **2b** **3c** **4b** **5a** **6b** **7a** **8a** **9b** **10c**

*To enquire about the winners of any of our competitions email **feedback@radiotimes.com**

Puzzles The toughest brainteasers from your favourite shows

ONLY CONNECT with Victoria Coren Mitchell

The connecting wall from *Only Connect* combines general knowledge, wordplay and lateral thinking to give your brain cells a workout!

How to play Your task is to sort the 16 seemingly random words/phrases below into four groups of four connected words. You may find some clues fall into more than one category, but there is only one complete solution. If you get stuck, have a look at the clues on the side of the page...

Andrews	Straddle	Pointer	Western roll
Retriever	Ives	Fosbury flop	Setter
Eastern cut-off	Vizsla	Nolan	Helens
Albans	Scissor	Helier	Spaniel

TRY THESE CLUES: GROUP ONE: POINTER. GROUP TWO: SETTER. GROUP THREE: STRADDLE. GROUP FOUR: ALBANS. © RDF WEST

COUNTDOWN with Rachel Riley

Using addition, subtraction, multiplication and division, try to get as close to the target as possible in 30 seconds. You can use each of the six numbers only once, but you don't have to use them all. Rachel's solution is on the previous page.

466

75 10 2 5 7 4

SUPER SUDOKU 925

5				6				2
			1		5			
	8			2				3
		9			2			8
						3	9	
3		7		8			5	
					7			
6		1			8			4
	4		2	1				

How to play Complete the grid so that every row, column and 3 x 3 box contains the digits 1 to 9. **Difficulty: 15/20**

SUDOKU NO 924 SOLUTION

3	4	6	8	7	2	9	5	1
9	8	5	4	1	3	7	2	6
7	1	2	6	5	9	8	4	3
6	2	1	3	8	7	5	9	4
4	9	3	2	6	5	1	7	8
8	5	7	9	4	1	3	6	2
5	3	8	7	2	4	6	1	9
2	7	9	1	3	6	4	8	5
1	6	4	5	9	8	2	3	7

SCRIBBLE PAD

TRACKWORD

How many words of three letters or more can you find by tracking from one square to the next, going up, down, sideways or diagonally in order? You may not use the same letter square twice in any word. What is the nine-letter word?

BRAINBOX 60 words AVERAGE 40

L	E	C
A	I	A
N	P	M

TRACKWORD FOR LAST ISSUE Nine-letter word PANEGYRIC

ane, any, aye, cig, cyan, eng, gen, gena, gey, geyan, gip, gyp, gyri, icy, nap, nay, nye, pan, pane, panegyric, pang, pay, pic, pig, pricy, prig, pry, pya, pye, rig, rip, rya, rye, yang, yap, yen, yip (Ref: *Chambers English Dictionary*)

THE ENIGMA CODE

Can you crack the Enigma code? Each grid number represents a letter. Every letter of the alphabet is used. Use the given letter or letters – below the main grid – to start. The solution is on the previous page.

Difficulty: 18/20 Target time: 36 minutes

24	13	26	8	21	8	11		14	15	4	8	24
8		5		14				12		13		1
20	9	10	5	5		1	13	16	10	8	21	13
11		18		26	10	13		13		3		14
14	15	13	7			5	8	21	8	11		17
11		1		21		23		11				11
	9	23	5	10	9		12	5	14	24	13	
5				9		5		23		10		3
8		12	14	3	11	13			11	18	8	9
25		14		13		22	14	11		14		13
6	11	11	13	1	5	23		14	1	2	6	13
10		10		22				1		13		19
1	8	9	3	13		21	10	11	13	1	8	13

A B C D E F G H I J K L M ~~N~~ O P Q R S T U V W X Y Z

CLIVE DOIG

1	2	3	4	5	6	7	8	9 N	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

THIS WEEK'S EASY CROSSWORD SOLUTION

Across 7 Squad **8** Guinea pig **10** Wand **11** Noticeable **12** Microwave oven **15** Retains **16** Anarchy **18** Sheila Hancock **20** Hartlepool **22** Mare **23** Applauded **24** Ankle
Down 1 Equaliser **2** Baldersdash **3** Furtive **4** Unaccountable **5** Data **6** Villa **9** Know inside out **13** Enrichment **14** *The Circle* **17** Bayonet **19** Nappy **21** Tile

◀ SEE PAGE 147 FOR ANSWERS

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COURTESY OF REMARKABLE TELEVISION. THE POINTLESS APP IS AVAILABLE FROM THE APPLE APP STORE, GOOGLE PLAY AND AMAZON APPSTORE

POINTLESS

with Richard Osman and Alexander Armstrong

Pointless asks a question of 100 people, the contestants are then asked to choose the answer they think the fewest of those 100 people knew.

How to play Here are the names of five bones in the human body with the letters in alphabetical order. Can you unscramble them and give us the most obscure?

BONES IN THE HUMAN BODY

- AACCELNSU
- AACLPSU
- ABFILU
- ABIIT
- ADIRSU

EGGHEADS with Jeremy Vine

OLAV BJORTOMT

1 Andrew Undershaft and Lady Britomart are characters in which play by George Bernard Shaw?
a *Major Barbara* **b** *Man and Superman* **c** *Pygmalion*

2 George Washington Wilson was a pioneer in which field?
a Telegraphy **b** Photography **c** Medicine

CHRIS HUGHES

3 In which film does Jack Lemmon use a tennis racket to strain pasta?
a *Irma la Douce* **b** *Some Like It Hot* **c** *The Apartment*

4 Rulers of ancient Egypt were often depicted wearing what as a symbol of their divine power?
a False teeth **b** False beards **c** False noses

BARRY SIMMONS

5 What is the only South American capital city to lie within ten miles of the Pacific Ocean?
a Lima **b** Buenos Aires **c** Caracas

6 Which artist, who died in 1920, was noted for his portraits depicting people with mask-like faces and elongated figures?
a Mondrian **b** Modigliani **c** Magritte

LISA THIEL

7 Barack Obama spent part of his childhood in which Far East country?
a Indonesia **b** Cambodia **c** Brunei

8 Ray Harryhausen is best known for which field of film-making?
a Stop-motion animation **b** Underwater filming **c** Stunt work

BETH WEBSTER

9 What name is given to the technique of exposing plants to low temperatures to hasten flowering?
a Vellication **b** Vernalization **c** Ventriculography

10 Which branch of medicine deals with diseases and conditions specific to the male sex?
a Nephrology **b** Pulmonology **c** Andrology

DICTIONARY CORNER Susie Dent

GETTY; ALAMY

Phrase of the week Quantum leap

English is full of eccentricities that often pass us by. Take the expression "quantum leap", used for a major advance or improvement. Strictly speaking, a quantum leap is not a major change at all, but a tiny one. The term "quantum", from the Latin *quantus*, indicating a quantity, was introduced by the physicist Max Planck around 1900. It describes the minimum amount of energy that can exist in a given situation, while a "quantum jump" describes the abrupt change of an electron or atom from one energy state to another. This actually represents a tiny jump in terms of size, but as it is instantaneous and dramatic, the phrase has been harnessed to describe a sudden and extremely large increase.

POPMASTER

with Ken Bruce

1960s

1 With which song did Johnny Nash make his UK top ten debut in 1968?

2 The title of a 1965 top three hit for Gene Pitney was *Looking Through the Eyes of*... what?

1970s

3 Kate Bush's first top ten hit was *Wuthering Heights* in 1978. What was her second?

4 Which one of these 70s hits by Elton John gained the highest chart position: *Pinball Wizard*, *Lucy in the Sky with Diamonds* or *Candle in the Wind*?

1980s

5 Holly Johnson made the top ten as a solo performer on two occasions in 1989, first with *Love Train* and then with which other song?

6 Which Scottish group had a top ten hit in 1983 with *Rip It Up*?

1990s

7 Which British group made the top ten in 1998 with a cover version of Carl Douglas's 1974 number one *Kung Fu Fighting*?

8 What was the single-word title of Bernard Butler's first and only solo top 20 hit, from 1998?

2000s–present day

9 Which American singer/songwriter had a top ten album called *Charlie* last year?

10 They Might Be Giants made the top 30 in 2001 with a song used as the opening theme of the US sitcom *Malcolm in the Middle*. What was its title?

QUESTIONS BY PHIL "THE COLLECTOR" SWERN

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◀ ANSWERS P147

Feedback

EDITED BY **JANE HILL**

JOYFUL! Hamza Yassin and Dame Judi Dench on *Countryfile*

THANK YOU, RT READERS

I'm delighted to reveal that more than £57,000 has been raised for Red Nose Day 2023 through the Little Red Envelope. Once again the enormous generosity of *Radio Times* readers has blown us away and I'd like to say the biggest thank you to everyone who donated and watched the show.

The money will help people facing the toughest times of their lives in the UK and around the world. Thank you for making more life-changing work possible during such difficult times.

Samir Patel, CEO of Comic Relief

A WORK OF ART

I was enthralled by the BBC podcast *The Missing Madonna* about the stolen Da Vinci masterpiece. What a fascinating story. I loved the fact that Olivia Graham, daughter of one of the main protagonists, was guided by her producer to withhold purely emotional reactions to research, which made any comments she did make so much more powerful. The love, affection and pride in her father really came through.

This surely is the stuff to make a really good TV series – I can already see Stephen Graham in the role of Robbie.

Dot Granville
Needham Market, Suffolk

HE'S GOT THE LOT!

How nice to see Adam Partridge as a guest auctioneer on *Bargain Hunt* (1 September BBC1). He is knowledgeable, funny and, like Philip Serrell, he knows how to speak to members of the public… as we have also seen on *Flog It!*

Chris Jones *Cardiff*

Adam says: "I'm flattered! You can also see me in Find It, Fix It, Flog It (C4), The Great British Treasure Hunt and numerous episodes of Dickinson's Real Deal (ITVX). I always enjoy filming but my primary focus is of course on my auctioneering business. We now have four auction rooms – in Macclesfield, Liverpool, London (run by my son) and Devon."

HUMAN TOUCH Auctioneer Adam Partridge

LETTER OF THE WEEK

Golden hours with Judi

What an absolutely enchanting edition of *Countryfile* (3 September BBC1) featuring Dame Judi Dench. Her delight at seeing not one but two golden eagles (right) thanks to presenter and wildlife cameraman Hamza Yassin was joyful.

The time spent with her grandson Sam while they chose the colours for her very own tartan was fascinating, and learning about painting when you have little sight, along with her love of British wildlife, all made for a lovely, gentle and totally absorbing programme. Thank you so much, BBC.

Barbara Wilson *Edinburgh*

Barbara Wilson wins a black Roberts Ortus 2 clock radio. Sleek and practical, this DAB/DAB+/FM radio has pre-sets for up to 20 stations, both a radio and a buzzer alarm with snooze function and an audio fade-out setting for listening in bed. The display light can be adjusted to dim or black-out at night. The Ortus 2 also features a USB socket for a smartphone connection and can double up as a speaker for your iPod or MP3 player. RRP £79.99 **robertsradio.com**

ROBERTS

NOT SO POINTLESS POEM

I would like to thank *Pointless* (1 September BBC1) for solving a 61-year-old mystery. In 1962, at the age of six, I played the head doctor in a short playlet as part of my school's Christmas celebrations. It was performed to a recital of a short poem about someone called King who died after swallowing bits of string. Ever since, I have wondered what the poem was.

Fast forward to *Pointless* and questions about children's poems by Hilaire Belloc. One was called *Henry King*, which rang a bell. Looking it up on the internet, there it was, the very poem I acted in for my school play. Thank you, *Pointless*!

Andy Clews *Uckfield, East Sussex*

A HIT AND A MISS

I found the piece on military inaccuracies in TV dramas and films (Feedback, 9 September) riveting because I've always been a stickler. I enjoy war films, particularly those set in the Second World War, and two films at different extremes come to mind. One was *Fury* starring Brad Pitt, which stands out for featuring a genuine Tiger tank as well as being accurate over the Allied Shermans.

But at the other end of the scale is the deplorable *Battle of the Bulge*, which starred Robert Shaw. The supposedly German tanks used were in fact American Patton tanks, and they had big crosses on, which was obviously wrong – the whole thing was a complete debacle.

Edward Wilson Coxon
Alnwick, Northumberland

WELL DONE, PARKER

It took me time to get it in the first episode of *The Power of Parker* (BBC1/iPlayer), but this comedy drama written by Paul Coleman and Sian Gibson proves you *can* do humour on TV nowadays. The twists and turns had me waiting for Fridays… but I longed for the next episode so much that I ended up watching it on catch-up.

All the characters were well cast with Martin Parker (Conleth Hill) great as the pantomime villain!

Heather Harper
Sidmouth, Devon

NO MINISTER

There have been two major news stories of public concern recently. The Lucy Letby trial raised issues of the culpability of hospital management, then the crumbling concrete in schools crisis threw doubt on Government competence.

The BBC's flagship current affairs programme, *Newsnight* (weekdays BBC2), has been hampered in its coverage of both by the refusal, as usual, of Government ministers to appear. This childish boycott was instituted under Boris Johnson and it's time this ended. A Government that is not prepared to stand up and defend its policies shows contempt for the people who elected it.

Stephen Butcher
Ballymena, Antrim

DORSET FUDGE

What a huge disappointment *Mel Giedroyc and Martin Clunes Explore Britain by the Book* (ITV1) was. I was so much looking forward to discovering more about the beautiful county of Dorset and its literary connections, but the presenters behaved in an unattractive, stupid way, with banal conversation. Surely the programme was intended to be about Dorset, not them.
C Reynolds *Devon*

SHINING A LIGHT

I watched the first episode of the drama *The Following Events Are Based on a Pack of Lies* (29 August BBC1) and was completely drawn in – so much so that I watched the whole series on iPlayer over the next couple of days.

Although it finished in a kind of fantasy world, the overall message was powerful and very thought-provoking. These kinds of people, like Rob Chance (Alistair Petrie), thrive on preying on vulnerable women, and get away with all kinds of manipulation that is so hard to detect.

A special mention of both Marianne Jean-Baptiste and Rebekah Staton for their portrayals of two strong women.
Margaret Grain
Yarnton, Oxfordshire

STRONG WOMEN Marianne-Jean Baptiste and Rebekah Staton in *The Following Events Are Based on a Pack of Lies*

SLOW DOWN, PLEASE!

Please tell Amol Rajan to slow down on *University Challenge* (Monday BBC2) – he's not in a race. He rushes from one question to another and is quite difficult to follow.

To my mind he certainly lacks the charisma of Bamber Gascoigne or Jeremy Paxman.
Teresa Ruff
Shrewsbury

MORE SANJEEV!

Having just watched all of the superlative *Unforgotten* (ITVX) again, can we please see a lot more of Sanjeev Bhaskar on our screens? He has such a strong presence with those kind eyes and that beautiful speaking voice. I'd be happy to watch him every night.

Could he always play goodies, though? I'm not sure I'd like him as a baddie.
Christine Wilson
Newtownabbey, Antrim

SUNNY Sanjeev Bhaskar in *Unforgotten*

THREE'S A CHARM...

In *Icons of British Light Music* (Radio 3), Donald Macleod did an excellent job of re-evaluating an area of music extremely popular up to the 1950s and once again finding its feet. It's likely to have appealed to those who don't normally listen to Radio 3. Hopefully, Donald Macleod will give us a follow-up, perhaps covering British film music including the lesser-known figures of this genre.
Thomas E Rookes
Lincoln

...THREE'S A CROWD

Why has Radio 3 adopted a new interpretation of the word "uninterrupted"? The 30-minute weekday *Mixtape* of "uninterrupted" classical music is interrupted every ten minutes to tell us we are listening to "back-to-back music on Radio 3". I know I'm listening to Radio 3, and I don't need to be told so every ten minutes. And please don't extend the idea to other Radio 3 programmes. Interrupting a Beethoven symphony to be reassured I'm listening to Radio 3 really would take the biscuit.
Catherine Wilson
Beckley, East Sussex

CREDIT WHERE IT'S DUE

At the conclusion of the last part of *Murder Trial: the Disappearance of Renee and Andrew MacRae* (4 September BBC2), a thoughtful and dignified documentary, I said to my husband, "Listen!" He sat perplexed and asked eventually what he was listening for and I said, "The music!"

It was wholly befitting that no announcer came crassly crashing in the second it ended, as is the custom these days and much to many viewers' persistent annoyance (as these pages often testify).

Not only did we get to hear the appropriately judged, and probably specially composed, music but we also got to see who wrote it in addition to the names of all the ▷

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LOST GEMS UPDATE

Radio gold is found – thanks to *RT* readers!

Last October we launched the *RT* Treasure Hunt, asking for your help in discovering lost TV or radio – and our latest find is the earliest, most exciting yet. It's an edition of BBC radio's *Workers' Playtime*, launched in 1941 to boost the morale of wartime factory workers and broadcast from a canteen "somewhere in Britain". The BBC archives hold only seven copies earlier than our find – which was made on 9 March 1949 (broadcast 26 July).

It's the only surviving 1949 edition, recorded at a building site, A Smith & Son in Cosham, Portsmouth, where 200 houses were being constructed for people whose homes had been bombed. The recording, on six 78rpm discs, now belongs to Lesley People and her sister Dawn Holder, who live in West Sussex. Their father, Len Smith, was works foreman.

"Being at *Workers' Playtime* was one of my dad's proudest moments, he was chuffed to bits," says Dawn. "My mother [Flora] and father talked about it all the time.

HISTORIC FIND Lesley People with her sister Dawn Holder (above); and (inset) at the 1949 recording

"The records have moved around from house to house with us, and my mother looked after them as if they were a baby," she says.

Dawn, who remembers the event well, was 15. The show began with a stand-up routine from Beryl Reid, followed by singer Maurice Keary and comedian Stainless Stephen.

"Beryl Reid was very friendly. She arrived in her fur coat and high heels on this cold, wet, muddy day. It was horrible weather, but it was good fun. Stainless Stephen loved taking the mickey out of everyone. After the war, things were very austere, so we enjoyed it."

Although Lesley was three and too young to remember it, both sisters agree the records are special. "It's nice to have a bit of history we can look back on and listen to," says Lesley. "It brought tears to Dawn's eyes when she heard it. It's fond memories for her."

Dawn adds, "The records will be passed down in the family. I think they'll be around in the next 100 years." To listen, search *Workers' Playtime* 1949 at **bbc.co.uk/archive**

LAURA RUTKOWSKI

If you unearth something for us, email **treasurehunt@radiotimes.com** or write (but don't send any tapes!) to: Treasure Hunt, Radio Times, 44 Brook Green, London W6 7BT. See also **radiocircle.org.uk**

◁ other people who crafted this excellent documentary as – again so rare – the credits were allowed to roll without being immediately swept into a top quadrant of the screen and squashed into miniature.
Claire Tyler
Diss, Norfolk

OFF TARGET

I have listened to *The Archers* (Radio 4) for many, many years, but I shan't bother any more. Sad, isn't it? There's hardly anything about developments on the land, apart from brief mentions of rewilding.

The synopsis in *Radio Times* will be enough to keep me up to date if I get worried about Helen, or Pip and Stella – or even Mia and Brad.
Angela Benwell
Selsey, West Sussex

NORTHERN RIVALS? Tyrone and mother Cassie (played by Claire Sweeney)

RED CARD!

You have to feel great sympathy for Tyrone (Alan Halsall) in *Coronation Street*, with his bad-penny mother, Cassie (Claire Sweeney), turning out to be from Liverpool. As staunch Mancunians, the *Corrie* writers rarely cast their North West neighbours in a good light. Tyrone just wants to hope that his father doesn't turn out to have been Pat Phelan.
David Keyworth
Scawby, Lincolnshire

David Keyworth wins a DVD of series 3 of the lavish period drama Sanditon, starring Rose Williams.

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STEVE COOGAN

On living with Alan Partridge – and why he's playing Jimmy Savile

What's the view from your sofa?
I live in an old rectory. There's a little bit of the garden, the TV and, above it, a photograph by Elaine Constantine of a model on the Brighton seafront with some fish and chips, and a seagull flying towards her to steal a chip.

What's your earliest TV memory?
On my wall, there's a framed cover of the *Radio Times* Christmas edition 1973, with the Two Ronnies and Morecambe and Wise [pictured right]. It reminds me of a golden age of TV, when you'd get a pen and ring the shows you wanted to watch. We only had one TV so if my family were going to watch James Bond and that clashed with *Ben-Hur*, I'd phone a friend and ask what they were watching. If it was *Ben-Hur*, I'd run to his house.

What do you like to watch nowadays?
I don't watch TV comedy, it's like a busman's holiday. I go to BBC iPlayer to see if there are any new history documentaries. When I was young, I wouldn't have been interested in any of that stuff, but it's quite comforting, as there are no immediate consequences. I also watch old films over and over again. People say to me, "Do you want to watch an old film from the 1980s?" That's not old, that's a new film!

You've said your *From the Oasthouse* podcasts are Alan Partridge at his best. Why so?
At a live show, you're trying to get 12,000 people laughing at the same time, but with a podcast you're being listened to by one person. There's not the same pressure for a punchline. They're Alan at his purist. For all his flaws, he's not mean-spirited. He just gets it wrong. People can laugh at him, but also care about him.

Alan seems to be settling happily into his middle years. Did you ever think he'd have so much mileage?
When we created him 30 years ago, I thought he was just a character with a silly voice. But Patrick Marber [one of the team who created radio comedy *On the Hour*] had faith. We recorded a pilot and people were laughing a lot. That evening I called him from a phone box and he said, "That show will change your life." I thought he was being a bit hyperbolic, but he was right. Normally characters this age die off. But because Alan struggles to engage with modern society and culture, he's a filter through which you can look at gender, identity, all that stuff. You can say, "I wonder what he'd think about all of this."

Steve Coogan, too, seems to be settling into his middle years. Did you think you'd have similar mileage?
About 15 years ago, I was in a fallow period where I felt I was stuck with the albatross of Alan. But I went through that and managed to start doing other stuff. The "get out of jail" card for me was making the film *Philomena*. That was really liberating and has led to other things. Now I have this other career where I write screenplays and, touch wood, will direct. There are also acting projects, including something quite heavy coming up on the BBC.

This is *The Reckoning*, where you play Jimmy Savile. What were your reasons for wanting to do this?
It is controversial and I understand that. The BBC are damned if they do and damned if they don't, and I believe the correct choice is to be damned if they do. Broadly, it's better to talk about something than not. The team had the right attitude and it was done with the cooperation of survivors. I think when it's broadcast, it will vindicate itself.

Another headline prospect is a fifth series of *The Trip* with Rob Brydon. Where would you head to next time?
There's no official plan at all. You need to let a certain amount of time pass. We did four series over ten years. I quite like Ireland, Rob's from Wales. Maybe Wales versus Ireland? But there's enough acrimony in the cultural wars without us creating a new one. **CAROLINE FROST**

From the Oasthouse: the Alan Partridge Podcast series 3 (Audible Original) is out now

COOGAN'S CHOICE

BEST SNACK
Chocolate washed down with some Earl Grey tea.

FAVOURITE TV SHOWS AS A CHILD
Mr Benn, *Magic Roundabout*, Laurel and Hardy, *The Banana Splits*. Plus *The Good Life*, *Porridge* – those appointment-to-view comedies before the VCR.

ALEXANDER COGGIN; NEW YORK TIMES; REDUX; EYEVINE

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Radio Times Travel

9 Top trips FOR GOURMET TRAVELLERS

A taste for travel

Feed your wanderlust with our delicious destinations

How's your appetite?

9 Top trips FOR GOURMET TRAVELLERS

No holiday is complete without some good food to soak up the scenery...

If you've got an appetite for travel, you've almost definitely got an appetite for good food. A recent survey of 2,000 travellers revealed that more than half of us love going abroad to learn about international cooking. It makes sense: can a two-hour trawl around that municipal museum of ancient history really compare with a multi-course lunch, with wine, in some idyllic square by the cathedral or harbour? On holiday there's nothing wrong with living to eat, so loosen your belt and digest our favourite foodie destinations...

NICK REDMAN

1 SPAIN FOR PORK AND PAELLA

Meaty, fishy, spicy and rice-y, Spanish food is as diverse as its regions. You're (s)quids in, whether devouring *pintxos* bar snacks while bar-crawling the Basque towns of the north, or hoovering up a massive paella by the Mediterranean in Valencia. Go off-piste and you'll find Spain at its unmanicured best: land-locked Extremadura serves piggy treats and a delicious *potaje de castañas secas* (chestnut soup), while the islands pile on calorific pleasures, be it *papas arrugadas* (wrinkly boiled potatoes) in Lanzarote or Majorca's flaky, sugary *ensaimada* (right) for breakfast.

2 IRELAND FOR OYSTERS AND ICE CREAM

Anyone who's had comforting Irish stew knows that the Emerald Isle is a gastronomic delight. Made today using lamb rather than mutton, it's a bowl of goodness, with onions, potatoes and, sometimes, carrots and pearl barley tossed in. Not carnivorous? Treats of the west coast include excellent oysters and plump mussels – key sustenance when driving the Wild Atlantic Way. Vegetable pleasures include colcannon, a mash of spuds, cabbage and butter or cream, with spring onions for oomph. And a top tip for afters: ice cream in Dingle, County Kerry, is the place that does it best.

COVER IMAGE: GETTY

PEAK ITALY
In the Dolomites, cheese is always on the menu

3 ITALY FOR PIZZA AND PASTA

The briefest Italian city break is an adventure in eating: pizza margherita bubbling from the oven in the backstreets of Naples; bowls of *cacio e pepe* – the pasta/black pepper/pecorino classic of Rome – in a trattoria near the Trevi fountain; tagliatelle with saucy *ragù* in Bologna, a city nicknamed La Grassa (the fat one) as it's so epicurean. Factor in a fortnight and you can dine out properly: road-trip the region of Puglia, aka the heel of Italy, known for its baked mussels stuffed with parsley and egg. And dig into the delicious cheeses of the Dolomites.

ON THE WATERFRONT
Table Mountain overlooks Cape Town

4 SOUTH AFRICA FOR CURRIES AND CROCODILE

It helps if you're a meat-lover in the Rainbow Nation: it's the basis of almost everything, from hearty curries to braais (akin to barbecues). And the edible big five include impala, ostrich, springbok and crocodile. In Cape Town, the scene is fashionable and international – coq au vin, steak frites, and on breezy Camps Bay sashimi and Greek salad. Fix yourself up with a stay in the Cape Winelands, less than an hour's drive from the city. Here, multi-course chefs' menus and rich estate wines are the order(s) of the day.

SPLIT, MLJET, DUBROVNIK, HVAR, MAKARSKA & KORCULA

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The MS *Captain Bota* has a maximum capacity of only 38 passengers, which gives a truly personal experience. Unwind on a sun lounger with a refreshing drink, or enjoy the hot tub, all surrounded by stunning views; this elegant yachts allows you to explore Croatia's finest destinations in style.

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To book or for more information visit **www.mistralholidays.co.uk/RT** or call **01352 756864** quoting RTHALF

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- Return flights to Delhi
- Comfortable, air-conditioned coach travel and transfers with bottled water provided
- The services of an experienced tour manager
- Tipping is included for airport and hotel porters, restaurant and monument staff, naturalists and rickshaw drivers; at your discretion for your tour manager, driver and driver's assistant
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- Two safaris in Ranthambore
- A guided tour of Agra
- Dinner with a local family in Jaipur
- Stay at a cottage at the Vanaashrya Resort
- A rickshaw ride through Old Delhi, a camel cart ride and a cookery demonstration

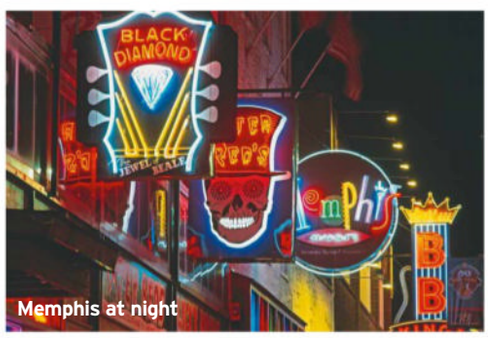
ELVIS PRESLEY'S MEMPHIS, NEW ORLEANS & NASHVILLE

Nine days from **£2,249pp**
Departures Nov 2023–Dec 2025

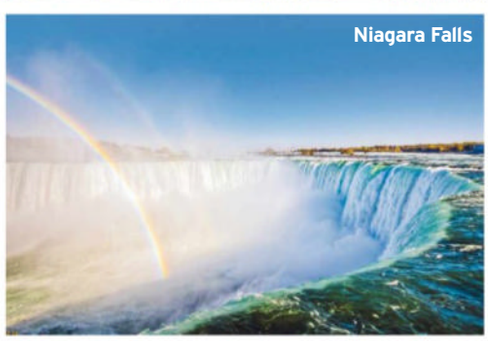
Journey through America's musical heartland, from the birthplace of jazz and the cradle of rock 'n' roll to the undisputed capital of country music.

TOUR HIGHLIGHTS & INCLUSIONS

- Seven nights' room-only accommodation at a series of good-quality hotels in Montgomery (1 night), New Orleans (2), Memphis (2) and Nashville (2), plus one night on the aircraft
- Return flights to Atlanta
- Comfortable, air-conditioned coach travel and transfers throughout
- Fully escorted by a friendly, experienced tour manager
- Visits to Elvis's home town of Tupelo, Beale Street, Nashville and New Orleans' French quarter
- Stay at The Guest House at Graceland and in Montgomery, the resting place of Hank Williams
- Journey through sleepy Alabama



Memphis at night


Niagara Falls

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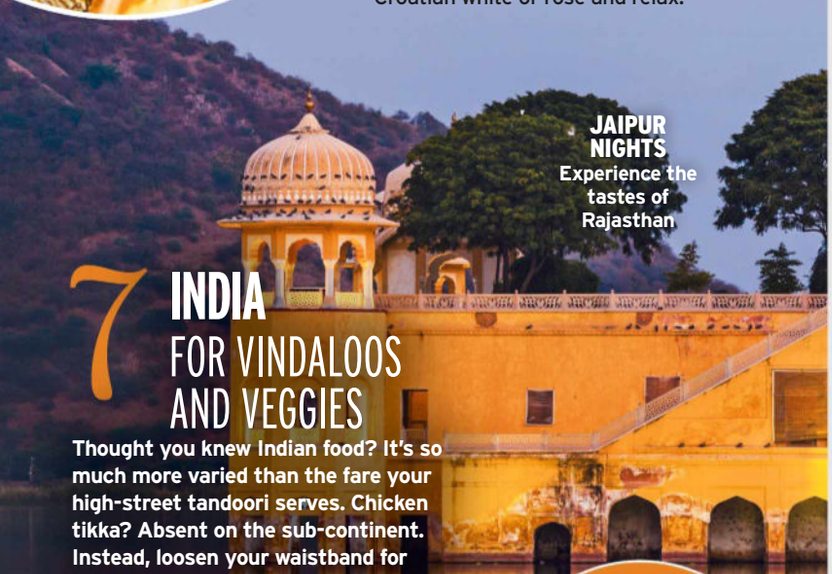
5 USA FOR CANDIES AND CHINESE

San Francisco sourdough. Miami key lime pie. Plump prawns in a Deep South jambalaya. Chicago (left) deep-dish pizza. And once that's digested, there's a banquet of global goodies, from Chinese dumplings in Manhattan to sushi in LA. One thing's certain: you don't visit the USA to lose weight. One of the best ways to dig in is on a factory tour – Ben & Jerry's in Vermont, say, or a Tabasco hot sauce experience in Louisiana. Why not rev up for a widescreen road trip, east to west, and experience the full pan-American.

6 CROATIA FOR FRESH FISH AND FINE WINES

Study Croatia on a map and you'll understand why the food is so tasty and varied. There's Italy to the west, Austria and Hungary to the north, and that long, crinkly coastline, abundant with fish and seafood. Istria, in the north of the country, is redolent with Italian flavours, from truffles to exquisite extra-virgin olive oils. And the Dalmatian coast is a full-on feast, where menus range from *prsut* (prosciutto) to baked octopus (left), tomatoey pasta and glittery sea bass. Pair with a refreshing Croatian white or rosé and relax.



JAIPUR NIGHTS Experience the tastes of Rajasthan

7 INDIA FOR VINDALOOS AND VEGGIES

Thought you knew Indian food? It's so much more varied than the fare your high-street tandoori serves. Chicken tikka? Absent on the sub-continent. Instead, loosen your waistband for delicious dosas (lentil and rice crêpes), idli (steamed lentil cakes) and moreish pizza-pancake-like uttapams. That's all in the vegetarian-friendly south. Travel west to the Arabian Sea shores for Goa, where Portuguese influence means vindaloo and juicy prawn curries. If there's time to head further north – to Delhi or the palaces of Rajasthan – the food is meaty, curried and hot, although vegetarians certainly won't go hungry.

9 Top trips FOR GOURMET TRAVELLERS

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Luxor temple

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To book or find out more, call **0117 205 0337** quoting Radio Times or visit **traveldepartment.co.uk/rt**

*Offer valid for all new bookings made by 18 September 2023 for any 2023 or 2024 departures. Travel Department T&Cs apply for all bookings. Per person prices are based on two sharing. Single room supplements apply. For full T&Cs, visit our website or call us. Prices, taxes, flight times and availability all subject to change.

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9 Top trips FOR GOURMET TRAVELLERS

8 SCOTLAND FOR WILD GAME AND WHISKY

Fresh fish, succulent seafood, grouse, venison... for dining out, north of the border has all the best orders. Some classics are centuries old – namely haggis, served with mashed swede (neeps) and potatoes (tatties). But if the idea of minced sheep heart, liver and lung meat doesn't appeal, there's plenty more in store: haddock-rich cullen skink soup, potato scones and cranachan, made with oats, raspberries, thick cream and whisky. And don't get us started on Scottish cheese – or, rather, do. Isle of Mull cheddar and crumbly crowdie are delicious.

ISLAND LIFE
Find gourmet treats on Mull

9 FRANCE FOR CRÊPES AND CARAFES

Hats off to the French: they single-handedly invented restaurant culture in the late 18th century (in Paris, where few citizens had access to domestic kitchens). A 48-hour stay in the capital is still the definitive getaway, fuelled on *soupe à l'oignon*, steak tartare and carafes of red at gingham-clad tables. A shout out, too, for pizza-like *pissaladière* (left) in Nice; crêpes oozing bananas and chocolate in the fishing villages of Brittany; and giddy times sampling the cellars of the Champagne region. *Bon appétit!* **NR**

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Ireland
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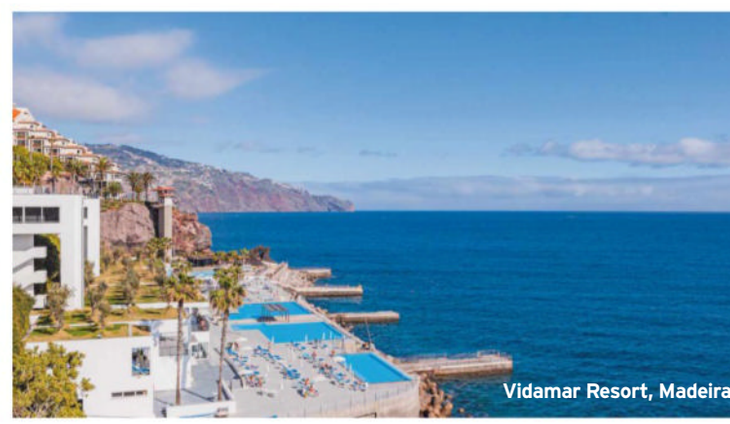
WHAT'S INCLUDED

- **Return flights from selected UK airports**
- **All in-resort transfers**
- **All-inclusive stay at the 5 star Jasmine Palace Resort, Hurghada**
- **Seven nights full-board cruise on the MS *Radamis II***
- **Departures December 2023–January 2024**

Quinta da Bela Vista, Madeira



Vidamar Resort, Madeira

BOUTIQUE HOTEL STAY IN MADEIRA

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Nominated for Europe's and World's Leading Boutique Hotel for 2022, and overlooking the stunning Funchal Bay, the Quinta da Bela Vista is an award-winning hotel with all the attention to detail you'd expect from a five-star property. From the carefully manicured grounds to the classically styled rooms, guests can look forward to an outstanding holiday from start to finish. For recreation you'll find a heated outdoor pool with sundeck, a tennis court and a wellness centre with gym, sauna and whirlpool bath.

WHAT'S INCLUDED

- Seven nights at the Quinta da Bela Vista on a half-board basis
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WHAT'S INCLUDED

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visit Portugal

MADEIRA ISLANDS

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